



National Masters Newsletter



37th Issue

September 1981

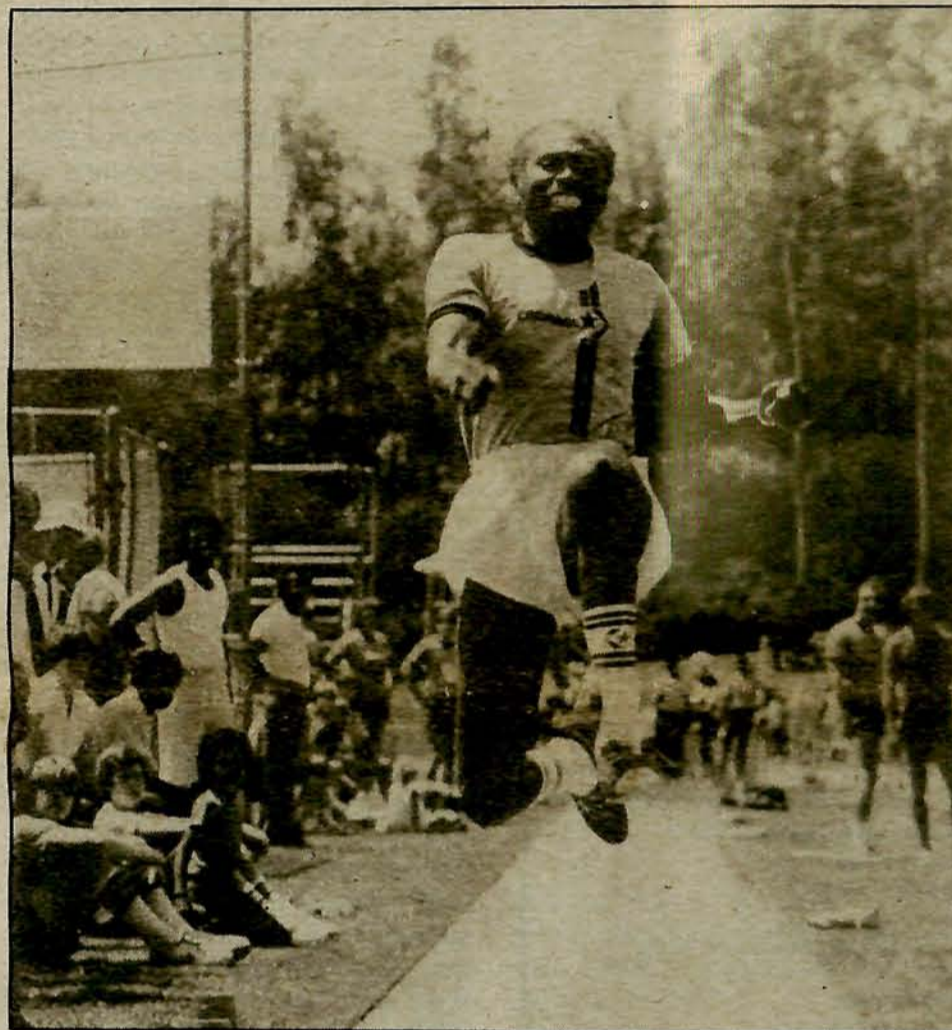
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The only national publication devoted exclusively to track & field and long distance running for men and women over age 30

★ Highlights ★

- World Marks Set by Patsalis, Reid, Bredenbeck, Cleator, Dixon, Burnett, Fox, Butler, Alexander
- Results of Masters Track & Field Meets:
 - 602 in TAC Nationals
 - 433 in Pan-American Games
 - 152 in TAC Midwest Regionals
 - 355 in TFA Western Regionals
 - Northwest Classic
 - TFA Nationals
 - Cleveland Classic
 - MSA Relay Carnival
 - Texas Classic
 - Minnesota
 - Indiana
 - Massachusetts
 - Florida
 - Rhode Island
- Results of 28 Road Races

602 Compete in Nationals



George Rhoden, 55, of San Diego. The 1952 Olympic 400-meter gold medalist (45.9) and world age 45-49 200-meter record holder (22.3) competed in celebrity long-jump at TFA Masters Regionals in Los Angeles.

Burnett, Fox, Dixon Set World Marks. Billups Breaks 4 Minutes. 12 U.S. Records Set.

by AL SHEAHEN

LOS GATOS, Calif., August 15-16—Years from now, when old masters are gathered around the table, quaffing a few beers and reminiscing on the early days of the masters program, the conversation will come around to the best masters race ever run.

Each, of course, will have his or her favorite. But those who were there that Sunday in Los Gatos, California in the August of 1981 will be sure to tell the story about the time the great Ernie Billups rode west from the plains of Illinois to outrun the best U.S. masters 1500-meter field ever assembled.

They'll tell about the way the 44-year old, at the "wrong" end of this age division, became the first American over age 40 to ever run 1500 meters in under 4 minutes.

They'll tell about the way the Chicago high school principal broke

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1 World, 2 U.S. Marks Set

355 in TFA Pacific Regionals

LOS ANGELES, July 18—The Track & Field Association of the USA announced that one World Record and two National Records were set at the 1981 TFA Pacific Masters Track & Field Championships today at UCLA's Drake Stadium.

The pair of national records were set by Walt Butler, 40, running the 110 meter hurdles in 14.8 in the 40-44 division, and Jim Brown high jumping 6-4, also in the 40-44 division.

Approximately 400 spectators turned out to view the 355 athletes competing in the largest one day masters meet held this year on the west coast.

The highlight of the meet, the Converse Celebrity Triathlon, featured Olympic Legends, Mike Larrabee, John Pennel, Mack Robinson, Dr.

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New Faces in Midwest Regionals

by W. McDONALD MILLER

DECATUR, Illinois, August 1—"The Pride of the Prairie", did itself proud as host of the 1981 Penn Mutual/TAC Midwest Masters Regional Meet. A lovely college setting at Millikin University provided excellent facilities for 152 athletes today. Because of the new site there were many new faces to go along with a few old and even an old friend in the midst of a spirited comeback. Of course I'm speaking of that transplanted New England veterinarian, all-around, man about town, Bill Andberg. Bill was a pleasant surprise and of course impatient as ever not to have resumed top speed after getting a couple of new wheels and a general overhaul over the past year.

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433 in Pan-Am Games

LOS ANGELES, August 8-9—Four hundred-thirty-three over-age-30 men and women athletes—including 107 from east of the Mississippi and 18 from foreign countries—took part this weekend in the 5th Annual Home Savings Pan-American Masters Track & Field Championships.

Competition was held in 5-year age groups for men and women from age 30 to 80+. Oldest participant was Marian Higgins, 88, who competed in both the 100 and 200 meter dashes.

Walt Butler ran the 39" 110-meter hurdles faster than any over-age-40 runner in history, clocking 14.67 to break the world best of 14.7 set by L. Marien of Belgium.

The Southern California Striders age 40-49 800 meter relay team broke the old U.S. masters record with a time of

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Write On!



Address letters to:

National Masters Newsletter, P.O. Box 2372, Van Nuys, CA 91404

OF WORLD GAMES AND POLITICS

Frank Finger's closing sentence in his article written in the July, 1981 issue of NMN, i.e., "In fairness to all concerned, of whatever honestly-held political view, we should unequivocally set our course well before the 5th Games." is excellent advice, but I fear too late for the next World Games.

The problems related to participation of South Africans in the World Championships was observed by me in Sweden, Germany and New Zealand. These problems have proliferated with each World meet. The elimination of the relay races at San Juan because they might trigger reactions was very depressing. Moreover, why would not the name and country of medal winners posted on the result board not do the same thing?

In my opinion, no country can guarantee a demonstration-free meet, and we, as individuals must decide whether we can tolerate these reactions or stay at home. In spite of our constitution, which states "...that no individual can be barred from competition because of being South Africans. The next time perhaps another country will not be able to send its athletes for invading Afganistan or sending fighter planes to Israel or whatever. Perhaps the word "nationality" should be deleted and we won't feel like hypocrits.

In Bob Fine's splendid recount of his South African trip, he urges black Americans to travel there to inform the black South Africans that..."the rest of the world feels that they have every right to be treated as equals."

I shall be happy to go, if Bob can guarantee that the South African government will not arrest me for agitating the blacks. I was placed under house arrest in Indiana and Kentucky during World War 11, because I, a black flying officer, dared to enter an Officer's Club. His article revived pains that I endured and I don't think I'll be exonerated in South Africa as I was in 1945.

If the South African Government will permit Bob Fine, who is white, and me to communicate with whites, blacks, Asians, coloreds et alterae of our choice, then I will consider the trip. If the Government funds our trip, (the spouses can pay their own way) I will stop all considerations and head for the airport.

Don Harris, Abington, Pa.

650 IN RALEIGH

Your 300 reported in the July issue would be close for the Friday and Saturday events. Our 3 day format included 10K, half marathon, full marathon (national championship both open and Masters), 20K walk and

weight pentathlon on Sunday bringing total participation to approximately 650 for the eleventh annual Raleigh Masters Track and Field Meet.

You mention only 3 Olympians. My own casual examination of our roster reveals at least 15 former Olympians. I apologize to those I may have overlooked. The ones I found were: Bachus, Canfield, Cobralio, (Israel), Culbreath, Davenport (Henry), Mulkey, Schneider (Germany), Simmons, Toomey, and Wang (China). From earlier years you can add Bachelor, Davenport (Willie), Gregory, Moon, Oerter, Romansky, Soudek, and Tung (China). Many of these were in more than one Olympics. Many come annually to our meet which is designed of, by and for the athletes.

It certainly should be pointed out that Josh Culbreath ran with me in his first Masters effort. Knowing it was his first competitive try, following a broken neck and partial paralysis, I watched with anxiety. How relieved I was that he not only ran well and in good form but enthusiastically watched efforts of others and took many pictures throughout the day.

We had our best ever press, radio and TV coverage. Of particular interest was the front page full column in the Wall Street Journal May 28. At this stage in our development we Masters athletes must educate the media. It takes work. At the same time we must educate ourselves to their needs. It will come.

In addition to athletes from throughout the country we had 5 from Germany, several from Taiwan, a group from Canada, two from Puerto Rico as well as representatives from Chile, Costa Rica, Jamaica, Panama and Israel. Our atmosphere is more International than Regional.

Bob Boal
Raleigh, N.C.

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Al Sheahan

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schedule

Track and field events feature competition for men and women over age 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newsletter 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys CA 91404.

TRACK & FIELD LONG DISTANCE RUNNING

1981 PENN MUTUAL/ATHLETICS
CONGRESS NATIONAL MASTERS
CHAMPIONSHIPS
Age 30 and over

☆ **September 12-13 (Sat-Sun):** Penn Mutual/TAC National Masters Weight Pentathlon. Woodstock, IL. Chuck Klehm, 2 E. Algonquin Rd., Arlington Heights, IL 60005.

SOUTHEAST

October 11-12 (Sun-Mon, Columbus Day): TAC Southeast Masters Decathlon and Pentathlon Fall Championships, Charleston, South Carolina. Send SASE to: Ken Kirk, 3800 Stonewall Terrace, Atlanta GA 30339.

WEST

Every Sunday morning from **September 13 to December 6:** Hawaii Masters track meets with age adjusted point system. Kaiser High School, Honolulu, 8:30 a.m. Stan Thompson, 1549 Ipukula St., Honolulu HI 96821. (808) 373-4181.

September 26 (Sun): Senior Olympics (age 50+), Laney College, Oakland, Calif. NCSOII, c/o Oakland Park & Recreation Dept., 1520 Lakeside Drive, Oakland CA 94612. (415) 273-3791.

October 3 (Sat): 8th Annual Santa Barbara Masters Track & Field Meet, Univ. of California at Santa Barbara, Goleta, CA. George Adams, P.O. Box K, Goleta, CA 93017. (805) 687-6323.

December 4-8: Annual TAC Convention, Reno, Nevada. P.O. Box 120, Indianapolis IN 46206. (317) 638-9155.

PUERTO RICO

September 19-20 (Sat-Sun): 1st Annual San Juan Masters T&F Meet. G.P.O. Box 3123, San Juan P.R. 00936.



1981 PENN MUTUAL/ATHLETICS
CONGRESS NATIONAL MASTERS
CHAMPIONSHIPS
(Age 40 and over)

Sept. 13 (Sun): Penn Mutual/TAC National Masters 50K Road Championships, Brattleboro, Vermont. Ann Parry, Famolare AA, 4 E. 54th St., New York, NY 10022.

September 20 (Sun): TAC National Junior and Masters 20K Road Championships, Catskill, NY. Dick Vincent, Jct. 9W & 23A, Catskill NY 12414. (518) 943-4767.

Sept. 26 (Sat): Penn Mutual/TAC National Masters 10K Road Championships, Kent, WA. Bob Langenbach, 4261 So. 184th St. Seattle, WA 98188. (206) 433-8868.

October 3 (Sat): Penn Mutual/TAC National Masters 15K Road Championships, Washington DC (Hains Point). SASE to Larry Noel, 105 Northway Rd., Greenbelt MD 20770. (301) 474-9362.

October 4 (Sun): Penn Mutual/TAC National Masters 15K Cross-Country Championships, New York, NY. New York RRC, Box 881, FDR Station, New York NY 10150. (212) 580-6880.

October 18 (Sun): Penn Mutual/TAC National Masters 5km Road Race Championships, New Orleans. Danny Thiel, 2609 Canal St., New Orleans LA 70119. (504) 822-9051.

November 21 (Sat): Penn Mutual/TAC National Masters 10K Cross-Country Championships, Houston. Ed Lang, 14 Sandalwood, Houston, TX 77024. (713) 781-2810.

November 28 (Sat): Penn Mutual/TAC National Masters 5K Cross-Country Championships, San Diego (Balboa Park). Bill Stock, 7160 Baldrich Rd., La Mesa CA 92041. (714) 466-8700.

NEW ENGLAND

Sept. 13 (Sun): 5-mile Masters Run, Westfield, Mass. 12 Noon. Walter Childs, P.O. Box 1484, Springfield MA 01101.

Sept. 20 (Sun): Maple Leaf Half-Marathon, Manchester, Vermont. Guy Thomas, Way's Lane, Manchester Center VT 05255. (802) 362-3401.

November 1 (Sun): Ocean State Marathon, Newport RI. Limit 2500. SASE to OSM, 40 Cypress Rd., Seekonk, MA 02771. (401) 885-1382.

EAST

September 12 (Sat): 4th Annual Historic Gettysburg Marathon, 8 a.m. Gettysburg Travel Council, 35 Carlisle St., Dept. M-4, Gettysburg PA 17325.

Sept 13 (Sun): Koo Kooser River 9K Run, Deposit, NY. Delaware County Runners, 36½ Main St., Delhi NY 13753. (607) 746-6555.

Sept. 20 (Sun): Philadelphia Distance Half-Marathon Run, YMCA, 1421 Arch St., Philadelphia PA 19102. (215) 241-1223.

Sept 27 (Sun): The Great Race 10K, Pittsburgh. 400 City County Bldg., Pittsburgh PA 15219. (412) 255-2350.

October 4 (Sun): Fall Foliage 8-mile Run, Delhi, NY, 2 p.m. Delaware County Runners, 36½ Main St., Delhi NY 13753. (607) 746-6555.

October 4 (Sun): 10th Annual Masters Sports Association 10K Cross-Country Championships, 12 Noon, Van Cortlandt Park, Bronx, NY. Mail \$5 entry fee to Masters Sports Association, 77 Prospect Place, Brooklyn NY 11217.

October 10 (Sat): National Jogging Day. Nationwide. To organize or participate in your area, contact Glenn Petherick, NJA, 2420 K St. N.W., Washington DC 20037.

October 17 (Sat): Pepacton Paleface Marathon, Margaretville, NY, 10:30 a.m., Delaware County Runners, 36½ Main St., Delhi NY 13753. (607) 746-6555.

October 17 (Sat): 8th Skylon International Marathon, Buffalo to Niagara Falls. (2000) Box SIM, Bidwell Station, Buffalo NY 14222.

October 25 (Sun): 12th New York City Marathon. (16,000) P.O. Box 1388 GPO, New York NY 10001.

On Tap for September

TRACK & FIELD

The 1981 masters track & field season isn't over yet. The Penn Mutual/TAC National Masters Weight Pentathlon takes place on the 12th and 13th in Chicago.

Then on the 19th and 20th, it's the 1st Annual San Juan Masters T&F Meet in Puerto Rico, site of the 5th World Veterans Games in 1983. 500 athletes are expected.

LONG DISTANCE RUNNING

On the road, activity picks up again with major races such as the Gettysburg Marathon on the 12th. The next day sees the prestigious Nike/OTC Marathon in Eugene, Oregon, the Montreal International Marathon, and the Penn Mutual/TAC National Masters 50K Road Championships in Vermont.

The TAC Masters and Junior 20K Road Championships will be held the 20th in Catskill, New York.

Then a big one: the Penn Mutual/TAC National Masters 10K Road Championships in Seattle the 26th, hosted by the capable Snohomish Track Club.

On the East Coast the same day is the popular Lynchburg, Virginia 10-miler and the Canadian Women's 5K Championships in Toronto. The America's Marathon in Chicago wraps up the month's festivities on the 27th. □

November 1 (Sun): 6th Marine Corps Marathon, Washington. (9000) MCM, Marine Barracks, 8th & I St. S.E., Washington DC 20390. (202) 433-3238.

November 15 (Sun): 10th Annual TAC Eastern Masters 10K Cross-Country Championship and Sub-Masters

Subscribe Now!

The National Masters Newsletter is the bible of the Masters (Veterans) movement, the fastest growing segment of the running community. It's a bargain at 12 issues a year for only \$12. Get aboard the publication that's covering the Masters scene more thoroughly than ever. Subscribe now.

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Send to: National Masters Newsletter
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(30-39) Non-Championship Race, 12 noon, Van Corlandt Park, New York City. Mail \$5—entry fee to Masters Sports Association, 77 Prospect Place, Brooklyn NY 11217.

SOUTHEAST

Sept. 26 (Sat): Virginia 10-miler. Lynchburg VA. (4000) Racing Ltd., 2484 Rivermont Ave., Lynchburg VA 24503. (804) 528-2857.

October 25 (Sun): Richmond Newspapers Marathon. (2000). P.O. Box 26971, Richmond, VA 23261.

MIDWEST

Sept. 13 (Sun): Cleveland Heart-athon, Cleveland. 1689 East 115th St., Cleveland OH 44106. (216) 791-7500.

Sept. 27 (Sun): America's Marathon, Chicago. (7000) 676 N. LaSalle Chicago IL 60610. (312) 951-0660.

October 18 (Sun): Detroit Free Press Marathon. Ed Kozloff, Box 170, Detroit MI 48231. (313) 222-6415.

November 1 (Sun): Midwest Masters 5K Cross Country Championships. Veterans Park, Crystal Lake, Illinois. 10 a.m. Contact: Dick Kloepfer (815) 459-5663.

November 1 (Sun): Bank One Marathon, Columbus, Ohio. (3500) PO Box 333, Columbus OH 43216. (614) 228-4636.

November 7 (Sat): International Peace Race, Youngstown, Ohio. Box 1320, Youngstown OH 44501. (216) 747-3238.



MID-AMERICA

Sept. 6 (Sun): 3rd Black Hills Marathon, Rapid City, S.D. Guest speaker: Al Lawrence. Box 9243, Rapid City SD 57701.

November 1 (Sat): Macy's Marathon, Kansas City, Missouri. Macy's, 1034 Main St., Kansas City MO 64105. (816) 881-5383.

SOUTHWEST

October 31 (Sat): Tulsa 15K. 2672 E. 26th St. Tulsa, Oklahoma 74114.

WEST

Sept. 26 (Sat): Heritage Day Run: 10K & 2-mi, Beard Park, Waterford, Calif. Don Lundberg, 12607 Lone Oak Rd., Waterford CA 95386. (209) 874-2229.

October 11 (Sun): 10th Berkeley to Moraga Half-Marathon. John Notch, 230 Marlow Dr., Oakland Ca (415) 562-2210.

November 15 (Sun): Lasse Viren Finnish Invitational 20K, Malibu, Calif. Eino, 32926 Mulholland Hwy, Malibu CA 90265. (213) 889-0800.

November 15 (Sun): Mini-Marathon, 8 a.m., Las Vegas. Running Store, 602 So. Maryland Pkwy, Las Vegas NM 89101. (702) 382-3496.

NORTHWEST

Sept. 13 (Sun): Nike/OTC Marathon, Eugene, Oregon. (1000) P.O.Box 10412, Eugene OR 97440. (503) 687-2477.

Sept. 19 (Sat): Prefontaine Memorial Classic 10K, Coos Bay, Oregon. Mike Hodges, Box 210, Coos Bay OR. (503) 267-7255.

CANADA

Sept. 13 (Sun): Montreal International Marathon, Montreal. (3000) COMIM, Case Postale 1570, Succursale B., Montreal, PQ H3B 3L2.

Sept. 20 (Sun): Canadian Masters 10K Road Race, Winnipeg, Manitoba.

Sept. 26 (Sat): Canadian Masters AA 3rd Women's Masters 5K Championships (restricted to women over 35). 2 pm. Sunnybrook Park, Toronto. Prizes in 5-year divisions. Christine Walker, CMAA, 34 Rodda Blvd., West Hill, Ontario M1E 2Z6. (416) 284-0695.

October 3 (Sat): Ontario Masters Cross-Country Championships. Woodbridge, Ontario.

October 10 (Sat): Canada vs. USA Masters Cross-Country Match, Vancouver, British Columbia.

October 12 (Mon): Canadian Masters Cross-Country Championships, Edmonton, Alberta.

October 24 (Sat): Inter-Club Cross-Country Relay, Sunnybrook, Toronto.

INTERNATIONAL

October 14-November 1: Masters Distance Running Tour to China. Sports Travel, P.O. Box 7823, San Diego CA 92107. (714) 225-9555.



Dave Thoreson, 40, of Santa Barbara, Cal. scored 6212 points to set new American over-40 record in decathlon.

WEIGHT PENTATHLON SCHEDULE 1981

- Sept. 6, 1981 Latvian Track Club Stouffville, Ontario Canada
Canadian Masters Weight Pentathlon Championship
Entries to Jackson Tovell 183 Duncan Rd Thornhill, Ont. Canada
L3T 3N7
- Sept. 12, 13 Nat'l Masters Wt. Pent. Championship
Ware Road & Route 47 Woodstock, Ill.
Entries to Chuck Klehm 2 E. Algonquin Rd Arlington Heights, Ill.
60005
- Sept. 26, 1981 North American Weight Pentathlon Championship
Ware Road and Route 47 Woodstock, Illinois
Entries to Chuck Klehm 2 E. Algonquin Rd Arlington Heights, Ill.
60005
- Oct. 10, 1981 Midwest Regional Masters & Submasters Wt Pentathlon
Ware Road and Route 47 Woodstock, Illinois
Entries to Chuck Klehm 2 E. Algonquin Road Arlington Heights, Ill.
60005
- Oct. 24, 1981 Great Lakes Masters & Submasters Wt Pentathlon
Ware Road and Route 47 Woodstock, Illinois
Entries to Chuck Klehm 2 E. Algonquin Rd Arlington Heights, Ill
60005
- Dec. 13, 1981 West Coast Weight Pentathlon
Glendale College, Glendale, California
Entries to John Tansley 1500 N. Verdugo Rd- Glendale, Cal. 91208
- Dec. 27, 1981 Holiday Weight & Regular Pentathlon
Atlantic High School Seacrest Blvd Delray Beach, Florida
Entries to Randy Cooper Community School Atlantic H S Delray Beac
Fla.

CANADIAN MASTERS & SUBMASTERS THROWING PENTATHLON CHAMPIONSHIP

Sponsor: The Latvian Track & Field Association
Date: Sunday, September 6, 1981
Site: Latvian Club, Bloomington Side Road, Stouffville, Ontario, Canada
Events: Pentathlon (Hammer, Shot, Discus, Javelin, Weight)
Women's Triathlon (Shot, Discus, Javelin)

Note: Competition will be by age class and each event will have 6 throws
Eligibility: Open to all male & female amateur athletes
Awards: Medals to first 4 places. Trophies for overall events
Entry fee: \$8.00 payable to J.E. Tovell, 183 Duncan Road, Thornhill, Ont., Canada
L3T 3N7 (416) 889-3392

Please enter me in this event for which I enclose \$8.00. (Make cheque payable to J.E. Tovell.)

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages against the Canadian Masters International Track Team & the Toronto Latvian Track and Field Club, their agent, representative, successors and assigns, for any and all injuries suffered by me while going to, return from and competing at this meet. Please print all information except signature.

SIGNATURE _____ DATE _____
PRINT NAME _____ CLUB _____
Address _____ CITY _____
Province/State _____ POSTAL/ZIP CODE _____
PHONE NO. _____
Birthdate _____ AGE _____ AGE GROUP _____

World Best for 80-Year Old

9 U.K. Marks in British Vets Championships

by ALISTAIR AITKEN

WOLVERHAMPTON, ENGLAND, July 25-26—In mild conditions at the 11th annual British Veterans Athletic Federation Track & Field Championships today at Aldersley Stadium, 4 ex-internationals showed their class.

Brian Green, 40, AAA 1971 100 meter champ, ran a 10.9 despite being lightly raced this year with a muscle injury. He is bound to test Thane Baker's 10.7 world over-40 best in the next year.

Amos Seddon, 40, who recently competed against Russia, won the 3000 and 5000 walks.

In the 200, 1971-73 WAAA champ Janet Roscoe was impressive in beating 1974 Commonwealth 100 hurdles victor Judy Vernon. Vernon, in turn, won the hurdles.

Pat Gallagher, who won the national veterans women's cross-country earlier this year, today added the 800 (2:15.7) and 1500 (4:44.1) crowns, winning clearly. The next day, he went in for a serious operation.

Of 9 other national records, perhaps the most impressive was by John Darlington who high jumped 1.75 meters (5'9") in the 45-49 age group.

Ex-international and World Veterans 400 record holder Peter Higgins ran the most exciting race of the first day to break the national U.K. 400-hurdles record of 64.6 for men 50-54 by a wide margin in 60.3, just edging out well-traveled Keith Whittaker (60.4.)



Flory Rodd, winner of age 55-59 division in San Francisco Marathon July 12 in 2:56:59.
Richard Lee Slotkin

Bernard Metcalf, *Daily Telegraph* journalist, set four 60-64 U.K. age records: triple jump, 8.36; high jump 1.25; long jump 4.27; 100 hurdles, 23.6.

Jeff Etchells followed Jim Alder for 8 laps before breaking away to win the 40-44 5000 in 15:55.5. Alf Lennon ran a faster 15:32.7 in the 45-49 5000. (Lennon won the M45 25K in Brugge, Belgium in 1:22:19.)

Derek Wood, a bank manager, won the 50-54 5000 in a U.K. record 16:00:7, a time which would have easily won the last two World Veterans titles.

Ron Anderson ran 2:00.3 to win the 40-44 800. Wilf Morgan took the 45-49 division in 2:03.0. Frank Taylor copped the 45-49 400 in 52.1 with Morgan 2nd in 52.7.

Famous coach and ex-professional sprint champion James Bryce was 2nd in 25.6 behind Keith Whittaker's 25.4 in the 50-54 200. World Games 60-64 champ Sylvester Stein won the 100, 200 and 400.

The world best were achieved by Nick Martin, 80, on July 8th, as he ran the fastest time for men 80-84 with a 17.1 in the 100 meters. (Duncan Maclean ran 16.3 at age 88.) Martin also ran 37.5 for the 200, which has never before been done by anyone over 78. □

310 in TFA Nationals

by KEN KIRK

ATLANTA, June 13—Fierce team and individual competition highlighted the TFA National Masters Track & Field Championships as 310 competitors from 28 states and 4 foreign countries participated. The Birmingham Track Club swept away first place, but the 2nd through 5th place club finishes went to the wire with Decathlon Mid-West, Southeast Louisiana, Greenville and Over-the-Hill finishing in that order.

Resurging Bob Richards, past some nagging injuries, dominated the 55-59 group with 9 golds and 1 silver. Bob Backus (50-54) out threw all other competitors, some 20+ years his junior, in the hammer throws. One glowing example of the hot competition was in the men aged 40-44 200 meters, where only .4 seconds separated first through fifth places, with Vaughn Bell taking both sprints.

The women's 30-39 age group saw outstanding all around performances by Phil Raschker (5 golds, 1 silver) and Liz McBlain (3 golds, 4 silvers), providing the best head to head matchups of the meet.

Rex Harvey was often a bridesmaid with five 2nds, two 3rds and two 4ths, demonstrating his exceptional versatility and condition, competing in the most competitive of all age groups, 30-34. □

Results in back pages.

Alexander Sets World 400 Record

MASON, Texas, June 27—John Alexander, 61, the World Games age 60-64 pentathlon gold medalist, today broke his own world 400-meter record for men over age 60 (59.0) with a superb clocking of 58.34 in the Hill Country Classic Masters Track and Field Meet.

It was only the 5th time in recorded history that a man over 60 has broken 60 seconds in the 400-meter run. He also won the 200, javelin, discus and long jump.

Alexander runs in a special lightweight, 2¼ ounce shoe that he designed himself (compared to the 5 and 6 oz. normal track spikes), and, off his performances this year, could probably sell as many of them as he could produce.

San Antonio's Ruben Whitney turned in excellent efforts in the 35-39 100 (10.84) and 200 (22.27).

Competition was held in 5-year age divisions for men and women from age 25 up.

Bob Buhl, 32, of Austin threw the javelin 196 feet, with Rusty Durham, 35, of Fort Worth, tossing 192'2". □

Results in back pages.



Jeanne Carter, 41, Ellen Fuller, 52, Shirley Kinsey, 52, Chris Miller, 46, members of undefeated Corona Del Mar Track Club women's relay team.

TWO WEIGHT MEETS

OCT. 10, 1981 - Midwest Regional Masters & Submasters Weight Pentathlon

OCT. 24, 1981 - Great Lakes Masters & Submasters Weight Pentathlon

SITE: Ware Road & Route 47, Woodstock, IL

EVENTS: Pentathlon (Hammer, Shot, Discus, Javelin and 35# Weight Throw) 6 throws each event

ELIGIBILITY: Open to all amateur athletes (men and women)

ENTRY FEE: \$6.00

TIME: 10:00 A.M.

MEET DIRECTOR: Chuck Kiehm, 2 E. Algonquin Rd., Arlington Heights, IL 60005



TAC/USA MASTERS 10 KM ROAD CHAMPIONSHIP

Sat. Sept. 26, 1981 10 a.m.

Russell Road Park Kent, WA.



Sponsored by the Snohomish Track Club and sanctioned by the Pacific Northwest Athletics Congress and TAC/USA

Course: Flat asphalt surfaced roads along Frager Road, west of the Green River, and Russell Road, east of the river, between South 212th and Meeker St. in Kent. Start and finish in Russell Road Park just north of Meeker St.

Entry Fee: \$4.00 No extra fee for team entry. All entrants must be registered with TAC/USA or equivalent National Sports Body for non-residents. Contact Carole Langenbach at (206) 433-8868 for TAC registration information.

Entry Deadline: Individual and team entries must be received by Sept. 24.

Send to: Bob Langenbach, 4261 South 184th Street, Seattle, WA 98188 (206) 433-8868

Awards: T-shirts to all finishers. Championship medals to top 3 finishers in each 5-year age division from 40-44 through 85+ for both men and women. Only TAC registered athletes are eligible for TAC medals.

Team Competition: A club must be registered with TAC. Team medals to scoring members to top 3 teams in each age division. Five scorers for teams in 40-49 and 50-59 divisions. Three scorers for teams in 60+ division. Championship patches to winners in each division. A competitor may compete as a member of a younger age group.

Fee: Make checks payable to Snohomish Track Club.

- - - - - tear here - - - - -

OFFICIAL ENTRY: TAC/USA MASTERS 10 KM ROAD CHAMPIONSHIP

Name _____ Birthdate ____/____/____ Age on race day ____
(please print) mo day yr

Address _____ City, STATE, Zip _____

Phone number () _____ Male/Female _____

TAC # _____ TAC Club Affiliation _____
(or National Sports Body #) 1981 # REQUIRED

WAIVER: PLEASE READ CAREFULLY AND SIGN

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims whatsoever, arising out of or caused by my participation in this athletic event, against the Snohomish Track Club, the Pacific Northwest Athletics Congress, King County Parks Dept., the City of Kent, and all the foregoing subsidiaries, affiliates, assigns, representatives and successors of same entities associated with this event. I further attest that I am physically fit, have trained sufficiently for competition in this event, and certify my compliance by my signature.

TEAM ENTRY ONLY		TAC CLUB NAME
DIV.	✓	
men 40-49		
men 50-59		
men 60+		
women 40-49		
women 50-59		
women 60+		

PLEASE SEND INFO ON ACCOMMODATIONS check here

SIGNATURE _____ DATE _____

Top Meet Set for Puerto Rico

The 1st Annual San Juan Masters T&F Meet Sept. 19-20 looms as one of the top masters events of the year.

The meet is open to all men and women over 30 years of age, and will be held at the 1st-class Sixto Escobar Stadium, site of the 5th World Veterans Games in 1983.

"The meet is going to be international," reports Gilberto Gonzalez-Julia, President of the Puerto Rico Masters Association. "We are inviting our neighboring countries like Venezuela, Colombia, Mexico, Brazil and the Dominican Republic. I hope to see many masters athletes from Canada and the U.S. in this meet."

Gonzalez-Julia expects 300 participants from Puerto Rico alone. "The fever and enthusiasm here because of the World Veteran Games in 1983 has created an incredible interest in participation," he said. "Another great incentive to come to our meets is the big crowds attending the competition."

Indeed, in contrast to the usual sparse crowd at U.S. Masters meets, the 1980 Pan American Championships in San Juan reportedly drew 8000 spectators, plus thousands more watching the extensive television coverage of the event.

Hotels offer low summer season rates, from \$16 single and \$18 double, within walking distance of the stadium. After the meet, athletes and their families can enjoy water sports, good beaches, exciting night life and excellent Caribbean food.

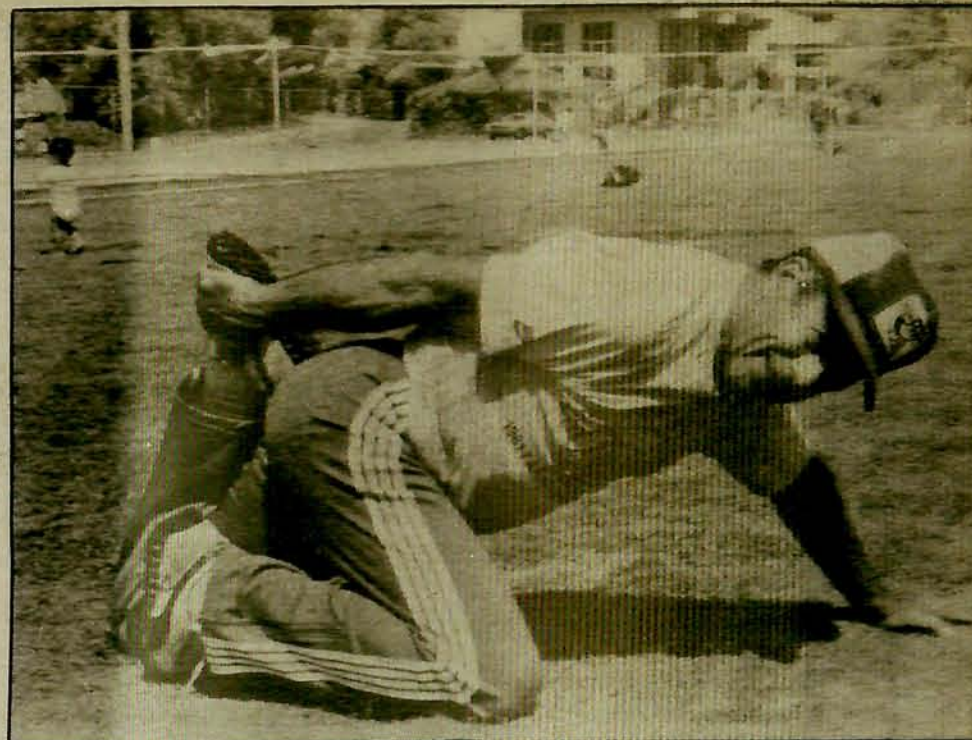
A schedule of events and official entry blank is printed below. □

Need Back Issues?

Most back issues of the *National Masters Newsletter* are available for \$1.25 each, plus 50¢ postage and handling for each order.

Send to:

National Masters Newsletter
P.O. Box 2372
Van Nuys, CA 91404



PULLING HIS OWN LEG!—72-year-old Anthony Castro isn't pulling his leg or anyone else's when he says that he's a real competitor. The La Canada, Cal. resident is the current American record holder for his age group (70-74) for the 100 meters with the time of 13.9. Castro won the 100 and 200 in the 5th Annual Home Savings Pan American Masters Track & Field Championships, August 8 & 9, at the University of Southern California's Cromwell Field. This Masters champion laughingly claims "I used to be a sprinter in my college days. It took high blood pressure and over 40 years to get me back to running, but I'm on the track now!"



SAN JUAN ANNUAL MASTERS TRACK & FIELD CHAMPIONSHIPS - 1981
SIXTO ESCOBAR STADIUM, SAN JUAN, PUERTO RICO
19-20 SEPTEMBER 1981



SPONSORED BY THE CITY OF SAN JUAN AND THE PUERTO RICO MASTERS ASSOCIATION

AGE DIVISIONS: 30-34 (OA); 35-39 (OB); 40-44 (IA); 45-49 (IB); 50-54 (IIA); 55-59 (IIB); 60-64 (IIIA); 65-69 (IIIB); 70-74 (IVA); 75 AND OVER (IVB).

ELIGIBILITY : Open to all men and women 30 years of age or older.

ENTRY FEE : \$5.00 First Event. \$3.00 Each Additional Event. \$16.00 Per Relay.

AWARDS : Medals to three (3) in each age division. Certificates of participation to all competitors.

DEADLINE FOR ENTRIES : September 8, 1981. No post entries.

FACILITIES : SIXTO ESCOBAR is an 8 lanes tartan track with all modern facilities. In addition has an adjacent 220 meters tartan warm-up track. (1/4 inch spine, maximum length permitted.)

RELAYS : By countries with divisions in 10 years increments.

REGISTRATION : At Sixto Escobar Stadium from 7:00 A.M. to 7:00 P.M. Friday 18 and from 7:00 A.M. to 12:00 Noon Saturday 19.

BANQUET : Sunday evening. Place to be announced. \$10.00 per person.

HOTELS NEARBY:

WALKING DISTANCE: Ocean Side, 54 Muñoz Rivera St. Tel. (809) 722-2410, 34 air-conditioned rooms, Single \$16.80, Double \$18.90-\$25.20; Caribe Hilton, Tel. (809) 725-0303, Luxurious 644 air-conditioned rooms, Single \$79-119, Double \$85-\$125; Condado Holiday Inn, 999 Ashford Ave. Luxurious 580 air-conditioned rooms, Single \$75-95, Double \$80-100; The Regency, 1005 Ashford Ave., Luxurious, 129 air-conditioned rooms, Single \$56-95, Double \$60-95.

