

, 21 - 23 2021

25 , 1500m (15-17)
22.07.2021 - 14:06

15:58.98

16:13.13

(ESP)

06.04.2021

22.07.2003

: FINA 2020

		/				R.T.		FINA				
1.			2005			+0,75	17:04.45		725			
	50m:	31.00	31.00	450m:	5:04.99	34.26	850m:	9:40.24	34.62	1250m:	14:15.51	34.24
	100m:	1:04.70	33.70	500m:	5:39.20	34.21	900m:	10:14.75	34.51	1300m:	14:49.79	34.28
	150m:	1:38.95	34.25	550m:	6:13.60	34.40	950m:	10:49.25	34.50	1350m:	15:23.94	34.15
	200m:	2:13.34	34.39	600m:	6:47.89	34.29	1000m:	11:23.51	34.26	1400m:	15:57.93	33.99
	250m:	2:47.69	34.35	650m:	7:22.43	34.54	1050m:	11:58.33	34.82	1450m:	16:31.73	33.80
	300m:	3:22.09	34.40	700m:	7:56.94	34.51	1100m:	12:32.54	34.21	1500m:	17:04.45	32.72
	350m:	3:56.47	34.38	750m:	8:31.24	34.30	1150m:	13:06.76	34.22			
	400m:	4:30.73	34.26	800m:	9:05.62	34.38	1200m:	13:41.27	34.51			
2.			2006					+0,92	17:10.47			712
	50m:	31.71	31.71	450m:	5:07.12	34.22	850m:	9:44.03	34.55	1250m:	14:19.87	34.42
	100m:	1:05.82	34.11	500m:	5:41.76	34.64	900m:	10:18.33	34.30	1300m:	14:54.63	34.76
	150m:	1:39.99	34.17	550m:	6:16.15	34.39	950m:	10:52.57	34.24	1350m:	15:28.82	34.19
	200m:	2:14.53	34.54	600m:	6:51.10	34.95	1000m:	11:27.19	34.62	1400m:	16:03.79	34.97
	250m:	2:48.95	34.42	650m:	7:25.68	34.58	1050m:	12:01.64	34.45	1450m:	16:37.57	33.78
	300m:	3:23.54	34.59	700m:	8:00.35	34.67	1100m:	12:36.18	34.54	1500m:	17:10.47	32.90
	350m:	3:58.07	34.53	750m:	8:34.81	34.46	1150m:	13:10.76	34.58			
	400m:	4:32.90	34.83	800m:	9:09.48	34.67	1200m:	13:45.45	34.69			
3.			2004					+0,81	17:16.08			701
	50m:	31.62	31.62	450m:	5:06.06	34.44	850m:	9:44.17	35.23	1250m:	14:23.84	35.08
	100m:	1:05.19	33.57	500m:	5:40.53	34.47	900m:	10:19.21	35.04	1300m:	14:58.38	34.54
	150m:	1:39.47	34.28	550m:	6:15.21	34.68	950m:	10:54.38	35.17	1350m:	15:33.17	34.79
	200m:	2:14.06	34.59	600m:	6:49.77	34.56	1000m:	11:29.40	35.02	1400m:	16:07.86	34.69
	250m:	2:48.49	34.43	650m:	7:24.73	34.96	1050m:	12:04.34	34.94	1450m:	16:42.36	34.50
	300m:	3:22.89	34.40	700m:	7:59.15	34.42	1100m:	12:38.96	34.62	1500m:	17:16.08	33.72
	350m:	3:57.50	34.61	750m:	8:34.11	34.96	1150m:	13:14.19	35.23			
