



MAGAZINE

— WINTER —

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THE OFFICIAL PUBLICATION FOR
MICHIGAN ATHLETICS SUPPORTERS
AND STUDENT-ATHLETE ALUMNI

INSIDE

Celebrating
**WOMEN &
BLACK HISTORY**

SUPER WEEKEND
for MICHIGAN FOOTBALL

+

100 YEARS
OF MICHIGAN
SWIMMING & DIVING

CHARLES WOODSON

*Pro Football Hall of Fame Inductee
Heisman Trophy Winner
Proud Wolverine*



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LETTER FROM
JOHN "JUMBO" ELLIOTT

College Football Hall of Fame Class of 2020

CHATting WITH JOHN "JUMBO" ELLIOTT, you can just imagine his large frame seated comfortably on an over-sized chair with a big grin on his face, reminiscing about his time in Ann Arbor. A retired 14-year NFL veteran, two-time All-American and four-year starter on the offensive line, Jumbo was selected to the College Football Hall of Fame as part of the Class of 2020. He will be formally inducted this December in New York City.

After several years of being on the ballot, Jumbo says he eventually forgot about being nominated. Until a phone call with his Michigan running back, Jamie Morris, was interrupted by a delivery.

"I'm on the phone with Jamie, a package comes and my girlfriend brings it in. It's a box. She puts it on the table, opens it and says, 'Oh it's a football.' I'm thinking, some people send stuff to get signed, that's all it is. She says, 'There's a letter on top from the National Football Foundation.' Jamie responds, 'Do you know what that is?! You made the Hall!'"

Despite Jamie's exclamation, Jumbo continued with the conversation that had been interrupted. As Jumbo explained, when he's speaking with someone he's focused on that and wasn't going to get distracted. Even for an honor as big as the College Football Hall of Fame. As it began to register, though, Jumbo reflected on not what the honor means to him, but what it means to Michigan, and all the people along the way.

Over the next several days it started to hit home, and I started thinking about the great tradition of Michigan, and in particular the linemen, and the great linemen who are in the Hall or should be in the Hall.

You start thinking back to high school, how you started out, about going to Michigan. I remember Bo being in my parents' kitchen with Gary Moeller in Lake Ronkonkoma, Long Island. I remember Bo telling my mom and dad, 'When John comes home after a year, you won't recognize your son.' In other words, we're gonna go to work! I was a big gangly kid, I was growing 3-4 inches a year. As I would joke with my high school coach Fred Fusaro, I was like a baby giraffe back then.

I looked at every school on the East Coast you can imagine. When I went to visit Michigan and when Bo came to the house, everything just felt different. It felt like, THIS is what college football is. THIS is tradition. THIS is excellence. This is it.

I was a young kid, just happy to be a part of all that would be outstanding. I didn't think I'd start for four years and then the couple times I was All-American. I think about all the hard work the team put in, that I put in with the coaches, the development, the cliché of blood, sweat and tears. The great times I had in college with my fellow linemen, with Jim Harbaugh my quarterback, and Jamie my running back. I think about Michigan's great offensive linemen like Dan Dierdorf, Mike Kenn, Bubba Paris, Steve Hutchinson. So many great players.

So when it started to hit me, it was more about representing the school itself. It's just awesome to be a part of. I have pride in being selected, but it just more cements the tradition of the school. It's a little part of that tradition. It's good for the school and good for the football program.



John "Jumbo" Elliott

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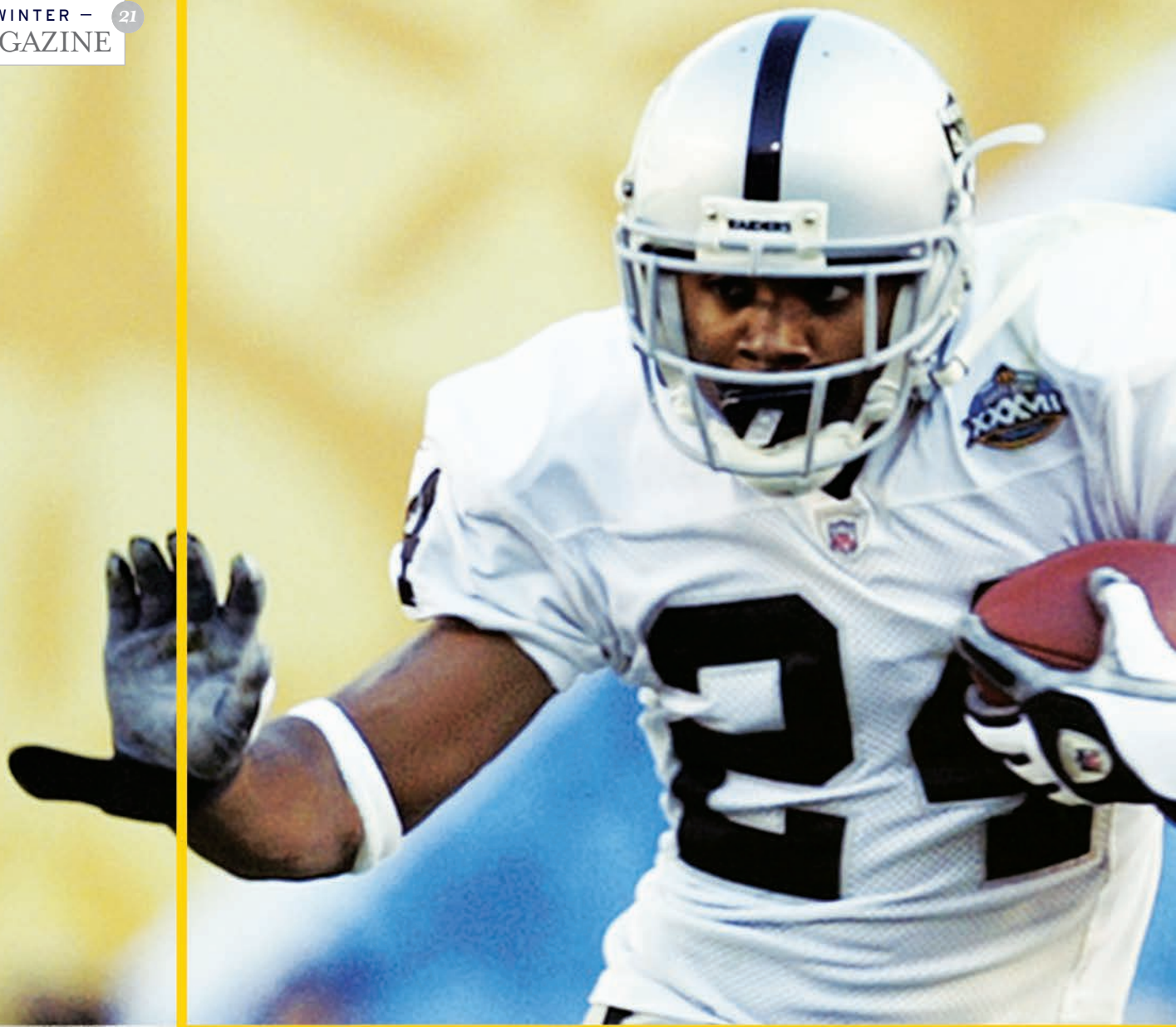


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**WOLVERINES IN SUPER BOWL LV***Participants***TAMPA BAY**

Tom Brady (Super Bowl MVP)
Harold Goodwin (assistant head coach/run game coordinator)
Larry Foote (outside linebackers coach)
John Spytek (director of player personnel)

KANSAS CITY

Taco Charlton
Frank Clark
Mike Danna
Chad Henne
Patrick O'mameh

CELEBRATION FOR MANY WOLVERINE ALUMNI

A SUPER WEEKEND

Super Bowl Rings and Hall of Fame Honors

THE FIRST WEEKEND OF FEBRUARY was a good one for Michigan football alumni and fans. First came an emotional Pro Football Hall of Fame announcement for Charles Woodson, followed by a Super Bowl win for several Wolverines: Tom Brady; Larry Foote (outside linebackers coach); and John Spytek (director of player personnel).

WELCOME TO CANTON!

Only the 10th Heisman Trophy winner to earn induction into the Pro Football Hall of Fame, Charles Woodson is the 11th Wolverine to earn his way to Canton. In video captured by the Las Vegas Raiders, Woodson was caught by surprise while filming an interview when he was told of his selection into the Hall. He will be enshrined alongside Michigan teammate Steve Hutchinson, who was selected as part of the 2020 class; the 2020 induction was delayed one year due to the pandemic. The enshrinement week ceremonies are scheduled for Aug. 5-9, 2021.

Woodson was drafted by the Oakland Raiders with the fourth overall pick of the 1998 NFL Draft. He played for the Raiders from 1998-2005 and 2013-15, and for Green Bay from 2006-2012. He played in two Super Bowls, winning XLV with the Packers and playing in XXXVII with the Raiders, while reaching the playoffs a total of eight times. He was selected to nine Pro Bowls — one of the few players selected to the game in three different decades — and earned All-Pro honors eight times. The 1998 NFL Defensive Rookie of the Year and 2009 NFL Defensive Player of the Year, Woodson was named to the NFL's 2000s All-Decade Team, along with Hutchinson. He also received the NFL's Art Rooney Award in 2015 for outstanding sportsmanship on the field.

A two-time All-American and one of just two Wolverines to earn All-Big Ten honors all four years, Hutchinson was the 17th overall pick of the 2001 NFL Draft by the Seattle Seahawks. He spent 12 years in the NFL with Seattle (2001-05), Minnesota (2006-11) and Tennessee (2012). He was a seven-time All-Pro and Pro Bowl selection (2003-09). The 2006 and 2009 NFL Alumni Offensive Lineman of the Year, Hutchinson was named to the NFL's All-Decade Team for the 2000s.

SUPER BOWL LV

Led by Tom Brady, Tampa Bay won Super Bowl LV with a 31-9 victory over Kansas City on its home turf at Raymond James Stadium. The win further cemented Brady's legacy with his seventh Super Bowl title and fifth Super Bowl MVP award, two records that will not soon be broken. He is the NFL's all-time winningest quarterback — regular season and postseason — and has more Super Bowl appearances and titles than any franchise in the league.