ONE TO TWO MILES FROM STADIUM :

Gran Bahía, Fernández Juncos Ave. Tel. (809) 725-1212, 552 air-conditioned rooms, Single \$28-48, Double \$85-125; Toro, 605 Miramar Ave., Tel. (809) 725-5150, 44 air-conditioned rooms, Single \$15-18, Double \$16-21; Olimpo Court, 603 Miramar Ave., Tel. (809) 724-0600 100 air-conditioned rooms, Single \$18-26, Double \$22-30; Capitol, 800 Ponce de León Ave. Tel. (809) 724-1860, 126 air-conditioned rooms, Single \$24, Double \$30; Tanamá, Joffre St. Condado, Tel. (809) 724-4160, 95 air-conditioned rooms, Single \$19-21, Double \$30-32; Excelsior, 801 Ponce de León Ave., Tel. (809) 725-7400, 140 air-conditioned rooms, Single \$32-40, Double \$34-42.

EVENT TITLE	HEIGHTS AND WEIGHTS BY DIVISION									
	OA	OB	IA	IB	IIA	IIB	IIIA	IIIB	IVA	IVB
110 M Hurdles	99.6cm 39"	99.6cm 39"	91.4cm 36"	91.4cm 36"	84.0cm 33"	84.0cm 33"	76.2cm 30"	76.2cm 30"	76.2cm 30"	76.2cm 30"
400 M Hurdles	91.4cm 36"	91.4cm 36"	91.4cm 36"	91.4cm 36"	84.0cm 33"	84.0cm 33"	76.2cm 30"	76.2cm 30"	76.2cm 30"	76.2cm 30"
Shot Put	7.26kg 16 Lbs	7.26kg 16 Lbs	7.26kg 16 Lbs	7.26kg 16 Lbs	5.44kg 12 Lbs	5.44kg 12 Lbs	4.00kg 8 Lbs	4.00kg 8 Lbs	4.00kg 8 Lbs	4.00kg 8 Lbs
Discus	2.0kg 4.4Lbs	2.0kg 4.4Lbs	2.0kg 4.4Lbs	2.0kg 4.4Lbs	1.6kg 3.55Lbs	1.6kg 3.55Lbs	1.0kg 2.2 Lbs	1.0kg 2.2 Lbs	1.0kg 2.2 Lbs	1.0kg 2.2Lbs
Javelin	800 grms	800 grms	800 grms	800 grms	800 grms	600 grms	600 grms	600 grms	600 grms	600 grms
Hammer	7.26kg 16 Lbs	7.26kg 16 Lbs	7.26kg 16 Lbs	7.26kg 16 Lbs	7.26kg 16 Lbs	5.44kg 12 Lbs	5.44kg 12 Lbs	5.44kg 12 Lbs	5.44kg 12 Lbs	5.44kg 12 Lbs

SCHEDULE OF EVENTS:

SATURDAY SEPTEMBER 19

4:00 P.M.
4:30 P.M.
5:30 P.M.
6:00 P.M.
7:00 P.M.
8:00 P.M.
9:00 P.M.

TRACK EVENTS

1-400 Meters Hurdles +
2-5 Km. Walk
3-110 Meters Hurdles +
4-3000 Meters Steeplechase
5-100 Meters +
10-1,500 Meters
11-10,000 Meters

FIELD EVENTS

6-Pole Vault
7-Long Jump
8-Hammer
9-Discus

SUNDAY SEPTEMBER 20

2:00 P.M.
3:00 P.M.
4:00 P.M.
4:30 P.M.
5:30 P.M.
5:35 P.M.
6:00 P.M.

12-400 Meters +
13-800 Meters
14-5,000 Meters
15-200 Meters +
22-21 Km. Marathon
16-4 X 100 Meters Relay
21-4 X 400 Meters Relay

17-Shot Put
18-High Jump
19-Javelin
20-Triple Jump

EVENTS FOR WOMEN ONLY:

23-1,500 Meters
24-100 Meters
25-200 Meters
26-400 Meters
27-5,000 Meters

+NOTE: If heats are needed first three places will be determined by time.

EVENTS WILL BE RUN OLDER TO YOUNGER, THEN WOMEN.

NAME CHECKS PAYABLE TO SAN JUAN ANNUAL MASTERS AND MAILED THEM WITH YOUR ENTRY FORM TO: PUERTO RICO MASTERS ASSOCIATION, G. P. O. BOX 3123, SAN JUAN, PUERTO RICO 00936.

OFFICIAL ENTRY FORM

NAME _____ AGE _____ MALE _____ FEMALE _____ BIRTHDAY _____
Please Print
ADDRESS _____ CITY _____ STATE _____ ZIP _____

EVENT NO.	EVENT TITLE	TEE	EVENT NO.	EVENT TITLE	TEE

ATHLETIC RELEASE

In consideration of the right to participate in the San Juan Annual Masters T & F Championships, I do hereby, for myself, my heirs and executors waive, release and forever discharge any and all claims for damages which I may have, or which may hereafter accrue to me against the City of San Juan, the Puerto Rico Masters Association, the Organizing Committee or their officers or agents and the Sixto Escobar Stadium and any and all sponsors of the aforementioned championships. I further certify that I am in good physical condition and have recently undergone a thorough physical examination by a certified doctor.

Signature _____

Date _____

Ruin Puerto Rico!

The San Juan Annual Masters Track & Field Championships will be held at the Sixto Escobar Stadium, San Juan, Puerto Rico on September 19 & 20, 1981.

Eligibility: Open to all men and women 30 years of age or older.

Deadline for Entries: September 8, 1981. *NO* late entries.

Entry Fee: \$5.00 first event. \$3.00 each additional event. \$16.00 per relay.

Facilities: Sixto Escobar is an 8 lane tartan track with all modern equipment. A 220 meter tartan warm-up track is available. (¼ inch spikes maximum length permitted.)

Relays: By country with divisions in 10 year increments.

Awards: Medals to three in each age division. Certificates of participation to all competitors.

Registration: At Sixto Escobar Stadium from 7:00 AM to 7:00 PM, Friday, September 18 and from 7:00 AM to 12:00 Noon, Saturday, September 19.

Banquet: Sunday evening, September 20, 1981. Place to be announced. \$10.00 per person.

Accommodations: Take advantage of our many fine hotels within walking distance to the stadium. Our highly attractive low summer season

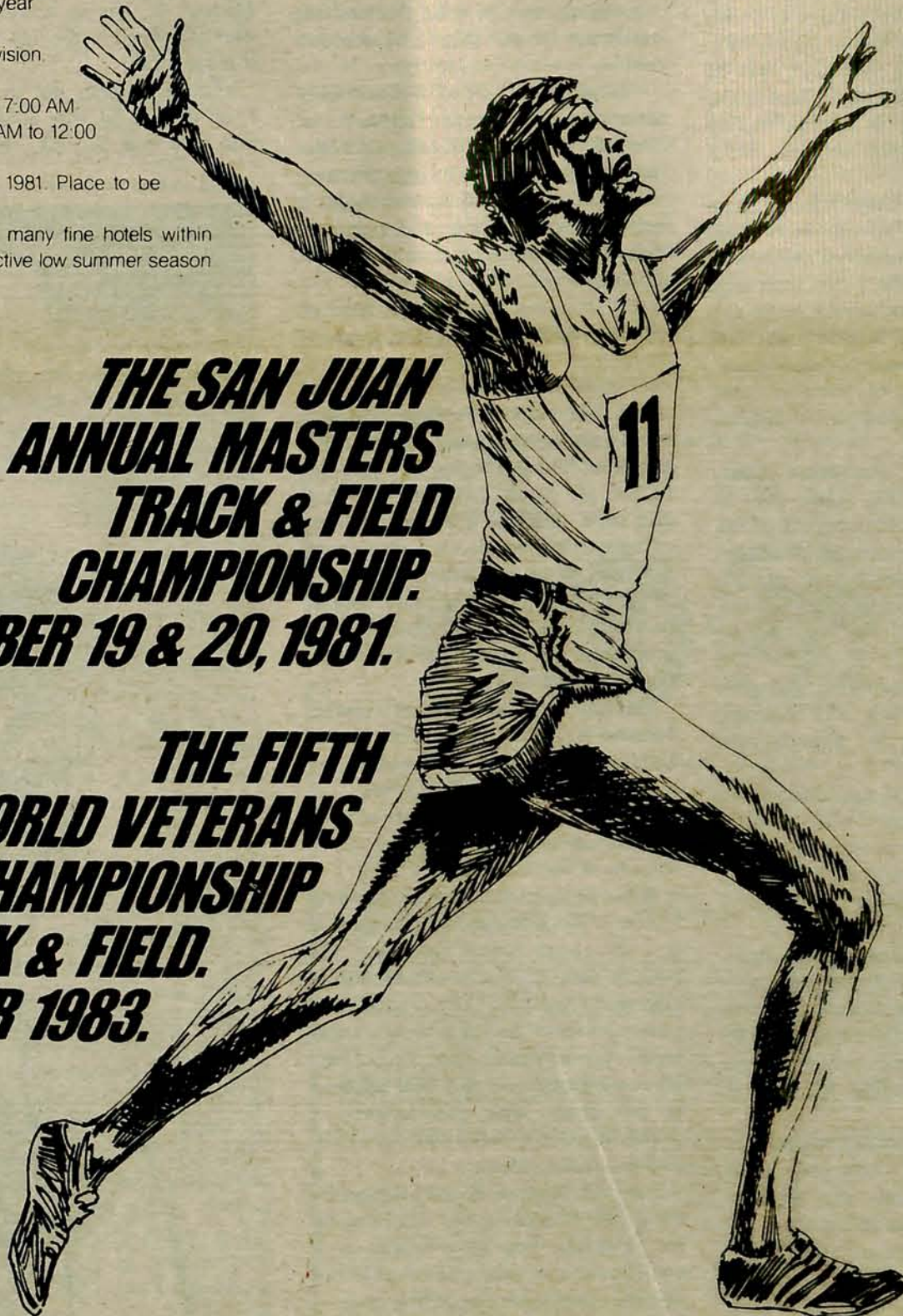
rates make it easy to combine a fabulous Puerto Rico vacation with your participation in the Masters Championships. Stay on and enjoy great water sports, magnificent beaches, beautiful countryside, a magical rain forest, unparalleled night life, and the finest cuisine in the Caribbean.

For official entry form, please write to the San Juan Annual Masters **PUERTO RICO, U.S.A.** Association, G.P.O. Box 3123, San Juan, Puerto Rico 00936.

It takes a great island to deliver a great vacation.

***THE SAN JUAN
ANNUAL MASTERS
TRACK & FIELD
CHAMPIONSHIP.
SEPTEMBER 19 & 20, 1981.***

***THE FIFTH
WORLD VETERANS
CHAMPIONSHIP
TRACK & FIELD.
SEPTEMBER 1983.***





THE Gun Lap

by MIKE TYMN

The Two Faces of Michael

You've heard of the three faces of Eve and the many sides of Sybil. Let me tell you now about the two persons in Michael. His wife calls them Michael A and Michael B.

The most obvious difference is physical. Michael A tips the scales at 150 pounds, fits comfortably into a 31 inch waist band, and his medium shirts hang loose with plenty of breathing room. There are deep furrows in his face and he stands with a slightly hunched posture. His wife says that he looks all of his 44 years, perhaps more. While taking note of his protruding ribs, she tells him that he looks like a prisoner of war.

At the beach, Michael A looks like a good prospect for anyone with sand-kicking inclinations. About six months ago, he walked into a one-stop shop near his home, found several hulky and rowdy young men blocking an aisle while attacking a space invaders game, and went out of his way to avoid them.

Michael A is a competitive distance runner.

Michael B, on the other hand, weighs close to 170, takes size 33 trousers, and pops buttons off of his medium shirts when he takes a deep breath. With his cherub face and all, his wife says that he looks healthy and that he can pass for 35, maybe younger.

While Michael A strains to do bench press repetitions with 135 pounds, Michael B pumps 200 pounds with relative ease.

About two months ago, Michael B walked into that same one-stop shop, encountered the same rowdy young men, and made a point of crashing through them with elbows flailing.

Michael B is a non-runner.

The complete transformation from Michael A to Michael B had not taken place for many years until recently when Michael A suffered a series of running related injuries which forced him to give up running for several months.

The differences between Michael A and Michael B are, however, more than physical. There are distinct changes in attitude and behavior.

Michael A has been a "runaholic" for more than a quarter of a century. He very possibly was the first person ever to see a psychiatrist about an addiction to running.

The year was 1959. He was attached to the Second Battalion, Seventh

Marines at Camp Pendleton, Calif. The word came down that the entire battalion would be shipped to Okinawa for a lengthy tour. He panicked at the thought of spending nearly three weeks aboard a ship.

"Sir," Michael A said to his commanding officer, "Is it possible for me to fly over there and meet you? I'm willing to take leave and pay my own way." He explained to the cigar puffing colonel that he'd be climbing the bulkheads of the ship if he couldn't run.

"Lieutenant," the colonel said after discussing this strange ailment for about 20 minutes, "I think we'd better have you see the division psychiatrist."

The young psychiatrist thought it was all very amusing and suggested that Michael A try running in place or skipping rope.

Just as he did 22 years ago, Michael went through a withdrawal stage of from 10 to 14 days during his most recent transformation. He suffered delusions. He rejected eating anything, feeling that every morsel of food was attacking him in the form of globules of fat. He would swim, lift weights, skip rope, and ride a bicycle in hopes of countering the decay and atrophy which he could feel invading every cell of his body. It was as if a fatal disease had overcome him and he could do no more than put up a gallant fight until he succumbed to it.

During the withdrawal phase, Michael A was a very irritable person and his wife found him difficult to live with. But, after about two weeks of fighting it, the spirit left him and the transformation from Michael A to Michael B was complete.

While Michael A lived every day as if it were a 10 kilometer race, Michael B is a somewhat listless individual. He bothers very little with the substitute exercises, feeling that he has gone completely "to pot" and that being a semi-blob is just as bad as being a full blob. He consumes second and third helpings at the dinner table and delights in devouring several dozen chocolate chip cookies at one sitting.

For both Michael A and Michael B, the worlds of running and non-running are absolutes. You are a runner or a non-runner and to a considerable extent the lifestyles are opposing ones.

While driving home from work recently, Michael B came upon some runners plodding along abreast of each other. "Damn runners think they own

the road," he commented to his wife. On several other occasions, he has expressed a disdain for runners, seemingly envious of their discipline and pursuit of fitness.

For Michael A, the ultimate sacrifice was to accommodate his wife and sit in the smoking section of an aircraft. Michael B, however, didn't seem to care when he sat among the smokers not too long ago. Michael A had always looked upon the people sitting in the smoking section, except for his wife, as alien beings of some kind, but Michael B felt right at home among them.

Michael B seems to be more competitive and aggressive at work than does Michael A, probably because he has nowhere else to channel his competitive energies.

The bumper stickers read, "runners do it longer." That may or may not be the case, but one thing is for certain: Michael B, having more energy left over at the end of the day, wants to do it more often.

Michael A does not dwell on age. Even though his wife continually tells him how bad he looks, he thinks of

himself as being 10 or 20 years younger than he actually is. He considers it something of an affront when someone of high school or college age challenges him in a race. He does not concern himself too much with the future, most of his concentration being on the next big race.

Michael B is aware of his age and wonders what he is going to do with the rest of his life. He has no real goals and tend to reminisce quite a bit. He drags out the old trophies and scrapbook and thinks of how great it was in his days as a jock. Michael B is a man with a mid-life crisis.

Actually, Michael B is a somewhat mellow individual. He likes to eat, sleep, and vegetate. He is not obsessed like Michael A and his wife would like to see him overcome Michael A. Michael B even thinks at times that he should try and stamp out Michael A. His former boss had suggested it on a number of occasions.

But Michael A is much too willful. He refuses to be eradicated. For better or for worse, Michael A will surface again and completely subdue Michael B. □



Tom Patsalis, 59, (R), is congratulated by Dave Jackson after setting new world age 55-59 long jump record of 20' 1/4" at TFA Western Regional Masters T&F Championships in Los Angeles, July 18th.



On Approaching Every Problem With an Open Mouth

by W. MacDonald Miller

People Helping People

I probably would never have said anything about this, but the article, "Bring Your Own Rain," in the July *NMN* gave me the confidence needed to share some of our local Running Tips with the rest of the country.

First, I'm going to be absolutely honest and at the same time get something off my chest. The Midwest is a miserable damn place to live. I've played this Chamber of Commerce charade just about long enough.

The weather is the absolute pits. Sure, the people are nice, but what good are people when it's cold enough to you-know-what to a brass monkey? Sure, the changes in seasons are pretty, but what good does this do when you're over your over-shoes in a white fungus known locally as snow? Stay indoors you say—not all that great either. One winter a guy I knew didn't have enough moisture in his house, and while he was asleep his sinuses dried up, spiked a nose bleed and he bled to death before the alarm went off. I don't even know if the story's true but it has made me a very light sleeper.

Not only can you not sleep, you can't touch anything during the winter because the static can electrocute a person not properly grounded. I guess this isn't really that big a deal—you just have to carry a nine foot grounding antenna around whenever you're indoors.

Summer running—don't make me laugh! About all the summer is good for is great lines of free verse: "Hot enough for you?" "Gonna be a hot one out there today, huh?" People in the Midwest know all about cremation and most of them aren't even dead yet. It's a messy, much too sweaty way to go.

I believe running would probably be banned in this part of the country ten months out of the year if it was not popular with so many sickos. Come on, be honest—did you ever have any fun at a fun run? Ever see a distance-type wacko smile? It's weird man, how can you smile when it feels so bad?

Baseball used to be a popular Midwest diversion but it never really did it for me. Too many 90° nights with the good 'ol boys from the neighborhood, shirts off, full of beer and pizza, throwing up in the rest room. After all, four letter words said by someone else tend to be boorish.

Records are being set almost daily for ozone. Chicago is always accusing the suburbs of polluting the lake and vice versa. It's an interesting, spirited repartee, focusing on who did what in the lake, but alas, somewhat academic—the lake in the

meantime, is so full of fecal greaseballs, it's the world's largest inland toilet bowl. Even the "Love Boat" wouldn't work out in this mess. Maybe "Fantasy Island" but never the "Boat." I actually can't believe I'm still here. Anyone worth a damn has long since moved onto a decent place and others have even gone to California.

Needless to say, I was down, really down, when my July issue arrived with the article about the "Whatever-It's-Called" to spray water on your body during a run. I mean, I sat up in my ice cubes. My mind raced, embellished and leaped to exciting ramifications as to how we might combine this wonderful new Thing-a-mi-Giz with some of the already established beat-the-heat tricks now in use here.

First, I want to admit, I thought the article was a gag; the drawing caught my eye and being an old Graham Greene fan, I thought it was an update on the vacuum cleaner drawing episode in *Our Man in Havana*. Never mind, let's get back to my upcoming marathon PR and how it might incorporate this new innovation. By way of background, let my quickly run through the more popular forms of beating the heat currently used in the Chicago area.

STASH-A-BIKE - An old favorite, reported to have been first seen in Kenosha, Wisconsin during the murderous summer of '75. It's a maneuver that requires both timing and a general knowledge of the area. The practical application goes something like this: Arrive at the race site allowing yourself plenty of time to pick up a map of the course and then after familiarizing yourself with the layout, driving to what appears to be the ideal spot to stash the bike, paying particular attention to trees and underbrush as the ideal storage area. The runner is definitely encouraged to hide rather than chain the bike. If no underbrush can be found you may be forced to chain—after all, what could be more embarrassing than to just be starting our sprint only to discover some rat has stolen your bike? If chaining is indicated, avoid chaining to telephone poles; it can attract overly suspicious, nosy people—and chaining to churches can be misinterpreted by some as poor taste. When you arrive at the stash site during the race, go directly to your bike, extricate it from the mount and ride smartly and briskly into the flow of the race. Avoid hitting runners whenever possible and refrain from any more conversation with other runners than is socially indicated.

NEED A PICK-UP? There always comes that time during a race when even the very best could use a pick-up. There are probably as many different pick-ups as runners; a word of encouragement, a smile from a pretty girl, a glimpse of a friendly competitor up ahead, etc. Here in the Midwest the two most popular pick-ups are the Chevrolet and the Ford. A great advantage the Pick-Up enjoys over the Stash-a-Bike method is, of course, it doesn't have to be stashed. It simply requires a friend, spouse or loved one, to be cruising at the propitious moment when you most need a pick-up during the race. You will note that this system works best if the Pick-Up is traveling in the same direction as the race and although you would think it goes without saying, Pick-Ups should not be involved in the start of the race. They're noisy and difficult to maneuver when the runners are clustered together. It's a procedure that has to be low-keyed to be accepted. Painting the runner's number on the side of the Pick-Up for instance, is not in the proper spirit. It works something like this: At the appropriate moment, (each runner must determine this) the runner flashes a predetermined sign to the Pick-Up which unobtrusively moves into position ahead of the runner. The runner then grasps a brightly colored tether attached to the

Pick-Up and hoists himself into the truck. At this time the driver can resume a safe speed, avoiding runners whenever possible and proceeding with as little attention as possible to an area near the finish line, not too near (if you get what I mean) where the rested runner leaps from the truck and sprints to the finish.

POSSIBILITIES: The combination that truly excites me most is the Pick-Up and the portable bug sprayer this group of physicists came up with at MIT. For instance, in California there's a natural correlation. You could use the Mediterranean Fruitfly ointment and, while you're cooling a runner or two, you could also dust off a few fruitflies. Seriously, the combination of the bug spray (Sears) and a Pick-Up is worth thinking through. Off the top of my head I see it working something like this: In the back of the pick-up you would mount the portable bug sprayer. It would be angled at the runner so while seated in one of the water proof easy chairs, you could depress the on-off valve in such a way as to spray your body with liquid. I say liquid because during winter races there would be definite disadvantages in using water. As you neared the jump-off point, you could even switch to an anti-runner tank and spray paint off some other noxious element on

Continued on Page 11

TENTH ANNUAL EASTERN MASTERS ATHLETIC CONGRESS 10 KILOMETER CROSS COUNTRY CHAMPIONSHIP & OPEN SUB-MASTERS (30-39) NON-CHAMPIONSHIP RACE.

OPEN TO ALL MEN AND WOMEN OVER THE AGE OF THIRTY REGISTERED IN THE ATHLETIC CONGRESS.

SANCTIONED BY THE ATHLETIC CONGRESS. SPONSORED BY THE MASTERS SPORTS ASSOCIATION, NIKE & PENN MUTUAL.

ENTRY FEE: \$5.00

T-SHIRTS TO ALL COMPETITORS.



DATE: NOVEMBER 15, 1981 12:00 NOON.

PRIZES: CHAMPIONSHIP MEDALS TO THE FIRST FIVE MEN AND WOMEN BY FIVE YEAR DIVISIONS FROM AGE 40 THROUGH AGE 80.

NON-CHAMPIONSHIP AWARDS TO THE FIRST FIVE MEN AND WOMEN IN THE AGE GROUPS 30-34 and 35-39.

CHAMPIONSHIP PATCHES: CHAMPIONSHIP PATCHES TO THE WINNING MAN AND WOMAN IN EACH AGE DIVISION OVER THE AGE OF FORTY.

TEAM AWARDS: CHAMPIONSHIP MEDALS TO THE FIRST THREE TEAMS FOR THE DIVISIONS OF 40-49; 50-59; 60+ FOR BOTH MEN AND WOMEN. TEAM TROPHIES TO THE WINNING TEAMS. CHAMPIONSHIP PATCHES TO THE WINNING TEAMS.

TEAM SCORING: EACH TEAM MUST CONSIST OF FIVE MEMBERS. AWARDS GIVEN BASED ON THE LOWEST CUMULATIVE TIMES. AN ATHLETE MAY GO DOWN IN AGE TO COMPETE ON A TEAM. AN ATHLETE CAN ONLY COMPETE FOR ONE TEAM. IF A CLUB HAS MORE THAN FIVE MEMBERS THE FIRST FIVE FINISHING IN A GIVEN AGE GROUP WILL COUNT FOR THE "FIRST TEAM", THE SECOND FIVE FOR THE "SECOND" TEAM ETC. IF AN ATHLETE IS TO GO DOWN IN AGE FOR TEAM SCORING THE MEET DIRECTOR MUST BE ADVISED IN WRITING BEFORE THE START OF THE RACE.

LOCKER FACILITIES: Locker facilities are available for men and women at the Van Cortlandt Park Stadium, Broadway and 242nd Street.

CHECK IN: Check in starts at 11:00 A.M. at the finish line, Broadway near 247th Street.

NAME _____ ADDRESS _____

CITY _____ ZIP _____ AGE _____ MALE _____ FEMALE _____ PHONE # _____

CLUB _____ TAC# _____ SIZE: SM _____ MED _____ LG _____

In consideration of the acceptance of this entry I certify that I am in good health and able to complete the course; and I hold harmless the sponsors, TAC, NIKE, Penn Mutual and the City of New York for any injuries sustained.

SIGNATURE _____

Make checks payable to MASTERS SPORTS ASSOC. and mail to MSA 77 Propsect Place, Brooklyn, N.Y. 11217. (TAC EM XC)

Senior Olympics for 50+ Set

For 3 days, the Northern California Senior Olympics will offer individuals, 50 years of age and over, a chance to test their fitness skills in 6 different sports.

On September 19 in Alameda, bowling competition will be held with matches according to average, rather than by age or sex.

On Sept. 26 at Laney College in Oakland, track and field and basketball free throw competition takes place in 5-year age groups thru 85+.

On Sept. 27, it's swimming, including a butterfly, freestyle, backstroke and breaststroke. Then it's tennis and golf competition. Medals will be awarded to the 1st 3 finishers in each division.

Last year the event drew over 100 entrants and is sanctioned by Senior Olympics International in Los Angeles.

For an official entry form, write NCSOII, c/o Oakland Park & Recreation, 1520 Lakeside Drive, Oakland CA 94612. (415) 273-3791. Deadline Sept. 11. □

Jackson, 85, Sets 100 Mark

Lorenz Moves to Track

by PETE TAYLOR

COLLEGEVILLE, Pa., August 1—The brilliant Herb Lorenz ran a breathtaking 8:49.3 in the 3000 meter run on this 85° day to break Hal Higdon's 6-year-old American masters (age 40 and up) record of 8:50.0.

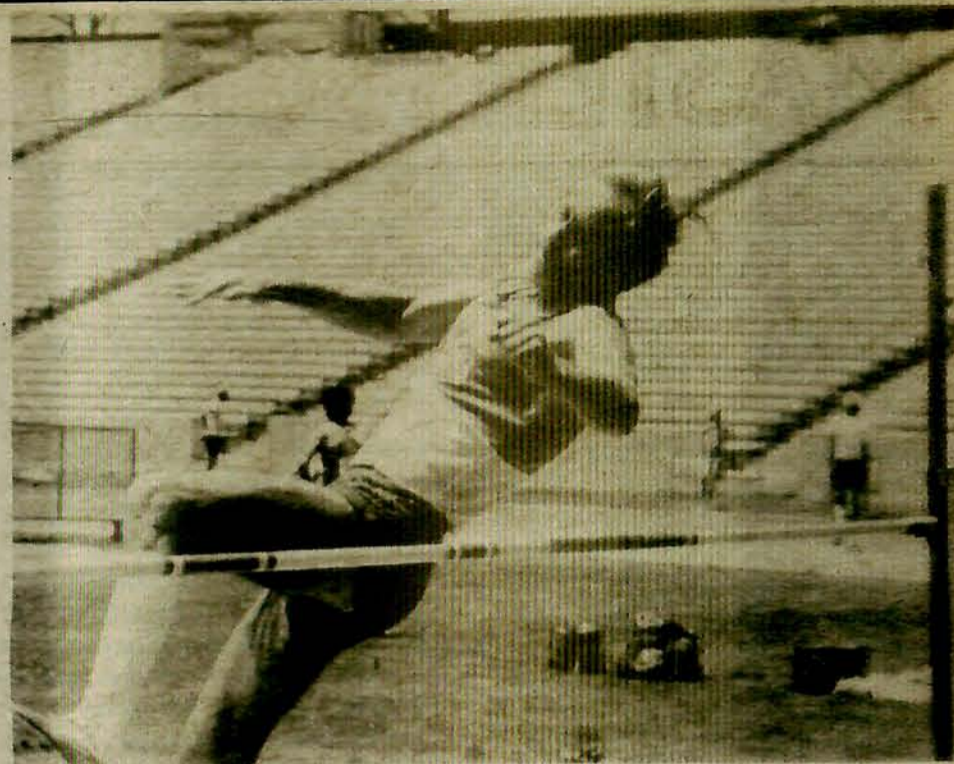
The occasion was the Philadelphia Masters Association T&F Championships at Ursinus College.

The 42-year-old Willingboro, New Jersey resident thus begins to add masters track marks to his long list of road records.

In the meet's other highlight, Harry Jackson, age 85, destroyed the 85-89 American record of 23.5 in the 100-meters with a time of 21.5. This was Harry's first track race of his life. He played football and baseball in 1916.

Bert Lancaster ran 24.0 in the 200 to tie Jack Greenwood's age 53 world standard. □

Results in back pages.



Dave Douglass, 49, clears 4-10 in high jump at UCLA July 18.

Anderson Sets 13 Age Marks In One Day

DENVER, July 25. One of the top masters athletes in the world, Herb Anderson of Bellevue, Colorado, turned 79 and proceeded to set a slew of age-79 marks today in Colorado State T&F Championships.

Anderson's astounding one-day iron-man effort included: 100 yards in 14.1, 100 meters in 15.8, 200 in 33.5, 400 in 78.0, 110 hurdles in 26.1, high jump in 4'1", long jump in 10'10", triple jump in 25'5", 800gm javelin in 73'2", 600gm javelin in 84', pole vault in 5'3", shot put at 29", discus in 75'7".

That's 13 age-records, a pretty good day's work and certainly one of the most impressive performances in masters history. □

New York Masters Win MSA Relays

Bronx, N.Y., July 19—The New York Masters put their all-around strength on display today to easily capture the team title in the 3rd Annual Masters Sports Association Relay Carnival on Randall's Island.

The New Yorkers amassed 75 points to runner-up New York AC's 49, Philadelphia Masters' 27, and Shore AC's 19. Scoring was on a 5-4-3-2-1 basis.

Four speedsters from Philadelphia—L. Pratt, D. Pratt, Bob Stanford and Dhamiri Abayami—dominated the 40-49 short relays, winning the 440 (45.7), 880 (1:35.2) and mile (3:43.7).

The New York Masters picked up points in nearly every event, winning 7 of the 9 contested events in the 50-59 division. □

Results in back pages.

Whitney Receives AAU Award

Veteran San Antonio trackman Ruben Whitney has been named the South Texas AAU Athlete of the Year for 1980.

The 36-year-old Whitney has established himself as one of the premier sprinters in the world in masters track. On June 14, 1980, at age 35, he recorded a 10.3 in the 100-meter dash, tying the world age 35-39 record set by Edward Jefferis of South Africa in 1971.

He won the 1980 national masters 200 championship in 22.04 in Philadelphia, and placed 2nd in the 100, running both events with a bandaged hamstring. □

Rostege, Scannell Win Hawaii Trip

by JIM SCANNELL,
Coach, Impala Racing Team

SAN FRANCISCO, July 12—Tim Rostege, 40, and Karen Scannell, 43, won all-expense paid trips to the Honolulu Marathon in December as a reward for winning the masters divisions of the San Francisco Marathon today.

Rostege recorded 2:35:12; Scannell 2:52:47. Scannell's time eclipsed the women's 40-49 course record (Sandra Kiddy, 2:59:01 in 1979). Joan Ulyot (2:57:50) and Kiddy (2:57:57) also went under the old record.

Ulrich Kaempf, 50, was 2nd master and 1st 50+ runner in 2:38:09, more than 10 minutes under the old 50-59 course record. (Tracy Brown, 2:49:27 in 1980).

Of the top 10 women finishers, 4 were masters: Scannell 3rd, Ulyot 6th, Kiddy 7th and Pat Wittingslow 10th in 3:04:35. □

Results in back pages.

Not Yet Over-the-Hill in Cleveland

PARMA, Ohio, June 20—A good contingent of master athletes took part today in the 3rd Annual Cleveland Track Classic in this west side Cleveland suburb.

Competition was held for open men, open women, men 30-39, 40-49 and 50+.

Cleveland's Over-the-Hill Track Club amassed 296 team points to easily capture the masters men team title. The Peoples Choice TC of Detroit was 2nd with 86 points.

Detroit's Clarence Ray captured the 30-39 200 (22.16) and 400 (50.85). Matt Brown flew in from New Jersey to annex the 40-49 200 (24.09) and 400 (54.97).

Cleveland's Les Hegedus blazed to a fast 4:33.0 mile in the 40-49 age division.

Next year's Classic will be held the same weekend, June 19, and all master athletes are invited to attend. □

Results in back pages.

NOW AVAILABLE!

Masters Age-Records 1981

Compiled by National TAC Masters Chairman Pete Mundle with Kathy Breiger, Lori Maynard and Alan Wood.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Jan. 15, 1981.
- U.S. Age Bests for Men & Women for all race-walking events, age 40 and up, as of Jan. 15, 1981.
- Men's U.S. Masters Indoor & Outdoor Championship Records.
- 48 pages. Thousands of entries. Lists name, age, state and date of record.

Send \$4.00 to:

NATIONAL MASTERS NEWSLETTER

P.O. Box 2372

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Name _____

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City _____ State _____ Zip _____

MASTERS SCENE

● **Dave Thoreson's** June 7 decathlon score of 6212 becomes an American 40-44 record, since **Wolfgang Linkmann** of Los Angeles, who totalled 6784 points, for the world record, is a West German citizen.

● A campaign is being organized to stop the U.S. tour this month of the **Springboks**, South Africa's national rugby team. The Springboks are scheduled to compete with the amateur U.S. team in Chicago, Albany and New York City on Sept. 19, 22, and 26 respectively. The visit will follow their controversial New Zealand tour. **HART**, the group which disrupted the 4th World Veterans Games in January in protest of the appearance of South African athletes, led thousands of New Zealanders in nationwide demonstrations against the Springboks in July. Despite protests, the U.S. State Department announced it would issue visas to the South Africans. Local activists may organize demonstrations against the visit.

EAST

● **Herb Lorenz**, fresh from bettering the U.S. masters 10k and 25k records, went to the track July 14 and sped to a quick 4:11 in an all-comers 1500.

● **Jim Burnett** of Philadelphia set an age-41 record of 50.1 for 400 meters June 14 in Glenbrook, Illinois.

● **Bob Stone's** Eastern Regional hammer throw was 130'4", not 134' 1/4" as reported in August's *NMN*. His shot was 43' rather than 48'6".

● **John Moran**, 55, logged a good 36:05 in the Hempstead, NY, 10K run.

● **The New York Masters** captured the overall team title in the TAC Eastern Regional Masters T&F Championships June 28 with a total of 258 points. Second was New Jersey's **Shore AC** with 236, followed by the **Philadelphia Masters** (217) and **North Jersey Masters** (200). The NY club garnered the men's 40-49 and 50-59 divisions. Shore AC won the 30-39 crown. The North Jersey squad won the 60+ and women's titles. Team results in back pages. (Individual results appeared in August's *NMN*.)

● More than 700 women participated in the **Feels Great Women's 5-mile Run** June 28th at Nazareth College in Rochester, NY. Over 1500 spectators lined the route, cheering the athletes on to personal victories. **Carol Cloos** led the 40-49 women, and **Beryl Skelton** topped the 50-59 group, both timed in 36:24. **Rita Marapese** was best over 60 in 55:40, with **Sara Sabintine** best 35-39 in 37:04.

SOUTHEAST

● Correction to the Peachtree results (August *NMN*). **Brian Hawley**, 43, of Virginia Beach finished 8th in 33:31. Everyone 8th and lower moves down one place.

● **Earl Downey** reports several good masters marks in the Miami summer track meets at Tropical Park: **G. Pringle**, 40, 4:52 mile and 11:02 2-mile; **Basil Honikman**, 44, 60.3 440; **Mike Browner**, 53, 11:39 2-mile; **Bill Downey**, 54, 12.2 100y and 27.0 220y; **Earl Downey**, 54, 2:27 880 and 10.1 70-yd hurdles.

● The **Atlanta Track Club** now has 2200 members and has purchased a former 3-bedroom house for \$150,000 to serve as HQ.

MIDWEST

● The **1st Minnesota TAC Masters T&F Meet** in St. Cloud July 17 drew a fair amount of participants and some good marks, including **Lee Washington** (15.3) and **John Ewing** (15.8), both 41, in the 110 meter hurdles, meet director **Bob Waxlax** reports. (Results in back pages.)

MID AMERICA

● **Dave Shrader** of Topeka tells *NMN* that, since his heart attack August 1, 1980, "I'm not quite the strongman I once was, but I've had a fine season thus far." The 66-year-old discus, javelin and shot put athlete suffered a stroke in 1977 and was not expected to walk again. The heart attack nearly finished him. But he doesn't believe in sitting around. He did exercises, walked 6 miles a day, ate the right food, and surprised doctors by getting up and training for masters competition again. He's lost 100 of his 300 pounds, and won gold medals this year in Raleigh, Palm Springs and Lincoln. "Our family motto," Shrader says, "is *Dum Spiro Spero*: 'While I breathe, I hope!'"

● **Harry Crockett** of the Lincoln (Nebraska) Track Club has compiled fascinating data on 50+ runners: 1) 95% of 50+ runners finished the Lincoln Marathon, compared to 89% of all runners. 2) Women comprised only 2% of the 50+ group, but 10% of all runners. 3) 21% of female finishers and 40% of male finishers were over age 35.

WEST

● Latest injury list includes: **Truman Clark**, out until September with a torn muscle below the knee; **Skip Witt** recovering from stomach problems; **Ray Manion** coming back from a string of injuries; **Anne Jankowski** ill with hypoglycemia.

● Coming down the pole vault runway June 28 in the Senior Olympics in Los Angeles, **Hal Smith** planted the pole, but decided, at the last moment, to abort the jump. His pole had other ideas, however, penetrating Smith's chest as he tried to dodge out of its way. Fellow athletes provided immediate first aid, rushing Hal to the hospital where the gaping wound required 30 stitches. Fortunately, no vital organs were damaged, and the indestructible Smith was back in action two weeks later, an astounding recovery. "I want to say 'thank you' to my fellow athletes," Smith declared, "who were at the meet the day I was injured. Had it not been for their concern and their quick actions in applying a tourniquet and administering first aid to me, my injury could have been aggravated and I might not be recovering as well as I am today. Your cards, the flowers and all the phone calls were also very much appreciated."