	400m:	4:31.62	34.12	800m:	9:08.94	34.83	1200m:	13:48.76	34.57			
4.			2006					+0,80	17:23.46			686
	50m:	31.61	31.61	450m:	5:07.53	34.50	850m:	9:47.44	35.73	1250m:	14:29.30	35.31
	100m:	1:06.12	34.51	500m:	5:42.08	34.55	900m:	10:22.32	34.88	1300m:	15:04.38	35.08
	150m:	1:40.52	34.40	550m:	6:16.77	34.69	950m:	10:57.83	35.51	1350m:	15:39.86	35.48
	200m:	2:14.82	34.30	600m:	6:51.22	34.45	1000m:	11:33.07	35.24	1400m:	16:15.28	35.42
	250m:	2:49.47	34.65	650m:	7:26.42	35.20	1050m:	12:08.56	35.49	1450m:	16:50.74	35.46
	300m:	3:23.95	34.48	700m:	8:01.30	34.88	1100m:	12:43.57	35.01	1500m:	17:23.46	32.72
	350m:	3:58.47	34.52	750m:	8:36.74	35.44	1150m:	13:19.07	35.50			
	400m:	4:33.03	34.56	800m:	9:11.71	34.97	1200m:	13:53.99	34.92			
5.			2004					+0,72	17:26.17			681
	50m:	31.77	31.77	450m:	5:14.11	35.19	850m:	9:56.14	34.83	1250m:	14:35.26	34.92
	100m:	1:06.34	34.57	500m:	5:49.51	35.40	900m:	10:31.19	35.05	1300m:	15:10.56	35.30
	150m:	1:41.22	34.88	550m:	6:24.60	35.09	950m:	11:05.71	34.52	1350m:	15:45.45	34.89
	200m:	2:16.36	35.14	600m:	6:59.99	35.39	1000m:	11:40.68	34.97	1400m:	16:20.46	35.01
	250m:	2:51.58	35.22	650m:	7:35.11	35.12	1050m:	12:15.13	34.45	1450m:	16:54.29	33.83
	300m:	3:27.29	35.71	700m:	8:10.53	35.42	1100m:	12:50.31	35.18	1500m:	17:26.17	31.88
	350m:	4:02.89	35.60	750m:	8:45.86	35.33	1150m:	13:25.32	35.01			
	400m:	4:38.92	36.03	800m:	9:21.31	35.45	1200m:	14:00.34	35.02			
6.			2005					+0,76	17:33.08			667
	50m:	32.10	32.10	450m:	5:12.28	35.36	850m:	9:54.73	35.80	1250m:	14:37.40	35.83
	100m:	1:06.11	34.01	500m:	5:47.42	35.14	900m:	10:30.10	35.37	1300m:	15:12.79	35.39
	150m:	1:40.78	34.67	550m:	6:22.65	35.23	950m:	11:05.60	35.50	1350m:	15:48.50	35.71
	200m:	2:15.56	34.78	600m:	6:57.75	35.10	1000m:	11:41.01	35.41	1400m:	16:23.99	35.49
	250m:	2:50.95	35.39	650m:	7:33.15	35.40	1050m:	12:15.95	34.94	1450m:	16:59.57	35.58
	300m:	3:26.25	35.30	700m:	8:08.50	35.35	1100m:	12:50.98	35.03	1500m:	17:33.08	33.51
	350m:	4:01.87	35.62	750m:	8:43.84	35.34	1150m:	13:26.09	35.11			
	400m:	4:36.92	35.05	800m:	9:18.93	35.09	1200m:	14:01.57	35.48			