WOLVERINES IN THE PRO FOOTBALL

Hall of Fame

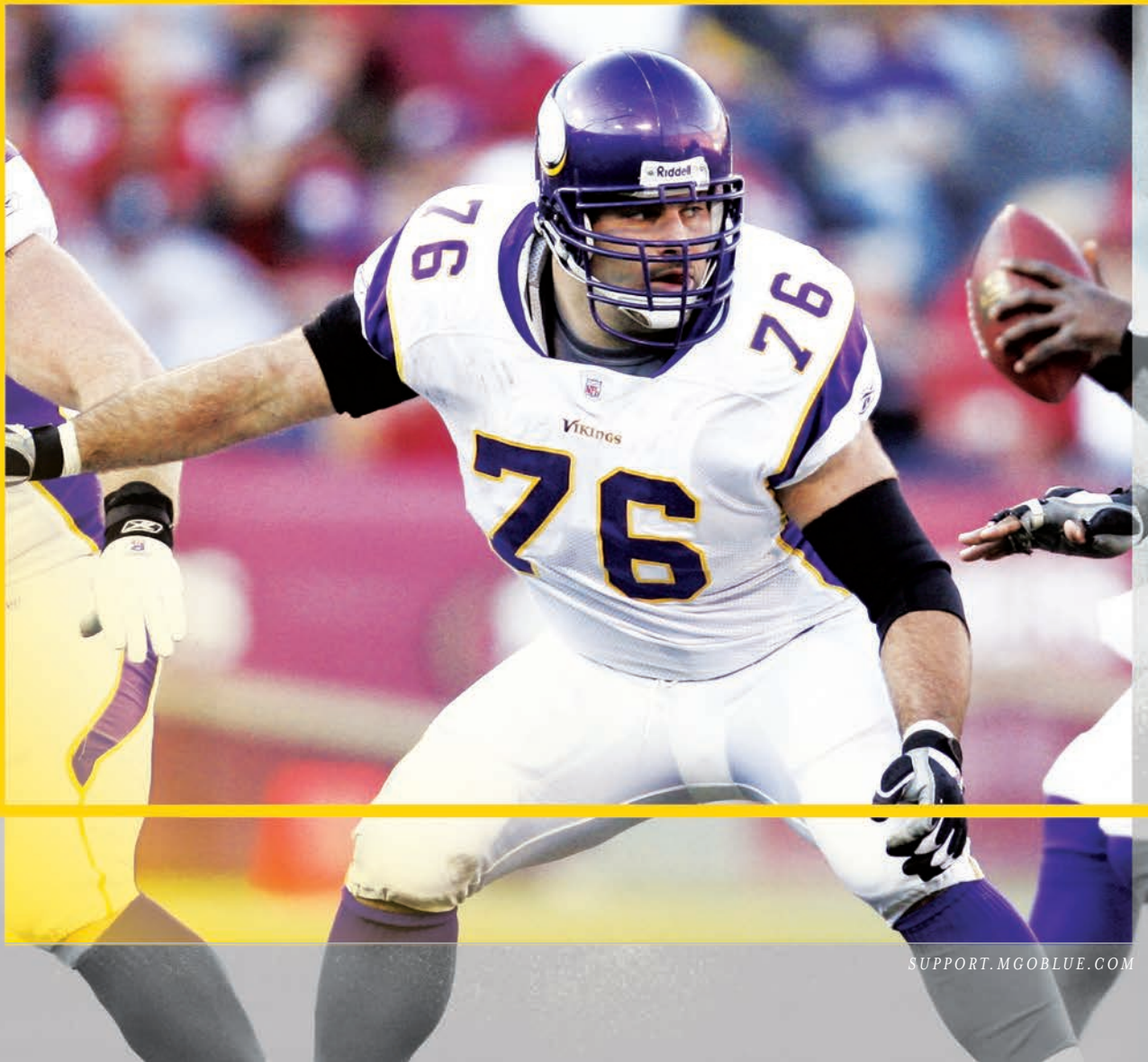
Charles Woodson is the 11th Wolverine named to the Pro Football Hall of Fame, the most among Big Ten schools and third all-time.

George Allen (2002)
Dan Dierdorf (1996)
Len Ford (1976)
Benny Friedman (2005)
Bill Hewitt (1971)
Elroy Hirsch (1968)
Steve Hutchinson (2020)
Ty Law (2019)
Tom Mack (1999)
Ralph Wilson Jr. (2009)
Charles Woodson (2021)

Tom Brady has more Super Bowl appearances and titles than any franchise in NFL history.



HALL OF FAME YEAR FOR FOUR WOLVERINES Including Charles Woodson, a total of four Wolverines will be officially inducted into three different Halls of Fame this year as three ceremonies were delayed in 2020 due to the pandemic. Last year, Steve Hutchinson (BOTTOM — Pro Football Hall of Fame), Rudy Tomjanovich (RIGHT — Naismith Basketball Hall of Fame) and John “Jumbo” Elliott (TOP — National Football Foundation and College Football Hall of Fame) were named to their respective Class of 2020. Tomjanovich’s induction is scheduled for the May 14–15 weekend in Connecticut, while Elliott’s is in December in New York City. You can read about Jumbo on page two of this issue and Rudy Tomjanovich in the Spring 2019–20 issue of M Magazine at MGoBlue.com/magazine.



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thoughts

from **WARDE MANUEL**

UPDATES FROM MICHIGAN

AS THE CALENDAR FLIPPED TO 2021 AND THE UNIVERSITY OF MICHIGAN CONTINUES TO WORK ITS WAY THROUGH THE POTHOLES OF A PANDEMIC, Donald R. Shepherd Director of Athletics Warde Manuel spoke with Jon Jansen in the year's first In the Trenches podcast on MGoBlue.com. They covered an array of topics, from a two-week department-wide shutdown, to Black History Month in February. As always, it resulted in some illuminating and important insights.

REFLECTING ON THE TWO-WEEK SHUTDOWN OF ALL ATHLETICS COMPETITION AND PRACTICE:

"It's not been easy for our student-athletes, coaches and staff. We were underway with several of our seasons, about to start with the majority of our sports. It came as a surprise to them but they're

resilient, all of them. Our head coaches have shown great leadership and our student-athletes are leading the effort to continue to do the things that are necessary to prevent COVID."

THE PREPARATION IT HAS TAKEN TO GET ALL SPORTS IN A POSITION TO COMPETE:

"Lots of work has been done throughout this year in preparation for what we would do: in the fall; when we transitioned some of them to spring or winter; and then in preparation to start our spring sports. Credit goes to Elizabeth Heinrich as our Senior Woman Administrator (SWA), and our sports administrators for the Olympic sports. Elizabeth is really interfacing with other SWAs in the Big Ten as they work through scheduling to put the seasons together, working with the NCAA in terms of championships. It's a lot of work."

Jon Jansen and Warde Manuel



THE CHALLENGE OF HAVING 28 OF 29 SPORTS COMPETING AT THE SAME TIME:

“This is something that none of the schools have had to deal with, this many teams participating as we ramp up a new year. Normally, seven of our teams would have been done with their seasons. Now we have 28 of 29 that are undertaking their seasons. When you get to that number of home events that’s where you stretch the staff very thin in terms of what we normally do for each of our teams.

“Given we’ll have limited fans there, we can re-shuffle some of the staff to support our team and the visiting teams when we host events. There are days that we could have up to 5-6 competitions going on at the same time, or more. It’s quite an undertaking for the staff, particularly with the need to clean facilities during and between competitions.”

WHAT ARE THE SAFETY PROTOCOLS IN PLACE?

“It’s the same as it was for football, basketball, hockey, which all started last semester. In all of our venues, you’ll see the same cleanliness, the same signage. That will be consistent throughout all our facilities.

“As it relates to testing, it depends what the NCAA and Big Ten medical committee looks at in terms of the number of tests that need to be done on a weekly basis — depending on if it’s a high contact, low or intermediate sport. A sport like football, basketball, hockey that are high contact, we’ve been testing them six days a week during a competition week with antigen testing, following up with PCR if necessary. For a sport like golf, they’re tested less because there’s less contact; there’s no physical contact on the course. Tennis is another one. They can distance based on the game itself. So we’re testing our athletes anywhere from 3-6 days a week.”

WHAT DOES BLACK HISTORY MONTH MEAN TO YOU AND WHY IS IT IMPORTANT TO CELEBRATE?

“It’s a time to reflect on where we have come as a country and society; on the people who have made a difference in making sure opportunities are there. A person like Hank Aaron, who just passed away — without his determination, his grit, his fortitude, his character, the things he was able to endure so student-athletes of color could be in positions they’re in, so I could elevate to this position.

“I do a lot of reading; I watch a lot of the presentations and programs on campus, whether it’s in the arts, sciences, athletics, to listen to some of the history, some of the progress, some of the things that still need to be done to improve opportunities.

“I look at what President Biden has done with the diversity in his cabinet both for minorities and women. These are not given. We’re not just giving opportunities out because of skin color, it’s because of what they’ve earned. And we open that opportunity and the selection occurs naturally. It’s that openness to want to make sure that you are inclusive, that you do have a wide net cast. That you’re not just specifically focused on people that your friends know. You’re focused on who does a great job, who’s the best in the business. Those are the things that I think will get us opportunities to move forward as a country, as a university, and the things we’re doing to make a difference.

“It’s a time for us to reflect and think back to my father and my grandfathers and what they went through to make sure we’re moving in the right direction. And to set up the development of young people so they can continue to drive success. And then hopefully one day, as Dr. King said, you’ll be judged by the content of your character and not the color of your skin. That’s the day we are all continuing to strive for.”

“HOPEFULLY ONE DAY, AS DR. KING SAID, YOU’LL BE JUDGED BY THE CONTENT OF YOUR CHARACTER AND NOT THE COLOR OF YOUR SKIN. THAT’S THE DAY WE ARE ALL CONTINUING TO STRIVE FOR.”



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TO FORM A MORE DIVERSE, EQUITABLE AND INCLUSIVE UNION DE&I AND MICHIGAN ATHLETICS

MICHIGAN ATHLETICS IS AMONG the 50 University of Michigan schools, colleges and units that have drafted Diversity, Equity and Inclusion strategic plans within the University's overarching umbrella plan. The University and 50 unit plans were designed to be implemented over a five-year period that are continuously reviewed and refined. Each plan is revised annually.

The athletic department's DE&I initiative is a collaboration between Donald R. Shepherd Director of Athletics Warde Manuel's Athletics Leadership Team and the department's DE&I volunteer committee. Over 25 staff members sit on the committee, led by Chief Diversity Officer and head of athletic counseling Abigail Eiler, along with co-leads Whitney Tarver, athletics associate director of development, and Ruquel Atchison, athletics academic counselor.

Now in its fifth year, the department strategic objectives for all staff and student-athletes are comprised of the four over-arching priorities that were determined by feedback from staff and student-athletes: 1) awareness; 2) hiring, recruiting and retention; 3) respect; and 4) silos.



AWARENESS

An effort to not only educate but to support and celebrate our diverse community, increase awareness of the department DE&I initiatives and events across all student-athletes, coaches and staff. Ways to accomplish this are through: inclusive training for staff; increased information sharing and promotion of DE&I-related events; working with Human Resources and leadership to include DE&I presentations during the onboarding process for new hires.

HIRING, RECRUITING & RETENTION

By applying a DE&I lens to current practices, increase the percentage of women and under-represented minorities in full-time positions and in the student-athlete population annually. This process begins by tracking and analyzing staff and student-athlete demographics in collaboration with Human Resources, coaching staff and sport administration.

RESPECT

The concept of respect is approached in three ways: 1) create and apply a shared definition of respect that is reflected in the day-to-day department operations; 2) promote a safe and supportive environment by educating our community on sexual and gender-based misconduct prevention; and 3) identify areas across our campus that are not ADA compliant and determine ways to provide more inclusive spaces. Continue to develop the department's culture of respect by: addressing it in staff meetings and annual performance reviews; developing unit-specific value statements that promote culture and climate change; working with HR, athletics leadership and sport administration to clarify methods of conflict resolution.

SILOS

Increase engagement and interaction between student-athletes and staff to help build a stronger sense of community, while

also increasing feelings of belonging and value. Efforts to break down silos include: offering increased networking and fellowship opportunities; facilitating the development of employee resource groups and providing resources related to campus groups; ensuring student-athletes have a voice and active role in department DE&I efforts.

EXPECT RESPECT

Michigan DEI

Last year, a survey was distributed across the athletic department assessing the culture of respect and identifying areas where improvement could be made. Suggestions that were submitted, some of which have already been implemented, include:

- Provide educational sessions and training for staff on workplace culture, diversity and inclusion and how to better communicate with others
- Increase visibility and interactions between Leadership Team, Coaching and Athletic Department Staff
- Understanding everyone's role is important
- Recognize difficulties and challenges in various roles and respect their value
- Encourage gratitude
- Incorporate collaboration and team building
- Awareness of contributions both big and small
- Take time to acknowledge others
- Treat others with kindness
- Listen to others
- Appreciate others
- Do the little things

TO FORM A MORE DIVERSE, EQUITABLE AND INCLUSIVE UNION DE&I AND MICHIGAN ATHLETICS

*“DIVERSITY is where everyone is invited to the party.
EQUITY means that everyone gets to contribute to the playlist.
And INCLUSION means that everyone has the opportunity to dance.”*

*- Robert Sellers, U-M Vice Provost for Equity and Inclusion and Chief
Diversity Officer*

MICHIGAN ATHLETICS DE&I GOALS

DIVERSITY: We commit to increasing diversity, which is expressed in myriad forms, including race and ethnicity, gender and gender identity, sexual orientation, socio-economic status, language, culture, national origin, religious commitments, age, (dis)ability status, and political perspective.

