

2021 CREDIT UNION CHERRY BLOSSOM

OFFICIAL MEDIA GUIDE



Contents

[Welcome Letters](#)
[Event Timetable](#)
[Race Day Media Information](#)
[Ten Mile Run Background](#)
[5K Run-Walk](#)
[Course Maps](#)
[Event Sponsors](#)
[Honorary Race Chairs](#)
[USATF 10 Mile Championships](#)
[PRRO Circuit Information](#)
[Prize Money Structure](#)
[Prize Money History](#)

[Bonus Payment History](#)
[Elite Athlete Bios](#)
[Open and Age Group Records](#)
[All-Time Champions](#)
[Past Winners' Notable Accomplishments](#)
[Returning Age Group Champions](#)
[Capitol Hill Competition](#)
[Environmental & Social Sustainability](#)
[Social Media Race Ambassadors](#)
[Charity Donations](#)
[Donations to Children's Miracle Hospitals](#)
[2019 Elite Athlete Results](#)

[2019 Age Group Results](#)
[2019 Team Results](#)
[Interesting 2019 Race Statistics](#)
[Interesting Runner Data](#)
[Evolution of the 10 Mile Course](#)
[Event Participant Statistics](#)
[Race Director History](#)
[Title Sponsor History](#)
[The Runner's Rite of Spring®](#)
[Les Kinion Award](#)
[Road Runners Club of America](#)
[Press Releases for Current Year's Race](#)

Welcome Letters



We are thrilled to be in our 20th year of title sponsorship of the Credit Union Cherry Blossom Ten Mile Run! This is an amazing running event and credit unions nationwide have enthusiastically united to be a part of it.

The impact of our long-standing partnership is remarkable. Since becoming the title sponsors in 2002, we have donated **\$10 million to Children's Miracle Network Hospitals**, locally and across the country, which treat 10 million children annually. This amount includes generous donations from runners and credit union members, employees, volunteers and business partners.

While our philanthropic achievements are notable, what's really impressive is that credit unions help consumers reach their financial dreams faster. They have the scale, services and cutting edge products needed for consumers and their families to succeed. By returning earnings back to their customers through higher rates on savings accounts and lower rates on loans, credit unions not only save their members an average of \$184 a year, they are also the best financial partners for life.

Credit Unions are family, and that's obvious when you see the hundreds of credit union employees who volunteer on race weekend at packet pickup, water stops, corrals, and other stations and to the thousands of credit union members running this year's race.

Thank you for your support and on with the Race and Celebration of our 20th Anniversary!

John Bratsakis
Chair of Credit Union Miracle Day
President/CEO of MD|DC Credit Union Association

Welcome Letters



The 48th running of the Credit Union Cherry Blossom Ten Mile Run and 5K Run-Walk will take place on September 12, exactly 18 months and one day after we cancelled the first attempt at our 48th running on March 13, 2020. (The race was supposed to take place on April 11, 2020.) Who could have imagined the savagery with which the Covid-19 pandemic descended on our land, eventually killing over 600,000 Americans. It has truly been an stretch of time like no other – a quick pivot to the 2020 Virtual Run, the sorting out an equitable refund policy balancing fairness with financial solvency, the anticipation of a return to normal on April 3, 2021, a crumbling of hope for that to happen, our second Virtual Run, and the remarkable development of vaccines that would allow us to plan for our first (and hopefully last) Fall Edition of the Runner’s Rite of Spring. Whew! It has been an exhausting ride for our entire organizing committee as I am sure it has been for all of our participants who have bounced between “is it on, or is it off” for the entire pandemic. Assuming no more surprises over the last two weeks, I would, on behalf of myself, Deputy Director Becky Lambros, the Cherry Blossom Inc. Board of Directors, the 90 member organizing committee and our 1,000 volunteers, like to welcome everyone to the 48th running of the Credit Union Cherry Blossom Ten Mile Run and 5K Run-Walk.

Besides the excitement of getting out on the roads again, we are eagerly awaiting many of America’s finest runners to come to town to compete in the USATF National Ten Mile Championships Presented by Toyota. Running aficionados will get to see in person many of the country’s outstanding athletes whom they usually only get to see on TV or online running their hearts out for an Olympic berth or a national title. We encourage all of our participants to soak up their presence on one of the out-and-back sections of the course. Maybe they will inspire you to a personal best time.

Of course, we could not stage this event without the generous support of our sponsors, headlined by Credit Union Miracle Day, a collective of credit unions and businesses serving the credit union industry which has served as the title sponsor since 2002.

We take great pride that the event has served another cause as well — helping sick children receive medical care through the Children’s Miracle Network Hospitals. Since the Credit Unions became the title sponsor, the event has raised \$10 million dollars for the Children’s Miracle Network Hospitals. This year for the first time, our participants were provided with an opportunity to make a donation at the time they registered. Many of you responded to the tune of an additional \$25,000 raised. Thank you.

We would be unable to conduct this event without the full cooperation of the National Park Service and the United States Park Police. We thank both organizations for the opportunity to stage the event on our Nation’s front doorstep.

Sincerely,

Phil Stewart
Event Director

Event Timetable

Friday, September 10, 2021

National Building Museum

3:00 P.M. – 8:00 P.M.

Expo open at National Building Museum (packet pickup for Ten Mile Run, 5K Run-Walk and Kids' Run closes at 7:45 P.M.)

Saturday, September 11, 2021

National Building Museum

9:00 A.M. – 5:00 P.M.

Expo open at National Building Museum (packet pickup for Ten Mile Run and 5K Run-Walk closes at 4:45 P.M.)

Sunday, September 12, 2021

Washington Monument Grounds

5:00 A.M.

Metro Service opens for 10 Mile and 5K runners, spectators and volunteers

6:30 A.M. – 6:45 A.M.

Warm-up exercises start at the Awards stage

7:15 A.M.

Presentation of the colors and singing of the National Anthem

7:18 A.M.

Advance start for elite and seeded women

7:22 A.M.

Charity check presentation at start line

7:29 A.M.

Wheelchair start

7:30 A.M.

10 Mile start for elite international and U.S. men as part of the first mass start wave (five additional waves will depart every 3-5 minutes)

7:53 A.M.

Final wave of 10 mile starts

8:00 A.M.

Starting line sealed; no late starters allowed

8:09 A.M.

Expected arrival time of female winner

8:15 A.M.

Expected arrival time of male winner

9:00 A.M.

5K Run-Walk starts: Independence Ave., near Sylvan Theater

9:10 A.M.

10 mile course closes at 5 miles for entrants moving slower than 14-minute-per-mile pace

10:00 A.M.

Random awards begin at stage

10:05 A.M.

5K Run-Walk course closes

10:15 A.M.

Formal awards ceremony begins (no age group and team awards given out on race day due to number switching)

10:18 A.M.

10 mile course closes – All runners must be off the 10 mile course. Access to finish line will be sealed at 15th and Independence Ave., SW.

8:00 P.M.

Results at www.CherryBlossom.org

Race Day Media Information

Keith Peters is the Media Coordinator for the 2021 Credit Union Cherry Blossom 10 Mile Run and 5K Run-Walk. For race-day media credentials and/or space on media trucks—there will be separate trucks leading the men’s and women’s races—please **contact Keith at kpeters@CherryBlossom.org (cell: 307-690-6803)**. Space on these trucks is extremely limited, so call Keith to ensure seating. TV crews should also call in advance to secure parking for trucks on race morning.

There will be limited space at the finish for photographers. Please be respectful of race officials and volunteers as they try to keep the area clear and safe for all involved.

Leigh Philibosian is the media contact for all credit union related race activities. Please contact Leigh at lphilibosian@mddccua.org or 443-325-0768 for more information about the credit union title sponsorship benefitting Children’s Miracle Network Hospitals across the United States.

One final note: The event’s website features a comprehensive results database, searchable by name and/or age group for the 10-mile race dating back to 1973, and for the 5K Run-Walk dating back to 2006, when the 5K was upgraded from an untimed run to a fully-timed and scored event: <http://www.cballtimeresults.org>



Photo: George Banker

Creigh Kelley interviews men’s winner, Jemal Yimer, from Ethiopia, after the 2019 race

Ten Mile Run Background

For runners in Washington since 1973, the true beginning of spring is marked not by a date on the calendar but by the running of the Credit Union Cherry Blossom 10 Mile Run, also known as *The Runner's Rite of Spring*.® (See the Runner's Rite of Spring section toward the end of this guide for a synopsis of every one of the 47 Ten Mile Runs.) Elite competitors have used the race as a final competitive tune-up for the Boston Marathon two weeks later. Bill Rodgers, Greg Meyer, and Lisa Larsen Weidenbach all went on to win Boston after their victories here.

For lesser mortals, Cherry Blossom typically means a chance to doff the warm-up suits, turtlenecks, caps and gloves of winter and join other runners in a celebration of the season. Here in Washington, the race has been as fixed a rite of spring as the Easter Egg Roll at the White House or the lighting of the Japanese lanterns on the Tidal Basin — at least until Covid-19 came along and caused the cancelation of the 2020 in-person race, and the postponement of the 2021 race to a one-time-only post-Labor Day race date of September 12.

The staging area for the event is on the Washington Monument Grounds, and the course passes in sight of all of the major Washington, DC Memorials. While there have been numerous iterations of the 10-mile course over the years, one element has been constant—*The Runner's Rite of Spring* has always been the only truly elite running race to be held in the Nation's Capital.

The event serves as a fundraiser for the Children's Miracle Network Hospitals, a consortium of 170 premier children's hospitals across the United States. About one-third of the funds raised support Washington, DC's own Children's National Medical Center. To date, \$10 million has been raised for Children's Miracle Network Hospitals across the United States. The event also funds two \$5,000 Road Runners Club of America "Roads Scholar" grants designed to support up-and-coming U.S. distance running talent.

Credit Union Miracle Day, Inc., a consortium of credit unions and credit union suppliers in partnership with PCSU, CO-OP Financial Services and CUNA Mutual Group, is the title sponsor of the Credit Union Cherry Blossom Ten Mile Run and 5K Run-Walk. Presenting sponsors include ASICS, the performance footwear and apparel provider, Garmin, the presenting technology partner, and MedStar Health. Supporting sponsors include Gatorade, Suburban Solution, E*Trade and Potomac River Running.

The Credit Union Cherry Blossom Run is committed to environmental and social responsibility. The event believes in inclusion, respect, and tolerance. These beliefs guide our actions in conducting our events. The Credit Union Cherry Blossom Run has been awarded Gold Level Inspire Certification from the Council for Responsible Sport for the past five years in recognition of its legacy of certified responsible performance as well as its commitment to mentor other events interested in becoming more sustainable (www.councilforresponsiblesport.org).



5K Run-Walk

The Credit Union Cherry Blossom 5K Run-Walk is designed for individuals who don't wish to attempt 10 miles, or for walkers and relaxed-pace runners who feel they would take longer than 2 hours and 20 minutes to complete 10 miles. All 5K entrants receive the same amenities as the 10 miler participants, including the official race t-shirt, their overall times and places in the event, and post-race food and drink. All runners will be scored on net times. Only the first male and first female finisher will receive recognition; there will be no other 5K awards.



Photo: Team Maillet

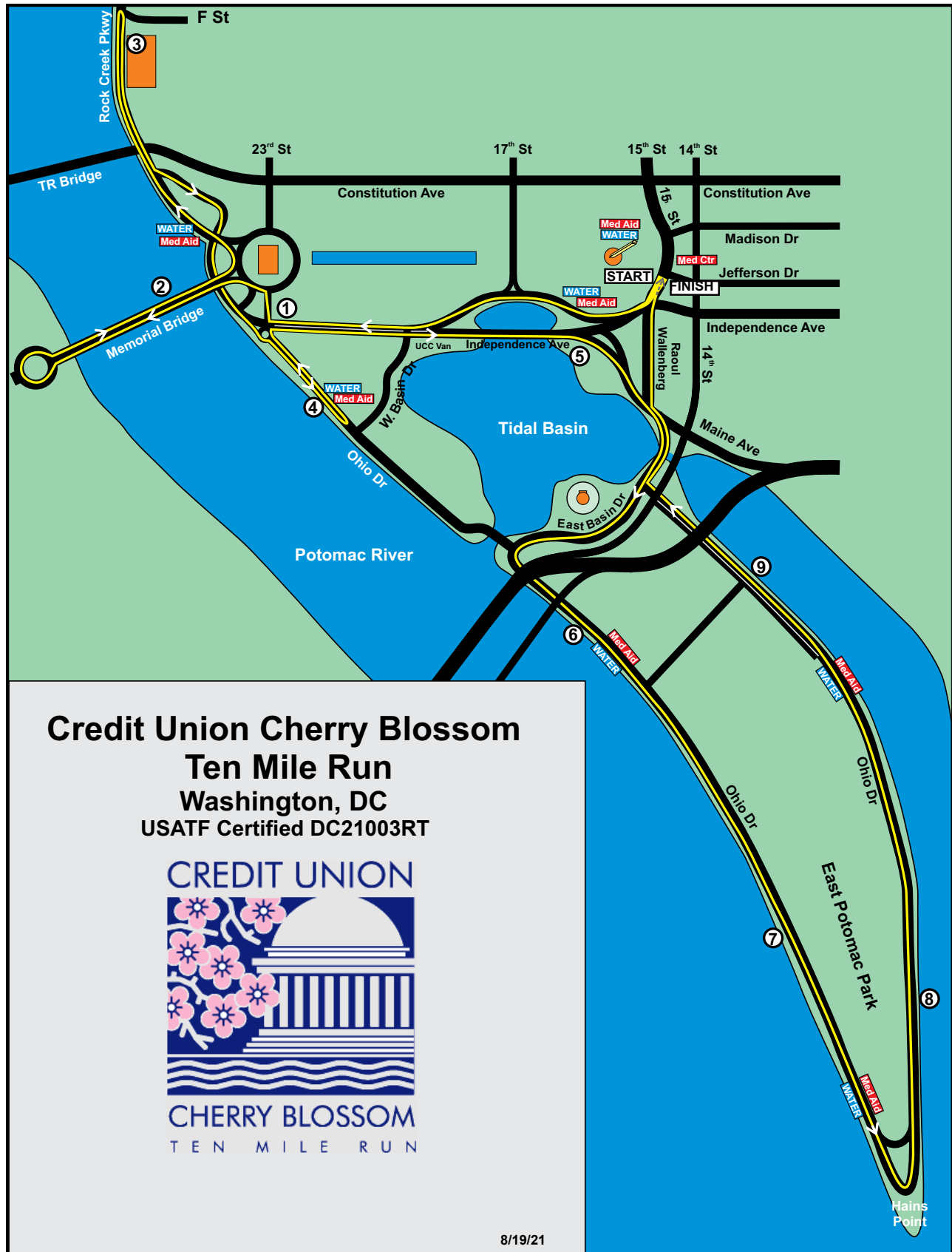
Jose Donado, from New York, was the men's champion in the 2019 Credit Union Cherry Blossom 5K Run-Walk.



Photo: Team Maillet

Madeline Hanley, Arlington, VA, was the top woman in the 2019 5k Run-Walk.

Course Maps



**Credit Union Cherry Blossom
Ten Mile Run
Washington, DC
USATF Certified DC21003RT**



8/19/21

Course Maps

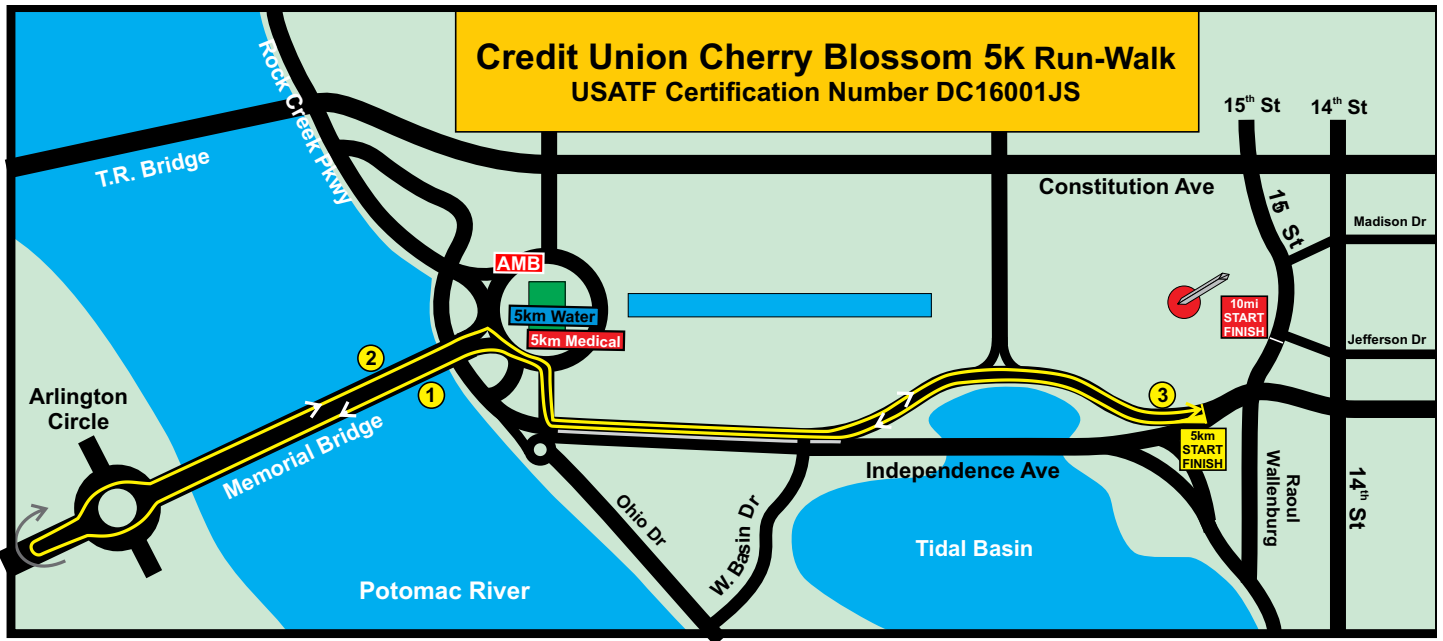


Photo: Bob Burgess

Kenya's Rosemary Wanjiru placed first among females in 2019.

Event Sponsors



**Credit Union
Miracle Day**

Credit Union Miracle Day (CUMD) is a consortium of over 100 credit unions, credit union suppliers, and credit union supporters from across the country. CUMD serves as the title sponsor of the Credit Union Cherry Blossom Ten Mile Run

benefitting Children's Miracle Network Hospitals, an affiliation of children's hospitals throughout the country that treat millions of children each year. To date, \$10 million has been donated to the Children's Miracle Network Hospitals since credit unions became the title sponsors of the event in 2002.

Each year, the Credit Union Cherry Blossom Ten Mile Run in Washington, D.C. brings together credit unions from across the country with a shared vision of fund raising and helping children – and driving awareness of the “credit union difference.” Not only will credit unions work together this year to support the Credit Union Cherry Blossom Ten Mile Run, but they will continue to work even harder to reach and support their own communities.

Presenting sponsors include ASICS, the performance footwear and apparel provider, Garmin, the presenting technology partner, and MedStar Health. Supporting sponsors include Gatorade, Suburban Solutions, E*Trade, and Potomac River Running.

Presenting Sponsors



Supporting Sponsors



Honorary Race Chairs

The following distinguished honorary race co-chairs have aided in the success of the race. We look forward to their continued support.

Alabama

Rep. Barry Moore (2nd)

Rep. Terri Sewell (7th)

Alaska

Sen. Lisa Murkowski

Rep. Don Young (At Large)

American Samoa

Rep. Amata Coleman Radewagen (At Large)

Arizona

Sen. Kyrsten Sinema

Rep. Steve Womack (3rd)

Rep. Bruce Westerman (4th)

Arkansas

Rep. Steve Womack (3rd)

California

Sen. Alex Padilla

Sen. Dianne Feinstein

Rep. Doug LaMalfa (1st)

Rep. Mark DeSaulnier (11th)

Rep. Anna Eshoo (18th)

Rep. Zoe Lofgren (19th)

Rep. Jimmy Panetta (20th)

Rep. Salud Carbajal (24th)

Rep. Julia Brownley (26th)

Rep. Judy Chu (27th)

Rep. Brad Sherman (30th)

Rep. Norma Torres (35th)

Rep. Raul Ruiz (36th)

Rep. Lucille Roybal-Allard (40th)

Rep. Mark Takano (41st)

Rep. Mike Levin (49th)

Rep. Juan Vargas (51st)

Colorado

Rep. Ken Buck (4th)

Rep. Doug Lamborn (5th)

Connecticut

Sen. Christopher Murphy

Sen. Richard Blumenthal

Rep. Jahana Hayes (5th)

Delaware

Sen. Thomas Carper

Rep. Lisa Blunt Rochester (At Large)

Florida

Rep. Kat Cammack (3rd)

Rep. Brian Mast (18th)

Rep. Byron Donalds (19th)

Rep. Lois Frankel (21st)

Georgia

Rep. Rick W. Allen (12th)

Hawaii

Rep. Ed Case (1st)

Idaho

Sen. James Risch

Illinois

Rep. Bobby L. Rush (1st)

Rep. Marie Newman (3rd)

Rep. Mike Quigley (5th)

Rep. Bradley Schneider (10th)

Rep. Rodney Davis (13th)

Indiana

Rep. James Banks (3rd)

Iowa

Rep. Mariannette Miller-Meeke (2nd)

Kansas

Rep. Ron Estes (4th)

Kentucky

Rep. Andy Barr (6th)

Louisiana

Rep. Mike Johnson (4th)

Maine

Sen. Susan Collins

Sen. Angus King

Maryland

Sen. Ben Cardin

Rep. Andy Harris (1st)

Rep. C.A. Dutch Ruppersberger (2nd)

Rep. John Sarbanes (3rd)

Rep. Jamie Raskin (8th)

Massachusetts

Sen. Ed Markey

Rep. Richard Neal (1st)

Rep. Lori Trahan (3rd)

Michigan

Rep. Jack Bergman (1st)

Rep. Bill Huizenga (2nd)

Rep. Fred Upton (6th)

Rep. Lisa McClain (10th)

Minnesota

Rep. Angie Craig (2nd)

Rep. Betty McCollum (4th)

Mississippi

Sen. Cindy Hyde-Smith

Sen. Roger Wicker

Rep. Steven Palazzo (4th)

Missouri

Sen. Josh Hawley

Sen. Roy Blunt

Rep. Ann Wagner (2nd)

Rep. Vicky Hartzler (4th)

Rep. Billy Long (7th)

Montana

Sen. Steve Daines

Nevada

Sen. Jacky Rosen

Rep. Dina Titus (1st)

New Hampshire

Sen. Maggie Hassan

Sen. Jeanne Shaheen

New Jersey

Rep. Chris Smith (4th)

Rep. Albio Sires (8th)

New York

Democratic Leader Charles E. Schumer

Rep. Gregory Meeks (5th)

Rep. Adriano Espaillat (13th)

Rep. Paul Tonko (20th)

North Carolina

Sen. Richard Burr

Rep. G.K. Butterfield (1st)

Rep. Virginia Foxx (5th)

Rep. David Rouzer (7th)

Rep. Madison Cawthorn (11th)

Ohio

Sen. Rob Portman

Rep. Brad Wenstrup (2nd)

Oklahoma

Sen. James Inhofe

Rep. Markwayne Mullin (2nd)

Oregon

Sen. Jeffrey Merkley

Rep. Peter DeFazio (4th)

Pennsylvania

Sen. Pat Toomey

Rep. Susan Wild (7th)

Rep. John Joyce (13th)

Rep. Glenn Thompson (15th)

South Carolina

Sen. Tim Scott

Rep. Jeff Duncan (3rd)

South Dakota

Sen. Mike Rounds

Tennessee

Sen. Marsha Blackburn

Texas

Rep. Al Green (9th)

Rep. Kay Granger (12th)

Rep. Ronny Jackson (13th)

Rep. Veronica Escobar (16th)

Rep. Pete Sessions (17th)

Rep. Joaquin Castro (20th)

Rep. Sylvia Garcia (29th)

Rep. Eddie Bernice Johnson (30th)

Rep. Lloyd Doggett (35th)

Utah

Sen. Mike Lee

Virginia

Sen. Mark Warner

Rep. Elaine Luria (2nd)

Rep. Donald McEachin (4th)

Rep. Donald Beyer (8th)

Rep. Jennifer Wexton (10th)

Rep. Gerald Connolly (11th)

Washington

Rep. Jaime Herrera Beutler (3rd)

Rep. Pramila Jayapal (7th)

West Virginia

Sen. Shelley Moore Capito

Wisconsin

Sen. Ronald Johnson

Rep. Ron Kind (3rd)

Rep. Tom Tiffany (7th)

Wyoming

Sen. Cynthia Lummis

USATF 10 Mile Championships

USATF 10 Mile Championships Presented by Toyota

The 2021 USATF 10 Mile Championships Presented by Toyota will be held in conjunction with the one-time-only fall running of the Credit Union Cherry Blossom Ten Mile. This will be the third time one or more of the USATF 10 Mile Championships have been hosted by Credit Union Cherry Blossom race organizers: the women's championships were part of the 2013 event, while Cherry Blossom hosted both the men's and women's championships in 2014.

While the Credit Union Cherry Blossom Ten Mile has offered a prize purse for elite runners of all nationalities, the 2013 USATF Women's 10 Mile Championships marked the first time race organizers introduced a separate prize purse of \$14,400 for American women. When the Men's 10 Mile Championships were added to the slate in 2014, so, too, was an additional \$14,400 for the American men's prize purse.

The prize pool for the 2021 USATF 10 Mile Championships totals \$26,000 for men and women. An additional \$10,000 bonus will be awarded if a man or woman breaks the American Records of sub-45:54 or sub-51:23 respectively. International elite runners will be part of a field competing for an additional \$20,000 in prize money; American runners placing in the top-10 overall are eligible to receive both open and American-only prize money.

One other bonus for victory in this year's USATF 10 Mile Championships — the top American man and woman will each earn a spot on Team USA for the 2022 World Athletics Half marathon Championships, to be held in Yangzhou, China, on March 20, 2022. Should the winning American man or woman decline their Team USA slot, the second place finisher will be offered the slot; there will be no "rolling down" beyond second place.

The last time the Credit Union Cherry Blossom Ten Mile hosted both the men's and women's USATF 10 Mile Championships in 2014, Janet Bawcom set an American women's-only record of 52:12 — a time which Cherry Blossom race committee member Keira D'Amato lowered to 51:23 in November 2020 in an elite-only, women's-only pop-up event called the Up Dawg Ten Mile in DC's Anacostia Park.

Participants in the Women's Championships will start 12 minutes before the men so performances will be eligible for ratification as women's-only records.