, 21 - 23 2021

25, , 1500m , (15-17)								R.T.		FINA	
7.			2004					+0,84	17:38.81		657
	50m: 31.92	31.92	450m: 5:14.12	35.60	850m: 9:57.20	35.29	1250m: 14:41.93				35.63
	100m: 1:06.60	34.68	500m: 5:49.57	35.45	900m: 10:32.87	35.67	1300m: 15:18.10				36.17
	150m: 1:41.58	34.98	550m: 6:24.99	35.42	950m: 11:08.06	35.19	1350m: 15:53.90				35.80
	200m: 2:16.83	35.25	600m: 7:00.36	35.37	1000m: 11:43.63	35.57	1400m: 16:29.60				35.70
	250m: 2:52.00	35.17	650m: 7:35.58	35.22	1050m: 12:19.16	35.53	1450m: 17:04.53				34.93
	300m: 3:27.40	35.40	700m: 8:11.08	35.50	1100m: 12:54.85	35.69	1500m: 17:38.81				34.28
	350m: 4:02.86	35.46	750m: 8:46.34	35.26	1150m: 13:30.43	35.58					
	400m: 4:38.52	35.66	800m: 9:21.91	35.57	1200m: 14:06.30	35.87					
8.			2005					+0,76	17:39.76		655
	50m: 31.84	31.84	450m: 5:09.67	35.33	850m: 9:55.33	35.76	1250m: 14:43.47				36.24
	100m: 1:05.70	33.86	500m: 5:45.50	35.83	900m: 10:31.47	36.14	1300m: 15:19.34				35.87
	150m: 1:40.18	34.48	550m: 6:20.94	35.44	950m: 11:07.03	35.56	1350m: 15:55.89				36.55
	200m: 2:15.09	34.91	600m: 6:56.46	35.52	1000m: 11:42.89	35.86	1400m: 16:31.38				35.49
	250m: 2:49.73	34.64	650m: 7:32.15	35.69	1050m: 12:18.64	35.75	1450m: 17:06.61				35.23
	300m: 3:24.40	34.67	700m: 8:07.89	35.74	1100m: 12:55.25	36.61	1500m: 17:39.76				33.15
	350m: 3:59.19	34.79	750m: 8:43.99	36.10	1150m: 13:31.01	35.76					
	400m: 4:34.34	35.15	800m: 9:19.57	35.58	1200m: 14:07.23	36.22					
9.			2004					+0,81	17:48.29		639
	50m: 31.46	31.46	450m: 5:09.33	35.35	850m: 9:56.31	36.28	1250m: 14:46.83				36.37
	100m: 1:05.62	34.16	500m: 5:44.94	35.61	900m: 10:32.57	36.26	1300m: 15:23.12				36.29
	150m: 1:40.21	34.59	550m: 6:20.44	35.50	950m: 11:08.78	36.21	1350m: 15:59.72				36.60
	200m: 2:14.86	34.65	600m: 6:56.03	35.59	1000m: 11:44.88	36.10	1400m: 16:36.15				36.43
	250m: 2:49.63	34.77	650m: 7:32.24	36.21	1050m: 12:21.09	36.21	1450m: 17:12.66				36.51
	300m: 3:24.49	34.86	700m: 8:08.21	35.97	1100m: 12:57.39	36.30	1500m: 17:48.29				35.63
	350m: 3:59.07	34.58	750m: 8:44.15	35.94	1150m: 13:33.88	36.49					
	400m: 4:33.98	34.91	800m: 9:20.03	35.88	1200m: 14:10.46	36.58					
10.			2006					+0,84	17:56.57		625
	50m: 32.74	32.74	450m: 5:19.74	34.78	850m: 10:04.43	35.42	1250m: 14:55.86				36.26
	100m: 1:08.48	35.74	500m: 5:54.84	35.10	900m: 10:40.82	36.39	1300m: 15:32.25				36.39
	150m: 1:44.61	36.13	550m: 6:30.27	35.43	950m: 11:16.79	35.97	1350m: 16:08.47				36.22