EQUITY: We commit to working actively to challenge and respond to bias, harassment and discrimination. We are committed to a policy of equal opportunity for all persons and do not discriminate on the basis of race, color, national origin, age, marital status, sex, sexual orientation, gender identity, gender expression, disability, religion, height, weight or veteran status.

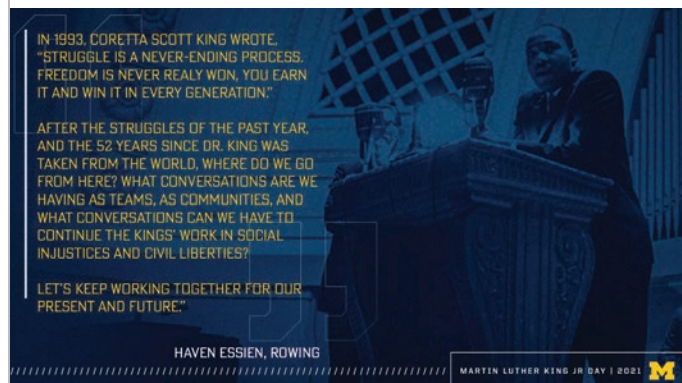
INCLUSION: We commit to pursuing deliberate efforts to ensure that our campus is a place where differences are welcomed, different perspectives are respectfully heard, and where every individual feels a sense of belonging and inclusion. We know that by building a critical mass of diverse groups on campus and creating a vibrant climate of inclusiveness, we can more effectively leverage the resources of diversity to advance our collective capabilities.

WHAT HAS BEEN DONE SO FAR?

- More outreach.
- Involving student-athletes and Wolverine Against Racism student-athlete organization in DE&I conversations and decisions.
- Hosted two initiatives since the beginning of the year: MLK Symposium with alumnae Casey Bufford and Mira Shane addressing increased communication, importance of advocacy, working collectively.
- Microaggression training.
- Student-athlete vote on messaging approved by the NCAA for uniforms in 2020-21, which can be seen on items such as jerseys, helmets and warm-up apparel.

WHERE DO WE GO FROM HERE?

- More education.
- Increase social media presence
- Increase collaboration and interaction with staff, including monthly DE&I emails addressing allyship, training, education, resources to create a culture we are all proud of.
- Engage in comfortable conversations in a safe place
- Create programming and planning to support our goals and objectives.



CELEBRATING WOMEN & BLACK HISTORY

IN THE CONFLUENCE OF FEBRUARY AND MARCH, it's interesting to note that these months call out a collective of individuals to celebrate and consider: Black History Month in February, and Women's History Month in March. It has become increasingly necessary to recognize and celebrate these individuals, their achievements, thoughts and contributions. But why limit it to 59 (sometimes 60) days of the year?

In some ways, the diversity, equity and inclusion of both demographics have come a long way, and in others, not so much. In this section of M Magazine, we highlight some of the inspiring individuals who are role models and trailblazers in Michigan Athletics.

PHYLLIS WHEATLEY WATERS (1914-17) of Charleston, West Virginia, is considered by Michigan Athletics historian Greg Kinney of the U-M Bentley Historical Library, as the first black basketball player – male or female – at the University.

She played for the "Class of 1917" team in competition sponsored by the Women's Athletic Association. Phyllis went on to a distinguished career as an educator, primarily at Crispus Attucks High School in Indianapolis, and civil rights activist. U-M gave her an Outstanding Achievement Award in 1973.

As far as Michigan's first varsity Black female student-athlete, Kinney bestows that honor to Lydia Sims as a member of the 1973-74 women's basketball team. A Detroit native, she lettered for the Wolverines in 1974, '76 and '77.



Phyllis Wheatley Waters



FISH

BASSETT

WATERS

VAUSELOW

ARMSTRONG

HANCHETTE

SCHENKMAN

McFARLANE

VAIL

CELEBRATING WOMEN & BLACK HISTORY

"IT IS A TIME TO AMPLIFY THE VOICES THAT ARE OFTEN TALKED-OVER OR SILENCED, A TIME TO ACKNOWLEDGE THE ACHIEVEMENTS AND INNOVATION THAT HAVE BEEN OVERLOOKED AND UNDERVALUED, A TIME TO SHOUT OUT THE TRAILBLAZERS WHO PAVED THE WAY FOR ME AND OTHERS WHO LOOK LIKE ME."

Where Do We Go From Here?

In 1967, Dr. Martin Luther King Jr. asked "Where Do We Go From Here" in what would be his final book. In January, the University of Michigan's celebration of Martin Luther King Day asked that very question in its annual symposium. The athletic department asked that question again throughout Black History Month. Through conversations and profiles with our student-athletes and staff, we celebrated Black people and culture, while recognizing our country's history.

On Feb. 1, we introduced Black History Month with thoughts from associate director of development Whitney Tarver, who is a co-leader of the department's DE&I implementation. In her message, she closed with a plea, "not (to) confine the spirit and joy of this celebration to the 28 days of February, but to carry them forward as we pave the way for the next generation." So while we celebrate Women's History Month, let us not forget that both Black history and Women's history should be lauded year-round.

In many ways, the ramp-up to Black History Month 2021 feels different. Heavier. There's a greater sense of urgency around it. An increased need for the joy of celebrating the many contributions Black people have made to American culture since the nation's founding. A clamoring for Black stories, music and art to continue our mass (un)learning. Underdog narratives of triumph are needed now more than ever to help lift our spirits and cleanse our timelines.

But in many ways, it feels the same. While the word "unprecedented" continues to define our current collective state, the word "familiar" could also be used to describe the experience for the Black community. In addition to being disproportionately impacted by COVID-19, we are still enthralled in a fight for racial equality, justice and civil rights. The duality of celebrating and finding joy in the midst of pain, sacrifice and loss is not new to us, and this year is no different. It is within that duality, though, that the strength of our community lies. The ability to find light in the darkest of times; to press forward when every obstacle lies ahead; to continue to speak up when those close to you have been silenced; to keep fighting when bone-weary; to love when experiencing hate; to live, achieve, and prosper amid deep-seated oppression.

That joy has always been and continues to be our greatest form of resistance.

So, Where Do We Go From Here?

A poignant question, and also the theme of U-M's 2021 Rev. Dr. Martin Luther King Jr. Symposium. To chart the path forward, we all must strive to learn from where and which we came — a complete history lesson inclusive of the most marginalized people, those who



Whitney Tarver

have often been removed from the narrative. Black history IS American history. We must accurately and appropriately credit the life-changing contributions from the Black community in the development of our nation. We must not allow ourselves to become complacent or satisfied with how far we've come, or the achievements of our ancestors will have been made in vain.

Black History Month is, of course, a time to reflect upon our history, a history we know is laden with pain, and to honor the legacies of those who sacrificed so much in the name of progress, but it is also a time to pay homage through joy and celebration. It is a time to amplify the voices that are often talked-over or silenced, a time to acknowledge the achievements and innovation that have been overlooked and undervalued, a time to shout out the trailblazers who paved the way for me and others who look like me.

I hope that the lessons learned from our history and the wisdom of our elders and ancestors inspire us all to find ways to overcome divisions, and I implore you to not confine the spirit and joy of this celebration to the 28 days of February, but to carry them forward as we pave the way for the next generation.

ABIGAIL EILER

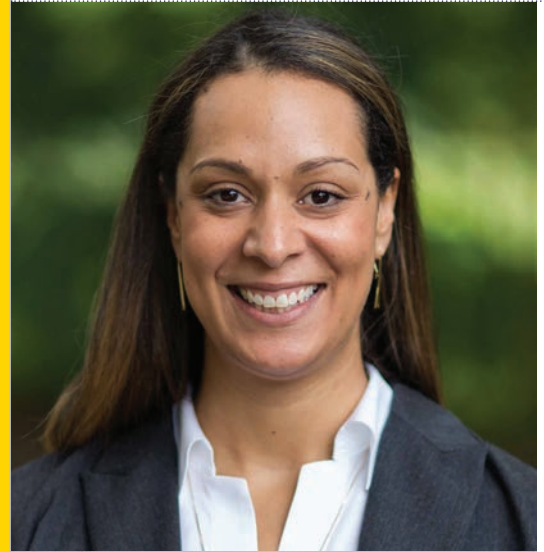
MICHIGAN'S HEALING HELPER

Wiidookaagewikwe

SOME MAY KNOW HER AS ABBI ROWE, a member of Michigan's first three water polo teams (2001–03), and as she proudly states, the varsity program's first Black student-athlete. Now Abigail Eiler, she still plays a role with Michigan Athletics, actually multiple roles.

When Greg Harden officially retired in the spring of 2020, there were big shoes to fill in the way of counseling for Michigan Athletics. Yet in the midst of a world-wide pandemic and the vast unknowns and stresses arising from that, Abigail seamlessly stepped in as the Director of Athletic Counseling. A few months later, she added the role of the department's Chief Diversity Officer. In her primary appointment at the University of Michigan, as a clinical assistant professor, she teaches courses to Master's of Social Work and PhD students in U-M's MSW program — from which she herself graduated — and provides instruction in the school's Community Action and Social Change undergraduate minor. She is the perfect fit for all these roles and is impressive in all aspects.

When Abigail speaks — with her calming and intentional demeanor — she's always educating, always opening eyes to culture and diversity. So it is with no surprise that when asked to answer some questions about herself and what Black history means to her, the responses were captivating and insightful.



Abigail Eiler

Title: Mother, Daughter, Sister, ashangewikwe (Ojibwe for social worker), wiidookaagewikwe (Ojibwe for healing helper)

Hometown: “The Magic City”

What's your WHY or what keeps you motivated personally/professionally?

The Seven Generations, the belief that how I engage with others (what I do, what I say, how I show up) will influence the seven generations that follow me. My personal and professional motivation is rooted in my faith and the belief that positive intentions and actions will help contribute to a healthier, safer and more equitable life. My ancestors were not afforded similar opportunities, and I often remind myself that “we are our ancestors’ wildest dreams,” and that it’s something that I will never take for granted.

How do you celebrate Black History Month?

I connect with family, read books and poems from rising Black authors, and spend time educating my children on Black history.

Why do you think it's important to commemorate Black history?

It’s essential to reflect and highlight the several accomplishments and contributions that Black folks have made in our country and across the world. As a mother, it is my responsibility to share and educate my children on Black history far beyond what any classroom can provide to them. Each year I begin with an article from The Advocate-Messenger; it discusses the emancipation history of my ancestors from slave owner, John Rowe. Knowing

where I come from helps guide where I am going — and that is something to celebrate!

Which Black historical figure(s) do you most admire and why?

1. My father, Ron Rowe, was the first Black police officer in Hammond, Indiana, in 1965. To be a Black Native officer at the height of the Civil Rights Movement took a great deal of courage and strength, something that he passed along to his children, grandchildren and great-grandchildren.
2. Booker T. Washington and Frederick Douglass. As a descendant of both, I am reminded that being an educator is an essential piece of my social fabric and that reform comes from listening, learning, planning and implementing the change that we deserve.
3. Maya Angelou and James Baldwin, both of whom contributed to my love for reading with intention. These two authors became a guide for me during my time in college, and I am forever grateful to them.

Share a quote from a Black historical figure that resonates with you:

“If there is a book that you want to read, but it hasn’t been written yet, you must be the one to write it.” — Toni Morrison

Share a song from your Black History Month playlist:

“I Wish I Knew” by Nina Simone

Share a title from your BHM reading list:

“Heavy: An American Memoir” by Kiese Laymon

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Celebrating Women & Black History

NAZ HILLMON

WOMEN'S BASKETBALL

"Just being able to open my mouth and say what I am feeling has been something that I have been working on. I know that when I was younger, I would only have those social justice conversations with my family. And then it was maybe with my closest friends."

