



**Category:** Accessories/Knitted Sweaters and Tops\  
Knitted Cardigans

**Skill Level:**



# Paradigm Shift® Lite Watercolor Tee

Designed by Julie Gaddy

**Size:**

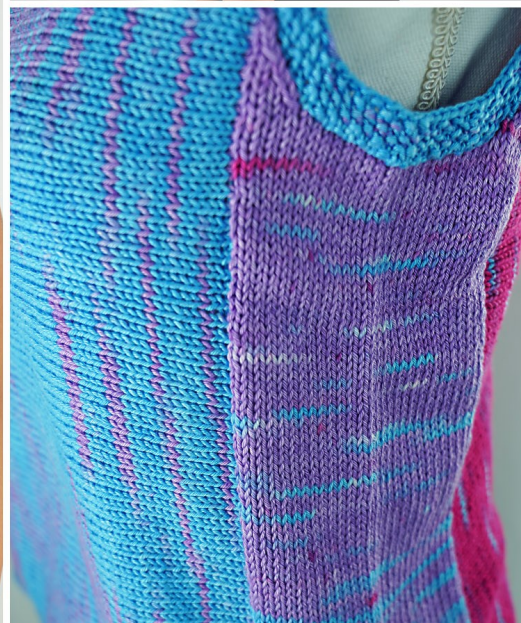
S (M, L)  
Worn with 1 to 3"  
positive ease

**Finished Measurements:**

35¾ (40, 44¾)" finished  
bust x 20¾ (20¼,  
21½)" long

**Materials:**

- Cascade Yarns®  
Paradigm Shift® Lite  
100% Mercerized  
Cotton
- 200 g (7.05 oz) /  
577 yds (528 m)
- 2 (2, 2) skeins of color  
#105 (Hyacinth)
- US 6 (4 mm)  
knitting needles  
or size to  
obtain gauge
- US 4 (3.5 mm)  
24" and 16"  
circular needles
- Yarn needle
- 3 removable markers  
or safety pins
- Waste yarn or  
1 stitch holder



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### Gauge:

22 sts x 31 rows = 4" (10 cm) blocked, in StSt on larger needles. Take time to block your gauge swatch.

### Abbreviations:

BO	= Bind off
CO	= Cast on
K	= Knit
K2tog	= Knit 2 sts together (1 st decreased)
P	= Purl
RS	= Right side
SSK	= Slip two sts one at a time as to knit, insert tip of left needle into slipped sts and knit them together thru back loops (1 st decreased)
St(s)	= Stitch(es)
StSt	= Stockinette Stitch
WS	= Wrong side

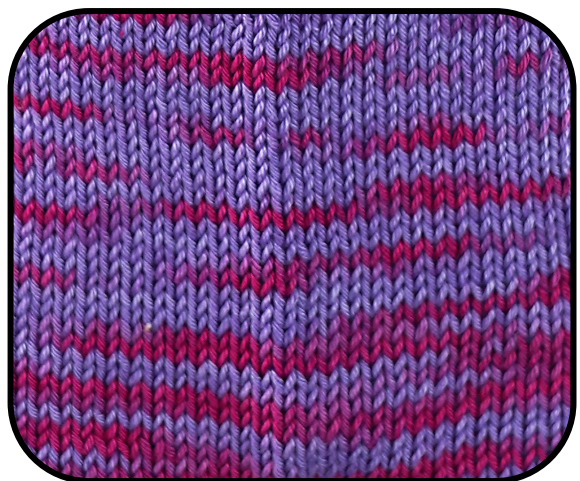
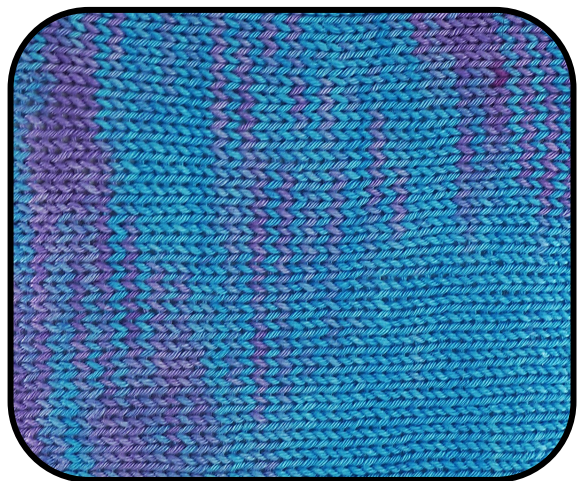
### Special Stitches:

**Cable Cast on:** \*Insert the right needle –between the first two stitches on the left needle. Wrap yarn as if to knit and pull the loop through. Slip this loop onto the left –needle. Repeat from \* until the number of stitches required are added to the left needle.

### Seed Stitch in the round (even number of sts)

Rnd 1: \*K1, p1; rep from \* around.  
 Rnd 2: \*P1, k1; rep from \* around.  
 Rep these two rnds for pattern.