	200m: 2:21.08	36.47	600m: 7:06.22	35.95	1000m: 11:54.00	37.21	1400m: 16:45.03				36.56
	250m: 2:56.66	35.58	650m: 7:41.43	35.21	1050m: 12:30.07	36.07	1450m: 17:20.94				35.91
	300m: 3:32.68	36.02	700m: 8:17.57	36.14	1100m: 13:06.48	36.41	1500m: 17:56.57				35.63
	350m: 4:08.70	36.02	750m: 8:53.62	36.05	1150m: 13:42.94	36.46					
	400m: 4:44.96	36.26	800m: 9:29.01	35.39	1200m: 14:19.60	36.66					
11.			2005					+0,83	18:09.29		603
	50m: 32.59	32.59	450m: 5:22.60	36.06	850m: 10:13.52	36.68	1250m: 15:08.65				36.93
	100m: 1:08.43	35.84	500m: 5:58.86	36.26	900m: 10:50.28	36.76	1300m: 15:45.85				37.20
	150m: 1:44.75	36.32	550m: 6:35.12	36.26	950m: 11:26.82	36.54	1350m: 16:22.72				36.87
	200m: 2:21.25	36.50	600m: 7:11.37	36.25	1000m: 12:03.87	37.05	1400m: 16:59.72				37.00
	250m: 2:57.56	36.31	650m: 7:47.82	36.45	1050m: 12:40.80	36.93	1450m: 17:35.55				35.83
	300m: 3:33.99	36.43	700m: 8:24.16	36.34	1100m: 13:17.78	36.98	1500m: 18:09.29				33.74
	350m: 4:10.20	36.21	750m: 9:00.59	36.43	1150m: 13:54.65	36.87					
	400m: 4:46.54	36.34	800m: 9:36.84	36.25	1200m: 14:31.72	37.07					
12.			2006					+0,89	18:09.68		602
	50m: 33.42	33.42	450m: 5:25.80	36.49	850m: 10:17.62	36.10	1250m: 15:09.77				36.42
	100m: 1:09.54	36.12	500m: 6:02.35	36.55	900m: 10:54.30	36.68	1300m: 15:46.37				36.60
	150m: 1:46.16	36.62	550m: 6:38.75	36.40	950m: 11:30.98	36.68	1350m: 16:23.04				36.67
	200m: 2:22.92	36.76	600m: 7:15.63	36.88	1000m: 12:07.56	36.58	1400m: 16:59.87				36.83
	250m: 2:59.49	36.57	650m: 7:52.29	36.66	1050m: 12:44.11	36.55	1450m: 17:35.42				35.55
	300m: 3:36.06	36.57	700m: 8:28.66	36.37	1100m: 13:20.50	36.39	1500m: 18:09.68				34.26
	350m: 4:12.57	36.51	750m: 9:05.01	36.35	1150m: 13:56.81	36.31					
	400m: 4:49.31	36.74	800m: 9:41.52	36.51	1200m: 14:33.35	36.54					
13.			2005					+1,15	18:10.27		601
	50m: 33.31	33.31	450m: 5:20.54	35.97	850m: 10:11.97	36.61	1250m: 15:06.95				37.07
	100m: 1:09.28	35.97	500m: 5:56.82	36.28	900m: 10:48.54	36.57	1300m: 15:43.91				36.96
	150m: 1:45.05	35.77	550m: 6:33.10	36.28	950m: 11:25.52	36.98	1350m: 16:21.18				37.27
	200m: 2:20.80	35.75	600m: 7:09.30	36.20	1000m: 12:02.45	36.93	1400m: 16:58.70				37.52
	250m: 2:56.50	35.70	650m: 7:45.66	36.36	1050m: 12:39.46	37.01	1450m: 17:35.43				36.73
	300m: 3:32.55	36.05	700m: 8:22.03	36.37	1100m: 13:16.21	36.75	1500m: 18:10.27				34.84
	350m: 4:08.40	35.85	750m: 8:58.75	36.72	1150m: 13:52.97	36.76					
	400m: 4:44.57	36.17	800m: 9:35.36	36.61	1200m: 14:29.88	36.91					