"But after watching what was going on this summer, I couldn't keep my mouth closed anymore. Over those months, I finally believed that I have a platform to speak my piece. It started with my parents believing in me and questioning me from a young age to help me then bring those conversations to my teammates, my friends, my social media. It is important to be heard and to put your voice out there because people are listening."

— Junior Naz Hillmon

“NAZ WILL DO WHATEVER SHE NEEDS TO DO FOR OUR TEAM TO BE SUCCESSFUL AND HAS PROVEN THAT IN SO MANY DIFFERENT WAYS THIS SEASON. I HAVE BEEN COACHING FOR A LONG TIME AND HAVE NEVER SEEN A PERFORMANCE LIKE SHE HAD WHEN SHE SCORED 50.”

— HEAD COACH KIM BARNES ARICO



A LEADER ON THE COURT AND OFF

Naz Hillmon

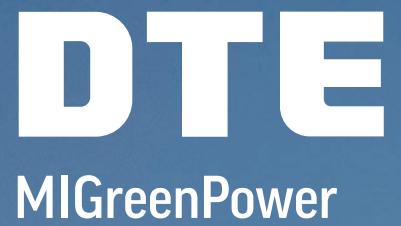
It's undeniable that Naz Hillmon is in the midst of an historic season – and career – for the women's basketball team. From the day she first stepped on the hardwood at Crisler Center, it was obvious she was cut from a different cloth. Her growth during her junior year though can be measured both on and off the court. With a voice and insight into social justice struggles, and a scoring touch that resulted in first a 30-point and 20-rebound game, and then a school record 50-point game, double-zero is certainly making a difference.

AWARDS & HONORS

- Member of the Big Ten's Equality Coalition, serving on the education committee
- Preseason Big Ten Player of the Year (coaches)
- Preseason All-Big Ten (consensus)
- Wooden Award Late Season Top 20 Watch List
Outstanding collegiate basketball player of the year
- Wade Trophy Watch List
Best college women's basketball player in the country who not only excels athletically, but serves as a positive role model both on and off the court.
- Naismith Trophy Midseason Team
Most outstanding women's basketball player who achieves tremendous on-court success.
- Katrina McClain Award Top 10 Finalist
Top power forward in women's NCAA Division I college basketball
- Three-time NCAA Starting Five Honoree (Dec. 2, Jan. 12, Jan. 27)
- ESPNW Player of the Week (Jan. 11)
- USBWA Ann Meyers Drysdale National Player of the Week (Jan. 12)
- Three-time Big Ten Player of the Week (Nov. 30, Jan. 11, Jan. 25)
- Second Player in Program History with a 30-20 Game
35 points, 22 rebounds vs. Nebraska (Jan. 7)
- Michigan's First 50-Point Game
Scored first 50-point game (with 16 rebounds) in Michigan basketball history (men or women) against Ohio State on Jan. 21. Previous records were set by Diane Dietz (45) and Cazzie Russell and Rudy Tomjanovich (48).

“SHE IS ON A MISSION THIS SEASON AND IS SO FOCUSED. SHE WANTS TO BE THE BEST AND WANTS TO WIN A CHAMPIONSHIP. SHE HAS LIVED AND BREATHED THAT EVERY SINGLE DAY. AND WHEN I SAY THAT SHE WANTS TO BE THE BEST, THAT'S NOT JUST ON THE BASKETBALL COURT. SHE WANTS TO BE THE BEST IN LIFE.”

— HEAD COACH KIM BARNES ARICO

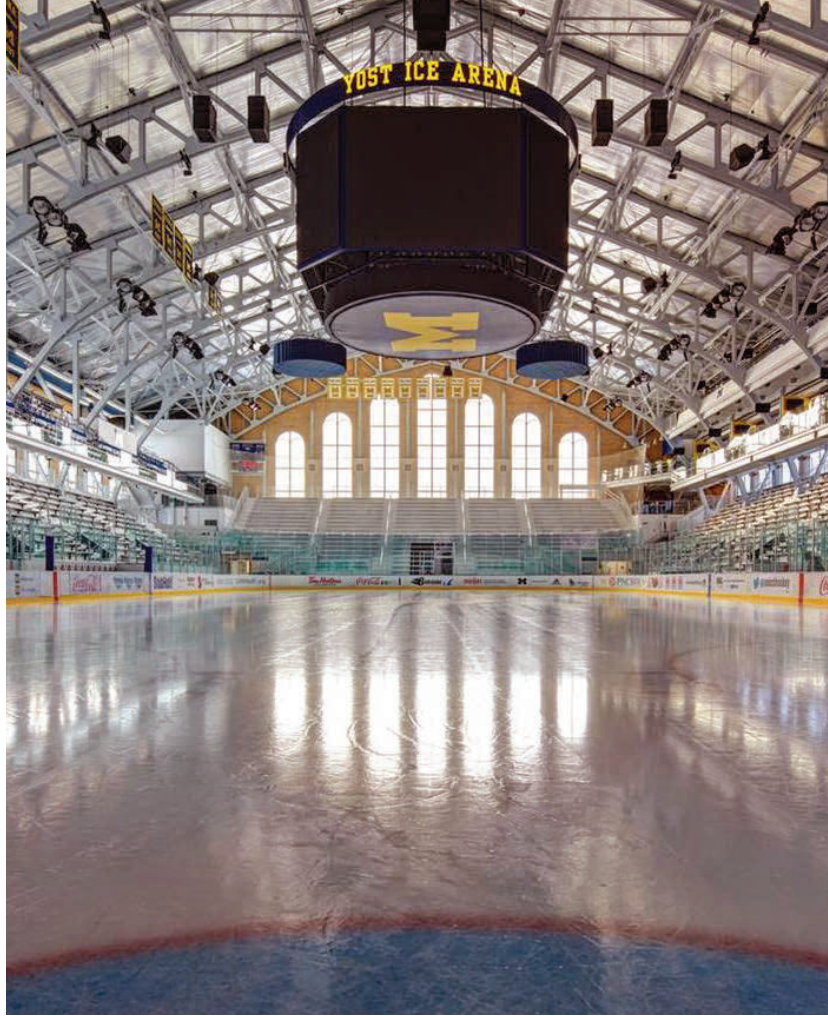


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MICHIGAN'S ALL-TIME LEADING RUSHER, MIKE HART, will return to Michigan Stadium to roam the sidelines as an assistant coach in 2021.

HART & BELLAMY RETURN, JOINED BY THREE NEW FACES ROUND TWO IN MAIZE AND BLUE

"AFTER MY FRESHMAN YEAR AT MICHIGAN, I KNEW I WANTED TO COACH. FOOTBALL HAS GIVEN ME OPPORTUNITIES I WOULDN'T HAVE OTHERWISE HAD. WHAT FOOTBALL DOES FOR PEOPLE, HOW IT DEVELOPED ME — I DIDN'T HAVE A DAD, MY COACHES WERE MY DAD. THOSE ARE THE PEOPLE WHO TAUGHT ME."

— MIKE HART

The Michigan football coaching staff features several new faces in 2021, and two in particular who are very familiar to the Wolverine faithful.

A busy offseason saw former Wolverines Mike Hart (2004-07) and Ron Bellamy (1999-2002) return to Schembechler Hall as J. Ira and Nicki Harris Family Head Football Coach Jim Harbaugh announced their hiring, as well as Lester Family Defensive Coordinator Mike Macdonald, linebackers coach George Helow, and defensive backs coach and co-defensive coordinator Maurice Linguist.

For Michigan fans, it's particularly meaningful to see Hart, the running backs coach, and Bellamy, the safeties coach, back in the Maize and Blue.

"I've watched their careers. They were student-athletes when I was here as the administrator for football and I've gotten to know those two as they've developed," said Donald R. Shepherd Athletic Director Warde Manuel. "I've been impressed with what they've done in their careers. Knowing what I know about those two, I'd be super excited about the elevation they'll be bring."

The all-time leading rusher in Michigan football history, Hart's previous coaching stops were at Eastern Michigan (2011-14), Western Michigan (2014-15), Syracuse (2016) and Indiana (2017-20). In 2020, he was elevated to Indiana's associate head coach. In 10 seasons as a coach, Hart has mentored four 1,000-yard rushers, two Mid-American Conference Freshmen of the Year and the 2014 MAC Offensive Player of the Year. In 2018, he was a Broyles Award nominee and received recognition as a Top 25 recruiter by Rivals.com for his work on the 2019 class.

"The way I coach is the way I played," Hart told Ed Kengerski on Inside Michigan Football. "I like winning. I don't like losing. When I'm a player, I want to win. When I play video games with my son, I want to win. I'm going to do everything I can to win."

A two-time Doak Walker Award finalist at Michigan, Hart finished fifth in the 2006 Heisman Trophy balloting. He was a three-time All-Big Ten first team selection and was the 2004 Big Ten Freshman of the Year. Hart shared the Bo Schembechler Most Valuable Player Award in 2006 and received the honor again in 2007.

"After my freshman year at Michigan, I knew I wanted to coach," Hart explained. "Football has given me opportunities I wouldn't have otherwise had. What football does for people, how it developed me — I didn't have a dad, my coaches were my dad. Those are the people who taught me."

After graduating from Michigan in 2009, Hart was selected by the Indianapolis Colts in the sixth round of the 2008 NFL Draft. He played three seasons for the Colts, culminating with an appearance in Super Bowl XLIV against the New Orleans Saints.

Bellamy concluded his 11th season as head coach at West Bloomfield High School this year, going out with a bang by leading the team to the Division I state championship, the school's first. Compiling a 76-41 record, Bellamy led them to the playoffs in each of the last seven years while helping 165 of his student-athletes to earn collegiate scholarships, 50 at the Football Bowl Subdivision level.

"Michigan means a great deal to me and my family, and we can't wait to get to work helping the football program achieve its goals," Bellamy said at the time of his hiring.

As a wide receiver for the Wolverines, he recorded 67 catches for 888 yards and nine touchdowns. He went on to earn spots on the Miami Dolphins practice squad in 2003 and 2004 and had stints with the Baltimore Ravens (2005) and Detroit Lions (2007-08).

Big staffing changes were also made on defense with three new coaches. Defensive coordinator Mike Macdonald brings 13 years of coaching experience to Ann Arbor.

"Mike is an excellent defensive mind who is highly respected across the NFL," Harbaugh said. "He has been a valuable member of the Baltimore Ravens staff, and shown a passion for teaching, coaching and developing his players."

