

U

18

SOPHIE MOLINEUX PATHWAY

- 2006/07** West Bairnsdale CC Debut
 - 08-16** VIC U12, U15 and U18 Teams
 - 15/16** A Grade Men's Debut for West Bairnsdale CC
 - 15/16** WBBL Debut for Melbourne Renegades
 - 16/17** Women's National Cricket League Debut for Victoria
 - 2017** National Performance Squad
 - 2018** ODI & T20 Debuts for Australia
- Premier Club:** West Bairnsdale CC
Junior Club: Dandenong CC

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2018/19 BALLARAT & BENDIGO



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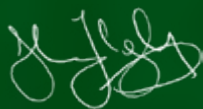
On behalf of Cricket Australia, I welcome all players, parents and families to this year's Under 18 Female National Championships.

Cricket Australia's Underage National Championships are an integral part of the Australian Cricket Pathway, and continue to provide important development opportunities for our emerging stars. These Championships are a stepping stone to further national representation and have been the major contributor of talent to the Australian Women's Team since its establishment and have helped players such as Meg Lanning and Ellyse Perry become the best in the world.

The T20 World Cup winning team recently returned from the West Indies with Georgia Wareham, Tayla Vlaeminck and Sophie Molineux all playing significant roles and it highlights that the next level is not far away with the trio all involved in the 2015/16 victorious Victorian side. To all our players, this is an exciting phase of your sporting journey and I encourage you to embrace this experience.

Enjoy the challenge of testing yourselves against the best players from across Australia, and the opportunity to play with your teammates and create memories that will last throughout your cricketing careers and beyond.

Good luck to all!



SHAWN FLEGLER

FEMALE HIGH PERFORMANCE MANAGER



WELCOME

#U18CHAMPS

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2017/18 T20 WINNERS - NSW METRO



2017/18 BETTY BUTCHER SHIELD WINNERS - ACT/NSW COUNTRY

WELCOME

On behalf of the Victorian cricket community we would like to welcome all players, officials and supporters to the 2018-2019 Cricket Australia U18 Female National Championships.

After months of training and trials, the Championships are the culmination of many hours of tireless hard work, not only from every player participating, but also from the coaching staff in each team. It is important that you enjoy the experience, over the two weeks you will witness outstanding play, and this should be celebrated but also there will be disappointment. The management of disappointment is also crucial for team success and it is in challenging situations that you will learn about yourself and those around you.

I wish to extend my sincere thanks to the regional cricket associations of both Ballarat and Bendigo, the tireless efforts of their volunteers are greatly appreciated. For both regional cricket communities to have the opportunity to be connected to a National Championship highlights that the game is truly a sport for all.

The championships would not be possible without grounds and the City of Greater Bendigo and the City of Ballarat councils have shown tremendous enthusiasm in supporting this event.

Finally, I'd like to congratulate each and every one of this year's representatives who are contesting the Cricket Australia U18 Female National Championships. It was only two seasons ago that young Victorians Sophie Molinuex, Tayla Vlaeminck and Georgia Wareham were playing in this competition. This year they were members of the recent T20 World Cup winning team which highlights that there will be players in this competition who will go on to represent their country.

Once again congratulations on your selection and your contribution to Australian cricket and ensuring that the game has another wave of strong dynamic female role models coming through.

ANDREW INGLETON

CHIEF EXECUTIVE
OFFICER

CRICKET VICTORIA







ACT/NSW COUNTRY

ACT/NSW COUNTRY

@CRICKETACT

COACH: Troy McKiernan

ASSISTANT COACH: Tommy Anderson

	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	09 LARA GRAHAM		24/8/02	Right	Right Medium	West Tamworth
	10 ALEXANDRA TIMS		11/12/01	Right	Right Medium	Sydney
	11 ANIKA LEARY		14/4/02	Right	Right Medium	Northern Districts
	13 GABRIELLE SUTCLIFFE		11/4/02	Right	Right Medium	Corowa
	14 SARAH YOUNG		19/4/02	Right	Right Medium	Dapto
	15 OLIVIA OSBORNE		6/4/02	Right	Right Fast	Ballina
	16 ALISHA BATES		18/3/02	Left	Left Orthodox	Lisarow-Ourimbah
	17 JESSICA DAVIDSON		3/5/03	Right	Right Fast	Bective-East
	18 ANITA HANDONO		31/3/01	Right	Right Medium	Sydney
	19 RACHEL TRENAMAN ^C		18/4/01	Right	Right Wrist	Wagga City
	20 ABBEY TAYLOR		1/11/01	Left	Right Orthodox	Northern Districts
	21 HANNAH FAUX		19/4/03	Right	Right Wrist	Port Macquarie
	22 EMMA HUGHES		13/11/00	Right	Right Fast	Dubbo Macquarie
	23 ALISON MCGRATH		23/1/02	Right	Right Fast	Newcastle City