, 21 - 23 2021

25, , 1500m , (15-17)								R.T.		FINA	
14.			2006					+0,62	18:16.89		590
	50m: 32.90	32.90	450m: 5:20.61	35.61	850m: 10:14.89	36.48	1250m: 15:12.50	37.17			
	100m: 1:08.37	35.47	500m: 5:56.71	36.10	900m: 10:51.81	36.92	1300m: 15:49.76	37.26			
	150m: 1:44.58	36.21	550m: 6:33.39	36.68	950m: 11:28.78	36.97	1350m: 16:27.36	37.60			
	200m: 2:21.02	36.44	600m: 7:10.11	36.72	1000m: 12:06.01	37.23	1400m: 17:05.35	37.99			
	250m: 2:56.99	35.97	650m: 7:46.83	36.72	1050m: 12:43.75	37.74	1450m: 17:41.71	36.36			
	300m: 3:32.74	35.75	700m: 8:24.23	37.40	1100m: 13:21.39	37.64	1500m: 18:16.89	35.18			
	350m: 4:08.86	36.12	750m: 9:01.27	37.04	1150m: 13:58.24	36.85					
	400m: 4:45.00	36.14	800m: 9:38.41	37.14	1200m: 14:35.33	37.09					
15.			2006					+0,77	18:22.33		582
	50m: 34.39	34.39	450m: 5:27.45	36.91	850m: 10:22.44	37.04	1250m: 15:18.85	37.14			
	100m: 1:10.55	36.16	500m: 6:03.93	36.48	900m: 10:59.19	36.75	1300m: 15:55.85	37.00			
	150m: 1:47.53	36.98	550m: 6:40.86	36.93	950m: 11:36.36	37.17	1350m: 16:33.21	37.36			
	200m: 2:23.98	36.45	600m: 7:17.50	36.64	1000m: 12:13.13	36.77	1400m: 17:10.30	37.09			
	250m: 3:00.63	36.65	650m: 7:54.71	37.21	1050m: 12:50.39	37.26	1450m: 17:47.08	36.78			
	300m: 3:37.22	36.59	700m: 8:31.50	36.79	1100m: 13:27.33	36.94	1500m: 18:22.33	35.25			
	350m: 4:14.09	36.87	750m: 9:08.60	37.10	1150m: 14:04.86	37.53					
	400m: 4:50.54	36.45	800m: 9:45.40	36.80	1200m: 14:41.71	36.85					
16.			2006					+0,62	18:33.45		564
	50m: 32.22	32.22	450m: 5:22.67	37.32	850m: 10:22.18	37.79	1250m: 15:26.08	37.84			
	100m: 1:07.53	35.31	500m: 5:59.87	37.20	900m: 11:00.11	37.93	1300m: 16:04.03	37.95			
	150m: 1:42.90	35.37	550m: 6:37.02	37.15	950m: 11:37.89	37.78	1350m: 16:42.11	38.08			
	200m: 2:18.75	35.85	600m: 7:14.22	37.20	1000m: 12:15.89	38.00	1400m: 17:20.10	37.99			
	250m: 2:55.08	36.33	650m: 7:51.55	37.33	1050m: 12:54.23	38.34	1450m: 17:57.24	37.14			
	300m: 3:31.57	36.49	700m: 8:29.09	37.54	1100m: 13:32.27	38.04	1500m: 18:33.45	36.21			
	350m: 4:08.32	36.75	750m: 9:06.69	37.60	1150m: 14:10.17	37.90					
	400m: 4:45.35	37.03	800m: 9:44.39	37.70	1200m: 14:48.24	38.07					
17.			2005					+0,66	18:46.73		545
	50m: 32.02	32.02	450m: 5:25.70	37.51	850m: 10:31.29	38.41	1250m: 15:37.30	37.82			
	100m: 1:07.27	35.25	500m: 6:03.56	37.86	900m: 11:09.52	38.23	1300m: 16:15.61	38.31			
	150m: 1:43.36	36.09	550m: 6:41.44	37.88	950m: 11:47.70	38.18	1350m: 16:53.35	37.74			