● World Vet champ **Al Guidet** broke his right ankle while in full speed in a 60-yard dash and is out for the season. "I went down like a shot when it happened," Guidet told *NMN*. "No reason that I can point to." Guidet says he still can't believe it's broken. "I don't want to accept it, but I guess I'll just ride my bike and work with weights to try to stay in shape." Guidet is retiring from his job this year and will have at it again in 1982.

● **Miki Gorman**, **Jerry Smartt**, and **Jim (Ole) Olsson**, absent from the masters wars for a while, are getting back into running.

● **Eddie Lewin**, 64, of Los Angeles, won his 65th consecutive race in his age division with a 1:29:15 June 7 in the Griffith Park half-marathon.

● **Gabriel Bernal**, 42, bested **Jim Knerr**, 47, 1:14:29 to 1:15:19 in the same race. **Patrick Devine**, 52, took 50-59 honors in 1:23:48.

● **Connie Schratz** reports the TRW team won the Runner's World Corporate Cup National Women's 5K Master Team Event July 18-19 in Palo Alto. The team of **Alberta Codd** (21:09), **Mary Elwell** (21:12), and **Kathy Owen** (21:47) placed 9th overall. The TRW men's masters 10k team placed 10th.

● One blessing of the 50-day baseball strike is that thousands of people who never knew about the masters program,

now know. Looking for items to fill its baseball-devoid sports pages, the prestigious *Los Angeles Times* ran a two-page spread with photos about the masters track & field program on July 15. **Mal Florence**, the *Times'* top track & field writer, did the piece from the refreshing angle of outstanding performances by masters athletes, as well as from the usual human interest approach.

● **Bob Watanabe**, former national masters sprint champ, turned 55 this year and won the 100, 200 and 400 at the Western Regionals. In top form and looking forward to regaining his national titles, his season came to an abrupt end in an auto accident August 7. He wound up with broken ribs and a punctured lung. He was hospitalized for several days, but is making a good recovery at this writing.

INTERNATIONAL

● **Winifred (Audrey) Reid** set two world records for women 65-69 in South Africa, recording 33.5 in the 200 and 78.13 in the 400. She held the old marks of 34.7 and 79.66.

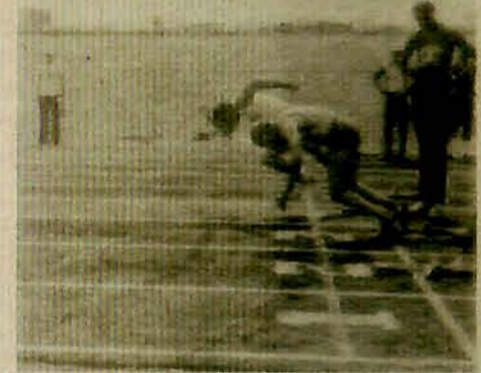
● **Antonio Villanueva**, 40, of Xalapa, Mexico defeated an international field of veteran runners in a special 1500 meter run in Nijmegen, Holland July 18, in 3:57.56, close to Michel Bernard's world 40+ record of 3:52.0. U.S. record holder (4:00.1) **Ernie Billups** of Chicago was 2nd in 4:03. World Games silver medalist **Michael Connolly** of Ireland was 3rd in 4:05.

Open Mouth

Continued from page 9

nearby runners, reducing their sprinting potential.

Ah, Americans! What will they think of next? It makes me proud we came up with it before the Japs. People helping people is what life is all about anyway. You know, I never went for that interval stuff anyway—it had a very foreign ring to it, it hurt, and I always knew—there had to be an easier way. □



Ed Schuler beats **Bert Lancaster** out of the blocks in the M50 100 but Bert nipped Ed at the tape by inches. Action took place at Atlanta Masters June 13. Photo by Bill Gentry



TENTH ANNUAL MASTERS SPORTS ASSOCIATION CROSS COUNTRY CHAMPIONSHIPS, 10 KILOMETERS

OPEN TO ALL MEN AND WOMEN OVER THE AGE OF THIRTY

SUNDAY, OCTOBER 4, 1981, VAN CORTLANDT PARK, BRONX, NEW YORK

12:00 NOON - SANCTIONED BY THE ATHLETIC CONGRESS



ENTRY FEE \$5.00

PRIZES: TROPHIES TO THE FIRST THREE AND MEDALS FOR FOURTH & FIFTH PLACE IN THE FOLLOWING DIVISIONS FOR MEN: 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-69; 70+ AND THE FOLLOWING DIVISIONS FOR WOMEN: 30-39; 40-49; 50-59; 60+

LOCKER FACILITIES: Locker facilities are available for men and women at the Van Cortlandt Park Stadium, Broadway and 242nd Street.

DIRECTIONS: By Subway: Take the IRT Broadway local to the last stop in the Bronx. Walk three blocks north on Broadway to the edge of the flats near 247th Street. Sign in will take place at the finish line.

SIGN IN: Sign in starts at 11:00 A.M.

#####

NAME _____

ADDRESS _____

CITY _____

ZIP _____

AGE _____

MALE _____

FEMALE _____

PHONE # _____

CLUB _____

In consideration of the acceptance of this entry I certify that I am in good health and able to complete the course and hold harmless the sponsors, TAC, and The City of New York for all injuries sustained.

SIGNATURE _____

Make checks payable to MASTERS SPORTS ASSOC. and mail to MSA 77 Prospect Place, Brooklyn, NY 11217. (MSA XC)

“Didn’t You Used to be Phil Conley?”

Since I asked you in the introductory column to share your intimacies regarding motivation, turn-ons and turn-offs with me, we should get to know each other a little better—like the talk show host who puts his guests at ease before he begins to develop the subject.

After reading several of my Letters-to-the-Editor in *NMN*, those of you who do not know me personally may believe that I am a cynical malcontent. First, let me say that our two sports, LDR and T&F, need and can withstand constant scrutiny and constructive criticism. Second, let me say I have been involved in over 300 track meets since junior high in the 1940’s, and love the sport dearly. I have also been involved in LDR racing since 1966, and after over 250 races (averaging 8 plus miles per race and including 6 completed marathons), I can truthfully say I love running too.

To begin at the beginning, let me say that I, unlike Wendy Miller, was not *born* with an open (loud) mouth, but developed mine somewhere along the way.

I began track as a mediocre high jumper in high school in Fresno, CA behind the leading jumper in the US, and did not earn a high school varsity letter in track. Quite fortuitously I was introduced to the javelin in college and by age 21 had won the NCAA Championship, and had made the USA Olympic Team just 10 inches behind the defending Olympic champion, Cy Young. Equally important to me was doing so while matriculating at an academic institution (Caltech) without benefit of much in the way of coaching, equipment, films, athletic scholarships, or sleep. While working full time after college I continued open competition till age 35 and made several national teams, usually placed in the top six in the Nationals, but have never won the AAU (TAC) National Championship, nor an Olympic medal.

When I retired, the masters track movement was just blossoming, and I was asked whether or not I would be entering those meets when I reached 40. At that time, I was disheartened,



by PHIL CONLEY

PHIL THE PHILOSOPHER

had sore knees, and was recording unsatisfying performances. I stated that “it would depend on how much I *needed* it.” I found, as I approached 40, that indeed my fragile ego *could* use that bolstering, and I proceeded to beat everyone rather handily until Larry Stuart came along.

It *should* be reassuring to know that one can fall back on something, even something as obscure as the javelin (or the pole vault or the steeplechase), to do it relatively well, and to be praised for it publicly. However, right from the start I have found very few moments of joy or satisfaction from my masters javelin throwing as my best marks have dropped from 227’ to 200’ in these 7 years. I am still disheartened, have sick knees, and am recording unsatisfying performances. Worst of all, I seem to have lost my ability to produce superior marks when it counts, and often now see my best throws in practice, or before the meets in warm-up—when they don’t count!

I believe that my dissatisfaction comes from having developed an inherent “threshold of acceptability” for the performance levels. I note that many former internationalists choose not to compete as masters, or even when “over the hill” in open competition, because they too have self-image and acceptability levels tied together. I have been struggling in particular of late at the 200 foot barrier, and as of now do not see myself continuing to compete in the javelin when the prospects of a 200 footer are dim. But I may change my mind with the help of motivational factors advanced by the

readers of this column. Each competitor in each event must deal with similar thresholds, and particularly so for the competitor who has excelled in the past.

As a LDR racer (*not* a “jogger”) with sore knees, 200 lbs. of weight, and limited training, I have *no* such threshold! It does not bother me greatly that my former sub 7:00 min/mile pace for 10km is now 7:40, or that I have lost the heralded 5 year “heart attack insurance” from having done sub 4 hour marathons, because I *think* I could regain that with training. Nor does it bother me that there are many runners who believe that both 7:00 and 7:40 paces are slow and amateurish. I thoroughly enjoy each and every road or cross country race, especially those in which I feel “I gave my best.”

As I have hereby outlined my “credentials” with regard to throwing and running, now let me briefly share the other facets of my life. I am semi-retired from the work-a-day world, having played the game of engineering and business. Now I work out of my home as a “househusband” and as a low-key financial advisor for a small group of associates, and spend most of the day by myself with my dog. I seek out the companionship of the Angell Field Ancients running group at Stanford University at noon for much of my training, and *prefer* to talk while running. I also provide volunteer mentoring to the various javelinists who use the Stanford facility as their home base, and in 1980 reveled in the successes of Bruce Kennedy and Mary Osborne, each of whom qualified for the USA Olympic Team.

I have attended each of the four World Veteran Athletics Championships, as well as each of the seven AAU (TAC) Track and Field Championships (and two separate Pentathlon Championships) since I turned 40. I am a keen observer of the decision making process, and of the transparent autocracy-in-action, which govern our groups. At the same time, having had to play autocrat myself in other situations, I fully recognize that a fully democratized process would produce even more chaos and inefficiency than

our present system.

Furthermore, and maybe most importantly, my “credentials” include the counsel of my wife of 18 years, Fran. Her tolerance of and support for my interest in track and running stems from participation in each activity at various times in her life. I met her in 1962 when she asked me to teach her how to throw the spear, and within a week she had thrown the men’s javelin over 135 feet. Later in the early 1970’s she became the leading women’s runner in Northern California for two years. Busily occupied 7 days a week now as a surgeon/professor, Fran claims that she does not miss the competitive aspects of running at all, but still manages a daily 55 minute run which includes a 950 foot hill. She is satisfied with the pursuit of solitude and enhanced creativity.

Coupled with her successes in roadrunning, she has also had the rare opportunity to experience involvement with the media. I firmly believe that one can never fully understand oneself until one has experienced how one reacts being in “the limelight”, and how the media chooses to deploy its “patronage”.

In the next issue I will attempt to examine, objectively and intimately my own motivations, turn-ons and turn-offs regarding my masters track and running experiences. In the future columns I will endeavor to share various *other creative personal philosophies* and “coping mechanisms” which stem from interviews and reader inputs. This will only work if each of you contributes his or her own ideas. I am particularly interested in learning more about those of you who *are* in good shape through training but do *not* choose to participate in competitions, for whatever reasons. Help me to address the question by thinkig about what concessions you would demand in negotiations with God in order for you to enter the various competitive arenas.

Send in your thoughts to me as follows: Phil Conley, P.O. Box 61, The Sea Ranch, CA 95497. Remember if you want or need any sort of a reply, please send a self-addressed stamped envelope. □

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Pete Fetter, 60, Los Angeles, leads off for Corona Del Mar Track Club's winning age

60-and-over 400-meter relay team (55.6) in TFA Western Regional Masters T&F Championships.

Pan-Am Games

continued from page 1

1:32.0. The quartet of Nick Newton, Bill Knocke, George Cohen and Walt Butler smashed the record of 1:32.3, set by the Corona Del Mar Track Club in 1977. CDM pressed the Striders all the way today, as Butler overtook Dave Segal in the last 50 meters for the win and record.

John Dobroth, ex-world class high jumper who turned 40 on May 19, easily broke Jim Brown's 3-week-old American masters mark of 6'4" with a leap of 6'6".

Martha Klopfer of Durham, set a pending U.S. record for women 45-49 by besting Mary Czarapata of New Berlin, Wisconsin, 5:05.2 to 5:08.7 in the 1500. Linda Sippelle holds the current mark of 5:06.1.

Rose Kash, 60, and Paul Spangler, 82, set new American division bests in the walks. Kash posting a 2:37.22 in the 20K, and Spangler a 34:54 in the 5K. Both were named best athlete in their divisions.

Tom Patsalis, 59, was named best track athlete for his wins in the 100, long jump, (19'9 1/4") and triple jump (40' 6 1/4").

Dobroth was named best field athlete. Louis Vink of Amsterdam, Holland was voted best foreign athlete for his stirring triumphs in the M45 800 over Cliff Pauling of New York City 2:03.4 to 2:03.5, and in the 1500 over Bob Packard of Arizona 4:13.3 to 4:13.6.

Butler was named top overall performer. In addition to his world hurdle record, the Pasadena running-store owner won the 100 11.36 and was 2nd to Jim Burneett of Philadelphia in the 200 in 23.05.

Phil Raschker, 34, (formerly Eileen Phillipa-Watson) of Atlanta duplicated her 1980 Pan-Am performance by winning all six of her events in outstanding fashion: 100 (12.69), 200 (25.15), 400 (58.32), long jump (18'9 3/4"), triple jump (34'2 1/2"), and high jump (4'8").

John Alexander, 61, of McCamey, Texas, again broke 60 seconds in the 400, one of the few times any 60-year old has broken the magic minute mark, clocking 59.06, close to the new world best of 58.34.

Nick Newton captured the M45 outstanding athlete award with exciting wins in the 200 (23.88) over Bruce Springbett and Matt Brown, and in the 400

continued on page 31



Harold Daughters sets course record for men 60-69 in 3:02:24 in San Francisco Marathon July 12.

Photo by Richard Slotkin

Anspach, Bredenbeck, Hummel Set Marks

Downpour Fails to Slow Indiana Meet

by BOB COUGHLIN

INDIANAPOLIS, June 13—Despite a terrible downpour in the afternoon which disrupted everything, everyone was pleased with the Indiana Masters T&F Championships today, which saw 3 new American records set.

Rush Jacobs of Michigan handled everyone in the sprints thru the 400 in the 55-59 group. Chuck Olson of Minnesota was right there in case Jacobs missed a step. Charlie Northrup had outstanding times in the 60-64 sprints. Ron Murphy of Cincinnati was the class of the 30-34's. The whole bunch from Ohio—Charles Dudley, Harry Toliver, Rich Bredenbeck, Roland Anspach, etc.—taught Indiana how it should be done.

Anspach set a new American age 55-59 record with a 10:35.4 in the 3000 meter run, breaking Norm Hansen's 1976 mark of 10:39.0. He also won the 10K, 1500 and 800. Bredenbeck set a U.S. 3000 best for men 75-79 with 13:06.4, lowering Lou Gregory's 13:13.8 mark.

And then there were the women. Jo Anne Grissom, former Olympian from Indianapolis, was outstanding in 6 events. A new face in the 65-69 group was Sheila Evans from Indianapolis by way of South Africa. She won the sprints and most of her field events, nearly breaking a record in the high jump. Then there was Ohio again in the person of Ernestine Yeomans of Cincinnati in the 60-64 group. In great physical shape, she performed in practically every event we had.



Hurdles star Dick Lacey did a great job in directing three mini-meets for masters in Clearwater, Fla. Photo by Bill Gentry

The field events were outstanding, with the likes of Jack Scott of Joliet, Hal Wallace from Los Angeles, Joe Shy from Missouri, and Phil and Liz Partridge from Palm Beach, Florida.

Barbara Hummel of Ohio broke the American javelin record for women 55-59 with a 46-foot heave, raising Edith Leiby's 1978 standard of 44 '3.

Greg Bell, the 1956 Olympic gold medalist in the long jump (25 '8 1/4") came out of retirement at age 50 and went over 20-feet in the long jump, 12.2 in the 100 and 26.5 in the 200. □

Results in back pages.

30 To Make China Trip

About 30 masters long distance runners will head for China for a first-ever masters running tour of the historical land.

Helen Pain's Sports travel International, Ltd. is coordinating the tour which leaves October 14 for a 3-week, 8-city running tour.

Mary and Roy Cullen of Houston, Texas are sponsoring three top masters runners. New Jersey's Herb Lorenz, Minnesota's Alex Ratelle and Mississippi's Jim Ewing will make the trip, courtesy of the generosity of the Cullens, who are active masters runners and dedicated to the development of masters athletes.

The trip will be a forerunner to a much larger masters track & field tour of China in the fall of 1982. □

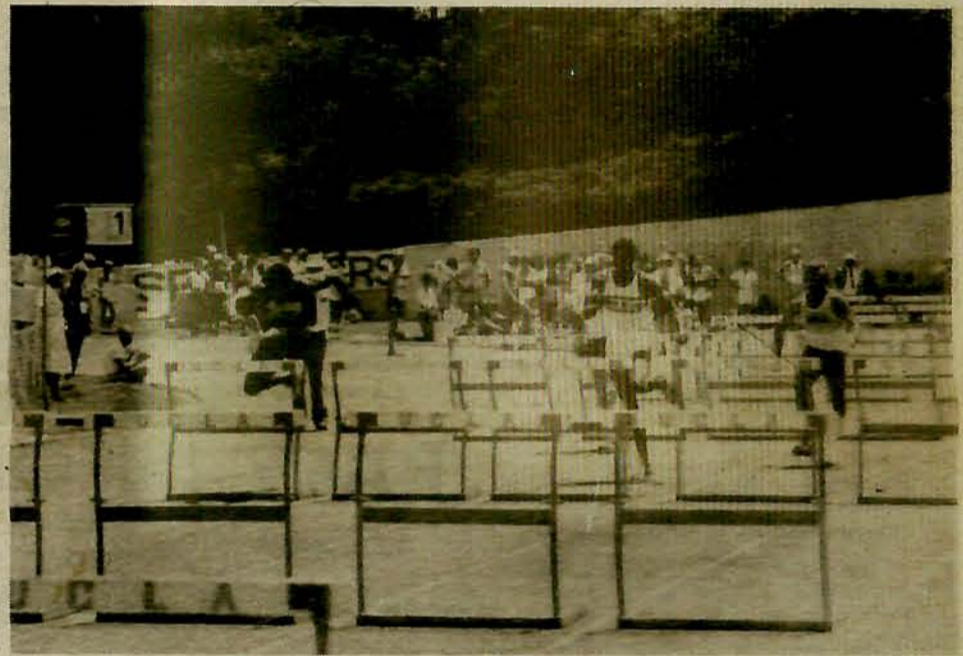
Laris Sets Masters Mile Mark

LOS GATOS, Calif., July 16—Tom Laris, 40, a member of the 1968 U.S. Olympic team in the 10000 meter run, tonight ran the fastest mile ever by an American over age 40.

In an all-comers meet on the fast Los Gatos High School oval, the Palo Alto resident sped to a 4:23.7 to break the former U.S. masters mile record of 4:24.0, set by Oregon's Ray Hatton in 1975.

The fastest over-40 mile ever run is 4:18.5, by New Zealand's Jim McDonald in 1977.

A week earlier, Laris had narrowly missed the mark with a 4:24.5. In that meet, he also came close to the U.S. masters 2-mile record of 9:17.6 (also by Hatton), posting 9:22.4. □



Walt Butler, 40, of Pasadena, leads Al Henry and Ed Oleata (R) en route to new U.S. 110-meter masters (over age 40) 110-meter hurdle record of 14.8 at UCLA, July 18.

Northwest Seniors Track Classic

by PETE MUNDLE

GRESHAM, Oregon, July 24-25—This meet, considered to be a distance runners' paradise because it is scheduled in the evening hours, produced many fine times in the longer events.

The outstanding performer was Ray Hatton of Bend who won the 1500m in 4:16.8 and came back the next day to win a stirring come-from-behind win in the 5000 m in a world age 49 record time of 15:27.4. Ray unleashed a devastating kick from 200 meters out to gun down two good younger runners, Mike Heffernan and Dave Hambly. Ray stated, "I didn't think I had much of a chance to catch the two runners but I thought I might as well give it a try".

Hal Higdon, still nursing an injury after just turning 50, won the 1500m in his division in the respectable time of 4:34.2.

For the women, Jean Cleator of Canada won the 2B 5000 with a world record 20:49.4 and Pat Dixon of Oregon won the 3A division with a

World record 22:48.6. Jean's time broke the record of West German Liese Schultz by almost a minute, while Pat's time bettered California's Jaclyn Caselli's time of 23:19.2, a mark established just a month ago.

Marcia McChesney, who has been running record times lately, mother of Oregon's great runner Bill Jr., ran a good 22:53.6 while husband Bill Sr. is temporarily out of action due to an achilles injury.

Shirley Davisson of California topped the field events with good efforts in the long jump (19-6 3/4") and the triple jump (38-6 3/4").

Ken Carnine, also of California who is slowly making his way back from surgery, flew to his best time since his return in the 100 meters (15.3), and threw the discus 116-8. He then came back to run a good 400m (78.0).

American record holder Constance Wilson of Portland threw the discus 76-2 and Ralph Sutton of California continued his sparkling javelin throwing with a 2A win of 161-2. □

Results in back pages.

New Orleans

PENN MUTUAL ♦ TAC MASTERS NATIONAL

5K Road Race Championship

October 18



RACE INFO:

TIME: 9:00 A.M. SHARP
 ELIGIBILITY: OPEN TO ALL MEN AND WOMEN OF 30 YEARS OR OLDER.
 COURSE: 5 KILOMETERS (3.1 MILES) IN THE FRONT SECTION OF AUDUBON PARK.
 START/FINISH: PRYTANIA STREET AND THE PARK.
 REGISTRATION: UP TO AND INCLUDING THE DAY OF THE RACE. FEE; \$5.00.
 T-SHIRTS REFRESHMENTS ***AWARDS IN EACH AGE GROUP*** RANDOM AWARDS ***AND MUCH MORE***

ADMISTERED BY: THE TULANE TRACK CLUB AND RUNNERS UNLIMITED.

PARTICIPATING SPONSORS: CONVERSE SHOES, DIXIE BEER AND PENN MUTIAL

NEW ORLEANS TAC MASTERS NATIONAL 5K ROAD RACE--SUNDAY, OCTOBER 18, 1981

Please make check or money order to: TAC 5K ROAD RACE, 2609 Canal ST., New Orleans, La 70118

RELEASE FORM

In consideration of accepting this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for losses and damages I may have against any and all sponsors of the TAC Masters National 5K Road Race Championship, City of New Orleans, and Runners Unlimited, Inc., and all other parties and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit, and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all foregoing to use photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever. No one may enter this event without signing this official waiver.

SIGNATURE _____ DATE _____

Last Name										First Name										Sex		Age		Birth Date										
																				Male Female		on race day		Mo. Day Year										
Mailing Address										Street										Include Apt. No. and/or C/O										Area Code		Phone No.		
City										State										Zip Code										Circle T-shirt size		S M L		

355 IN REGIONALS
continued from page 1

George Rhoden, Dave Thoreson, Jerry Morro and Bill Toomey.

Plans are in the works to hold the TFA National Masters T&F Championships next July at UCLA. Those championships have been held in Atlanta the past two years. TFA also plans to conduct a series of regional masters T&F meets leading up to the national championships. □

Results in back pages.

WRITE ON

continued from page 2

BRING YOUR OWN RAIN

Each month I read your Masters news waiting with warm anticipation for the day when events are held for folks with my special talents—for example, six-pack drinking and tobacco smoking. But, though I will never run a marathon, my competition instincts stay at a keen edge.

I read with interest your piece about the marathoner who knocked ten minutes off his best time by being sprayed with water throughout the race by a kid on a bicycle. Some people, like a lawyer friend of mine (a liberal), might argue it's unfair for one runner to be cooled while the rest swelter.

According to this lawyer, some runners can barely afford shoes, so how can they possibly afford bicycles and talented teenage support crews. The lawyer suggested for future marathons that each runner be given a card which reads: "You have the right to remain cool. You have the right to be sprayed with water during the course of the race. If you cannot afford a support crew, one will be provided for you without charge prior to any running. If you give up the right to be sprayed with water throughout the race, you may finish last."

I argued with my lawyer friend, saying that since God created runners with different speed abilities, the runners should be allowed to use their wits to win races. He retorted with some opaque reference to Rosie Ruiz.

Sidney J. Freeman
Sweetgrass, Montana

That idea about being sprayed with water by kids on bicycles really impressed me. Recently, however, some people got upset when I tried to use the system. It seems I was in the number four lane in a 100 meter dash. I put kids in the number three and five lanes. Although I got sprayed with a lot of water and stayed fresh, the runners in the 3 and 5 lanes claimed the bikes got in their way. How can I use the system in dash events and not make people mad?

Gribweb Bulbous
Ajo, Arizona

(NMN has received several letters in response to our 10 proposals in July's editorial to improve the masters T&F program. We'll publish them in the October issue.—Ed.)

Continued from Page 1

602 Compete in Nationals

away from the field on the third lap to put away the likes of Tom Laris, Dick Schupbach, Chuck Downey and 12 others who would all run under 4 minutes, 25 seconds.

And they'll tell about the way he held off the fast closing charge of his arch-rival from Los Angeles, George Cohen, who ran a personal masters best of 4:01.9 and was gaining at the end.

The occasion was the 14th Annual Penn Mutual/TAC National Masters & Track Field Championships at the Los Gatos High School Track, about 50 miles south of San Francisco. 602 men and women athletes over age 30 competed in 5-year age divisions with medals to the first three places in each men's and women's division and certificates to the first six.

Sponsored by the Penn Mutual Life Insurance Co., Nike Sportshoes and The Athletes Congress, the meet was hosted by the capable Los Gatos Athletic Association under the direction of new national masters sprint champ, Bruce Springbett.

The two-day affair saw 3 world age-division records smashed and 12 U.S. marks broken. It was the 2nd largest attendance at a national masters T&F meet, topped only by the 615 who came to White Plains, N.Y. in 1975. It surpassed the 500 at Philadelphia last year and the 450 in Atlanta in 1978, indicating the masters movement could be on the verge of a new breakthrough in the number of participants.

There were many quality performers from east of the Mississippi, but the vast majority were from the west, bolstered by the heavy contingent of top class athletes who live in Northern California.

Judy Fox, 40, of Palo Alto, Cal. was one of those, setting one world and one American record for women over 40. The 5-foot-8, 116-pound engineering research assistant at Stanford, broke two of the toughest records in the books, both held by the great Miki Gorman: 1) the U.S. women's masters 10,000 meter mark; and 2) the world (and U.S.) 5000 meter best.

In the 10,000, Fox followed American men's age 55-59 record holder Jim O'Neil the entire 24½ laps, carefully pacing her effort to take 12 seconds off Gorman's 35:45.6 standard with a clocking of 35:33.6. (Joyce Smith holds the world over-40 mark of 34:26.)

Later on Saturday, Fox also captured the women's 40-44 800-meters, running 2:25.7, only 3 seconds off Sandra Knott's U.S. masters mark of 2:22.0.

Then, on Sunday, Fox took off in her quest for Gorman's difficult world masters 5000 mark of 16:58. Needing a 5:28-per-mile pace (82 second laps), Fox again dogged the steps of O'Neil the entire trip. (All women and all men over 50 were running together in combined divisions). A couple of ticks

behind pace and needing a 71-second last-lap effort, O'Neil took off with Fox in hot pursuit. The two crossed the finish line together to the cheers and encouragement of competitors and spectators in 16:57.4, just 0.6 under Gorman's record.

Still not finished, Judy posted a strong 4:45.5 to annex the 1500 title, only 6 seconds off Miki's metric-mile standard, for a total of four national masters championship titles.

And then there was Philadelphia's Jim Burnett, who turned in a performance which some rated the best of the entire weekend. The 41-year-old ran the fastest 400-meters ever, anytime, anywhere by a person over age 40 with a clocking of 49.36. The time broke his own American record of 49.6, and lowered the world mark of 49.5, set by Australian Noel Clough at the 2nd World Games in Sweden in 1977.

Burnett also defeated a strong field to win the 200 in 22.4, only one tenth off the U.S. masters mark.

While the running events got about 20 minutes behind late Saturday, Sunday's schedule went smoothly. There were a few minor problems. The size of the fields necessitated moving some of the discus throwers to an unmarked field. The downhill slope of the main discus area negated any records that might have been set. The javelin throwers complained that the officiating was inconsistent; that some "flat" throws were allowed and some weren't. Nearly a dozen walkers were disqualified in the 5000 walk, including many who've been competing in masters walks for over 10 years; assigned lanes were sometimes changed by officials at the start, causing confusion; there were two protests over posted results of races, with both appeals being upheld.

But athletes generally agreed that it was a very well-run, well-organized effort with an abundance of dedicated officials, timers and volunteers who worked hard to provide an enjoyable two days of competition for the 602 participants.

The Penn Mutual Life Insurance Co. hosted a hospitality party from 5 to 7 p.m. on Friday and Saturday evenings, with national Masters spokesman and 1968 Olympic decathlon champ Bill Toomey welcoming the guests.

An excellent, quite professional 24-minute movie (suitable for 30-minute TV broadcasts) was shown, focusing on many of the younger masters participants in running, swimming and other masters sports which Penn Mutual is sponsoring. Penn Mutual is making it available free to clubs and groups around the country through its local agents.

Athletes attended a banquet at Mountain Charlie's Restaurant in Los Gatos, preceded by the annual masters track & field meeting. Several issues were hashed out, which will be reported by Jon Buzzard and Jim Weed next month. One issue was voted on: Attendees voted 13-4 to reject the

WAVA (World Association of Veteran Athletes) short hurdle spacings, and return to the traditional U.S. 30-foot spacing. The group also voted, 11-4, to adopt the lower hurdle heights (36" for the 40-49 110's, etc.) instead of the higher WAVA standards.

Adding to the professionalism of the event were the first-rate training and medical facilities. A chiropractor, podiatrist and physiotherapist were on duty during the meet. Danny Thiel, 32, of New Orleans, was perhaps the most serious casualty, tearing ligaments in his knee and leaving on crutches after having high hopes of winning a couple of sprint gold medals.

But the main story of the weekend was the action on the track. It's always thrilling when regional champions from the East, Midwest, South, Northwest and West all show up and go head to head with each other. Just a few of the highlights:

**SATURDAY
3000 METER STEEPLECHASE**

●The steeplechase led off the 2-day festivities. Lew Faxon, 41, of Hampton, Va. posted a fine 9:58.7 to edge defending champ Hylke Van DerWal of Saskatchewan, Canada by 7 seconds. Avery Bryant, 57, Los Angeles and Bob Boal, 69, Wake Forest, North Carolina successfully defended their national championships.

5000 METER WALK

●Lori Maynard, 45, and Rose Kash, 60, both set women's American age-group records of 26:01 and 35:04, respectively, in the 5K Walk.

●Then came the women's and over-50 men's 10000, with Fox and O'Neil following leader Anthony Sapienza of Bradford, Mass. The 52-year-old Easterner claimed the 50-54 national crown in 35:00.2, as O'Neil successfully defended his 55-59 title.

●In that same race, Patricia Dixon, 62, of Bend, Oregon and Jaclyn Caselli, 60, of San Jose, Cal., had the first of their several head-to-head duels. Dixon only missed by 11 seconds breaking Caselli's U.S. mark for women over 60, clocking 47:37.6. The feeling of many was Dixon might have had the record had she run the entire distance in lane 1, but, with men and women's divisions running together, officials told the slower runners to move to lane 2, thus causing Dixon to run about an extra 130 meters.

●In the men's 30-49 10000 race (4 divisions combined), 1968 Olympian Tom Laris went after Ray Hatton's American 10000-meter track mark of 30:56. Laris was on pace for the first 4½ miles, but by this time (10:30 a.m.), the heat was building up, and he fell off just a bit to finish in an excellent 31:09, topping 35-39 winner Bill Clark by 27 seconds.

●Susan Redfield, 45, came out from Marble, Mass. to surprise national champ Mary Czarapata, 46, of New Berlin, Wis. in the 800, 2:29.1 to 2:31.1, only two seconds off Czarapata's U.S. mark.

●Caselli evened the score in her duel with Dixon, and set a new American women's 60-64 mark in the process with a 3:11.7 800, bettering Alice Werbel's mark by 27 seconds.

●Paul Spangler, 82, of San Luis Obispo won the 2nd of his many gold medals in the 80+ division with a good 3:36.0.

●Harold Chapson, 79, of Honolulu was only 6 seconds off his 75-79 world 800 record of 2:40 with a superb 2:46.7.

●Bill Fitzgerald, the U.S. 55-59 800 record holder (2:08.9) held off the closing kick of Lou Schneider of Louisville, Kentucky to defend his national title in 2:15.5.

●Jim Schirber, 50, of Albuquerque came from far back to surprise front-running Kelsey Brown, 53, of Andover, N.J., 2:09.0 to 2:10.6.

●A 5-way battle in the M45 800 saw pace-setter Jesse Carrington fade to 5th on the last lap as Pete Richardson of Berkeley, Louis Vink of

Amsterdam, Holland, Bob Packard of Flagstaff, Arizona and Cliff Pauling of New York fought it out down the backstretch. Richardson and Pauling edged away in the drive with Pauling, the defending champ, taking a 5-meter decision in 2:02.4 with Vink third.

●Someone should write a song about the classic duels between Billups and Cohen. The pair are already a masters track legend. They hooked up for about the 8th time today, in the 40-44 800. Until today, Billups had only lost the 800 once in masters competition. The world 1979 800 champ was upset by Cohen in the 1980 Pan-American Games in Los Angeles, where Cohen set the American mark of 1:54.9. Cohen went on to claim the 1981 world 800 gold medal in New Zealand in 1:55.5. In this year's Pan-Am Games, Billups avenged the 1980 defeat, 1:56.1 to 1:57.1. But today, Cohen did it again. Closer up than usual to the always front-running Billups, George slowly pulled up to Ernie's shoulder with 100 meters to go, and inched in front with every step to prevail, 1:55.7 to 1:56.3. Almost lost in the grim duel was Ralph Lee's fast-closing, outstanding 1:56.7 for third.

●George Mason, 37, of Richmond Cal. won the photo over Gary Carr, 37, of Mascoutah, Ill. in the M35 800, both timed in 1:55.0, and Ken Stuart of Los Angeles, the only non-scratch in the M30 class, ran a quality solo effort of 1:56.6.

110 HURDLES

●The WAVA hurdles spacing-changes caused the meet to fall behind schedule. Walt Butler, 40, of Pasadena, trying to lower the world mark of 14.67 he had set last week, came close, winning in 14.76 as competitors and spectators applauded the finest veteran hurdler the world has ever seen.

●Dave Jackson, 49, of Carson, Cal. retained his national crown in 16.14 over the 39" barriers, with San Diego's Ed Oleata notching the 40-44 gold in 16.27, and World Games medalist Joe Murphy of Dallas copping the 50-54 (36") obstacles in 17.39.

●Phil Raschker, 34, of Atlanta, formerly known as Eileen Phillipa-Watson, won the first of her six gold medals with a sparkling 57.01 in the women's 400 to outdistance everyone. Irene Obera, 47, of Morago, Cal. recaptured her W45 national crown in 65.56.

●Bess James, 71, of San Jacinto, Cal., won the 3rd of her 7 gold medals in the 70-74 division (100, 200, 400, 800, 1500, 5000 and 10000) in 95.84.

●In the men's 400, Spangler and Chapson again notched triumphs, along with Ken Car-nine, Harry Koppel and John Alexander in the upper divisions. Alexander, of McCamey, Texas, set the world 400 record a month ago (58.34) and was close today in an easy win in 59.67.

●Fitzgerald topped New York's Archie Messenger, 59.5 to 61.3 in the M55 400. Then Don Cheek, 52, of San Luis Obispo, Cal. unleashed the race of his life to hold off Philadelphia's hard charging Bert Lancaster, 53.93 to 54.14.

●In one of the races where the original decision was overruled on appeal, Cliff Pauling and Nick Newton, 47, of Inglewood, Cal. ran shoulder to shoulder the length of the stretch, finishing in a virtual dead heat. The officials called it for Newton, but, later, the accutrack photometer showed Pauling's nose in front, 52.91 to 52.92, thus reversing their 1980 finish in Philadelphia.

●Then came the big one. Burnett, in superb condition and running in his bright green Philadelphia Masters colors, simply blew away a strong field to establish his new world 400 mark of 49.36. Lee was 2nd in 50.86 with Bill Knocke 3rd in 51.06.

●George Smith, 37, of Edmonton, Alberta surprised everyone but himself in defeating the formidable quartet of Jim Vicks, Matt Pruitt, Hilliard Sumner and Dave Romain in the M35 400 in a fast 49.15. Eugene Driver, 30, of Los Angeles, outkicked Glenn Johnson in 50.06.

●The first day's final event saw Tony Castro come close to his U.S. 70-74 100 mark

continued on page 21

TRACK & FIELD RESULTS

Please send masters race results to *National Masters Newsletter*,
P.O. Box 2372, Van Nuys, CA 91404

TFA NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS. ATLANTA. JUNE 13-14, 1981.