 BATTING  WICKETKEEPER  BOWLING

CRICKET AUSTRALIA XI













 @CAPATHWAY

COACH: Leah Poulton

ASSISTANT COACH: Jodie Fields



CRICKET
AUSTRALIA

	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	01 JADE ALLEN		13/11/03	Right	Right Wrist	Bermagui (NSW)
	02 KAYLA BURTON		2/9/02	Right	Right Wrist	Wests Illawarra (NSW)
	03 GRACE DIGNAM		2/1/03	Right	Right Orthodox	Northern Districts (NSW)
	04 GEORGIA GALL		30/7/04	Left	Left Fast	Plenty Valley (VIC)
	05 MOLLY GODSELL		10/9/02	Right	-	Parramatta (NSW)
	06 ISABELLA GREIG		29/11/02	Right	Right Fast	Cambelltown-Cambden (NSW)
	07 ELLA HAYWARD		8/9/03	Right	Right Orthodox	Melbourne (VIC)
	08 MOLLY HEALY		15/7/03	Right	Right Fast	South Perth (WA)
	09 EMILY HINZE		29/9/02	Right	Right Fast	West Torrens (SA)
	10 RUTH JOHNSTON		28/2/03	Right	Right Orthodox	Ipswich Logan (QLD)
	11 PHOEBE LITCHFIELD		18/4/03	Right	Right Wrist	Parramatta (NSW)
	12 ARNIKA MCGREGOR		26/2/03	Right	Right Fast	Central Park St Brendans (VIC)
	13 KATE PETERSON		3/12/02	Right	Right Fast	Parramatta (NSW)
	14 GEORGIA VOLL		5/8/03	Right	Right Orthodox	Ipswich/Logan Hornets (QLD)

 BATTING  WICKETKEEPER  BOWLING



NSW
METROPOLITAN

NEW SOUTH WALES METROPOLITAN

@CRICKETNSW

COACH: Steve Jenkin
ASSISTANT COACH: Steve Davies

	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	01 ISABELLE AFARAS		9/7/01	Right	Right Orthodox	Northern District
	02 MADDY DARKE		30/3/01	Right	Right Orthodox	Universities
	05 SARAH TURNER		15/7/02	Right	Right Wrist	Northern District
	06 NELL BRYSON-SMITH		12/2/02	Right	Left Orthodox	Sydney
	08 SHIVANI MEHTA		16/8/03	Right	Right Medium	Northern District
	12 STEPHANIE ELLSMORE		7/1/02	Right	Right Fast	Campbelltown Camden
	13 OLIVIA PORTER		14/11/01	Right	Right Medium	Universities
	14 DHARMINI CHAUHAN		19/12/01	Right	Right Fast	Wollongong District
	15 ELISE NOBLE		7/3/02	Right	Right Medium	Parramatta
	16 STELLA CAMPBELL		15/6/02	Right	Right Fast	Universities
	18 ISABELLA MALGIOGLIO		25/5/02	Right	Right Wrist	Parramatta
	19 ANGELINA GENFORD		30/10/02	Right	Right Fast	Bankstown
	20 HAYLEY SILVER-HOLMES		18/8/03	Right	Right Fast	Parramatta
	22 KRISTEN MCCORMACK		16/8/01	Right	Right Fast	Parramatta
	23 HANNAH DARLINGTON ^C		25/1/02	Right	Right Medium	Campbelltown Camden