2014 USATF 10 Mile Championships

Place among Americans	Men	Time	Women	Time
1	Christo Landry	46:41	Janet Bawcom	52:12
2	Girma Mecheso	47:21	Sara Hall	52:54
3	Mo Trafteh	47:27	Frances Koons	54:30
4	Ben Bruce	47:33	Susanna Sullivan	54:31
5	Tim Young	47:45	Brianne Nelson	54:33
6	Matt Tegenkamp	47:57	Jen Rhines	54:38
7	Joseph Gray	48:04	Heather Cappello	54:40
8	Tyler McCandless	48:21	Meghan Peyton	54:42
9	Ian Burrell	48:42	Sara Slattery	55:14
10	Lucas Meyer	48:45	Blake Russell	55:26

2013 USATF Women's 10 Mile Championships

Place	Name	Time
1	Janet Bawcom	53:28
2	Brianne Nelson	54:01
3	Sarah Crouch	54:15
4	Kellyn Johnson	54:19
5	Jen Rhines	54:54
6	Katie DiCamillo	55:19
7	Heather Cappello	55:31
8	Ladia Albertson Junk	55:32
9	Stephanie Pezzullo	56:13
10	Clara Grandt	56:40



Janet Bawcom setting the American record of 52:12

PRRO Circuit Information



PRRO Circuit 2019-22 Summary

Overall 2019-22 Circuit events will award more than \$370,000 in prize money; next PRRO Circuit stop, Credit Union Cherry Blossom Ten Mile; 2022 Boilermaker 15K hosts 25th PRRO Championship

The **PRRO Circuit**, a nationwide series of premier non-marathon road racing events, is organized and promoted by the **Professional Road Running Organization (PRRO)**, an alliance of race directors. Due to the impacts of COVID-19, the 2019-20 and 2020-21 PRRO Circuits were cancelled. The next stop on the extended PRRO Circuit is the 48th **Credit Union Cherry Blossom Ten Mile** on Sunday, September 12, 2021 in Washington, DC.

The PRRO Circuit showcases world class competition at three classic American road race events and offers more than \$370,000 prize money overall. The Boilermaker 15K, a summertime U.S. road race that annually attracts 11,500 participants, will also host the 25th PRRO Championship on Sunday, July 10, 2022 in Utica, NY.

At the 2022 **PRRO Championship**, reigning champions (**Gabriel Geay** and **Rosemary Wanjiru**), 2019 Boilermaker 15K winners and any athlete who has won one of the 2021-22 Circuit events are eligible to compete for the **\$10,000 PRRO Super Bonus**, which is awarded to the winner of the 2022 PRRO Championship (bonus split if an eligible male and female win the PRRO titles). Those aforementioned runners are also eligible for the **PRRO Event Champion's Bonus** (\$1500 cumulative for eligible athletes who do not win the PRRO Championship but do finish in places 2-10 at the PRRO Championship). Any athlete who wins the PRRO Super Bonus is not eligible for the PRRO Event Champion's Bonus.

If the male and female winners of the PRRO Championship have not won any of the events on the current Circuit, they will be awarded \$2500 each as the PRRO Championship Circuit winners in addition to the prize money at the PRRO Championship event.

Schedule, contacts and PRRO Super Bonus event qualifiers below:

PAST PRRO CIRCUIT EVENTS WHICH HAVE QUALIFIED ATHLETES FOR THE 2022 PRRO CHAMPIONSHIP

Lilac Bloomsday Run 12K, May 5, 2019, Spokane, WA

\$81,000 in prize money (\$20,000 U.S. prize money)

Elite athlete contact: Jon Neill, (509) 703-0025, jon@bloomsdayrun.org

WINNERS: Gabriel Geay*, Tanzania, 34:50 and Rosemary Wanjiru*, Kenya, 39:06

Boilermaker 15K, July 14, 2019, Utica, NY

\$65,100 in prize money (\$14,500 U.S. prize money)

Elite athlete contact: Dick Mattia, (315) 732-1949, dick@boilermaker.com

WINNERS: Gabriel Geay*, Tanzania, 43:36 and Caroline Rotich*, Kenya, 49:08

*Qualified to compete for the \$10,000 PRRO Super Bonus at the 2022 PRRO Championship.

PRRO Circuit Information

UPCOMING PRRO EVENTS WHICH WILL QUALIFY ATHLETES FOR THE 2022 PRRO CHAMPIONSHIP

[Credit Union Cherry Blossom Ten Mile](#), September 12, 2021, Washington, DC
\$52,000 in prize money (\$32,000 U.S. prize money) plus performance & record bonuses
Elite athlete contact: Bill Orr, (863) 533-0654, borr@cherryblossom.org

NOTE: The 2021 Boilermaker 15K is not offering prize money for its rescheduled event on October 10. It rejoins the PRRO circuit in 2022 (see below).

[Credit Union Cherry Blossom Ten Mile](#), April 3, 2022, Washington, DC
\$52,000 in prize money (\$32,000 U.S. prize money) plus performance & record bonuses^
Elite athlete contact: Bill Orr, (863) 533-0654, borr@cherryblossom.org

[Lilac Bloomsday Run 12K](#), May 1, 2022, Spokane, WA
\$81,000 in prize money (\$20,000 U.S. prize money)^
Elite athlete contact: Jon Neill, (509) 703-0025, jon@bloomsdayrun.org

THE 25th PRRO CHAMPIONSHIP

[Boilermaker 15K](#), July 10, 2022, Utica, NY
\$65,100 in prize money (\$14,500 U.S. prize money)^
Elite athlete contact: Dick Mattia, (315) 732-1949, dick@boilermaker.com
^2022 prize money tentative, subject to change

To-date, PRRO Circuit events have produced 17 world and 17 U.S. road records, awarded more than \$7.6 million in prize money and seen more than 2.5 million runners cross their finish lines. In addition, since 1996, the PRRO Championship race has paid out more than \$1.9 million including \$160,000 in PRRO Championship bonus money.

Don Kardong, 1976 Olympic marathoner and the Lilac Bloomsday founder & former race director, is the current PRRO Circuit President.

The PRRO Circuit, a long-time pioneer and champion of a clean sport, has funded drug testing at its events since 2006. During the 2018-19 season, more than 50 in-competition tests and an undisclosed number of pre-competition tests were conducted. The 2021-22 season will have a similar number of tests done by Clearidium. In late 2019, PRRO also launched its [Allied Membership](#) program for races who wish to be included in a random drug testing pool at an affordable price.

PRRO Championship and Circuit Year

The PRRO Circuit, launched in 1995, starts and finishes the Circuit Year at the same event that will also host the season-ending PRRO Championship race. The reigning titlists of the PRRO Championship and the event winners on the current Circuit are eligible to compete for the PRRO Super Bonus at the PRRO Championship.

Visit PRRO.org for more information, including its history and past champions, as well as how to join the PRRO Circuit.

Prize Money Structure

With the advent of Nike as title sponsor in 1984, \$13,400 in prize money was offered for the first time, paid equally to the top-seven men and women. A complete history of the evolution of prize money and record bonuses is detailed in the race history section of this guide. The total amount of prize money paid since 1984 surpassed the \$1 million mark at the conclusion of the 2017 event. (See prize money history)

This year, a \$10,000 World Record bonus is being offered to the first man to break Haile Gebrselassie's ARRS* World Record of 44:23, set at the Brabant Dagblad Ten Mild in Tilburg, NED on September 4, 2005, or the first woman to break the current ARRS Single-sex World Record of 51:23 set by Keira D'Amato in Washington DC's Anacostia Park on November 4, 2020. If both World Records are broken, the \$10,000 bonus will be split evenly. (*Because World Athletics does not keep official world records for ten miles, the time standards race organizers will use are those world records maintained by the Association of Road Racing Statisticians.)

The addition of the ARRS World Record bonus brings the total amount of prize money and bonuses up for grabs in 2021 to \$76,500. A complete breakdown of that \$76,500 includes the aforementioned \$10,000 World Record bonus; a \$10,000 American Record bonus for the first man to break Greg Meyer's longstanding American Record of 46:13, set here in 1983, or for the first woman to break Keira D'Amato's American Record of 51:23 (if both American Records are broken, the bonus will be split evenly); \$20,000 in open prize money, plus a possible \$3,500 in time bonuses, paid equally to the top-10 men and women; and \$26,000 in American prize money, again paid equally to the top-10 men and women. (Americans can double-dip on prize money if they place in the top-10 overall.) In addition, race organizers partner with the Road Runners Club of America to offer a total of \$6,000 to the top-three American men and women who qualify as past recipients of RRCA Road Scholar Grants, or are RRCA RunPro Camp alumni. Finally, the Washington Metropolitan Area Team Championship Division offers \$500 each to the first place men's and women's teams consisting of talented, open-division DC-area Running Club Store of Running Club teams.

2021 International Prize Structure

Place	Men	Women
1st	\$5000	\$5000
2nd	\$2000	\$2000
3rd	\$750	\$750
4th	\$600	\$600
5th	\$400	\$400
6th	\$350	\$350
7th	\$300	\$300
8th	\$250	\$250
9th	\$200	\$200
10th	\$150	\$150

2021 U.S. Prize Structure
"Double-dipping" is allowed with International Prize Money

Place	Men	Women
1st	\$5000	\$5000
2nd	\$2500	\$2500
3rd	\$1000	\$1000
4th	\$900	\$900
5th	\$800	\$800
6th	\$700	\$700
7th	\$600	\$600
8th	\$500	\$500
9th	\$500	\$500
10th	\$500	\$500

Prize Money History

With the advent of Nike as title sponsor in 1984, \$13,400 in prize money was offered for the first time, paid equally to the top-seven men and women. In 1985, the total purse was increased to \$16,500, with equal allocation between men and women—a policy that remains in place today. From 1987—2008, the top-12 finishing places earned prize money; in 2009, the race went back to paying top-ten finishers only. In 2016, the Credit Union Cherry Blossom 10 Mile achieved the milestone of having distributed over \$1 million in prize money since 1984

The 2013 race also served as the USA 10 Mile Championship for women, and an additional \$14,400 was added to the prize purse to reward the top-ten American women finishers*. In 2014, the Credit Union Cherry Blossom 10 Mile Run served as both men’s and women’s USA 10 Mile Championships, and a total of \$28,800 was set aside for the top-ten American men and women finishers.

In 2019 a separate prize purse of \$1,500, \$1,000, \$500 for the top three men and women eligible to compete for the RRCA Roads Scholar RunPro Alumni Challenge was added. See RRCA.

In 2021, both the men’s and women’s USATF 10 Mile Championships will be held in conjunction with the Credit Union Cherry Blossom Ten Mile. A total of \$26,000 will be paid to the top-10 American men and women finishers. And, yes, American runners placing in the overall top-ten will be able to “double-dip” and collect both international and “American Development prize money.

In addition to pay-for-place prize money, the event first introduced bonuses for records set in 2007. With the addition this year of a \$10,000 World Record bonus (split if both the men’s and women’s World Records are broken) as well as a \$10,000 bonus for an American Record (again, split if both the men’s and women’s American Records are broken), a possible total of \$23,500 could be paid out in record and time bonuses.

The tables below document the event’s prize money and record bonus history. To limit the size of the tables, separate columns for men and women have been eliminated; given the fact that equal prize money has been paid to men and women since 1984, payment for place figures represent money paid to men or women (**except for 2013 as noted above and in the table below*).

Credit Union Cherry Blossom Prize Money

	International Purse	American Purse
2021 Total Purse	\$20,000	\$26,000
First	\$5,000	\$5,000
Second	\$2,000	\$2,500
Third	\$750	\$1,000
Fourth	\$600	\$900
Fifth	\$400	\$800
Sixth	\$350	\$700
Seventh	\$300	\$600
Eighth	\$250	\$500
Ninth	\$200	\$500
Tenth	\$150	\$500
2015-2019 Total Purse	\$40,000	\$25,000
First	\$8,000	\$5,000
Second	\$4,000	\$2,500
Third	\$2,000	\$1,500
Fourth	\$1,500	\$1,000
Fifth	\$1,000	\$800
Sixth	\$900	\$600
Seventh	\$800	\$400
Eighth	\$700	\$300
Ninth	\$600	\$200
Tenth	\$500	\$200

Prize Money History

	International Purse	American Purse
2014 Total Purse	\$41,000	\$28,800
First	\$8,000	\$5,000
Second	\$4,500	\$2,500
Third	\$2,000	\$2,000
Fourth	\$1,500	\$1,500
Fifth	\$1,000	\$1,000
Sixth	\$900	\$800
Seventh	\$800	\$600
Eighth	\$700	\$500
Ninth	\$600	\$300
Tenth	\$500	\$200
2013 Total Purse	\$41,000	\$14,400
First	\$8,000	\$5,000
Second	\$4,000	\$2,500
Third	\$2,000	\$2,000
Fourth	\$1,500	\$1,500
Fifth	\$1,000	\$1,000
Sixth	\$900	\$800
Seventh	\$800	\$600
Eighth	\$700	\$500
Ninth	\$600	\$300
Tenth	\$500	\$200

From 2009-2012, total prize money stayed constant at \$39,000, broken down as follows:

2009-2012	International Purse
Total Purse	\$39,000
First	\$7,500
Second	\$4,000
Third	\$2,000
Fourth	\$1,500
Fifth	\$1,000
Sixth	\$900
Seventh	\$800
Eighth	\$700
Ninth	\$600
Tenth	\$500

Prize Money History

From 1984-2008, total prize money grew consistently from \$13,400 to 32,500:

1984-2008	Total Purse
2008	\$32,500
2007	\$32,000
2006	\$31,500
2005	\$31,000
2004	\$30,200
2003	\$29,500
2002	\$29,000
2001	\$28,500
2000	\$28,000

1984-2008	Total Purse
2008	\$32,500
2007	\$32,000
2006	\$31,500
2005	\$31,000
2004	\$30,200
2003	\$29,500
2002	\$29,000
2001	\$28,500
2000	\$28,000
1999	\$27,500
1998	\$27,000
1997	\$26,000
1996	\$26,000
1995	\$23,500
1994	\$23,000
1993	\$22,500
1992	\$22,000
1991	\$21,500
1990	\$21,000
1989	\$20,000
1988	\$19,500
1987	\$19,500
1986	\$18,700
1985	\$16,500
1984	\$13,400

Bonus Payment History

A schedule of record bonus payments was first introduced in 2007, with \$750 on offer to the first two men to run under 46:00 and the first two women to run under 52:00. In 2013 the sub-46:00 and sub-52:00 bonus payment schedule was changed to pay \$1,000 to the first man or woman to achieve their respective benchmarks, and \$750 to the second man or woman to do so.

In 2015, race organizers were forced to re-route the course between four and six miles due to an accident on the course that occurred about an hour prior to the start of the elite women's race. The exact distance was measured as 9.39 miles after the race – making it just a fraction over 15K. Nevertheless, race organizers decided to pay bonuses based on projected times, as shown in the table below.

In 2019, post-race analysis of the course revealed that the turn-around point in West Potomac Park had been misplaced, resulting in a course-as-run that was 240 feet short of 10 miles. Nevertheless, race organizers paid the first two men and women the time bonuses for running faster than 46:00 and 52:00 respectively.

Credit Union Cherry Blossom Open Time Bonus Payments

	Sub-46:00 Bonus	Sub-52:00 Bonus
2019		
Jemal Yimer (45:36*)	\$1,000	
Josphat Tanui (45:38*)	\$750	
Rosemary Wanjiru (50:42*)		\$1,000
Gotytom Gebreslase (50:47*)		\$750
2015		
Mary Wacera (51:45*)		\$1,000
Cynthia Jeretich Limo (51:46*)		\$750
2014		
Stephen Sambu (45:29)	\$1,000	
Daniel Salel (45:29)	\$750	
2012		
Allan Kiprono (45:15)	\$750	
2011		
Lelisa Desisa (45:36)	\$750	
Allan Kiprono (45:41)	\$750	
2010		
Stephen Tum (45:53)	\$750	
Lilisa Desisa (45:44)	\$750	
Lineth Chepkurui (51:51)		\$750
2009		
Ridouane Harroufi (45:56)	\$750	
Feyisa Liesa (45:58)	\$750	
2008		
Tebya Erkesso (51:44)		\$750

Bonus Payment History

When the Credit Union Cherry Blossom Run first hosted the USA 10 Mile Championships for women in 2013, an American Record bonus of \$2,500 was offered. In 2014, when both men's and women's USA 10 Mile Championships were hosted, the \$2,500 American Record bonus was offered to both men and women.

Credit Union Cherry Blossom American Record Bonus Payments

	American Record Bonus
2019	
Stanley Kebenei (46:00*)	\$10,000
2014	
Janet Bawcom (52:12)	\$2500
2013	
Janet Bawcom (53:28)	\$2500

In 2015 race organizers introduced a \$10,000 American Record bonus (fastest time beating the U.S. men's 10-mile record of 46:13 or the U.S. women's-only record of 52:12), to be split equally if both records are broken. In 2017, race organizers added an additional \$10,000 to the American record bonus pool, doing away with the split bonus if both men's and women's records are broken in the same race.

*In 2019, Stanley Kebenei crossed the finish line in 46:00, apparently breaking Greg Meyer's long-standing American record of 46:13. Unfortunately, post-race analysis revealed that a set of misplaced traffic cones at the turn-around in West Potomac Park resulted in the course-as-run being 240 feet short of 10 miles. Race organizers paid Kebenei the \$10,000 bonus, even though his effort would go unrecognized as a new American record.

Just prior to the Covid caused cancellation of the 2020 Credit Union Cherry Blossom Run, race organizers announced that they will add a \$10,000 World Record bonus to the overall prize purse. Because World Athletics does not keep official world records for ten miles, the time standards race organizers will use for bonus consideration are those records maintained by the Association of Road Racing Statisticians (www.arrs.run), a global statistical records keeper that has tracked world road running records since the 1970s. The current ARRS World Record for men is 44:23, run by Haile Gebrselassie at the Brabant Dagblad Ten Mile in Tilburg, NED, on September 4, 2005. The current ARRS Women's Single-sex record is 51:23, run by Keira D'Amato at the Up Dawg Ten Miler in Washington DC's Anacostia Park on November 24, 2020.



The top 10 men in 2019 are all smiles as they show off their hardware.

Elite Athlete Bios

Male Athletes

- #03 Tanui, Josphat (27)** DOB: 2/4/94
Residence: Flagstaff, AZ
Citizen of: KEN Team: Adidas
Lifetime PRs: -/- 43:41-15K. PRs in last three years: -/- - Career: 8th, '18 Sportismo Prague Half Marathon (1:01:14); 2nd, '17 Sportismo Prague Half Marathon (1:00:38 DB); 2nd, '17 Mattoni Ustif Half Marathon (59:22 PB).
2021 Performances: 2nd, '21 Generali Berliner Halbmarathon (59:40).
Previous Top 10 Credit Union Cherry Blossom Finishes: 2nd, '19 (45:38/45:48).
- #07 (USATF CHAMPIONSHIP) Zienasselassie, Futsum (28)** DOB: 12/16/92
Residence: Flagstaff, AZ
Citizen of: USA Team: McKirdy Trained
Lifetime PRs: -/- 46:55/10-mi. PRs in last three years: -/- - Career: 14th, '20th Aramco Half-Marathon (1:01:44 PB); 5th, '19 USA Half Marathon Championships (Pittsburgh Half Marathon) (1:03:55); 1st, '19 Great Cow Harbor 10k (29:36); 1st, '19 Monterey Bay Half Marathon (1:02:33 PB/CR); 11th, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20-K Championships)(1:03:04); 8th, '18 Medtronic Twin Cities USA 10 Mile Championships (47:28).
Previous Top 10 Credit Union Cherry Blossom Finishes: 2nd/2nd US, '19 (46:57/47:08).
- #09 Sambu, Stephen (33)** DOB: 7/7/88
Residence: Tucson, AZ
Citizen of: KEN Team: ASICS
Lifetime PRs: -/- 45:29-10M PRs in last three years: -/- - Career: 6th, '19 Lilac Bloomsday Run 12k (35:23); 3rd, '19 B.A.A. 10k (28:11); 7th, '19 AJC Peachtree 10k (28:38); 4th, '19 Boilermaker 15k (44:13); 3rd, '19 Boilermaker 15k (43:36); 4th, '19 Quad-City Bix 7 Mile (33:05); 2nd, '19 New Balance Falmouth Road Race 7 Mile (32:29); 7th, 'TCS New York City Marathon (2:11:11); 7th, Aramco Half Marathon (1:00:41 PB); 6th, '18 UAE Healthy Kidney 10k (29:08); 3rd, '18 B.A.A. 10k (28:36); 2nd, '18 TD Beach to Beacon 10k (28:27); 4th, '18 New Balance Falmouth Road Race 7 Mile (28:51); 2nd, '18 EQT Pittsburgh 10 Miler (46:56); 3rd, '17 World's Best 10k (28:34); 1st, '17 Bank of America Shamrock Shuffle 8k (22:47); 3rd, '17 UAE Healthy Kidney 10k (28:31); 2nd, '17 B.A.A. 5k (13:22); 4th, '17 TD Beach to Beacon 10k (28:16) 1st, '17 New Balance Falmouth 7 Mile Road Race (32:14); 5th, '17 Bank of America Chicago Marathon (2:11:07 PB).
Previous Top 10 Credit Union Cherry Blossom Finishes: 1st, '15 (46:10); 1st, '14 (45:29); 4th, '13 (46:59); 5th, '19 (46:55).
- #11 (USATF CHAMPIONSHIP) Maiyo, Augustus (38)** DOB: 5/10/83
Residence: Colorado Springs, CO
Citizen of: USA Team: US Army
Lifetime PRs: -/- 47:05/10-mi. PRs in last three years: -/- - Career: 5th, '20 USA Olympic Trials Marathon (2:10:47 PB); 3rd, '19 Publix Gasparilla Half Marathon (1:05:22); 13th, '19 Boston Marathon (2:12:40); 11th, '19 AJC Peachtree 10k (29:26); 5th, '19 Medtronic Twin Cities 10 Mile (USA 10 Mile Championships) (47:05); 4th, '19 EQT Pittsburgh 10 Miler (48:30); 7th, '17 Boston Marathon (2:13:16 PB); 6th, '17 EQT Pittsburgh 10 Miler (47:36).
2021 Performances: 10th, '21 AJC Peachtree Road Race 10-K (29:08).
- #13 (USATF CHAMPIONSHIP) Mecheso, Girma (33)** DOB: 1/16/88
Residence: Colorado Springs, CO
Citizen of: USA Team: US Army
Lifetime PRs: -/- 47:22/10-mi. PRs in last three years: -/- - Career: 2nd, '20 Under Armour Sunset Tour 10,000m (27:50 PB); 4th, '20 Sugar Run 5k Classic (13:49); 3rd, '18 Army Ten Miler (50:30); 11th, '16 Utica Boilermaker 15k (45:21).
Previous Top 10 Credit Union Cherry Blossom Finishes: 10th/2nd US, '14 (47:22); 2nd US '15 (43:43/46:34).
- #15 (USATF CHAMPIONSHIP) Bor, Emmanuel (33)** DOB: 4/14/88
Residence: Colorado Springs, CO
Citizen of: USA Team: US Army
Lifetime PRs: -/- 47:39/10-mi. PRs in last three years: -/- - Career: 1st, '20 Sugar Run 5k Classic (13:37); 1st, '19 Corrida de Languex 10k (27:53 PB); 3rd, '19 Le 10km de Port-Gentil (27:53 PB); 4th, '18 USA Indoor Championships 3000m (8:00:17); 4th, 18 Gate River Run 15k (U.S. 15k Championships) (43:35 PB); 10th, '18 Grand Blue Mile (USA Road Mile Championships)(4:05:77); 5th, Lilac Bloomsday Run 12k (34:51); 5th, '18 USATF Outdoor Track & Field Championships 5000m (13:31.52); 7th, '18 Abbott Dash to Finish Line 5k (USA 5k Championships for Men and Women (14:02); 7th, '17 Quad-City Times Bix 7 Mile (USA 7 Mile Championships)(33:38); 7th, '17 Abbott Dash to the Finish Line 5-K (USA 5-K Championships for Men and Women)(14:01 PB); 3rd, '17 Applied Materials Silicon Valley Turkey Trot/Elite 5k (13:43 PB).