	200m: 2:19.97	36.61	600m: 7:19.83	38.39	1000m: 12:26.10	38.40	1400m: 17:31.60	38.25			
	250m: 2:56.55	36.58	650m: 7:57.77	37.94	1050m: 13:04.49	38.39	1450m: 18:09.46	37.86			
	300m: 3:33.66	37.11	700m: 8:36.33	38.56	1100m: 13:43.16	38.67	1500m: 18:46.73	37.27			
	350m: 4:10.76	37.10	750m: 9:14.47	38.14	1150m: 14:21.24	38.08					
	400m: 4:48.19	37.43	800m: 9:52.88	38.41	1200m: 14:59.48	38.24					
18.			2006					+0,85	18:50.96		539
	50m: 32.81	32.81	450m: 5:30.96	38.36	850m: 10:34.87	38.15	1250m: 15:42.41	38.91			
	100m: 1:08.75	35.94	500m: 6:08.87	37.91	900m: 11:13.29	38.42	1300m: 16:20.72	38.31			
	150m: 1:45.34	36.59	550m: 6:46.73	37.86	950m: 11:52.00	38.71	1350m: 16:59.26	38.54			
	200m: 2:22.32	36.98	600m: 7:24.58	37.85	1000m: 12:30.08	38.08	1400m: 17:37.14	37.88			
	250m: 2:59.59	37.27	650m: 8:02.70	38.12	1050m: 13:08.85	38.77	1450m: 18:15.26	38.12			
	300m: 3:37.15	37.56	700m: 8:40.61	37.91	1100m: 13:46.83	37.98	1500m: 18:50.96	35.70			
	350m: 4:14.84	37.69	750m: 9:18.58	37.97	1150m: 14:25.10	38.27					
	400m: 4:52.60	37.76	800m: 9:56.72	38.14	1200m: 15:03.50	38.40					
19.			2005					+0,72	19:01.83		523
	50m: 32.82	32.82	450m: 5:35.38	38.83	850m: 10:42.41	38.10	1250m: 15:49.52	38.23			
	100m: 1:08.82	36.00	500m: 6:13.49	38.11	900m: 11:20.91	38.50	1300m: 16:28.21	38.69			
	150m: 1:46.26	37.44	550m: 6:52.87	39.38	950m: 11:59.26	38.35	1350m: 17:06.54	38.33			
	200m: 2:23.98	37.72	600m: 7:31.24	38.37	1000m: 12:37.06	37.80	1400m: 17:43.30	36.76			
	250m: 3:01.85	37.87	650m: 8:09.45	38.21	1050m: 13:15.26	38.20	1450m: 18:24.33	41.03			
	300m: 3:40.14	38.29	700m: 8:47.73	38.28	1100m: 13:53.46	38.20	1500m: 19:01.83	37.50			
	350m: 4:18.36	38.22	750m: 9:26.20	38.47	1150m: 14:32.39	38.93					
	400m: 4:56.55	38.19	800m: 10:04.31	38.11	1200m: 15:11.29	38.90					
20.			2005					+0,85	19:11.24		511
	50m: 33.71	33.71	450m: 5:39.84	38.23	850m: 10:50.44	38.47	1250m: 16:01.03	39.33			
	100m: 1:10.79	37.08	500m: 6:18.03	38.19	900m: 11:29.29	38.85	1300m: 16:40.03	39.00			
	150m: 1:48.96	38.17	550m: 6:56.79	38.76	950m: 12:08.15	38.86	1350m: 17:18.59	38.56			
	200m: 2:27.19	38.23	600m: 7:35.44	38.65	1000m: 12:46.81	38.66	1400m: 17:57.14	38.55			
	250m: 3:05.95	38.76	650m: 8:14.61	39.17	1050m: 13:25.19	38.38	1450m: 18:35.39	38.25			
	300m: 3:44.15	38.20	700m: 8:53.67	39.06	1100m: 14:03.42	38.23	1500m: 19:11.24	35.85			
	350m: 4:22.91	38.76	750m: 9:33.11	39.44	1150m: 14:42.63	39.21					
	400m: 5:01.61	38.70	800m: 10:11.97	38.86	1200m: 15:21.70	39.07					