100 METERS (30-34) 1 E Thomas 10.9 2 N Robinson 11.0 3 D Thiel 11.3 4 A Gibson 11.3 (35-39) 1 R Whitney 10.9 2 W Alexander 11.3 3 C Ray 11.3 4 F Palmer 11.9 (40-44) 1 V Bell 11.5 2 T Garza 11.5 3 J West 11.5 4 T Ramirez 11.8 (45-49) 1 L Riddick 11.6 2 E Sutton 12.0 3 R Clark 12.3 4 J Avery 12.4 (50-54) 1 B Lancaster 11.8 2 E Schuler 11.8 (55-59) 1 R Bower 13.1 2 W Jordan 13.2 3 J Ulam 13.4 4 D Hall 14.1 (60-64) 1 W Carmen 14.3 2 W Byers 14.6 3 D Hull 14.7 4 G Nordgren 15.4 (65-69) 1 F White 14.2 2 M Miller 18.2 (70-74) 1 C Tompkins 15.9	800 METERS (30-34) 1 R Hans 1:57.2 2 E Miller 2:02.4 3 Moore 2:05.1 4 B Varsha 2:06.2 (35-39) 1 G Carr 1:59.8 2 A McDaniel 2:01.4 3 B Press 2:03.8 4 J Shoemaker 2:17.5 (40-44) 1 J Kelly 2:12.4 2 O Thompson 2:18.2 3 Barnes 2:18.6 4 C Hendry 2:24.0 (45-49) 1 C Pauling 2:11.2 2 R Jones 2:12.6 3 J Bradley 2:14.8 4 C Cox 2:15.3 (50-54) 1 J Schriber 2:14.5 2 Bartfield 2:30.5 3 Daniel 2:30.7 (55-59) 1 V Spalding 2:36.0 2 E Foster 2:47.7 3 C Strong NT	(60-64) 1 Ray 21:23.3 2 A Black 21:50.1 10000 METERS (Road) (30-34) 1 L Matthews 35:26.0 2 J Glasscock 35:36.8 3 B Osthoff 36:33.1 4 M Anderson 38:39.9 (35-39) 1 W Vaughn 33:38.9 2 S Arthur 34:15.8 3 B Harvison 35:06.8 4 L Brandon 36:55.2 (40-44) 1 C Law 41:44.5 2 W Haynes 59:01.9 (45-49) 1 G Williams 38:44.3 2 B Hunt 40:36.7 3 Tankersley 43:39.8 4 K Howell 49:03.2 (50-54) 1 J Petrolino 39:48.8 2 W Culpepper 40:50.9 3 B Gross 41:27.1 (55-59) 1 G English 40:57.4 (60-64) 1 B Eppright 42:43.6 2 G Lipscomb 44:40.9 3 A Black 47:52.1 (70-74) 1 M Miller 2 O B Poole 51:28.3 110 METER HURDLES (30-34) 1 N Robinson 14.2 2 W Cartwright 14.5 3 D Street 14.7 4 J Brasell 14.8 (35-39) 1 L Miller 14.6 2 S Hager 15.3 3 J Montgomery 15.9 4 T Cronan 16.2 (40-44) 1 B Kline 15.9 2 B Warren 16.1 (45-49) 1 J Gilmore 15.9 2. J Walker 18.7 3. J Bradley 21.1 (50-54) 1. E Schuler 18.8 2. J Demedicis 18.8 3. S Daniel 19.8 (55-59) 1. F Marr 22.7 2. E Schuler 5.06 3. C Johnson 4.62 4. R Cooper 4.39 (60-64) 1. B Richards 4.59 2. F Marr 4.41 3. F Boswell 2.39 (65-69) 1. W Carmen 4.47 2. W Jordan 4.44 3. W Byers 4.43 4. T Thorne 3.66 (70-74) 1. S White 5.93 2. B Warren 5.80 3. G Coats 5.23 4. J Beckham 4.84 (75-79) 1. J Gilmore 5.36 2. J Baggett 4.76 (80-84) 1. J C Brown 5.50 2. E Schuler 5.06 3. C Johnson 4.62 4. R Cooper 4.39 (85-89) 1. B Richards 4.59 2. F Marr 4.41 3. F Boswell 2.39 (90-94) 1. W Carmen 4.47 2. W Jordan 4.44 3. W Byers 4.43 4. T Thorne 3.66 (95-99) 1. F White 4.50 2. S Burho 3.80 3. W Dunham 2.88	(35-39) 1. South Texas 47.3 2. Atlanta TC 50.0 3. Birmingham 50.8 4. Birmingham 59.0 (40-44) 1. Atlanta TC 47.5 2. Decathlon MW 48.2 3. Birmingham 63.1 (45-49) 1. Birmingham 60.1 2. Birmingham 66.7 (60-64) 1. Birmingham 68.7 4 X 400 RELAY (30-34) 1. People's Ch 3:26.5 2. SE Louisiana 3:33.8 3. Decathlon MW 3:34.9 4. Greenville 3:37.0 (35-39) 1. Birmingham 3:54.1 2. Birmingham 4:16.7 (40-44) 1. Atlanta TC 3:47.6 2. Delta Airlns 3:51.3 3. Delta Airlns 4:12.2 (45-49) 1. Atlanta TC 4:10.3 2. Birmingham 4:34.0 (50-54) 1. Birmingham 5:08.8 (60-64) 1. Birmingham 5:31.8 LONG JUMP (30-34) 1. K Brauman 6.42 2. W Morgan 6.41 3. L Rodenbeck 6.38 4. R Harvey 6.38 (35-39) 1. J Montgomery 5.77 2. E Rhodes 5.73 3. T Cronan 5.64 4. C Futch 5.43 (40-44) 1. S White 5.93 2. B Warren 5.80 3. G Coats 5.23 4. J Beckham 4.84 (45-49) 1. J Gilmore 5.36 2. J Baggett 4.76 (50-54) 1. J C Brown 5.50 2. E Schuler 5.06 3. C Johnson 4.62 4. R Cooper 4.39 (55-59) 1. B Richards 4.59 2. F Marr 4.41 3. F Boswell 2.39 (60-64) 1. W Carmen 4.47 2. W Jordan 4.44 3. W Byers 4.43 4. T Thorne 3.66 (65-69) 1. F White 4.50 2. S Burho 3.80 3. W Dunham 2.88 (75-79) 1. R Meyers 3.49 TRIPLE JUMP (30-34) 1. L Rodenbeck 14.37 2. R Wood 11.85 3. T Henley 11.47 4. W Morton 11.18 (35-39) 1. T Cronan 11.60 2. J Montgomery 10.42 3. Woods 8.96 (40-44) 1. S White 12.20 2. J Russell 9.12 (45-49) 1. P Carstensen 6.71 (50-54) 1. J C Brown 11.38 2. B Gentry 9.30 (55-59) 1. B Richards 9.73 (60-64) 1. W Carmen 8.91 2. Byers 8.82 3. T Thorne 7.43	(65-69) 1. F White 8.78 (70-74) 1. S Burho 6.92 POLE VAULT (30-34) 1. B Williamson 4.57 2. R Harvey 4.27 3. Michiline 4.27 4. R Wood 3.66 (35-39) 1. C Polhamus 4.42 1. B Neutzling 4.42 3. I Wellborn 4.12 4. J Rutland 3.51 (40-44) 1. E Zuraw 3.66 (45-49) 1. R Hamilton 3.20 2. E Poucher 3.20 3. J Walker 3.05 4. J Baggett 2.90 (50-54) 1. B Gentry 2.44 (55-59) 1. B Richards 2.74 (70-74) 1. S Burho 2.59 HIGH JUMP (30-34) 1. H Jordan 1.80 2. R Harvey 1.70 3. E Miller 1.60 4. R Woods 1.60 (35-39) 1. J Rutland 1.75 2. T Cronan 1.60 3. T Thorne 1.60 4. Harris 1.55 (40-44) 1. B Kline 1.70 2. S White 1.65 3. J Russell 1.50 4. J Beckham 1.30 (45-49) 1. J Gilmore 1.65 2. P Mulkey 1.65 3. White 1.60 4. J Walker 1.40 (50-54) 1. J C Brown 1.75 2. B Gentry 1.45 3. R Cooper 1.30 4. C Johnson 1.24 (55-59) 1. S B Hall 1.60 2. B Richards 1.45 3. F Marr 1.40 (60-64) 1. W Byers 1.40 2. C Beaudry 1.35 3. G Nordgren 1.24 4. Ray 1.14 (70-74) 1. R Lacy 1.30 2. W Dunham 1.22 SHOT PUT (30-34) 1. VLAARDINGER 14.04 2. R Harvey 13.00 3. R Price 12.07 4. J Dalton 10.95 (35-39) 1. E Hill 15.49 2. L Duncan 14.54 3. A Williams 14.52 4. C Ludecke 14.19 (40-44) 1. Wesselowski 13.04 2. C Klehm 11.92 3. B Warren 11.48 4. J Russell 10.36 (45-49) 1. L Speer 12.12 2. Fraundorfer 12.07 3. Wesselowski 11.81 4. D Gaskin 10.61 (50-54) 1. R Cooper 12.73 2. D Holst 12.01 3. R Bredenbeck 11.69 4. C Johnson 9.99 (55-59) 1. B Richards 12.82 2. J Ulam 10.73 3. C Strong 7.40 (60-64) 1. C Beaudry 13.24 2. G Nordgren 11.88 3. D Hull 10.68 4. T Thorne 8.65 (65-69) 1. R Schanzle 9.70 2. J Ulam 10.73 3. C Strong 7.40 (70-74) 1. S White 12.20 2. J Russell 9.12 (45-49) 1. P Carstensen 6.71 (50-54) 1. J C Brown 11.38 2. B Gentry 9.30 (55-59) 1. B Richards 9.73 (60-64) 1. W Carmen 8.91 2. Byers 8.82 3. T Thorne 7.43	DISCUS (30-34) 1 L Rager 47.52 2 Vlaarding. 41.42 3 R Price 41.00 4 R Harvey 39.73 (35-39) 1 E Hill 45.60 2 T Cronan 33.87 3 G Green 30.76 4 C Futch 20.76 (40-44) 1 B Warren 37.34 2 C Klehm 35.35 3 Wesselowski 35.03 4 S White 31.51 (45-49) 1 L Speer 38.63 2 Fraundorfer 37.95 3 Wesselowski 31.72 4 D Gaskin 30.41 (50-54) 1 R Cooper 37.21 2 D Holst 36.46 3 Bredenbeck 32.54 4 D Hazelton 21.64 (55-59) 1 B Richards 40.40 2 D Hall 27.42 (60-64) 1 G Nordgren 35.95 2 D Hull 32.84 3 T Thorne 25.24 1 R Schanzle 26.45 (70-74) 1 C Tompkins 29.29 2 S Burho 27.94 3 F Walters 21.17 (75-79) 1 S Herrmann 24.61 2 A Wright 16.56 JAVELIN (30-34) 1 Vlaarding. 63.22 2 D Morgan 52.13 3 R Harvey 51.38 4 W Morton 41.46 (35-39) 1 J Rutland 53.76 2 E Brandon 30.08 3 C Futch 28.16 (40-44) 1 S White 39.63 2 J Beckham 38.68 3 C Klehm 27.47 (45-49) 1 J Gilmore 46.60 2 R Hamilton 35.83 3 T Twomey 32.90 4 R Lindsay 32.50 (50-54) 1 J Shields 48.47 2 J Bethea 36.67 3 R Cooper 33.91 4 D Holst 31.97 (55-59) 1 J Ulam 39.26 2 B Richards 39.07 3 J Bachar 24.32 (60-64) 1 G Nordgren 37.40 2 T Thorne 28.40 3 D Hull 23.82 (65-69) 1 R Schanzle 21.67 (70-74) 1 C Tompkins 31.85 2 W Dunham 27.63 3 F Walters 21.80 4 A Nellis 20.54 (75-79) 1 A Wright 15.27 56# WEIGHT (30-34) 1 R Price 8.50 2 N Bower 8.14 3 T Bianchi 7.43 (35-39) 1 E Hill 9.32 2 B-Muhammad 5.56 (40-44) 1 C Klehm 8.42 2 J Russell 5.09 (45-49) 1 D Gaskin 7.40 2 Fraundorfer 7.05 3 D Mann 6.33 4 T Twomey 6.21 (50-54) 1 B Backus 11.18 2 R Bergenback 7.28 3 D Holst 5.48 4 D Hazelton 4.89 (55-59) 1 B Richards 6.38 (75-79) 1 S Herrmann 4.09 2 A Wright 3.18 35# WEIGHT (30-34) 1 R Price 12.98 2 N Bower 12.27 3 Vlaarding. 12.20 4 T Bianchi 10.98	(35-39) 1 E Hill 14.58 2 B-Muhammad 9.68 3 Wesselowski 8.74 (40-44) 1 C Klehm 13.31 2 J Russell 7.89 (45-49) 1 Fraundorfer 11.96 2 D Gaskin 10.68 3 D Mann 10.11 4 T Twomey 10.00 (50-54) 1 B Backus 16.60 2 Bergenback 12.04 3 D Holst 9.00 4 Bredenbeck 6.79 (55-59) 1 B Richards 9.60 (60-64) 1 G Nordgren 7.59 (75-79) 1 S Herrmann 9.81 2 A Wright 6.84 HAMMER (30-34) 1 N Bower 42.66 2 R Price 41.88 3 Vlaarding. 33.80 4 T Bianchi 30.80 (35-39) 1 E Hill 43.40 2 B-Muhammad 30.06 (40-44) 1 C Klehm 40.42 2 J Russell 23.71 (45-49) 1 Fraundorfer 38.69 2 Carstensen 32.63 3 T Twomey 30.84 4 D Gaskin 30.44 (50-54) 1 B Backus 49.39 2 Bergenback 32.63 3 D Hazelton 20.17 4 Bartenfeld 15.45 (55-59) 1 B Richards 28.56 (60-64) 1 G Nordgren 25.86 2 D Hull 19.99 (65-69) 1 R Schanzle 18.95 (70-74) 1 S Burho 19.49 2 F Walters 16.91 (75-79) 1 S Herrmann 29.23 2 A Wright 18.70 WOMEN'S EVENTS 100 METERS (30-39) 1 P Raschker 12.6 2 R Ogletree 13.4 3 M Sutter 13.8 4 F Braasch 15.5 (40-49) 1 D Radigan 16.5 (50-59) 1 V McRoy 22.6 2 G Douglas 24.0 200 METERS (30-39) 1 P Raschker 25.7 2 L McBlain 27.2 3 R Ogletree 27.6 4 M Sutter 28.5 (40-49) 1 R Kuykendall 37.7 2 B Hayes 44.4 400 METERS (30-39) 1 P Raschker 58.9 2 R Ogletree 70.3 3 F Braasch 71.3 4 C Anderson 85.7 (40-49) 1 B Hayes 97.7 (50-59) 1 G Douglas 1:57 2 V McRoy 2:24 800 METERS (30-39) 1 L McBlain 2:27.2 2 S Houlton 2:31.7 3 L Aldrich 2:38.4 4 T Osthoff 2:55.9 (40-49) 1 P Kaiser 2:44.2 2 R Kuykendall NT 3 B Hayes 3:35.0 1500 METERS (30-39) 1 S Houlton 5:15.0 2 J Holloway 5:19.9 3 P Barton 5:34.0 4 T Osthoff NT (40-49) 1 P Kaiser 5:33.9 2 Kuykendall 6:48.0 3 B Hayes 6:48.3 4 K Mabley 7:37.9
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5000 METERS
(30-39)
1. A Barton 20:56
2. M Bouchillon 22:24
3. T Osthoff 23:18
4. C Anderson 23:29
(40-49)
1. N Parker 19:28
2. R Kuykendall 22:57
3. E Law 37:30
10,000 METERS
(30-39)
1. A Barton 41:35
2. J Holloway 41:59
3. C Anderson 48:50
4. J Cantrell 49:27
(40-49)
1. R Kuykendall 44:12
2. B Hayes 48:13
(60-69)
1. S Poole 77:44
4 X 100 RELAY
(30-39)
1. Birmingham TC 68.4
2. Birmingham TC 70.7
3. Birmingham TC 74.0
(40-49)
1. Birmingham TC 92.6
4 X 400 RELAY
(30-39)
1. B'ham TC 5:28.4
LONG JUMP
(30-39)
1. P Raschker 5.76
2. L McBlain 5.25
3. M Sutter 4.14
4. R Ogletree 4.06
(40-49)
1. D Radigan 3.11
TRIPLE JUMP
(30-39)
1. P Raschker 10.88
2. L McBlain 10.39
HIGH JUMP
(30-39)
1. L McBlain 1.50
2. P Raschker 1.45
DISCUS THROW
(30-39)
1. Cox 20.51
2. S Klehm 19.49
3. P Hensen 17.56
4. R Ogletree 16.91
(40-49)
1. D Radigan 14.74
JAVELIN THROW
(30-39)
1. P Hensen 24.11
2. L McBlain 23.71
3. R Ogletree 21.45
4. F Braasch 20.40
(40-49)
1. D Radigan 12.58

MEN'S PENTATHLON
(30-34)
1. B Green 2661
2. D Morgan 2591
3. A Lipscomb 2117
4. R Contreras 2116
(35-39)
1. T Cronan 2450
2. C Futch 1509
(40-44)
1. S White 2170
(45-49)
1. J Gilmore 2059
2. R Lindsay 1440
3. T Twomey 1283
(55-59)
1. B Richards 1124
2. J Bachar 961
3. F Boswell 821
(60-64)
1. C Beaudry 1504
2. D Hull 736

SENIOR OLYMPICS PROVIDENCE, R.I.
10K
M40 Bill Boardman 34:43
M45 Ken Green 37:43
M50 Joe Malloy 38:22
M55 Herb Marks 43:21
M60 Ed Fenton 47:24
W45 Elsie Ruggiero 47:55
400
M40 John Casey 1:00
M45 Fred Lakeway 1:10
M50 Leo Sullivan 1:05
M55 Les Smith 1:10
M60 Frank Macier 1:25
M65 Aires Tourinho 1:41
W40 Carol Collins 1:42
W45 Ann Chandler 1:27
W50 Pat McGee 1:35
W55 Dorothy Lamson 1:45
W65 Doris Whelan 1:49
1500
M40 Art Conro 4:42.0
M45 Ken Green 5:35.6
M50 Bob Ravenell 5:21.0
M55 George Silva 5:08.5
W45 Suzanne Dixon 7:25.6
W50 Carolyn Nally 7:57.2
100
M40 John Whelan 12.05
M45 Fred Lakeway 12.08
M50 Matt Boyle 13.02
M55 Les Smith 14.04
M60 Nat Heard 15.00
W40 Marsha Hummel 19.02
W45 Ann Chandler 16.02
W50 Pat McGee 18.08
W55 Dottie Lamson 20.09
W65 Josie Hamaker 21.01
200
W40 Marsha Hummel 43.00
W45 Elsie Ruggiero 38.07
W50 Pat McGee 40.20
W55 Dorothy Lamson 45.00
W65 Josie Hamaker 55.00
3000
M40 Art Conro 10:09
M45 Bill Hampson 11:54
M50 Dick Hammond 11:14
M55 Carl Hammen 10:58
M65 John Fiore 16:54
W45 Elsie Ruggiero 14:06
W50 Pat McGee 16:01
LONG JUMP
M40 John Whelan 16-11 3/4
M45 Fred Lakeway 16- 7 3/4
M50 Matt Boyle 15-2 1/2
M55 Len Yanku 10-5
M60 Boo Morcom 16-1
M65 Gil George 7-1 1/2
W40 Marsha Hummel 9-1 1/2
W50 Katy Grovell 8-2 1/2
W55 Rose Ginish 6-2
SHOT PUT
W40 Ann Chandler 23-1
W45 Susan Hammen 20-6
W50 Katy Grovell 19-1
W55 Rose Ginish 20-1
W60 Louise George 11-7
W65 Elise Brockhoff 15-0
M40 Joe Spaziano 42-7
M45 Les Dunbar 36-5 1/2
M50 Matt Boyle 41-11
M55 Dave Goodman 36-2 1/2
M60 Nat Heard 46-4
M65 Gil George 28-3
DISCUS
M40 Mike Hoffer 101- 1/2
M45 Bob Colford 61-8
M50 Matt Boyle 74-4
M55 Len Yanku 58-9
M60 Bill Gilligan 135-7
M65 Al Sisti 77-8
W40 Carol Collins 41-8
W45 Susan Hammen 45-4 1/2
W50 Pat McGee 45-8
W55 Edwina Collins 45-10
W60 Louise George 28-6
W65 Elise Brockhoff 33-0
HIGH JUMP
M40 Bob Schinse 4-2
M50 Matt Boyle 4-6
M60 Boo Morcom 5-0 1/2
JAVELIN
W40 Carol Collins 52-5
W45 Susan Hammen 50-8
W50 Katy Grovell 48-11
W55 Celia Lilley 35-4
W60 Louise George 22-4
W65 Elise Brockhoff 26-1
M40 Pat Conley 132-6
M45 Bob Colford 83-1
M50 Leo Sullivan 91-6
M55 Ed Golden 93-9
M60 Boo Morcom 102-2
M65 Al Sisti 65-6
from Elizabeth McKenna
Jutres, State of Rhode
Island, Dept. of Elderly
Affairs

HOOSIER TRACK CLUB AND PENN MUTUAL INDIANA MASTERS AND SUBMASTERS TRACK & FIELD CHAMPIONSHIP MEET. INDIANAPOLIS, INDIANA. JUNE 13, 1981.
50 METERS
M55 Rush Jacobs 6.74
M60 Charles Northrup 7.02
M65 Don Hummel 8.27
M70 Frank Furniss
M75 A.E. Pitcher 8.79
W60 Portia Cureton 9.93
W65 Sheila Evans 8.86
W70 Kay Fine 13.21
100
M30 Ron Murphy 10.88
M35 Mike Eller 11.00
M40 Harry Tolliver 11.61
M45 Jim Lipskey 12.22
M50 Greg Bell 12.22
M55 Rush Jacobs 12.8
M60 Charles Northrup 13.49
M65 Wayne Griffith 18.94
M75 Frank Furniss 16.59
W40 Joanne Grissom 14.3
W45 Ruth Neff 15.59
W60 Ernestine Yeomans 20.11
W65 Sheila Evans 17.36
W70 Meredith Probst 28.42
200
M30 Ron Murphy 22.76
M35 Michael Ellis 23.41
M40 Charles Dudley 25.20
M45 Jim Lipskey 25.66
M50 Greg Bell 26.5
M55 Rush Jacobs 26.77
M60 Charles Northrup 28.76
M65 Wayne Griffith 44.0
M70 Frank Furniss 39.0
M75 A.E. Pitcher 39.07
W40 Joann Grissom 31.9
W45 Ruth Neff 36.5
W55 Pearl Anspach 44.5
W60 Ernestine Yeomans 42.80
W65 Amy Robinson 60.13
W70 Meredith Probst 57.33
110H
M30 Dave Williams 17.37
M35 Henry Hopkins 16.97
M60 Henry Schwartz(80) 14.95
400
W30 Carolyn Carter 82.5
W35 Sheila Jackson 93.1
W55 Pearl Anspach
W60 Ernestine Yeomans 1:46
M55 Rush Jacobs 66.56
M60 Leland Erickson 78.0
M75 Richard Bredenbeck 80.4
800
W30 Carolyn Carter 3:09
W35 Sheila Jackson 3:18
W40 Judy McGee 3:30
W45 Ruth Neff 3:37
M30 Bruce Tichenor 2:09
M35 Steve Nowicki 2:12
M40 Harry Tolliver 2:04
M45 Sam Neff 2:45
M55 Roland Anspach 2:29
M60 Leland Erickson
1500 WALK
M55 John Curran 9:48
M65 Hugh Yeomans 10:46
W55 Margaret Curran 12:06
W60 Ernestine Yeomans 10:00
W70 Mitzi Probst 14:28
1500
W30 Carolyn Carter 6:43
W35 Sheila Jackson 7:14
M30 J Yantiss 4:53
M40 George Hejns 5:44
M45 Sam Neff 5:47
M50 Ken Dunipace 5:55
M55 Roland Anspach 5:15
M60 R. Field 6:56
3000
W30 Carolyn Carter 13:49.3
W45 Sue Jent 17:41.2
W55 Liga Karels 18:56.6
W70 Meredith Probst 24:06
M30 John Potts 11:05.7
M35 Tom Ransey 8:59.4
M50 Billy Sedam 11:45.1
M55 Roland Anspach 10:35.4AR
M60 Leland Erickson 13:02.9
M75 Richard Bredenbeck 13:06.4AR
POLE VAULT
M30 Green 12-6
M35 Ranscher 12-0
M45 D Zimmerman 8-6
M60 Joe Shy 5-0
M65 D Hummel 8-6

DISCUS
M30 S Kirkpatrick 110-8
M35 H Hopkins 98-1
M50 Jack Scott 115-5
M55 Chuck Olson 98-5
M60 L McClintock 92-9 1/2
M65 M Porter 99-6 1/2
M70 Phil Partridge 102-4
W65 L Partridge 35-10
W70 M Probst 29-9
TRIPLE JUMP
M55 Chuck Olson 29-10
M60 Joe Shy 26-2
M65 Hummel 23-6
M70 Phil Partridge 17-1
JAVELIN
W55 Barbara Hummel 46-OAR
LONG JUMP
W30 Carolyn Carter 9-7 1/2
W40 Joann Grissom 15-0
W45 Ruth Neff 10-6 1/2
W60 Robinson 5-2 1/2
W65 Sheila Evans 8-3 1/2
M30 Hairston 18-2 1/2
M35 Ellis 18-1 1/2
M50 Greg Bell 20- 1/2
M55 Rush Jacobs 14-0
M60 Schwartz 13-6
M65 Hummel 12-0
M70 Furniss 10-2 1/2
M75 Cureton 6-11 1/2
M80 Pitcher 8-8 1/2
10K CROSS COUNTRY
M30 Ananth 37:01
M40 Dan Clark 42:26
M55 Roland Anspach 38:35
M60 Victor Wojnar 49:00
M65 Ernie Nasser 55:08
M75 Jack Garner 59:21
SHOT PUT
W40 Joann Grissom 36-11
W45 Ruth Neff 20-4
W60 Ernestine Yeomans NT
W65 Amy Robinson 19-1
M30 J Inman 41-10
M35 H Hopkins 34-11
M45 Chuck Donlon 36-0
M50 Jack Scott 39-9 1/2
M55 D Thieke 31-5 1/2
M60 T Hochman 37-5 1/2
M65 M Porter 38-10
M70 Phil Partridge 33-10
M75 F Armentrout 26-3
HIGH JUMP
W40 Joann Grissom 4-6
W45 Ruth Neff 4-0
W65 Sheila Evans 3-7
M30 Kirkpatrick 5-2
M35 Hopkins 5-6
M40 Dorsey 5-8
M45 Richardson 5-10
M50 Jack Scott 4-8
M55 Chuck Olson 4-6
M60 Joe Shy 4-2
M65 Sommer 4-2
M70 Furniss 3-10
From Bob Coughlin

U.S. 56-POUND WEIGHT THROW CHAMPIONSHIP MANCHESTER, CONNECTICUT JUNE 27, 1981
VETERANS
Bob Backus NYAC 38-6
Al Hall UN 37-6
Irv Black CCAA 27-4

NATIONAL RRC MEET OF MILES. POSTAL. FAIRFAX, VIRGINIA JUNE 28, 1981.
M30-39
John Devlin 31 4:30.1
Lucious Anderson 34 4:32.0
Wayne Vaughn 35 4:32.5
M40-49
Bill Bond 40 4:59.2
Skip Grant 45 5:01.1
Charles Des Jardins 5:05.0
M50-59
Bill Osburn 57 5:43.9
Dixon Hemphill 56 6:02.8
W. Emsley 51 6:51.6
M60-69
John Woods 63 6:04.1
Henry Heymann 61 6:46.6
Richard Lukes 62 6:55.8
W50+
Lee Glassco 50 7:51.3
from Larry Noel
BATH CLASSIC BATH, OHIO JULY 12, 1981
POLE VAULT
M30 Tom Jenkins 13-6
Terry Green 13-6
M40 Ed Hoyle 13-6

MASTERS MEET WALTHAM, MASS. JUNE 24, 1981.
M30-39
LJ Tom Murphy 18-8 1/2
Shot Pete Hardy 28-3 1/2
Disc Pete Hardy 86-8 1/2
100y Rich Riley 10.8
440 Rich Riley 58.52
880 Ray Corrier 2:05.7
Mile Ray Currier 4:30.9
W30-39
LJ Donna Lexander 11-7 1/2
Shot Judy Hardy 19-10
100 Elydia Siegal 14.2
440 Barbara Pike 68.99
880 Barbara Pike 2:30.51
Mile Andrea Hatch 5:51.9
M40-49
LJ Frank Barous 16-0
Shot Bill Buckle 36-5 1/2
100 John Whelan 11.16

440 John Whelan 60.12
880 Carl Reetz 2:20.0
Mile Will Mason 4:58.98
W40-49
LJ Susan Redfield 13-1 1/2
Shot Susan Redfield 24-5 1/2
100 Cinnie Fulenwider 15.67
440 Sally Goodhue 73.54
880 Susan Redfield 2:35
Mile Carrie Parsi 5:45.2
M50-59
LJ Ray Cormier 13-2
Disc Matt Boyle 100-7 1/2
100 Matt Boyle 11.76
440 Matt Boyle 63.81
880 Connie Murphy 2:30.5
Mile Connie Murphy 5:20.4
M60+
LJ Bill Common 9-0 1/2
Disc Warren Pike 85-7
100 Bill Common 12.98
440 Bill Common 70.40
from Barbara Pike

1981 POSTAL MEET OF MILES JUNE 20, 1981 ALOHA HIGH SCHOOL TRACK PORTLAND, OREGON

MALE 40 - 49
1. Mike Heffernan 40 4:34.0
2. Everett Knott 42 5:09.5
3. Michael de la Cruz 42 5:16.0
4. Richard Bruce 40 5:19.7
5. Reid Ferriss 40 5:30.1
6. James Young 40 5:37.2
7. Bob Campbell 47 5:38.0
8. Dick Stevens 42 5:40.7
9. Dave Karn 47 5:49.3
10. Al Hoeger 40 6:10.2
11. Richard E. Talbott 42 6:22.7
MALE 50 - 59
1. Donald Stark 50 5:50.0
2. Gilbert Duran 54 5:51.0
3. Gordon Vaterlaus 50 5:59.0
4. Ray Howie 51 6:11.0
5. Robert Keys 54 6:13.7
MALE 60 & OVER
1. Clive Davies 65 5:26.1
FEMALE 40 & OVER
1. Susan Means 48 6:54.9
MALE 35 - 39
1. Lynn Harmon 35 4:36.9
2. Warren Finke 39 4:51.7
3. Denis Burger 38 4:58.0
4. Al Mosar 35 5:02.5
5. Mike Jackson 35 5:04.5

MOVING?

National Masters Newsletter is mailed third class bulk rate and is not forwardable. When you move please let us know at least 3 weeks in advance.

TAC EASTERN REGIONAL MASTERS T&F CHAMPIONSHIPS, PARAMUS, NEW JERSEY, JUNE 28, 1981. TEAM RESULTS. (Individual in August NMN)

Women's overall points scoring Champions

North Jersey Masters	118
Manhattan Flight Kings	98
Carden State Masters TC	68
Shore AC	59
N.Y. Masters	36

Men's 10 year age-group Champions

	30-39	40-49	50-59	60+	overall points
N. Y. Masters	24	74	115	45	258
Shore AC	96	55	44	41	236
Philadelphia Masters	83	31	47	56	217
North Jersey Masters	34	27	70	69	200
Carden State TClub	54	60	18	4	136
New York Athletic Club	26	25	14	65	130
New York Pioneers	24	27	10	--	61
Potomac Valley	4	37	20	--	61
Hercer-Bucks	-	-	-	-	28
Norcal Seniors	-	-	-	-	24
CMAA	-	-	-	-	22
Athletic Attic	-	-	-	-	19
Univ. of Chicago	-	-	-	-	18
Pagle AC	-	-	-	-	16

3RD ANNUAL CLEVELAND TRACK CLASSIC, PARMA OHIO, JUNE 20, 1981.

30-39 men hammer throw

1. Ed Hill - un.....141'9"
2. Norm Bower - Over The Hill TC...132'4"
3. Carl Klehm - UCTC.....131'11"
4. Mike Cavotta - Over The Hill TC...86'4"
5. Dick Mann - Over The Hill TC....83'1"

30-over men pole vault

1. Terry Green - un.....13'0"
2. Tom Jenkins - Over The Hill TC....12'0"
3. Roger McKissick - un.....12'0"

30-39 men 100 yard dash

1. Lamar Miller - Peoples Choice TC.9.74
2. Bob James - un.....10.06
3. Bob Allen - Over The Hill TC....10.08
4. Orin Richburg - un.....10.10
5. William Black - Clinton TC.....10.72
6. Jim Hauser - un.....10.80

30-39 men 220 yard dash

1. Clarence Ray - Peoples Choice TC.22.16
2. Bob James - un.....23.42
3. Bob Allen - Over The Hill TC....23.50
4. William Black - Clifton TC.....24.00
5. Ralph Wallace - Ann Arbor TC....24.72
6. Bryan Westfield - Ann Arbor TC...24.81

30-39 men 440 yard dash

1. Clarence Ray - Peoples Choice TC.50.85
2. Dolan Street - Peoples Choice TC.50.90
3. Nick Salupo - Over The Hill TC...55.75
4. Ralph Wallace - Ann Arbor TC....56.0
5. William Black - Clifton TC.....57.17
6. Mike Crawford - Post Office.....58.29

30-39 men 880 yard run

1. Glenn Andrews - Over The Hill TC.2:01.0
2. Dolan Street - Peoples Choice...2:03.89
3. Ken Javor - un.....2:04.8
4. Ron Wiser - Over The Hill TC...2:05.45
5. Cecil Norde - Peoples Choice TC...2:05.97
6. Norm Thomas - Over The Hill TC...2:08.3

30-39 men mile run

1. Glenn Andrews - Over The Hill TC.4:27.0
2. Jeff Hlinka - Summit AC.....4:31.3
3. Wayne Vaughn - Tri-state TC....4:35.6
4. Ron Wiser - Over The Hill TC....4:39.1
5. Joe Knap - Cleveland West RRC...4:47.2
6. Keith Alley - Greenhouse TC....4:59.1

30-39 men high jump

1. Alonzo Littlejohn, Jr. - AATC...6'0"
2. Tom Jenkins - Over The Hill TC...5'10"
3. James Littlejohn - Littlejohns...5'6"
4. Mike Crawford - Post Office...5'4"
5. Dave Morgan - Over The Hill TC...5'2"
6. Paul Hill - un.....5'0"

30-39 men long jump

1. Jim Hauser - un.....20'8 1/2"
2. Orin Richburg - un.....20'7 1/4"
3. Dave Morgan - Over The Hill TC...19'1"
4. William Black - Clifton TC....18'8"
5. Ben Stallworth - un.....18'5 1/2"
6. Grover Coats - Over The Hill TC...18'4"

30-39 men triple jump

1. Lee Myers - un.....43'9"
2. Orin Richburg - un.....39'1 1/4"
3. Dave Morgan - Over The Hill TC...35'6"
4. Alonzo Littlejohn, Jr. - AATC...34' 1/2"
5. Cortland Buggs - Second Time...33'7"

30-39 men shot put

1. Ed Hill - un.....51'2 1/2"
2. Mike Cavotta - Over The Hill TC...44'3"
3. Don Smith - un.....42'11"
4. Karl Brendle - un.....38'9"
5. Gene Higgins - un.....38'3 1/2"
6. Dave Morgan - Over The Hill TC...36'6"

30-39 men discus

1. Ed Hill - un.....149'9"
2. Don Smith - un.....140'11"
3. Mike Cavotta - Over The Hill TC...135'4"
4. Norm Bower - Over The Hill TC...132'8"
5. Dave Morgan - Over The Hill TC...106'0"

30-39 men javelin

1. Steve Shulin - West Penn TC...199'2"
2. Dave Morgan - Over The Hill TC...175'2"
3. Malachi McGruder - Over The Hill TC...160'1"
4. Ed Hill - un.....158'4"
5. Mike Cavotta - Over The Hill TC...125'4"
6. Don Smith - un.....123'3"

30-39 men 2 mile run

1. Jeff Hlinka - Summit AC.....9:48.1
2. Wayne Vaughn - Tri-state TC....9:49.2
3. Joe Knap - Cleveland West RRC...9:54.2
4. Ron Wiser - Over The Hill TC....10:25.7
5. Keith Alley - Greenhouse TC....10:37.1
6. Dennie Sanders - un.....11:23.0

30-39 men 3 mile run

1. Jeff Hlinka - Summit AC.....14:44.0
2. Wayne Vaughn - Tri state TC....14:48.4
3. Joe Knap - Cleveland West RRC...15:09.6
4. Keith Alley - Greenhouse TC....15:54.2
5. William Stross - Cleve West RRC...16:09.1
6. Sid Sink - un.....16:52.9

30-39 men 120 yard high hurdles

1. Lamar Miller - Peoples Choice TC...15.00
2. Dolan Street - Peoples Choice TC...15.08
3. Tom Jenkins - Over The Hill TC...16.46
4. Mike Crawford - Post Office19.45
5. Paul Hill - un.....20.94
6. Jim Smith - Cleveland West RRC...21.62

30-over mile race walk

1. Gerald Bocci - Motor City Strider7:41.1
2. Gary Kidd - un.....8:03.3
3. Allan Phillips - Wolverine8:24.4

30-39 men 440 relay

1. Peoples Choice TC.....43.10
2. West Penn TC.....46.67
3. Over The Hill TC.....46.69
4. Second Time Around.....47.15
5. Post Office.....47.69
6. Over The Hill 'B'.....47.79

30-39 mile relay

1. Peoples Choice TC.....3:26.0
2. Over The Hill TC.....3:37.5
3. Over The Hill 'B'.....4:11.2

40-49 men shot put

1. George Mirka - un.....42'9 1/2"
2. Jim Polen - un.....40'10 1/2"
3. Carl Klehm - UCTC.....40'3 1/2"
4. Larry Speer - Over The Hill TC...37'3 1/2"
5. Dick Mann - Over The Hill TC....32'4 1/2"
6. David Lucas - un.....30'5 1/2"

40-49 men discus

1. George Mirka - un.....137'6 1/2"
2. Larry Speer - Over The Hill TC...125'0"
3. Jim Polen - un.....118'4"
4. Carl Klehm - UCTC.....112'8 1/2"
5. Rudolf Bredenbeck - Over Hill...99'9"
6. Dick Mann - Over The Hill TC...93'10"

40-49 men 100 yard dash

1. Tom Stradley - West Penn TC....10.26
2. Matt Brown - Shore AC.....10.48
3. Grover Coats - Over The Hill TC...10.67
4. Ernie Robinson - Trailblazers...10.92
5. Ed Sutton - West Penn TC.....11.00
6. Charles Dudley - un.....11.01

40-49 men 220 yard dash

1. Matt Brown - Shore AC.....24.09
2. Tom Stradley - West Penn TC....24.25
3. Grover Coats - Over The Hill TC...24.30
4. Ed Sutton - West Penn TC.....25.20
5. Charles Dudley - un.....25.21
6. Ernie Robinson - Trailblazers...25.62

40-49 men 440 yard dash

1. Matt Brown - Shore AC.....54.97
2. Ed Sutton - West Penn TC.....55.97
3. Ray Boyd - un.....57.08
4. Ernie Robinson - Trailblazers...58.80
5. Alonzo Littlejohn - AATC.....70.02

40-49 men 880 yard run

1. Jon Bixler - Over The Hill TC...2:13.2
2. William Evely - Geauga Joggers...2:53.5
3. John Gullo - Geauga Joggers...2:59.1

40-49 men mile run

1. Les Hegedus - Cleve West RRC...4:33.0
2. Jon Bixler - Over The Hill TC...4:56.1
3. Gerald Bocci - Motor City STR...5:16.4
4. Robert Wisner - Cleve West RRC...5:48.7
5. William Evely - Geauga Joggers...5:54.3
6. John Gullo - Geauga Joggers...6:33.0

40-49 2 mile run

1. Larry Patterson - SERC.....10:49.1
2. Gerald Bocci - Motor City Str...11:02.2
3. Robert Wisner - Cleve West RRC...12:42.5
4. William Evely - Geauga Joggers...12:50.3
5. John Gullo - Geauga Joggers...14:18.2

40-49 3 mile run

1. Gerald Bocci - Motor City Str...16:49.2
2. James Forsythe - un.....18:12.6
3. Robert Wisner - Cleve West RRC...19:03.4
4. William Evely - Geauga Joggers...19:11.9
5. Jim Barrett - Over The Hill TC...19:35.0
6. John Gullo - Geauga Joggers...19:47.3