1

Gregg, Brendan (32)

Athlete Contacts - Males

- 2021 Performances:** 2nd, '21 The Track Meet 10,000m (27:23 PB/OGQ); 3rd, '21 Eldoret City Marathon (2:11:10); 10th, '21 USA Olympic Trials 10,000m (28:06); 5th, '21 USA Olympic Trials 5000m (13:31); 3rd, '21 Asics Falmouth Road Race 7 Mile (32:21).
- #19 (USATF CHAMPIONSHIP) Gregg, Brendan (32)** DOB: 5/15/89
Residence: Davis, CA
Citizen of: USA Team: Hanson Brooks
Lifetime PRs: -/- 44:25-15K PRs in last three years: -/- - Career: 14th, '20 USA Olympic Trials Marathon (2:13:27); 12th, '20 Michigan Pro Half-Marathon (1:03:41); 14th, '19 AJC Peachtree 10k (29:44); 3rd, '19 America's Finest City Half Marathon (1:04:00); 7th, 18 Gate River Run 15k (U.S. 15k Championships) (44:25) 1st, '18 Bellin Run 10k (29:52); 4th, '18 HAP Crim 10 Mile Road Race (48:42); 10th, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20k Championships)(1:02:43); 5th, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:13:27 PB).
2021 Performances: 2nd, '21 Valley O.N.E Half Marathon (1:04:41).
- #21 (USATF CHAMPIONSHIP) Patel, Dhruvil (24)** DOB: 11/14/96
Residence: Minneapolis, MN
Citizen of: USA Team: MDE
Lifetime PRs: -/- 48:37/10-mi. PRs in last three years: -/- - Career: 10th, '15 Gate River Run 15k (45:10 DB).
- #23 (USATF CHAMPIONSHIP) Simbassa, Abbabiya (28)** DOB: 6/30/93
Residence: Flagstaff, AZ
Citizen of: USA Team: Underarmour
Lifetime PRs: -/- 46:57/10-mi. PRs in last three years: -/- - Career: 3rd, '15 Gate River Run 15k (44:45); 2nd, '19 Medtronic Twin Cities 10 Mile (USA 10 Mile Championships) (46:57); 2nd, '19 EQT Pittsburgh 10 Miler (48:06); 4th, '19 Flanigan's Rockin' Rib 10k (29:09); 6th, '18 Medtronic Twin Cities USA 10 Mile Championships (47:26); 6th, '18 Manchester Road Race 4.748 mile (21:49); 8th, '17 Gate River Run 15k (USATF Championships) (44:04); 5th, '17 Abbott Dash to the Finish Line 5-K (USA 5-K Championships for Men and Women)(13:59 PB).
2021 Performances: 2nd, '21 Gate River Run 15k (U.S. 15-K Championships for Men and Women) (43:56 PB); 5th, '21 USATF Golden Road and Distance Open at Mt. SAC 5000m (13:34); 7th, '21 USA Olympic Trials 10,000m (28:00 SB); 2nd, '21 Asics Falmouth Road Race 7 Mile (32:19).
Previous Top 10 Credit Union Cherry Blossom Finishes: 8th/2nd US, '18 (47:04).
- #25 Korir, Dominic (28)** DOB: 5/12/93
Residence: Colorado Springs, CO
Citizen of: KEN
Lifetime PRs: -/- 1:01:45/hmar PRs in last three years: -/- - Career: 3rd, '19 Cooper River Bridge Run (28:08 PB); 3rd, '19 Crescent City Classic 10k (28:27); 5th, '19 Lilac Bloomsday Run 12k (35:09); 1st, '19 Mercedes Benz Cotton Row Run 10k (29:36); 6th, '19 B.A.A. 10k (28:48); 5th, '19 Quad-City Bix 7 Mile (33:17); 2nd, '19 America's Finest City Half Marathon (1:02:41); 3rd, '19 HAP Crim 10 Mile Road Race (47:04); 3rd, '19 Genworth Virginia Ten Miler (47:43); 4th, '19 B.A.A. Half Marathon (1:02:44); 6th, '18 Grandma's Marathon (2:16:26); 3rd, '18 EQT Pittsburgh 10 Miler (47:12); 1st, '17 Blue Cross Broad Street Run 10 Mile (47:38); 2nd, '17 America's Finest City Half-Marathon (1:03:27).
2021 Performances: 2nd, '21 Gum Tree 10K (29:13); 3rd, '21 Fresh 15K (45:08).
Previous Top 10 Credit Union Cherry Blossom Finishes: 6th, '17 (46:45).
- #27 (USATF CHAMPIONSHIP) Derrick, Chris (30)** DOB: 10/17/90
Residence: Portland, OR
Citizen of: USA Team: Bowerman TC
Lifetime PRs: -/- 46:53/10-mi. PRs in last three years: -/- - Career: 11th, '20 Michigan Pro Half-Marathon (1:03:25); 8th, '19 TD Beach to Beacon 10k (29:03); 8th, '18 United Airlines NYC Half (1:03:25); 1st, '18 Dick's Sporting Goods Pittsburgh Half-Marathon (USA Half-Marathon Championships) (1:02:37); 6th, '18 B.A.A. 10k (29:00); 10th, '18 Atlanta Journal Constitution Peachtree Road Race 10k (29:29); 10th, '18 TCS New York City Marathon (2:13:08).
2021 Performances: 9th, '21 Gate River Run 15k (U.S. 15-K Championships for Men and Women) (44:04).
Previous Top 10 Credit Union Cherry Blossom Finishes: 5th, '18 (46:53 PB).
- #29 (USATF CHAMPIONSHIP) Dandena, Kiya (32)** DOB: 4/14/89
Residence: Flagstaff, AZ
Citizen of: USA Team: Run Flagstaff
Lifetime PRs: -/- 46:58/10-mi. PRs in last three years: -/- - Career: 12th, '19 Gate River Run 15k (45:48); 3rd, '19 Arway River Bank Run 25k ((U.S. 25k Open Championships)(1:15:38 PB); 3rd, '18 Publix Gasparilla Distance Classic Half Marathon (1:04:09); 6th, '18 Fifth Third River Bank Run 25k (U.S. 25k Open Championships)(1:16:25); 3rd, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20-K Championships)(1:00:34); 4th, '17 All-America City 10k (29:09); 10th, '17 Gate River Run 15k (USATF Championships) (44:36); 4th, '17 Ohio Health Capital City Half Marathon (USA Half Marathon Championships)(1:03:19); 10th, '17 Lilac Bloomsday Run 12k (35:42); 3rd, '17 California International Marathon (2:12:56 PB).

2

Courtesy of Road Race Management

Elite Athlete Bios

Athlete Contacts - Males McCandless, Tyler (34)

Previous Top 10 Credit Union Cherry Blossom Finishes: 9th/3rd US, '17 (46:58PB); 9th/5th US, '19 (47:26); 7th, US, '18 (48:37).

#31 (USATF CHAMPIONSHIP) Drodgy, Noah (30) DOB: 9/22/90
 Residence: Boulder, CO
 Citizen of: USA Team: Roots Running

Lifetime PRs: - / - / 47:28/10-mi. **PRs in last three years:** - / - / - **Career:** 2nd, '20 The Marathon Project (2:09:09 PB); 5th, '19 United Airlines NYC Half (1:02:39); 9th, '19 TD Beach to Beacon 10k (29:05); 6th, '19 New Balance Falmouth Road Race 7 Mile (33:01); 4th, '19 Rock 'n' Roll Philadelphia Half Marathon (1:03:35); 9th, '16 Ohio Health Capital City Half Marathon—USA Half Marathon Championships (1:04:08 PB); 5th, '16 Half-Marathon on Monterey Bay (1:04:29).

#33 (USATF CHAMPIONSHIP) Serafini, Louis (29) DOB: 9/20/91
 Residence: Cambridge, MA
 Citizen of: USA Team: Tracksmith Hare

Lifetime PRs: - / - / 47:35/10-mi. **PRs in last three years:** - / - / - **Career:** 6th, '19 USA Half Marathon Championships (Pittsburgh Half Marathon) (1:04:00 PB); 9th, '19 Medtronic Twin Cities Marathon 10 Mile (USA 10 Mile Championships) (47:35); 9th, '18 B.A.A. 10k (29:04 PB); 3rd, '17 NYRR Midnight Run 4 Mile (18:56); 10th, '16 Ohio Health Capital City Half Marathon—USA Half Marathon Championships (1:04:17 PB).

Previous Top 10 Credit Union Cherry Blossom Finishes: 10th/6th US, '19 (47:38).

#35 (USATF CHAMPIONSHIP) Biwott, Shadrack (36) DOB: 2/19/85
 Residence: Folsom, CA
 Citizen of: USA Team: Tracksmith TC

Lifetime PRs: - / - / 47:53/10-mi. **PRs in last three years:** - / - / - **Career:** 15th, '19 Boston Marathon (2:13:11); 3rd, '18 Boston Marathon (2:18:35); 9th, '18 TCS New York City Marathon (2:12:52); 4th, '17 Boston Marathon (2:12:08); 10th, '17 TCS New York City Marathon (2:14:57); 7th, '16 Houston Aramco Half Marathon (1:02:30); 7th, '16 Men's USA Olympic Trials Marathon (2:15:23); 4th, '16 Ohio Health Capital City Half Marathon—USA Half Marathon Championships (1:03:19); 8th, '16 Laxson Law New Haven Road Race (USA Men's and Women's 20k Championships (1:00:10); 5th, '16 TCS New York City Marathon (2:12:01 PB).

#37 (USATF CHAMPIONSHIP) Fischer, Reed (26) DOB: 7/9/95
 Residence: Boulder, CO
 Citizen of: USA Team: Tinman

Lifetime PRs: - / - / 47:50/10-mi. **PRs in last three years:** - / - / - **Career:** 12th, '20th Aramco Half-Marathon (1:01:37 PB); 7th, '19 USA Half Marathon Championships (Pittsburgh Half Marathon) (1:04:23); 7th, '19 Boilermaker 15k (44:44); 5th, '19 Faxon Law New Haven Road Race 20k (USA Championships) (59:48 DB).

2021 Performances: 8th, '21 Gate River Run 15k (U.S. 15-K Championships for Men and Women) (44:02 PB).

Previous Top 10 Credit Union Cherry Blossom Finishes: 7th/3rd US, '19 (47:03/47:14).

#39 (USATF CHAMPIONSHIP) Kibet, Elkanah (38) DOB: 6/2/83
 Residence: Colorado Springs, CO
 Citizen of: USA Team: US Army

Lifetime PRs: - / - / 47:15/10-mi. **PRs in last three years:** - / - / - **Career:** 2nd, '19 Publix Gasparilla Half Marathon (1:05:13); 11th, '19 Boston Marathon (2:11:51); 5th, '19 EQT Pittsburgh 10 Miler (48:33); 1st, '18 Publix Gasparilla Distance Classic Half Marathon (1:03:39); 5th, '18 Gate River Run 15k (U.S. 15k Championships) (43:53 PB); 8th, '18 Boston Marathon (2:23:37); 3rd, '18 USATF Outdoor Track & Field Championships 10,000m (29:06); 9th, '18 Atlanta Journal Constitution Peachtree Road Race 10k (29:20); 5th, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20-K Championships) (1:01:44); 13th, '18 Bank of America Chicago Marathon (2:12:35); 6th, '17 Chevron Houston Marathon (2:17:25); 4th, '17 Publix Gasparilla Half Marathon (1:04:51); 8th, '17 Atlanta Journal Constitution Peachtree Road Race 10k (USA 10k Championships) (29:04); 3rd, '17 EQT Pittsburgh 10 Miler (47:15).

2021 Performances: 5th, '21 AJC Peachtree Road Race 10-K (28:59); 11th, '21 Asics Falmouth Road Race 7 Mile (32:41).

#41 (USATF CHAMPIONSHIP) Raneri, John (29) DOB: 10/23/91
 Residence: Flagstaff, AZ
 Citizen of: USA Team: McKirdy Trained

Lifetime PRs: - / - / 47:53/10-mi. **PRs in last three years:** - / - / - **Career:** 5th, '20 Michigan Pro Half-Marathon (1:02:23); 8th, '19 United Airlines NYC Half (1:02:51); 13th, '19 Boilermaker 15k (45:14); 6th, '19 HAP Crim 10 Mile Road Race (47:53).

2021 Performances: 10th, '21 Gate River Run 15k (U.S. 15-K Championships for Men and Women) (44:15 PB); 7th, '21 Asics Falmouth Road Race 7 Mile (32:35).

#43 (USATF CHAMPIONSHIP) McCandless, Tyler (34) DOB: 10/14/86
 Residence: Ft. Collins, CO
 Citizen of: USA Team: Altra Running

Lifetime PRs: - / - / 47:56/10-mi. **PRs in last three years:** - / - / - **Career:** 1st, '20 Pensacola Double Bridge Run (45:01 PB); 4th, '19 Road to Gold 8 Mile (38:37); 4th, '19 Amway River Bank Run 25k (U.S. 25k Open Championships) (1:15:45); 4th, '18 Fifth Third River Bank Run 25k (U.S. 25k Open Championships) (1:15:45); 4th, '18 Fifth Third River Bank Run 25k (U.S. 25k Open Championships) (1:15:45); 4th, '18 Fifth Third River Bank Run 25k (U.S. 25k Open Championships) (1:15:45).

Courtesy of Road Race Management 3

Athlete Contacts - Males Hine, Zach (34)

2021 Performances: 4th, '21 Harmony Geneva Marathon for UNICEF (2:08:15)

#141 (USATF CHAMPIONSHIP) Hine, Zach (34) DOB: 10/5/87
 Residence: Kensington, MD
 Citizen of: USA Team: Georgetown Running Club

Lifetime PRs: 28:37/ 2:16:36/ 1:03:54-hmar **PRs in last three years:** - / - / - **College:** Cornell. **Career:** 7th, '19 Cal Int'l Marathon (2:16:36-PR); 8th, '19 Houston Marathon; 3-time Olympic Marathon Trials qualifier. Two-time indoor Ivy League 5000m champ; 1x outdoor 10,000m champ while at Cornell Univ. **2021 Performances:** 2nd, East Coast Relays 5,000m (14:39).

Athlete Contacts - Males

Austin, Brogan (29)
 onships)(1:15:24); 20th, '18 Bank of America Chicago Marathon (2:16:37); 2nd, '17 Rock 'n' Roll San Jose Half Marathon (1:04:04); 10th, '17 EQT Pittsburgh 10 Miler (47:56); 2nd, '17 California International Marathon (2:12:28 PB); 15th, '16 Utica Boilermaker 15k (45:50).

Previous Top 10 Credit Union Cherry Blossom Finishes: 8th, '13 (49:01); 6th US, '18 (48:34); 7th US, '14 (48:21); 8th US, '17 (48:32).

#45 (USATF CHAMPIONSHIP) Austin, Brogan (29) DOB: 10/5/91
 Residence: Longmont, CO
 Citizen of: USA Team: Tinman

Lifetime PRs: 28:18.57U/ 2:18:36/ 1:01:52 **PRs in last three years:** - / - / - **Career:** 1st, '19 Road to Gold 8 Mile (38:07); 1st, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:12:38 PB)

#47 (USATF CHAMPIONSHIP) Llano, Matt (33) DOB: 8/1/88
 Residence: Flagstaff, AZ
 Citizen of: USA Team: Under Armour

Lifetime PRs: 28:43/ 2:11:14/ 1:01:47-hmar **PRs in last three years:** - / - / - **Career:** 2nd, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:12:59)

2021 Performances: 3rd, '21 Elite Atlanta Half-Marathon (1:04:19); 6th, '16 Men's USA Olympic Trials Marathon (2:15:16)

#49 (USATF CHAMPIONSHIP) Lara, Frank (25) DOB: 9/25/95
 Residence: Westminster, CO
 Citizen of: USA Team: Tracksmith TC

Lifetime PRs: - / - / 48:37/10-mi. **PRs in last three years:** - / - / - **Career:** 2nd, '15 Gate River Run 15k (44:44); 2nd, '20 Michigan Pro Half-Marathon (1:02:17); 13th, '19 AJC Peachtree 10k (29:35); 2nd, '19 FORTitude 10k (30:40); 5th, '19 Monterey Bay Half Marathon (1:04:23 DB).

2021 Performances: 7th, '21 Gate River Run 15k (U.S. 15-K Championships for Men and Women) (44:02 PB); 4th, '21 Asics Falmouth Road Race 7 Mile (32:22).

#53 (USATF CHAMPIONSHIP) Reichow, Joel (28) DOB: 7/24/93
 Residence: Richfield, MN
 Citizen of: USA Team: MDE

Lifetime PRs: - / - / 48:41/10-mi. **PRs in last three years:** - / - / -

#55 (USATF CHAMPIONSHIP) Monroe, Alex (29) DOB: 3/30/92
 Residence: Superior, CO
 Citizen of: USA

Lifetime PRs: - / - / 48:57/10-mi. **PRs in last three years:** - / - / - **Career:** 1st, '20 Pumpkin Pie 5k (14:49); 10th, '19 Lilac Bloomsday Run 12k (36:01); 12th, '19 AJC Peachtree 10k (29:28); 9th, '17 Medtronic TC Mile (Bring Back the Mile GP)(4:10.7); 8th, '17 New Balance Falmouth 7 Mile Road Race (34:29); 5th, '17 Applied Materials Silicon Valley Turkey Trot/Elite 5k (13:49 PB).

2021 Performances: 12th, '21 Gate River Run 15k (U.S. 15-K Championships for Men and Women) (44:41 PB).

#57 (USATF CHAMPIONSHIP) Milam, Willie (29) DOB: 2/3/92
 Residence: Louisville, CO
 Citizen of: USA Team: Roots Running

Lifetime PRs: - / - / 49:10/10-mi. **PRs in last three years:** - / - / - **Career:** 5th, '19 Amway River Bank Run 25k (U.S. 25k Open Championships) (1:16:40 PB); 8th, '18 Gate River Run 15k (U.S. 15k Championships) (44:33); 14th, '16 Lilac Bloomsday Run 12k (37:12).

Previous Top 10 Credit Union Cherry Blossom Finishes: 8th/4th US, '19 (47:07/47:18).

#59 Roudolff, Emmanuel (26) DOB: 7/30/95
 Residence: Chapel Hill, NC
 Citizen of: FRA Team: Puma

Lifetime PRs: - / - / 1:04:08/hmar **PRs in last three years:** - / - / - **Career:** 11th, '20 The Marathon Project (2:11:20 PB).

#61 Mwangangi, Elijah (25) DOB: 9/10/96
 Residence: Ngong Hills, KEN
 Citizen of: KEN

Lifetime PRs: 30:11/ - / 1:06:53-hmar **PRs in last three years:** - / - / - **Career:** Grandson of 1983 Chicago Marathon winner Joseph Nzau. Raising money for his career on a GoFundMe page.

2021 Performances: 30:11 10K in Colorado Springs on July 24.

#63 Kimutai, Edwin (28) DOB: 2/19/93
 Residence: KEN
 Citizen of: KEN

Lifetime PRs: 28:42/ 2:08:15/ 1:00:57-hmar **PRs in last three years:** - / - / -

Courtesy of Road Race Management 4

Elite Athlete Bios

Female Athletes

#10 (USATF CHAMPIONSHIPS) Natosha Rogers (30) DOB: 5/7/91

Residence: Littleton, CO
 Citizen of: USA
 Team: Hansons Brooks
 Lifetime PRs: - / - / 53:45/10-mi. PRs in last three years: - / - - Career: 2nd, '15 Gate River Run 15k (49:50 PB); 4th, '20 Under Armour Sunset Tour 10,000m (32:25); 2nd, '19 Great Cow Harbor 10k (34:05); 5th, '17 Gate River Run 15k (USATF Championships) (50:02); 1st, '17 Ohio Health Capital City Half Marathon (USA Half Marathon Championships)(1:10:45); 3rd, '17 Boulder BOULDER 10k (33:42); 8th, '17 New Balance Falmouth 7 Mile Road Race (38:07); 1st, '17 Cow Harbor 10k (33:24); 2nd, '17 Tufts Health Plan 10k for Women (33:44); 3rd, '17 Abbott Dash to the Finish Line 5-K (USA 5-K Championships for Men and Women)(15:39 PB).
 2021 Performances: 2nd, '21 Elite Atlanta Half-Marathon (1:10:49); 7th, '21 USA Olympic Trials 10,000m (32:00).

#12 (USATF CHAMPIONSHIPS) Paige Stoner (25) DOB: 1/31/96

Residence: Charlottesville, VA
 Citizen of: USA
 Team: Reebok Boston
 Lifetime PRs: 31:53.89/ 2:28:43/ 9:39.10-3000m sc PRs in last three years: - / - - Career: 8th, '15 Gate River Run 15k (50:36 PB); 4th, '20 Michigan Pro Half-Marathon (1:11:53); 7th, '20 The Marathon Project (2:28:43 DB)
 2021 Performances: 11th, '21 Gate River Run 15k (U.S. 15-K Championships for Men and Women) (50:48)

#14 (USATF CHAMPIONSHIPS) Diane Nukuri (36) DOB: 12/1/84

Residence: Boulder, CO
 Citizen of: USA
 Team: ASICS
 Lifetime PRs: - / - / 53:56/10-mi. PRs in last three years: - / - - Career: 10th, '19 Volkswochen Prague Marathon (2:33:38); 2nd, '19 Freihofer's Run for Women 5k (16:06); 12th, '19 TD Beach to Beacon 10k (34:34); 3rd, '18 Publix Gasparilla Distance Classic Half Marathon (1:13:05); 11th, '18 Lilac Bloomsday Run 12k (41:32); 3rd, '15 Freihofer's Run for Women 5k (15:56); 6th, '18 NYRR New York Mini 10k (32:49); 9th, '17 Boston Marathon (2:32:24); 5th, '17 NYRR New York Mini 10k (32:25); 5th, '17 TD Beach to Beacon 10k (32:10); 3rd, '17 New Balance Falmouth 7 Mile Road Race (36:57); 2nd, '17 B.A.A. Half Marathon (1:11:21); 9th, '17 TCS New York City Marathon (2:31:21).
 2021 Performances: 10th, Gate River Run 15k (50:44 PB); 7th, Mastercard New York Mini 10k (32:26); 4th, AJC Peachtree Road Race 10k (32:27); 9th, Women's 6k Festival (18:54); 5th, Asics Falmouth Road Race 7 Mile (37:35).
 Previous Top 10 Credit Union Cherry Blossom Performances: 5th/1st US, '18 (53:56PB).

#18 Caroline Rotich (38) DOB: 5/13/83

Residence: Santa Fe, NM
 Citizen of: KEN
 Lifetime PRs: - / - / 52:45/10-mi. PRs in last three years: - / - - Career: 7th, '20th Aramco Half-Marathon (1:08:53); 6th, '19 Boston Marathon (2:28:27); 3rd, '19 B.A.A. 10k (31:58); 1st, '19 Boilermaker 15k (49:08); 1st, '19 Rock 'n' Roll Philadelphia Half Marathon (1:11:00); 5th, '19 Mainova Frankfurt Marathon (2:24:42); 10th, '18 United Airlines NYC Half (1:13:38); 2nd, '18 B.A.A. 10k (31:57); 2nd, '18 Quad-City Times Bix 7 Mile (36:13); 4th, '17 HAP Crim 10 Mile Road Race (53:06); 2nd, '17 American Association for Cancer Research Rock 'n' Roll Philadelphia Half-Marathon (1:09:41); 5th, '17 TCS Amsterdam Marathon (2:28:26).
 Previous Top 10 Credit Union Cherry Blossom Performances: 1st, '13 (52:46).

#20 Iveen Chepkemai (24) DOB: 8/20/97

Residence: Colorado Springs, CO
 Citizen of: KEN
 Lifetime PRs: - / - / 51:43/10-mi. PRs in last three years: - / - - Career: 4th, '19 Crescent City Classic 10k (32:12); 4th, '19 Lilac Bloomsday Run 12k (40:26); 4th, '19 B.A.A. 10k (31:59 PB); 2nd, '19 Great Buffalo Chase 5k (15:51); 2nd, '19 Boilermaker 15k (49:09); 2nd, '19 Buffalo Subaru 4-Mile Chase (20:31); 7th, '19 Quad-City Bix 7 Mile (37:57); 3rd, '19 Debbie Green Memorial 5k (16:22); 2nd, '19 HAP Crim 10 Mile Road Race (51:43); 2nd, '19 Medical Center 10k Classic (32:55); 2nd, '19 Genworth Virginia Ten Miler (54:50); 2nd, '19 Reebok 10k for Women (31:56 PB); 2nd, '18 Crescent City Classic 10k (32:28); 6th, '18 Lilac Bloomsday Run 12k (40:30); 3rd, '18 Debbie Green Memorial 5k (16:39); 3rd, '18 HAP Crim 10 Mile Road Race (55:13 PB).
 2021 Performances: 1st, '21 Gum Tree 10K (32:53); 4th, '21 Fresh 15K (50:27); 8th, '21 Asics Falmouth Road Race 7 Mile (38:09).
 Previous Top 10 Credit Union Cherry Blossom Performances: 9th, '19 (53:21/53:33).

#22 Antonina Kwambai (29) DOB: 4/1/92

Residence: Tuiyabeli, KEN
 Citizen of: KEN
 Team: ASICS
 Lifetime PRs: - / - / 1:08:07/hmar PRs in last three years: - / - - Career: 5th, '19 10k Valencia Ibercaja (31:02 PB); 3rd, '19 Huawei Maratonina Roma-Ostia (1:07:50 PB); 1st, '19 Hyundai Meia Maratona do Porto Half Marathon (1:09:42); 1st, '18 fitbit Semi-Marathon de Paris (1:08:07); 5th, '18 Sportismo

Amy Davis (24) Athlete Contacts - Females

Prague Half Marathon (1:09:48); 1st, '17 Mitja Marato Internacional Vila de Santa Pola Half Marathon (1:09:49).
 2021 Performances: 5th, '21 Xiamen Marathon & Tuscany Camp Global Elite Race (2:24:20 PB).

#24 (USATF CHAMPIONSHIPS) Amy Davis (24) DOB: 2/15/97

Residence: Rochester Hills, MI
 Citizen of: USA
 Team: Hanson Brooks
 Lifetime PRs: 32:13.5/ - / - PRs in last three years: - / - -

#26 (USATF CHAMPIONSHIPS) Jennifer Bergman (29) DOB: 11/1/91

Residence: Erie, CO
 Citizen of: USA
 Team: Roots Running
 Lifetime PRs: - / - - PRs in last three years: - / - -

#28 (USATF CHAMPIONSHIPS) Bria Wetsch (31) DOB: 5/24/88

Residence: Broomfield, CO
 Citizen of: USA
 Lifetime PRs: - / - / 54:14/10-mi. PRs in last three years: - / - - Career: 3rd, '20 Pumpkin Pie 5k (16:57); 10th, '20 The Marathon Project (2:29:50 PB); 7th, '19 Gate River Run 15k (51:50); 6th, '19 Medtronic Twin Cities 10 Mile (USA 10 Mile Championships) (54:14); 3rd, '19 EQT Pittsburgh 10 Miler (55:10/7th), '16 EQT Pittsburgh 10 Miler (58:33).
 2021 Performances: 13th, '21 Mastercard New York Mini 10-K (33:41 PB); 10th, '21 AJC Peachtree Road Race 10-K (33:43).

#30 (USATF CHAMPIONSHIPS) Annie Frisbie (24) DOB: 12/31/96

Residence: Minneapolis, MN
 Citizen of: USA
 Team: MDE
 Lifetime PRs: - / - / 54:00/10-mi. PRs in last three years: - / - - Career: 5th, '19 Medtronic Twin Cities 10 Mile (USA 10 Mile Championships) (54:00).
 2021 Performances: 3rd, '21 AJC Peachtree Road Race 10-K (32:06 PB); 6th, '21 Women's 6k Festival (18:46).

#32 (USATF CHAMPIONSHIPS) Susanna Sullivan (31) DOB: 5/13/90

Residence: Reston, VA
 Citizen of: USA
 Team: Capital Area Runner
 Lifetime PRs: - / - / 54:22/10-mi. PRs in last three years: - / - - Career: 4th, '20 Up Dawg Ten-Miler (54:22 PB); 19th, '20 The Marathon Project (2:33:27 PB); 9th, '17 Atlanta Journal Constitution Peachtree Road Race 10k (USA 10k Championships)(34:04).
 2021 Performances: 8th, '21 AJC Peachtree Road Race 10-K (33:02); 9th, '21 Asics Falmouth Road Race 7 Mile (38:28).
 Previous Top 10 Credit Union Cherry Blossom Performances: 8th/4th US, '14 (54:31); 10th/3rd US, '17 (56:12); 5th US, '15 (61:44/55:06).