, 21 - 23 2021

25, , 1500m , (15-17)

							R.T.		FINA		
21.	/						+0,65 19:30.11 I		486		
	2006										
50m:	33.06	33.06	450m:	5:39.18	39.17	850m:	10:55.35	40.87	1250m:	16:20.17	39.47
100m:	1:09.93	36.87	500m:	6:17.14	37.96	900m:	11:35.73	40.38	1300m:	16:59.18	39.01
150m:	1:48.53	38.60	550m:	6:56.52	39.38	950m:	12:16.86	41.13	1350m:	17:35.92	36.74
200m:	2:25.96	37.43	600m:	7:35.56	39.04	1000m:	12:58.39	41.53	1400m:	18:15.00	39.08
250m:	3:04.58	38.62	650m:	8:14.68	39.12	1050m:	13:38.37	39.98	1450m:	18:54.33	39.33
300m:	3:43.38	38.80	700m:	8:54.71	40.03	1100m:	14:19.14	40.77	1500m:	19:30.11	35.78
350m:	4:22.17	38.79	750m:	9:34.23	39.52	1150m:	15:00.47	41.33			
400m:	5:00.01	37.84	800m:	10:14.48	40.25	1200m:	15:40.70	40.23			
22.	/						+0,77 19:30.32 I		486		
	2006										
50m:	34.23	34.23	450m:	5:45.44	38.55	850m:	10:59.91	39.36	1250m:	16:16.54	39.40
100m:	1:11.96	37.73	500m:	6:24.90	39.46	900m:	11:40.13	40.22	1300m:	16:56.20	39.66
150m:	1:51.40	39.44	550m:	7:03.80	38.90	950m:	12:19.07	38.94	1350m:	17:36.23	40.03
200m:	2:29.49	38.09	600m:	7:42.62	38.82	1000m:	12:59.36	40.29	1400m:	18:15.37	39.14
250m:	3:08.98	39.49	650m:	8:21.97	39.35	1050m:	13:38.99	39.63	1450m:	18:54.71	39.34
300m:	3:48.15	39.17	700m:	9:02.01	40.04	1100m:	14:18.59	39.60	1500m:	19:30.32	35.61
350m:	4:27.85	39.70	750m:	9:41.23	39.22	1150m:	14:57.65	39.06			
400m:	5:06.89	39.04	800m:	10:20.55	39.32	1200m:	15:37.14	39.49			
23.	/						+0,83 19:31.33 I		485		
	2006 I										
50m:	33.40	33.40	450m:	5:41.13	38.94	850m:	10:58.43	39.95	1250m:	16:16.22	39.68
100m:	1:10.50	37.10	500m:	6:20.60	39.47	900m:	11:37.90	39.47	1300m:	16:55.83	39.61
150m:	1:48.34	37.84	550m:	7:00.10	39.50	950m:	12:17.91	40.01	1350m:	17:35.89	40.06
200m:	2:26.69	38.35	600m:	7:39.79	39.69	1000m:	12:57.60	39.69	1400m:	18:15.20	39.31
250m:	3:05.22	38.53	650m:	8:19.68	39.89	1050m:	13:37.46	39.86	1450m:	18:54.04	38.84
300m:	3:44.08	38.86	700m:	8:59.01	39.33	1100m:	14:17.11	39.65	1500m:	19:31.33	37.29
350m:	4:23.07	38.99	750m:	9:38.86	39.85	1150m:	14:56.90	39.79			
400m:	5:02.19	39.12	800m:	10:18.48	39.62	1200m:	15:36.54	39.64			