50-59 men shot put

1. Rudolf Bredenbeck - Over The Hill...33'8 1/2"
2. Clarence Johnson - Over The Hill TC...30'5"
3. Jack Siringer - un.....21'8"
4. Scrap Zalba - Geauga Joggers...21'4 1/2"
5. Dick Fanning - Cleve West RRC...21'2 1/2"
6. Mike Pristash - Born Again Athletes...19'10 1/2"

50-59 men 100 yard dash

1. Bill Jordan - Over The Hill TC....11.79
2. Vonly Phillips - Over The Hill TC...11.80
3. Allan Jackson - Summit AC.....11.83
4. Alfonso Wilson - un.....12.33
5. Clarence Johnson - Over The Hill TC...12.80
6. Tom Roehm - West Penn TC.....12.85

50-59 men 220 yard dash

1. Bill Jordan - Over The Hill TC....28.04
2. Vonly Phillips - Over The Hill TC...28.17
3. Allan Jackson - Summit AC.....30.20
4. Dick Fanning - Cleve West RRC...32.80
5. Matt Norris - Cleveland West RRC...32.97
6. Mike Pristash - Born Again Athletes...37.93

50-59 men 440 yard dash

1. Vonly Phillips - Over The Hill TC...1:03.32
2. Bill Jordan - Over The Hill TC....1:07.58
3. Stan Tolliver - Over The Hill TC...1:08.32
4. Allan Jackson - Summit AC.....1:12.39
5. Scrap Zalba - Geauga Joggers...1:12.60
6. Dick Fanning - Cleve West RRC...1:13.40

50-59 men 880 yard run

1. Vonly Phillips - Over The Hill TC...2:44.6
2. Allan Jackson - Summit AC.....2:47.3
3. Scrap Zalba - Geauga Joggers...2:55.2
4. Matt Norris - Cleve West RRC...3:00.4
5. Dick Fanning - Cleveland West RRC...3:09.0
6. Mike Pristash - Born Again Athletes...3:39.7

50-59 men mile run

1. Ken Carman - Motor City Striders...5:22.0
2. Allan Jackson - Summit AC.....6:06.3
3. Scrap Zalba - Geauga Joggers...6:08.1
4. Matt Norris - Cleve West RRC...6:20.2
5. Pete Hlinka - Summit AC.....6:31.5
6. Mike Pristash - Born Again Athletes...7:25.3

50-59 2 mile run

1. Ken Carman - Motor City Striders...11:43.3
2. Allen Phillips - Wolverine Pacers...12:38.1
3. Scrap Zalba - Geauga Joggers...13:55.6
4. Matt Norris - Cleve West RRC...14:14.2
5. Mike Pristash - Born Again Athletes...17:31.9

50-59 3 mile run

1. Scrap Zalba - Geauga Joggers20:27.2
2. Pete Hlinka - Summit AC.....20:38.2
3. Matt Norris - Cleveland West RRC...20:45.2
4. Richard Smith - un.....23:15.4
5. Dick Cavicchi - un.....23:46.7
6. Louis B. Schaefer - un.....25:06.7

MASTERS MEN TEAM SCORES

1. Over The Hill TC...296 pts.
2. Peoples Choice TC...86
3. Cleveland West RRC...73
4. Summit AC.....70
5. Geauga Joggers...62
6. West Penn TC.....51

**LOS GATOS ALL COMERS MEETS
LOS GATOS, CALIF.**

JULY 9. MASTERS (40+)

100y Bruce Springbett 10.5
440y Bruce Springbett 54.9
Mile Tom Laris 4:24.5
2M Tom Laris 9:22.4

JULY 16. MASTERS (40+)

220y Ben Anixter 23.9
880y Bill Meinhardt 2:09.1
Mile Tom Laris 4:23.7AR
2M Van Zant 10:27.0

**MINNESOTA TAC MASTERS TRACK & FIELD MEET
ST. CLOUD, MINNESOTA
JULY 17, 1981.**

	NAME	AGE	DISTANCE	
HJ	Bob Schenk	33-OA	6'2"	
	Scott Macleod	34-OA	5'5"	
	Dan LaBelle	25-OB	5'7"	
	Doug Bergstrom	37-OB	5'3"	
	Lee Washington	41-1A	5'7"	
	Tom Washington	42-1A	5'7"	
	John Ewing	41-1A	5'3"	
	Tom Langenfeld	45-1B	6'0"	
	Bob Waxlax	47-1B	4'6"	
	PV	Bob Schenk	47-1A	4'0"
Chuck Olson		55-2B	4'2"	
R.G. Wolfe		53-2A	4'0"	
LJ	Scott Macleod	34-OA	18'8"	
	Bruce Melin	39-OB	18'8"	
	Doug Bergstrom	37-OB	17'6"	
	Dan LaBelle	35-OB	16'10"	
	Lee Washington	41-1A	16'2"	
	G. LaBelle	42-1A	12'10"	
	Bob Waxlax	47-1B	14'1"	
	Chuck Olson	55-2B	13'11"	
	TJ	Scott Macleod	24-OA	40'7 1/2"
		Bruce Melin	39-OB	35'9"
Dan LaBelle		35-OB	34'8"	
John Ewing		41-1A	41'1 1/2"	
Tom Langenfeld		45-1B	34'1 1/2"	
R.G. Wolfe		53-2A	28'3 1/2"	
Chuck Olson		55-2B	31'3 1/2"	
DT		Bob Schenk	33-OA	107'6"
		Dan LaBelle	35-OB	116'10"
		Dennis Baker	37-OB	108'8"
	Steve Rossmann	38-OB	64'1"	
	John Ewing	41-1A	101'10"	
	Tom Washington	44-1A	90'8"	
	G. LaBelle	42-1A	83'4"	
	JAV	Bob Schenk	33-OA	149'0"
		Dennis Baker	37-OB	150'0"
		Dan LaBelle	35-OB	126'6"
Bruce Melin		39-OB	112'6"	
John Ewing		41-1A	135'7"	
G. LaBelle		42-1A	98'6"	
R.G. Wolfe		53-2A	80'0"	
Chuck Olson		55-2B	91'10"	
110H		Dan LaBelle	35-OB	17.1
		Lee Washington	41-1A	15.3
	John Ewing	41-1A	15.8	
	G. LaBelle	42-1A	18.4	
100	Terry Stenberg	32-OA	13.6	
	Steve Rossmann	38-OA	11.4	
	Dan LaBelle	35-OB	12.4+	
	Doug Bergstrom	37-OB	12.4	
	Tom Washington	44-1A	12.00	
	Lee Washington	41-1A	12.2	
1500	John Greig	33-OA	4:37	
	Terry Stenberg	32-OA	5:34	
	Rick Recker	37-OB	4:39	
	Mike Thomas	38-OB	5:28	
	Dan LaBelle	35-OB	5:47	
	George Savanick	43-1A	4:27	
400	Petie Waxlax	43-1A	7:57	
	Jen Jansen	43-1A	8:16	
	Doug Bergstrom	37-OB	1:00.5	
	Mike Thomas	38-OB	1:09.6	
	A. Ledermann	44-1A	1:01.2	
	800	Bob Domek	37-OB	2:17.3
Jim Diarmid		41-1A	2:14.3	
200	Steve Rossmann	38-OB	24.4	
	Dan LaBelle	35-OB	25.5	
	Dennis Baker	37-OB	25.6	
	John Ewing	41-1A	25.1	
	Chuck Olson	55-2B	28.00	
5K	Rick Recker	37-OB	18:19	
	Mike Thomas	38-OB	19:34	
	G. Savanick	43-1A	17:14	

**PENN MUTUAL U.S. MASTERS 15KM
ROAD RUNNING CHAMPIONSHIPS !!**

**Saturday, October 3, 1981, 9 a.m.
WASHINGTON, D. C.**

Men and women, 40 and over.
Special Section 30-39. Conducted
by Potomac Valley Seniors.

Send SASE for entry and information
to: **MASTERS 15KM, PO BOX 1065,
COLLEGE PARK, MD 20740.**



BILL COUNTRY CLASSIC
MASTERS TRACK MEET RESULTS
MASON, TEXAS June 27, 1981

100 METER DASH

(25-29)
1. Casey, Steve (29) San Angelo 11.70
2. Verett, Victor (28) Breckenridge 13.54
(30-34)
1. Perkins, Leon (31) Austin 11.25
2. Wyatt, Leroy (33) San Antonio 11.26
3. Buhl, Robert (32) Austin 12.19
4. Twilligear, George (30) Rio Frio 12.29
5. Livingston, Jim (32) Junction 13.36
6. Long, Mark (30) Austin 13.43

(40-44)
1. Gordon, Hans (40) San Antonio 11.75
2. Deatherage, Tony (44) Dallas 12.05
3. White, Fred (43) Houston 12.24
4. Head, John (43) Universal City 12.39
5. Calvert, Bill (44) Breckenridge 14.15
6. Lindsey, Bobby (42) Abilene 14.54
7. Vollman, Lester (42) Fredericksbg. 15.31

200 METER DASH

(25-29)
1. Zacharie, Ralph () San Antonio 22.91*
2. Casey, Steve (29) San Angelo 25.03
3. Verett, Victor (28) Breckenridge 31.33
(30-34)
1. Wyatt, Leroy (33) San Antonio 23.19
2. Perkins, Leon (31) Austin 23.20
3. Twilligear, George (30) Rio Frio 25.21
4. Livingston, Jim (32) Junction 29.30

(35-39)
1. Whitney, Ruben (36) San Antonio 22.27*
2. Mount, Lester (35) Farmers Brnch. 24.22
3. Mitchell, Fat (38) Mesquite 24.41
4. Jones, Edward (36) Austin 24.45
5. Schoenig, Richard (38) San Ant. 24.76
6. Dockery, Charles (36) Austin 25.07
7. Ryan, Thomas (36) San Antonio 26.32
8. Patterson, Pat (37) Mason 31.07

(45-49)
1. McGlashan, Bob (45) Houston 25.32*
2. Cisneros, Hector (47) Austin 27.75
3. Foose, Thomas (46) Boerne 28.84
(50-54)
1. Twilligear, G.W. (54) Leakey 13.93
(55-59)
1. Goldsmith, Max (58) Lewisville 13.35
(65 & up)
1. White, Fred (68) Duncanville 14.12

400 METER DASH

(25-29)
1. Patterson, Paul (26) Abilene 64.25
2. Verett, Victor (28) Breckenridge 70.63
(30-34)
1. Perkins, Leon (31) Austin 51.53
2. McCracken, Mike (31) Houston 52.78
3. Buhl, Robert (32) Austin 55.21
4. Taylor, Gene (34) McGregor 56.18

(35-39)
1. Mount, Lester (35) Farmers Brnch. 54.09
2. Young, Paul (37) Houston 57.42
3. Petty, Jack (37) Nacogdoches 57.68
4. Ryan, Thomas (36) San Antonio 58.90
5. Patterson, Pat (37) Mason 63.32
6. Moore, William (39) San Angelo 73.38

800 METER DASH

(30-34)
1. McCracken, Mike (31) Houston 2:02.85**
2. Taylor, Gene (34) McGregor 2:14.65
3. DuBose, Louis (32) Bandera 2:22.81
4. Ferris, Greg (34) Abilene 2:26.61
5. Lefevre, Jeffrey (33) San Ant. 2:46.88
6. Livingston, Jim (32) Junction 3:08.14
(35-39)
1. Petty, Jack (37) Nacogdoches 2:08.29*
2. Spain, Bob (35) Austin 2:23.16

1600 METER RUN

(30-34)
1. DuBose, Louis (32) Bandera 5:07.59
2. Ferris, Greg (34) Abilene 5:28.30
3. Lefevre, Jeffrey (33) San Ant. 5:56.26
(35-39)
1. Spain, Bob (35) Austin 5:07.65*
2. Leonard, Lawrence (36) San Ant. 5:28.31

5000 METER RUN

(25-29)
1. Patterson, Paul (26) Abilene 17:42.9**
2. Currie, David (28) Mason 20:46.53
(30-34)
1. Ferris, Greg (34) Abilene 19:30.86*
2. Hill, Rodger (31) San Angel 22:14.64
3. Long, Mark (30) Austin 22:54.04
(55-59)
1. Cummings, Russell (55) Austin 23:24.68*

400 METER RELAY

(25-29)
1. San Antonio Track Club 45.32*
2. Breckenridge Track Club 52.89
(35-39)
1. San Antonio Track Club 47.92*

1600 METER RELAY

(25-29)
1. Abilene & East Texas (Currie, Ferris, J. Petty, Patterson) 4:12.84
(30-34)
1. Beats Mc(Mount, P. Young, Buhl, McCracken) 3:43.49**
TRIPLE JUMP
(35-39)
1. Durham, Rusty (35) Ft. Worth 36' 3"
2. Petty, Jack (37) Nacogdoches 25' 7"
(65 & up)
1. White, Fred (68) Duncanville 30' 1"

POLEVAULT

(25-29)
1. Verett, Victor (28) Brknrdg. 10' 2"
(35-39)
1. Durham, Rusty (35) Ft. Worth 10' 2"
2. Smith, Steve (35) San Antonio 9' 10"

LONG JUMP

(25-29)
1. Casey, Steve (29) San Angelo 17' 9"
2. Verett, Victor (28) Breckdg. 16' 0"
(30-34)
1. DuBose, Louis (32) Bandera 17' 4"
2. Livingston, Jim (32) Junction 16' 6"
(35-39)
1. Jones, Edward (36) Austin 20' 3"
2. Linscomb, Ron (38) Garland 18' 9"
3. Durham, Rusty (35) Ft. Worth 17' 9"
4. Ryan, Thomas (36) San Antonio 17' 8"
5. Howell, Randy (35) Breckenridge 13' 10"
6. Simpson, Jimmy (37) Castell 12' 1"
7. Petty, Jack (37) Nacogdoches 11' 6"
(40-44)
1. Deatherage, Tony (44) Dallas 17' 8"
2. Head, John (43) Universal City 17' 3"
3. Vollman, Lester (42) Frdsbrg. 13' 0"
(45-49)
1. Foose, Thomas (46) Boerne 16' 3"
2. McGlashan, Bob (45) Houston 16' 1"
3. Cisneros, Hector (47) Austin 15' 4"
4. Harlow, W.J. (46) San Antonio 13' 9"
5. Richards, James (45) Arlington 11' 3"
(60-64)
1. Alexander, J.E. (61) McCamey 16' 0"
(65 & up)
1. White, Fred (68) Duncanville 14' 5"

HIGH JUMP

(30-34)
1. DuBose, Louis (32) Bandera 5' 2"
(35-39)
1. Miller, Frosty (35) Pontotoc 5' 6"
2. Durham, Rusty (35) Ft. Worth 5' 4"
(40-44)
1. Head, John (43) San Antonio 5' 0"
(45-49)
1. Landers, Fritz (45) Mason 5' 0"
2. McGlashan, Bob (45) Houston 5' 0"
3. Cisneros, Hector (47) Austin 4' 10"
4. Harlow, W.J. (46) San Antonio 4' 8"
5. Foose, Thomas (46) Boerne 4' 6"
6. Crook, Don (47) San Antonio 4' 6"

SHOT PUT

(25-29) (16 pound)
1. Cherepon, Alan (27) Austin 44' 10"
2. Crouch, Jerry (27) Mason 39' 2"
(30-34) (16 pound)
1. Tanner, Norman (31) Menard 45' 7"
2. DuBose, Louis (32) Bandera 34' 8"
3. Leifeste, Fritz (32) Mason 32' 11"
(35-39) (16 pound)
1. Johnson, Travis (38) San Ang. 50' 8"
2. Durham, Rusty (35) Ft. Worth 35' 2"
3. Petty, Jack (37) Nacogdoches 24' 14"
(40-44) (12 pound)
1. Petty, Glenn (40) Abilene 37' 7"
(45-49) (12 pound)
1. Graham, Lee (45) Mason 42' 3"
2. Landers, Fritz (45) Mason 39' 7"
3. Crook, Don (47) San Antonio 32' 4"
4. Harlow, W.J. (46) San Antonio 29' 2"
5. Richards, James (45) Arlington 23' 8"

DISCUS

(25-29) (College Wt.)
1. Cherepon, Alan (27) Austin 113' 8"
2. Crouch, Jerry (27) Mason 101' 4"
(30-34) (College Wt.)
1. Tanner, Norman (31) Menard 127' 0"
2. DuBose, Louis (32) Bandera 103' 8"
3. Leifeste, Fritz (32) Mason 90' 5"
(35-39) (College Wt.)
1. Johnson, Travis (38) San Ang. 121' 9"
2. Durham, Rusty (35) Ft. Worth 116' 6"
3. Petty, Jack (37) Nacogdoches 74' 0"
(40-44) (High School Wt.)
1. Petty, Glenn (40) Abilene 105' 5"
2. Gathright, Lyndon (43) Abil. 89' 10"

JAVELIN

(30-34) (College Wt.)
1. Buhl, Robert (32) Austin 196' 0"
2. Tanner, Norman (31) Menard 136' 5"
3. DuBose, Louis (32) Bandera 124' 7"
(35-39) (College Wt.)
1. Durham, Rusty (35) Ft. Worth 192' 2"
2. Spain, Bob (35) Austin 117' 8"
3. Johnson, Travis (38) San Angelo 106' 3"
4. Simpson, Jimmy (37) Castell 104' 3"
5. Petty, Jack (37) Nacogdoches 82' 8"
(40-44) (College Wt.)
1. Gathright, Lyndon (43) Abil. 109' 11"
(45-49) (College Wt.)
1. Cisneros, Hector (47) Austin 107' 1"
2. Foose, Thomas (46) Boerne 88' 4"
3. Richards, James (45) Arlnt. 58' 4"
(60-64) (College Wt.)
1. Alexander, J.E. (61) McCamey 91' 10"
(65 & up) (College Wt.)
1. Hubbell, Frank (71) Junction 65' 6"

WOMEN

100 METER DASH
(25-34)
1. Worden, Cecile (28) Mason 14.58
2. Dale, Celeste (25) Odessa 16.48
3. Brandt, Linda (25) Odessa 17.06
4. Smithson, Charlene (25) White 18.24
(35 & up)
1. Williams, Sally (38) Odessa 16.77
2. Ranc, Margie (40) El Paso 17.52
200 METER DASH
(25-34)
1. Worden, Cecile (28) Mason 30.14
(35 & up)
1. Ranc, Margie (40) El Paso 36.65
1600 METER RUN
(25-34)
1. Worden, Cecile (28) Mason 6:39.47
2. Rathgen, Brenda (25) Midla 6:39.49
(35 & up)
1. Ranc, Margie El Paso 7:19.81
2. Cisneros, Royce Austin 8:55.47
3. Schmidt, Minnie Mason 9:07.95
400 METER RELAY
1. University of Texas Permian Basin 67.26
(Brandt, Rathgen, Williams, Dale)
2. University of Texas Permian Basin (Dixon, Barlow, Smithson, Worden) 70.23

from Lee Graham

continued from page 1

Bill Bell, of Indiana and Olympic fame, came long enough to jump over 20 feet on his first effort, hurt himself and vowed to be back. A.E. Pitcher, 79, of Indianapolis provided a tough act to follow. Dave Shrader, 67, of Topeka, is back in good form, both as a thrower and an historian. What a comeback the talkative one has made! The women provided a particular bright spot in the whole affair. Anna Rush, 53, Propect, Ky. was the overall walk winner. JoAnn Grissom, 42, Indianapolis won big again. Two newcomers were brilliant. Phyllis Schwandt, 59, Decatur set a world record at 1:23 in the 400 meter, Sheila Evans, 66, Indianapolis, by way of England, was record performer. Gary Carr, 36, Mascoutah, Ill. and Ernie Billups were age group record breakers at 800 meters. Always good to see a sprinting family and Betty and Alex Pappas certainly qualify. Even families where someone is fast and the other slow are fun so Mary and Rich Czarapata came along too.

Dick Richardson and family earned a well deserved rest for their performances as co-meet directors. It was a smooth on-time effort. Of course the weight types were still throwing and making strange sounds as everyone headed home in the late midwestern afternoon, all very happy to have spent a day in Decatur, Illinois—the Pride of the Prairie. □

Results in back pages.



* DENOTES AGE GROUP RECORD
** DENOTES OVERALL MEET RECORD

TFA PACIFIC MASTERS TRACK & FIELD CHAMPIONSHIPS. UCLA. LOS ANGELES. JULY 18, 1981.

100 METERS	400 METERS	1500 METERS	10,000 METERS	5,000-METER RACE WALK	M50-54
M30-34 Mike Jackson 10.8 Jess Whitmire 10.8 Reggie Davis 11.2	M30-34 F. Eugene Driver 49.3 James Harvey 49.7 Glenn Curtis Johnson 50.0	M30-34 Reynaldo Corona 4:13.4 Jeffery James 4:15.5 Henry Lunge 4:20.2	M30-34 Mike Lozoya 34:28.8 Robert Curtis 37:10.3 Mike Zimmerman 37:30.7	M40-44 Ron Daniel 24:54.3	Ed Austin 5-2 Shirley Davidson 4-10 Bill Gentry 4-6
M35-39 John Carlos 10.7 Hilliard Sumner 11.2 Frank Little 11.3	M35-39 Hilliard Sumner 49.8 Bill Knocke 51.5 Bob Hildebrand 59.8	M35-39 Dave Himmelberger 4:12.0 Ralph Lee 4:12.8 Steve Waggoner 4:15.5	M35-39 Frank Duarte 32:06.3 Jim Howell 34:40.8 Arnold Barton 36:13.0 Dave Peck 37:43.3	M45-49 Michael Devlin 34:28.8	M55-59 Dave Brown 4-8
M40-44 Walt Butler 11.1 Doug Smith 11.4 Ken Dennis 11.5	M40-44 Gary Miller 53.9 William J. Powell 60.0	M40-44 Richard Schubach 4:08.7 George Cohen 4:09.3 Bruce Kostin 4:20.5	M40-44 Henri Salvarda 33:38.5 Skip Shaffer 35:20.0 Arthur Mortell 35:31.9	M50-54 John Kelly 27:53.3 Justin Gershuny 29:54.6 Milton Creange 31:14.9	M60-64 Burl Gist 5-0 Jim Vernon 4-8 Orval Gillett 4-8
M45-49 Bruce Springbett 11.7 Percy Know 11.7 Milton Newton Jr. 11.7	M45-49 Milton Newton, Jr. 53.8 Hans Bruhner 54.7 Edward Martin 1:00.7	M45-49 Andre Tocco 4:38.2 P. Alexander 4:50.6	M45-49 Andre Tocco 33:39.0 Clayton Steffenson 38:27.1 Mike Uhlberg 40:24.1	M60-64 Robert Long 33:55.8	M65-69 Claude Taggart 4-6 John Damski 4-2 Herbert Miller 4-0
M50-54 Dick Marlin 12.3 Ted Vick 12.5 David Mark 12.8	M50-54 David Mark 58.5 Charles Rice 1:02.2 W. Mel Elliot 1:07.7	M50-54 Robert McGuire 5:04.3 W. Mel Elliot 5:16.0	M50-54 Tracy Brown 36:41.0 Patrick Devine 36:46.0 Wally Evertz 38:27.5	M65-69 Harold McWilliams 31:27.1 Joe Wehrly 57:54.1	M70-74 Redmond Doms 3-6½
M55-59 Robert Watanabe 12.4 Tom Patsalis 12.6 Raymond Spencer 13.5	M55-59 Bob Sieben 57.9 Robert Watanabe 1:00.5 Raymond Spencer 1:02.2	M55-59 Avery Bryant 4:58.2 Jack Noble 5:01.2	M60-64 Eddie Lewin 39:38.9 Abe Stein 44:40.8	M70-74 Ches Unruh 32:49.1 E. W. Werbel 38:12.8	M75+ Mert Gambito 3-8
M60-69 Pete Fetter 13.4 Gordon Farrell 14.0 Richard Parkinson 14.1	M60-64 Richard Parkinson 1:06.0 Pete Fetter 1:11.0	M60-64 George Poloynis 6:03.3 Robert Long 6:35.1	M60-64 Eddie Lewin 39:38.9 Abe Stein 44:40.8	M80+ Paul Spangler 35:47.4	W30-39 Ann Steeklenburg 4-10
M70-74 Anthony Castro 14.2 Joe Caruso 15.2	M65-69 William Lesseman 1:27.7	M65-69 Ed Stotsenberg 5:30.0 Phil Cary 6:39.5	W30-39 Ann Bose 56:26.8	W30 Vicki Jones 25:10.9 Paula Kash 26:01.2 Jolene Steigerwalt 27:53.2	POLE VAULT
M75+ Sing Lum 15.6	M70 Sid Madden 1:20.3	M80 Paul Spangler 7:20.3	W40-49 Joyce Momita 46:39.9 Kathy Kunser 50:19.2 Sarah Jones 51:07.6	W60 Rose Kash 36:04.4	M30-34 Tim Knappen 14-6 Warren Wilke 14-6 Chet McGaugh 11-6
W30 Martha Watson 12.9	W40 Christa Romppanen 1:12.0 Viola Phillips 1:12.6	W30-39 Judy Kewley 5:29.8 Chiye Horiguchi 6:38.2	W50-59 Helen Dick 43:47.7 Daisey Wong 51:09.9 Joyce Bodecker 1:02:26.5	4x400 METER RELAY	M35-39 Mardon Connelly 12-6 John Yelder 12-0 James Ball 11-0
W50 Magdalena Kuehne 17.7	W50 Helen Dick 1:25.1	W40-49 Jennifer Wright 5:12.4 Cherrrie Lightburne 5:32.3	W70 Bess James 1:05:37.6	M30-34 I. Warren Spikes 3:28.7 Glenn Johnson Reggie Davis Eugene Driver	M40-44 Dave Thoreson 13-6 Dee DeWitt 11-6 Gary Bane 11-6
W70 Bess James 20.1	W60 Alice Werbel 1:37.0	W50-59 Helen Dick 6:08.7	100-YARD HIGH HURDLES	M40-44 I. Doug Smith Dave Segal Ken Dennis Gary Miller	M45-49 Vic Cook 13-0 Hal Smith 9-6
200 METERS	W70 Bess James 1:37.6	W60-69 Alice Werbel 7:36.2	M60-64 (33") Burl Gist 16.6	M60-64 I. Fetter 5:17.8 Poloynis Killion Stosenberg	M50-54 Fred Gallardo 9-6 Bill Gentry 7-6 Dick Hoppe 6-11
M30-34 Eugene Driver 22.25 Jesse Whitmore 22.41 Warren Spikes 22.79	800 METERS	W70+ Bess James 8:19.4	M65-69 (33") Herbert Miller 19.0	4x100 METER RELAY	M55-59 Dan Grosh 10-6 Dave Brown 10-0
M35-39 John Carlos 22.02 Hilliard Sumner 23.04 Frank Little 24.15	M30-34 Kenneth Stuart 1:56.5 Reynaldo Corona 2:03.7 Fred Doubell 2:03.8	5,000 METERS	110-YARD HIGH HURDLES	M30-34 I. Warren Spikes 43.6 Reggie Davis Glenn Curtis Eugene Driver	M60-64 Jim Vernon 10-6 Ralph Biesemeyer 10-0 Orval Gillett 8-6
M40-44 Walt Butler 23.36 Doug Smith 24.14 Ken Dennis 24.31	M35-39 Jay Cronin 2:09.8 Richard Friedlander 2:16.7 Wendel Hans NoTime	M30-34 Enrique Serratos 15:23.3 Evan Roberts 15:57.6 Henry Lange 16:01.2	M30-34 (39") James Overton 15.5 John Paul Jones 15.5 Frank Reilly 15.7	M40-44 I. Ken Dennis 44.2 Doug Smith Dave Segal Gary Miller	M70+ Robert Maconaghy 8-0
M45-49 Milton Newton Jr. 24.11 Bruce Springbett 24.56 Hans Bruhner 24.88	M40-44 George Cohen 1:59.9 Mel Elliott 2:02.6 John Pitman 2:03.5	M35-39 Frank Duarte 15:26.3 Arnold Barton 16:24.9 Ira Yawnick 17:20.1	M35-39 (39") George Carty 14.8 Theo Vitiz 14.9 Cornelius McCormick 15.5	2. Bill Knocke 44.3 H. Smith Nick Newton Walt Butler	M65-69 Elmer Siegel 7-6 Arthur Vesco 6-4
M50-54 Dick Marlin 26.56 Charles Rice 28.03 Bill Gentry 28.87	M45-49 Jesse Carrington 2:10.2 Lloyd McGuire 2:28.6	M40-44 Tom Laris 15:20.0 Gabriel Bernal 16:09.2 Henri Salvarda 16:12.0	M40-44 (39") Walt Butler (AR) 14.8 Alvin Henry 15.6 Ed Oleata 16.1	M60-64 I. Fetter 55.6 Poloynis Parkinson Gibt	LONG JUMP
M55-59 Robert Watanabe 25.94 Bob Sieben 26.55 Raymond Spencer 28.50	M50-54 Jerry Withers 2:16.8 Leonard Walts 2:18.3 Louis Beadle 2:18.5	M45-49 Andre Tocco 16:43.0 Ted Oviatt 19:57.7	M45-49 (39") Hal W. Smith 17.1 Bill Adler 20.2 Dave Douglas 20.5	HIGH JUMP	M30-34 Richard Lewis 22-1 3/4 Carl Flowers 22-1 1/2 James Harvey 20-6 1/2
M60-64 Pete Fetter 28.38 Richard Parkinson 29.52	M55-59 Avery Bryant 2:25.3 David A. Lewis 2:29.0	M50-54 Robert McGuire 17:54.0 Patrick Devine 18:06.1 Pete Mundie 18:26.5	M50-54 (36") Fred Gallardo 18.9	M30-34 Steve Lang 6-5 Charles Rader 6-2 Craig Wright 5-0	M40-44 Alvin Henry 20-4 3/4 Dee DeWitt 18-0 1/2 Al McDaniel 17-10
M65-69 Herbert Miller 32.34 William Lesseman Jr. 40.21	M60-64 George Poloynis 2:37.3 Robert Long 3:15.4	M55-59 Stormy Sexton 28:26.1	M55-59 (36") Tom Patsalis 18.2 Loren Noyes 24.5	M45-49 Herm Hyatt 6-0 Milton Newton 5-2 Dave Douglas 4-10	M50-54 Shirley Davison 19-2 1/2 Fred Gallardo 9-11 1/2
M75+ Sing Lum 33.59	M65-69 Ed Stotsenberg 2:42.0 William Lesseman 3:24.0	M60-64 Phil Carey 22:29.7	400-YARD LOW HURDLES		
W70 Bess James 43.7	M70+ Sid Madden 3:07.9	W30 Tina Hohl 22:36.5	M30-34 (36") Frank Reilly 1:00.7 John Paul Jones 1:02.3		
	W40 Jennifer Wright 19:13.9 Viola Phillips 21:24.0	W40 Jennifer Wright 19:13.9 Viola Phillips 21:24.0	M35-39 (36") Cornelius McCormick 59.0		
	W60 Alice Werbel 3:46.2	W60 Alice Werbel	M40-44 (36") Ed Oleata 58.7 Gary Miller 58.8		
	W70 Bess James 3:56.1		M45-49 (36") Ted Oviatt 1:15.3		
			M50-54 (33") Robert McGuire 1:24.9		
			M55-59 (33") Jack Noble 1:18.3 Loren Noyes 1:33.5		
			M65-69 (30") Herbert Miller 1:35.0		



M55-59 Tom Potsalis 20-0 1/2 (WR) Dave Brown 16-1 1/2 Raymond Spencer 15-7	SHOT PUT M30-34 Gary Kelmenson 51-7 1/2 Chet McGaugh 39-4 James Overton 38-1 1/2 M35-39 Dan Ghormley 38-8 M40-44 Ed Kohler 49-4 1/2 James Hart 44-9 3/4 Roy Stroessle 24-3/4 M45-49 Hal Smith 38-6 Dave Douglas 30-7 1/2 M50-54 Charles Renfro 45-3 1/2 Harry Hawke 41-3 3/4 Jerry Wojcik 28-11 1/2 M55-59 George Ker 44-10 1/2 Bill Bangert 43-5 1/2 Loren Noyes 30-1 3/4 M60-64 Elias Castaneda 44-6 Daniel Aldrich 43-4 1/2 Richard Parkinson 42-1/2 M65-69 Jack Thatcher 43-9 Ross Carter 39-4 1/2 Neil Buell 36-7 M70-74 Vernon Cheadle 39-1 Redmond Doms 36-9 Donald Pierotto 33-10 M75+ Stan Herrman 33-8 1/2 Mert Gambito 25-10 1/2 W40-49 Ursula Schreiber 24-3 1/2 W50-69 Shirley Kinsey 29-0 1/2 Magdalena Kuehne 24-4 1/2 W70+ Edith Mendyke 27-7 DISCUS M30-34 Frank Reilly 54.24 Chet McGaugh 36.50 Gary Kelmenson 32.44 M35-39 Lloyd Higgins 47.56 Manuel Sechuga 40.30 Cornelius McCormick 37.90 M40-44 Ed Kohler 51.82 James Hart 41.94 Ray Straessle 30.17 M45-49 Bob Humphreys 49.00 Edward Van Pelt 39.70 Dave Douglass 29.62 M50-54 Clark Develbiss 30.24 Jerry Wojcik 28.24	M55-59 George Ker 40.64 Loren Noyes 21.76 M60-64 Daniel Aldrich 50.44 Elias Castaneda 41.50 Richard Parkinson 35.88 M65-69 Jack Thatcher 40.72 Neil Buell 36.76 Ross Carter 35.60 M70+ Vernon Cheadle 39.90 Redmond Doms 36.02 Donald Pierotti 33.56 W40-49 Ursula Schreiber 21.13 W50-69 Shirley Kinsey 23.52 Magdalena Kuehne 13.20 W70+ Edith Mendyke 18.14 JAVELIN M30-34 Clyde Foreman 63.10 Warren Wilke 58.16 Chet McGaugh 51.08 M35-39 Cornelius McCormick 41.66 Jason Adams 33.56 Robert Smith 23.14 M40-44 Bill Toomey 53.38 M45-49 Phil Conley 59.54 Hal Smith 42.66 Ed Martin 30.94 M50-54 Jack Shields 46.26 Harry Hawke 37.64 Jerry Wojcik 35.16 M55-59 Edwin Chynoweth 45.78 Emson Grimm 16.10 M60-64 Pete Fetter 44.18 Jerry Siefert 38.48 Richard Parkinson 34.50 M65-69 Jack Thatcher 32.78 Art Vesco 23.58 W40-49 Ursula Schreiber 21.26 W50-69 Shirley Kinsey 23.08 W70+ Edith Mendyke 21.16 M70-74 Bob Mac Conaghy 31.90 Red Doms 27.90 M75-80 Mert Gambito 26.16 M80-84 Robert Boothe 20.12
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THIRD ANNUAL MASTERS SPORTS ASSOCIATION RELAY CARNAVAL, JULY 19, 1981. RANDALL'S ISLAND, NYC

40 yards 30-39 NEW YORK ATHLETIC CLUB 49.9 40-49 PHILADELPHIA MASTERS 45.7 NEW YORK MASTERS "A" 46.2 NEW YORK PIONEER CLUB 47.6 NEW YORK MASTERS "B" 64.8 50-59 NEW JERSEY-SHORE 58.0	60 yards 40-49 PHILADELPHIA MASTERS 1:35.2 NEW YORK MASTERS 1:35.8 NEW YORK PIONEERS 1:39.3 50-59 NEW YORK MASTERS 2:08.4 SHORE ATHLETIC CLUB 2:14.6	1 MILE 40-49 PHILADELPHIA MASTERS 3:43.7 NEW YORK PIONEERS 3:44.1 NEW YORK MASTERS 4:24.8 50-59 NEW YORK MASTERS 4:31.1 SHORE ATHLETIC CLUB 4:41.2	2 MILE 40-49 NEW YORK MASTERS 8:50.1 PHILADELPHIA MASTERS 11:24.1 50-59 NEW YORK MASTERS 10:31.6	4 MILE 40-49 NEW YORK MASTERS 21:28.3 PHILADELPHIA MASTERS 23:56.4 50-59 NEW YORK MASTERS 22:00.9	SPRINT MEDLEY 440-220-220-880 40-49 NEW YORK PIONEERS 3:55.6 PHILADELPHIA 4:19.2	DISTANCE MEDLEY 1320-440-880-mile 40-49 NEW YORK MASTERS "A" 12:22.3 NEW YORK MASTERS "B" 12:59.3 50-59 NEW YORK MASTERS 13:39.6	TEAM SCORES: 5-4-3-2-1 NEW YORK MASTERS 30, PHILADELPHIA MASTERS 27, SHORE ATHLETIC CLUB 19, NEW YORK A.C. 49 75 NEW YORK PIONEERS 15, GARDEN STATE TRACK CLUB 36
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THIRD ANNUAL MASTERS SPORTS ASSOCIATION RELAY CARNAVAL, 1981 FIELD EVENTS

DISCUS 30-39 NEW YORK ATHLETIC CLUB 485'10" GARDEN STATE 370'7" GARDEN STATE 361'7" NEW YORK ATHLETIC CLUB 352'9" 40-49 NEW YORK ATHLETIC CLUB 392'8" NEW YORK MASTERS 317'9" 50-59 NEW YORK MASTERS 395'11.5"	JAVELIN 30-39 GARDEN STATE 546'9" NEW YORK ATHLETIC CLUB 476'11" GARDEN STATE 466'11" 40-49 GARDEN STATE 118'10.5" GARDEN STATE 116'5" NEW YORK ATHLETIC CLUB 99'2.5" 50-59 NEW YORK MASTERS 113'10.5"	30lb. WEIGHT 30-39 GARDEN STATE 118'10.5" GARDEN STATE 116'5" NEW YORK ATHLETIC CLUB 99'2.5" 40-49 NEW YORK MASTERS 113'10.5"
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LONG JUMP 30-39 NEW YORK ATHLETIC CLUB 62'0" GARDEN STATE 51'8.5" 40-49 NEW YORK ATHLETIC CLUB 72'3.5" NEW YORK MASTERS 41'5" 50-59 SHORE ATHLETIC CLUB 26'2"	HIGH JUMP 30-39 NEW YORK ATHLETIC CLUB 10'10" GARDEN STATE 10'7" 40-49 NEW YORK ATHLETIC CLUB 10'11" 50-59 NEW YORK MASTERS 8'0"	TRIPLE JUMP 30-39 NEW YORK ATHLETIC CLUB 148'3 1/2" GARDEN STATE 145'6"
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2ND ANNUAL FLORIDA SUNSHINE STATE GAMES JULY 24-25, 1981.