#34 (USATF CHAMPIONSHIPS) Bethany Sachtleben (29) DOB: 2/9/92

Residence: Fairfax, VA
 Citizen of: USA
 Lifetime PRs: - / - / 54:42/10-mi. PRs in last three years: - / - - Career: 2nd, '19 Gate River Run 15k (51:08); 6th, '19 USA Half Marathon Championships (Pittsburgh Half Marathon) (1:12:28); 13th, '19 NYRR New York Mini 10k (33:29); 2nd, '19 Garry Bjorklund Half-Marathon (1:10:44 PB); 2nd, '19 Pan American Games Marathon (2:31:20 PB); 1st, '19 EQT Pittsburgh 10 Miler (54:42); 9th, '18 Gate River Run 15k (U.S. 15k Championships) (52:18); 4th, '18 Garry Bjorklund Half Marathon (1:12:24 PB); 8th, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20-K Championships)(1:12:55); 6th, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:31:20 PB); 12th, '17 Gate River Run 15k (USATF Championships) (52:08); 4th, '17 Ohio Health Capital City Half Marathon (USA Half Marathon Championships)(1:13:28).
 2021 Performances: 16th, '21 Mastercard New York Mini 10-K (33:55).
 Previous Top 10 Credit Union Cherry Blossom Performances: 8th/3rd US, '18 (54:59); 10th/2nd US, '19 (53:40/53:52).

#38 (USATF CHAMPIONSHIPS) Katja Goldring (31) DOB: 8/11/90

Residence: Flagstaff, AZ
 Citizen of: USA
 Lifetime PRs: 33:02.78/ 2:31:30/ 1:14:06-hmar PRs in last three years: - / - - Career: 2nd, '21 Grandma's Marathon (2:31:30 PB); 9th, '16 Women's USA Olympic Trials Marathon (2:35:21 PB)
 2021 Performances: 2nd, '21 Grandma's Marathon (2:31:30 PB)

#40 (USATF CHAMPIONSHIPS) Abbie McNulty (25) DOB: 2/25/96

Residence: Charlottesville, VA
 Citizen of: USA
 Team: Reebok Boston TC
 Lifetime PRs: 33:07/ - / - PRs in last three years: - / - - Career: 13th, '20 Michigan Pro Half-Marathon (1:14:25 DB); 7th, '19 New Balance Falmouth Road Race 7 Mile (38:18).



Stephen Sambu prevails over defending champion Daniel Salel in the 2014 race

Elite Athlete Bios

Athlete Contacts - Females Sara Hall (38)

2021 Performances: 11th, '21 AJC Peachtree Road Race 10-K (34:18); 12th, '21 Asics Falmouth Road Race 7 Mile (39:00).

#42 (USATF CHAMPIONSHIPS) Nell Rojas (33) **DOB:** 11/27/87

Residence: Boulder, CO **Team:** Rojas Athletics
Citizen of: USA
Lifetime PRs: -/-/ 1:10:45/hmar **PRs in last three years:** -/-/ - **Career:** 9th, '20 USA Olympic Trials Marathon (2:30:26); 8th, '19 USA Half Marathon Championships (Pittsburgh Half Marathon) (1:14:17 PB); 1st, '19 Grandma's Marathon (2:28:09 PB); 8th, '19 New Balance Falmouth Road Race 7 Mile (38:26); 7th, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:31:22 PB).

#44 (USATF CHAMPIONSHIPS) Carrie Verdon (27) **DOB:** 3/8/94

Residence: Boulder, CO **Team:** Boulder TC
Citizen of: USA
Lifetime PRs: -/-/ 56:57/10-mil. **PRs in last three years:** -/-/ - **Career:** 8th, '20 Michigan Pro Half-Marathon (1:13:11 PB).
2021 Performances: 2nd, '21 Valley O.NE Half Marathon (1:10:11 PB).

#46 (USATF CHAMPIONSHIPS) Jennifer Simpson (34) **DOB:** 8/23/86

Residence: Boulder, CO **Team:** New Balance
Citizen of: USA
Lifetime PRs: -/-/ 14:56/5k **PRs in last three years:** -/-/ - **Career:** 1st, '19 Payton Jordan Invitational 5000m (15:22); 4th, '19 Golden Gala Pietro Mennea 1500m (4:02 SB); 2nd, '19 USATF Outdoor Track & Field Championships 1500m (4:03.41); 1st, '19 New Balance Fifth Avenue Mile (4:16.1 CR); 8th, '19 IAAF World Athletics Championships 1500m (3:59 SB); 2nd, '18 USATF Outdoor Track & Field Championships 1500m (4:07); 1st, '18 New Balance Fifth Avenue Mile (4:18.8); 2nd, '17 IAAF World Championships in Athletics 1500m (4:03); 1st, '17 New Balance Fifth Avenue Mile (4:16.6).

#50 (USATF CHAMPIONSHIPS) Sydney Devore (29) **DOB:** 9/27/91

Residence: Ferndale, MI **Team:** McKirdy Trained
Citizen of: USA
Lifetime PRs: -/-/ - **PRs in last three years:** -/-/ - **Career:** 4th, '18 Publix Gasparilla Distance Classic Half Marathon (1:14:21); 11th, '18 Credit Union Cherry Blossom 10 Mile Run (55:44)

#52 (USATF CHAMPIONSHIPS) Emma Kertesz **DOB:** 7/24/90

Residence: Boulder, CO **Team:** Boulder UG
Citizen of: USA
Lifetime PRs: -/-/ 58:16-10-mi **PRs in last three years:** -/-/ -

#54 (USATF CHAMPIONSHIPS) Sara Hall (38) **DOB:** 4/15/83

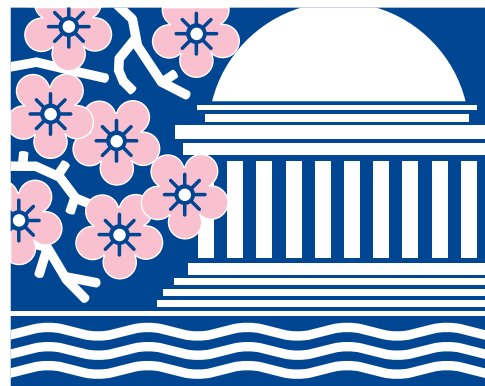
Residence: Flagstaff, AZ **Team:** ASICS
Citizen of: USA
Lifetime PRs: 31:33/ 2:20:32/ 1:08:18-hmar **PRs in last three years:** -/-/ - **Career:** 1st, '20 The Marathon Project (2:20:32 PB/#2 USA all-time); 1st, '19 Medtronic Twin Cities 10 Mile (USA 10 Mile Championships) (53:11); 1st, '18 Medtronic Twin Cities USA 10 Mile Championships (52:47); Twelve National championships won: 5K, '06; 1 mile, '11; xc, '12; 10 mile, '17; marathon, '17; 20K, '18; 10K, '18; 10 mile, '18; 10K, '19; 20K, '19; 10 mile, '19; 10K, '21.
2021 Performances: 1st, '21 Mastercard New York Mini 10-K (31:33 PB); 1st, '21 AJC Peachtree Road Race 10-K (31:41); 1st, '21 Row River Half Marathon (1:08:44)
Previous Top 10 Credit Union Cherry Blossom Performances: 4th, '14 (52:54)



Photo: Bob Burgess

Meb Keflezighi raising his arms and getting the crowd going.

CREDIT UNION



CHERRY BLOSSOM
 T E N M I L E R U N

Open and Age Group Records

Over the years, numerous 10-mile records have been set at the Credit Union Cherry Blossom 10 Mile Run — a total of 10 World records and 10 American records. None has lasted as long as the 46:13 time Greg Meyer ran in 1983; back then it was a World Record, and the American Record until October 30, 2020 when Galen Rupp ran 45:53. (Galen’s new record has yet to be verified.)

Prior to the 2014 race, which served as both the USA Men’s and Women’s 10 Mile Championships, Meyer said: “While it’s an honor to hold an American Record, it’s time someone else owned it! My gosh, it’s older than most of the Americans competing! I can’t wait to see someone break it!”

When Stanley Kebenei crossed the finish line in 2019 in 46:00, Meyer and race organizers thought the men’s American record had finally fallen. Unfortunately, post-race analysis revealed that the turn-around point in West Potomac Park had been misplaced, resulting in a course-as-run that was 240 feet short of the full 10 miles, thus negating Kebenei’s apparent American record. The women’s winner, Kenyan Rosemary Wanjiru, was also a victim of the short course, which kept her time of 50:42 from being recognized as the fastest all-comers time in a women’s only race.

Despite the shortened route taken by the runners, race organizers paid Kebenei \$10,000 for posting a time faster than Meyer’s American record of 46:13. Race organizers also paid \$1,000 and \$750 respectively to the first two men and women who ran faster than 46:00 and 52:00 minutes: race winners Jemal Yimer (45:36) and Rosemary Wanjiru (50:42), and second place finishers Josphat Tanui (45:38) and Gotytom Gebreslase (50:47). There was no bonus offered for a U.S. all-comers record. Stay tuned for 2021 race results. In the meantime, take a look at the progression of various 10-mile records that have been set at Cherry Blossom since the inaugural race in 1973.

Stay tuned for 2021 race results. In the meantime, take a look at the progression of various 10-mile records that have been set at Cherry Blossom since the inaugural race in 1973.

Year	Elite Men	World Record	American Record	Event Record
1973	Sam Bair			51:22
1974	Jack Mahurin			50:50
1976	Carl Hatfield			49:09
1978	Bill Rodgers			48:57
1979	Bill Rodgers			48:00
1980	Bill Rodgers			47:09
1983	Greg Meyer	46:13	46:13	46:13
1994	William Sigei			46:01
1995	Ismael Kirui	45:38		45:38
2011	Lelisa Desisa			45:36
2012	Allan Kiprono			45:15

Year	Elite Women	World Record (mixed race)	World Record (single sex*)	American Record (mixed race)	American Record (single sex*)	Event Record
1973	Kathrine Switzer					71:19
1974	Carol Fridley					62:41
1975	Julie Shea					59:55
1976	Julie Shea	57:04		57:04		57:04
1977	Julie Shea	56:08		56:08		56:08
1979	Aileen O’Connor			56:02		56:02
1980	Anne Sullivan			55:34		55:34
1983	Eleanor Simonsick					54:46
1985	Lisa Weidenbach					53:30

Open and Age Group Records

Year	Elite Women	World Record (mixed race)	World Record (single sex*)	American Record (mixed race)	American Record (single sex*)	Event Record
1986	Rosa Mota	53:09				53:09
1987	Lisa Martin	52:23				52:23
1989	Lisa Weidenbach			52:34		
1991	Jill Hunter					51:57
1995	Rose Cheruiyot	51:39				51:39
1998	Colleen De Reuck	51:16				51:16
2006	Lydia Grogoryeva		52:11			52:11
2006	Turena Johnson				55:42	
2007	Teyba Erkesso		51:44			51:44
2009	Sally Meyerhoff				54:38	
2013	Janet Bawcom				53:28	
2014	Janet Bawcom				52:12	

*In 2006, record keeping standards were changed to recognize the difference between women running with men in a mixed race, and women running in an all-women's race. Cherry Blossom race organizers implemented a 10-minute advanced start for women that year, and all subsequent women's World and American records have been set under this format.

While countless age group records have been set at the Credit Union Cherry Blossom 10 Mile Run over the years, the tables below list current age group event records for men and women.

Credit Union Cherry Blossom Age Group Records

	Age Group Men	Time	Age	Year
40-44	Steve Jones	48:26	40	1996
45-49	Bill Rodgers	52:22	49	1997
50-54	Norm Green	52:53	50	1983
55-59	Jim O'Neill	54:25	56	1994
60-64	Norm Green	57:48	60	1993
65-69	John Hosner	1:02:47	65	1990
70-74	Charles Rose	1:06:35	70	2003
75-79	Ed Benham	1:12:13	76	1984
80-84	Ed Benham	1:13:23	81	1989
85-89	George Yannakakis	1:44:08	85	2017

	Age Group Women	Time	Age	Year
40-44	Priscilla Welch	53:51	42	1987
45-49	Priscilla Welch	56:33	46	1991
50-54	Joan Samuelson	1:00:52	52	2010
55-59	Joan Samuelson	1:03:55	59	2017
60-64	Joan Samuelson	1:07:56	60	2018

Open and Age Group Records

	Age Group Women	Time	Age	Year
65-69	Edie Severson	1:13:23	67	2017
70-74	Hedy Marque	1:22:58	73	1991
75-79	Hedy Marque	1:25:40	75	1993
80-84	Hedy Marque	1:31:24	80	1998
85-89	Hedy Marque	1:57:38	87	2005
90-94	Ruth Rothfarb	3:27:30	91	1993



Photo: Bob Burgess

Credit Union Cherry Blossom race committee member Keira D'Amato setting the American and World Record of 51:23 at the November 2020 Up Dawg Ten Miler

All-Time Champions

Ten Mile Run

On a picture-perfect day in 2019, with Washington DC's cherry trees in full bloom, defending champion Jemal Yimer, from Ethiopia, won the men's race in a time of 45:36. Kenyan Rosemary Wanjiru won the women's race in 50:42. Unfortunately the full impact of their very fast times was negated by the fact that the course-as-run ended up being 240 feet short of the full 10 miles, due to a misplaced set of traffic cones at the turn-around in West Potomac Park.

In 2016, weather conditions for the event were less than ideal, with temperatures in the mid-30s and winds gusting up to 40 miles per hour during the race, thus slowing all runners' times considerably. For the first time in 10 years, the elite women started with the men, and surely benefited from running in the larger pack.

In 2015, race organizers were forced to re-route the course between four and six miles due to an accident on the course that occurred about an hour prior to the start of the elite women's race. The exact distance was measured as 9.39 miles after the race – making it just a fraction over 15K. The times listed in the table below for 2015 represent projected 10-mile finish times; Stephen Sambu ran 43:20 for 9.39 miles, while Mary Wacera ran 48:35.

Year	Male Winner	Time	Female Winner	Time
2019	Jemal Yimer	45:36	Rosemary Wanjiru	50:42
2018	Jemal Yimer	46:17	Buze Diriba	53:45
2017	Stanley Kebenei	46:36	Hiwot Gebrekidan	53:37
2016	Sam Chelanga	48:26	Veronica Nyaruai Wanjiru	53:12
2015	Stephen Sambu – Kenya	46:10	Mary Wacera – Kenya	51:45
2014	Stephen Sambu – Kenya	45:29	Mamitu Daska – Ethiopia	52:05
2013	Daniel Salel– Kenya	46:06	Caroline Rotich – Kenya	52:46
2012	Allan Kiprono – Kenya	45:15	Julliah Tenega – Kenya	54:02
2011	Lelisa Desisa – Ethiopia	45:36	Julliah Tenega – Kenya	54:02
2010	Stephen Tum – Kenya	45:43	Lineth Chepkurui – Kenya	51:51
2009	Ridouane Harroufi – Morocco	45:46	Lineth Chepkurui – Kenya	53:32
2008	Ridouane Harroufi	46:14	Lineth Chepkurui – Kenya	54:21
2007	Tadesse Tola – Ethiopia	46:01	Tebya Erkesso – Ethiopia	51:44
2006	Gilbert Okari – Kenya	47:24	Lidiya Grigoryeva – Russia	52:11
2005	John Korir – Kenya	46:53	Nuta Olaru – Romania	52:00
2004	Nelson Kiplagat – Kenya	48:12	Isabella Ochichi – Kenya	52:06
2003	John Korir – Kenya	46:55	Olga Romanova – Russia	53:42
2002	Reuben Cheruiyot – Kenya	47:13	Luminita Talpos – Romania	52:50
2001	John Korir – Kenya	46:12	Elana Meyer – South Africa	52:15
2000	Reuben Cheruiyot – Kenya	46:07	Teresa Wanjiku – Kenya	55:50
1999	Worku Bikila – Ethiopia	46:59	Jane Omoro – Kenya	53:37
1998	Simon Rono – Kenya	45:51	Colleen De Reuck – South Africa	51:16
1997	Peter Githuka – Kenya	46:29	Valentina Yegorova – Russia	54:28
1996	Lazarus Nyakeraka – Kenya	46:49	Joan Nesbit – USA	53:25
1995	Ismael Kirui – Kenya	45:38	Rose Cheruiyot – Kenya	51:39
1994	William Sigei – Kenya	46:01	Helen Chepngeno – Kenya	54:05
1993	William Sigei – Kenya	46:29	Judi St. Hilaire – USA	52:27

All-Time Champions

Year	Male Winner	Time	Female Winner	Time
1992	Richard Chelimo – Kenya	47:06	Albina Galliamova – Russia	53:44
1991	Carl Thackery – Great Britain	46:25	Jill Hunter – Great Britain	51:57
1990	Chris Fox – USA	47:06	Lisa Weidenbach – USA	53:28
1989	Brian Sheriff – Zimbabwe	46:43	Lisa Weidenbach – USA	52:34
1988	J.P. Ndasienga – Belgium	47:33	Anne Audain – New Zealand	52:36
1987	Jon Sinclair – USA	46:48	Lisa Martin – Australia	52:23
1986	Thom Hunt – USA	46:15	Rosa Mota – Portugal	53:09
1985	Simeon Kigen – Kenya	46:24	Lisa Weidenbach – USA	53:30
1984	Simeon Kigen – Kenya	47:25	Rosa Mota – Portugal	54:16
1983	Greg Meyer – USA	46:13	Eleanor Simonsick – USA	54:46
1982	Terry Baker – USA	49:29	Eleanor Simonsick – USA	58:16
1981	Bill Rodgers – USA	47:17	Laurie Binder – USA	56:44
1980	Bill Rodgers	47:09	Anne Sullivan – USA	55:34
1979	Bill Rodgers – USA	48:00	Aileen O'Connor – USA	56:02
1978	Bill Rodgers – USA	48:57	Jenifer White – USA	56:35
1977	Dan Rincon – USA	49:44	Julie Shea – USA	56:08
1976	Carl Hatfield – USA	49:09	Julie Shea – USA	57:04
1975	Carl Hatfield – USA	51:47	Julie Shea – USA	59:55
1974	Jack Mahurin – USA	50:50	Carol Fridley – USA	1:02:41
1973	Sam Bair – USA	51:22	Kathrine Switzer – USA	1:11:19

5K Run-Walk

While the idea of having a “fun run” traces all the way back to the first event in 1973, when the fun run was two miles long, it wasn't until 2006 that the 5K Run-Walk was upgraded from an untimed run to a fully timed and scored event.

Year	Male Winner	Time	Female Winner	Time
2019	Jose Donato	18:24	Madeline Hanley	21:08
2018	Logan Yu	16:05	Hibah Abuhamdich	20:24
2017	Iber Gonzales Vidals	17:58	Lisa Gallagher	21:15
2016	Sylvain Clarenne (30)	18:31	Melanie Nakagawa (35)	22:47
2015	Dylan Eddinger (18)– Bally, PA	17:02	Ashley Kollme (32)– Washington, DC	18:29
2014	Nathan Davis (13) – Frederick, MD	17:58	Jessica McGuire (33) – Arlington, VA	20:34
2013	Nathan Davis (12) – Frederick, MD	17:22	Maggie Brill (36) – Pottstown, PA	19:43
2012	Barry Fischer (27) – Washington, DC	17:27	Win Persina (52) – Washington, DC	20:36
2011	Luke Holman (27) – McLean, VA	17:07	Nilda Cruz-Acevedo (47) – Laurel, MD	19:07
2010	Mitchell Lango (26) – Washington, DC	18:32	Britton Miller (30) – Arlington, VA	19:03
2009	Eric Sonnenschein (35) – Washington, DC	19:17	Marjorie Censer (26) – Arlington, VA	21:05
2008	Guy Cipolla (30) – Elmendorf AFB, AK	18:00	Erin Burlovich (27) – Chevy Chase, MD	21:34
2007	Daniel Bennett (36) – Dunkirk, MD	18:37	Erin Burlovich (26) – Chevy Chase, MD	20:42
2006	Michael Stanton-Geddes (24) – Washington, DC	17:54	Mary Margaret Peter (15) – Virginia Beach, VA	21:48

Past Winners' Notable Accomplishments

Over the years, a victory at the Credit Union Cherry Blossom Run has proven to be a stepping stone to success at the Boston Marathon shortly thereafter. And some Cherry Blossom victors have gone on to Olympic success in the same year. The table below lists Cherry Blossom winners who have distinguished themselves at the Boston Marathon and/or Olympic Games.

Boston Marathon Champions

Name	Country	Won Cherry Blossom	Won Boston
Men			
Bill Rodgers	USA	'78, '79, '80, '81	'75, '78, '79, '80
Greg Meyer	USA	'83	'83
Lelisa Desisa	ETH	'11	'13, '15
Name	Country	Won Cherry Blossom	Won Boston
Women			
Rosa Mota	POR	'84, '86	'87, '88, '90
Lisa Weidenbach	USA	'85, '89, '90	'85
Lidiya Grigoreyeva	RUS	'06	'07
Teyba Erkesso	ETH	'07	'10
Caroline Rotich	KEN	'13	'15

Olympic Medalist

Name	Country	Won Cherry Blossom	Medal	Event
Rosa Mota	POR	'84	3rd, '84; 1st, '88	Marathon
Richard Chelimo	KEN	'92	2nd, '92	10,000m
Lisa Martin	AUS	'97	2nd, '88	Marathon
Elana Meyer	RSA	'01	2nd, '92	10,000
Isabella Ochichi	KEN	'04	2nd, '04	5,000m



It's hard to compete with Bill Rodgers' four Cherry Blossom and four Boston Marathon wins, but Rosa Mota's three Boston wins and two Olympic medals may take the prize.

Returning Age Group Champions

Age Group	Age in 2019	First Name	Last Name	Hometown
Men 45-49	46	Jason	Tripp	Ellicott City, MD
Men 65-69	65	Marvin	Pace	McLean, VA
Men 75-79	76	Harold	Rosen	Potomac, MD
Men 80-84	81	Carl	Vansant	Kansas City, MO
Age Group	Age in 2019	First Name	Last Name	Hometown
Women 35-39	36	Julia	Roman-Duval	Columbia, MD
Women 40-44	41	Lindsay	Wilkins	Arlington, VA
Women 45-49	47	Perry	Shoemaker	Vienna, VA
Women 70-74	71	Jane	Serues	Myrtle Beach, SC
Women 75-79	75	Karen	Cox	Pagosa Springs, CO



Photo: Bob Burgess

Top age-groupers mix it up with professionals during elite women's start.

Capitol Hill Competition

The Capitol Hill Competition at the Credit Union Cherry Blossom Ten Mile started in 2002 and is organized for Members of Congress and their staff, who compete against each other within the broader Credit Union Cherry Blossom race. The Capitol Hill Competition is made possible by the support of the Congressional Federal Credit Union, the United States Senate Federal Credit Union, the Credit Union National Association (CUNA), and the National Association of Federal Credit Unions (NAFCU).

Out of the 46 Capitol Hill teams that competed in 2019, “Bourne to Run,” representing the Senate Intelligence Committee prevailed among teams from the Senate in a time of 3:33:18; and “Red White and Blumenauer,” representing U.S. Representative Earl Blumenauer’s office was the fastest House team in 3:52:21. This year there will be a total of 18 teams in the 2021 Capitol Hill Team Competition. See Capitol Hill Records.

Team Name	Office
Team CAO	Chief Administrative Officer
Team CAO 2	Chief Administrative Officer
Germans On Ze Run!	German Embassy
Geezie Cows	Rep. Troy Balderson
Live Laugh Larson	Rep. John Larson
Run Forest(er) Run	Rep. Bruce Westerman
The Bears	House Transportation & Infrastructure Committee
Blumin’ Blossoms	Senator Blumenthal
Booker	Senator Cory Booker
Capital Daines	Senator Steve Daines
Curd Crawlers	Senator Tammy Baldwin
Don’t Take Us For Granite	Senator Jeanne Shaheen
Heinrich Maneuver	Senator Martin Heinrich
Markey On Your Left	Senator Edward J. Markey
Merkley Milers	Senator Jeff Merkley
The Late Blumers	Senator Richard Blumenthal
The Speedy Padillas	Senator Alex Padilla
The Van Hooligans	Senator Chris Van Hollen

Capitol Hill Records

The Capitol Hill Competition at the Credit Union Cherry Blossom Ten Mile started in 2002 and is organized for Members of Congress and their staffs, who compete against each other within the broader Credit Union Cherry Blossom race. It is sponsored by the Congressional Federal Credit Union and the United States Senate Federal Credit Union, with support from the Credit Union National Association and the National Association of Federally-insured Credit Unions.

Out of 46 Capitol Hill teams that competed in 2019, “Bourne to Run” prevailed among teams from the Senate in a time of 3:33:18, and “Red White and Blumenauer” was the fastest House team in 3:52:21 (times listed represent the sum total of the three fastest times among as many as 11 team members).

The table below lists the winning Senate and House of Representatives teams since 1998:

Winning Senate and House Teams

Senate Teams		House Teams	
Team Name/Office	Time	Team Name/Office	Time
2019			
Bourne to Run Senate Intelligence Committee	3:33:18	Red White and Blumenauer Representative Earl Blumenauer	3:52:21
2018			
Heinrich Maneuver Senator Martin Heinrich	3:21:18	Model Runners Congressional Budget Office	3:00:34
2017			
All the Kings Men Senator Angus King	3:21:35	Red, White and Blumenauer Representative Earl Blumenauer	3:18:15
2016			
Carper Diem Senator Tom Carper	3:21:21	Red, White and Blumenauer Representative Earl Blumenauer	3:18:43
2015			
Carper Diem Senator Tom Carper	3:13:58	Red, White and Blumenauer Representative Earl Blumenauer	3:06:42
2014			
Minnesota Nice and Fast Senator Amy Klobuchar	3:23:46	White Cheddar Shredders Representative Peter Welch	3:23:50
2013			
Foreign Relaytions Senate Energy Committee	3:30:03	Red, White and Blumenauer Representative Earl Blumenauer	3:18:24
2012			
Too Extreme for Colorado Senator Michael Bennet	3:21:14	Red, White and Blumenauer Representative Earl Blumenauer	3:31:38
2011			
Running Back Home Again Senator Richard Lugar	3:35:36	Red, White and Blumenauer Representative Earl Blumenauer	3:46:23

Capitol Hill Records

Senate Teams		House Teams	
Team Name/Office	Time	Team Name/Office	Time
2010			
Team Frenzi Senator Michael Enzi	3:39:32	Stark Running Mad Representative Peter Stark	3:42:56
2009			
Run Io-way With Me Senate Agriculture Committee	3:54:01	Markey's Glacial Pacers Representative Edward Markey	3:31:15
2008			
Ken's Salad Bar Senator Ken Salazar	3:26:43	Red, White and Blumenauer Representative Earl Blumenauer	3:43:03
2007			
Crapo Couch Potatoes Senator Mike Crapo	3:25:03	Project Blue Hen Representative Mike Castle	3:46:46
2006			
Crapo Couch Potatoes Senator Mike Crapo	3:30:37	Green Milers Representative Mark Green	3:15:48
2005			
Team Frenzi Senator Michael Enzi	3:49:51	Green Milers Representative Mark Green	3:25:15
2004			
Couch Potatoes Senator Mike Crapo	3:07:28	The Green Monsters Representative Mark Green	3:51:37
2003			
Murray's Milers Senator Patty Murray	3:40:37	Team Ryan Representative Tim Ryan	3:49:52
2002			
Murray's Milers Senator Patty Murray	3:28:34	Dancing Homers	3:57:26



Congressional Federal Credit Union supports the Capitol Hill Competition

Environmental & Social Sustainability

The Credit Union Cherry Blossom has a long history of reducing its environmental footprint and expanding its positive social impacts.