BATTING WICKETKEEPER BOWLING

NORTHERN TERRITORY

 @NTCRICKET

COACH: Richard Griffiths

ASSISTANT COACH: Nicole Honeysett



	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	01 OLIVIA PILKINGTON		27/4/06	Right	Right Medium	Darwin (NT)
	02 CLODAGH RYALL		8/7/02	Left	Left Fast	Redland Tigers (QLD)
	03 MATISSE HUNTER		6/2/02	Right	Right Medium	Federal (NT)
	04 KIRA HOLMES		8/11/02	Right	Right Medium	Ipswich/Logan (QLD)
	05 MONET HUNTER		6/2/02	Right	Right Medium	Federal (NT)
	06 CHLOE GIACOMO		30/5/03	Right	Right Medium	Nightcliff (NT)
	07 RUBY STRANGE		25/11/02	Right	Right Medium	BITS (QLD)
	08 RACHEL HARTUNG		14/6/01	Right	Right Medium	Works (NT)
	09 GILLIAN CHALMERS		7/9/2000	Right	Right Medium	Valley District (QLD)
	11 ALEXANDRA BLYTON		11/1/04	Right	Right Medium	Southern Districts (NT)
	17 JEMMA SAVILL		14/8/02	Right	Right Medium	Sandgate - Redcliffe (QLD)
	18 RIANNA CARLSON		6/5/03	Right	Right Medium	Palmerston (NT)
	19 AMBER CLOUGHESSY ^C		3/4/02	Left	Left Medium	Palmerston (NT)
	20 JESSICA BRADLEY		13/9/01	Right	-	Valley (QLD)

 BATTING  WICKETKEEPER  BOWLING



QUEENSLAND
CRICKET

QUEENSLAND
@QLDCRICKET

COACH: Jude Coleman
ASSISTANT COACH: Mark Sorrell

	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	01 ANNIE WIKMAN ^C		27/4/01	Right	Right Medium	Western Suburbs
	02 KATE MCDONALD		14/2/02	Right	Right Medium	University of Queensland
	04 EMMA JACKSON		1/12/01	Left	Right Medium	Ipswich/Logan
	06 KIRSTEN DAVEY		24/6/02	Right	Right Fast	Sandgate - Redcliffe
	07 CHARLI KNOTT		29/11/02	Right	Right Orthodox	Valley
	09 CAITLIN MAIR		5/5/03	Right	-	Sandgate - Redcliffe
	10 STACY ROCKLIFF		14/5/01	Right	Right Medium	Norths
	11 LILLY MILLS		2/1/01	Right	Right Orthodox	Sandgate - Redcliffe
	12 ELLIE JOHNSTON		29/1/03	Right	Right Wrist	Ipswich/Logan
	13 COURTNEY SIPPEL		27/4/01	Left	Right Fast	Western Suburbs
	14 NEVE LYNCH		1/7/01	Right	Right Wrist	Valley
	15 RENEE IRVINE		22/1/01	Right	Right Medium	Murgon
	16 EMILY VALLANCE		14/9/01	Right	Right Fast	Valley

 BATTING  WICKETKEEPER  BOWLING

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SOPHIE
MOLINEUX

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SOPHIE MOLINEUX

PLAYER PATHWAY ////

What's been your pathway from your first game of cricket to now?

I started playing cricket in Bairnsdale, where I played a lot of boy's and men's cricket until I was about 11. I got asked to try out for the under 12 school sports team and played a couple of years of that. I ended up playing underage cricket for Victoria in the under 15s as a 13-year-old, going away to Canberra for our first tournament. I went through the age groups, playing a few years of under 15s, then onto the under 18s and eventually in my last year we were lucky enough to win the Under 18 Female National Championships.

What was it like coming through the age groups, knowing there was a clear pathway for you?

I was lucky to come in at the time I did, even when I was 13 I could see a clear pathway and knew that if I kept getting selected each year that eventually I might be able to get contracted with the senior Victorian team and if that went well, Australia. Everything was really clear and especially with the way it was done in Victoria, the Victorian players would filter through so you'd see them and spend time with them which made the pathway even clearer.



Hailing from Bairnsdale in Victoria's East Gippsland region, Sophie Molineux is living the dream. Molineux's story is one that so many girls can relate to. Her first game of cricket was for West Bairnsdale's under 13 side, where she mixed it with the boys, and then worked her way through the age groups before making her A Grade men's debut as a 16-year-old.

The spin-bowling all-rounder made her debut for the Melbourne Renegades the same year in what was the first season of the rebel Women's Big Bash League – now the world's leading Twenty20 competition for women. Molineux's career gathered pace, from playing at her first Under 15 National Championships at the age of 13 to making her debut for the Victoria just six years later. There was no doubt about the direction her career was heading.

What are some of your fondest memories playing in the Under 18 Female National Championships?

The main one that stands out is winning the National Championships in Canberra. I'd played three finals before that and we lost them all quite convincingly to New South Wales, so to be able to win that last one was really special. I remember playing and captaining against Ash Gardner a lot which is cool given we're Australian teammates now. Even at that age, Ash was doing things that most other girls at the carnival couldn't, so it doesn't surprise me to see what she's doing now.

What are some of the key things you learned from playing in the National Championships?