100 M40+ Kim Parrish 12.30 Stephanie Dorman 13.72 Cynthia Boling 14.21 M40+ Ed Schuler 12.40 Frank Ford 12.71 Jim Baggett 13.45	1500 M40+ Tom Richards 4:51.1 Bill Gordon 4:53.8 Earl Downey 5:24.2	HIGH JUMP M40+ John Russe11 5-2 Bob Reeder 5-0 William Nottingham 5-0
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602 in Nationals
continued from page 21
with a swift 14.13 triumph and Lancaster easily won the M50 in 11.65.
● Meet director Springbett, causing many to wonder how he can run a meet and race at the same time, remained undefeated for the year in the M45 100, edging Newton and Matt Brown of Edison, N.J. in 11.61.
● Butler ran away from Doug Smith, Ben Anixter and Jim Puckett in the M40 100 in 11.13.
● Ruben Whitney of San Antonio defended his M35 national crown in the fastest clocking of the day, 10.77.
● Mike Jackson of Los Angeles also retained his national title in 10.88.

FIELD EVENTS
● Ed Burke, 41, threw the hammer 197'11". Steve Schwartz, 33, vaulted 14'6", topping 1980 masters decathlon champ, Mike Davis of New Lenox, Ill.
● Dave Thoreson, 40, of Santa Barbara, the new American masters decathlon record-holder,

vaulted 13-6 on his last jump-off with Jeff Chase. Thoreson and Al Henry both long-jumped 21' 3/4".
● Phil Raschker impressed with a near 19-footer to win one of her 6 gold medals in the W30 long jump.
● Tom Patsalis was within 7 inches of his world long-jump mark with a 19'5 1/4" effort.

SUNDAY 5000
● Jim O'Neil, 56, retained his M55 title while getting an assist for helping Fox to her new world women's veterans record. Sapienza won his 2nd gold in the M50 division.
● In that same race, Dixon and Caselli went toe-to-toe again, Dixon taking 22 seconds off her own world 5000 record for women over 60 in 22:26.4. Werbel took 3 minutes off the U.S. W65 mark in 27:12.2.
● In the 2nd race, for men 30-49, Bill Clark, 37, of Los Altos, romped to a 15:12.7 win, and Ray Hatton, 49, of Bend, Oregon, came within

MOVING?

National Masters Newsletter is mailed third class bulk rate and is not forwardable. When you move please let us know at least 3 weeks in advance.

NORTHWEST SENIOR CLASSIC
MR. HOOD COMMUNITY COLLEGE
GRESHAM, OREGON
JULY 24, 1981.

55-59	110M Hurdles 1-Richard Norquist 2-Roy Wigginton 3-Al Johnson 1-James Holmes	17.94 19.10 19.43 19.63	35-39	1-Paul Dungan 2-Don Martin 3-Evan Shull 4-Tim Williams 5-David Alvord	53.02 54.73 55.59 57.64 58.01	45-49	1-Ray Hatton 2-Ralph Miller 3-Ralph Chase	4:16.73 4:37.3 4:53.3	30-34(M)	T-Sherry Morgan 2-Charlene Fort	54.11 51.11	30-34(M)	T-Sherry Morgan 2-Charlene Fort	54.11 51.11	5000M 1-Mary Smith 2-Dorrie Hatfield	19:05.7 20:02.4
50-54	1-Lew Thorne 1-Bill Adler 2-Donald Gray 3-Kirk Nieland	16.94 19.34 20.31 21.99	50-54	1-Carl Klehm 2-Gary Huhn 3-Marilyn Gray T-MITTIM White	36 108.8 109.4	50-54	1-Hal Higdon 2-Robert Stoyles 3-Walter Achison 4-Ed Kraemer	4:56.20 5:06.58 5:08.3 5:18.9	35-39	1-Judy Cupp	50.11	35-39(M)	1-Patricia Finke	21:38.0		
40-44	1-Roy Wigginton 2-Jerry Smart 2-Judy Cupp	19.10 21.11 19.44	30-34	1-Randel Montgomery 2-Jim Hiebert 3-Gary Fisher 4-Don Noidge HAMMER T-MITTIM White	51.70 53.45 57.20 58.64 36	55-59	1-George Puterbaugh 2-Mike Manton 3-John Wilson	5:13.04 5:41.1 6:06.64	35-39	1-Robert Gent 2-Donald Martin	126.11 86.42	50-54(M)	1-Marcia McChesney 2-Harriet Wilson	22:53.6 24:35.9		
45-49(M)	1-Connie Wilson	27.7	45-49(M)	1-Connie Wilson 2-Diana Hazen 3-Marilyn Gray	76.2 61.1 48.5	60-64	1-Joe Mallon 2-Khosrow Shabeh 3-Jim Stephenson	5:31.9 NT NT	40-44	1-Gary Reddaway 2-George Fort 3-Gary Isham 4-Wayne Sandvoild	156.11 154.1 104.4	55-59(M)	1-Jean Claeter (Wk) 2-John Wilson	20:49.3 22:48.6		
65-69	1-Ross Carter 2-Paul Fanning 3-Leon Joslin	39.5 33.6 32.4	70-74	1-Ken Carnine	116.83	50-54	1-Susan Means 2-Sylvia Hatton	6:04.1 6:26.6	50-54	1-Ralph Sutton 2-MITTIM White 3-James Holmes	161.2 102.7 98.5	55-59	1-Buz Masters 2-Robert Stoyles	18:23.1 18:39.3		
60-64	1-Mark Henderson 2-Jack Hazen	40.10 32.7 3/4	30-34(M)	1-Jerry Smart 2-Judy Cupp	61.1 3/4 51.6	50-54	1-Marcia McChesney 2-Gloria Lattig 3-Harriet Wilson	5:51.8 6:05.5 6:22.5	60-64	1-Jack Hazen 2-Bill Sullivan	114.10 99.8	40-44	1-Roy Wigginton	108.4		
30-34(M)	T-Sherry Morgan 2-Donna Hatfield	15.24 18.86	60-64	1-Jack Hazen 2-Mark Henderson 3-Orrville Gillett	121.10 109.5 104.7	55-59	1-Jean Claeter	5:43.4	65-69	1-Charles Collins 2-Paul Fanning 3-Leon Joslin	81.3 74.6 73.9	65-69	1-Charles Collins 2-Paul Fanning 3-Leon Joslin	81.3 74.6 73.9		
40-44	1-Virginia Bradbury 1-Diana Hazen 1-Marilyn Saltsbury	16.11 18.14 28.86	55-59	1-Richard Nordquist 2-Roy Wigginton 3-Hal Buck 4-Jim Holland 5-Harvey Williams	98.3 94.10 88 83.7 78.6	70-74	1-Marilyn Saltsbury *Estimated Time HIGH JUMP T-DON STITT	10:50.9 4.4	70-74(M)	1-Marilyn Saltsbury 2-Mary Smith 3-Donna Hatfield	114.24 31.86 38.67	30-34(M)	T-Sherry Morgan 2-Mary Smith 3-Donna Hatfield	31.21 31.86 38.67		
75+	1-Lewis Thorne 1-Ken Carnine 2-Robert Koetz	18.85 15.24 20.92	50-54	1-Sherrell Sears 2-MITTIM White	110.2 58.8	55-59	1-Hal Buck 2-Dave Brown 3-Richard Nordquist 4-Albert Johnson	4.9 4.6 4.2 4.2	45-49(M)	1-Diana Hazen	38.62	30-34	1-Mary Wigginton	39.73		
60-64	1-Carl Dates 2-Jim Stephenson	14.14 18.86	45-49	1-Dave Gould 2-Donald Gray	108.1 87.11 3/4	55-59	1-Larry Schwitters 2-Ron Toombs 3-Bill Gentry 3-James Holmes 5-Fred Gallardo	5.1 5.2 5.2 4.8 4.4	50-54	1-Bob Koetz	26.52	55-59(M)	1-Jean Claeter 2-Susan Means	2:59.26		
55-59	1-Bob Cooper 2-Roy Wigginton 3-Jerry Pritchard 4-Cal Boyd 5-Albert Johnson 6-Fremont Sturm	12.79 13.31 13.40 13.53 13.80 13.90	40-44	1-Rob Roy 2-Doug Smart 3-Jerry Huhn 4-Carl Klehm 5-San Fort 6-Larry Moulton	129.7 127.4 118.11 111.6-3/4 101.6 95.9	50-54	1-Jack Fischer 2-Shirley Davission 2-Ron Toombs 3-Larry Moulton 4-Jerry Huhn	5.1 5.2 5.2 5.2 5.2	45-49	1-Bruce Springbett 2-Joe Hoffman 3-Bob Bannister 4-Harold Hitt 5-Ar Fremow 6-Robert Eisenhauer	24.14 24.41 26.27 26.27 27.74 27.74	60-64	1-Khosrow Shabeh	2:57.72		
40-44	1-Ron Toombs 2-Paul Edens 3-Larry Schwitters 4-Jack Jensen 5-Wayne Sandvoild 6-Neldon Watson	11.81 12.04 12.30 12.42 12.75 13.23	55-59	1-Dave Brown 2-Hal Buck 3-Harvey Buck	16.1 12.5-3/4 10.2	70-74	1-Marilyn Saltsbury TOK RACE WALK	45:14.36	40-44	1-Ron Toombs 2-Jack Jensen 3-Tom Brinton 3-Bill Gentry 4-Alan Maxwell 5-Stevie Jackson	24.21 25.40 26.52 27.23 27.50 27.74	40-44	1-George Tiger 2-Reed Miller 3-Bill Hughes 4-Jim Cullen 5-Norm Eourrie	2:06.09 2:11.07 2:14.42 2:15.21 2:16.41		
35-39	1-Paul Dungan 2-Mike Marbut 3-Don Martin 4-Emi Torquato 5-David Alvord 6-Buck Gent	11.31 11.42 12.06 12.44 12.89 12.	45-49	1-Richard Hartley 2-Donald Gray 3-Robert Eisenhauer	17 14.2 13.2	45-49	1-Bruce Springbett 2-Joe Hoffman 3-Bob Bannister 4-Ar Fremow	24.14 24.41 26.27 27.21	50-54	1-Tom Brinton	2:22.23	45-49	1-Ralph Miller	2:09.68		
30-34	1-Randel Montgomery 2-Dan Wiggart 3-Ernie Smith 400M T-PAT Dixon	11.08 11.18 11.48	40-44	1-Wayne Sandvoild 2-Neldon Watson 3-Larry Moulton 4-Gary Isham	18.4 16.6-3/4 16.1 15.7	30-34	1-Randel Montgomery 2-Dan Wiggart 3-Ernie Smith 4-Michael McGee POLE VAULT T-Orrville Gillett	22.21 22.71 23.13 25.35	50-54	1-Dave Brown	10.0	60-64	1-Pat Dixon (Wk)	22:48.6		
70-74(M)	1-Marilyn Saltsbury	2:35.15	35-39	1-Roger Sandvoild 2-Buck Gent	19.9 15.8-3/4	50-54	1-Shirley Davission 2-Bill Gentry 3-Fred Gallardo	38.6-3/4 31.2 26.7	55-59	1-Dave Brown	10.0	60-64	1-Pat Dixon	22:48.6		
70-74	1-Ken Carnine	1:17.95	30-34	1-Randel Montgomery 1500M T-TIM Hiebert	21.9 4:07.75	55-59	1-Dave Brown HAMMER T-Carl Klehm	33.10 108.8	50-54	1-James Holmes 2-Bill Gentry 3-Fred Gallardo	11.0 8.8 7.8	60-64	1-John Wilson	22:24.1		
60-64	1-Mark Henderson 2-Jack Hazen	1:13.06	40-44	2-Barry Jahn 3-Bill Niemi 4-Doug Sturm 5-Gary Traiguetro	4:16.8 4:22.4 4:22.7 4:23.2	45-49	1-Jack Hazen	56.6	40-44	1-Gary Isham 2-Wayne Sandvoild	9.8 9.4	55-59	1-John Wilson	22:24.1		
55-59	1-George Puterbaugh 2-Roy Wigginton 3-Cal Boyd 4-Mike Mallon	1:01.16 1:03.12 1:07.00 1:11.56	35-39	1-Ken Konon 2-Evan Shull 3-Linn Harmon 4-Jim Hampton 5-Jim Noonan 6-Warren Fiske 7-Al Mosar	4:08.08 4:11.8 4:15.69 4:16.48 4:22.0 4:27.3 4:36.4	50-54	1-Charles Collins HIGH JUMP T-EPHRIE MORGAN T-EPHRIE MORGAN T-EPHRIE MORGAN	91.8 31.8 3.0	30-34	1-Phil Williams 2-Buck Evans 3-Tim Stills 4-Jim Healy	11.8 11.0 11.0 10.0	440Y	Gary Lytes Mike Williams Ted Oviatt	56.1 57.9 59.9		
50-54	1-Robert Morris 2-Alan Maxwell 3-Ed Kraemer	1:00.76 1:05.39 1:12.71	40-44	1-George Tiger 2-Reed Miller 3-Don Bannister 4-Vai Shultz 5-Cal Alsleben 6-Ed Kosky 7-Rob Roy	4:17.85 4:19.15 4:19.16 4:34.9 4:35.17 4:44.2 5:41.9	30-34(M)	1-Tim Williams	1:10.62	30-34	1-Mite DeClure	1:04.55	Mite	Robert Montelongo	4:48.5		
45-49	1-Bruce Springbett 2-Joe Hoffman 3-Bob Bannister 4-Harold Hitt 5-Mm. Cupp	54.47 55.05 57.21 58.74 1:05.47	40-44	1-George Tiger 2-Reed Miller 3-Don Bannister 4-Vai Shultz 5-Cal Alsleben 6-Ed Kosky 7-Rob Roy	4:17.85 4:19.15 4:19.16 4:34.9 4:35.17 4:44.2 5:41.9	35-39	1-Tim Williams	1:10.62	30-34(M)	1-Mary Smith 2-Dorrie Hatfield	19:05.7 20:02.4	400 HURDLES	Al Barrett Ted Oviatt	5:04.3		
40-44	1-Ron Toombs 2-Jim Puckett 3-R.G. Anderson 4-Bill Hughes 5-Jim Cullen 6-Mario Luengo	53.02 54.73 55.59 57.64 58.01 1:03.23	55-59	1-Roy Wigginton	1:14.90	40-44	1-Jim Cullen	1:23.31	30-34	1-Mite DeClure	1:04.55	HJ	Ron Wicks Bill Evans Kirby Poquette	5.6 5 4.10		



LOS ANGELES UNIFIED SCHOOL DISTRICT (YOUTH SERVICES SECTION) SUMMER 1981 ALL-COMERS TRACK AND FIELD MEET FINALS. VAN NUYS, CA. AUGUST 7, 1981.

MASTERS 40+

100Y Ken Dennis
Gary Lytes
Mike Williams

220Y Ken Dennis
Gary Lytes
Skip Loera

440Y Gary Lytes
Mike Williams
Ted Oviatt

Mite Robert Montelongo

AL Barrett
Ted Oviatt

Ron Wicks
Bill Evans
Kirby Poquette

Skip Loera
Don Grimes
Ron Wicks

PENN MUTUAL/TAC MIDWEST
REGIONAL MASTERS TRACK
& FIELD CHAMPIONSHIPS.
MILLIKAN UNIVERSITY.
DECATUR, ILLINOIS.
AUGUST 11, 1981.

100
M30-34
Bobby James 11.1
Chas Stallworth 11.4
Clifton Jackson 11.5
Robell McMiller 12.2

M35-39
Wayne Anderson 11.6
Steve Rossman 12.1
Dan LaVelle 12.5
John Hess 14.0
Bob Mazak 17.3

M40-44
Harry Tolliver 11.9
Charles Dudley 12.4
Malachi McGruder 12.5
Adolph Bangert 12.7
Dave Sheritz 13.0
Glaze 13.1
Schwab 13.8
Perkins 13.3
Anderson 13.9

M45-49
Jim Lipsky 12.8
Don Hopkins 13.2
Brooks Carver 14.0
Don Zimmerman 13.2

M50-54
Alex Pappas 12.7
Chas Edmonds 13.0
Jim Hoffman 14.5
Kurt Fugel 15.0

M55-59
Chas Olson 14.0

M60-64
Dave Lawyer 13.8

M75-79
A. E. Pitcher 17.6

W40-44
Joanne Grissom 15.2

W45-49
Betty Pappas 15.1

W65-69
Sheila Evans 17.8

200
M30-34
Ron Murphy 23.3
Bobby James 23.6
Charles Stallworth 23.8
Cliff Jackson 24.6
Paul Skubic 25.0
Rance Teeple 25.1
Bobby James 25.2
Mike Davis 25.3
Ezra Abdullah 25.7
Mike Grimes 26.0
L. Rideaux 26.0
Rich Steder 26.7

M35-39
Gordon Reiter 24.3
Tom Allen 24.8
Steve Rossmann 25.2
Dan LaBelle 25.4
Fred Connell 26.8
Jim Schoolenberg 26.9
Jim Benston 28.9
Dave Wright 30.5

M40-44
Harry Tolliver 23.9
Charles Dudley 25.3
Malachi McGruder 25.3
John Ewing 25.4
Dave Sheritz 26.2
Terry Pliner 26.5
Helmut Schwabe 27.1
George LaBelle 27.2
Terry Simons 28.8

M45-49
Jim Lipsky 26.0
Don Hopkins 27.2
Don Zimmerman 27.5
Brooks Carver 28.2

M50-54
Alex Pappas 26.8
Charles Edwards 27.2
Larry Steinrauf 29.4
Charles Cox 30.7

M55-59
Chuck Olson 28.9

M60-64
Dave Lawyer 28.0
Charley Northrup 29.0

M75-79
A. E. Pitcher 39.2

W45-49
Betty Pappas 33.4

W55-59
Phyllis Schwandt 38.4

400
M30-34
J Feldhausin 54.8
E Abdullah 56.2
Mike Grimes 58.5
R Stedler 59.4

M35-39
S Mathes 56.1
J Benston 66.0
R Maszak 79.1

M40-44
Harry Tolliver 52.4
Adolph Bangert 59.2
A Monts 68.0

M50-54
Alex Pappas 60.4
C Edmonds 60.6
C Downs 64.8

M55-59
Lou Schneider 61.9
R. Busters 65.6
R Loughlin 66.0
R Buck 72.5

M60-64
H Straussberg 80.0

W40-44
M Reese 78.4

W55-59
Phyllis Schwandt 83.0AR

800
M30-34
Jerry Feldhausen 2:01.8
Barney Hance 2:02.6

M35-39
Gary Carr 1:56.7
Stan Mathes 2:03.0
Jim Schoolenberg 2:13.7
Fred Connell 2:38.4
Robert Maszak NT

M40-44
Ernie Billups 1:59.2
Adolph Bankert 2:11.9
Allen Monts 2:18.6

M45-49
Norm Jensen 2:20.0
Terry Jayroe 2:43.2

M50-54
Charles Downs 2:30.4
Rich Czarapata 2:33.4

M55-59
Lou Schneider 2:20.6
Bill Buster 2:31.5
Bob Coughlin 2:32.5

M70-74
BITT Andberg 2:43.0

W45-49
Mary Czarapata 2:32.3

W55-59
Phyllis Schwandt 3:16.8AR

1500
M30-34
Ed Granchalek 4:10.2
Steve Currins 4:17.6
Barney Hance 4:19.3
Teeple 4:56
Skubic 5:11
Davis 5:30

M35-39
Gary Carr 4:09.8
Jim Taylor 4:30
Gordon Rieter 4:34
Jim Benston 5:01
Dan LaBelle 5:22.9
Dave Wright 5:35.1
Bob Maszak 5:44
Pat Walsh 5:46

M40-44
Ernie Billups 4:15.5
Alan Monts 4:55.1
Jerry Bally 5:20
Richard Rathert 6:17

M45-49
Glen Cook 5:22

M50-54
Charles Downs 5:17
Billy Sedam 5:19.1
Steinrauf 5:31
Harry Young 5:34
Coy 6:30
Dan Shea 6:58

M55-59
Richard Green 4:55.2
Bill Buster 5:32.2
Roy Buck 5:34

M60-64
Howard Strassenburg 6:00

W40-44
Martha Reese 6:03.7

W45-49
Mary Czarapata 5:32.5

5000
M30-34
Hace 16:33
Lurrins 16:40
Beck 18:18

M35-39
Benston, Jim 19:48
Bob Maszak 22:22

M40-44
Cobb 17:39
Avery 19:38
Bailey 20:30

M50-54
Billy Sedam 20:41
Dan Shea 25:12

M55-59
Larry Rush 21:13
Roy Buck 21:18

W30-34
Debbie Irwin 20:53

W40-44
Martha Reese 21:06

10000
M30-34
Barney Hance 33:01
Jim Neviackas 36:03
Terry Mason 39:46
Don Davis 48:56

M35-39
Joe O'Shea 34:07
Rick Lutovsky 38:16
Robert Maszak 41:24
Ray Almada 44:24
John Duncan 46:35

M40-44
Dick Rathert 50:24
Ruben Dobson 57:18

M45-49
Terry Jagroe 40:08
Glen Cook 40:15
Wendy Miller 41:20
Don Pratt 43:56

M55-59
Larry Rush 42:58
Bob Schwandt 44:45

W50-54
Anna Rush 50:41

400 HURDLES
M30-34
Jerry Feldhausen 67.5

M40-44
Terry Pliner 65.7
Edwin Adams 86.6

M50-54
Richard Czarapata 81.6

3000 STEEPLECHASE
M35-39
Jim Benston 11:19.9
Rick Lutovsky 12:09.3

M45-49
Terry Jayroe 12:12.7

3000 WALK
M35-39
Robert Maszak 19:22

W50-54
Anna Rush 19:17.9

HIGH JUMP
M30-34
Mike Davis 5-10
Clifton Jackson 5-4

M35-39
Dan LaBelle 5-6
Jim Pearce 4-8
Jim Benston 4-6

M40-44
Kurt Schumacher 4-10
Mike Valle 4-8
Greg LaBelle 4-5
R J Heitz 4-1

M45-49
Dick Richardson 6-0
Tom Langenfeld 5-8
Floyd Smith 5-4
Werner Malls 4-6

M55-59
Chuck Olson 4-6
Leon Potter 4-5

M75-79
A. E. Pitcher 3-8½

W65-69
Sheila Evans 3-5½

POLE VAULT
M30-34
Mike Davis 13-6
John Blakney 9-0

M35-39
Jim Benston 8-0

M40-44
Harold Glaze 9-0
R J Heitz 7-0

M45-49
Don Zimmerman 9-6
Dick Dechert 7-6

M70-74
W Sherman Burho 8-6

M35-39
Gordon Reiter 19-6½
Dan LaBelle 16-½
Jim Schoolenberg 14-10½
Jim Benston 14-8½
Dave Wright 12-9½

M40-44
John Ewing 18-2
Adolph Bangert 17-8½
George LaBelle 14-4
Malachi McGruder 14-2
Terry Simons 13-½

M45-49
Werner Maus 16-9
Don Zimmerman 14-8½

M50-54
Greg Bell 20-0
Larry Steinrauf 15-8
Charles Cox 15-3½

M55-59
Leon Potter 15-5
Chuck Olson 12-9½

M65-69
Dave Shrader 6-0

M75-79
A. E. Pitcher 9-10½

W40-44
Joanne Grissom 14-2½

TRIPLE JUMP
M30-34
John Blakeney 31-1½

M40-44
John Ewing 39-0
George LaBelle 28-7½

M45-49
Floyd Smith 27-6

M50-54
Charlie Cox 29-8½
Larry Steinrauf 28-1

M55-59
Leon Potter 29-9½
Chuck Olson 29-4½

M65-69
Dave Shrader 11-7

M70-74
D Burho 18-0

M75-79
A. E. Pitcher 20-0

W40-44
Joanne Grissom 26-8

SHOT PUT
M30-34
Jim Kirkpatrick 44-1

M35-39
Dan LaBelle 38-5½
Jim Pearce 32-0½
Doug LaBelle 31-8
John Hess 30-7½
Steve Rossmann 23-7

M40-44
Carl Klehm 39-4
Mike Valle 37-4½
Kurt Schumacher 37-4
George LaBelle 31-11
Helmut Schwabe 28-4

M45-49
Tom Tucker 37-2½
Mann 34-3½
Maus 30-7
Smith 29-3½

M50-54
Jack Scott 40-2
Brendenbeck 39-3
Dan Shea 26-6

M55-59
Chuck Olson 28-½

M65-69
Dave Shrader 35-1
Lesner 29-6½

M70-74
Phil Partridge 33-8

M75-79
A. E. Pitcher 26-5½

W40-44
Joanne Grissom 35-0½

M30-34
Jim Kirkpatrick 41.40
Teeple 37.75
Davis 34.09
Stedor 25.44
Skubic 22.15

M35-39
Dan LaBelle 32.36
Hess 29.31
Pearce 28.85
Doug LaBelle 27.81
Reiter 25.36
Rossman 22.70
Benston 19.25
Wright 18.46

M40-44
Chuck Klehm 35.30
Simon 33.89
Valle 33.85
Malachi McGruder 32.60
Ewing 28.81
G. LaBelle 25.54
Rathort 25.73

M45-49
Tom Tucker 33.26
Mann 29.79
Zimmerman 27.49
Smith 26.39

M50-54
Jack Scott 35.96
Bredenbeck 32.93
Steinrauf 30.50
Cox 29.84

M55-59
Chuck Olson 30.90

M65-69
Dave Shrader 35.01
Lesner 26.32

M70-74
Phil Partridge 35.60
Sherman Burho 28.02

M75-79
A. E. Pitcher 16.20

W40-44
Joanne Grissom 25.88

JAVELIN
M30-34
Kirkpatrick 46.22
Teeple 45.54
Mike Davis 43.07
Skubic 35.57

M35-39
Dan LaBelle 39.80
Reiter 38.48
Hess 38.40
Pearce 32.67
Benston 31.00
Doug LaBelle 30.17

M40-44
Malachi McGruder 51.20
Schumacher 45.67
Ewing 36.09
Simmons 33.89
George LaBelle 33.31
Carl Klehm 30.21

M45-49
Zimmerman 45.25
Mann 27.87

M50-54
Jack Scott 36.38
Steinrauf 34.95
Cox 33.58
Bredenbeck 28.87

M55-59
Chuck Olson 29.04

M65-69
Lesner 27.89
Shrader 17.79

M70-74
Phil Partridge 30.25

M75-79
Pitcher 3.74

PENTATHLON
M30-34
Rance Teeple 3294
Mike Davis 2846
Paul Skubic 2467

M35-39
Gordon Reiter 3001
D LaBelle 2469
Jim Benston 1335
Dave Wright 777

M40-44
Malachi McGruder 2412
Ewing 2340
Simmons 1633
LaBelle 1284

M45-49
Zimmerman, Don 1615

PREDICTION MILE	Pred.	Actual	Diff
1 Jack Bellmer	6:10	6:09.0	1.0
2 Carl Hoey	8:22	8:23.4	1.4
3 John Krigbaum	9:00	8:58.2	1.8
4 Rex Beck	5:20	5:23.9	3.9
5 Ellen Currins	6:05	6:11.9	6.9
6 H Rathart	8:23	8:30.0	7.0
7 R Rathart	8:24	8:31.1	7.1
8 Dan Shea	8:46	7:41.4	64.6

**5TH ANNUAL HOME SAVINGS
PAN-AMERICAN MASTERS
TRACK & FIELD CHAMPION-
SHIPS. UNIVERSITY OF
SOUTHERN CALIFORNIA.
LOS ANGELES, CALIF.
AUGUST 8-9, 1981.**

100m

Men 30-34

Mike Jackson 11:21
Dan Thiel 11:31
Jesse Whitmire 11:38

Men 35-39

Clarence Ray 10:89
Rueben Whitney 11:15
James Vicks 11:43

Men 40-44

Walt Butler 11:36
Doug Smith 11:8:1
Ken Dennis 11:8:2

Men 45-49

Bruce Springbelt 11:9:9
Nick Newton 12:02:0
Matt Brown 12:05:0

Men 50-54

Edmund Schuler 12:3:3
Harold Green 12:4:4
Oswald Dawkins 12:4:6

Men 55-59

Tom Patsalis
Raymond Spencer
Haydn Parks

Men 60-64

John Alexander 13:39
Peter Fetter 13:9:4
Clarence Killion 14:15:5

Men 65-69

Herbert Miller 14:6:0
James Carson 17:9:0

Men 70-74

Anthony Castro 14:5
Joe Caruso 13:3

Men 80+

Buell Crane 18:8

Women 30-35

Phil Raschker 12:69

Women 40-44

Almeta Parish 14:63
Jeanne Carter 14:7

Women 45-49

Irena Obera 13:61
Christel Miller 14:61
Joan Tyksinski 17:7

Women 50-54

Shirley Kinsey 16:27
Shirley Dietderich 17:56
Magdalena Kuehne 18:41



<u>Women 55-59</u>	<u>400m</u>	<u>Men 55-59</u>	<u>Women 35-39</u>	<u>Men 50-54</u>
Diana Smith 19:84	<u>Men 30-34</u>	Bill Fitzgerald 2:17:5	Reiko Duba 5:41:2	Luis Torres 38:15:7
<u>Women 60-64</u>	Eugene Driver 49:6	Louis Schneider 2:19:3	Sherril Tracy 6:59:9	Patrick Devine 38:52:6
Josephine Kolda 14:40	Dan Thiel 49:9:8	Avery Bryant 2:21:7		Don Lucero 40:06:0
Marjorie Hunt 21:24	Ken Stuart 50:3:7	<u>Men 60-64</u>	<u>Women 45-49</u>	<u>Men 55-59</u>
<u>Women 70-74</u>	<u>Men 35-39</u>	Jack Rice 2:20:9	Martha Klopfer (AR) 5:05:2	Robert Page 40:53:2
Bess James 20:01	Hilliard Sumner 50:1:3	George Poloynis 2:40:2	Mary Czarapata 5:08:7	<u>Men 60-64</u>
Felicitas Salazar 28:26	James Vicks 50:7:2	Robert Long 3:15:2	Jennifer Wright 5:11:8	Harold Daughters 40:15:1
Marilla Salisbury 29:75	Frank Little 53:0	<u>Men 65-69</u>	<u>Women 50-54</u>	<u>Men 65-69</u>
<u>Women 80+</u>	<u>Men 40-44</u>	Donald Longnecker 2:29:9	Adele Milicevic 6:35:7	Robert Boal 49:16:0
Marion Higgins 37:2	James Burnett 50:2	Ed Stotsenberg 2:39:0	Marilyn Waste 6:44:6	John Montoya 49:40:0
<u>200m</u>	Ralph Lee 51:6:5	Philip Carey 3:03:8	<u>Women 55-59</u>	<u>Men 70-74</u>
<u>Men 30-34</u>	Harry Tolliver 53:0:4	<u>Men 70-74</u>	Helen Dick 6:01:3	Lucian Salazar 62:38
Mike Jackson 22:32	<u>Men 45-49</u>	Sid Madden 2:52:0	<u>Women 70-74</u>	<u>Women 40-44</u>
Glenn Johnson 22:67	Nick Newton 53:4:8	Lucian Salazar 4:28:3	Bess James 8:21:6	Joyce Momita 49:20
Jesse Whitmire 22:76	Haig Bohigian 53:8:5	<u>Men 75-79</u>	Felicitas Salazar 9:26:1	<u>Women 50-54</u>
<u>Men 35-39</u>	Cliff Pauling 53:9:6	Harold Chapson 2:52:0	Marilla Salisbury 11:55:1	Adele Milicevic 49:20
Ruben Whitney 22:27	<u>Men 50-54</u>	<u>Men 80+</u>	<u>5000m</u>	<u>Women 55-59</u>
Hilliard Sumner 22:36	Oswald Dawkins 56:6:6	Paul Spangler 4:22:9	<u>Men 30-34</u>	Helen Dick 43:34:6
Clarence Ray 22:86	Kelsey Brown 58:1:0	<u>Women 35-39</u>	Greg Owings 15:27:6	<u>Women 70-74</u>
<u>Men 40-44</u>	David Mack 58:3:7	Miki Hervey 2:33:5	Carlos Goday 15:52:3	Bess James 1:06:3
Jim Burnett 22:59	<u>Men 55-59</u>	Reiko Duba 2:36:2	Bruce Horiguchi 17:49:4	Felicitas Salazar 1:19:27
Walt Bulter 23:05	Bill Fitzgerald 58:5:8	<u>Women 45-49</u>	<u>Men 35-39</u>	<u>5000m Walk</u>
Dave Segal 23:35	Raymond Spencer 63:3	Jennifer Wright 2:35:3	Jim Howell 16:37:0	<u>Men 40-44</u>
<u>Men 45-49</u>	Haydn Parks 63:5	Mary Czarapata 2:39:3	Otilio Corona 17:08:9	Ron Daniel 23:54
Nick Newton 23:88	<u>Men 60-64</u>	<u>Women 50-54</u>	Heriberto Silva 17:09:7	James Moberly 25:56
Matt Brown 23:90	John Alexander 59:06	Marilyn Waste 3:19:2	<u>Men 40-44</u>	<u>Men 50-54</u>
Bruce Springbett 23:98	Clarence Killion 67:04	Adele Milicevic 3:05:3	Low Faxon 15:55:9	John Kelly 24:58
<u>Men 50-54</u>	George Poloynis 67:67	Marilyn Waste 3:19:2	Gabriel Bernal 16:19:5	John MacLachlan 28:51
Oswald Dawkins 25:62	<u>Men 65-69</u>	<u>Women 60-64</u>	James Murphy 16:41:5	Milton Creange 30:54
Harold Green 25:78	Donald Longnecker 69:0	Dorcas Hatlen N.T.	<u>Men 45-49</u>	<u>Men 55-59</u>
Edmund Schuler 26:04	Paul Ganahl 71:7	<u>Women 70-74</u>	Ralph Bowles 17:01:6	Harry Siitonen 30:08
<u>Men 55-59</u>	Robert Fredericks 93:0	Bess James 4:26:4	Robert Lopez 18:32:9	<u>Men 60-64</u>
Ray Spencer 27:87	<u>Men 70-74</u>	Felicitas Salazar 5:02:7	Louis Simms 19:30:0	Robert Long 32:14
Haydn Parks 28:44	Lucian Salazar 96:2	Marilla Salisbury 5:51:0	<u>Men 50-54</u>	Harold McWilliams 31:01
<u>Men 60-64</u>	<u>Women 30-34</u>	<u>1500m</u>	Luis Torres 17:14:5	<u>Men 70-74</u>
John Alexander 26:49	Phil Raschker 58:3:2	<u>Men 30-34</u>	Patrick Devine 17:48:6	Gordon Wallace 30:14
Peter Fetter 28:51	<u>Women 35-39</u>	Jim Waters 3:58:5	David Parker 18:28:5	Ches Unruh 33:51
Byron Walls 29:2	Frances Baxter 75:6	Rey Corona 4:06:9	<u>Men 55-59</u>	<u>Men 80+</u>
<u>Men 65-69</u>	<u>Women 40-44</u>	Carlos Goday 4:35:7	Jim O'Neil 17:00:5	Paul Spangler 34:54AR
Herbert Miller 30:41	Jeanne Carter 68:36	<u>Men 35-39</u>	Bruce Robinson 19:10:5	<u>Women 30-34</u>
<u>Men 70-74</u>	Almeta Parish 68:66	Rich Myers 4:02:1	<u>Men 65-69</u>	Bonnie Dillon 26:52
Anthony Castro 29:66	<u>Women 45-49</u>	Ken Kohon 4:18:7	John Montoya 26:01:10	<u>Women 35-39</u>
<u>Men 75-79</u>	Irene Obera 65:23	Arnold Barton 4:45:5	Philip Carey 26:55:00	Vicki Jones 24:56
Winfield McFadden 34:9	<u>Women 50-54</u>	<u>Men 40-44</u>	Raymond Heveau 24:21:3	Jolene Steigerwalt 27:50
Nat Pisciotta 42:7	Shirley Dietderich 86:77	Ernest Billups 4:05:1	Lucian Salazar 31:47:1	<u>Women 40-44</u>
<u>Men 80+</u>	Marilyn Waste 91:98	George Cohen 4:11:0	<u>Men 50-54</u>	Mary Blackmon 36:31
Buell Crane 43:7	<u>Women 70-74</u>	Chuck Downey 4:13:4	Adele Milicevic 21:16	<u>Women 45-49</u>
<u>Women 30-34</u>	Bess James 1:39:05	<u>Men 45-49</u>	Marilyn Waste 21:54:1	Jeannine Burk 32:44
Phil Raschkler 25:15	Felicitas Salazar 2:17:2	Louis Vink 4:13:3	<u>Women 70-74</u>	<u>Women 60-64</u>
<u>Women 40-44</u>	Marilla Salisbury 2:35:9	Robert Packard 4:13:6	Bess James 31:14:0	Rose Kash 36:04
Almeta Parish 29:50	<u>800m</u>	Clifford Pauling 4:28:3	<u>10,000m</u>	<u>Women 70-74</u>
Jeanne Carter 30:62	<u>Men 30-34</u>	<u>Men 50-54</u>	<u>Men 30-34</u>	Marilla Salisbury 40:21
<u>Women 45-49</u>	Ken Stuart 1:55:1	Kelsey Brown 4:35:8	Greg Owings 33:01:6	Elena Carola 43:00
Irene Obera 28:02	Jim Waters 1:56:4	Tom Sturak 4:42:3	Carlos Goday 33:41:8	<u>20K Walk</u>
Joan Tyksinski 36:7	Reynaldo Corona 2:02:5	Carlos Hernandez 4:44:2	Henry Lange 34:34:5	<u>Men 40-44</u>
<u>Women 50-54</u>	<u>Men 35-39</u>	<u>Men 55-59</u>	<u>Men 35-39</u>	Ron Daniel 1:45:53
Shirley Kinsey 32:9	John Perry 1:58:9	Avery Bryant 4:46:6	Bess James 31:14:0	James Moberly 1:58:41
Shirley Dietderich 36:2	Bob Browne 1:59:8	Louis Schneider 4:47:5	<u>10,000m</u>	<u>Men 50-54</u>
<u>Women 60-64</u>	Rich Myers 2:01:2	Robert Page 4:53:8	<u>Men 30-34</u>	John Kelly 2:01:13
Josephine Kolda 35:28	<u>Men 40-44</u>	<u>Men 60-64</u>	Greg Owings 33:01:6	John Friesen 2:37:14
<u>Women 70-74</u>	Ernest Billups 1:56:1	Jack Rice 5:02:4	Carlos Goday 33:41:8	<u>Men 55-59</u>
Bess James 40:88	George Cohen 1:57:1	George Poloynis 6:09:8	Henry Lange 34:34:5	Harry Siitonen 2:16:54
Felicitas Salazar 55:60	Harry Tolliver 2:01:1	Robert Long 6:28:3	<u>Men 45-49</u>	
Marilla Salisbury 65:6	<u>Men 45-49</u>	<u>Men 70-74</u>	Heriberto Silva 35:48:8	
<u>Women 80+</u>	Louis Vink 2:03:4	Ed Stotsenberg 5:31:9	Arnold Barton 37:17:7	
Marion Higgins 92:9	Clifford Pauling 2:03:5	<u>Men 75-79</u>	<u>Men 40-44</u>	
	Jesse Carrington 2:05:7	Harold Chapson 5:55:2	Gabriel Bernal 33:43:2	
	<u>Men 50-54</u>	Lucian Salazar 7:35:3	Arthur Mortell 38:25:0	
	Kelsey Brown 2:10:0	<u>Men 80+</u>	<u>Men 45-49</u>	
	Jerry Withers 2:15:3	Paul Spangler 7:27:2	Andre Tocco 34:00:8	
	Carlos Hernandez 2:16:9		Ralph Bowles 35:47:0	