Race organizers first identified Children’s National Medical Center as the race’s charitable beneficiary in the mid-1990s, and the focus on raising money for Children’s Miracle Network Hospitals continues to this day. They also work with under-represented groups and non-profit organizations, such as Teens Run DC (<http://www.teen-sruncd.org/>), to reduce barriers to participation in the event.

Since 2011, race organizers have been working with the Council For Responsible Sport (<http://www.council-forresponsiblesport.org>) to quantify the results of their environmental and social efforts through the Council’s certification program. Following three consecutive biennial certifications by the group—Silver in 2011 and 2013, Gold in 2015—in 2017, the Credit Union Cherry Blossom Run was invited to participate in a new program called *Inspire*. The Council’s Inspire events represent the pinnacle of achievement and stand as an example and inspiration to others.

Inspire event status is awarded by invitation to events that have achieved multiple certifications from the Council, with the intention of recognizing the legacy that sporting events committed to sustainability and thoughtful resource management provide to their audiences and communities. Inspire certified events are required to provide important sustainability metrics and are expected to share their story with fellow event organizers. Inspire event organizers are also asked to mentor other Council-affiliated events on aspects of their responsible sport program.

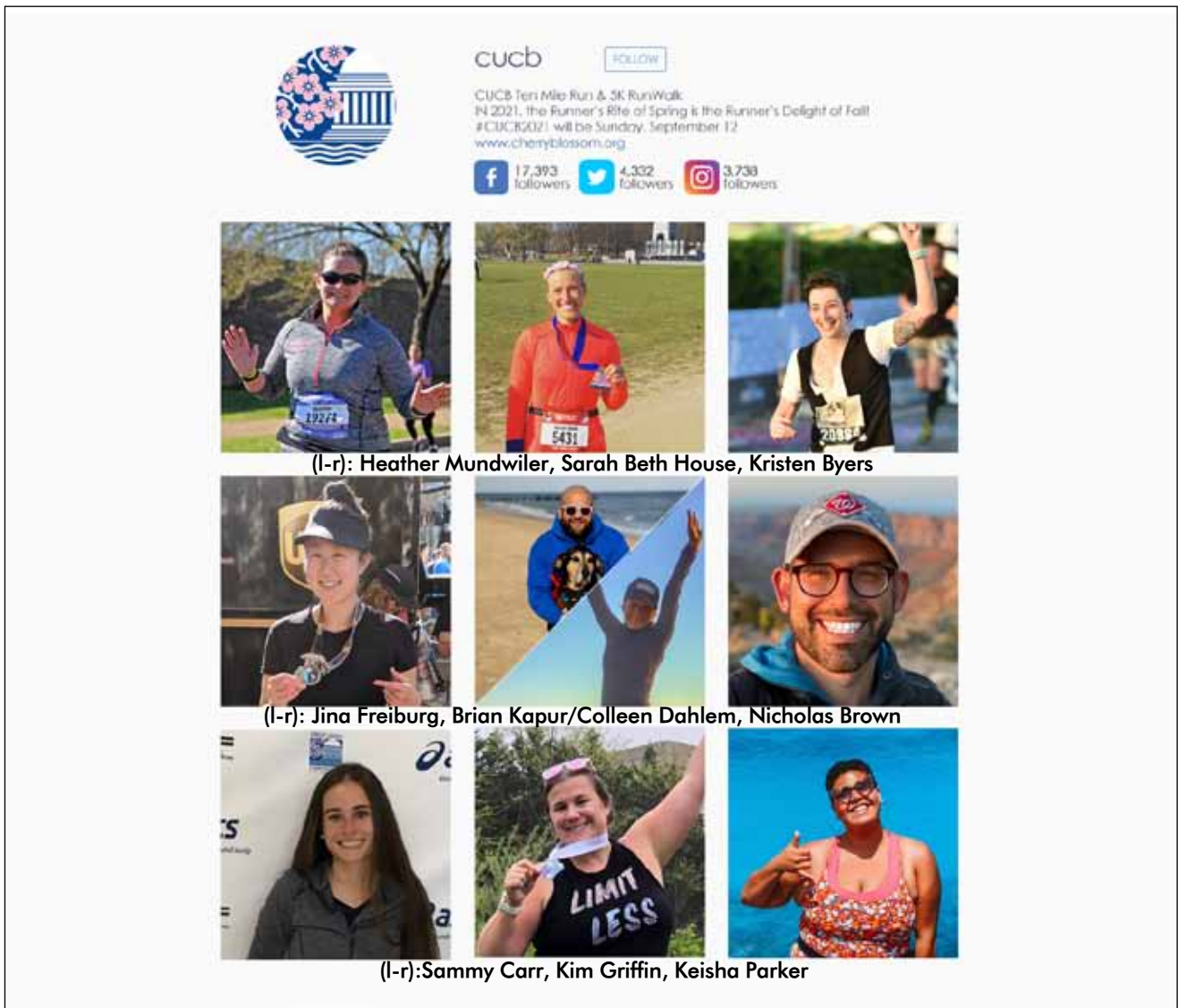
Sustainability highlights from the 2015 Credit Union Cherry Blossom Run can be found here: (http://cherryblossom.org/images/2016/2015_Sustainability_Report_web.pdf).



Social Media Race Ambassadors

The Credit Union Cherry Blossom Social Media team is responsible for keeping the event's runners, volunteers, sponsors and supporters informed and engaged throughout the year on Facebook, Twitter and Instagram, which was incredibly important over the last year when we held not one but two virtual CUCB races. The social media team of four consists of **Heather Mundwiler**, **Sarah Beth Hensley House**, **Kristen Byers** and **Jina Freiberg**.

The race ambassador program is an opportunity for everyday runners to join the team. These goodwill ambassadors receive a race entry as well as gear from sponsors like ASICS and Garmin, they participate in training programs from Potomac River Running, ASICS and RunCoach, and more, in exchange for the ambassadors sharing their experiences on their social media platforms from Facebook to Instagram and their own blogs. We invited our 2020 race ambassadors, **Kristen Byers**, **Colleen Dahlem**, **Jina Freiberg** and **Brian Kapur**, to return to the team as legacy ambassadors for 2021 since they did not have an opportunity for their in-person race due to the pandemic. We also welcomed **Nicholas Brown**, **Sammy Carr**, **Kim Griffin** and **Keisha Parker** as our 2021 Race Ambassadors.



Charity Donations

Each year, the Credit Union Cherry Blossom Ten Mile Run in Washington, D.C. brings together credit unions from across the country with a shared vision of fundraising and helping children. One very effective fundraising program is the Charity Race Entry program.

With a field limit of 17,000 established by the National Park Service and selected by lottery, not everyone who wants to run is accepted through the lottery process. So, each year a limited number of Charity Race Entrants gain entry by raising a minimum of \$500 for the Children’s Miracle Network Hospitals.

New this year: participants were given the opportunity to make donations directly to the Children’s Miracle Network Hospitals when entering the race. Participants responded with over \$25,000 in additional funds.

2021 charity donations total \$180,059 to date.

The event also funds two \$5,000 Road Runners Club of America “Roads Scholar” grants designed to support up-and-coming U.S. distance running talent (<http://www.rrca.org/programs/roads-scholars/>).



Children’s Miracle Network Hospitals, the official event charity, is presented in 2020 with a \$400,000 check.

Donations to Children's Miracle Hospitals

Credit Union Miracle Day, Inc. has been the organization behind the title sponsorship of the Credit Union Cherry Blossom Ten Mile Run since 2002. Dedicated to fundraising to benefit Children's Miracle Network Hospitals, the fundraising effort has generated \$10 million dollars to date.



The largest big check donation to Children's Miracle Hospitals was \$858,684 in 2010



2019 Elite Athlete Results

OPEN AWARD WINNERS

1	Jemal Yimer,22,Ethiopia,ETH	45:36	\$8,000	1	Rosemary Wanjiru,24,Kenya,KEN	50:42	\$8,000
2	Josphat Tanui,25,Kenya,KEN	45:38	\$4,000	2	Gotytom Gebreslase,24,Ethiopia,ETH	50:47	\$4,000
3	Edwin Kibichiy,27,Kenya,KEN	45:58	\$2,000	3	Margaret Muriuki,33,Kenya,KEN	51:38	\$2,000
4	Stanley Kebenei,29,Colorado Springs,CO	46:00	\$1,500	4	Hiwot Ayalew Yemer,29,Ethiopia,ETH	51:57	\$1,500
5	Stephen Sambu,30,Kenya,KEN	46:55	\$1,000	5	Vicoty Chepngeno,25,Kenya,KEN	52:08	\$1,000
6	Futsum Zienasellassie,26,Flagstaff,AZ	46:57	\$900	6	Emma Bates,26,Boise,ID	52:18	\$900
7	Reed Fischer,23,Boulder,CO	47:03	\$800	7	Hiwot Gebrekidan,23,Ethiopia,ETH	52:29	\$800
8	Willie Milam,27,Boulder,CO	47:07	\$700	8	Stephanie Twell,29,United Kingdom,GBR	52:58	\$700
9	Kiya Dandena,29,Flagstaff,AZ	47:26	\$600	9	Iveen Chepkemai,21,Kenya,KEN	53:21	\$600
10	Louis Serafini,27,Somerville,MA	47:38	\$500	10	Bethany Sachtleben,27,Fairfax,VA	53:40	\$500
11	Tim Young,32,Fredericksburg,VA	47:40		11	Samantha Palmer,27,Northport,AL	53:44	
12	Alfred Barkach,22,Kenya,KEN	47:49		12	Katy Jermann,26,Burnsville,MN	54:03	
13	Josh Izewski,28,Blowing Rock,NC	47:54		13	Alexis Zeis,22,Boulder,CO	54:32	
14	Mohamed Hrezi,27,Libya,LBY	48:06		14	Grayson Murphy,23,Flagstaff,AZ	54:35	
15	Haron Lagat,35,Colorado Springs,CO	48:19		15	Mary Wangui,26,Kenya,KEN	54:53	
16	Mark Leininger,28,Colts Neck,NJ	48:21		16	Allison Cleaver,30,Austin,TX	55:34	
17	Tyler Jermann,26,Burnsville,MN	48:22		17	Maddie Van Beek,27,Fargo,ND	55:38	
18	Birhanu Dare,32,Ethiopia,ETH	48:24		18	Kelsey Bruce,26,Brackettville,TX	55:39	
19	Danny Docherty,29,Richfield,MN	48:25		19	Meghan Peyton,33,St. Paul,MN	56:23	
20	Scott Smith,32,Flagstaff,AZ	48:30		20	Amanda Marino,29,Asbury Park,NJ	56:26	
21	Caleb Kerr,25,Zionsville,IN	49:16		21	Julia Roman-Duval,36,Columbia,MD	56:306	
22	Evan Gaynor,30,Perrysburg,OH	49:21		22	Allie Schaich,26,Houston,TX	57:05	
23	Clint McKelvey,27,Arlington,VA	49:45		23	Lauren Masterson,27,Alamosa,CO	57:07	
24	Pardon Ndhlovu,31,Zimbabwe,ZIM	49:51		24	Alexandra Cadicamo,30,New York,NY	57:10	
25	Ambros Bore,23,Kenya,KEN	50:06		25	Hiruni Wijayarathne,28,Sri Lanka,SRI	57:19	

USA MEN'S AWARD WINNERS

1	Stanley Kebenei,29,Colorado Springs,CO	46:00	\$5,000
2	Futsum Zienasellassie,26,Flagstaff,AZ	46:57	\$2,500
3	Reed Fischer,23,Boulder,CO	47:03	\$1,500
4	Willie Milam,27,Boulder,CO	47:07	\$1,000
5	Kiya Dandena,29,Flagstaff,AZ	47:26	\$800
6	Louis Serafini,27,Somerville,MA	47:38	\$600
7	Tim Young,32,Fredericksburg,VA	47:40	\$400
8	Josh Izewski,28,Blowing Rock,NC	47:54	\$300
9	Haron Lagat,35,Colorado Springs,CO	48:19	\$200
10	Mark Leininger,28,Colts Neck,NJ	48:21	\$200

USA WOMEN'S AWARD WINNERS

1	Emma Bates,26,Boise,ID	52:18	\$5,000
2	Bethany Sachtleben,27,Fairfax,VA	53:40	\$2,500
3	Samantha Palmer,27,Northport,AL	53:44	\$1,500
4	Katy Jermann,26,Burnsville,MN	54:03	\$1,000
5	Alexis Zeis,22,Boulder,CO	54:32	\$800
6	Grayson Murphy,23,Flagstaff,AZ	54:35	\$600
7	Allison Cleaver,30,Austin,TX	55:34	\$400
8	Maddie Van Beek,27,Fargo,ND	55:38	\$300
9	Kelsey Bruce,26,Brackettville,TX	55:39	\$200
10	Meghan Peyton,33,St. Paul,MN	56:23	\$200

TOP LOCAL FINISHERS

1	Clint McKelvey,27,Arlington,VA	49:45	0.8847	PRRO Trip
1	Bethany Sachtleben,27,Fairfax,VA	53:40	0.9198	PRRO Trip

WHEELCHAIR FINISHERS

1	Mia Ives-Rublee,34,Wheaton,MD	1:47:21	0.4629
---	-------------------------------	---------	--------



2019 Age Group Results

MEN

PI	Name, Age, Hometown	Official Time	Age Graded	PI	Name, Age, Hometown	Official Time	Age Graded
AGES 01-19				AGES 50-54			
1	Ryan Exell, 18, Canton, MI	54:59	0.8008	1	Ray Pugsley, 50, Potomac Falls, VA	58:22	0.8438
2	Jeremy Dovin, 15, Narvon, PA	59:11	0.7700	2	Mario Zuniga, 54, Front Royal, VA	1:01:41	0.8268
3	Kevin Ehr Gott, 19, Washington, DC	1:01:01	0.7211	3	Alexander Hetherington, 51, Vienna, VA	1:03:31	0.7820
AGES 20-24				AGES 55-59			
1	Jemal Yimer, 22, Ethiopia, ETH	45:36	0.9649	1	John Sullivan, 58, West Roxbury, MA	58:55	0.8975
2	Reed Fischer, 23, Boulder, CO	47:03	0.9354	2	Jeff Duyn, 59, Garrett Park, MD	59:16	0.9006
3	Alfred Barkach, 22, Kenya, KEN	47:49	0.9203	3	Mark Neff, 57, Derwood, MD	59:23	0.8822
4	Ambros Bore, 23, Kenya, KEN	50:06	0.8783	4	John Kellogg, 56, Westerville, OH	1:00:01	0.8652
5	Adam Lafemina, 24, Fairfax, VA	51:33	0.8537	5	Jim Zoldy, 56, Goshen, CT	1:01:01	0.8509
AGES 25-29				AGES 60-64			
1	Josphat Tanui, 25, Kenya, KEN	45:38	0.9643	1	Ken Youngers, 62, Tucker, GA	59:01	0.9303
2	Edwin Kibichiy, 27, Kenya, KEN	45:58	0.9574	2	Michael Anderson, 61, Tucker, GA	1:03:50	0.8520
3	Stanley Kebenei, 29, Colorado Springs, CO	46:00	0.9568	3	John Loftus, 61, Laguna Beach, CA	1:04:31	0.8428
4	Futsum Zienasellassie, 26, Flagstaff, AZ	46:57	0.9372	4	Daniel Bird, 60, Cincinnati, OH	1:05:27	0.8231
5	Willie Milam, 27, Boulder, CO	47:07	0.9340	5	Bob Deak, 64, Saint Louis, MO	1:06:46	0.8382
AGES 30-34				AGES 65-69			
1	Stephen Sambu, 30, Kenya, KEN	46:55	0.9381	1	Marvin Pace, 65, Mclean, VA	1:03:39	0.8880
2	Tim Young, 32, Fredericksburg, VA	47:40	0.9236	2	Alan Pemberton, 66, Silver Spring, MD	1:09:11	0.8252
3	Birhanu Dare, 32, Ethiopia, ETH	48:24	0.9098	3	Harrison Grayson, 67, Upper Marlboro, MD	1:11:07	0.8108
4	Scott Smith, 32, Flagstaff, AZ	48:30	0.9079	4	Bruce Kirschner, 65, Louisville, CO	1:11:57	0.7856
5	Evan Gaynor, 30, Perrysburg, OH	49:21	0.8916	5	Charles Morrow, 66, Littleton, CO	1:12:03	0.7923
AGES 35-39				AGES 70-74			
1	Haron Lagat, 35, Colorado Springs, CO	48:19	0.9167	1	Paul Carlin, 73, Indianapolis, IN	1:17:29	0.7966
2	Chris Sloane, 35, Gaithersburg, MD	50:26	0.8781	2	Eric Melby, 70, Bethesda, MD	1:18:01	0.7621
3	William Hoyne, 36, Clay, NY	54:12	0.8200	3	Ronnie Wong, 72, Baltimore, MD	1:24:07	0.7239
4	Adam Goode, 35, Brunswick, ME	55:10	0.8029	4	John Dix, 70, Potomac, MD	1:25:28	0.6956
5	Marty McCormick, 38, Arlington, VA	56:44	0.7906	5	Barry Bupp, 71, Greensburg, PA	1:26:09	0.6980
AGES 40-44				AGES 75-79			
1	David Wertz, 43, Springfield, VA	53:16	0.8722	1	Harold Rosen, 76, Potomac, MD	1:26:18	0.7502
2	Michael Wardian, 44, Arlington, VA	53:28	0.8760	2	John Churchman, 76, Arlington, VA	1:32:35	0.6993
3	Tom Dichiara, 41, Garrett Park, MD	54:15	0.8427	3	Richard Garland, 76, New York, NY	1:39:45	0.6490
4	Dwayne Brown, 41, Philadelphia, PA	57:12	0.7994	AGES 80-84			
5	Wilson Komen, 41, Washington, DC	57:27	0.7959	1	Carl Vansant, 81, Kansas City, MO	1:55:08	0.6260
AGES 45-49				AGES 85-99			
1	Jason Tripp, 46, Ellicott City, MD	58:37	0.8124	1	George Yannakakis, 87, Towson, MD	1:50:01	0.7921
2	Mick Brown, 46, Nashville, TN	59:22	0.8020				
3	Allen Horner, 48, Fairfax, VA	1:01:38	0.7856				
4	Bronson Lee, 46, Washington, DC	1:03:14	0.7529				
5	David Kent, 46, Arlington, VA	1:03:52	0.7454				

2019 Age Group Results

WOMEN

Pl	Name, Age, Hometown	Official Time	Age Graded	Pl	Name, Age, Hometown	Official Time	Age Graded
AGES 01-19				AGES 50-54			
1	Leah Kannan, 16, Bethesda, MD	1:09:09	0.7346	1	Lisa Bentley, 50, Caledon, ON	1:06:14	0.8474
2	Kate Purschke, 19, Chatham, NJ	1:09:48	0.7070	2	Lydia Pelliccia, 51, Washington, DC	1:09:05	0.8223
3	Lyndsey Gallagher, 19, Washington, DC	1:12:41	0.6790	3	Denise Knickman, 50, Baltimore, MD	1:10:00	0.8020
AGES 20-24				AGES 55-59			
1	Rosemary Wanjiru, 24, Kenya, KEN	50:42	0.9734	1	Joan Nesbit Mabe, 57, Carrboro, NC	1:10:44	0.8660
2	Gotytom Gebreslase, 24, Ethiopia, ETH	50:47	0.9719	2	Tracy Serreyn, 55, Lakeville, MN	1:13:10	0.8158
3	Hiwot Gebrekidan, 23, Ethiopia, ETH	52:29	0.9404	3	Martha Merz, 56, Alexandria, VA	1:13:42	0.8204
4	Iveen Chepkemoi, 21, Kenya, KEN	53:21	0.9250	4	Mary Catherine Malin, 59, Arlington, VA	1:13:42	0.8534
5	Alexis Zeis, 22, Boulder, CO	54:32	0.9051	5	Maureen Burke, 55, Washington, DC	1:13:48	0.8088
AGES 25-29				AGES 60-64			
1	Hiwot Ayalew Yemer, 29, Ethiopia, ETH	51:57	0.9500	1	Jennifer MacDonell, 62, Ottawa, ON	1:10:42	0.9267
2	Vicoty Chepngeno, 25, Kenya, KEN	52:08	0.9467	2	Amy Subar, 63, Potomac, MD	1:14:58	0.8864
3	Emma Bates, 26, Boise, ID	52:18	0.9438	3	Lynne Still, 62, Radford, VA	1:17:43	0.8430
4	Stephanie Twell, 29, United Kingdom, GBR	52:58	0.9318	4	Catherine Baker, 62, Bethesda, MD	1:19:16	0.8266
5	Bethany Sachtleben, 27, Fairfax, VA	53:40	0.9198	5	Sharon Vos, 64, Denver, CO	1:19:49	0.8444
AGES 30-34				AGES 65-69			
1	Margaret Muriuki, 33, Kenya, KEN	51:38	0.9600	1	Betty Blank, 66, Falls Church, VA	1:25:06	0.8153
2	Allison Cleaver, 30, Austin, TX	55:34	0.8884	2	Cathy Wilson, 65, Mclean, VA	1:25:19	0.8014
3	Meghan Peyton, 33, St. Paul, MN	56:23	0.8792	3	Cindi Anthony, 66, Dallas, TX	1:30:40	0.7653
4	Alexandra Cadicamo, 30, New York, NY	57:10	0.8637	4	Lizzie Sadoff, 69, Washington, DC	1:31:51	0.7905
5	Sarah Horbol, 32, Westlake, OH	57:49	0.8558	5	Geri Clifford, 66, Rye, NH	1:32:10	0.7528
AGES 35-39				AGES 70-74			
1	Julia Roman-Duval, 36, Columbia, MD	56:30	0.8856	1	Jane Serues, 71, North Myrtle Beach, SC	1:24:27	0.8870
2	Chelsea Benson, 36, Ithaca, NY	57:27	0.8708	2	Alice Franks, 70, Rockville, MD	1:30:52	0.8115
3	Silvia Baage, 38, Rockville, MD	59:34	0.8477	3	Mary Kessler, 70, Wallingford, PA	1:36:51	0.7614
4	Kristin Lemos, 37, Bethesda, MD	1:00:57	0.8244	4	Lila Firouzfard, 70, Bethesda, MD	1:38:01	0.7523
5	Jessica McGuire, 38, Arlington, VA	1:02:02	0.8138	5	Janice Jacobs, 72, Arlington, VA	1:39:06	0.7682
AGES 40-44				AGES 75-79			
1	Lindsay Wilkins, 41, Arlington, VA	1:01:30	0.8358	1	Karen Cox, 75, Pagosa Springs, CO	1:49:13	0.7326
2	Claire Heasman, 44, Frederick, MD	1:02:56	0.8363	2	Linda Yarr, 75, Bethesda, MD	1:57:34	0.6806
3	Susie Stephen, 40, Tucson, AZ	1:02:59	0.8107	3	Wilma King, 77, Chantilly, VA	1:59:31	0.6935
4	Cristina Burbach, 44, Arlington, VA	1:03:01	0.8352				
5	Perla Rodriguez, 40, Seven Valleys, PA	1:04:14	0.7950				
AGES 45-49							
1	Perry Shoemaker, 47, Vienna, VA	57:29	0.9430				
2	Deena Kastor, 46, Mammoth Lakes, CA	59:15	0.9055				
3	Judy Doldorf, 46, Manassas, VA	1:05:16	0.8219				
4	Hilary Cairns, 48, Washington, DC	1:06:30	0.8244				
5	Stefani Watterson, 49, Alexandria, VA	1:06:51	0.8298				

2019 Team Results

Running Club Teams

Female Open Running Club

1	MCRRC Triple Threat	03:13:48
Silvia Baage, Anna Bosse, Michelle Miller, Colleen Dahlem		
2	PR Racing DC ELITE Females	03:16:12
Michelle Capozzi, Meghan Blackstone, Calesse Smith, Kerriane Rouse		
3	NOVA Women	03:30:33
Jessica Mcguire, Martha Merz, Samantha Cole		
4	DCRRC Women One	03:40:19
Alexandra Goldstraw, Elizabeth Goldemen, Carrington Reed, Emily Riley		
5	DCFR Snow White	04:24:37
Blake Rushin, Maura Hackett, Nina Sheppard		

Male Open Running Club

1	Dojo of Pain Men I	02:43:14
Aaron Kremer, Shlomo Fishman, Yeshwant Chillakuru		
2	Howard County Striders	02:46:24
Andrew Madison, Mark Buschman, Jason Tripp, Kevin Ford		
3	MCRRC Open	02:50:03
Chris Sloane, Adrian Spencer, Exavier Watson, Nicolas Crouzier		
4	PR Racing DC ELITE Male	02:53:12
Quincy Schmidt, Juan Tisera, Matthew Loschiavo, Samson Mutua		
5	DCRRC Men One	02:55:41
Alex Cooke, He Huang, Miguel Matta		
6	Fletcher's Fearsome Five	03:00:58
Tim Hughes, Michael Wurzbacher, Marc Phillpotts		
7	CAR Men Open	03:05:56
Jacob Englander, Alex Fleischner, Jonathan Ferguson, David Kent		
8	Dojo of Pain Men II	03:06:07
Eric Brower, Christopher Higby, Bobby Molson		
9	NOVA Running Club Blokes	03:06:59
Gregory Swiatocha, Robert Brusso, Kevin Welch, Nene Reed		
10	DCFR Cinderella	03:11:43
Erich Huang, Dennis Reardon, Jeremy Garrett, Mick Bullock, Matt Dearstyne		
11	DCFR Jiminy	03:13:32
Peter Sikorsky, Justin Fritscher, Ricky Gonzales, Eric Archer		
12	DCFR Goofy	03:25:33
John Grunert, Rocco Henderson, Matthew Yandrick, Allen Greenberg, Preston Jutte		
13	DCFR Minnie	03:33:14
Seth Kalish, Binh Ly, Konrad Janus, Andrew Barnett, Erik Schmidt		
14	DCRRC Men Two	03:37:46
Christopher Walsh, Eric Pico, Kenneth Riley, Neeraj Pradhan		
15	DCFR Rapunzel	03:38:50
Pierre Yong, Tyler Caldwell, David Sladen, Tim Vaske, Adam Sulewski		
16	DCFR Donald Duck	03:42:14
Austin Lewis, Rob Geremia, Carlos Centeno, Benito Perez		
17	DCFR Mickey	03:58:21
Kenneth Buja, Justin Kwan, Norman Reich, Cheng-Hsin Lee, Tony Anderson		
18	DCFR Dopey	04:15:31
Nicholas Grant, Michael Lustig, Vijay Dsouza, Coty Wardwell		
19	DCFR Tinkerbelle	04:24:20
Christopher Hinkle, Brian Flanagan, Terry Klugh, Andrew Powaleny		
20	DCFR Pluto	05:13:45
Daniel Wackerow, Steven Shappell, Anthony Vincent		

