

Free-Take One

**Eastlake  
Community  
Council**

117 E. Louisa St.  
Box # 1  
Seattle, WA  
98102

**January 1996**

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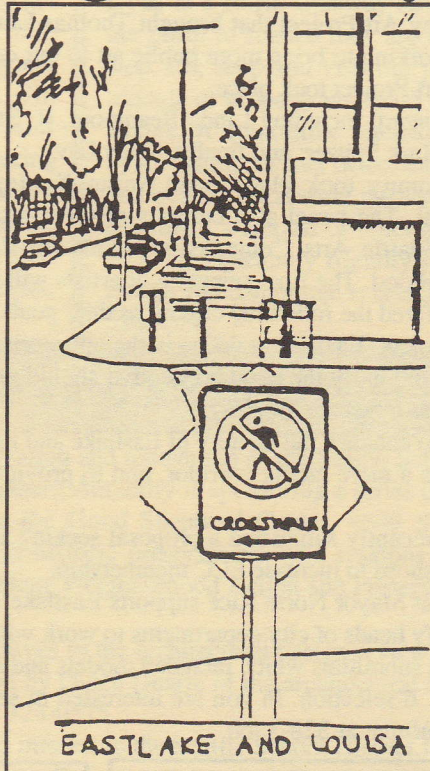
Ruth McCormick

# Eastlake News

## Understanding Disability

### A neighborhood workshop

This workshop deals with deafness, blindness and wheelchair-reliance in a society in which buildings, streets, and attitudes can intensify these disabilities. Speaker Mark Landreneau is Vice President of Washington Deaf-Blind Citizens. Legally blind and completely deaf since birth, he is a popular teacher and works at the Deaf-Blind Service Center, a non-profit in the Areis Building (at Eastlake Ave. and Louisa St.). Other speakers are from the Northwest Chapter of the Paralyzed Veterans of America (PVA), formerly located in the same building. The workshop is Jan. 25, 6:30-8:30 p.m. at the Seward gymnasium, 2517 Boylston Ave. E.



In the final segment of the workshop, participants will try on blindfolds or operate wheelchairs and experience how the neighborhood could be more friendly to the disabled.

A focus of the workshop will be the 1994 proposals of the Eastlake Transportation Plan to allow pedestrian crossing of Eastlake Ave. (now prohibited) at the Louisa St. corner of the Areis Bldg.; to install a "walk" signal and curb ramp; and to install raised markings on the crosswalk and a vibrating "walk" button to make the crossing usable by the blind and deaf-blind. Residents and businesses may wish to write Mayor Rice, who is considering this proposal: 600 Fourth Avenue, Seattle 98104. (Send a copy also to ECC, 117 E. Louisa St. #1, Seattle 98102.) For more information on this issue or on the workshop, call 322-5463.

## Important Upcoming Events

### • Jan. 25 –

#### **Understanding Disability**

A workshop sponsored by the ECC and TOPS, 6:30-8:30 p.m. at Seward School gymnasium, 2515 Boylston.

### • Feb. 13 –

#### **Strengthening Eastlake's Town Center – a workshop**

sponsored by ECC and Eastlake Business Association, 5:30-7 p.m. at Seattle Police Officer's Guild, 2517 Eastlake Ave.

## Keeping Eastlake's Town Center Strong

ECC and the Eastlake Business Association are joining for a workshop on how to improve Eastlake's business district and encourage more of our residents to patronize it.

Ideas like plantings, banners, art, more garbage cans, safer crossings, and recruiting needed businesses have been suggested. Come give us your ideas, and hear what others think. The meeting is Tuesday, February 13, at the Seattle Police Officers Guild, 2517 Eastlake Ave.

It begins at 5:30 in order to assure a mix of businesspeople and residents.

Keynote speaker is Ron Lewis, president of the Neighborhood Business Council. With his wife, Lewis is longtime owner of Greenwood True Value Hardware and a resident of Phinney Ridge.

His neighborhood has a lot in common with Eastlake, and he'll report on what they're doing to strengthen ties between local businesses and residents.

A speaker will also be there from the UW College of Architecture and Urban Planning.

**Volunteers are needed** to develop and carry out a strategy to strengthen neighborhood business.

If you can't come, send your ideas or volunteer your name to Town Center Project, c/o: ECC, 117 E. Louisa St. #1, Seattle 98102.

**Editors:**

Sally and  
Chris Norred

**Eastlake News  
is distributed  
free to residents  
of the Eastlake  
Community and  
members of the  
Community  
Council.**

## For your information

### A column by ECC president Cheryl Trivison

Fresh from success with the Gateway Art Project that brought Thomas Lindsey's sculpture to the corner of Eastlake and Fairview, neighborhood residents are already working to bring more public art to our community. On Jan. 13, the final round of selection of the artists for the new Eastlake Avenue Art Project took place.