When I reflect on underage cricket I think of how much enjoyment and fun that come out of it, it was a good time and almost the best time to play cricket when there's not as much pressure and you're out there with 10 of your mates playing for your state which is really cool. Doing all the fitness testing at that age and starting to understand the importance of those things off the field was important as well as having access to really good coaches. Although we weren't training as much as we are now, you'd go to training in Melbourne and head home with things to work on for the next few weeks.

This year's Under 18 Female National Championships are in regional Victoria, how exciting is that for you as a country kid?

Being from Bairnsdale in country Victoria, I would have loved to have been able to go down the road and see a Melbourne Renegades player or watch an Under 18 Female

National Championships match, so I love hearing that these carnivals are going to the country. I think country people hang on to everything that comes their way, you'll get a lot of locals who are really interested in it and I think it'll help grow cricket in the area immensely.

What advice you give someone coming through the Under 18s knowing the next step could be a State or WBBL contract?

I'd say to enjoy yourself especially at that level, travelling with your friends and playing a week of cricket, it was one of the best weeks of the year for me. Things happen really quickly, one minute I was batting at number three in an Under 18s final and next minute I was in a Governor-General's XI game two days later, so work hard and keep chipping away and you might be surprised at what can happen.

You came through the ranks the same time as your housemates Georgia Wareham and Tayla Vlaeminck, and are now playing for Australia together, what's that like?

I think we've got a pretty proud under 18 coach back at home in Duncan Harrison! There's a big group of girls from that winning team that have gone on to play state cricket for Victoria and now to see Tayla and Georgia in the Australian environment, I think we're all still pinching ourselves that we're here together. It's really cool to think three years ago we were little ratbags playing up in Sydney. There's a lot of people in Victoria that have put a lot of work and effort into us and it's amazing to put on the green and gold and think of them and how much they've done and how much we appreciate it.



SOUTH AUSTRALIA

@SACANEWS

COACH: James Treagus
ASSISTANT COACH: Neisha Iles

	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	01 RACHEL CHURCH ^C		8/8/01	Right	Right Medium	Kensington
	02 EMMA DE BROUGHE		6/9/00	Right	Right Medium	Sturt
	03 KATIE ROWE		13/11/00	Right	Right Medium	Northern Districts
	04 STEPHANIE BEAZLEIGH		22/1/03	Right	Right Medium	Northern Districts
	05 DARCEE BROWN		7/3/03	Right	Right Fast	Northern Districts
	06 CAITLIN EDMUNDS		18/10/00	Right	Right Medium	West Torrens
	07 SARAH FERRIS		22/9/00	Right	Right Orthodox	Port Adelaide
	08 TAYLAH GREGORY		31/12/01	Right	Right Orthodox	Northern Districts
	09 TARLEE MEANEY		29/9/00	Right	Right Medium	Northern Districts
	10 LAURA NIEJALKE		29/1/01	Right	Right Medium	West Torrens
	11 SOPHIE ROBERTS (WEEK 1)		15/3/01	Right	Right Fast	Northern Districts
	12 BELLA SMITH		20/9/01	Right	Right Fast	Kensington
	13 ELLA WILSON		17/11/03	Right	Right Medium	Southern District
	14 AMELIA RAULT (WEEK 2)		17/6/03	Right	Right Medium	Sturt

BATTING WICKETKEEPER BOWLING


































TASMANIA

 @CTPATHWAYS

COACH: Alex Pyecroft

ASSISTANT COACH: Matt Geeves



	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	03 CLARE SCOTT	 	23/9/01	Right	Right Medium	University of Tasmania
	04 AMY SMITH		16/11/04	Right	Right Wrist	New Town
	05 MEG RADFORD	 	29/10/00	Right	Right Medium	South Launceston
	07 SARAH BRECKWEG		12/7/02	Right	Right Medium	South Hobart Sandy Bay
	08 SOPHIE PARKIN ^C	 	3/3/01	Right	Right Medium	Riverside
	09 EMMA MANIX-GEEVES		12/8/00	Right	Right Medium	Riverside
	10 CASSIE MCLOUGHLIN		13/7/04	Right	Right Wrist	New Town
	11 GRACE MOLNAR		12/11/02	Right	Right Medium	New Town
	12 BONNIE DAVIES	 	12/9/00	Right	Left Medium	Kingborough District
	13 AMY DUGGAN	 	21/6/02	Right	Right Medium	South Launceston
	14 CHLOE ABEL	 	3/12/02	Right	Right Medium	University
	15 ELLA MARSH		25/3/03	Left	Right Orthodox	North Hobart
	16 STACEY NORTON-SMITH	 	7/11/01	Right	Right Medium	South Launceston