Co-ed Masters Running Club

1	PR Racing DC ELITE Masters	02:49:19
Michael Wardian, Perry Shoemaker, Ray Pugsley, Judy Doldorf, Craig Greene		
2	ATC Mixed Masters	03:05:27
Ken Youngers, Jeff Haertel, Michael Anderson, Casey Keeter, Laurie Wharton		
3	MCRRC 2 Masters	03:08:18
Jeff Duyn, Jim Dahlem, Frank Perna, Lisa Reichmann, Sarah Flynn		
4	DCRRC Masters One	03:11:20
Adam Stolzberg, Kevin D'Amanda, Toni Diegoli		
5	MCRRC 1 Masters	03:12:41
Tom Dichiara, Peter Bandettini, Laura Ramos		
6	Fred Steeplechasers Masters	03:15:30
Claire Heasman, Michael Geisler, Chris Vansant		
7	Dojo of Pain Mixed Masters	03:18:00
Paul Karlsen, Lydia Pelliccia, Alan Pemberton		
8	PR Racing Masters	03:25:51
Kostya Grabovsky, Theo Haast, Rebecca Ricks		
9	Athletics East	03:27:12
Mark Neff, Stephen Crelli, Christopher Johnston, Betty Blank, Dr. Judy Staveley		
10	DCRRC Masters Two	03:54:34
Miguel Cuya, Tom Stone, Dara Schulman		
11	MCRRC Mix Two	04:32:17
Kenneth Mason, Pedram Fard, Eric Melby, Maria Ireland		
12	DCRRC Masters Three	04:50:01
Christopher Dopita, Jill Brasky, Deborah Margraff, Kirk Cople		
13	MCRRC Mix Four	04:58:38
William Etti, Julia Beres, Mary Travagliani		

Elite Teams

Females Metro Elite Teams

1	Pacers/GRC New Balance Women	03:00:37
Sarah Zieve, Maura Carroll, Margaret Johnston, Natalie Paterson		
2	CAR Women A	03:04:06
Sarah Loerch, Lindsay Wilkins, Cristina Burbach, Carolyn Yang, Catherine Allen		

Mens Metro Elite Teams

1	CAR Men A	02:33:43
Tom Derr, Gregory Mariano, Matthew Deters, Thomas Rammelkamp, Gareth Anderson		
2	Pacers//GRC New Balance Men	02:38:38
Nicholas Posada, Jerry Greenlaw, Graham Tribble		

2019 Team Results

Credit Union Teams

Credit Union Team Challenge

1	NASA FCU Asteroids	03:34:46
Denise Knickman, Shawn Kyle, Yan Zhang		
2	LCFCU Jefferson	03:39:55
Marvin Pace, Charles Stern, Kelly Maguire, Steven Maguire		
3	LCFCU Madison	03:42:41
Charles Kim, Colleen Kim, David Hank, Wendy Ginsberg		
4	Support Education 5	03:45:40
Robert Roa, Renee Loll, Daniel Jagdmann, Todd Perrin		
5	FRBFCU 'R US	03:48:16
Matthew Welsh, Zachary Fernandes, Katie Rha, Mitchell Klein		
6	NASA FCU Comets	04:00:38
Theo Muench, Andrea Bennett, Thomas Winkert		
7	SDFCU Sprinters	04:14:56
Jeffrey Kovar, Matthew Gaertner, Nicole Gaertner		
8	Support Education 4	04:17:35
Andrew Winter, Ryan Mcnavage, Kristin Mcnavage, Gordon Levy		
9	Cash Us If You Can	04:18:22
Matthew Hoops, Alicia Serrato, Pinar Uysal, Kiran Ramachandra		
10	LCFCU Packard	04:22:44
Bart Elias, Kezee Procita, Brent Yacobucci, Michael Vu		
11	IDB Runners 2	04:31:50
Fidel Jaramillo, Gerardo David Rosas, Athena Aggelonitis		
12	Support Education 6	04:37:05
Logan Musumeci, John Gregorio, Jordan Howell, Camille Izdepski		
13	Members on the Move	04:38:39
Gavin Smith, Kim Rosado, Joseph Nichols, Matt Luecke		
14	Support Education 1	04:55:21
Greg Frese, Chris Mathey, Joshua Dix, Tracie Harris		
15	Support Education 7	04:59:06
Joshua Sanchez, Shon Barr, Olivia Stiebel, Alexandra Stiebel, Derek Getic		
16	Support Education 8	05:16:13
Brian Flores, Rosalee De Vries, Philip Mcgaughey, Bryan Velasquez		
17	Support Education 2	06:01:24
Prasad Gerard, Sydney Britton, Lewis Schrumm		
18	Support Education 3	06:04:20
Joel Smetanka, Joe Divel, Daman Harris, Leah Griffin		

Other Divisions

Corporate

1	Booz Allen Hamilton Values	03:10:16
Spencer Jurkiewicz, Jillian Smith, Bryan Rivera, Robert Denmark, Megan Curtin		
2	Marriott #1	03:24:46
Trevor Meadows, John Whitridge, Ellen Foody, Kecia Dicello, Patrick Valenti		
3	Marriott #2	03:30:09
Nicholas Murray, Aaron Wilkinson, Ellen Wexler, Kelly Airel, Belinda Simmons		
4	Marriott #3	03:40:44
Andrew Browne, Patrice Dodson, Ann Lafontaine, Dana Shauf		
5	Marriott #4	03:55:02
Stuart Koltov, Tony Mukangura, Amy Ellis, Sarah Cloutier, Mark Griffin		
6	Marriott #5	03:58:33
James Snee, Tad Asbury, Christina Papoulias, James Takach		
7	Marriott #6	04:02:02
Ronald Barrameda, Hugo Garcia, Tara Chait, Mark Giadronde		
8	Booz Allen Hamilton Integrity	04:12:58
Laura Barry, Bridget Hatton, Mike Calmus, Frank Quintanilla, Sherry Bautista		
9	CUNA Mutual Lightning	04:19:45
Karnail Kooner, Holly Fearing, John Manzer		
10	Booz Allen Hamilton Purpose	04:37:57
Li-Ming Yang, Daniel Barton, Joseph Schmitt, Christina Rzepka		

Educational Institution

1	GVPT UMD	04:03:35
Jared Mcdonald, Irwin Morris, Frances Lee, Sorelle Wyckoff		

Embassy

1	Royal Norwegian Embassy	03:35:35
Thomas Bruusgaard, Helle Falkman, Kaare Aas, Pal Somdalen, Birgitte Hygen		



2019 Team Results

Capitol Hill Competition

U.S. Senate

1	Bourne to Run	03:33:18
James Catella, Jacob Barton, Chad Kreikemeier, Nathaniel Adler, Jennifer Barrett		
2	Markey's On Your Left	03:34:39
Daniel Greene, Andrew Zack, Bennett Butler, Sydney Levin-Epstein, Ashley Harrington		
3	Sneaky Dianne	03:37:06
John Lowry, David Grannis, Alexandria Deitz, Christina Calce, Jean Larsen		
4	Heinrich Maneuver	03:37:34
Russell Page, Peter Rothfeld, Vanessa Valdivia		
5	Murphy's Lawmakers	04:01:08
David Bonine, Elizabeth Darnall, Pete Mills, Edward Patterson		
6	Team Portman	04:03:20
Mike Callesen, Max Boyd, Nicholas Gasbarro, Sarah Peery, Meghan Dugan		
7	RED WHITE AND BLUmenthal	04:04:15
Sarah Eyman, Adam Bradlow, Maddie Daly, Shawn Campbell, Michael Lawson		
8	Run Fast Or Die	04:17:39
Ryan Nickel, Joe Reid, Zile Jones, Allan Rodriguez, Sarah Weinstein		
9	Tread Wings	04:19:11
Devin Parsons, Zade Alsawah, Alanna Chapell, Caitlyn Stephenson		
10	Team Elizabeth WarRUN	04:19:34
Samuel Weinstock, Julia Frederick, Maylin Heuchling		
11	DAINESger Zone	04:25:24
Jordan Fashimpaur, Meghan Thacker, Joshua Sizemore, Dan Gerig, Dominic Nordel		
12	Hard CORE	04:30:15
Patrick Donovan, Brian Appel, Shannon Beckham		
13	48-ers	04:31:06
Dustin Vesey, John Labombard, Jamie Jo Lynch		
14	More Miles Than Fingers	04:33:09
Genny Beltrone, Evan Mccullers, Julie Mclaughlin, Steve Colley, Kathryn Sullivan		
15	Running On Your Left	04:34:04
Mike Zamore, Ben Barry, Daniel Becerra, Richard Parker, Becca Ward		
16	Blumenthal Or Nothing	04:36:17
Collin Anderson, Laurel Sakai, Kim Quarantello, Subhan Cheema		
17	Pat's Posse	04:49:55
James Glueck, Chance Hunley, Wayne Stoskopf, Katherine Thomas		
18	Oxford Kamalas	04:49:55
Kathryn Irwin, Caroline Darmody, Chris Harris, Catherine Pomposi		
19	Team Murpheet	04:51:41
Christopher Murphy, Lauren Santabar, Anthony Reyes, Amelia Smith		
20	Team Kaine	04:57:55
Sasha Rauch-Kelly, Adam Parkinson, Donald Pollard, Veda Beltran		
21	Cheddar Chasers	05:07:01
Justin Livesey, Carol Fowler, Nicholas Starr, Heidi Starr		
22	Green Hot Chile Peppers	05:13:02
Simon Boyce, Virgilio Barrera, Christie Jones, Taran Catania		
23	Hit Me With Your Best Schatz	05:20:56
Trelaine Ito, Allison Hutchings, Raiatea Lohe		
24	The Whole Enchilada	05:21:57
Danielle Nguyen, Andrea Mares, Juan Sanchez		
25	Run Johnson	05:37:25
Annie Chestnut, Patrick Mcilheran, Danuta Pereira		

26	Schatz Through The Heart	05:48:38
Corbin Kenaley, Robert Yu, Jessie Merriman, Chelsea Cobb, Sherawn Bissen		

U.S. House of Representatives

1	Red White And Blumenauer	03:52:21
David Skillman, Kevin Stockert, Jon Bosworth, Martha Cramer		
2	RINO Hunters	04:00:05
Sarah Vance, Chad Yelinski, Mallory Rascher, Michael Koren, Emma Summers		
3	Denny And The Jets	04:10:00
Graham Markiewicz, Emily Kolano, Dennis Sills, Brendan Woodbury, Nick Vargish		
4	Team CMR	04:21:25
Bijan Koochmarale, Michael Taggart, Nate Hodson, Emily King, Olivia Hnat		
5	Reclaiming Our Time II	04:23:16
Kristofor Erickson, Marcos Manosalvas, Avy Mallik, Carolyn Hahn		
6	Veni Vidi Veasey	04:23:16
Mike Stoever, Thaddeus Woody, Luke Dube, Zahraa Saheb, Eyole Mbongo		
7	The Taxman Runneth	04:26:29
Jamie Mcguire, Vivek Chandrasekhar, Rachel Moore, Nita Asher, Lin Xu		
8	Haulin Feeterson	04:35:41
Tom Mattocks, Alison Titus, Michael Stranz, Patrick Delaney, Pres Martin		
9	Smucker Sprinters	04:36:38
Christopher Eddowes, Allison Nielsen, Regan Smucker, Elizabeth Butler, Brianna Nagle		
10	DogGET Down To Business	04:40:06
Luis Guerrero, Doug Molof, Sarah Laven, Michael Mucchetti, Megan Perleoni		
11	Connecticut Fast Attack	04:40:10
Gabe Sehr, Sam Menchel, Maria Costigan, Claire Wardius, Meghan O'Sullivan		
12	CaseWerk	04:53:51
Mitch Heidenreich, Timothy Nelson, Anthony Ching, Kana Smith, Shanise Kaaikala		
13	The Tedsters	05:00:32
Morgan Murphy, Nolan Ahern, Jennifer Forrest, Ryan Rea		
14	Its Goin Down Im Yellin Timber	05:01:49
Will Layden, Nicholas Lisowski, Karalee Geis		
15	ALL IN For ALLRED	05:08:28
Josh Stewart, Carrie Swope, Abbie Killian		
16	Team Aguilar	05:14:44
Valeria Sandoval, Danielle Giulino, Casey Davison, Stephanie Cuevas, Wendell White Jr		

Capitol Hill Agency

1	Model Runners	02:57:56
Adam Staveski, Zachary Byrum, Tia Caldwell, Philippa Haven, Emily Vreeland		
2	A League Of Their Own Estimate	03:31:42
Stephen Rabent, Eamon Molloy, Claire Sleigh, Jake Fabian, Daria Pelech		
3	The Other AOC	03:41:04
Luther Lemon, Deborah Kent-Broyles, Manela Diez		
4	Team C...BO	04:37:54
Justin Latus, Jonathan Sperl, Ellen Steele, Julie Topoleski		

Interesting 2019 Race Statistics

Total dollars raised for Children's Miracle Network this year	\$400,000
Total dollars raised for Children's Miracle Network since 2002	\$9,500,000*
Carbon Offset Contribution	\$11,902.50
Total number of 10 mile finishers	17,656
Total number of male finishers	7,146
Total number of female finishers	10,291
Percentage male finishers	40.98%
Percentage female finishers	59.02%
Total number of finishers in 1973 event	129
Total prize money earned by elite athletes	\$86,500
First place open prizes	\$9,000 for Yimer; \$9,000 for Wanjiru
Total 1st U.S. checks (Stanley Kebenei, \$16,500, Emma Bates, \$7400)	\$23,900
Last U.S. male champion and year	Stanley Kebenei, 2017
Total number of 5K Run-Walk finishers	2,915
Percentage of 5K male finishers	30.57%
Percentage of 5K female finishers	69.43%
Number of sponsoring Credit Unions and partners	74
Number of Bike Valet Users	353
Number of bags checked at bag check	unknown
Number of bottles of water	34,344
Number of states represented	50
Number of foreign countries represented	24
Number of volunteers	2,200
Number of app downloads	10884
Number of volunteers from Credit Unions	600
Average age of all competitors	38.04
Average age of female competitors	37.03
Average age of male competitors	39.64
First time entrants in 10 Mile or 5K	12,014
Entrants who have run either race previously	13,000
Youngest 10 mile finisher	9
Oldest 10 mile finisher	87
Number of Park Police Officers working the event	86

It takes 1,600 volunteers to deliver water, t-shirts, medals, medical support, etc. to our 20,000 participants.



Photo: Dan Kolansky

Interesting Runner Data

Browsing the Credit Union Cherry Blossom Run's all-time searchable database (<http://www.cblltimeresults.org>) reveals a treasure trove of interesting runner data: finish line details for every runner since 1973 are available, as are annual age group results. But the Top Charts tab is, perhaps, the most interesting—revealing lists of Top Streakers (consecutive runs) and Top Finishers (most total runs/miles).

Here's a sample of the data you'll find:

Bennett Beach, from Bethesda, Maryland, leads all Cherry Blossom finishers with a streak of 47 years and 470 miles run. Meanwhile, Peter Lunt, from Alexandria, Virginia, has run the race 40 times between 1978 and 2018, for a total of 400 miles. And John Baxter joined Lunt in the 400 mile club with his 40th finish in 2019. All told, 12 men have run the Ten Mile 30 or more times.

Betty Blank, from Falls Church, Virginia, has the most ever finishes among women with 35, and has the longest women's streak with 27 consecutive races run between 1985-2011. Lizzie Zadoff, from Washington, D.C., trails Blank by just 10 miles in the top finishers category, while Marlene Cimons, 62, from Bethesda, Maryland, has the second longest streak at 26 runs between 1981 and 2006. Three women have run the Ten Mile 30 or more times.

But membership in the Top Finishers or Top Streakers lists isn't limited to just Ten Mile runners. Ninety-five year-old Dixon Hemphill, from Fairfax Station, Virginia, has crossed a Credit Union Cherry Blossom finish line 31 times between 1978-2019, having run the Ten Mile 22 times and the 5K eight times for a total of 248 miles.

And here are some interesting facts that aren't so easily tallied: 1) there are 1,750 members of the 100-mile club, and they've run a total of 236,217 miles, up from 1644 100-milers and 222,072 miles run prior to last year's event, and 2) there have been 197,704 unique finishers over the years, and 352,344 total performances.



Photo: Karen Mitchell

Event Director Phil Stewart presents Ben Beach with his bib reflecting his status as the only runner to have completed all 47 editions of the Cherry Blossom Ten Miler. He earned the bib number by finishing his 47th in a row on April 7, 2019.

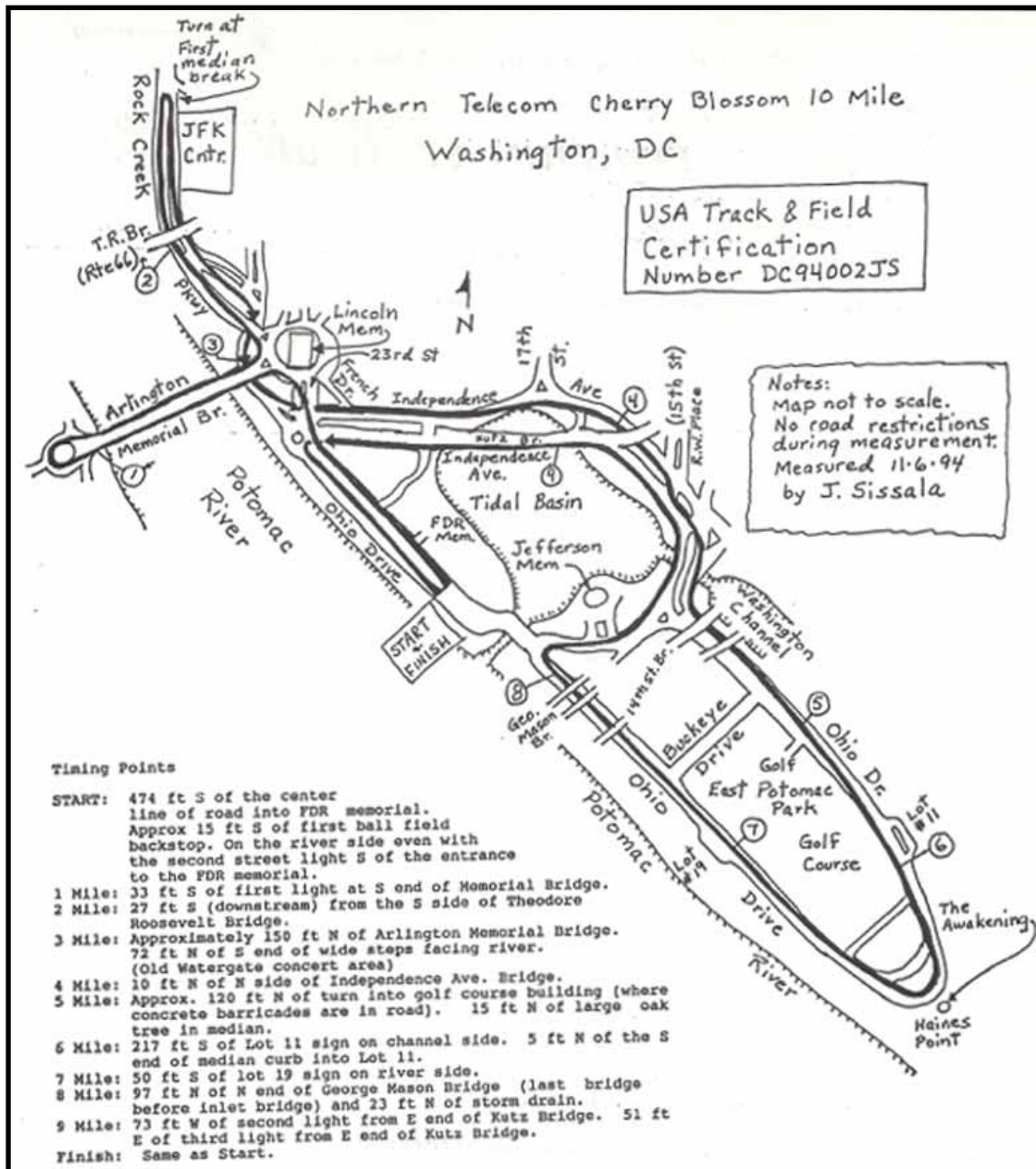
Evolution of the 10 Mile Course

In 1970s the event started and finished near the golf course in East Potomac Park and ran clockwise around Hains Point before crossing over the Inlet Bridge and looping the Tidal Basin twice, running clockwise. Runners then returned back around Hains Point to the finish line at the same location as the start. The growing field soon made the out-and-back portions on Hains Point as well as the two loops around the Tidal Basin too tight, so the course was moved onto Ohio Dr. in West Potomac Park.

Frequent construction during the 1980s and 1990s meant the course was frequently modified, but the start and finish remained in West Potomac Park.

The first crossing of Memorial Bridge took place in 1993 and in 1998 the course included an out-and-back section up into Rock Creek Parkway. The staging area made the dramatic move out of West Potomac Park onto the Washington Monument Grounds in 1998, setting up a string of years with the same course through the 2017 event.

The long-needed rehabilitation of Memorial Bridge began to be a regular topic of discussion by 2014, which prompted officials to certify a new course—which was used in 2019—for the non-Memorial Bridge version with the staging area remaining on the Washington Monument Grounds. After two years of construction, Memorial Bridge is once again runnable, just in time for the 2021 race.



1994 Course Map

Event Participant Statistics

In 2017, the 4417th finisher in the 10-mile race became the 300,000th 10-mile finisher overall.

	Event	Women	Men	Total
2019	10M	10291	7146	17437
2019	5K	2023	892	2915
2018	10M	9868	6791	16659
2018	5K	1801	728	2529
2017	10M	10446	6996	17442
2017	5K	1821	698	2519
2016	10M	9908	6378	16,279
2016	5K	1393	539	1932
2015	10M	11042	6839	17881
2015	5K	1673	629	2302
2014	10M	10600	7277	17871
2014	5K	1545	598	2142
2013	10M	10323	7215	17538
2013	5K	1457	547	2004
2012	10M	9729	7195	16938
2012	5K	1328	520	1849
2011	10M	9030	7009	16046
2011	5K	1272	459	1731
2010	10M	8853	6910	15763
2010	5K	1247	449	1696
2009	10M	8323	6652	14975
2009	5K	1057	412	1469
2008	10M	6395	5904	12299
2008	5K	683	242	925
2007	10M	5529	5217	10749
2007	5K	471	154	625
2006	10M	5435	5236	10669
2006	5K	473	173	646
2005	10M	4333	4323	8655
2004	10M	3900	4157	8026
2003	10M	3526	3923	7449
2002	10M	3333	3723	7056

	Event	Women	Men	Total
2001	10M	2972	3559	6530
2000	10M	2166	3016	5182
1999	10M	2358	3190	5548
1998	10M	2462	3750	6212
1997	10M	2149	3513	5662
1996	10M	1825	3412	5237
1995	10M	1744	3463	5207
1994	10M	1428	3105	4533
1993	10M	967	2445	3412
1992	10M	767	2100	2867
1991	10M	886	2441	3327
1990	10M	869	2557	3427
1989	10M	737	2465	3199
1988	10M	769	2620	3387
1987	10M	691	2366	3057
1986	10M	678	2513	3192
1985	10M	634	2386	3021
1984	10M	600	2573	3173
1983	10M	542	2424	2965
1982	10M	533	2657	3190
1981	10M	591	2756	3347
1980	10M	431	2459	2891
1979	10M	494	2529	2982
1978	10M	297	1967	2261
1977	10M	143	1465	1608
1976	10M	93	849	942
1975	10M	46	518	564
1974	10M	27	314	341
1973	10M	12	115	127

Race Director History

1973 — Gar Williams and Ralph Reynolds

1974 — 1982 Jeff Darman and Ed Murray

1982 — 1988 Jeff Darman, Race Director

1988 — 1990 Jeff Darman, Race Director and Phil Stewart, Deputy Race Director

1991 — present Phil Stewart, Race Director

2005 — 2011 Irv Newman, Deputy Race Director

2012 — present Becky Lambros, Deputy Race Director



Becky Lambros, Deputy Race Director



Phil Stewart, Race Director

Title Sponsor History

1973 – The race debuts as the *Acacia Cherry Blossom Invitational Run*, thanks to Acacia Mutual Life.

1974 – The race name is changed to *Acacia Cherry Blossom Classic*, and the entry fee is dropped for the ten-miler, a tradition that would last for twenty years.

1977 – Union First Bank of Washington replaces Acacia Mutual Life as title sponsor.

1978 – Perrier becomes the new title sponsor and brings four-time winner-to-be Bill Rodgers along with them.

1984 – Nike replaces Perrier as title sponsor, bringing with it \$13,400 in prize money.

1991 – After seven years as title sponsor, Nike turns the top role over to Northern Telecom, a major telecommunications company which had just recently opened a World Headquarters in the Washington, DC metropolitan area. Under Northern Telecom the prize money grows to \$21,500, the largest purse ever.

2002 – After an 11-year run as title sponsor, Nortel Networks steps down – its sponsorship a victim of the collapse of the internet bubble. Greg Farmer, Nortel's Senior VP Global Government and Community Relations, says, "I do not believe that any other sponsorship has provided Nortel with such a high profile with Washington policy-makers." By the end of the summer, a group of approximately 40 Credit Unions, mostly from the Washington, DC Metropolitan area, forms an organization called the "Credit Union Miracle Day Committee," and signs on. It is a win-win situation as the event helps the Credit Unions raise nearly \$100,000 for the Children's Miracle Network and hundreds of Credit Union employees and members sign up as volunteers.

To this day, Credit Union Miracle Day remains the collaborating group behind the sponsorship of *Credit Union Cherry Blossom Ten Mile Run*. Their fundraising efforts have resulted in \$10 million being donated to Children's Miracle Network Hospitals across the United States.



The Runner's Rite of Spring®

Capsule Histories of all 46 Editions of the Credit Union Cherry Blossom 10 Mile Run

1973-2018

For runners in Washington since 1973, the true beginning of spring is marked not by a date on the calendar but by the running of the Cherry Blossom Ten-Mile.

Elite competitors have used the race as a final competitive tuneup for the Boston Marathon two weeks later. Bill Rodgers, Greg Meyer, and Lisa Larsen Weidenbach all went on to win Boston after their victories here.