The three finalists are: *Team Beaumont*, including Linda Beaumont, R. Stuart Keeler and Michael Machnic; *Studio 4D*, including Jonathan Barnett, Kevin Spitzer and Mark Spitzer; and finally, Stacy Levy.

Artist presentations to the community took place, with Susan Kaufman and Robert Rudine as the designated community representatives on the selection panel. The panel also consists of three arts professionals and a project manager from the Seattle Engineering Dept. By way of the Seattle Arts Commission, funds for this project come from the Combined Sewer Overflow Improvements Project in our neighborhood. The final selection of artists will be Feb. 6.

The neighborhood representatives offered the following criteria as their goals for choosing an art project.

Susan Kaufman, goals for the arts project: Eastlake Avenue is the appropriate site, the project should create a continuum of artwork along the site, the art should connect and unify the neighborhood, it should preserve the unique and classic aesthetic of the area, and it should de-emphasize Eastlake Avenue as a "second freeway."

Robert Rudine, goals for the project: to enhance the identity of Eastlake and its distinct sub-neighborhoods, reflect their culture and help calm the traffic that treats Eastlake as a mere racing corridor, and to provide a safe and engaging haven for our intrepid and harried pedestrians.

The Eastlake Community Council recently submitted a proposal seeking \$500 from the Department of Neighborhoods for printing flyers and letters and for special workshops to increase ECC membership.

Also newsworthy is information that Mayor Norm Rice supports Eastlake's desire for a Community Center. In a letter addressed to the ECC, he stated that he would notify heads of city departments to work with the neighborhood on the issue.

As for the arts project, the artists final submittals which included models and samples of the materials will be on display in the Eastlake area for one week following the Feb. 6 selection. In you are interested in seeing them, please contact Ruri Yampolsky, Seattle Arts Commission, 684-7309, or Susan Kaufman at 328-3560.

## New business in Eastlake

Eastlake Chiropractic Center just opened a naturopathic medicine practice on Eastlake 2 months ago. With a chiropractor, acupuncturist and massage therapist, the center is able to offer a variety of holistic and alternative health care services. Dr. Stephanie Taylor-White received medical training from Bastyr University in Seattle and completed pre-med at University of Washington.

"As a naturopathic doctor, I am licensed as a primary care physician and treat all diseases and health problems through natural therapies such as diet, vitamins, natural supplements, lifestyle changes, herbs, energy medicine and incorporating the mind-body connection through the study of psychoneuroimmunology to promote healing and optimal health. I am also able to diagnose illness with blood tests, hair analysis, X-ray, ultrasound, CAT scan, MRI, etc. I see myself as a partner in the health of my patients, often working in conjunction with other practitioners such as the chiropractor, acupuncturist and massage therapist who work in the center with me, as well as other MDs in the Seattle area."

Taylor-White says she also offers individual therapy to help support and balance the mental, emotional and spiritual when that needs more attention than the physical body. "My medical training included many advanced courses in psychology." At Bastyr, she specialized in counseling and received a bachelor's degree from the UW in psychology. She is also an instructor in the psychology department of the naturopathic program at Bastyr University. Taylor-White is available to anyone who would like more information about naturopathic medicine. She can be reached at her office, 776-5251.

## Planning Tomorrow continues

A December workshop on neighborhood planning was a great success. Committees are being formed now. To get involved, call: Design guidelines (Cheryl Trivison, 325-8410); green space (Dave Moore, 325-5463); housing and diversity (Joy Dear, 328-0317); northern gateway (Jill Wiedenhoft 328-8588); transportation and the overall planning effort (Chris Leman, 322-5463). A steering committee is preparing an application for City planning funds. The committee includes renters, homeowners, apartment owners, the Floating Homes Association, TOPS, businesses, Fred Hutchinson Center, social service agencies, and the Neighborhood Planning Office.

## Arts Galore

On the heels of the South Gateway Project, the ECC is turning focus to a North Gateway Art Project. We want those coming from the north to realize they are entering a neighborhood, slow down, stop, eat, shop and visit our parks. The area of consideration is the triangle of property under I-5 between Eastlake, Harvard and Alison streets. A committee interested in the North Gateway and Green Space issues has met twice. Early ideas have included increasing trees and bushes, decreasing the asphalt, maintaining rock retaining walls, creating a waterfall or other large scale visual interest, establishing an environmentally friendly system to treat water run off from the bridge. The committee is seeking input. Please call Jill Wiedenhoft at 328-8588.