 BATTING  WICKETKEEPER  BOWLING



CRICKET VICTORIA
ACADEMY

VICTORIA COUNTRY

🐦 @CVSTATECHAMPS

COACH: Nicole Martin
ASSISTANT COACH: Dulip Samaraweera

	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	05 JAIDE ANTHONY		20/11/03	Right	Right Orthodox	Prahan
	06 JASMIN NEVINS		7/10/03	Right	Right Fast	Kangaroo Flat
	08 SOPHIE VAN DE HEUVEL		10/12/00	Left	Right Fast	Essendon Maribyrnong Park Ladies
	11 RHYS MCKENNA		17/8/04	Right	Right Fast	Carrum
	16 TIANA ATKINSON		30/4/02	Right	Right Medium	Prahan
	17 ALYSSA HUMPHRIES		3/12/00	Right	Right Medium	Essendon Maribyrnong Park Ladies
	19 MEIKA KING		26/6/03	Right	Right Fast	Collegians
	22 LILY TASSELL		1/4/01	Right	Right Medium	Hay
	24 LUCY CRIPPS		6/12/01	Right	Right Fast	Dandenong
	25 MADELINE JONES		25/7/02	Right	Left Medium	Essendon Maribyrnong Park Ladies
	27 MERINDA HALE		19/6/02	Right	Right Medium	Pines
	31 LETESHA BAWDEN		16/10/02	Right	Right Medium	White Hills
	32 MARDIE HAMILTON [©]		4/1/02	Right	Right Orthodox	Essendon Maribyrnong Park Ladies

BATTING WICKETKEEPER BOWLING

VICTORIA METROPOLITAN






































 @CVSTATECHAMPS

COACH: Duncan Harrison

ASSISTANT COACH: Anna O'Donnell



CRICKET VICTORIA
ACADEMY

	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	03 ANNABEL SUTHERLAND [Ⓢ]	 	12/10/01	Right	Right Fast	Prahran
	07 ERIKA QUINN		1/2/01	Right	Right Wrist	Coburg
	09 EVE SHEEHAN		14/9/01	Left	Left Medium	Brunswick
	10 LARA SHANNON		8/2/03	Right	-	Box Hill
	12 OLIVIA THOMAS		14/5/03	Right	Right Fast	Ringwood
	13 CAITLIN MORANDO	 	1/5/02	Right	Right Medium	Box Hill
	14 HAILEY FERRIS	 	20/5/03	Right	Right Wrist	Box Hill
	15 TESS FLINTOFF	 	31/3/03	Right	Right Fast	Ringwood
	16 ALEX CLANCY		23/6/02	Right	Right Medium	Prahran
	19 OLIVIA DOWNES	 	18/12/00	Right	Right Fast	Melbourne
	25 JESS MATIN	 	28/6/02	Right	Right Medium	Dandenong
	26 HOLLY SPENCER	 	7/6/01	Right	Right Medium	Box Hill
	28 KATIA JOMINI	 	22/11/01	Right	Right Orthodox	Carlton/Brunswick
	32 AVA BENNETT	 	25/10/01	Right	Right Orthodox	Prahran

 BATTING  WICKETKEEPER  BOWLING



WACA

WESTERN AUSTRALIA

@WACA_CRICKET

COACH: Becky Grundy

ASSISTANT COACH: Kath Hemenstall

	NAME	SKILL	DOB	BATTING	BOWLING	CURRENT CLUB
	07 JACQUI NAIDOO		28/12/01	Right	Right Medium	Subiaco Floreat
	09 SAMANTHA GUADRIO		30/8/02	Right	Right Medium	Wembley Districts
	15 POPPY STOCKWELL		24/10/03	Right	Left Medium	South Perth
	16 ZOE BRITCLIFFE		15/9/01	Right	Right Fast	South Perth
	19 ASHLEE KING		1/9/00	Right	Right Fast	Melville
	20 MILLIE MONAGHAN ^C		5/10/01	Right	Right Orthodox	Subiaco Floreat
	21 OLIVIA PURNELL		23/5/02	Right	Right Wrist	Subiaco Floreat
	22 EMMA MEULEMAN		6/3/01	Right	Right Fast	South Perth
	23 SONIYA YADAV		23/10/01	Right	Right Orthodox	University
	24 GEORGIE IRELAND		2/7/01	Right	Right Medium	Midland Guildford
	27 GORGIA PLATTEN		10/3/03	Left	Right Medium	Melville
	29 EMMA DAVIDSON		5/10/01	Right	Right Fast	Subiaco Floreat
	30 CHARLOTTE COOKE		21/3/02	Right	Right Fast	Subiaco Floreat