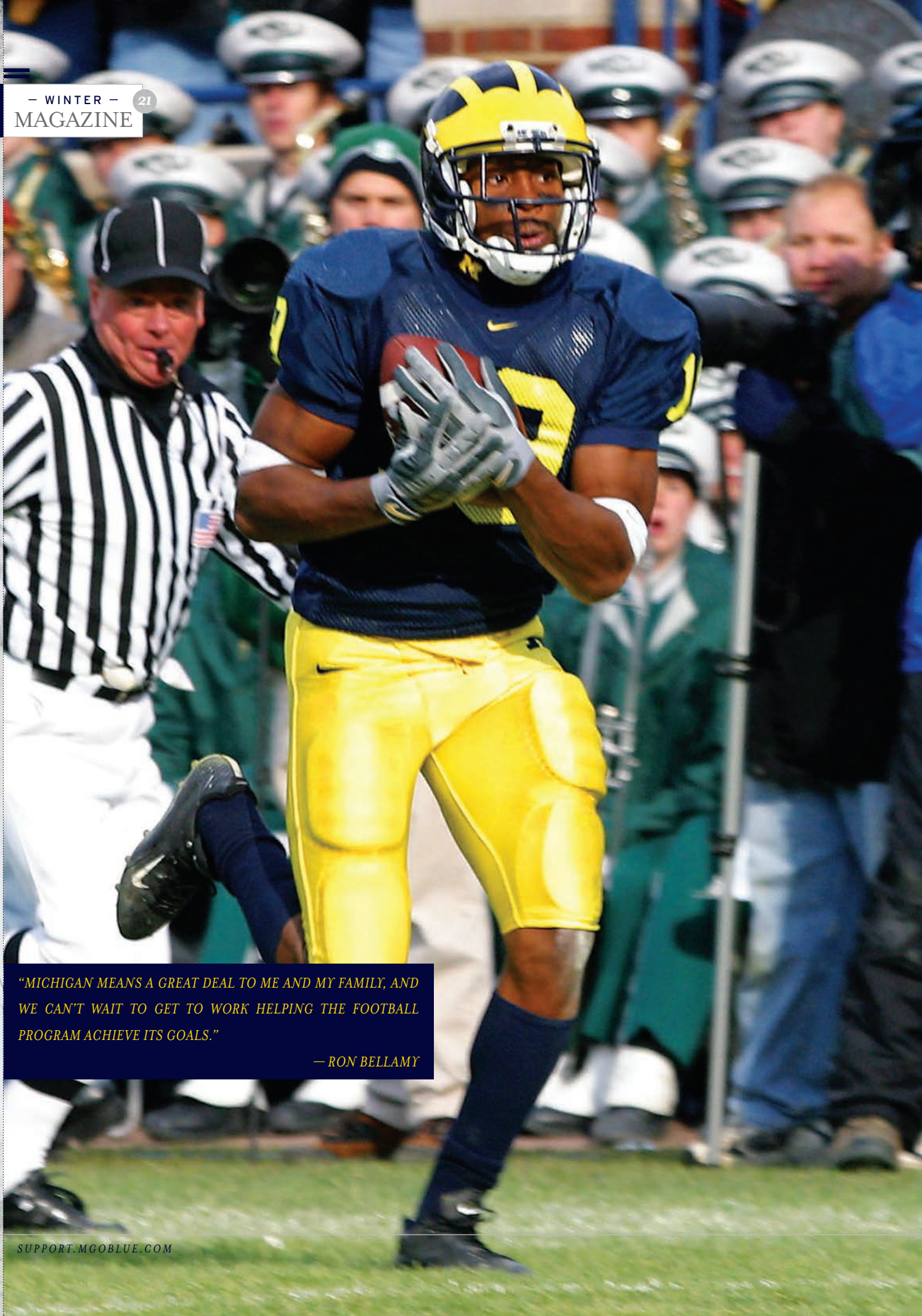
Macdonald spent the last seven seasons with the Ravens, coaching linebackers and defensive backs. The last six of those years resulted in the league's top 10 scoring defenses, including a pair of second-ranked defenses in 2018 and 2020. The Boston, Massachusetts, native played collegiate ball at Georgia (2011-13).

Co-defensive coordinator Maurice Linguist also coaches the defensive backs. The Dallas, Texas, native played at Baylor (2003-06), earning All-Big 12 honors academically and athletically. He's coached the secondary at eight collegiate programs, and comes to Ann Arbor from the Dallas Cowboys. His previous coaching stops were at Texas A&M, Minnesota, Mississippi State, Iowa State, Buffalo, James Madison, Valdosta State and Baylor.

Michigan's linebackers coach, Helow has been part of two different national championship teams — Florida State in 2013 and Alabama in 2012. He's also coached at Maryland (2020) and Colorado State (2016-19) and served as a graduate assistant at Georgia (2014-15). A native of Jacksonville, Florida, Helow played at Mississippi from 2006-10.

"The addition of George Helow and Mo Linguist on the defensive side brings different experience, and that's what you need," Manuel told Jon Jansen during an In the Trenches podcast. "Our fans are going to see us play a different style of defense and have multiple ways to attack an offense."

Just prior to printing, it was announced that Matt Weiss also joins U-M's staff as quarterbacks coach after 12 years with the Baltimore Ravens.



"MICHIGAN MEANS A GREAT DEAL TO ME AND MY FAMILY, AND WE CAN'T WAIT TO GET TO WORK HELPING THE FOOTBALL PROGRAM ACHIEVE ITS GOALS."

— RON BELLAMY



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BRINGS 'MAIZE' LINING TO A DIFFICULT YEAR
CHAMPIONS CHALLENGE

By Amanda Halbert

IN A TRADITIONAL YEAR, ARENAS THROUGHOUT the Stephen M. Ross Athletic Campus are filled with exuberant fans. Donors, alumni and friends of Michigan Athletics gather together to revel in historic rivalries. Whether sharing a jubilant high-five with a stranger in the stands after winning match point or passing around a communal bowl of chips and dip at an in-home watch party, Michigan Athletics has always provided an outlet — an opportunity — for individuals to come together; to celebrate thrilling victories and comfort one another after heartbreaking losses.

Then 2020 came knocking. It's been one year since the COVID-19 pandemic sent our athletic department, along with the entire world, reeling. One year without belting out the Michigan fight song at the top of my lungs. One year without being wrapped in a hug from my mom or dad.

In some ways, it seems like just weeks ago when I wished my colleagues a good evening as I left the office for the weekend. I remember that moment so vividly. In other ways, it feels like years have passed while self-isolating and missing birthdays and weddings. Not to mention ... live sports! Never has a squeaky basketball shoe been more glaringly apparent than when watching a fan-less game on TV.

But despite all this, perhaps the most heartwarming moments over the previous year have come from finding new ways to connect and support one another. Take for example my own household — we've started a weekly game night, a new tradition that will endure long after COVID (I'm winning, by the way).

Here in the athletic department, we've also formulated creative ways to come together and support our student-athletes. To the casual observer, the most obvious example of this would be our continued efforts to pave the way for our student-athletes to return to playing the sports they love. And don't get me wrong, that is certainly a huge priority for both our student-athletes and our athletic department at large. But there is so much more that goes on behind the scenes to help support these young individuals, especially during this time of emotional upheaval.

It's those behind the scenes efforts where the support of donors has truly shown through in recent months, a 'maize' lining during an openly difficult year. You may not be able to see it first-hand, but donations to the Champions Challenge, an athletics fundraising campaign that kicked off in the fall, have made an immediate and compelling impact on the well-being of our student-athletes.

Did you know that the athletic department has its own Athletics Counseling Team (ACT)? That is just one of the areas funded largely by philanthropic gifts to the Champions Fund. The college years are already one of the most mentally stressful times in an individual's life. But now, our young adults are being thrown the ultimate curveball in a seemingly never-ending contest where the gamebook is constantly changing. For many of our student-athletes, playing sports has defined their major life decisions up to this point. Their very identity has been tied to their ability to compete in the athletic programs they love. To have that put into question, to know that experience could be lost in the blink of an eye, and even worse, having very little control over that outcome, is a difficult mental battle to navigate. That is just



With support from The Doctor Is In program and the Michigan Athletics Career Center, five Wolverines have been accepted to Medical School so far this year.

one of many reasons why ACT is more pivotal than ever during this COVID crisis.

To put it in perspective, the Athletic Counseling Team, led by Abigail Eiler, LMSW, MSW, QMHP, has seen a 30 percent increase in face-to-face, video or phone counseling sessions from the beginning of COVID(-19) with 2,371 counseling hours since the start of the 2020-21 academic year (July 1, 2020-Jan. 31, 2021). Each 45-minute session costs approximately \$50 and is covered by the athletic department. An additional 90 hours have been spent on actual neuropsychology testing, followed by reviewing results with each individual which accounts for another 20-25 hours.

In addition to mental health, donors who have given to the Champions Challenge have also supported the physical health of our student-athletes through our athletic medicine program, overseen by Darryl Conway, MA, AT, ATC. In a typical year, this might include expenses like crutches, medical kits or ice bags. In the time of COVID, however, the athletic medicine team has taken on a new role as guardians against the pandemic. With that added responsibility, these

MICHIGAN ATHLETICS CAREER CENTER

Examples of Career Development Resources Offered

- 15 career and professional development programs hosted (since the start of COVID)
- 432 student-athletes participated in these programs
- 65 new corporate partners to enrich the hiring of student-athletes
- 25 student-athletes acquired full-time, post-graduate jobs
- 5 student-athletes accepted into medical school (all used The Doctor Is In program)



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BRINGS 'MAIZE' LINING TO A DIFFICULT YEAR CHAMPIONS CHALLENGE

By Amanda Halbert

MENTAL HEALTH

After sports were postponed this past fall, 900 phone calls were made within 4 days, contacting every student-athlete.

new, COVID-related expenses are expected to exceed \$8 million for the 2020-21 academic year, part of the \$75 million overall anticipated budget deficit for Michigan Athletics.

While the immediate health and well-being of our student-athletes will always be a top concern, we also recognize that the world continues to turn and these future leaders will need to be prepared for long-term success after they leave the hallowed halls of Michigan. With the economy and job market in a volatile state of flux, many of our graduating student-athletes are concerned and anxious about finding entry-level positions upon graduation. That's where our career and leadership development program, the Michigan Athletics Career Center (MACC) comes in, a third area supported by gifts to the Champions Fund, under the helm of Maurice Washington, MA.

Since the COVID outbreak began, the MACC has hosted 15 career and professional development programs with 432 student-athletes participating. These virtual sessions cover a wide range of topics from job and intern search techniques, to how to ace your interview, to best practices in negotiating your salary. The MACC is committed to providing comprehensive and transformative experiences for our student-athletes that foster a lifetime of success.

The Michigan Athletics Career Center also has two special initiatives, Women Uplifting Women and The Doctor Is In program. The Women Uplifting Women series allows all of our female student-athletes to explore their identities beyond athletics while hearing from powerful female industry professionals. Through The Doctor Is In program, student-athletes are able to seek advice about career choices in the medical and health care fields, as well as navigating the complicated process of application and admission to medical school. We're proud to share that this year, five of our student-athletes have been accepted to medical school and all utilized The Doctor Is In program.

At the end of the day, being a student-athlete at Michigan is not limited solely to the games we watch on our computers or televisions (and hopefully back in-person soon). It's about the entire student-athlete experience, made possible by our donors and their support of the Champions Fund.

That is why I, a Michigan Athletics employee, am also a donor to the Champions Fund. I know that my small gift serves an incredible purpose. And when we come together, we are able to positively affect the hearts and minds of every student-athlete who walks through those iconic Ferry Field gates.

As of January 31, nearly 4,600 donors have contributed more than \$7.1 million to the Champions Challenge campaign to allow our program to continue offering services and resources like the examples mentioned here. To learn more and see how you can support our student-athletes, visit MGoBlue.com/Challenge or email us at athleticdevelopment@umich.edu.



We have facilitated **2,371** hours of counseling with student-athletes at approximately **\$50** per session.

= \$106,695



One COVID-19 test kit costs between **\$50-100**. We have administered over **41,000** tests.

= \$2-4M

HEALTH & WELFARE

Examples of Athletic Medicine Expenses Funded by the Champions Fund

41,000+	COVID test kits administered at \$50-100 per kit
\$5,000	in follow-up cardiac monitoring per positive test (293 positives as of Jan. 29, 2021)
\$50	per dozen KN95 face masks
475	gallons of hand sanitizer
200	cases of rubber gloves

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100 YEARS of MICHIGAN SWIMMING AND DIVING

By Barbara Cossman

“The ‘Michigan Man’ concept is one that a lot of people understand. Even people who didn’t go to U-M, when people hear you went to Michigan, they understand that it comes with a good work ethic and good morals. That’s something I value from my experience. When we were on the team, we tried to pass that on to the next group of guys. That’s the Michigan Difference to me.”

—ALEX VANDERKAAY, 2005-08

COACHING

— 100 YEARS OF EXCELLENCE —

At the root of Michigan’s storied history are some of the sports’ greatest coaches. The Wolverines have 12 NCAA team titles, the second-most in the history of the sport. Prior to 1937 when NCAA championships had not yet become official, Michigan also won seven unofficial national titles for a grand total of 19 — more than any other varsity-level sport at Michigan. Wolverine swimmers, divers and relay teams have won a combined 165 NCAA titles.