Men 70-74		3000m Steeplechase (cont)		Hammer Throw		Men 45-49		Men 40-44	
Gordon Wallace	2:19:44	Men 40-44		Men 35-39		Nick Hewton	5' 10"	Alvin Henry	20' 4 1/2"
John Hanna	2:24:00	Kent Guthrie	10:57:4	Edward Hill	152' 4"	Men 50-54		Gary Miller	19' 8"
Ches Unruh	2:48:48	James Thomas	11:29:0	Men 40-44		Leonard Olson	4' 4"	Joe Iseri	18' 8 1/2"
<u>Women 30-34</u>		Men 45-49		Julian Nunez	137' 9"	Edmund Schuler	4' 4"	<u>Men 45-49</u>	
Bonnie Dillon	2:01:13	Andre Tocco	10:49:9	Carl Klehm	134' 2"	Patrick Devine	4' 2"	Dave Jackson	19' 8 1/2"
<u>Women 35-39</u>		P. Alexander	12:28:0	James Hart	118' 11"	Robert Perry	4' 0"	William Clark	18' 6 1/2"
Jolene Steigerwalt	2:06:34	Men 50-54		Men 45-49		<u>Men 55-59</u>		Roger Tsuda	17' 3 1/2"
<u>Women 60-64</u>		Luis Torres	11:46:0	Gilberto Garcia	127' 10"	Spotswood Hall	5' 2"	<u>Men 50-54</u>	
Rose Kach	(AR) 2:37:22	Patrick Devine	12:30:0	Jose Frawndorfer	125' 8"	Dave Brown	4' 4"	Novica Milicevic	19' 2 1/2"
<u>110m Hurdles</u>		Richard Czarapata	12:26:0	Hal Smith	116' 0"	Rusty Tracy	4' 2"	Edmund Schuler	16' 8 3/4"
<u>Men 30-34</u>		Men 55-59		Men 50-54		<u>Men 60-64</u>		Fred Gallardo	14' 9"
John Jones	15:3 II	Jack Noble	12:07:0	Leonard Olson	143' 0"	Burl Gist	5' 2"	<u>Men 55-59</u>	
Al Lipscomb	15:6 II	Men 60-64		Jack Scott	114' 3"	Orval Gillett	4' 8"	Tom Patsalis	19' 9 1/2"
<u>Men 35-39</u>		Robert Long	15:54:0	Men 55-59		Gordon Nordgren	4' 4"	Ray Spencer	16' 11 1/2"
Theo Viltz	15:0:7	Men 65-69		Emson Grimm	55' 7"	<u>Men 65-69</u>		Dave Brown	16' 7"
Cornilius McCormick	15:7:6	Robert Boal	13:42:0	Men 60-64		Claude Tuggart	4' 6"	<u>Men 60-64</u>	
<u>Men 40-44</u>		Paul Ganahl	14:58:0	Francisco Fragoso	146' 7"	Robert Boal	4' 2"	Gordon Farrell	17' 2 3/4"
Walt Bultler	14:6:7	Men 75-79		Dan Aldrich	119' 11"	Herbert Miller	3' 8"	John Alexander	16' 8"
Alvin Henry	15:8:2	Nat Pisciotta	20:17:0	Bob Stone	107' 0"	<u>Men 70-74</u>		Jim Vernon	15' 8 1/2"
James Thomas	17:4:7	Javelin		Men 65-69		Ted Hatlen	3' 10"	<u>Men 65-69</u>	
<u>Men 45-49</u>		Men 30-34		Art Vesco	87' 6"	Red Doms	3' 6"	Herbert Miller	14' 1 1/2"
William Clark	18:6:0	Steven Pelletier	170' 11"	Men 70-74		<u>Men 75-79</u>		Art Vesco	10' 9 1/2"
Jerry Stanners	21:2:0	Men 35-39		Randy Hubbell	111' 0"	Nert Gambito	3' 10"	<u>Men 70-74</u>	
J Thomas	26:3:0	David Robertson	175' 10"	Triple Jump		Winfield McFadden	3' 10"	Joe Caruso	13' 2 1/2"
<u>Men 50-54</u>		Lloyd Higgins	169' 7"	Men 30-34		<u>Men 80+</u>		Ted Hatlen	11' 6"
Edmund Schuler	19:3:3	Edward Hill	154' 3"	Steve Lang	42' 9 1/2"	Buell Crane	3' 10"	<u>Men 75-79</u>	
Fred Gallardo	20:4:0	Men 40-44		Joel Whitfield	40' 6"	<u>Women 30-34</u>		Winfield McFadden	10' 8 1/2"
James Waste	26:9:0	Malachi McGruder	159' 9"	Preston Hannibal	38' 11"	Phil Raschker	4' 8"	Mert Gambito	10' 7 3/4"
<u>Men 55-59</u>		Anthony MacKay	158' 7"	Men 35-39		<u>Women 45-49</u>		<u>Men 80+</u>	
Tom Patsalis	17:9:0	Charles Jurden	123' 3"	Jack Karbens	30' 10 1/2"	Christel Miller	4' 0"	Buell Crane	9' 1 1/2"
Loren Noyes	25:7:0	Men 45-49		Men 40-44		Joan Tykanski	3' 4"	<u>Women 30-34</u>	
<u>Men 60-64</u>		Phil Conley	193' 6"	Alvin Henry	44' 6"	<u>Pole Vault</u>		Phil Raschker	18' 93/4"
Burl Gist	18:6:6	Hal Smith	146' 3"	Joe Iseri	37' 5"	Men 30-34		<u>Women 40-44</u>	
Robert Hunt	20:0:0	Ed Martin	114' 11"	Charles Jurden	32' 1/2"	Robert Pullard	16' 0"	Yvonne Rojano	9' 2"
<u>Men 65-69</u>		Men 50-54		Men 45-49		Skip Peterson	13' 6"	<u>Women 45-49</u>	
Herbert Miller	22:0:3	Ralph Sutton	163' 7"	Dave Jackson	43' 1 1/2"	Joel Whitfield	11' 0"	Christel Miller	14' 2 1/2"
<u>Men 70-74</u>		Leonard Olson	136' 8"	William Clark	35' 3 1/2"	<u>Men 35-39</u>		<u>Women 50-54</u>	
Ted Hatlen	28:3:4	Jack Scott	123' 9"	Haig Bohigian	34' 7 1/2"	Mardon Connelly	13' 6"	Magdalena Kuehne	10' 10 1/2"
<u>400m Int. Hurdle</u>		Men 55-59		Men 50-54		Bruce Perkins	11' 0"	<u>Women 70-74</u>	
<u>Men 30-34</u>		Edward Chynoweth	135' 2"	Novica Milicevic	37' 2"	James Ball	11' 0"	Edith Mandyka	8' 0"
Al Lipscomb	1:00:28	Rusty Tracy	79' 5"	Don Donnelly	34' 7 1/2"	<u>Men 40-44</u>		<u>Shot Put</u>	
John Jones	1:00:99	Emson Grimm	44' 2"	Joe Thomas	26' 11 1/2"	Gary Banc	11' 0"	<u>Men 30-34</u>	
<u>Men 35-39</u>		Men 60-64		Men 55-59		Ron Fleming	11' 0"	Gary Kelmenson	35' 7"
C McCormick	58:5:5	Pete Fetter	134' 6"	Tom Patsalis	40' 6 1/2"	Murray Perkins	10' 0"	<u>Men 35-39</u>	
Jack Karbens	75:4:0	Bob Stone	117' 11"	Ray Spencer	35' 2"	<u>Men 45-49</u>		Edward Hill	49' 10 1/2"
<u>Men 40-44</u>		Gordon Nordgren	18' 0"	Dave Brown	34' 6"	James Cook	13' 6"	Manuel Lechugan	40' 11 3/4"
Michael DeStefano	57:84	Men 65-69		Men 60-64		Carlos Cota	11' 0"	<u>Women 50-54</u>	
Ed Oleata	59:38	Art Vesco	75' 2"	Elias Baruch	33' 1 1/2"	Jerry Stanners	10' 6"	<u>Men 40-44</u>	
Gary Bane	63:87	Men 70-74		Richard Ganslen	30' 3 3/4"	<u>Men 50-54</u>		James Hart	42' 11 1/2"
<u>Men 45-49</u>		Robert MacConaghy	100' 6"	George Poloynis	25' 7"	Hal Wallace	10' 0"	Larry Pratt	40' 10 1/2"
Matt Brown	61:63	Red Doms	90' 11"	Men 65-69		Fred Gallardo	10' 0"	Carl Klehm	39' 3 1/2"
Josh Culbreath	62:75	Randy Hubbell	85' 0"	Herbert Miller	27' 7 3/4"	<u>Men 55-59</u>		<u>Men 45-49</u>	
William Clark	65:23	Men 75-79		Philip Carey	23' 5 1/2"	Dave Brown	10' 6"	Hal Smith	40' 9 1/2"
<u>Men 50-54</u>		Mert Gambito	85' 5"	Art Besco	23' 1"	Don Grosh	10' 0"	Jose Frawndorfer	38' 2 1/2"
Harold Green	66:7	Men 80+		Men 70-74		Vern Wolfe	9' 6"	<u>Men 50-54</u>	
Bob Holmes	72:4	Buell Crane	56' 5"	Joe Caruso	25' 9 3/4"	<u>Men 60-64</u>		Leonard Olson	46' 9"
Richard Czarapata	79:2	Women 40-44		Red Doms	22' 0"	Jim Vernon	11' 0"	Charles Renfro	46' 2 3/4"
<u>Men 55-59</u>		Yvonne Rojano	70' 10"	Men 75-79		Orval Gillett	8' 6"	Bob Flick	43' 6"
Jack Noble	76:1	Ursula Schreiber	69' 8"	Winfield McFadden	26' 1"	<u>Men 65-69</u>		<u>Men 55-59</u>	
Loren Noyes	86:8	Women 45-49		Mert Gambito	22' 10 1/2"	Elmer Siegel	7' 6"	George Ker	43' 11"
<u>Men 60-64</u>		Christel Miller	98' 10"	Men 80+		Art Vesco	6' 0"	Loren Noyes	30' 11 1/2"
Robert Hunt	71:8	Women 50-54		Buell Crane	21' 1/2"	<u>Men 70-74</u>		Emson Grimm	20' 1 3/4"
<u>Men 65-69</u>		Shirley Kinsey	67' 9"	Phil Raschker	34' 2 1/2"	Robert MacConaghy	8' 0"	<u>Men 60-64</u>	
Paul Ganahl	78:6	Women 70-74		High Jump		<u>Long Jump</u>		Dan Aldrich	45' 2"
<u>3000m Steeplechase</u>		Edith Mandyka	71' 8"	Men 30-34		<u>Men 30-34</u>		Bob Stone	40' 10"
<u>Men 30-34</u>		Henry Lange	10:31:1	Steve Lang	6' 7 3/4"	Carl Flowers	22' 8"	Richard Parkinson	39' 6 3/4"
Fred Doubell	11:09:4	Men 35-39		Charles Rader	6' 4"	Preston Hannibal	18' 5"	<u>Men 65-69</u>	
<u>Men 35-39</u>		Heriberto Silva	11:20:70	Men 40-44		Gary Wright	17' 11"	Jack Thatcher	45' 11 3/4"
<u>Men 35-39</u>		John Dobroth	6' 6" AR	John Dobroth	6' 6" AR	<u>Men 35-39</u>		Art Vesco	31' 10"
<u>Men 35-39</u>		Anthony MacKay	5' 2"	Ed Oleata	5' 0"	Rufus Morris	22' 8 1/2"	James Carson	29' 8"
<u>Men 35-39</u>		Ed Oleata	5' 0"	Jack Karbens	16' 1/2"	Dave Peck	16' 4 1/2"	<u>Men 65-69</u>	
<u>Men 35-39</u>						Jack Karbens	16' 1/2"	<u>Men 65-69</u>	

14TH ANNUAL PENN MUTUAL/TAC NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS
LOS GATOS, CALIFORNIA
AUGUST 15-16, 1981

100m Run - Prelims - (Men) Accutrack

Age Group 35-39

Heat #1

1. Ruben Whitney	11.36
2. Rod Ferguson	11.95
3. Bill Alston	12:08
4. Dennis Stemple	12.54
5. Gerry Varty	12.64
6. David Alvord	12.85

Heat #2

1. Hilliard Sumner	11.17
2. Bob Simpson	11.53
3. Bill Johnson	11.57
4. James Hill	12.03
5. Tony Craddock	12.16

Heat #3

1. James Vicks	11.29
2. Paul Dungan	11.37
3. Mike Uovich	12.78
4. Jack Karbens	13.35
5. Kevin Holtzclaw	13.62

Age Group: 40-44

Heat #1

1. Walt Butler	11.33
2. Ben Anixter	11.53
3. Ken Dennis	11.74
4. Paul Edens	11.92
5. Martin Hee	12.29
6. Charles Jurden	12.3

Heat #2

1. Doug Smith	11.66
2. Jim Puckett	11.72
3. Gil LaTorre	11.80
4. Harvey Johnson	12.00
5. Abelardo Lopez	12.45
6. John Korntved	15.00

Age Group: 50-54

Heat #1

1. Bert Lancaster	11.87
2. Don Cheek	12.13
3. Ted Vick	12.34
4. Huel Washington	12.38
5. Ed Mahany	12.53

Heat #2

1. Harold Green	12.46
2. Oswald Dawkins	12.47
3. Dick Marlin	12.99
4. Bob Jordan	13.01
5. Rich. Zumwalt	13.29

Age Group: 60-64

1. Clarence Killion	13.47
2. Carl Oates	14.36
3. Sam Hoover	14.65
4. Henry Carter	15.36

Heat #2

1. John Alexander	13.10
2. Norm Ormins	13.20
3. Henry Fairbank	13.56
4. Gordon Nordgren	14.02
5. Rulon Bigelow	15.19

100m Run (Final) (Men) Accutrack

Age Group: 30-34

1. Mike Jackson	10.88
2. Glenn Johnson	11.04
3. Greg Marshall	11.29
4. Ed Bonner	11.39
5. Marcellus Cooper	11.40
6. Michael Wilson	11.95

Age Group: 35-39

1. Ruben Whitney	10.77
2. James Vicks	11.03
3. Paul Dungan	11.24
4. Bob Simpson	11.45
5. Bill Johnson	11.63
6. Rod Ferguson	11.86
7. James Hill	NT

Age Group: 40-44

1. Walt Butler	11.13
2. Doug Smith	11.59
3. Ben Anixter	11.61
4. Jim Puckett	11.65
5. Paul Edens	11.66
6. Gil LaTorre	11.79
7. Harvey Johnson	11.86

Age Group: 45-49

1. Bruce Springbett	11.61
2. Nick Newton	11.72
3. Matt Brown	11.73
4. Haig Bohigian	12.10
5. Richard Hansen	12.34
6. Donald Gray	13.2

Age Group: 50-54

1. Bert Lancaster	11.65
2. Harold Green	12.30
3. Oswald Dawkins	12.38
4. Dick Marlin	12.48
5. Huel Washington	12.88
6. Bob Jordan	12.97

Age Group: 55-59

1. Tom Patsalis, 59	12.59
2. Richard Nordquist, 55	13.59
3. Roy Wigginton, 55	14.09
4. George Simon, 58	14.63

Age Group: 60-64

1. Norm Ormins	13.24
2. Henry Fairbank	13.39
3. Clarence Killion	13.48
4. Carl Oates	14.27
5. Gordon Nordgren	14.3
6. Sam Hoover	NT

Age Group: 65-69

1. Harry Koppel, 68	13.25
2. Herbert Miller, 65	NT

Age Group: 70-74

1. Anthony Castro, 72	14.13
2. Joe Caruso, 71	15.16
3. Ken Carnine, 73	15.46
4. A. J. Puglizovic, 73	16.82
5. Chris Tompkins, 72	16.98

Age Group: 75-79

1. Lamar Jackson, 76	15.10
2. Sing Lum, 77	15.4
3. Herbert Anderson, 79	15.75

100m Run (Final) (Women)

Age Group: 30-34

1. Phil Rascher, 34	12.2
2. Maria Serrano, 34	15.2
3. Maria Magana, 31	15.2

Age Group: 35-39

1. Janie Duff, 35	13.9
2. Frances Baxter, 35	14.7

Age Group: 40-44

1. Cherrie Sherrard, 42	13.76
2. Almata Parish, 44	14.20
3. Lucille Ligon, 42	14.69
4. Jeanne Carter, 41	14.79
5. Connie Voigt, 43	18.8

Age Group: 45-49

1. Irene Obera, 47	13.84
2. Christel Miller, 46	14.03
3. Donna Radigan, 45	16.46
4. Joan Tyksinski, 49	17.40

Age Group: 50-54 (Women cont)

1. Shirley Kinsey, 52	15.64
2. Ellen Fuller, 52	16.45
3. Shelley Ammons, 52	16.68
4. Buff Messenger, 53	25.0

Age Group: 60-64

1. Martha Fairbank, 60	17.33
2. Josephine Kolda, 63	17.86
3. Jaclyn Caselli, 60	19.43
4. Marjorie Hunt, 62	20.4

Age Group 70-74

1. Bess James, 71	19.71
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200m Run (Final) (Men)

Age Group: 30-34

1. Gene Driver	22.25
2. Mike Jackson	22.47
3. Glenn Johnson	22.76
4. Nate Robinson	22.88
5. Reggie Davis	23.37
6. Greg Marshall	23.38
7. Doug Spencer	23.5
8. Ken Endris	24.3

Age Group: 35-39

1. Ruben Whitney	21.8
2. Matt Pruitt	22.1
3. James Vicks	22.3
4. Paul Dungan	22.5
5. Bill Johnson	22.9
6. Bob Simpson	23.1
7. Bill Alston	23.8
8. Don Martin	24.3

Age Group: 40-44

1. James Burnett	22.4
2. Walt Butler	23.0
3. Dave Segal	23.1
4. Ben Anixter	23.8
5. Jim Puckett	23.8
6. Doug Smith	23.8
7. Gil LaTorre	23.9
8. Harvey Johnson	24.3

Age Group: 45-49

1. Matt Brown	24.09
2. Bruce Springbett	24.18
3. Nick Newton	24.31
4. Cliff Pauling	24.72
5. Donald Gray	28.8

Age Group: 50-54

1. Bert Lancaster	23.8
2. Don Cheek	24.8
3. Oswald Dawkins	25.3
4. Huel Washington	25.7
5. Ed Mahany	25.7
6. Will Robinson	25.8
7. Bob Jordan	25.8

Age Group: 55-59

1. Richard Nordquist, 55	27.55
2. Claude Tracy, 55	30.80

Age Group: 60-64

1. John Alexander	26.50
2. Henry Fairbank	27.66
3. Clarence Killion	27.73
4. Carl Oates	29.71
5. Sam Hoover	30.48

Age Group: 65-69

1. Harry Koppel, 68	27.61
2. John Satti, 67	29.15
3. Herbert Miller, 65	31.13

Age Group: 70-74

1. Anthony Castro, 72	29.4
2. Ken Carnine, 73	31.4

Age Group: 75-79

1. Sing Lum, 77	32.8
2. Herbert Anderson	33.3

Age Group: 80-84

1. Paul Spangler, 82	53.1
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200 m Run (Women) (Final)

Age Group: 30-34

1. Phil Rascher, 34	25.29
2. Mary Lehner, 30	28.60
3. Maria Magana, 31	53.1

Age Group: 40-44

1. Cherrie Sherrard, 42	28.61
2. Almata Parish, 44	29.43
3. Jeanne Carter, 41	30.45

Age Group: 35-39

1. Janie Duff, 35	28.87
2. Frances Baxter, 35	30.83

Age Group: 45-49

1. Irene Obera, 47	28.11
2. Susan Redfield, 45	30.59
3. Donna Radigan, 45	34.80
4. Joan Tyksinski, 49	32.25

Age Group: 50-54

1. Shirley Kinsey, 52	33.43
2. Shelley Ammons, 52	34.23
3. Ellen Fuller, 52	34.40
4. Shirley Dietderich, 54	36.83

Age Group: 55-59

No Entries

Age Group: 60-64

1. Josephine Kolda, 63	35.26
2. Martha Fairbank, 60	37.06
3. Jaclyn Caselli, 60	41.65

Age Group: 60-64

1. Bess James, 71	42.55
2. Marilla Salisbury, 73	72.8

400m Prelims (Men)

Age Group: 30-34 Accutrack Time

Heat #1

1. Willie Brogan,	52.07
2. Eugene Driver	52.09
3. Doug Spencer	53.29
4. John Wimmer	53.54
5. Ken Endris	53.99

Heat #2

1. Glenn Johnson	52.48
2. Reggie Davis	52.55
3. Daniel Thiel,	53.19
4. Bill Weller	53.63
5. Lindsay Bodden	53.66

Age Group: 35-39 Accutrack Time

Heat #1

1. Hilliard Sumner	52.02
2. Matt Pruitt	52.99
3. George Smith	54.29
4. David Alvord	58.48
5. Jack Karbens	59.82

Heat #2

1. Dave Romain	52.28
2. James Vicks	52.39
3. Ron Whitney	53.10
4. Don Martin	54.78
5. Don Wiens	55.69

(Finals) (Men) Accutrack

Age Group: 30-34

1. Eugene Driver	50.06
2. Glenn Johnson	50.72
3. Willie Bogan	57.06
4. Reggie Davis	52.66
5. John Wimmer	52.87
6. Bill Weller	53.8
7. Doug Spencer	54.0

Age Group: 35-39

1. George Smith	49.15
2. James Vicks	49.54
3. Matt Pruitt	49.73
4. Hilliard Sumner	50.18
5. Dave Romain	50.53
6. David Alvord	58.3

Age Group: 40-44

* * 1. James Burnett, 41 (WR) 49.36	World Record
2. Ralph Lee, 40	50.86
3. Bill Knocke, 41	51.06
4. Bill Green, 44	54.87
5. Abelardo Lopez	56.96
6. Phil Corjero, 42	1:00.2
7. John Lehner, 40	1:02.3

Age Group: 45-49

1. Clifford Pauling, 46	52.91
2. Nick Newton, 47	52.92
3. Haig Bohigian, 45	55.27

Age Group: 50-54

1. Don Cheek,	53.93
2. Bert Lancaster	54.14
3. Huel Washington	59.34
4. Bob Jordan	1:00.75
5. Francis Kishi	1:00.8
6. Harry Hill	1:07.2

Age Group: 55-59

1. Bill Fitzgerald, 56	59.5
2. Archie Messenger, 58	1:01.3
3. Claude Tracy, 55	1:07.9

Age Group: 60-64

1. John Alexander, 61	59.67
2. Henry Fairbank, 62	1:02.07
3. Clarence Killion, 63	1:06.56
4. Bill Fairbank	1:15.15

Age Group: 65-69

1. Harry Koppel, 68	1:05.43
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Age Group: 70-74

1. Ken Carnine	1:12.77
2. Mel Shine, 72	1:13.76

Age Group: 75-79

1. Harold Chapson, 79	1:14.10
2. Herbert Anderson, 79	1:15.53

Age Group: 80-84

1. Paul Spangler, 82	1:40.45
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400m Run (Finals) (Women) Accutrack

Age Group: 30-34

1. Phil Rascher, 34	57.01
2. Mary Lehner, 30	1:03.99
3. Maria Serrano, 34	1:10.75

Age Group: 35-39

1. Janie Duff, 35	1:06.55
2. Frances Baxter, 35	1:09.23

Age Group: 40-44

1. Almata Parish, 44	1:08.67
2. Jeanne Carter, 41	1:09.19
3. Liz Ray, 42	1:10.71
4. Miriam Gerard, 40	1:12.79
5. Connie Voigt, 43	1:13.28

Age Group: 45-49

1. Irene Obera, 47	1:05.56
2. Susan Redfield, 45	1:06.50
3. Gretchen Snyder, 47	1:16.83

Age Group: 50-54

1. Shelley Ammons, 52	1:16.54
2. Ellen Fuller, 52	1:16.94
3. Shirley Dietderich, 54	1:30.00

Age Group: 60-74

1. Jaclyn Caselli, 60	1:29.20
2. Martha Fairbank, 60	1:32.47

Age Group: 65-69

1. Alice Werbel, 65	1:35.69
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Age Group: 70-74

1. Bess James, 71	1:35.84
2. Marilla Salisbury	2:58.03

800m Run (Men) (finals) Accutrack

Age Group: 30-34

1. Ken Stuart, 34	1:56.6
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Age Group: 35-39

1. George Mason, 37	1:55.0
2. Gary Carr, 37	1:55.0
3. Dennis Tracy, 35	1:57.2
4. Bob Browne, 36	1:59.1
5. Rich Myers, 36	2:01.0
6. David Shilling, 36	2:02.2
7. Jim Irwin, 35	2:07.2
8. James Skalski, 38	2:10.2
9. Richard Friedlander, 37	2:12.1

Age Group: 40-44

1. George Cohen, 41	1:55.7
2. Ernest Billups, 44	1:56.3
3. Ralph Lee, 40	1:56.7
4. Richard Schupbach, 40	1:59.7
5. John Pitman, 43	2:02.0
6. Bill Mayer, 44	2:02.3
7. Gary Hooker, 40	2:06.9
8. Michael Gaughan, 41	2:07.3
9. Bob King, 41	2:10.1
10. Van Zant, 42	2:12.8
11. Don Spickelmier, 40	2:15.0
12. Eugene Legend, 44	2:16.3

Age Group: 45-49

1. Clifford Pauling, 46	2:02.4
2. Pete Richardson, 46	2:02.9
3. Louis Vink, 46	2:04.6
4. Robert Packard, 45	2:06.1
5. Jesse Carrington, 45	2:09.3
6. David Patrick, 45	2:09.7
7. Ken Napier, 49	2:13.2
8. Robert Shaw, 47	2:21.3

Age Group: 50-54

1. Jim Schirber, 50	2:09.0
2. Kelsey Brown, 53	2:10.6
3. Jerry Withers, 51	2:13.1
4. David Stevenson, 52	2:13.4
5. Donald Jackson, 54	2:16.3
6. Marshall Haraden, 51	2:16.4
7. Bob Holmes, 52	2:20.4
8. Harry Hill, 53	2:25.5
9. Bernie Schindler, 54	2:26.4

Age Group: 55-59

1. Bill Fitzgerald, 56	2:15.5
2. Louis Schneider, 55	2:17.6
3. Archie Messenger, 58	2:18.0
4. Avery Bryant, 57	2:24.3
5. David Lewis, 59	2:31.0
6. Sid Toabe, 57	2:35.5

Age Group: 60-64

1. Jack Rice, 60	2:21.7
2. Richard Moore, 61	2:32.3
3. George Poloytis, 63	2:36.7
4. Robert Long, 63	3:03.4



Age Group: 65-69
 1. Ray Mahannah, 65 2:43.6
 2. Joseph Goodman, 69 3:16.4

Age Group: 70-74
 1. Mel Shine, 72 2:46.7
 2. Sid Madden, 73 2:47.9

Age Group 75-79
 1. Harold Chapson, 79 2:46.7
 2. Herbert Anderson, 79 3:14.5

Age Group 80-84
 1. Paul Spangler, 82 3:36.0

800m Run (Women) (finals) Accutrack
Age Group: 35-39
 1. Janie Duff, 35 2:30.0

Age Group: 40-44
 1. Judy Fox, 40 2:25.7
 2. Joan Ulliyot, 41 2:35.8
 3. Mary Cullen, 42 2:42.0

Age Group: 45-49
 1. Susan Redfield, 45 2:29.1
 2. Mary Czarapata, 46 2:31.1
 3. Ruth Waters, 47 2:57.8

Age Group: 50-54
 1. Ruth Anderson, 52 2:51.3
 2. Marilyn Waste, 51 3:15.8

Age Group: 55-59
 No Entries

Age Group: 60-64
 * 1. Jaclyn Caselli, 60 (AR) 3:11.7
 2. Patricia Dixon, 62 3:16.9
 3. Dorcas Hatlen, 62 4:05.1

Age Group: 65-69
 1. Alice Werbel, 65 3:38.2

Age Group: 70-74
 1. Bess James, 71 3:49.2
 2. Marilla Salisbury, 73 6:03.5

1500m RUN (Men)
Age Group: 30-34
 1. Jim Waters, 32 3:52.7
 2. Reynaldo Corona, 31 4:02.5
 3. Daniel Cruz, 30 4:02.8
 4. Earl Downing, 31 4:04.9
 5. Dan Minutillo, 31 4:12.8
 6. Caleb Mitchell, 31 4:14.5
 7. Danny Moon, 33 4:20.3

Age Group: 35-39
 1. Tom VonRuden, 36 3:53.9
 2. Ramsay thomas, 37 4:00.0
 3. Dennis Tracy, 35 4:00.6
 4. Rich Myers, 35 4:01.9

5. Gary Carr, 37 4:04.6
 6. David Himmelberg, 35 4:07.9
 7. Ken Kohon, 35 4:10.3
 8. David Shilling, 36 4:13.5
 9. Jim Irwin, 35 4:24.3
 10. James Skalski, 38 4:25.6

Age Group: 40-44
 * 1. Ernest Billups, 44 (AR) 3:59.8
 2. George Cohen, 41 4:01.9
 3. Tom Laris, 41 4:03.0
 4. Richard Schupbach, 40 4:06.3
 5. Chuck Downey, 42 4:07.9
 6. Kirk Randall, 40 4:09.5
 7. Les Hegedus, 43 4:11.6
 8. Bruce Kostin, 40 4:12.8
 9. Gary Hooker, 40 4:13.7
 10. Jack Knebel, 42 4:15.4
 11. James McLatchie, 40 4:16.0
 12. Dennis Fitzgerald, 42 4:16.9
 13. John Pitman, 43 4:17.5
 14. Walt Schaefer, 42 4:24.4
 15. Bob King, 41 4:23.0
 16. Don Spickelmier, 40 4:24.4

Age Group: 45-49
 1. Louis Vink, 46 4:12.3
 2. Robert Packard, 45 4:12.7
 3. Glynn Wood, 47 4:18.3
 4. David Pitkethly, 45 4:22.3
 5. Clifford Pauling, 46 4:24.1
 6. Pete Richardson, 46 4:25.7
 7. James Jacobs, 48 NT

Age Group: 50-54
 1. Jim Schirber, 50 4:27.5
 2. Kelsey Brown, 53 4:30.7
 3. David Stevenson, 52 4:34.1
 4. Jerry Withers, 51 4:40.0
 5. Bob Fries, 51 4:42.0
 6. Michael Murphy, 50 4:43.1
 7. Marshall Haraden, 51 4:42.0
 8. Don Pickett, 53 5:02.0
 9. Gail Wetzork, 50 5:03.5

Age Group: 55-59
 1. Richard Green, 55 4:40.6
 2. Archie Messenger, 58 4:45.2
 3. Louis Schneider, 55 5:01.6
 4. Avery Bryant, 57 5:02.6
 5. Sid Toabe, 57 5:08.4
 6. Jack Noble, 55 5:10.2
 7. Bruce Robinson, 55 5:19.8

Age Group: 60-64
 1. Jack Rice, 60 5:02.1
 2. Rudy Nimmons, 61 5:05.7
 3. George Foloynis, 63 5:46.1
 4. Robert Long, 63 6:23.0

Age Group: 65-69
 1. Ray Mahannah, 65 5:29.0
 2. Joseph Goodman, 69 6:39.1

Age Group: 70-74
 1. Sid Madden, 73 5:48.0

Age Group: 75-79
 1. Harold Chapson, 79 5:50.4

Age Group: 80-84
 1. Paul Spangler, 82 7:23.8

1500m RUN (Women)
Age Group: 30-34
 1. Phyllis Olrich, 32 4:39.3

Age Group: 35-39
 1. Sherri Tracy, 37 7:00.3

Age Group: 40-44
 1. Judy Fox, 40 4:45.5
 2. Joan Ulliyot, 41 5:10.7
 3. Agatha Lee, 41 5:26.0
 4. Mary Cullen, 42 5:26.0
 5. Miriam Gerard, 40 5:57.4

Age Group: 45-49
 1. Martha Klopfer, 46 5:06.4
 2. Mary Czarapata, 46 5:07.7

Age Group: 50-54
 1. Marilyn Waste, 51 6:33.2

Age Group: 60-64
 1. Jaclyn Caselli, 60 6:30.8

Age Group: 65-69
 1. Alice Werbel, 65 7:23.9

Age Group: 70-74
 1. Bess James, 71 8:09.3
 2. Marilla Salisbury, 73 12:47.1

5000m Run (Men)
Age Group: 30-34
 1. David Garcia, 30 15:57.6
 2. William Dunn, 34 15:58.9
 3. James Moore, 34 16:04.3
 4. Robert Jacobs, 32 16:27.8
 5. Paul Resignato, 30 16:43.4
 6. Ross Rowley, 32 16:47.6

Age Group: 35-39
 1. Bill Clark, 37 15:12.7
 2. Harvey Franklin, 38 15:28.0
 3. Frank Duarte, 39 15:29.1
 4. Daryl Zapata, 36 15:39.6
 5. Dwight Cornwell, 35 16:51.3
 6. Dennis Dillon, 37 17.22

Age Group: 40-44
 1. Bill Meinhardt, 40 15:29.5
 2. Lew Faxon, 41 15:31.0
 3. Tim Rostage, 41 16:08.0
 4. Don Spickelmier, 40 16:13.6
 5. Rudy Escobedo, 41 17:02.3
 6. Valdemar Schultz, 41 17:20.2

Age Group: 45-49
 1. Ray Hatton, 49 15:17.6
 2. David Pitkethly, 45 16:01.2
 3. Ralph Bowles, 45 16:39.4
 4. Geza Feld, 47 17:29.1
 5. Cass Curtis, 48 17:47.1
 6. Charles Kramer, 45 18:24.7

Age Group: 50-54
 1. Anthony Sapienza, 52 16:47.3
 2. Luis Torres, 53 16:52.4
 3. Ben Thornton, 52 16:56.4
 4. Don Pickett, 53 17:48.2
 5. Peter Klopfer, 51 17:48.5
 6. Patrick Devine, 52 17:49.1
 7. Pete Mundle, 53 18:00.1

Age Group: 55-59
 1. Jim O'Neil, 56 16:57.3
 2. Avery Bryant, 57 18:10.9
 3. Sid Toabe, 57 18:25.3
 4. Ray Gill, 56 18:53.0
 5. Bruce Robinson, 55 19:20.7

Age Group: 60-64
 1. Rudy Nimmons, 61 19:24.0
 2. Rober Anawalt, 61 25:22.3

Age Group: 65-69
 1. Joseph Goodman, 69 23:10.1

Age Group: 70-74
 1. John McGee, 72 24:56.9

Age Group: 80-84
 1. Paul Spangler, 82 25:45.8

5000m Run (Women)
Age Group: 35-39
 1. Kathleen Kaiser, 35 19:38.5
 2. Daphne Dunn, 35 20:51.9
 3. Tracy Sherrill, 37 26:25.6

Age Group: 40-44
 * 1. Judy Fox, 40 (WR) 16:57.4
 2. Sandra Knott, 43 18:56.0
 3. Agatha Lee, 41 20:11.4

Age Group: 45-49
 1. Ruth Waters, 47 20:59.0

Age Group: 50-54
 1. Ruth Anderson, 52 20:33.0
 2. Marilyn Waste, 51 24:04.0

Age Group: 60-64
 * 1. Patricia Dixon, 62 (AR) 22:26.4
 2. Jaclyn Caselli, 60 23:21.9

Age Group: 70-74
 1. Bess James, 71 30:22.7
 2. Marilla Salisbury, 73 41:43.8

10,000m Run (Men)
Age Group: 30-34
 1. Allan Stanbridge, 34 33:26.8
 2. Ross Rowley, 32 35:05.1
 3. Jim Gorman, 32 NT

Age Group: 35-39
 1. Bill Clark, 37 31:36.2
 2. Frank Duarte, 39 32:30.4
 3. Daryl Zapata, 36 32:35.8
 4. Dwight Cornwell, 35 36:06.4
 5. Bill Benz, 38 36:08.4
 6. Mark Gallo, 38 37:04.0

Age Group: 40-44
 1. Tom Laris, 41 31:09.0
 2. Kirk Randall, 40 32:54.6
 3. Arthur Mortell, 41 34:37.6
 4. Larry Worth, 43 36:15.0
 5. Val Schultz, 41 36:58.7
 6. Richard Cochran 38:55.2
 7. John Reeve, 44 40:56.1

Age Group: 45-49
 1. Ralph Bowles, 45 NT
 2. Jerry Lewis, 46 35:16.5
 3. Stan Huddleston, 49 38:15.5
 4. James Harris, 46 38:44.3
 5. Charles Kramer, 45 38:53.1

Age Group: 50-54
 1. Anthony Sapienza, 52 35:00.2
 2. Len Thornton, 50 35:06.4
 3. Luis Torres, 53 35:40.2
 4. Patrick Devine, 52 36:56.4
 5. Ronald Niedrauer, 50 39:19.6

Age Group: 55-59
 1. Jim O'Neil, 56 35:25.6
 2. Ray Gil, 56 37:35.4
 3. Robert Wright, 58 43:44.6

Age Group: 60-64
 1. Rudy Nimmons, 61 37:49.6

Age Group: 65-69
 1. Joseph Goodman, 69 46:48.4

10,000m Run (Women)
Age Group: 35-39
 1. Carol Stroud, 38 38:23.0
 2. Nelly Wright, 35 40:28.2
 3. Kathleen Kaiser, 35 40:37.0

Age Group: 40-44
 * 1. Judy Fox, 40 35:35.0
 2. Sandra Knott, 43 39:47.0

Age Group: 45-49
 1. Ruth Waters, 47 43:42.0

Age Group: 50-54
 1. Ruth Anderson, 52 42:44.4
 2. Marilyn Waste, 51 51:11.2

Age Group: 60-64
 1. Patricia Dixon, 62 47:37.6
 2. Jaclyn Caselli, 60 48:11.8

Age Group: 70-74
 1. Bess James, 71 1:02:55.2

2000m Steeple chase
Age Group: 70+
 1. Stan Thompson, 70 12:21.1

3000m Steeple Chase
Age Group: 30-34
 1. Timothy Morse, 32 9:55.2
 2. Gary Dilley, 33 10:57.1

Age Group: 40-44
 1. Lew Faxon, 41 9:38.7
 2. Van DerWal, Hike, 43 10:06.3
 3. Kent Guthrie, 44 10:26.5
 4. James Thomas, 43 11:06.8
 5. Jim Cullen, 43 12:39.9

Age Group: 45-49
 1. Dan Halvorson, 47 10:54
 2. Cass Curtis, 48 11:34

Age Group: 50-54
 1. David Stevenson, 52 11:12.5
 2. Marshall Haraden, 51 11:34.5
 3. Rich Czarapata, 53 13:06
 4. Jim Waste, 52 13:21.3

Age Group: 55-59
 1. Avery Bryant, 57 11:46.9
 2. Jack Noble, 55 12:03.7
 3. Raynond Spencer, 58 12:55.1

Age Group: 65-69
 1. Boal. Robert. 69 13:33.8

110m Elite Hurdles Accutrack
Age Group: 30-39
 1. Nate Robinson 14.70
 2. Cornelius McCormick 15.86
 3. James Overton 17.10

Age Group: 40-44
 1. Walt Butler, 40 14.76
 2. Alvin Henry, 43 15.66
 3. James Thomas, 43 16.87

Age Group: 45-49
 1. Dr. Will. Clark, 48 17.54
 2. Mal Andrews, 47 17.86
 3. Bill Eller, 46 19.75
 4. John Billmeyer, 49 20.10

Age Group: 50-54
 1. Fred Gallardo, 50 19:00
 2. Al Brenda, 53 19.80

Age Group: 55-59
 1. Richard Nordquist, 55 18.6
 2. Roy Wigginton, 55 20.00

110m Hurdles (Finals) Accutrack
Age Group: 30-34
 1. Gene Hoffman, 30 15.53
 2. Al Lipscomb, 31 15.81
 3. Nate Robinson, 30 15.90
 4. James Overton Jr, 31 15.90
 5. Ed Baskauskas, 31 16.06
 6. Mike Davis, 31 16.78

Age Group: 35-39
 1. Theo Viltz, 38 14.63
 2. Fred Johnson, 35 15.61

Age Group: 40-44
 1. Ed Oleata 16.27
 2. Lew Thorne 16.46
 3. Dee DeWitt 16.57
 4. Gary Bane 16.77
 5. Phil Vincent 18.37
 6. Martin Hee 18.80

Age Group: 45-49
 1. Dave Jackson 16.14
 2. Hal Smith 16.81

Age Group: 50-54
 1. Joe Murphy, 51 17.39
 2. Don Donnelly 20.40
 3. Joe Thomas, 52 22.89
 4. Jim Waste, 52 27.68

Age Group: 55-59
 1. Tom Patsalis, 59 18.03

100m Hurdle
Age Group: 60-64
 1. Burl Gist, 61 16.08
 2. Bob Hunt, 61 17.21

Age Group: 65-69
 1. Herbert Miller, 65 18.66
 2. Vince Godfrey, 67 22.4

80m Hurdle (Women)
Age Group: 40-44
 1. Cherrie Sherrard, 42 12.94
 2. Susan Redfield, 45 15.58

80m Hurdle (Men)
Age Group: 70-74
 1. Ted Hatlen, 70 15.30
 2. Stan Thompson, 70 17.69
 3. A. Puglizevic, 73 18.27
 4. Christopher Tompkins 72 18.41

Age Group: 75-79
 1. Herbert Anderson, 79 19.24

400m I.H.
Age Group: 30-34
 1. Don Roberts, 31 59.97
 2. Al Lipscomb, 31 1:00.24

Age Group: 35-39
 1. George Smith, 37 54.14
 2. Ron Whitney, 38 57.03
 3. Cornelius McCormack 37 58.30
 4. Jack Karbens, 39 1:15.5

Age Group: 40-44
 * 1. Mike DeStefano, 42 (AR) 57.37
 2. Ed Oleata, 44 59.38
 3. Gary Bane, 43 1:02.45
 4. Van DerWal, Hike, 43 1:04.67
 5. Phillip Vincent, 42 1:07.6

Age Group: 45-49
 1. Matt Brown 1:01.86
 2. Josh Culbreath 1:02.68
 3. Mal Andrews 1:05.47
 4. Bill Eller 1:07.09
 5. Al Sheahan 1:08.29
 6. John Billmeyer 1:10.30

Age Group: 50-54
 1. Harold Green, 52 1:07.93
 2. Fred Gallardo, 50 1:13.07
 3. Rich Czarapata, 53 1:22.59
 4. Jim Waste, 52 1:25.05

Age Group: 55-59
 1. Jack Noble, 55 1:14.33

Age Group: 60-64
 1. Bob Hunt, 61 1:11.73

Age Group: 65-69
 1. John Satti, 67 1:18.66

Age Group: 70-74
 1. Stan Thompson, 70 1:57.2

Age Group: 75-79
 1. Herbert Anderson, 79 1:42.13

5000m Walk (men)
Age Group: 30-34
 1. Manny Adriano, 33 25:07.0
 2. Craig Bergquist, 33 28:23.0

Age Group: 35-39
 1. Walt Jaquith, 38 22:37.6
 2. Dennis Gustafson, 38 24:48.0

Age Group: 40-44
 1. Ron Daniel, 40 23:43.0
 2. James Moberly, 42 23:43.6
 3. Charles Marut NT
 4. Frank O'Sullivan, 42 29:11.0

Age Group: 45-49
 1. Bill Ranney, 46 24:22.8
 2. Glen Wells, 45 25:56.0
 3. Bernard Kaufman, 47 33:26.0

Age Group: 50-54
 * 1. John Kelly, 51 (AR) 24:28.2
 2. John MacLachlan, 50 27:34.0



Age Group: 55-59

- 1. Harry Siitonen, 55 29:49.0
2. Byron Edwards, 59 32:10.0
3. DONALD TEPPOLA, 59 33:12.