BATTING WICKETKEEPER BOWLING

SUMMER OF INTERNATIONAL CRICKET



COMBANK WOMEN'S
INTERNATIONAL SERIES | T20

AUS vs NZ

SAT 29 SEP
North Sydney Oval, Sydney
MON 1 OCT
Allan Border Field, Brisbane
FRI 5 OCT
Manuka Oval, Canberra



PRIME MINISTER'S XI | ODI

PM'S XI vs SA

WED 31 OCT
Manuka Oval, Canberra



GILLETTE ODI SERIES

AUS vs SA

SUN 4 NOV
Perth Stadium, Perth
FRI 9 NOV
Adelaide Oval, Adelaide
SUN 11 NOV
Blundstone Arena, Hobart



GILLETTE T20 INTL

AUS vs SA

SAT 17 NOV
Metron Stadium,
Gold Coast



GILLETTE T20 INTL

AUS vs IND

WED 21 NOV
Gabba, Brisbane
FRI 23 NOV
MCG, Melbourne
SUN 25 NOV
SCG, Sydney



DOMAIN TEST SERIES

AUS vs IND

THU 6 - MON 10 DEC
Adelaide Oval, Adelaide
FRI 14 - TUE 18 DEC
Perth Stadium, Perth
WED 26 - SUN 30 DEC
MCG, Melbourne
THU 3 - MON 7 JAN 2019
SCG, Sydney



GILLETTE ODI SERIES

AUS vs IND

SAT 12 JAN 2019
SCG, Sydney
TUE 15 JAN 2019
Adelaide Oval, Adelaide
FRI 18 JAN 2019
MCG, Melbourne



DOMAIN TEST SERIES

AUS vs SL

THU 24 - MON 28 JAN 2019
Gabba, Brisbane | Day-Night
FRI 1 - TUE 5 FEB 2019
Manuka Oval, Canberra



COMBANK WOMEN'S
INTERNATIONAL SERIES | ODI

AUS vs NZ

FRI 22 FEB 2019
The WACA Ground, Perth
SUN 24 FEB 2019
Karen Rolton Oval, Adelaide
SUN 3 MAR 2019
Junction Oval, Melbourne

TICKET PRICES

WOMEN'S INTERNATIONAL

ADULTS*	CONCESSION*	KIDS*
\$15	\$10	FREE

MEN'S INTERNATIONAL

From		
ADULTS*	KIDS*	FAMILY*
\$30	\$10	2 ADULTS & 2 KIDS
		\$65

PRIME MINISTER'S XI

From		
ADULTS*	KIDS*	FAMILY*
\$25	\$10	2 ADULTS & 2 KIDS
		\$55

*At match price. Agency transaction fee of \$2.95 (women's matches) / \$7.25 (men's matches) / \$5.65 (PM's XI) applies to online purchases. ^ Kids under 15 as at match date will need a valid match ticket. Book free kids' tickets with yours.

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CRICKET
AUSTRALIA

CHAMPIONSHIP

UMPIRES

UP FOR THE TEST

Irish International and South Australia Cricket Association Umpire Development Panel member Mary Waldron will be among 12 Match Officials appointed to the Under 18 Female National Championships to be held in Bendigo and Ballarat in Regional Victoria.

Waldron's cricketing career features a mix of both playing and umpiring the game, having played 40 One-Day Internationals and 47 T20 Internationals for Ireland, with her most recent appearance coming in the 2018 ICC Women's T20 World Cup in the West Indies. It's been a big year for Waldron who made her List-A Debut in a match between Ireland A and Bangladesh A men's teams in Dublin back in August.

Waldron's first taste of Australia came back in 2014 in the Apple Isle where she played and umpired in the Tasmania Premier Cricket Competition. From there she began to ply her trade during the northern summer

returning to Australia to play and umpire in Adelaide where in her two season, she stood in all four Senior Men's Grades across all three formats of the game.

This year's tournament will be Waldron's second appearance at this level having stood on-field in Canberra last year. Waldron's appointment to these National Championships is part of a broadening of female representation across the country with a record number of females appointed to Cricket Australia and State and Territory Umpire Panels in season 2018-19. Former New South Wales now West Australian Umpire Kirsten Funston also returns to this year's tournament after also officiating last year in Canberra.