For lesser mortals, the Cherry Blossom means a chance to doff the warmup suits, turtlenecks, caps and gloves of winter and join other runners in a celebration of the season. Here in Washington, the race has become as fixed a rite of spring as the Easter Egg Roll at the White House or the lighting of the Japanese lanterns on the Tidal Basin.

1973 (April 1)

Who would have believed, in 1973, that a family-style gathering of fewer than 200 runners would become an event so popular that it is necessary to hold a lottery to keep people away?

The Cherry Blossom Invitational Run, as it was christened, was the brainchild of Gar Williams, then president of the DC Road Runners Club, and Ralph Reynolds, program director of Washington's Central YMCA. The two men conceived of a race to coincide with the Cherry Blossom Festival, a high point of the city's tourist season, when mag-

nolias, forsythia and cherry blossoms bloom along the roads and paths bordering the Potomac River.

Williams and Reynolds settled on the ten-mile distance. "If it was longer, you'd be too pooped out for Boston," Williams once recalled. "We didn't want it too short, though. The idea was to have an attractive alternative to a marathon." Families could come to Washington as tourists. Dad or Mom could run the ten-miler, and the rest of the family could enter the two-mile fun run and collect commemorative patches as well.

A local insurance company, Acacia Mutual Life, was persuaded to serve as a sponsor, and entrants were recruited through the DC Road Runners Club and through pink flyers distributed at the YMCA.

Winners of that inaugural race, held in muggy weather, were Sam Bair of Pennsylvania in 51:22 and Kathy Switzer of New York City in 71:19. The organizers congratulated themselves on attracting over 100 runners to the ten-miler - a big field in those days.

1974 (March 31)

The following year, 1974, the race came into its own. At the suggestion of DCRRC official Dave Theall, the race was renamed the "Cherry Blossom Classic," and the entry fee was dropped for the ten-miler, a tradition that would hold up for twenty years. Nearly 400 runners showed up to run on a raw, cloudy day. Jack Mahurin, then a graduate student at the University of Maryland, lowered the men's event record to 50:50, and Carol Fridley, of Pennsylvania, won the women's in 62:41.

1975 (April 6)

The field doubled again in 1975 - some 575 finishers in the ten-miler, and 275 in the fun run - for a race held in brilliant sunshine but Arctic temperatures. Carl Hatfield of West Virginia battled frigid winds gusting up to 30 mph to win the race in 51:47. Julie Shea, a then-unknown North Carolina schoolgirl, took the women's crown in 59:55, the first in a series of three consecutive victories.

1976 (April 4)

It was Hatfield and Shea again in 1976 as the field for the ten-miler topped 1,500. Hatfield lowered the men's event record to 49:09, while Shea set a U.S. women's record for the ten miles at 57:04.

1977 (April 3)

By 1977 the running boom was starting to crest, and race organizers instituted an entry cutoff for the first time as the number of applicants swelled above 2,000. The field was



The Runner's Rite of Spring®

limited to 2,230, with 500 disappointed runners turned away. There was also a new sponsor - Union First Bank of Washington, which filled the breach when Acacia Mutual Life decided to bow out. Maryland runner Dan Rincon won the race in 49:44, while Julie Shea lowered her U.S. Women's record to 56:08.

1978 (April 2)

The era of Perrier and Bill Rodgers began with the 1978 race. When Union First failed to renew as a sponsor, race organizers found Perrier, which, in turn, brought in Rodgers. Competing with a cold just one day after a race in Jacksonville, Florida, Rodgers cruised to his first Cherry Blossom victory in 48:57 over a field limited to 4,000 entrants. Jenifer White of Alexandria, Virginia, took the women's title in 56:35.



Perrier became title sponsor in 1978

1979 (April 1)

In 1979 the glamour of Rodgers led to a flood of race applications. Entries were closed on February 5, only a few days after they had opened. Organizers Jeff Darman and Ed Murray begged unofficial runners to stay away as a massive field chased Rodgers to another event record of 48 minutes flat. Maryland schoolgirl Aileen O'Connor lowered the U.S. record to 56:02 in the women's race.

1980 (March 30)

1980 brought two innovations: a lottery to choose race entrants, and a star-studded field of invited runners. Over 12,000 applicants vied for 4,000 places in the lottery. Meanwhile, the spreading fame of the race attracted nearly 100 runners capable of running ten miles in less than 53 minutes. When the race was over, Bill Rodgers had set a new U.S. record of 47:09, and 24 other runners had gone under 50 minutes for the distance.

The women's field was also impressive. Anne Sullivan of

Brown University, who set a U.S. women's record of 55:34, was followed by five other women under 60 minutes.

1981 (April 5)

Rodgers repeated again in 1981 with a 47:17 victory despite windy, warm weather. Laurie Binder of San Diego led 11 women under the one-hour barrier with a 56:44 performance. A field of 4,500 entrants toured the course on a humid, overcast morning.

1982 (April 4)

The 1982 race will be remembered as the War of the Winds, as chill winds gusting up to 50mph slowed the entire field. Terry Baker, a vocational education teacher from Hagerstown, Maryland, took the lead with less than a mile to go to upset defending champion Bill Rodgers by seven seconds in 49:29. Eleanor Simonsick, a policy research consultant living in Washington, broke the tape in 58:16 to give the race its first pair of local winners. Only four male runners broke the 50-minute barrier, and an equal number of women finished under an hour.

1983 (March 27)

After the disastrous weather of 1982, ideal conditions prevailed in 1983. On a cool, rainy morning with almost no wind, both Greg Meyer and Eleanor Simonsick set event records in winning their respective divisions. Running alone almost from the start, Meyer cruised to a 46:13 victory, setting a World record, breaking the former event record by 56 seconds and beating his nearest rival by over a minute. Overshadowed by Meyer's performance was that of 31 other runners who broke 50 minutes for the distance.

Repeating her victory of 1982, Simonsick took the lead at three miles and kept adding to it, recording the fourth fastest ten-mile time by a woman and breaking the event record by almost two minutes in 54:46. Simonsick led 15 other female finishers under the one-hour barrier.

1984 (April 1)

The 1984 race brought several surprises. Perrier dropped sponsorship, and Nike stepped in, adding prize money to the race for the first time. A less pleasant surprise was the weather. Despite the bizarre conditions that have characterized this early spring event, no one anticipated a flooded course. Heavy storms the previous week left the tip of Hains Point under six inches of water, causing worried race officials to consider shortening the course to 15 kilometers as late as race morning.

Prestige and prize money gave the Cherry Blossom its first foreign winners. Olympic hopefuls Simeon Kigen of Kenya

The Runner's Rite of Spring®

and Rosa Mota of Portugal sloshed through ankle-deep water to win their respective divisions. Kigen took the men's title in 47:25 as 22 men broke 50 minutes. Mota nipped Lisa Larsen in 54:16 to lead 12 women under the one-hour mark.



Race winner Simeon Kigen and Race Director Jeff Darman in 1984

1985 (March 31)

In 1985, Kigen won again, posting a near-record 46:24 as favorable weather returned to the event. With temperatures in the low 50s and moderate wind, Lisa Larsen Weidenbach, runnerup the previous year, surprised everyone, including herself, by running an event record of 53:30 to take the women's crown.

Masters champion Barry Brown, with an age-group record 49:46, was the last of 31 runners to break 50 minutes for the distance. Some 25 women dipped under the one-hour barrier.

1986 (April 6)

In 1986, Rosa Mota eclipsed the women's World Best 10 mile, while Thom Hunt came to within two seconds of Greg Meyer's 1983 world best time. Mota, the bronze medalist in the Los Angeles Olympic Marathon and 1984 Cherry Blossom winner, shaved nine seconds off Joan Samuelson's World Best time with a 53:09 clocking despite running on a tender achilles tendon. Hunt began a series of surges to break away from English Olympic steeplechaser Roger Hackney at the 8-1/2 mile mark, which brought him to the finish just off the all-time best with a 46:15. The top 37 men broke 50 minutes, while 20 women bettered one hour.

1987 (April 5)

April showers stopped the night before the 1987 race and low tide right at race time ensured that the tip of Hains Point would not be submerged. Both the runners and the fully in-bloom cherry blossoms were pushed by favorable

southerly winds. The women responded in remarkable fashion—the top three broke Rosa Mota's year-old World Best time. Lisa Martin of Australia finished first in 52:23, a whopping 46-seconds under the previous mark. Runners-up Anne Audain (52:30) and Carla Beurskens (53:00) also bettered the old record. Jon Sinclair reversed a series of major race runner-up finishes by kicking early and moving away from J.P Ndaysienga and Larry Green for a 46:48 win.

Priscilla Welch, 42, won the women's masters division and placed fourth overall with an astonishing 53:51, a world best time for masters.



Jon Sinclair (6) wins in 1987

1988 (March 27)

The winds shifted to the northwest for the 1988 race, with gusts up to 25 miles per hour. Belgium's J.P. Ndaysienga, the 1987 runner up, took the lead at 3 miles, got caught by a pack at 7 miles, but emerged in the front of a wild four-man sprint to the finish. He clocked 47:33, with Martyn Brewer second in 47:35, Jon Sinclair third in 47:40, and Joseph Kipsang fourth in 47:45. Anne Audain reversed the previous year's standings with Lisa Martin with a 53:26 to 54:06 victory in the women's race.

1989 (April 2)

Perfect running weather was sandwiched between high winds on Saturday and showers on Monday for the 1989 race. Lisa Weidenbach responded with her second victory in an American record time of 52:34 – just 11 seconds shy of Lisa Martin's World Best time. The men's race featured a near-photo finish with Zimbabwe's Brian Sheriff outlean-

The Runner's Rite of Spring[®]

ing Mexico's Dionicio Ceron, 46:43 to 46:44. Steve Jones of Wales followed five seconds back in 46:49.

1990 (April 1)

Lisa Weidenbach returned in 1990 to match Julie Shea ('75, '76, '77) as the only female three-time winner. She cruised to a relatively easy win over Anne Audain, 52:38 to 53:18. Chris Fox, a Hagerstown, MD resident who had dreamed of winning this race since he was in high school, had his dream come true when he bested Ashley Johnson 47:06 to 47:07—the second one-second winning margin in a row.

1991 (March 31)

After seven years as title sponsor, Nike turned the top role over to Northern Telecom, a major telecommunications company which had just recently opened a World Headquarters in the Washington, DC metropolitan area. Under Northern Telecom the prize money grew to \$21,500, the largest purse ever. With the cherry blossoms in full bloom, Great Britain's Carl Thackery and American Bill Reifsnyder went charging after the event record. Thackery prevailed in the match up, but missed the record by just 12 seconds with a time of 46:25. Reifsnyder followed in 46:30. Fellow Brit Jill Hunter reduced the women's event record to 51:57 – a time just 10 seconds off Carl Hatfield's winning time in 1975 and 26 seconds under Lisa Martin's event mark.

1992 (April 5)

In 1992, the Kenyans made their marks here as elsewhere. Running into 30-35 mph winds, Richard Chelimo (who won a silver medal that summer at 10,000-meters in the Olympics) and William Koech went 1-2 with respective times of 47:06 and 47:15. They went after the 1983 event record (46:13), passing 5 miles in 22:46 before the winds slowed them. Russian Albina Galliamova won the women's race in 53:44.



1993 saw the first use of Memorial Bridge on the Cherry Blossom course.

1993 (April 4)

Runners tried out a new course which featured an out-and-back crossing of Memorial Bridge (pending construction of the FDR Memorial forced the shift). Last year's runner-up William Koech was joined by several of his Kenyan teammates including William Sigei, who had won the World Cross Country only a week before. Once again the Kenyans were under world record pace at five miles, only to ease the up during the second half of the race. Sigei triumphed over Anthony Kiprono, 46:29 to 46:33. Judi St. Hilaire swept past early pacesetter Pauline Konga of Kenya after nine miles and scored a 3-second win in 52:27.

1994 (April 10)

After 11 years Greg Meyer's men's world record of 46:13 fell to Kenya's William Sigei. On a relatively warm, windy day (a thunderstorm blew in later that morning) Sigei and Kenyan teammates Josphat Machuka and Thomas Osano broke away from the pack early, but the pace sagged to over world record pace by nine miles. However, Sigei upped the tempo and closed with a 4:29 last mile to claim the mark with a 46:01. Both the 18-year-old Machuka (46:05) and his uncle, Osano (46:07), bested Meyer's longstanding mark as well. Kenya's Helen Chepngeno and Jane Omoro produced the closest finish ever with World Cross Country Champion Chepngeno declared the winner by inches in 54:05. With a revised race course, the number of finishers grew to over 4,600.



Ismael Kirui sets a World Record on 45:38 in the 1995 race

The Runner's Rite of Spring®

1995 (April 9)

Pre-race speculation centered on the Kenyans cracking the 46:00 barrier for the first time. With world cross country runner up Ismael Kirui and 1994's third place finisher Josephat Machuka as the top seeds, the stage was set (Sigei was out due to injury). Race day dawned with no wind, although temperatures were in the upper 50s and the humidity was high. As expected, Kirui and Machuka went right to work, dropping further below world record pace with each passing mile. Suffering from blisters, Machuka dropped off by 5 miles. Kirui slowed to a 4:41 ninth mile, but responded with a 4:31 closer to smash Sigei's year-old mark with a 45:38. Just over six minutes later Rose Cheruiyot of Kenya, who had set a world 5K record a week before, collected the second world record of the day as she sprinted home far in front of the women's field in 51:39, chopping 2 seconds off Jill Hunter's 1991 world record set in New York City. U.S. marathon champion Debbi Kilpatrick finished second in 55:05. Over 5,200 runners finished.

1996 (March 31)

Lazarus Nyakeraka, 20, the hottest Kenyan on the U.S. road circuit in the early months of 1996 with wins in major races the two preceding weekends, toed the line with a number of his Kenyan teammates who were looking to steal a little of his luster. On a perfect race morning with only a 100-yard puddle on Hains Point remaining from the worst winter of flooding in over 20 years in Washington, DC, Joseph Kariuki remained with the youthful Nyakeraka for 8 miles. At that point, Nyakeraka surged away for a 46:37 to 46:49 win. Joan Nesbit became the first American winner since 1993 with a methodical dismantling of the women's field in 53:25. Steve Jones of Wales, a frequent top 10 finisher over the years, turned 40 and demolished the late Barry Brown's 1985 masters event record of 49:46 when he posted a remarkable 48:26, finishing 11th overall. The prize money was upped to \$26,000 with \$5000 going to the top male and female.

1997 (April 6)

The event celebrated its 25th running in 1997 and a number of former champions (including the first women's winner, Kathrine Switzer) came to join in the festivities. A group of a dozen runners who had run the 1973 event — and Ben Beach, the only individual who has completed the race every year it has been run — were feted at the Saturday night dinner. On race day, special coffee mugs were awarded to 24 men and 94 women who ran faster than the winning times in the first race (51:22 and 71:19). Runners from Kenya continued to dominate the men's competition — this year it was Peter Githuka upsetting defending champion Lazarus Nyakeraka in 46:29. On the women's side, Olympic marathon gold ('92) and silver ('96) medallist Valentina Yegorova of Russia took the lead from the start and captured the

women's title in 54:28. A total of \$35,000 was given to Children's Hospital, bringing the total charity contribution to over \$140,000.

1998 (April 5)

A new course featuring an out-and-back section on Rock Creek Parkway delighted the 5,800 finishers. South African Colleen DeReuck proved that the layout was fast as she shattered Rose Cheruiyot's World Record for 10 Miles of 51:39 — set in the 1995 race — with a scintillating 51:16 performance that placed her 23rd overall. (She would have been the overall winner of the 1973 race!) DeReuck finished over two minutes ahead of runner-up Marian Sutton of Great Britain. On the men's side Simon Rono, who would go on to be the top road runner of the year, produced a fast sub-46:00 time with a 45:51, the second fastest time ever in the event. He pulled Kenyan teammate Joseph Kariuki under 46:00 as well (45:58). Kenyans secured the top eight places in the men's race.



Colleen DeReuck set a World record of 51:16 in the 1998 race

1999 (April 11)

Construction along Independence Ave. meant another revision in the course for 1999. The popular Rock Creek Park section was retained, but a new section took runners through the West End and Foggy Bottom sections of Washington, DC. It was the first time the course had ventured off of National Park Service land. A cool rain greeted 6,000 starters. The many turns in the course slowed the times. For the first time since 1991, a non-Kenyan male won the

The Runner's Rite of Spring®

race, as Ethiopian Worku Bikila outsprinted three Kenyans to take the overall title in 46:59. Lazarus Nyakeraka (47:01), James Kariuki (47:03) and William Kiptum (47:07) followed. Interestingly, Bikila got off his plane in Pittsburgh where it had stopped and went to the Doubletree Hotel in Pittsburgh. Some frantic calling got him D.C. bound shortly thereafter to the Doubletree race headquarters hotel here. Apparently the distraction to him was minimal. The women's race was even closer than the men's as Kenyan Jane Omoro bested teammate Jane Ngotho by a single second, 53:37 to 53:38. The win was satisfying to Omoro, who had lost the 1994 race on a lean to Helen Chepngeno.

2000 (April 9)

At 6:30 a.m. on race day, snow was swirling in the staging area in West Potomac Park. The good news is that it stopped by the race time of 8:00 a.m.; the bad news is it was replaced by a howling, cold northwest wind. Runners throughout the field reported that they were nearly slowed to a walk on the completely exposed out-and-back crossing of Memorial Bridge. However, with much of the course similar to 1998 and within the closed confines of Rock Creek Park once again, Reuben Cheruiyot was still able to clock 46:07 as he blazed the final two miles — with the wind at his back — in 8:44. On the women's side, defending champion Jane Omoro narrowly lost to Kenyan teammate Teresa Wanjiku, 55:50 to 55:56. In honor of the race being held in Washington and it being a presidential election year, the organizers staged a "Foot Poll." Using a transponder chip laced into their shoes, runners crossed mats about a quarter mile from the finish line marked "Democrat," "Republican," or "Neither/Undisclosed." "Votes" were tallied at the finish line. In the end the Democrats prevailed with 44%; Republicans and "Neither/Undisclosed" tied for second with 28%. Republicans were heard to remark that the mat marked "Democrat" was along the shortest route to the finish, a charge instantly denied by the organizers.

The event marked ten years with Nortel Networks as the title sponsor.

2001 (April 8)

For the first time since 1993, the cherry blossoms were at their peak on race day with "perfect-for-running" temperatures near 50-degrees. For the first time since 1992, the event used the same course for two years in a row. A few sprinkles of rain fell early in the morning, but runners were glad they weren't last year's snowflakes! Kenyans Reuben Cheruiyot and John Korir waged an epic battle which resulted in the closest men's finish ever, with Korir edging Cheruiyot, 46:12 to 46:13. A dramatic photo appeared in the *Washington Post* showing both men with their arms raised in expectation of the win. South African Elana Meyer, making her first appearance, dominated the women's field,

finishing in 52:16, nearly a minute up on Lydiya Grigorieva, who clocked 53:15. The event had its largest number of finishers ever, 6,515.



2001 Women's Champion Elana Meyer

2002 (April 7)

After an 11-year run as title sponsor, Nortel Networks stepped down – its sponsorship a victim of the collapse of the internet bubble. Greg Farmer, Nortel's Senior VP Global Government and Community Relations, said, "I do not believe that any other sponsorship has provided Nortel with such a high profile with Washington policymakers." By the end of the summer, a group of approximately 40 Credit Unions, mostly from the Washington, DC Metropolitan area, formed an organization called the "Credit Union Miracle Day Committee," and signed on. It was a win-win situation as the event helped the Credit Unions raise nearly \$100,000 for the Children's Miracle Network, and hundreds of Credit Union employees and members signed up as volunteers. The blossoms joined the festivities for the second year in a row as Kenyans John Korir and Reuben Cheruiyot picked up where they left off in 2001. This time Cheruiyot prevailed by 5 seconds with a time of 47:13. Luminita Talpos equaled Cheruiyot's 5-second margin of victory in a time of 52:50 to become the first Romanian winner. Ethiopia's Teyba Erkesso followed. Legally blind U.S. runner Marla Runyan finished fifth in 53:37. The event grew to a record 7,061 finishers.

The Runner's Rite of Spring®

2003 (April 6)

For the third straight year, race day dawned with the Tidal Basin and West Potomac Park awash in a blaze of pink and white cherry blossoms. Race officials were glad simply to be in West Potomac Park at all. Three weeks before the race, the War in Iraq had raised security levels in Washington to “Code Orange,” one step down from “Code Red,” which likely would have meant cancellation of the event. The race committee scouted out an alternative site in Poolesville, MD, 25 miles outside of Washington, as a contingency. John Korir and Reuben Cheruiyot, who else, were at it again, and when the dust settled, Korir had evened the score at 2 victories each with a 46:56 to 47:03 triumph. Russian Olga Romanova bested pre-race favorite Ashi Gigi of Ethiopia for the women's title. Through the efforts of the event and the Credit Unions, over \$190,000 was raised for the Children's Miracle Network. Bethesda's Ben Beach continued his streak as the only runner to have finished all 32 editions of the race with a time of 1:02:15. The perfect day produced the largest number of finishers ever at 7,488.



Bethesda, Maryland's Ben Beach has finished every edition of the Credit Union Cherry Blossom Ten Mile.

2004 (April 4)

The blossoms greeted the runners for the fourth year in a row, but so did howling winds with gusts in excess of 40-miles an hour. A pelting rain and winds pummeled the staging area about 5:30 a.m. on race morning, followed by an eerie calm almost like the eye of the storm during which the organizers decided to go ahead and put up the tents, overhead scaffolding and signage. The winds returned

shortly after the 8 a.m. start, prompting all the aforementioned items to be taken down for safety reasons. The men's times reflected the conditions, with unknown Kenyan Nelson Kiplagat winning in 48:12 – the slowest men's winning time since 1982 when Terry Baker bested Bill Rodgers in similar near-gale force winds. Rodgers was in this year's field, placing 3rd in the men's 55-59 division in 1:02:55. But track-trained Kenyan Isabella Ochichi ran the performance of the day in winning the women's title in 52:07 – the 4th fastest women's winning time ever. Boston Marathon prep-ping Catherine Ndereba finished a distant second in 53:00. Both women would go on to claim silver medals in the Athens Olympics, Ochichi in the 5,000-meters and Ndereba in the marathon. With the National Park Service allowing an increase in the number of finishers, the race had 8,057 people go the distance. For the first time, over 50% of the entrants were women, although more men finished (4,157 to 3,900).

2005 (April 3)

Kenyan John Korir collected his third win and established a streak of winning the event in odd-numbered years only. His other two wins came in 2001 and 2003. With the victory Korir moved into second place among male repeat winners, just one victory shy of Bill Rodgers' four consecutive titles between 1978 and 1981. Does anyone know how to say “2007?” Korir employed the same wait and kick strategy which had made him the most feared road racer competing on the U.S. roads over the last six years, passing runner up Reuben Chebii in the final 400-meters. Romanian Nuta Olaru took the opposite tack and ran away from the women's field to earn her first title in 52:01. Her time was the fastest performance since Colleen DeReuck's world record time of 51:16 in 1998. The event established a reciprocal relationship with the Himeji Castle 10 mile in Japan. Three Japanese runners from the top 10 came to participate here, while top American Michael Wardian traveled to Japan to run the Himeji race the following February. Under cold and blustery conditions a record number of 8,630 participants finished the event. Alexandria's Hedy Marque, 87, was the oldest finisher (1:57:38), and Ben Beach of Bethesda maintained his status as the only finisher in all 33 editions of the race with a 1:10:08 time.

2006 (April 2)

After the race, Event Director Phil Stewart handed out special t-shirts to the organizing committee members that said “The Year of Many Changes.” The entire staging area of the race was redesigned to make it resemble a small city complete with two roadways named “Gary Dr.,” after longtime logistics coordinator Gary Ceponis, who had just retired, and “Brian Blvd.,” after Brian Laush, who undertook the changes. There was a big change up front as well, as the elite women started 10 minutes ahead of the men. The new for-

The Runner's Rite of Spring®

mat gave far greater visibility to the women's race and produced a world record for 10 miles in an all-women's event, simply because this was the first All-Women's 10 mile event to be run under current record keeping standards. Russia's Lidiya Grigoryeva established the mark of 52:11 on a beautiful morning awash with cherry blossoms at their peak. American Turena Johnson Lane notched the American 10 Mile record in an all women's race when she finished sixth overall in 55:42. The 5K was upgraded from an untimed run to a fully-timed and scored event. The event finally cracked the 10,000-runner mark with 10,670 participants. The Credit Unions and race participants together raised over \$500,000 for Children's Miracle Network, bringing the total funds raised during the Credit Union era to over \$1.5 million. Women's champion Grigorieva warmed everyone's heart when she donated 5% of her first-place \$6,000 check to the charity.



2007 Women's Champion Teyba Erkesso

2007 (April 1)

To celebrate the 35th running of the race, the organizers invited back numerous past winners including Kathrine Switzer ('73), Carl Hatfield ('75, '76), Bill Rodgers ('78, '79, '80, '81), Greg Meyer ('83), Lisa Rainsberger ('85, '89, '90), Jon Sinclair ('87), Colleen DeReuck ('98), and John Korir ('01, '03, '05) for a picture perfect weekend with the blossoms at their peak. Times were fast under the excellent conditions and when it was over, Ethiopia joined the U.S., Kenya, and Great Britain as the only countries to sweep both the men's and women's titles in the same year, as Tadesse Tola won

the men's race in a quick 46:01, and Teyba Erkesso topped the women's division in 51:44. With the advance start for women used again, Erkesso's time established a new world record for a women's only 10 mile. John Korir failed in his bid to match Bill Rodgers' 4 wins when he finished third in 46:11. The organizers received a scare when they were told that construction on Rock Creek Parkway would start before race day and the course would be unusable. Fortunately, it was delayed until the day after the race. Washington's newly elected Mayor, Adrian Fenty, finished in a respectable time of 1:08:47. A record number of 10,748 runners finished the 10-mile, and 756 finished the 5K Run-Walk. The funds raised by the Credit Union Miracle Day Committee swelled to \$850,000.