## Renovation of Seward School being planned

Now is a good time to get involved with historic preservation and renovation as the Seattle School District plans for Seward School in Eastlake. The Historic Seattle Preservation and Development Authority is sponsoring a series of Preservation Leadership Forums, Feb. 8, 15, 22 and 29. The sessions will run 7-9 p.m. at the Good Shepherd Center, 4649 Sunnyside Ave. N. in the Wallingford neighborhood. The series is for residents interested in historic preservation. The sessions are titled: Neighborhood Uniqueness, Understanding and Influencing Neighborhood Development, Neighborhood Action and Preservation, and New Ideas for Neighborhood Preservation. The cost for all four sessions is \$20.

Rob Kiker and Marjorie Nelson are the ECC representatives to the architectural design review committee for the Seward School Tops restoration and renovation project. The project is headed by Dutch Duarte of the architectural firm of Duarte/Bryant. Rob or Marjorie may be contacted for further information at 329-3097 or 324-0575.

According to Marjorie, Mayor Norm Rice has expressed interest to the Seattle School District for accommodation of community needs in the project. The ECC members and the Eastlake Planning Committee are scheduling a neighborhood workshop to discuss such needs, 7 p.m. March 12, at the Police Guild, 2517 Eastlake Ave.

## Don't wait – Eastlake memorial society is national leader

The People's Memorial Association is the country's largest and oldest memorial society. A nonprofit organization founded in 1939, it provides to its members the opportunity to purchase cremation, burial, and mortuary services at prices dramatically lower than retail. In this area, the service is by Bleitz Funeral Home, with locations near the Fremont Bridge and near Bellevue Square. A lifetime membership in the People's Memorial Association is ten dollars, and with it come the low rates (applicable throughout the country in cooperation with other memorial societies), and brochures on putting one's house in order, living wills, cremation, and other topics that tend to be put off until it is too late. The address is 2366 Eastlake Avenue E #409, Seattle 98102, or call 325-0489.

## New businesses finding the neighborhood

More new businesses came to Eastlake in the last few months than any similar period in memory. Sergio Curiel, a ten-year Eastlake resident and former bartender at Azteca, has opened **Eastlake Haircutters** at 2234 Eastlake Avenue E. (328-4509). Hours are 10-6 every day of the week. ... Eastlake is also helping build the internet, a world network of computers. **Internet Central**, located in the Areis Bldg., is a web server and wholesaler of T-1 (high capacity) line access; for a \$20/monthly retail fee, it also will provide your personal computer with an internet connection. Owner and Eastlake resident Daniel Solomons can be reached at 720-6313 or daniel@oo.net.

Eastlake continues to build a reputation for restaurants. **Pomodoro Ristorante Italiano e Tapas** is at 2366 Eastlake Avenue (near Cards, Gifts, Etc.). Owner and chef Antolin Blanco--who will soon be an Eastlake resident--was born in Spain, and has 25 years in the restaurant business. The long menu shows his extensive experience in Italian and Spanish cuisine, particularly seafood (e.g. Chilean sea bass with a mysterious Black Ink Sauce), Spanish tapas (appetizers) and unusual herbed treatments of familiar vegetables. Free covered parking after 6 p.m. ... **Bandoleone** ("little accordion") is at 2241 Eastlake Ave., near **Patrick's Fly Shop**; one of the owners and some staff are Eastlake residents. Its interesting tropical Latino menu is served until late, and tapas are served even later, until 2 a.m. Monday-Saturday. Brunch opens at ten Saturday and Sunday. Late diners are serenaded by an eclectic variety of performers Thursday through Saturday. Smoking allowed at the bar, and on Mondays, throughout the restaurant as well. ... **Fish and Notes**, at 2224 Eastlake Avenue, will also have live entertainment. It offers the unusual combination of homecooked seafood and new and used