Michigan has won an NCAA swimming and diving title under four different head coaches: Matt Mann (6), Gus Stager (4), Jon Urbanek (1) and Mike Bottom (1). All four have focused on the complete student-athlete, helping develop freshmen into young men, husbands, fathers, professionals, while also leading them to the pinnacle of the sport.



Michigan’s own dynamic duo. U-M swimming and diving, quite literally, would not be where it is without these two legends: Dick Kimball (head diving coach, 1960-2002) and Jon Urbanek (head swimming coach, 1983-2004). U-M teammates and both members of the 1959 NCAA champion team, they coached side-by-side from 1983-2002. Together, they led Michigan to 12 Big Ten team championships, highlighted by the Decade of Dominance when the men won 10 straight Big Ten titles from 1986-95, culminating with the 1995 NCAA title.

NOT MANY COLLEGIATE ATHLETICS PROGRAMS CAN claim a history and tradition comparable to that of Michigan men’s swimming and diving. The superlatives are endless:

- Has had a winning record in all but three seasons in its history, and every year since 1956-57.
- Most NCAA team championships (12), NCAA individual titles (168) and NCAA Championship appearances in the Big Ten Conference (83).
- Second-most NCAA swimming and diving team titles in the nation (12).
- Most Big Ten team championships (41) in the conference.
- Most Big Ten individual titles - 174 more than the next closest school - with 530.

It is literally impossible to include all the names and faces that have contributed to the success of this program, be they swimmers, divers, coaching staff, support staff. One of the first points Jon Urbanek made sure to mention was that you cannot honor 100 years of the men’s program without mentioning the women’s program. That in itself is symbolic of the character of Michigan swimming and diving. So to those who braved the Ann Arbor winters for 6 a.m. practice, poured their blood, sweat and tears into Matt Mann pool, Canham Natatorium, even the IM Building pool – congratulations on 100 years and GO BLUE!

“They have a vision and a commitment to their athletes that’s unique to Michigan. The expectation at Michigan, we want to compete at the highest level — win Big Tens, compete for an NCAA title and put people on Olympic teams. All three of those coaches embody that philosophy.”

— Four-time Olympic Medalist PETER VANDERKAAY, who was coached by all three of U-M’s most recent head coaches

“We can’t do this by ourselves; we surround ourselves with good people. Dick Kimball, Fernando Canales, Mark Neitzel, Bruce Gemmel, Eric Namesnik, Alex Braunfeld, Joyce Krohl and many of the parents. The culture was a team, and so many people contributed.”

— JON URBANCHEK

“Simply put, Kimball was Michigan Diving. Divers who were offered scholarships at other programs passed them up to dive at Michigan because of Kimball. He was the heart and soul of the program — you never wanted to disappoint him. He pushed you to be the best you could be, which was also the reason many future Olympians who graduated from other universities came to train with him in the summers. He was like a second dad to me and many others. Again, simply put, he is a legend.”

— LISA (CRIBARI) MITTLESTADT, 1992 All-American and two-time honorable mention All-American diver



Former head coach Bob Bowman and assistant coach Fernando Canales in 2007.

OLYMPICS

- GOLD, SILVER AND BRONZE -

Since the 1904 St. Louis Olympics, 82 Wolverines have represented their countries at the Games, earning a combined 79 Olympic medals (45 Gold, 15 Silver, 19 Bronze). Among them are:

Breaststrokers Mike Barrowman (1992 Gold) and John Davies (1952 Gold); divers Phil Boggs (1976 Gold), Bruce Harlan (1948 Bronze), Richard Degener (Bronze, Gold) and Robert Webster (2 Gold); freestylers Brent Lang (1988 Gold), Gustavo Borges (2 Silver, 2 Bronze) and Peter Vanderkaay (2 Gold, 2 Bronze); butterflyers Carl Robie (2 Gold, Silver) and Tom Malchow (Silver, Gold); 400-meter IM'ers Tom Dolan (2 Gold) and Eric Namesnik (2 Silver).

Henry Jamison Handy was the University's first Olympic swimming medalist, winning Bronze in the 440-yard breaststroke in 1904. In 1932, Richard Degener became Michigan's first Olympic diving medalist, claiming Silver on the three-meter springboard. He also won U-M's first diving Gold medal in 1936 on the three-meter board.

Most recently, at the 2016 Olympics, Connor Jaeger won Silver in the 1500-meter freestyle, lowering his American record. Also representing U-M were brothers Miguel and Bruno Ortiz (Spain), Anders Lie Nielsen (Denmark), Dylan Bosch (South Africa) and Sean Ryan (USA). Mike Bottom was an assistant coach for Team USA, while former U-M coach Bob Bowman was head coach.



While he never competed for Michigan in Division I competition, MICHAEL PHELPS trained with Michigan's Olympic hopefuls and Club Wolverine from 2004-08. He won eight of his 23 Gold medals – and 28 total medals – at the 2008 Games in Beijing.



Top: Five Wolverines represented Team USA at the 1996 Olympic Games: Eric Wunderlich (6th, 200m breaststroke), Eric Namesnik (Silver, 400m IM), John Piersma (9th 400m free, 12th 200m free), Tom Dolan (Gold, 400m IM) and Tom Malchow (Silver, 200m butterfly), in addition to assistant coach Jon Urbanek. Second Row, Left: 1932 Olympic gold and silver medalist Dick Degener. Second Row, Right: Phil Boggs, the 1976 three-meter Gold medalist. Bottom, Left: A four-time Olympian for Brazil, Gustavo Borges won two Silver and two Bronze medals from 1992-2004. Bottom, Right: Sean Ryan and Connor Jaeger at the White House in 2016.

OLYMPIC COACHES

MATT MANN II - 1952 (USA Head Coach)

GUS STAGER - 1960 (USA Head Coach)

DICK KIMBALL - 1964, 1980 (boycott), 1984, 1988, 1992, 1996

JON URBANCHEK - 1984, 1988, 1992, 1996, 2000, 2004, 2008, 2012

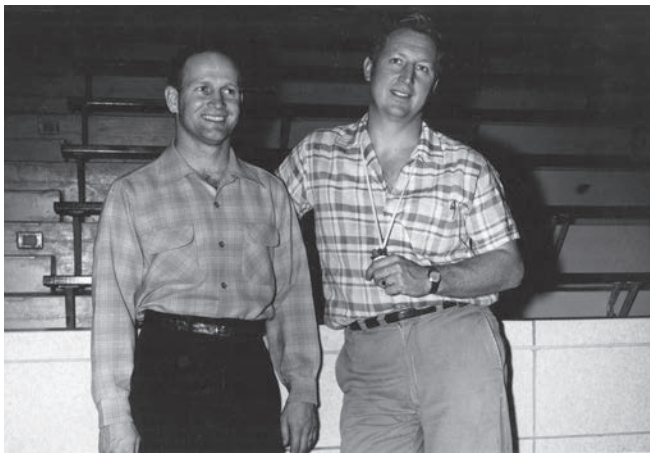
BOB BOWMAN - 2004, 2008, 2012, 2016 (USA Head Coach)

MIKE BOTTOM - 1996, 2000, 2004, 2008, 2012, 2016

NCAA CHAMPIONS
— HAIL TO THE VICTORS —

Since their first national champions in 1927 — freestylers Carl Darnall and Paul Samson — a total of 109 Wolverine swimmers and divers have been crowned NCAA champions.

One string not soon to be broken was Michigan's five consecutive NCAA titles in the 800-yard freestyle relay from 1993-97. No other school claimed such a dominant group of middle-distance swimmers. Michigan recaptured the distance relay title in 2004 with the quartet of Peter Vanderkaay, Davis Tarwater, Andrew Hurd and Dan Ketchum, who clocked in with an NCAA and U.S. Open meters record of 7:01.42.



Two-time Olympic medalist Bruce Harlan (left), U-M's diving coach from 1954-59 alongside head swimming coach Gus Stager (right) at what is now Cliff Keen Arena. Stager served as head coach from 1955-79 and 1982, leading his teams to three Big Ten titles and four NCAA titles.

TEAM NCAA CHAMPIONS

Year	Head Coach
1937	Matt Mann
1938	Matt Mann
1939	Matt Mann
1940	Matt Mann
1941	Matt Mann
1948	Matt Mann
1957	Gus Stager
1958	Gus Stager
1959	Gus Stager
1961	Gus Stager
1995	Jon Urbanek
2013	Mike Bottom

INDIVIDUAL NCAA CHAMPIONS

10 NCAA TITLES

Gustavo Borges, 1992-95

9 NCAA TITLES

Tom Dolan, 1994-96

6 NCAA TITLES

Taylor Drysdale, 1932, 1934-35
Thomas Haynie, 1937-39
Harry Holiday, 1943, 1947-48
Burwell Jones, 1952-55
Jack Kasley, 1935-37
Edward Kirar, 1937-38

5 NCAA TITLES

John Barker, 1939-41
Merton Church, 1943-45
David Gillanders, 1959-61

John Patten, 1941-43
John Piersma, 1994-97
Peter Vanderkaay, 2003-06

4 NCAA TITLES

Carl Darnall, 1926-28
Richard Hanley, 1957-59
Donald Hill, 1952-54
Brent Lang, 1987-90
Chris Rumley, 1994-97
Richard Weinberg, 1946-49

3 NCAA TITLES

Mike Barrowman, 1988-91
Tyler Clary, 2008-10
Frank Fehsenfeld, 1935-36
Charles Fries, 1943-46
Francis Heydt, 1940-41
Edward Hutchens, 1938-40
Connor Jaeger, 2011-14
Frank Legacki, 1959-61
G. Robert Mowerson, 1935-37, 45
Richard Nelson, 1961-63
Gordon Pulford, 1944-45
Carl Robie, 1965-67
Paul Samson, 1925-27
John Schmieler, 1931-33
Tim Siciliano, 1999-2002
James Skinner, 1941-43
Davis Tarwater, 2003-06
Waldemar Thomson, 1937-39
Robert Walker, 1928-30
Marcel Wouda, 1993-95



The 2013 team led wire-to-wire to capture Michigan's 12th national championship. Fourteen Wolverines combined for 40 All-America honors and three event titles while Coach Bottom was named national swimming coach of the year.

BIG TEN SUPERLATIVES

— LEADERS AND BEST —

Michigan is truly the Leaders and Best when it comes to Big Ten swimming and diving. Consider this:

- 41 Big Ten team championships
- 530 Big Ten individual titles
- Three Big Ten Jesse Owens Male Athletes of the Year: Mike Barrowman (1991); Tom Dolan (1995); Peter Vanderkaay (2006).
- Eight Michigan Male Athletes of the Year: Brent Lang (1990); Mike Barrowman (1991); Gustavo Borges (1994); Tom Dolan (1995 and 1996); Dan Ketchum (2002); Peter Vanderkaay (2006); Connor Jaeger (2013 and 2014).
- Michigan swimmers hold:
 - 9 of the top 10 1650 freestyle times in Big Ten history
 - 8 of the top 10 500 and 1000 free times in Big Ten history
 - 7 of the top 10 400 IM times in Big Ten history
 - 7 of the top 10 800 free relay and 200 medley relay times in Big Ten history
- Wolverines currently hold Big Ten records in:
 - 500 freestyle: Felix Aubock (4:09.29, 2018)
 - 1,650 freestyle: Felix Aubock (14:29.25, 2017)
 - 400 IM: Tyler Clary (3:38.03, 2009)
 - 800 free relay: Nielsen, Wynalda, Glanda, Jaeger (6:09.85, 2014)
 - 200 medley relay: King, Chan, Smachlo, Borges (1:22.76, 2019)



Michigan's first Big Ten champion team in 1927. Back Row: Clarence Batter, Richard Spindle, Robert Wagner, Albert Mayer, Jr., J.B. Allan Seager, Thomas Watson. Middle Row: Carl Darnall, Robert Halsted, Paul Starrett, Paul Samson, head coach Matt Mann, J.M. Halsted, Maurice Shorr. Front Row: Harold Bailey, Clarence Horn, George Hubbell, George Bement.