UMPIRES

Joshua Adie (QLD)

Dhaval Bhatt (SA)

Sam Burns (TAS)

Jarryd Buscall (WA)

Darren Foster (NSW)

Kirsten Funston (WA)

Dale Ireland (VIC)

Kieran Knight (NSW)

Andrew Scotford (ACT)

Mary Waldron (SA)

SUPPORT STAFF

Neil Findlay (Tournament Referee)

Steve Davis (Umpire Selector)



NUTRITION FOR CRICKET PERFORMANCE

What you eat and drink around your training and match sessions can improve (or hamper) your performance. Planning ahead will help to ensure your nutrition plan stays on track.

FUELLING

All players should prepare for a match or training session by consuming a meal or snack that contains quality carbohydrate food. Topping up fuel stores with additional carbohydrate food at the lunch break, and between training sessions is essential to ensure the muscles and brain continue to function well.

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This could include:

- Wholegrain sandwich
- Fruit
- Yoghurt



MID-TOURNAMENT 'MUNCHIES'

Players can find by mid-tournament they crave more variety, particularly with their snack options.

Whilst the chocolate vending machine can seem tempting, keep in mind your nutrition goals throughout the whole tournament. Plan ahead and pack some of your favourite snacks from home so that you can continue to fuel and recover well.

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This could include:

- Nuts or Trail mix
- Wholegrain cereal bars
- Freeze dried berries
- Nut bars



RECOVERY

Recovery nutrition is important during and after a match. The key nutrients involved in repairing and regenerating your muscles and re-fuelling your body are protein and carbohydrates. Make sure you choose snacks and meals that have a combination of these nutrients during breaks and at the end of play or training.

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This could include:

- Flavoured milk or smoothie
- Greek yoghurt with fruit
- Sandwich with lean meat/chicken or cheese and salad

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HYDRATION

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Staying hydrated is the one key to performing well. When you become dehydrated, you lose your coordination, ability to make good decisions and play the right shot. It also makes you feel like you are working a lot harder than you really are and tire more easily.

- Be planned and prepared – always have a water bottle in your school/uni and cricket bag
- Sip on water regularly during the day – not just when you get to training or a match
- Make the most of opportunities to drink including training breaks, over changes, the fall of wickets and when you are not on the field
- Sports drinks can assist with your fuelling during heavy training days or matches



TIP! To help with your rehydration – weigh in before and after each innings. For every 1 kg lost this represents 1 L of fluid lost

BENDIGO/BALLARAT, VICTORIA

UNDER 18 FEMALE NATIONAL CHAMPIONSHIPS

MONDAY 14 - THURSDAY 24 JANUARY, 2019

T20 COMPETITION

HOME TEAM	AWAY TEAM	VENUE
ROUND 1 – MONDAY, 14 JANUARY 2019 - 10.00AM		

ACT/NSW Country	v	Victoria Metro	Eaglehawk
Tasmania	v	Queensland	Weeroona
Victoria Country	v	Northern Territory	Kangaroo Flat
NSW Metro	v	Cricket Australia XI	Harry Trott
Western Australia	v	South Australia	QEO

ROUND 2 – MONDAY, 14 JANUARY 2019 - 2.30PM		
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Northern Territory	v	ACT/NSW Country	Kangaroo Flat
Cricket Australia XI	v	Western Australia	Eaglehawk
Queensland	v	South Australia	Weeroona
Victoria Country	v	NSW Metro	Harry Trott
Victoria Metro	v	Victoria Country	QEO – 6.30pm

ROUND 3 – TUESDAY, 15 JANUARY 2019 - 10.00AM		
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ACT/NSW Country	v	Queensland	QEO
Northern Territory	v	Victoria Metro	Eaglehawk
Tasmania	v	Western Australia	Kangaroo Flat
South Australia	v	NSW Metro	Harry Trott
Cricket Australia XI	v	Victoria Country	Weeroona

ROUND 4 – TUESDAY, 15 JANUARY 2019 - 2.30PM		
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Northern Territory	v	Tasmania	Eaglehawk
Victoria Metro	v	Queensland	Kangaroo Flat
Cricket Australia XI	v	South Australia	Harry Trott
Victoria Country	v	Western Australia	Weeroona
ACT/NSW Country	v	NSW Metro	QEO – 6.30pm

HOME TEAM	AWAY TEAM	VENUE
ROUND 5 – THURSDAY, 17 JANUARY 2019 - 10.00AM		

Victoria Country	v	ACT/NSW Country	Harry Trott
Western Australia	v	Queensland	Eaglehawk
NSW Metro	v	Northern Territory	Kangaroo Flat
Cricket Australia XI	v	Tasmania	QEO
Victoria Metro	v	South Australia	Weeroona