**Notes:** This light tee is knit in four pieces and sewn together. Pools of color ebb and flow on each panel creating abstract watercolor-like designs that emphasize the unique multi-directional construction. Front and back pieces are knit from side to side, and underarm panels are knit from the bottom up. After body pieces are joined, seed stitch borders are added at hem, armholes and neck.



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When joining panels, remember the difference between row gauge and stitch gauge. Join at a rate of about 3 sts for every 4 rows.

**Back:**

With larger needles, CO 105 (105, 112) sts.

Row 1 (RS): Knit.

Row 2 (WS): Purl.

Continue in StSt until Back measures 13 (14½, 15½) inches.

BO all sts knitwise.

**Front:**

With larger needles, CO 105 (105, 112) sts.

Work in StSt as for Back until Front measures 2¾ (2¾, 3¼)" from CO edge ending with a completed WS row.

**Shape neck:**

Next row (RS): BO 21 (21, 23) sts. Knit to end – 84 (84, 89)sts.

Next row (WS): Purl.

Dec row (RS): BO 1 st. Knit to end – 1 st decreased

Next row (WS): Purl.

Repeat last 2 rows 4 (4, 5) more times – 79 (79, 83) sts.

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Work even until Front measures  $8\frac{3}{4}$  ( $10\frac{1}{4}$ ,  $10\frac{1}{2}$ ) inches from CO edge ending with a WS row.

Inc row (RS): Using the cable method (see Special Stitches), CO 1 st. Knit to end – 1 st increased.

Next row (WS): Purl

Repeat the last 2 rows 4 (4, 5) more times – 84 (84, 89) sts.

Next row (RS): Using the cable method, CO 21 (21, 23) sts – 105 (105, 112) sts.

Continue to knit even until Front measures same as Back ending with a WS row. BO all sts knitwise. Note: it is important for the shoulders to have the same number of rows even if the Front is not exactly the same width as the Back.

**Side panel (make 2 alike):**

With larger needles, CO 30 (34, 40) sts.

Work even in StSt until panel measures 11 ( $10\frac{1}{2}$ ,  $11\frac{1}{4}$ ) inches from CO edge ending with a WS row.

**Shape armhole**

Next row (RS): Knit 6 (7, 8), BO next 18 (20, 24) sts (1 st remains on right needle), k5 (6, 7).

Turn and purl 6 (7, 8) sts. Place rem 6 (7, 8) sts on waste yarn or holder.

Dec row (RS): K1, ssk, knit to end – 1 st decreased.

Next row (WS): Purl.

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Repeat last two rows 3 (4, 5) more times – 2 sts rem.  
 BO 2 sts.

Return 6 (7, 8) held sts to needle ready to work a WS row.  
 Attach yarn and purl to end.  
 Dec row (RS): Knit to 3 sts from end, k2tog, knit 1 – 1 st decreased.  
 Next row (WS): Purl  
 Repeat last two rows 2 (3, 4) more times – 3 sts rem.  
 Next row (RS): K2tog, knit 1 – 2 sts rem.  
 BO 2 sts.

**Finishing:**

Block pieces to measurements.

Sew shoulder seams.

**Join body panels**

With Front right side up and cast on edge to the right, place two removable markers on cast on edge: one 11 (10½, 11¼)" from bottom (selvedge) edge for underarm and one 1¼ (1½, 1¾)" above underarm marker for top of Side panel. With Side panel right side up, place a removable marker on the left side of the panel 11 (10½, 11¼)" above CO edge. This marker is on the row where the underarm was bound off. Match the underarm markers and place the top of the Side panel at the top marker on the Front. Sew the seam easing as necessary (about 4 rows on the Side panel to every 3 sts on the CO edge of the Front).

Repeat for remaining three side seams.

**Bottom band:**

With right side facing and smaller 24" needle, start at right back seam and pick up 29 (33, 39) sts across Side panel, 75 (83, 88) sts across Front, 29 (33, 39) sts across Side panel, 75 (83, 88) sts across Back – 208 (232, 254) sts total. Place marker and join in the round. Work in Seed St (see Special Stitches) until bottom band measures 1". BO all sts in patt.

**Neckband:** With smaller 24" circular needle and RS facing, begin at left shoulder and pick up and knit 20 (20, 22) sts down left front neck edge, 39 (47, 51) sts across center front, 20 (20, 22) sts up right front neck edge, and 41 (49, 53) sts across back neck – 120 (136, 148) sts. Place marker and join in the rnd. Work in Seed st for 7 rnds. BO all sts in patt.



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**Armbands:** With smaller 16" circular needle and RS facing, begin at center of underarm and pick up and knit 15 (17, 20) sts of Side panel, 58 (60, 64) sts evenly spaced around armhole, and 15 (17, 20) sts of Side panel – 88 (92, 104) sts. Pm and join in the rnd. Work in Seed St for 7 rnds. BO all sts in patt.

Weave in all remaining ends and block.

Thank you for downloading our free pattern. For more ideas and inspiration, visit us online at <http://www.cascadeyarns.com> | [blog http://cascadeyarns.blogspot.com/](http://cascadeyarns.blogspot.com/)

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**Watercolor Tee Schematic:**