It never gets old! The coaching staff celebrates winning the 2020 Big Ten title (left to right): associate head coach Dr. Josh White, head coach Mike Bottom, diving coach Mike Hilde and volunteer assistant Cauli Bedran.

INTERNATIONAL SWIMMING HALL OF FAME

— GLOBAL LEGACY —

Twenty-two individuals who coached and/or competed for Michigan have been inducted into ISHOF:

Mike Barrowman
(1997) *Swimming, USA*

Gustavo Borges
(2012) *Swimming, Brazil*

Bob Bowman
(2016) *Coach, USA*

John Davies
(1984) *Swimming, Australia*

William "Buck" Dawson
(1986) *Contributor, USA*

Dick Degener
(1971) *Diving, USA*

Tom Dolan
(2006) *Swimming, USA*

Taylor Drysdale
(1994) *Swimming, USA*

Virginia Duenkel
(1985) *Swimming, USA*

Jamison "Jam" Handy
(1965) *Contributor, USA*

Bruce Harlan
(1973) *Diving, USA**

Harry Holiday
(1991) *Swimming, USA*

Dick Kimball
(1985) *Coach/Diving, USA***

Micki King
(1978) *Diving, USA*

Tom Malchow
(2014) *Swimming, USA*

Matt Mann II
(1965) *Coach, USA/ Great Britain*

Robert Mowerson
(1986) *Coach, USA****

Richard Papenguth
(1986) *Coach, USA*****

Carl Robie
(1976) *Swimming, USA*

Gus Stager
(1982) *Coach, USA*

Jon Urbanchek
(2008) *Coach, USA*

Bob Webster
(1970) *Diving, USA*

* Coached at Michigan, dove for Ohio State

** Dove for Michigan, coached at Michigan

*** Swam for Michigan, coached at Minnesota

**** Swam for Michigan, coached at Purdue



One of Michigan's first ISHOF inductees, Matt Mann (center) was Team USA's 1960 head swimming coach and U-M's head coach from 1926-54, winning an incredible 16 Big Ten titles and six NCAA titles (plus 7 unofficial). He is pictured here with Wolverines Burwell Jones (6 NCAA titles, 1952 U.S. Olympic Gold medal) and Jack Wardrop (2 NCAA titles, three-time Olympian for Great Britain).



Three-time Olympic medalist Carl Robie celebrates one of his two Gold medals at the 1968 Olympics in Mexico (in front of Dr. Parkinson's new electronic touch pad). Robie was inducted into the ISHOF in 1976.

REVOLUTIONIZING THE SPORT

— LEADING THE WAY —

The University of Michigan didn't just contribute legendary swimmers, divers and coaches; it also impacted the sport technically.

DR. BILL PARKINSON AND ELECTRONIC TIMING

An alumnus of U-M's College of Engineering, and Professor of Physics at Michigan from 1947-88, Dr. Bill Parkinson was an avid supporter of Michigan Athletics and swimming in particular. He also happened to invent the sport's touch pad technology. In 1958, he began working on an electronic timing system for Coach Stager. After a controversial result at the 1960 Olympic Games, the demand for more precise timing grew. By 1962, Parkinson's invention of the electronic touchpad system — which he eventually owned two patents on — was approved for use by the NCAA, and was first used at the Olympic Games in 1968.

THE COLORS SYSTEM

The Color Zone System is based off endurance levels and is defined by five color-coded sets that progress from the easiest to the most intense.

"This threshold system, what everyone knows as the 'colors system,' really revolutionized training not only here but world-wide," Bob Bowman explained. "There's not a club in America where I talk to a recruit today and they don't know the color system Jon invented. It's based on different training zones based on colors. It was the first systematic training system in the U.S., and Jon and Jim Richardson invented it. They made it data-driven and computerized it."



JON URBANCHEK

Head Coach, 1983-2004
163-34-0, 100-4 Big Ten
1 NCAA Championship
13 Big Ten Championships

"It's not about the Xs and Os; it's about the relationship we have with our athletes. That's why we keep coming back. It's not about writing workouts; it's about connecting with people, coaching and teaching in life. Anyone can write a good workout. My strength has always been the relationship."

"I'm most proud of the Decade of Dominance (1986-95). ... The decade culminated with winning NAAs in 1995. ... We picked up some very key people along the way — Dave Kerska, Joe Parker, Brent Lang, Mike Barrowman, Eric Namesnik, Eric Wunderlich."

"I'm most proud of building not just a team, but a culture. That culture is still going. It's like a freight train: it keeps going around, people jump on for 3-4 years and leave, new people come on. It made my job so easy, I didn't have to worry about recruiting; the culture recruited a lot of people. If you have a culture, athletes recruit athletes."

BOB BOWMAN

Head Coach, 2005-08
30-8-1, 21-1-1 Big Ten
1 Big Ten Championship

"Michigan swimming and diving is about an incredibly sustained period of time of performance at a very high level. Almost everything at Michigan is. It mirrors that, the growth of the University. I think of iconic coaches like Matt Mann, Gus Stager, Jon Urbanchek, now Mike Bottom. It's probably the longest, most continuous culture of excellence in sports that I know of. It's a very long time where people have come in and built on the principles that it was based on and the philosophy of it, and carried it for such a long period of time. And to have been a tiny part of that is an honor for me."

"It's so great to see these guys use their education, move to the highest level in their field and contribute. That's what means the most to me at the end of the day."

MIKE BOTTOM

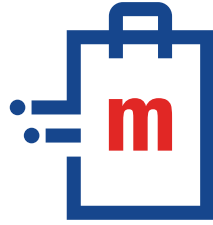
Head Coach, 2009-Present
96-7-1, 61-5 Big Ten
1 NCAA Championship
8 Big Ten Championships

"It's a privilege (to be part of this program). I feel tremendous responsibility to endow scholarships for our future and to continue the level of success that'll make our alumni proud. And that success isn't only in the water. One thing our program has done over many years is mold these student-athletes into champions in life. The values that we're teaching now are the same ones we've been teaching for 100 years: hard work; the concept of team and working for something greater than yourself; perseverance; creativity, especially now in this day and age. Those values haven't changed."

"To get through this crazy 100th year would be a milestone, and to do it in a way that the men of the previous 100 years can be proud of. That's my focus now — leading this incredible team and these incredible coaches."

"All you have to do is take a look at our alumni and see what they're doing, how successful they are. We're preparing them to be successful from the moment they arrive to the moment they leave."

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CH. 84





BY LEAH HOWARD

MATT STOUT GIVES BACK COLUMBUS' MR. MICHIGAN

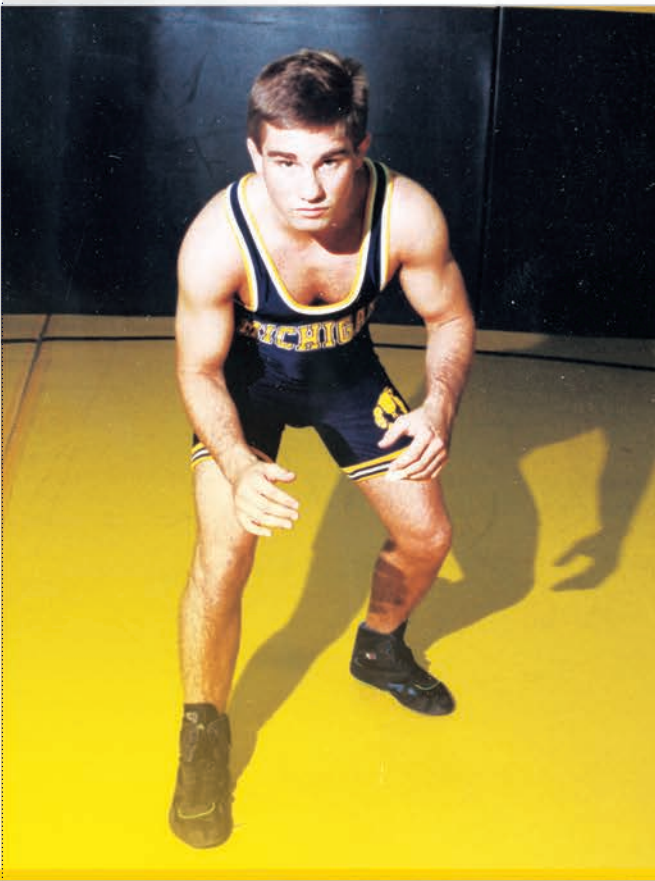
MATT STOUT IS A BIT OF A CONTRARIAN.

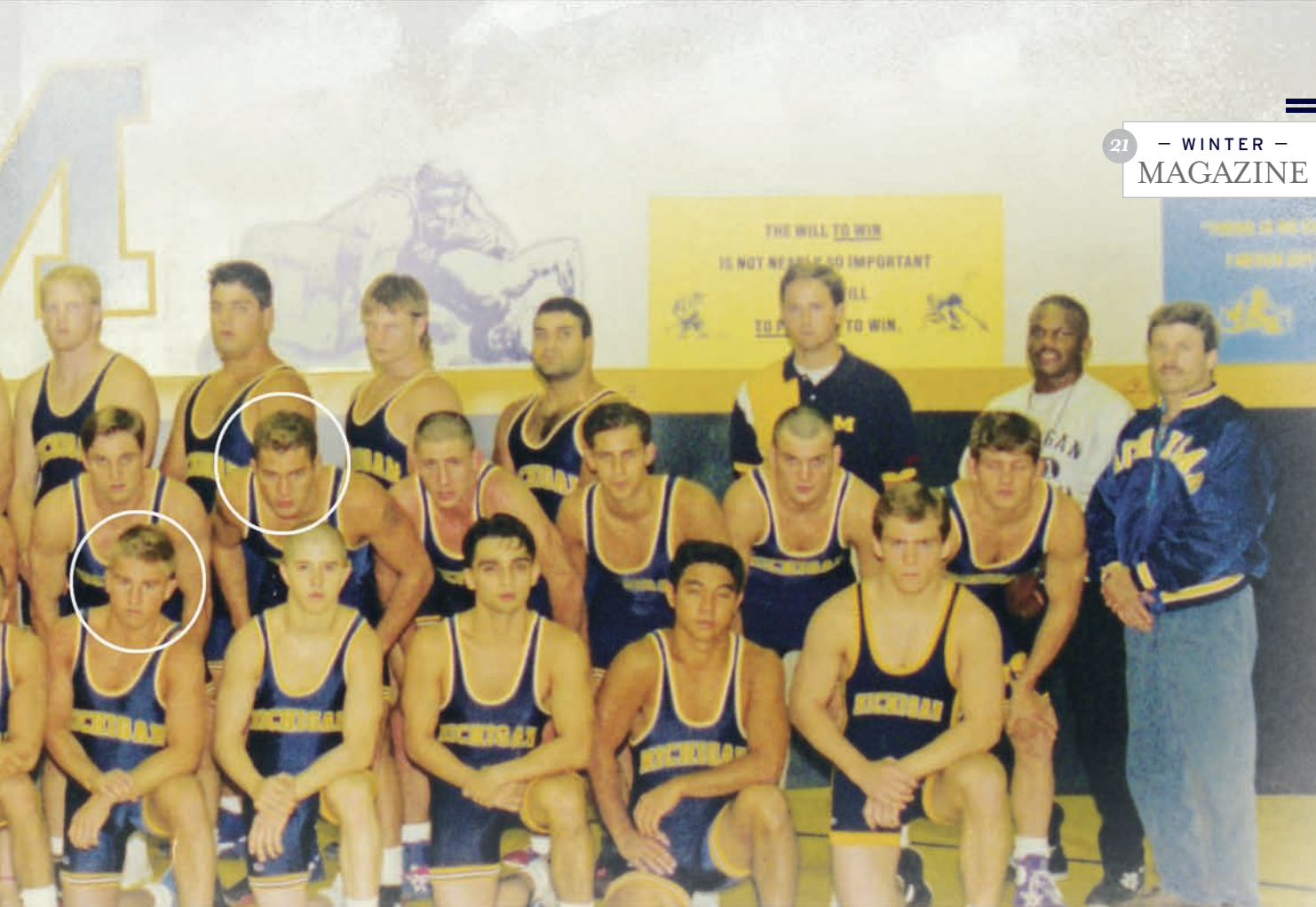
He's a lawyer by trade — and admits to enjoying a good argument — but the origins of that trait can be traced back much further to when, at age 8, the Columbus, Ohio, native decided that he was going to be, gasp, a Michigan fan.