ROUND 6 – THURSDAY, 17 JANUARY 2019 - 2.30PM		
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Tasmania	v	ACT/NSW Country	Harry Trott
Queensland	v	Northern Territory	Eaglehawk
Victoria Metro	v	Cricket Australia XI	Weeroona
Western Australia	v	NSW Metro	Kangaroo Flat
South Australia	v	Victoria Country	QEO – 6.30pm

SEMI FINAL – FRIDAY, 18 JANUARY 2019 - 10.00AM		
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A1	v	B2	QEO
B1	v	A2	Eaglehawk
A3	v	B5	Kangaroo Flat
B3	v	A5	Harry Trott
A4	v	B4	Weeroona

FINALS – FRIDAY, 18 JANUARY 2019 - 2.30PM		
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LSF1	v	LSF2	Eaglehawk
5	v	6	Kangaroo Flat
7	v	8	Harry Trott
9	v	10	Weeroona
WSF1	v	WSF2	QEO – 6.30pm

WEDNESDAY REST/RESERVE DAY**

SATURDAY TRAVEL TO BALLARAT

*Fixture subject to change

** Reserve days may be used if matches unable to be played/completed on scheduled days.

This is subject to Technical Committee approval and with no teams playing more than 3 days of cricket in a row.

BENDIGO/BALLARAT, VICTORIA

UNDER 18 FEMALE NATIONAL CHAMPIONSHIPS

MONDAY 14 - THURSDAY 24 JANUARY, 2019

50 OVER COMPETITION

HOME TEAM	AWAY TEAM	VENUE
ROUND 1 – SUNDAY, 20 JANUARY 2019 - 11.00AM		
1	v 3	Eastern
2	v 4	North Ballarat
5	v 7	Wendouree
6	v 8	St Pats 1
9	v 10	St Pats 2
ROUND 2 – MONDAY, 21 JANUARY 2019 - 10.00AM		
7	v 1	North Ballarat
8	v 2	Eastern
3	v 9	Wendouree
4	v 10	St Pats 1
5	v 6	St Pats 2

TUESDAY REST/RESERVE DAY**		
ROUND 3 – WEDNESDAY, 23 JANUARY 2019 - 10.00AM		
3	v 5	Eastern
1	v 9	Wendouree
4	v 6	North Ballarat
2	v 10	Ballarat Grammar
7	v 6	Alfredton
FINAL – THURSDAY, 24 JANUARY 2019 - 10.00AM		
1	v 2	Eastern
3	v 4	Wendouree
5	v 6	North Ballarat
7	v 8	Ballarat Grammar
9	v 10	Alfredton

BENDIGO - U18 VENUES

CLUB NAME	FIELD NAME	ADDRESS
Bendigo United Cricket Club	Harry Trott Oval	Neale Street, Kennington
Eaglehawk Cricket Club	Canterbury Park Oval	1 Simpsons Road, Eaglehawk
Kangaroo Flat Cricket Club	Dower Park	1A Station Street, Kangaroo Flat
QEO	Queen Elizabeth Oval	View Street, Bendigo
Weeroona Cricket Club	Lake Weeroona Rec Reserve	347 Napier Street, Bendigo

BALLARAT - U18 VENUES

CLUB NAME	FIELD NAME	ADDRESS
Ballarat Grammar School	Main Oval	201 Forest Street, Wendouree
Ballarat Redan Cricket Club	Alfredton Recreation Reserve	89 Cuthberts Road, Alfredton
Golden Point Cricket Club	Eastern Oval	Ebden Street, Ballarat East
North Ballarat Cricket Club	Northern Oval No. 2	Henderson Street, Wendouree
St Patrick's College	Oval No. 1	1431 Sturt Street, Ballarat Central
St Patrick's College	Oval No. 2	1431 Sturt Street, Ballarat Central
Wendouree Cricket Club	CE Brown Reserve	Dowling Street, Wendouree



Images from the U18 National Female Championships taken by Brody Grogan Photography.

These can be viewed and purchased at: www.brodygrogan.com

**KEEP
CRICKET
CLEAN**

SEE IT? HEAR IT? **REPORT IT!**

Corruption, doping and other improper conduct have no place in cricket.
If you see or hear something that threatens the integrity of the
game you should report it to Cricket Australia's Integrity Unit.

There are a number of ways you can confidentially report integrity risks:

QR CODE



CRICKET INTEGRITY HOTLINE
1300 FAIR GAME
1300 3247 4263

AMS APP



You can also directly contact the Cricket Australia Integrity Unit at:
integrity@cricket.com.au