2008 (April 6)

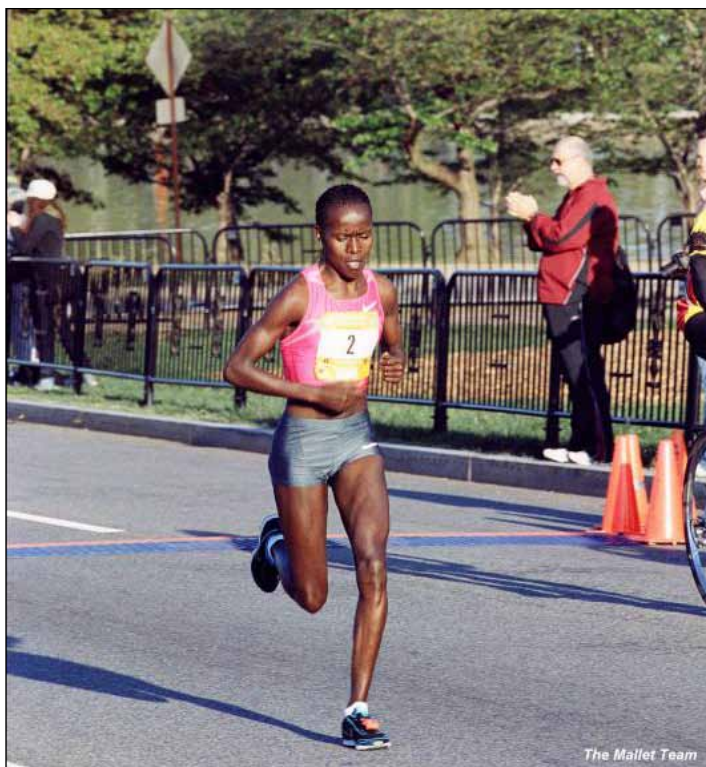
With the construction on Rock Creek Parkway underway, the organizers knew a new course needed to be developed for 2008, and they started work on it almost immediately after the 2007 event. With the cooperation of the National Park Service, the start and finish lines were moved from West Potomac Park to a spectacular new location on 15th St., with the staging area on the Washington Monument Grounds. The new site was also only ¼ mile from the Smithsonian Metro stop, which eliminated an unwieldy shuttle bus service. The new course was a big hit as it incorporated the blossoms around Hains Point in addition to those around the Tidal Basin. The race filled its expanded allotment of 12,000 finisher slots just four hours after online registration opened in Dec., 2007. This was less than 1/6th the amount of time it had taken the previous several years. Heavy rains flooded the staging area on the Monument Grounds and all the start-finish area tents, porta-potties, etc. had to be shifted to the "Folk Life Festival Grounds" on the east side of 15th St. just 48 hours before the start of the race. Race day featured intermittent rain, chilly temperatures in the 40s, and blossoms a smidge beyond peak – not bad conditions for the record number of 12,294 finishers under the newly imposed timing limit of 2 hours and 20 minutes for completing the 10 miles. Young Kenyan Lineth Chepkurui, 20, raced away from Olympic marathon silver medallists Lidia Simon ('00) and Catherine Ndereba ('04) to take the women's title in a sluggish time of 54:21. Ridouane Harroufi became the first Moroccan to capture a title as he outlegged Nichola Kamakya of Kenya by a single second in 46:14. The other big news of the day was the Credit Union Miracle Day Committee cracked the \$1 million dollar mark in funds raised for the Children's Miracle Network when it signed over a check for \$1,036,000.

2009 (April 5)

2009 was the year that all of the pillars of the event changed – the course was run in reverse in order to avoid a narrow section during the first mile on the 2008 route; the

The Runner's Rite of Spring®

staging area was completely redesigned; there was a new headquarters hotel, the Grand Hyatt Washington; and there was a new expo site at the National Building Museum. The entire organizing committee was exhausted by the time race weekend rolled around. However in a show of magnanimity, Mother Nature provided one of the most perfect days ever, with brilliant sunshine, temperatures about 50-degrees rising to the mid-60s for the awards ceremony, and blossoms just a tinge past peak. However, some things remained the same, most notably the winners, as Ridouane Harroufi and Lineth Chepkurui repeated as champions, both running faster (45:56 and 53:32 respectively) than in 2008. A relatively unknown American woman, Sally Meyerhoff, raced to a new American record for a women's only race when she clocked 54:38 to finish 7th overall. For some unexplained reason the number of no-shows plummeted, resulting in a record number of 14,969 finishers, some 3,000 over the number stated on the National Park Service Permit. Due to the committee's and volunteer's extraordinary efforts to clear the streets by 10:30 a.m. for the cherry blossom tourists, the NPS did not protest. Despite a tightening economy, Credit Union Miracle Day still raised \$1 million dollars for the Children's Miracle Network.



Lineth Chepkurui en route to her third consecutive victory in 2010

2010 (April 11)

With the race a week later than its traditional first weekend in April date due to Easter, the blossoms were nearly gone but a glorious spring day was enjoyed by all 15,600 finishers.

The action at the front of the men's pack was never tighter with a photo finish that had to be decided by the finish line judges (and then was protested by the runner-up who felt he had been impeded in the final sprint). In the end Stephen Tum of Kenya was declared the winner over Lelisa Desisa of Ethiopia (Desisa later dropped the protest). Almost lost in the drama was that Tum was a scant 5 seconds off Ismael Kirui's event record set back in 1995, with a finishing time of 45:43. The women's race was a run-away and a three-peat by Kenya's Lineth Chepkurui, who has gotten faster every year. Her time of 51:51 eclipsed Julliah Tinega of Kenya by 48 seconds. Chepkurui's third consecutive win tied her with Julie Shea, who won three in a row between 1975 and 1977. The sponsoring Credit Unions raised \$923,000 for Children's Miracle Network. The event also hired an environmental consultant to look for ways to reduce its environmental footprint. The plan was to have the event certified as "Green" by the Council for Responsible Sport in 2011. Deputy Race Director Irv Newman relinquished his role and the event hired longtime volunteer Becky Lambros as the second salaried staff member.

2011 (April 3)

Ethiopian Lelisa Desisa was not a happy man after losing the 2010 race in a photo finish. After initially protesting the judge's call, he backed down. A year later, he ran like a man with something to prove as he broke Ismael Kirui's 1995 event record by two seconds, clocking 45:36. His five-second margin over Kenyan Allan Kiprono seemed vast in comparison with his 2010 loss. Desisa's interpreter said, "He wanted to make sure it didn't come down to the finish again this year." Three-time winner Lineth Chepkurui was unable to return for her attempt at matching Bill Rodgers' four consecutive wins, paving the way for Julliah Tinega, who, like Desisa, was runner up in 2010. Tinega powered her way home in 54:02, a single second up on fellow Kenyan Risper Gesabwa. The event earned a "Silver Level" designation by the Council for Responsible sport as environmentally-friendly. The 2011 race marked the 10th year of sponsorship by Credit Union Miracle Day. With an additional \$578,000 raised for the Children's Miracle Network, the total amount of funds raised during the Credit Union era eclipsed the \$5 million dollar mark. Just a year before the 40th running, the event logged its 200,000th all-time finisher, Adrianna Swinson of Centreville, VA. After the race, the organizers unveiled an all-time searchable database listing every finisher since 1973.

2012 (April 1)

The Gala 40th Running of the race featured some dazzling solo front-running by Kenyan Allan Kiprono, who, like Lelisa Desisa in 2011, was out to avenge a runner-up finish at the previous year's race. After teammate Lani Kiplagat suggested pushing the pace around the three-mile mark, Kip-

The Runner's Rite of Spring[®]

rono followed the advice and surged into a lead which only grew larger with each additional stride. By the finish line, he had amassed a 1:13 lead over Kiplagat and reduced the 2011 event record by a stunning 21 seconds with a time of 45:15. On the women's side Jelliah Tinega repeated as champion by matching her 2011 winning time of 54:02, 22 seconds up on Ethiopian Malika Mejdoub. The anniversary run attracted some special VIPs, including Greg Meyer, who still owns the fastest time by an American, 46:13, for the event; Colleen DeReuck, who owns the current women's event mark of 51:16; and Gar Williams, one of the race founders in 1973 and former DC Road Runners and Road Runners Club of America President. The race also feted 39-year-old Gerri Baer of Rockville, who was born on April 1, 1973, the date of the first race. Bethesda's Ben Beach finished the race for the 40th consecutive time, the only runner with perfect attendance. The Children's Miracle Network fundraising juggernaut continued with an additional \$515,000 raised by the sponsoring Credit Unions and runners.

2013 (April 7)

USATF's USA Women's National Championship 10 Mile Presented by America's Credit Unions made its first appearance at the race. An extra prize purse of \$14,400 for American women (added to the existing \$42,000 in open prize money) produced a deep elite field featuring strong American talent on the women's side. With U.S. 2012 Olympian Janet Bawcom in the field, hopes ran high of having the first U.S. female overall champion since Joan Nesbit in 1996. Bawcom hung with the lead pack for about 2/3rds of the race but succumbed to the relentless pressure of Kenyan Caroline Rotich, who powered to a 52:46 victory. Bawcom placed 4th in 53:28 but still bested the late Sally Meyerhoff's single sex American record by 70 seconds. Brianne Nelson (7th in 54:01) and Sarah Crouch (9th in 54:15) also bettered the old mark. Alan Kiprono, who ran away from the field and broke the event record in 2012, returned as the favorite in the men's division. However, fellow Kenyan Daniel Salel would not shake loose as the twosome traded surges over the closing miles. Cresting the incline at 15th and Independence, Kiprono appeared to have victory in hand. However one final burst right at the finish tape brought Salel across the line first, according to the judges who viewed the near photo finish. Salel clocked 46:06, with Kiprono posting 46:07. There were some heads turned in the 5K Run-Walk when 12-year-old Nathan Davis of Frederick, MD was the overall winner in 17:22. A cool spring kept the cherry blossoms just short of their peak on a near perfect day for running with temperatures in the 50s. The sponsoring Credit Union Miracle Day added another \$483,000 in donations to Children's Miracle Network, bringing the total funds raised since becoming the title sponsor of the race to over \$6 million dollars. Just over 17,500 runners finished the race.

2014 (April 6)

With a positive reaction to hosting the USA Women's National Championship in 2013, the organizers bid on and received both the USA Men's and Women's National 10 Mile championships from USA Track and Field. The added infusion of top American runners raised the possibility that the event could see its first American champions since Chris Fox won the men's race in 1990 and Joan Nesbit won the women's race in 1996. However, it was not to be. On the men's side Kenyans Stephen Sambu and Daniel Salel finished 1-2 with the 2nd and 3rd fastest men's times ever recorded for the event (both were timed in 45:29 with Sambu given the win). Christo Landry finished sixth in 46:41, the fourth fastest American time for the event behind Greg Meyer, Thom Hunt and Bill Reifsnyder and less than 30 seconds off Meyer's 1983 American 10 Mile record (still standing) of 46:13. Meyer had returned to hold the finish tape in hopes of seeing his mark bettered after more than 30 years. On the women's side, American Janet Bawcom gave serious chase to Ethiopian Mamitu Daska but fell seven seconds short of Daska at the end as the Ethiopian claimed the title 52:05 to Bawcom's 52:12. Bawcom's consolation was the single-sex American 10 mile record, bettering the mark she had set a year earlier by 1:16. Nathan Davis, now 13-years-old, repeated as 5K champion in 17:58. A long and cold winter meant the cherry blossoms were just shy of blooming for the second straight year. The credit unions, in the 13th year of their sponsorship, donated another \$487,000 to Children's Miracle Network.



2013 and 2014 USA 10 Mile Women's Champion Janet Bawcom

The Runner's Rite of Spring®

2015 (April 12)

For the first time in its history, the Credit Union Cherry Blossom was not a 10 mile. Due to an accident on the course just 90 minutes before race time, organizers had to scramble to come up with an alternate route because of the accident investigation. The results showed some eye-popping times for anyone who did not read the explanation that the course was 9.39 miles long after the re-routing. Any disappointment over the shortened course was more than counterbalanced by the most spectacular display of blossoms at their absolute peak on a windless, gorgeous morning. Stephen Sambu notched his second title in a row, this time with a more comfortable 9-second margin instead of his eyelash win in 2014. He clocked 43:20. American Jake Riley finished in second place eight seconds later, the highest men's finishing place by an American since Bill Reifsnnyder was the runner-up in 1991. Daniel Salel, who was on the short end of the eyelash in 2014, ended up in third. Training partners Mary Wacera and Cynthia Limo separated themselves from the rest of the women's field by the eight-mile mark and ran together toward the finish line. Wacera edged ahead by a few yards for the win - both received the identical time of 48:35. The top American woman was Serena Burla in sixth place with a time of 50:18. Ben Beach kept his perfect attendance intact as the only runner to have run all 43 editions of the race with a 1:27:59 finish. Dixon Hemphill, 90, finished the 5K and said, "I gave this race my all." He clocked 47:01, two minutes faster than his 2014 time. Longtime Deputy Race Director Irv Newman received the first Les Kinion Outstanding Service Award, named for long time race volunteer Les Kinion who died in the summer of 2014.



2015 Men's winner, Stephen Sambu, and runner-up, Jake Riley, share a laugh during the awards ceremony.

2016 (April 3)

The 2016 race hardly felt like "The Runner's Rite of Spring," as wind gusts clocked as high as 47 miles per hour howled across the Washington Monument Grounds during the pre-dawn set up hours, prompting the organizers to dismantle anything that could become a projectile, including tents and signs. The decision to allow the race to take place at all wasn't made until 5:00 a.m. on race morning and wind gusts between 30 and 40 miles an hour greeted the over 16,000 runners who showed up. The \$10,000 bonus offered to the first U.S. male or female to break the American record (split if both records fell) was safe on this day. The elite mens race was won by Sam Chelanga, the first U.S. male to win the race since Chris Fox took the title in 1990. Chelanga, a naturalized U.S. citizen born in Kenya, prevailed by a single second over Silas Kipruto of Kenya with a wind-impeded time of 48:26. A second American, Martin Hehir, finished third in 48:29. Due to the winds, the women's advance start was mercifully abandoned. Kenyan Veronica Nyaruai Wanjiru of Kenya won in 53:12 and said, "Because of the wind, I didn't look at the time." She prevailed by eight-seconds over Ethiopian Buze Diriba. Two American women with local connections placed in the top six — Maegan Krifchin of Silver Spring, MD was third in 55:01 and Serena Burla of Stafford, VA was sixth in 55:58. The most recognizable runner of the weekend was 2004 Olympic silver medalist, 2009 New York City Marathon winner and 2014 Boston Marathon winner Meb Keflezighi who opted to pace runners hoping to break 1:00:00 just six weeks after placing second in the 2016 U.S. Olympic Marathon trials. Despite the conditions, 16,228 finished the 10 mile and 1,932 completed the 5K. Children's Miracle Network received a check for \$505,000 bringing the credit union era contributions to \$7.5 million dollars. It seemed fitting that Logistics Coordinator George Tarrico who supervised the construction and the quick dismantling of the Washington Monument Grounds due to the winds was awarded the second Les Kinion Outstanding Service Award.



2016 Men's winner, Sam Chelanga was the first American male winner since 1990.

The Runner's Rite of Spring[®]

2017 (April 2)

The organizing committee approached the 2017 race, which marked the 45th running of the event, with the modest goals of no wind and running a full 10 miles after the two difficult years in 2015 and 2016. These expectations were exceeded handily with a close to perfect day for running and cherry blossoms, which had been forecast to bloom two weeks before the event, in the final stages of peak bloom. After Sam Chelanga broke a 27-year drought for an American male winner, Stanley Kebenei made it two in a row for the Red, White and Blue with a surge after nine miles which brought him across the line in 46:35, good for a three-second win over Kenyan James Kibet. Ethiopian Hiwot Gebrekidan, only 21-years old, had an easier time winning the women's competition over country woman Buze Diriba 53:37 to 53:52. The 45th running celebration brought a host of past luminaries to town and two of them showed their longevity with excellent finishes in their age groups. Kathrine Switzer, the first woman's winner in 1973, captured the women's 70-74 division in 1:30:31 and four-time winner Bill Rodgers clocked 1:19:15 to place 7th in the men's 65-69 division. Of course Ben Beach kept his streak going as the only runner to have finished all 45 editions with a time 1:34:18. Beach completed his 50th Boston Marathon in a row just

over two weeks later. Joan Samuelson, the 1984 Olympic gold medalist in the inaugural women's marathon, showed her excellence remains some 33 years after her win in Los Angeles by setting an American women's 55-59 age group mark of 1:03:55. In keeping with the five-year anniversary tradition of offering (I would have won this race in 1973) mugs to all runners who ran faster than Sam Bair's and Switzer's winning times of 51:12 and 1:11:19, the organizers handed out mugs to 36 men and 218 women. After years of being held on the Washington Monument Grounds at the conclusion of the 10 mile, the Kids Run was moved to Saturday and held in conjunction with the Health and Fitness Expo. The change was well received. Longtime Volunteer Coordinator Michelle Carter won the third Les Kinion award for outstanding service to the event.

2018 (April 7)

Dubbed "Our Championship Year," the 2018 race hosted both the PRRO Circuit Championship and the RRCA National 10 Mile Championship held in conjunction with the RRCA's 60th Annual Convention held in Washington, DC. The PRRO Championship which rotates among the PRRO Circuit races, was being held at the race for the first time. Winners of the other PRRO Circuit Events can earn



Virtual Run participants show off their medals

The Runner's Rite of Spring[®]

the \$10,000 PRRO “Super Bonus” by winning the Championship as well. Ethiopian Buze Diriba did exactly that and pocketed \$18,000 for winning – \$10,000 from PRRO and \$8,000 from the Credit Union Cherry Blossom with a time of 53:45. On the men's side Ethiopian Jemal Yimer picked up \$2,500 in PRRO cash since he had not won another PRRO race to augment his \$8,000 first place prize in 46:17. Both runners won the RRCA National Championship titles as well. A chilly morning awash in blossoms greeted some 17,000 starters in the 10 mile and 2,000 in the 5K Run-Walk, but for the first since 1992 the runners did not cross Memorial Bridge which was closed for construction. Continuing its commitment to helping young Americans just out of college, the race teamed up with the RRCA to offer a special \$1,200 purse to the top RRCA Roads Scholar grant recipient and RRCA RunPro Camp alumni. Abbabiya Simbassa (RunPro) and Emma Bates (Roads Scholar) earned these awards. And yes, Ben Beach finished again for the 46th consecutive year.

2019 (April 7)

There was an organizational race before the running race in 2019 when just six weeks before race day a lane of the race course along Rock Creek Parkway was closed down for construction with no advance notice given to the organizing committee. Since the prospect of 17,000 runners passing through a 12' wide opening along the road way was hardly appealing, the course was re-routed for the first four miles, taking the route off National Park Service land and onto Washington, DC city streets. Gaining approval from the city for the permit on an accelerated basis was complicated but ultimately successful with a permit received less than 36 hour before the start. Then, a week out, a bulldozer appeared and proceeded to dig up an area near the starting line where several tents were scheduled to be constructed. The result? A quick recasting of the starting line area in the last few days. All the of the tensions of the lead-up were allayed when race day dawned with the perfect blossoms and perfect weather. It appeared that the elite runners responded with lightning fast times. Men's winner Jimal Jimer blazed a 45:36 clocking. Not far behind, Stanley Kebenei, the 2017 winner crossed, the line in 46:00, faster than Greg Meyer's 46:13 American record time from 1983, and broke into euphoria in the center of the road way no doubt in part due to the \$10,000 bonus being offered for a new American record. On the women's side, Kenyan Rosemary Wanjiru clocked in at 50:42, 34 seconds faster than Colleen DeReuck's course record set in 1997. Behind the winners came scores of happy faces on runners with new PRs. Or so it seemed. By mid-week, the organizers determined that the turn-around in West Potomac Park had been misplaced on a temporary measurement mark and the course was 80 yards short. They agreed to pay Kebenei his \$10,000 bonus even with the short course. (Kebenei's adjusted time would have placed him at the finish line within a second

or two either way of Meyer's record.) Kebenei vowed to return in 2020 to go for the mark again.

2020 (April 5)

Elements of nature have come perilously close to cancelling the race in the past — flooding, high winds and snow have jeopardized the event but ultimately have been overcome. One could have never imagined that something 0.12 microns in size and first reported in Wuhan, China would cause the event to tumble. As the highly virulent Corona virus (COVID-19) spread across the globe during the winter, large running events suddenly became potential incubators. In early March, the first U.S. spring races began to cancel or postpone, prompting the organizing committee to tell participants it would “monitor the situation” and look for Federal and Public Health agency guidance about cancelling. When the Boston Marathon, just over two weeks after the Credit Union Cherry Blossom, postponed until September, the necessity of cancelling was apparent. (The complexity of the numerous permits made postponement impossible.) This was announced to participants on March 14 with options of receiving a lottery exemption for the 2021 race (with no entry fee refund), a full 2020 refund, or donating the entry fee to Children's Miracle Network. About 50% took the lottery exemption, 5% made donations and 45% asked for a refund. A free Virtual Run was offered as a way for participants to celebrate their preparation with nearly 2,300 people participating, many posting joyful pictures and narratives about their experiences.



Les Kinion Award

By trade, Les Kinion was a Baltimore fire fighter with Engine Company 43. By passion, he was first a runner and then a running club officer and race director. In 1970, Les co-founded the Baltimore Road Runners Club, one of the earliest chapters of the Road Runners Club of America. In 1973 he helped launch the first Maryland Marathon. After retiring in 1986, Les moved to Bishopville, MD and worked on hundreds of races on the Maryland-Delaware Coast. He became involved with the Cherry Blossom Run over 20 years ago, and was active until he passed away in July 2014 at the age of 78.

In 2015, race organizers established the Les Kinion Outstanding Service Award, which was awarded to former Deputy Race Director Irv Newman. In 2016, longtime Logistics Coordinator, George Tarrico won the award. In 2017, longtime Volunteer Coordinator Michelle Carter was recognized for her many contributions. In 2018, Jean Arthur was awarded the Les Kinion Outstanding Service Award in recognition of her 20 years of service to the event. In 2019, Glenn Klenk was recognized for his eagerness to take on tedious and unglamorous tasks that few, if any other people would seek out. And in summer 2020, Nita Lalla Rincone was surprised by a socially distanced presentation on her front porch after her big moment at the pre-race dinner never came to be because of the Covid caused cancellation of the 2020 in-person race. Press releases about Irv, George, Michelle, Jean, Glenn and Nita can be found in the archives at: <http://www.cherryblossom.org/aboutus/pr2017.php>

In announcing the 2020 Les Kinion Outstanding Service Award winner, Nita Lalla Rincone, Race Director Phil Stewart said:

“Nita is certainly a most deserving recipient of the Les Kinion Outstanding Service Award, following in the footsteps of past honorees Irv Newman, George Tarrico, Michelle Carter, Jean Arthur, and Glenn Klenk. In her role as volunteer coordinator, Nita tirelessly enrolls, assigns, motivates and thanks the over 2,000 volunteers who are the backbone of the race each year.”



Covid lockdown surprise! Special delivery of the Les Kinion Award to Nita Lalla Rincone by Race Director Phil Stewart and Deputy Race Director Becky Lambros

Road Runners Club of America

Road Runners Club of America and Cherry Blossom—A special relationship



In 2018, the Road Runners Club of America (RRCA) awarded \$2,400 in prize money to the top the finishers in the Credit Union Cherry Blossom Ten Mile Run that were either an RRCA Roads Scholar or RunPro Camp alum. The race also served as the 2018 RRCA Ten Mile National Championship.

In 2019, building upon the long tradition of cooperation and mutual support between the Credit Union Cherry Blossom Ten Mile and the RRCA—America’s oldest and largest grass roots organization of running clubs—race organizers and the RRCA will jointly award \$1,500, \$1,000 and \$500 to the top-three men and women alumni of the two [innovative RRCA programs designed specifically to support up-and-coming American distance runners](#).

Since 1996, the RRCA has awarded 140 grants totaling \$730,500 through its Roads Scholar program to assist American post-collegiate road runners who show great promise to develop into national and world class road running athletes. Over the past 20 years, the Credit Union Cherry Blossom Run has contributed over \$220,000 to the Roads Scholar grant program, making it the program’s largest single contributor.

To date, the following RRCA Roads Scholar grant recipients have committed to race in the 2021 Credit Union Cherry Blossom Ten Mile: **Futsum Zienasellassie, Dhruvil Patel, Abbabiya Simbassa** (2020); **Frank Lara, Annie Frisbie** (2109); **Reed Fischer** (2018); **Katja Goldring** (2017); **Matt Llano** (2015); **Natosha Rogers** (2014); and **Tyler McCandless** (2011).

RunPro is another RRCA-funded program that Credit Union Cherry Blossom organizers are pleased to support. Event Director Phil Stewart and Elite Athlete Coordinator Bill Orr are regular presenters at the RunPro Camp weekend in July of each year. Intended to assist newly-graduated, post-collegiate runners seeking to make the transition to professional running, RunPro Camp provides attendees with the information, knowledge, and networking resources necessary to pursue a professional running career.

RunPro Campers who have committed to this year’s race include: **Dhruvil Patel, Frank Lara, Annie Frisbie** (2019); **Reed Fischer, Joel Reichow** (2017); **Willie Milam** (2016); **Brogan Austin, Bethany Sachtleben** (2015); **Susanna Sullivan** (2014); and **Matt Llano** (2011).

There are also three recipients of special RRCA 2020 Olympic Trials training grants who will be eligible for RRCA program prize money: **Augustus Maiyo, Elkanah Kibet** and **Brogan Austin**.

Four of the RRCA Roads Scholar RunPro Camp Challenge listed above won prize money in the 2019 Credit Union Cherry Blossom Ten Mile: **Futsum Zienasellassie, Reed Fischer, Willie Milan, and Bethany Sachtleben**.



Photo: Clay Shaw

Emma Bates (8) from Boise, ID, took home a total of \$9,000 in prize money in 2019, including \$1,500 for winning the RRCA Roads Scholar/RunPro Alumni challenge; Samantha Palmer (34) from Northport, AL, ran away with \$2,500, including \$1,000 for being the second RRCA Roads Scholar/RunPro Camp alum among the women.

Press Releases for Current Year's Race

Copies of pre-race releases can be found on the event website (<https://www.cherryblossom.org/press-social-media/newsroom/2021-press-releases/>). Here's a list of releases that have been issued to date in regards to the 2021 race:

September 9, 2021

American Women Offer Most Intriguing Storyline of 2021 Credit Union Cherry Blossom Ten Mile Run

August 26, 2021

Jenny Simpson to Make her Long Distance Road Racing Debut at 2021 Credit Union Cherry Blossom Ten Mile on September 12

August 19, 2021

48th Edition of Credit Union Cherry Blossom Ten Mile Run to Feature Strong Fields for 2021 Men's and Women's USATF 10 Mile Championships Presented by Toyota

August 3, 2021

World and American Record Holder Keira D'Amato Confirmed For 2021 Credit Union Cherry Blossom Ten Mile

June 15, 2021

Credit Union Cherry Blossom Ten Mile Run Will Host 2021 USATF 10 Mile Championships Presented by Toyota

May 24, 2021

Applications for 2021 Credit Union Cherry Blossom Ten Mile Run and 5K Run-Walk Lottery to Be Accepted Between Tuesday, June 1 and 11:59 P.M. Sunday, June 30

December 17, 2020

Credit Union Cherry Blossom Ten Mile and 5K Run-Walk Rescheduled for September 12, 2021