Surrounded by Buckeye-loving friends and family, Stout wanted to be different. He idolized Anthony Carter, ate maize and blue birthday cake and wore Michigan sweatpants around town. Instead of earning extra credit for wearing scarlet and gray like his middle-school classmates, he sang “The Victors” during the morning public announcements the Friday before the Michigan-Ohio State game. He wasn’t just going to be some undercover Michigan fan, but a loud, outspoken one.

Stout’s love for Michigan withstood the hostile environs of his youth and carried him to Ann Arbor for college, where he was a three-year starter and a team captain for the Wolverine wrestling team.

Since then, it’s withstood his return to the Columbus area, where he earned a pair of advanced degrees and now practices law and coaches high school wrestling. Several times a year, Stout makes the three-hour drive to Ann Arbor to serve as Michigan wrestling’s public address announcer — a role he’s held since 1995 — and as Michigan Stadium’s internal press box announcer. Every summer, he brings more than 20 of his wrestlers to Michigan’s camps.





Stout is central Ohio's own Mr. Michigan. In Columbus, he's been referred to as "Public Enemy No. 1." It's become part of his identity, and one that he embraces wholeheartedly.

His oldest brother was a mild Michigan fan, and Stout credits his early influence. The same brother, 10 years his senior, also inspired his professed hatred for wrestling while Matt begrudgingly sat through all-day tournaments as a young child. But after this other brother also started up in the sport, Stout's feelings softened, and by the time he was in sixth grade, he had started laying out his own lofty goals in wrestling.

But desire and commitment don't automatically guarantee results. Picked to win the state tournament as a high school senior, Stout came up short and the recruiting calls stopped. Feeling lost and unsure of his future in wrestling, it was his dad who encouraged him to reach out to Michigan's then-head coach Dale Bahr while on a planned visit to Ann Arbor. The visit rekindled his interest to wrestle in college. After a couple more recruiting visits, he created an analytical comparison of schools and landed on ... Indiana. His dad again intervened.

"My dad looked at me and said 'That's all well and good, but you've always wanted to go to Michigan, so how are you going to feel when Indiana wrestles Michigan?' And I chose Michigan because of that," he said.

At U-M, Stout manned the 118-pound weight class for three seasons, representing the Wolverines at the Big Ten tournament each year, and likely would have been a four-year starter if not for a neck injury during his sophomore year. He was named a team captain as a senior. But parts of his career still leave him unsatisfied.

"If I look back at my college career, there's disappointment there," said Stout. "I wasn't a great college wrestler. I was competitive with the best guys in the nation, but I could just never beat anybody that I

Matt and current head coach Sean Bormet (circled) with the 1994 team and former head coaches Dale Bahr (standing, far left) and Joe McFarland (standing, far right).

wasn't supposed to beat and sometimes I lost to guys that I wasn't supposed to lose to. I really think I could have achieved a lot more.

"But knowing that I was a walk-on, and I earned a scholarship and was voted captain of the team, I do stick my chest out a little about that. I was a .500 wrestler, but clearly the coaches and my teammates saw that I worked hard and I fought every match."

MATT STOUT

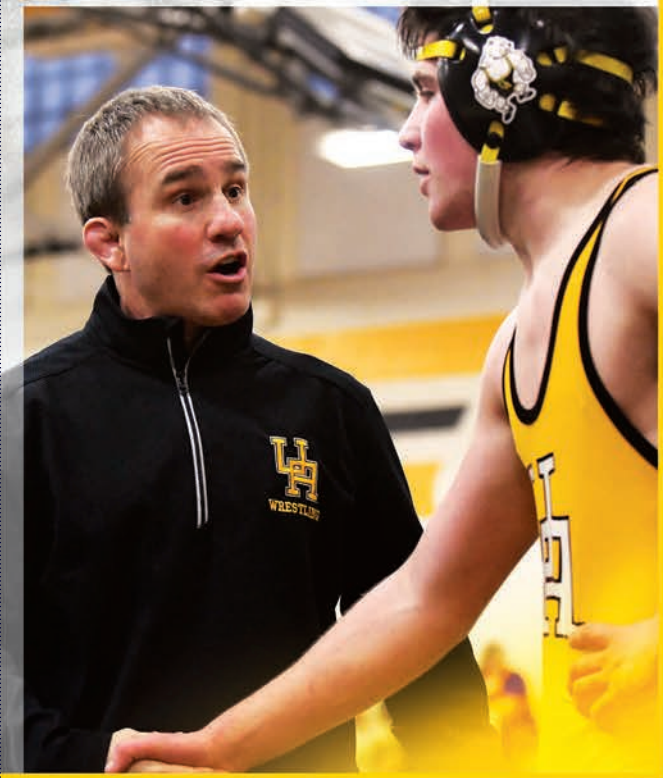
Quick Facts

Stout is a partner in the Bricker & Ecker law firm in Columbus and specializes in public finance law and municipal bond transactions. He likes it because it involves helping people and communities. A few years ago, he served as bond counsel to help his hometown (Upper Arlington, Ohio) through the passage of a \$230 million bond issue to build a new high school and facilities.

He's also the head wrestling coach at Upper Arlington High School, though it wasn't a position he sought out. He had created a local youth program shortly after his law school graduation and, in 2011, joined the search committee for a new high school coach when the position opened up. When the committee failed to identify a viable candidate, he was asked to step in. He agreed to do it for a year. He's currently in his 10th at the helm.



Stout serves as Michigan wrestling's public address announcer — a role he's held since 1995.



Sean Bormet, now in his third year as Michigan's head wrestling coach and a 1994 U-M graduate, was teammates with Stout for four years, overlapping all but Stout's final year, and confirms the assessment.

"I always respected Matt's dedication as a student-athlete," said Bormet. "He truly gave all he had each and every day and challenged those around him through his actions. He was a great teammate.

"Since I've been back coaching in Ann Arbor, I've now seen firsthand Matt's deep sense of pride and passion for Michigan as an alumnus," Bormet continued. "His ongoing support and commitment to give back to our wrestling program is extraordinary. There's a real kinship there, going back 30 years. It's clear we both share an enormous appreciation for the sport of wrestling and for the University of Michigan."

Stout likens his relationship with Bormet to the ending of the film, "The Sandlot," with two old friends sharing in the highest pinnacle of their sport with one behind an announcer's microphone. He started in his role as "The Voice of Michigan Wrestling" right out of college in 1995 and in need of a break from Buckeye overload during his first year of law school at Ohio State. His father had announced his high school wrestling matches, and a good public speaker himself, Stout found himself a natural fit.

He added his football internal press box duties in 2007. His first game was Appalachian State, and he feared he'd never be invited back. He continues to work on his craft and stresses importance to deliver information to the fans in a professional, clear and concise manner. More than anything, he simply appreciates the opportunity to stay connected to the program that had such an impact on his life.

Wrestlers often stress the life lessons that represent the heart of the sport — discipline, hard work, perseverance, toughness and competitive fire. All of which are applicable every day in the real world. It's a sport that uniquely molds its participants and prepares them for life.

"Wrestling teaches you how to get off your back," said Stout, "and you're going to be on your back a lot in life. I often tell people that wrestling, and wrestling at Michigan, prepared me better than anything I ever did in life. I have three degrees — a BBA, MBA and JD — but none of them prepared me better than wrestling at Michigan."

So, he gives back, to Michigan and to wrestling, in big ways and small, whether financially and or through his time, commitment or professional expertise. In 2009, he was a primary donor in the construction of the Bahna Wrestling Center — still one of the nation's only stand-alone wrestling training centers — and is an annual contributor to the program's affiliated Cliff Keen Wrestling Club, which helps support collegiate and postgraduate wrestlers in their pursuit of world and Olympic medals.

"I give to Michigan because Michigan gave to me," said Stout. "I could never repay Michigan for everything that it gave to me — from the athletic experience to the academic experience. There will never be a prouder moment for me than pulling on a Michigan singlet."

Left: Stout is in his 10th year as the head wrestling coach at Upper Arlington High School.



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SARAH P., MOM OF TWO MEMBERS

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Ufer Award

The Ufer Award is one of the highest honors bestowed by the Board of Directors. Since 1981, the Ufer Award has been presented each year to a Letterwinners M Club member in recognition of their exceptional enthusiasm for, and commitment to, the University of Michigan and the Letterwinners M Club. Please visit www.letterwinnersmclub.com (select Awards) for a history of Ufer winners.

If you would like to nominate someone, please email the Letterwinners M Club at letterwinnersmclub@umich.edu or call (734) 936-0831. The deadline for 2021 nominations is March 31, 2021.

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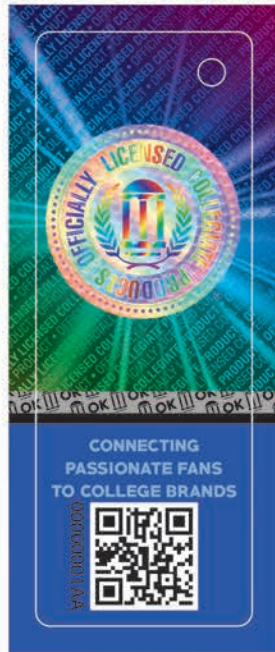
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Go to www.letterwinnersmclub.com

Select About Us and go to Board of Directors & Staff to apply online.



The 2019 Letterwinners M Club Board of Directors: Steve Schilling (football), David Harlock (hockey), Greg Meyer (track & field), Amy Stevens (track & field), Lorin Cartwright (administrative assistant), Bridget Venturi-Veneema (softball, basketball), Jeannette Stawski (rowing), Chris Matsos (football).



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Ann Arbor

The M Den on
Main Street
Ann Arbor

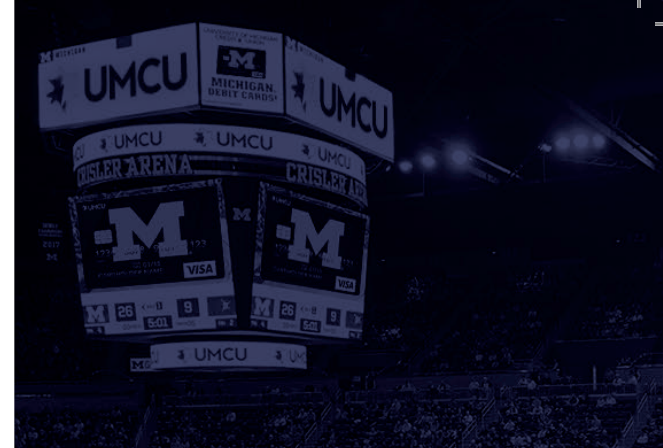
The M Den
12 Oaks Mall
Novi

The M Den
in and around the
Stadium on game day

The M Den
in **Crisler Center** –
2 locations

The M Den
The Victors Collection by The M Den
Briarwood Mall
Ann Arbor

The M Den
The Victors Collection by The M Den
55 Columbia Street
Detroit



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