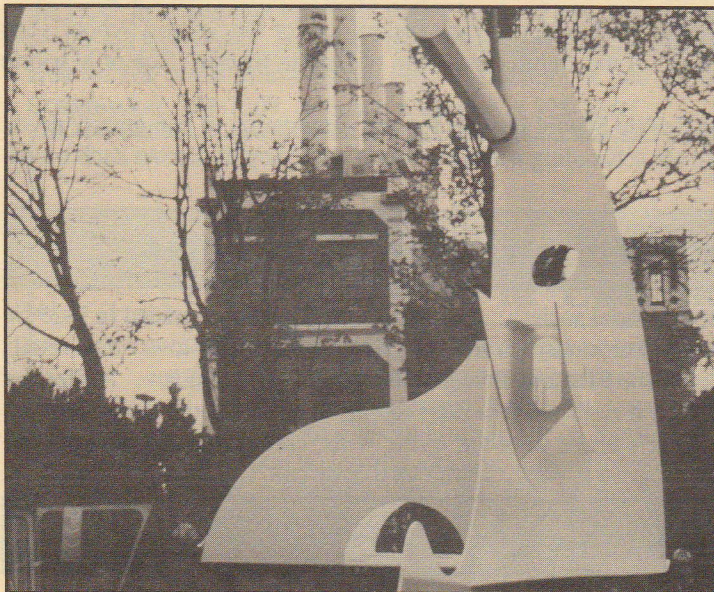
**New businesses, continued.**

Eastlake Avenue, will also have live entertainment. It offers the unusual combination of homecooked seafood and new and used compact discs (hence the "notes" in the name). Manager and co-owner is Carolyn Darwish.

With all that eating, you'll need a dentist! Never fear, three dental offices have relocated to the third floor of the Washington State Employees Credit Union Building (1500 Fairview Ave. E). ... **Eastlake Dental Care** (325-7456), with Dr. Michael Hrankowski, is a holistic health practice that avoids use of mercury. Hrankowski has sought much additional training, and emphasizes involving patients fully in their own care. **Emerald City Dental** (328-3002), with Dr. Steven J. Albright, is full of fine antiques and wants to be the "Nordstrom of dental offices." Dr. Albright has done volunteer work in Haiti, Ecuador, Guatemala, Israel, and India. ... **Dr. Lourdes Acuesta** (322-7706) has greatly expanded in relocating from a block north. Her high-technology family dentistry practice is one of only two Filipino-American dental offices in Seattle, attracting clients from all over. There you can pick up a free copy of Mabuhay, a Filipino-American monthly.

**Earl Blomberg and Vic Rossi** would have enjoyed this small business renaissance, but they died recently. Earl's Garden Patch Grocery is now known as the **Quick Stop**. An Eastlake resident as well as business owner for 40 years, Blomberg with his wife Helen made the store a friendly place for neighbor and stranger alike, and his daughter recalled that he became "dad-in-residence for the young people of the neighborhood." ... When our last column noted the closure of G&R Grocery, we didn't expect the death soon after of owner Vic Rosi, owner for 60 years. The Times' Jean Godden marked his death with stories of Rosi's long hours and friendly presence; as one neighbor recalled, "he was everybody's grandfather." Here's hoping that Eastlake's new businesses have a similar long success, and give back as much to the community as these did. ... See your business in this column! Write to: Business Column, 117 E. Louisa #1, Seattle 98102.

**Gateway celebration enjoyed**



Balloons, streamers, the Brass Quintet under a tent, dignitaries, Diana Huber's champagne launching, refreshments at Hydro House Cafe, wind and rain. It was all part of the Grand Celebration on Nov. 17 for Eastlake's first art project, Shear Draft, by Thomas Lindsey. Cheryl Trivison officiated with Jim Diers, director of the Department of Neighborhoods; Judy Rhodes, coordinator of the project; Lindsey, David Huber and Sinko Campos, vice president of ZymoGenetics. Thanks for the event go to volunteers Barbara Zegar, Deverick Martin, Surain afSandenberg, Cori Farrar, Jean Maria, Patty Vandenberg and Jaley Stone, as well as sponsors, ZymoGenetics, Lake Union Drydock, Northwest Administrators, Eastlake Business Association, Washington Employees Credit Union, Fred Hutchinson Cancer Research Center, Richard Haag Associates, Seafirst Bank, G&H Printing and Canopies by Fred. Steve Yip at Hydrohouse Cafe prepared a beautiful feast.

We attempt to publish the Eastlake News on a quarterly or bimonthly basis. Your contributions or suggestions are encouraged and appreciated. Opinions, humorous anecdotes about Eastlake, short creative writing pieces about the neighborhood, proposals for improvement or neighborhood news are all welcome.

Send your contributions to Eastlake News, 117 E. Louisa St. Box #1, Seattle 98102. Or call Chris Norred at 322-1101.

Contributors to this issue included Cheryl Trivison, Chris Leman, Marjorie Nelson, Chris Norred and Jill Wiedenhoft

**Membership Application**

New  Eastlake Community Council  
 Renewal  117 E. Louisa #1, Seattle 98102

Dues	
Household	\$25
Senior Citizen/Student	
Low Income	\$10
Business	\$50
Donation	\$_____

- Interests**
- Parks and Open Space
  - Traffic/Parking issues
  - Building Guidelines
  - Newsletter Distribution
  - Fundraising
  - Work Parties
  - Eastlake History
  - Community Art Projects
  - Community Meetings

Name \_\_\_\_\_ Phone \_\_\_\_\_  
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