



Team Roster

大会登録メンバー / Composition de l'équipe
As of TUE 27 JUL 2021

ROC - ROC

No.	Name	Pos.	Age	Height m / ft in	Weight kg / lbs	Club	World Rugby Tournaments
1	NORITSINA Daria	B	25	1.65 / 5'5"	66 / 146	VVA-Podmoskovye, Monino	23
2	POGREBNIAK Mariia	B	25	1.68 / 5'6"	66 / 146	VVA-Podmoskovye, Monino	0
3	SHESTAKOVA Daria	F	25	1.65 / 5'5"	63 / 139	CSKA, Moscow	19
4	TIRON Alena (C)	F	27	1.70 / 5'7"	70 / 154	CSKA, Moscow	28
5	KHAMIDOVA Baizat	F	30	1.85 / 6'1"	75 / 165	Enisey-STM, Krasnoyarsk	36
6	DANILOVA Iana	F	25	1.70 / 5'7"	66 / 146	VVA-Podmoskovye, Monino	11
7	SEREDINA Kristina	B	26	1.68 / 5'6"	70 / 154	CSKA, Moscow	30
8	KUKINA Marina	B	27	1.73 / 5'8"	67 / 148	VVA-Podmoskovye, Monino	28
9	LUSHINA Daria	B	24	1.68 / 5'6"	66 / 146	Kuban, Krasnodar	25
10	ZDROKOVA Elena	B	24	1.75 / 5'9"	64 / 141	CSKA, Moscow	22
11	SOZONOVA Nadezhda	B	29	1.65 / 5'5"	66 / 146	CSKA, Moscow	22
12	BARANCHUK Anna	F	27	1.69 / 5'7"	65 / 143	CSKA, Moscow	15
13	ARTERCHUK Alina	F	25	1.65 / 5'5"	66 / 146	Enisey-STM, Krasnoyarsk	3
Team Average			26.1	1.70 / 5'7"	67 / 148		

Uniform Colour:

1st: Red
2nd: Blue

Shirt

Red
Blue

Shorts

Red
Blue

Socks

Red
Blue

Manager: GRAMOTNEV Alexey
Head Coach: KUZIN Andrey
Physiotherapist/Medic: BORODIN Alexander
Assistant Coach: BENTZ Graham Jonathan (RSA)

Note:

World Rugby tournaments include number of tournaments played in World Rugby Sevens Series, Rugby World Cup Sevens and the Commonwealth Games.

Legend:

(C) Captain B Back F Forward No. Shirt Number Pos. Position