Age Group: 60-64

- 1. Otto Sommerauer, 63 30:27.0
2. Tim Dyas, 61 30:47.0

Age Group: 65-69

- 1. Harold McWilliam, 65 30:48.0
2. Frank Saylor, 67 NT

Age Group: 70-74

- 1. Gordon Wallace, 71 29:48.0
2. Giulio dePetra, 70 NT
3. Ches Unruh, 74 31:35.0
4. Ernest Werbel, 72 NT

5000m Walk (Women)

Age Group: 35-39

- 1. Jolene Steigerwalt, 37 26:53.0
2. Elizabeth Sibley, 36 26:59.0
3. Linda Cruzan, 36 NT
4. Daphne Dunn, 35 31:00.0

Age Group: 40-44

- 1. Lynn Hurley, 41 34:13.0
2. Sheila Mullen, 41 NT
3. Pauline Kaufman, 40 NT

Age Group: 45-49

- 1. Lori Maynard, 45 (AR) 26:01.0
2. Bev La Veck, 45 28:36.0
3. Nancy Bernardi, 46 30:14.0
4. Nancy Proctor, 47 NT
5. Catherine Smith, 47 NT

Age Group: 50-54

- 1. Buff Messenger, 53 NT

Age Group: 55-59

- 1. Yukie Chara, 56 NT

Age Group: 60-64

- 1. Rose Kash, 60 (AR) 35:04

Age Group: 70-74

- 1. Elena Carola, 73 42:16.0

20K Walk (Women)

Age Group: 30-34

- 1. Diane Mendoza, 33 2:04.37

Age Group: 35-39

- 1. Elizabeth Sibley, 36 2:04.37
2. Jolene Steigerwalt, 37 2:05.11

Age Group: 40-44

No entries

Age Group: 45-49

- 1. Lori Maynard, 45 (AR) 1:56.02
2. Bev LaVeck, 45 2:02.40
3. Nancy Proctor, 47 2:39.26

Age Group: 55-59

- 1. Rose Kash, 59 2:40.03

20K WALK (Men)

Age Group: 30-34

- 1. Manny Adriano, 33 1:52.25
2. Byron Richardson, 30 1:59.46

Age Group: 35-39

- 1. Walt Jaquith, 38 1:41.45
2. Dennis Gustafson, 38 1:49.49

Age Group: 40-44

- 1. Ron Daniel, 40 1:40.59
2. Charles Marut, 43 1:49.19

Age Group: 45-49

- 1. Bill Ranney, 46 1:49.04
2. Glen Wells, 45 1:55.54
3. Bernard Kaufman, 47 2:18.39

Age Group: 50-54

- 1. John Kelly, 51 1:52.27
2. John MacLachlan, 50 2:02.37

Age Group: 55-59

- 1. Harry Siitonen, 55 2:13.30
2. Byron Edwards, 59 2:18.34
3. Donald Teppola, 59 2:26.53

Age Group: 60-64

- 1. Otto Sommerauer, 63 2:11.40

Age Group: 65-69

- 1. Frank Saylor, 67 2:37.22

Age Group: 70-74

- 1. Gordon Wallace, 71 2:17.23
2. Ches Unruh, 74 2:25.05

HIGH JUMP (Men)

Age Group 30-34

- 1. Steve Lang, 30 6'6 1/2"
2. Ed Baskauskas, 31 6'
3. Gary Dilley, 33 6'
4. Mike Davis, 31 5'10"

Age Group 40-44

- 1. John Broth, 40 (AR) 6'6 1/2"
2. Dave Thoreson, 40 6'
3. Jim Brown, 43 5'10"
4. Bill Toomey, 41 5'6"
5. Anthony Mackay, 43 5'
6. Gary Bane, 43 5'
7. Jack Sanchez, 42 4'8"
8. Charles Jurden, 40 4'6"

Age Group 45-49

- 1. Herm Wyatt, 49 5'10"
2. Tom Langenfield, 46 5'8"
3. Nick Newton, 47 5'6"
4. Donald Rose, 46 5'6"
5. Mark Bodley, 47 5'2"

Age Group: 50-54

- 1. Ed Austin, 51 5'6"
2. Shirley Davisson, 51 4'10"
3. Harold Wallace, 53 4'6"
4. Patrick Devine, 52 4'2"

Age Group 55-59

- 1. Dave Brown, 58 4'8"
2. Claude Tracy, 55 4'

Age Group 60-64

- 1. Burl Gist, 61 5'
2. Orval Gillett, 62 4'10"

Age Group 65-69

- 1. Jim McCarthy, 67 4'3"
2. Robert Boal, 69 4'2"
3. Herbert Miller, 65 4'

Age Group 70-74

- 1. Stan Thompson, 70 4'
2. Ted Hatlen, 70 4'
3. Wilfred Bigelow, 70 3'8"

Age Group 75-79

- 1. Herbert Anderson, 79 4'
2. Winfield McFadden, 76 3'10"
3. Homer Van Gelder, 77 3'10"

Age Group 80-84

- 1. Buell Crane, 81 3'8"

High Jump (Women)

Age Group 30-34

- 1. Phil Steekelenb, 33 4'8"
2. Christel Miller, 46 4'
3. Joan Tyksinski, 49 3'4 1/2"

POLE VAULT (MEN)

Age group: 30-34

- 1. Stevon Schwartz, 33 14'6"
2. Mike Davis, 31 13'6"
3. James Overton Jr., 31 13'
4. Chet Mc Gaugh, 30 12'

Age Group: 35-39

- 1. Bruce Hotaling, 39 12'6"
2. Dennis Stempel, 38 12'
3. James Ball, 37 11'

Age Group: 40-44

- 1. Dave Thoreson, 40 13'6"
2. Jeff Chase, 41 13'
3. Ron Fleming, 43 12'
4. Gary Bane, 43 11'6"
5. Dee De Witt, 42 11'6"
6. Byron Bush, 40 10'

Age Group: 45-49

- 1. Edward Hoyle, 45 13'
2. Donald Gray, 46 10'
3. Hal Smith, 45 10'
4. John Billmeyer, 49 9'6"
5. Dave Douglass, 49 9' Tie
6. Bill Eller, 46 9' Tie
7. Spencer Letcher, 49 8'

Age Group: 50-54

- 1. Jerry Donley, 51 12'6"
2. Al Brenda, 53 11'
3. Harold Wallace, 53 9'6"
4. Fred Gallardo, 50 9'

Age Group: 55-59

- 1. Don Grosh, 56 10'6"
2. Dave Brown, 58 10'
3. Richard Nordquist, 55 9'
4. James Johnson, 59 8'6"

Age Group: 60-64

- 1. Jim Vernon, 64 11'
2. Orval Gillett, 62 8'6"

Age Group: 70-74

- 1. Stan Thompson, 70 7'
2. Herbert Anderson, 79 5'

LONG JUMP MEN

Age Group: 30-34

- 1. Richard Lewis, 32 22'7"
2. Mike Davis, 31 20'
3. Greg Marshall, 33 19'11 1/2"
4. Chet McGaugh, 30 17'11"

Age Group: 35-39

- 1. Lester Bond, 37 22'1 1/2"
2. Dennis Stempel, 38 19'2"
3. Dave Romain, 39 18'8"
4. Miguel Ucovich, 39 17'8"

Age Group: 40-44

- 1. Dave Thoreson, 40 21'3/4"
2. Alvin Henry, 43 21'3/4"
3. Martin Hee, 40 19'4 1/2"
4. Charles Jurden, 40 17'4"
5. William Mitchell, 41 16'8 1/2"
6. Earl Pearson, 43 15'9 1/2"

Age Group: 45-49

- 1. Dave Jackson, 49 19'8 1/2"
2. Mal Andrews, 47 18'4"
3. George Carson, 48 18'3/4"

Age Group: 50-54

- 1. Shirley Davisson, 51 19' 1/2"
2. Phil Schlegel, 51 18'1 1/2"
3. Ed Mahany, 50 17'5"
4. Al Brenda, 53 17'1 1/2"
5. Fred Gallardo, 50 16'11 3/4"
6. Don Donnelly, 52 16'3 3/4"
7. Bernie Schindler, 54 15'9 1/2"
8. Joe Thomas, 52 13'2 1/2"

Age Group: 55-59

- 1. Tom Patsalis, 59 19'5 1/2"
2. Raymond Spencer, 58 16'4 1/2"
3. Dave Brown, 58 17'4 1/2"
4. Claude Tracy, 55 13'7"

Age Group: 60-64

- 1. John Alexander, 61 16'4"
2. Jim Vernon, 64 16'3/4"
3. Henry Carter, 60 13'9 1/2"

Age Group: 65-69

- 1. John Satti, 67 16'1 1/2"
2. Herbert Miller, 65 13'6 1/2"
3. Leon Joslin, 69 12'1 1/2"
4. John McDonnell, 67 11'1 1/2"
5. Paul Fanning, 66 10'5 1/2"

Age Group: 70-74

- 1. Joe Caruso, 71 13'8 1/2"
2. Ted Hatlen, 70 12'1"
3. Stan Thompson, 70 12' 1/2"

Age Group: 75-79

- 1. Winfield McFadden, 76 11'8"
2. Homer Van Gelder, 77 11'5"
3. Herbert Anderson, 79 10'11 3/4"

Age Group: 80+

- 1. Christopher Tompkins, 81 12'7 1/2"

LONG JUMP WOMEN

Age Group: 30-34

- 1. Phil Raschker, 34 18'11 3/4"

Age Group: 40-44

- 1. Lucille Ligon, 42 13' 1/2"
2. Connie Voigt, 43 8'7 1/2"

Age Group: 45-49

- 1. Christel Miller, 46 13'8 1/2"
2. Susan Redfield, 45 13'3 3/4"

-MEN'S TRIPLE JUMP

Age Group 80-84

- 1. Buell Crane, 81 20'9 1/2"

Age Group 75-79

- 1. Winfield McFadden, 76 26'10 1/2"
2. Homer VanGelder, 77 22'6 1/2"
3. Herbert Anderson, 79 23'6 3/4"

Age Group 70-74

- 1. Stan Thompson, 70 25'3 1/2"
2. Ted Hatlen, 70 17'10 1/2"

Age Group 65-69

- 1. John Satti, 67 29'8"
2. Herbert Miller, 65 26'8"

Age Group 60-64

- 1. Chas Mercurio, 61 27'5 3/4"
2. George Polynis, 63 27'5"
3. Robert Long, 63 21'9"

Age Group 55-59

- 1. Tom Patsalis, 59 39'8 1/2"
2. Raymond Spencer, 58 34'9"
3. Dave Brown, 58 34'
4. Claude Tracy, 55 28'3"

Age Group 50-54

- 1. Shirley Davisson, 51 37' 1/2"
2. Al Brenda, 53 34'10 1/2"
3. Ed Mahany, 50 33'3 1/2"
4. Fred Gallardo, 50 32'1 1/2"
5. Don Donnelly, 52 32' 1/2"

Age Group 45-49

- 1. Dave Jackson, 49 42'3 1/2"
2. Mal Andrews, 47 36'4 1/2"
3. Tom Langenfield, 46 34'11"
4. Mark Bodley, 47 34'4 1/2"
5. Gary Dawson, 47 29'9 1/2"

Age Group 40-44

- 1. Alvin Henry, 43 40'5"
2. Martin Hee, 40 39'3 1/2"
3. Jack Sanchez, 42 32'6 1/2"
4. George LaBelle, 42 32'
5. Charles Jurden, 40 30'11 3/4"

Age Group 35-39

- 1. Dave Romain, 39 41'3 3/4"
2. Dan McPeck, 38 39'2 1/2"
3. Dallas Isaksen, 37 38'5 3/4"
4. Miguel Ucovich, 39 35'9 3/4"

Age Group 30-34

- 1. Steve Lang, 30 43'5 1/2"
2. Ed Baskauskas, 31 42'8 3/4"
3. Preston Hannibal, 33 36'8 1/2"

TRIPLE JUMP (Women)

Age Group 30-34

- 1. Phil Raschker, 34 34'8 1/2"
2. Donna Ucovich, 31 28'8 1/2"

Age Group 45-59

- 1. Christel Miller, 46 26'9 3/4"

SHOT PUT

Age group: 30-34

- 1. Chet McGaugh, 30 41'6"
2. Jim Trujillo, 34 39'
3. James Overton Jr., 31 38'6"
4. Gary Kelmenson, 31 36'3"
5. Bill Henderson, 34 35'5"
6. William Shissler, 31 33'2"

Age Group: 35-39

- 1. Edward Hill, 38 45'8"
2. Dennis Stempel, 38 35'7"
3. Jack Karbens, 39 30'8"
4. Jerry Riley, 36 30'4"

Age Group: 40-44

- 1. Jim Hart, 44 45'4 1/2" Tie
2. Doug Smart, 44 45'4 1/2" Tie
3. Ed Burke, 41 43'5"

Age Group: 45-49

- 1. Larry Pratt, 40 41'10 1/2"
2. Carl Klehm, 42 38'10 3/4"
3. John Kidd, 44 35'5 1/2"

Age Group: 45-49

- 1. Hal Smith, 45 41'5 3/4"
2. Carlos Fraundorfe, 49 38'9"

- 3. Spencer Letcher 34'9 1/2"
4. Dick Mann, 48 32'10 3/4"
5. Dave Douglass 29'8 1/2"

Age Group: 50-54

- 1. Len Olson, 50 48'2 3/4"
2. Harry Hawke, 52 43'4 1/2"
3. Jack Scott, 50 40'3"
4. Harold Wallace, 53 39'5 1/2"
5. Rudolph Bredenbeck, 50 39'3 3/4"
6. Ed Terranova, 51 36' 3/4"

Age Group: 55-59

- 1. George Kerr, 58 45'5 3/4"
2. Richard Nordquist, 55 34'5"
3. Bradley Pearson, 59 28'3/4"
4. Belton Wolf, 58 27'6 1/2"
5. Bill Toaspern, 58 25'8 3/4"

Age Group: 60-64

- 1. Elias Castaneda, 62 46'9 3/4"
2. Daniel Aldrich, 63 45'3 1/2"
3. Quinto Merlo, 62 42' 3/4"
4. William Coleman, 62 41'6"
5. Robert Stone, 61 40'5 3/4"

Age Group: 65-69

- 1. Jack Thatcher, 65 44'5"
2. James York, 68 39'8 1/2"
3. Ross Carter, 67 38'7"
4. Leon Joslin, 69 34'6 1/2"
5. William Walker, 69 30'9"
6. Paul Fanning, 66 33'

Age Group: 70-74

- 1. Don Pierotti, 70 32'4"
2. Christopher Thompkins, 71 31'4 3/4"
3. Randolph Hubbell, 72 28'7"
4. Herbert Anderson, 79 26'7 1/2"
5. Buell Crane, 81 27'6 1/2"

Shot Put (Women)

Age group: 35-39

- 1. Jeri Smart, 39 21'7"

Age group: 40-44

- 1. Lucille Ligon, 42 30'9 1/2"
2. Almeta Parish, 44 23' 1/2"

Age group: 45-49

- 1. Susan Redfield, 45 23'5"
2. Joan Tyksinski, 49 20'6 1/2"
3. Donna Radigan, 45 17'0"

Age groups 50-54

- 1. Shirley Kinsey, 52 28'11"
2. Buff Messenger, 53 17'2"
3. Shirley Dietderich, 54 16'4 1/2"

Discus (Men)

Age Group 30-34

- 1. Tom Pahey, 33 159'
2. Chet McGaugh, 30 125'
3. William Shissler, 31 117'9"
4. Jim Trujillo, 34 116'4"

Age Group 35-39

Men Discus continued

Age Group 70-74

1. Ken Carnine, 73	118'7"
2. Christopher Tompkins, 72	103'1½"
3. Don Pierotti, 70	103'
4. Randolph Hubbell, 72	74'4"

Age Group 75-79

1. Winfield McFadden, 76	82'7"
2. Herbert Anderson, 79	66'10"

Discus (Women)

Age Group 35-39

1. Jeri Smart, 39	55'
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Age Group 40-44

1. Ann Smith, 44	55'9"
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Age Group 45-49

1. Donna Radigan, 45	62'5"
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Age Group 50-54

1. Shirley Kinsey, 52	77'11"
2. Buff Messenger, 53	43'9"

HAMMER (Women)

Age Group: 45-49

1. Donna Radigan, 45	42'7"
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HAMMER (Men)

Age Group: 30-34

1. William Shissler, 31	89'5"
2. Bill Henderson, 34	87'3"
3. Gary Kelmenson, 31	80'2"

Age Group: 35-39

1. George Frenn, 39	182'3"
2. Edward Hill, 38	135'6"

Age Group 40-44

1. Ed Burke, 41	197'11"
2. Julian Nunez, 42	139'1"
3. Carl Klehm, 42	133'10"
4. Jim Hart, 44	105'1"
5. Earl Pearson, 43	79'1"

Age Group: 45-49

1. Carlos Fraundorfer, 49	117'7"
2. Hal Smith, 45	104'0"
3. Dave Douglass, 49	103'10"
4. Dick Mann, 48	95'10"

Age Group 50-54

1. Len Olson, 50	121'10"
2. Jack Scott, 50	89'0"
3. Jerry Wojcik, 51	79'5"

Age Group: 55-59

1. Belton Wolf, 58	50'4"
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Age Group: 60-64

1. Gene Rochambeau, 62	112'5"
2. Daniel Aldrich, 63	112'1"
3. Robert Stone, 61	108'7"

Age Group: 65-69

1. James York, 68	82'10"
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Age Group: 70-74

1. Randolph Hubbell, 72	111'2"
2. Don Pierotti, 70	100'8"
3. Robert Ulsh, 74	96'8"

440 Relay (women) Accutrack time

Age Group 30-39

1. Ophir Prison Runners	73.25
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Age Group: 40-49

1. Nor Cal Seniors	57.24
2. Corona Del Mar	58.54

440 Relay (Men) Accutrack Time

Age Group: 30-39

1. So Cal Striders	43.50
2. West Valley TC (A)	43.65
3. All American TC	43.83
4. West Valley TC (B)	46.95

Age Group: 40-49

1. Corona Del Mar	44.03
2. Nor Cal Seniors	47.03

Age Group: 50-59

1. Corona Del Mar	47.67
2. Nor Cal Seniors	48.85
3. Corona Del Mar (B)	52.00

Age Group: 60-69

1. Corona Del Mar	59.13
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Javelin (Women)

Age Group 35-39

1. Mary Donnelly, 38	46'8"
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Age Group 40-44

* 1. Fran Conley, 41 (AR)	78'3"
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Age Group 45-59

1. Christel Miller, 46	96'3"
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Age Group 50-54

1. Shirley Kinsey, 52	70'9"
2. Shirley Dietderich, 54	54'8"
3. Buff Messenger, 53	38'6"

Age Group 75-79' Men - JAVELIN

1. Herbert Anderson, 79	84'
2. Winfield McFadden, 76	63'5"

Age Group 70-74

1. Emery Curtice, 74	114'4"
2. Christopher Tompkins, 72	106'1"
3. Ken Carnine, 73	96'11"
4. Randolph Hubbell, 72	82'

ADDENDUM TO 440 RELAY: List of Team Members submitted later

Women: Age Group 40-49

- Nor Cal Seniors = Tyksinski, Parish, Obara & Sherrard
- Corona Del Mar = Miller, Carter, Fuller, & Kinsey

Men: Age Group: 40-49

- CDM + Dennis, Segal, Smith, & Miller
- NCSTC = Grippo, Hansen, DeStefano, & Miller

Age Group: 50-59

- CIMTC = Davidson, Vick, Schlegal, & Cheek
- NCSTC = Mahany, Marlin, Washington & Zumwalt

Age Group: 60-69

- CIMTC = Poloynis, Gist, Rice & Alexander

Age Group 65-69

1. Jack Thatcher, 65	99'1"
2. John McConnell, 67	75'6"
3. Leon Joslin, 69	73'2"
4. Paul Fanning, 66	72'2"
5. Frank Saylor, 67	72'

Age Group 60-64

1. Gordon Nordgren, 62	135'1"
2. Robert Stone, 61	125'2"

Age Group 55-59

1. Ed Chynoweth, 57	146'
2. Claude Tracy, 55	78'11"

Age Group 50-54

1. Ralph Sutton, 50	166'7"
2. Richard Straub, 52	141'8"
3. Len Olson, 50	138'1"
4. Harry Hawke, 52	127'8"
5. Jerry Wojcik, 51	121'3"
6. Rudolf Bredenbeck, 50	97'9"

Age Group 40-44

1. John Burns, 40	203'11"
2. Gale Barton, 42	176'4"
3. Bill Toomey, 41	171'6"
4. Anthony Mackay, 43	161'5"
5. George Miller, 44	155'11"
6. Richard Hotchkiss, 42	153'1"
7. Martin Hee, 40	127'9"
8. Charles Jurden, 40	120'4"

Age Group: 45-49

1. Phil Conley, 46	201'0"
2. Spencer Letcher, 49	184'0"
3. Robert Youngs, 47	179'2"
4. Donald Rose, 46	149'2"
5. Hal Smith, 45	147'4"
6. James Rothrock, 48	143'8"
7. Gary Dawson, 47	114'1"
8. Donald Gray, 46	113'11"

Age Group: 30-34

1. Courtney Taylor, 33	216'11"
2. Chet McGaugh, 30	182'8"
3. Steven Pelletier, 30	178'10"
4. Jim Trujillo, 34	137'1"

Age Group: 35-39

1. Lloyd Higgins, 39	179'6"
2. David Robertson, 36	168'10"
3. Fred Johnson, 35	164'10"
4. Dennis Stempel, 38	160'3"
5. Jack Karbens, 39	118'1"

MILE RELAY (women)

Age Group: 30-39

1. West Valley Joggers & Striders (Louie, Magana, Duff, & Lehner)	4:35.3
2. Nor Cal Seniors (Snyder, Parish, Obara, & Rudolph)	4:35.7

Age Group: 40-49

1. Corona Del Mar (Carter, Fuller, Kinsey & Miller)	5:02.5
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MILE RELAY (Men)

Age Group: 30-39

1. West Valley Track Club (Pruitt, Simpson, Romain, & Mason)	3:22.7
2. Southern Cal Striders (A) (Ferguson, Bogan, Stuart, & Summer)	3:26.0
3. Gateway Athletics (Irwin, Carr, Friedlander, Endris)	3:41.4

Age Group: 40-49

* 1. Southern Cal Striders (B) (AR) (Lee, Newton, Cohen, & Knocke)	3:29.5
2. Corona Del Mar (Johnson, Mayer, Billups, & Segal)	3:41.0
3. Nor Cal Seniors (DeStefano, Vincent, Grippo, & LaTorre)	3:49.0

Age Group: 50-59

1. Southern Cal Striders (Hunt, Sturak, Bryant, & Fitzgerald)	4:14.5
2. West Valley Joggers & Striders (Armstrong, Neidrauer, Dudley & Hill)	4:33.5
3. Culver City Athletic Club (Waste, Robinson, Scarpata, & Lang)	5:01.6

Age Group: 60-69

1. Corona Del Mar (Alexander, Rice, Killion &)	4:16.8
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15TH NATIONAL MASTERS T&F CHAMPIONSHIPS IN WICHITA, KANSAS, AUG. 7-8, 1982. BE THERE!

PAN-AM GAMES (cont.)

Shot Put (cont)

Men 70-74

Vernon Cheadle	39' 10½"
Red Doms	38' 10"
Randy Hubbell	28' 6 3/4"

Men 75-79

Mert Gambito	26' 1 3/4"
Earl Salisbury	23' 7½"

Men 80+

Buell Crane	29' 6"
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Women 40-44

Yvonne Rojano	30' 1½"
Ursula Schreiber	26' 2½"

Women 45-49

Joan Tyksinski	20' 9½"
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Women 50-54

Shirley Kinsey	29' 10"
Magdalena Kuehne	23' 6"

Women 70-74

Edith Mendyka	27' 7½"
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Discus

Men 30-34

Gary Kelmenson	107' 4"
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Men 35-39

Lloyd Higgins	159' 11"
Edward Hill	157' 1"
Manuel Lechugan	138' 1"

Men 40-44

Larry Pratt	150' 8"
James Hart	138' 7"
Carl Klehm	121' 1"

Men 45-49

Bob Humphrey	159' 8"
Ed Van Pelt	131' 2"
Jose Frawndorfer	124' 7"

Men 50-54

Leonard Olson	152' 7"
Charles Renfro	152' 1"
Jack Scott	118' 9"

Men 55-59

George Ker	138' 2"
Spotswood Hall	99' 6"
Rusty Tracy	78' 0"

Men 60-64

Dan Aldrich	165' 3"
Francisco Fragoso	130' 2"
Bob Stone	130' 1"

Men 65-69

Jack Thatcher	120' 7"
Art Vesco	95' 11"

Men 70-74

Vernon Cheadle	127' 7"
Red Doms	112' 3"
Randy Hubbell	67' 3"

Men 75-79

Winfield McFadden	83' 5"
Mert Gambito	81' 3"
Earl Salisbury	48' 10"

Men 80+

Buell Crane	75' 7"
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Women 40-44

Yvonne Rojano	101' 2"
Ursula Schreiber	75' 3"

Women 45-49

Christel Miller	69' 1"
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Women 50-54

Shirley Kinsey	78' 6"
Magdalena Kuehne	41' 5"

Women 70-74

Edith Mendyka	62' 6"
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400m Relay

Men 30-39

SCS	42:68
CDM	43:16

Men 40-49

CDM	44:18
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Women

CDM	58:5
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4x200m Relay

Men 30-39

SCS	1:30:0
AATC	1:31:8

Men 40-49

SCS	1:32:0
CDM	1:32:2

Men 50-59

SCS	2:01:4
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1600m Relay

Men 30-39

*AATC - a w k h	3:20:0
SCS - LEE Bogan, Stuart, Summer	3:20:7

Men 50-59

SCS	4:03:8
SMTC	4:15:3

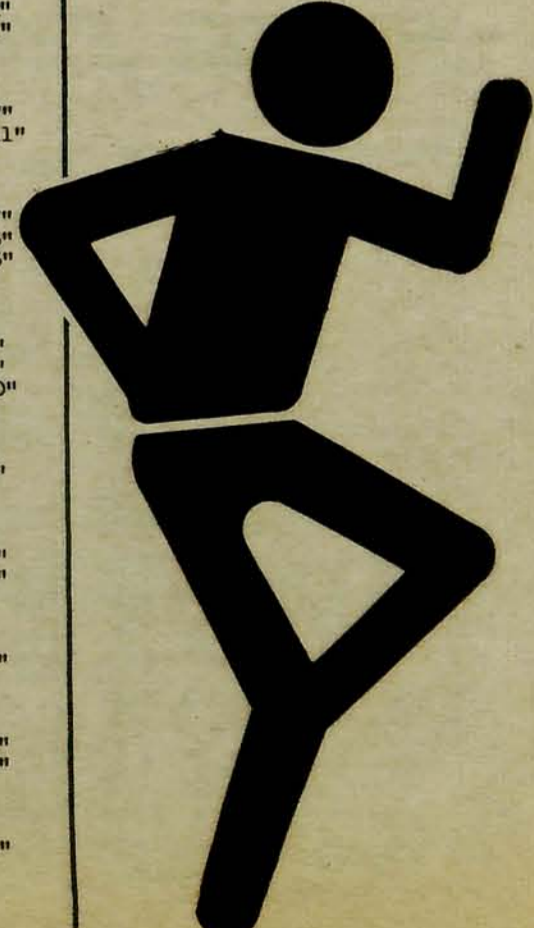
Men 60-69

SCS	4:30:2
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OUTSTANDING ATHLETE AWARDS

M30 Mike Jackson	Best Track:
M35 Hilliard Sumner	Tom Patsalis
M40 Walt Butler	
M45 Nick Newton	Best Field:
M50 Leonard Olson	John Dobroth
M55 Tom Patsalis	
M60 John Alexander	Best Foreign:
M65 Don Longenecker	Louis Vink
M70 Gordon Wallace	
M75 Win McFadden	Best Overall:
M80 Paul Spangler	Walt Butler
M30 Phil Raschker	
M40 Christel Miller	
M50 Adele Milicevic	
M60 Rose Kash	
M70 Bess James	

Hilliard Sumner, Meet Director, thanks all of you who attended for your support, and looks forward to seeing you next year.



LONG DISTANCE RESULTS

Please send masters race results to: National Masters Newsletter, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

GULF ATHLETICS CONGRESS 5K CHAMPIONSHIPS, HOUSTON, TEXAS, MAY 3.

M40+	Allen McDaniel	41	16:16
	Bob Mohler	41	16:18
	Al Lawrence	50	16:22
	Herb Cottle	41	16:42
	Don Slocumb	47	17:33

GARDEN CITY 5-MILES, JUN 13

	Tim O'Grady	40	27:32
	Joe Cordero	43	27:38
	Gordon McKenzie	54	28:16
	John Moran	55	29:35
	Chris McKenzie	47	34:53

MASSAPEQUA 5K, JULY 5.

	Joe Cordero	43	16:50
	Geza Feld	47	17:19
	Gordon McKenzie	54	17:07

HEMPSTEAD, NY 10K RUN, MAY 10, 1981

35 - 39	1) Doug Escher (6) 34:03	1) Roslyn Fischer (222) 48:25
	2) Dan Bodalament (19) 36:04	2) Jutta Fritsch (241) 50:44
	3) Bob Christenson (21) 36:09	3) Karen Livingston (279) 54:06
40 - 44	1) Joe Cordero (10) 34:39	1) Nina Kuscik 44:50
	2) Terry Rowan (37) 37:34	2) Flora Betcher (252) 51:33.2
	3) John Papalia (39) 37:54	3) Helen Elovich (295) 55:30
45 - 49	1) Geza Feld (23) 36:36	1) Rita Gallagher 57:53
	2) Bill Devlin (32) 36:57	2) No Finisher
	3) Rich Murphy (34) 37:00	3) No Finisher
50 - 54	1) Mike Bennet (68) 39:57	1) Cecile Rodau 57:54
	2) Bert Jablan (69) 39:58	2) Eleanor Scott 1:04:47
	3) Vin McEvoy (87) 41:00	3) No Finisher
55 - 59	1) John Moran (20) 36:05	1) No Finisher
	2) Joe Burns (30) 36:55	2) No Finisher
	3) Larry Schwartz (124) 42:57	3) No Finisher
60&Over	1) John Hughes (142) 44:08	1) No Finisher
	2) Bill Benson (187) 46:24	2) No Finisher
	3) William Benzer (235) 50:01	3) No Finisher

ACS RUN FOR HOPE, NEW YORK, JUNE 6, 1981.

30-39	1) John Fath (8) 33:16	1) Charlene Hetkowskl (146) 45:56
	2) Bob Moritz (11) 33:45	2) Lucy Mc Guire (176) 47:44
	3) Kevin Nolan (16) 34:38	3) Barb. Krakehl (180) 47:53
40-49	1) Lance Hugelmeier (18) 34:45	1) Chris McKenzie (128) 44:47
	2) Jim Hayman (21) 35:29	2) Marge Kruga (205) 48:46
	3) Joe Cordero (24) 36:09	3) Juta Fitz (225) 50:47
50&Over	1) Gordon McKenzie (25) 36:25	There were no finishers in this age group
	2) Gus Prince (46) 38:59	
	3) Bert Jablon (55) 39:43	

SHELTER ISLAND 10K RUN, N.Y., JUNE 27, 1981.

30-39	1) Jim Crawford (16) 31:39	1) Jan Arenz (88) 37:28
	2) Jeff Galloway (25) 32:35	2) Bobbie Rothman (105) 38:21
	3) John Fath (28) 32:49	3) Maddy Harmeling (107) 38:28
40-49	1) Fritz Mueller (34) 33:34	1) Ann-Marie Krepela (241) 42:25
	2) Lance Hugelmeier (39) 34:15	2) Mimi Lerner (249) 42:51
	3) Nick Pott (62) 36:00	3) Chris McKenzie (268) 43:20
50-59	1) Gordon McKenzie (50) 35:14	1) Rene Stahlman (775) 58:09
	2) Bill Heinbockel (85) 37:19	2) Carol Schroeder (884) 70:16
	3) Augustus Prince (99) 38:14	3) No finisher
60+	1) Andy Neidnig (248) 42:50	1) Zira Zellner (782) 58:41
	2) Aaron Kellner (461) 47:53	2) Florence Cuochiara (838) 61:58
	3) John Garraty (544) 50:16	3) No finisher.

from Geza Feld

LEATHERNECK MARATHON MARINE COPRS AIR STATION, EL TORO, CAL. JUNE 6, 1981.

M35 Ron Navarrette	2:45:50
M40 Del Pearce	3:03:00
M50 John Blood	3:07:01
M55 K.G. Taki	3:08:08
M60 Norm Ide	3:41:12
W35 Sue Petersen*	2:54:06
W40 Joyce Althoff	3:40:56
W45 Susan Johnson	3:52:27

*Overall women's winner

From L.T. LaViano, Maj.

HEWLETT 5 Mile, JUNE 13:

John Sullivan	53	29:44
Wilfredo Rios	62	32:52
Maddy Harmeling	36	29:42

from Geza Feld

PA-TAC 15K CHAMPIONSHIP LOS ALTOS HILLS, CALIF. JUNE 28, 1981.

M40+	23 Sal Vasquez	41	49:51
	37 Tim Rostege	41	51:47
	40 Ralph Bowles	44	52:20
	59 Everett Riggle	48	55:31
	62 Siegfried Mattern	55	55:48

W40+	98 Karen Scannell	42	58:57
	116 Vicki Bigelow	45	61:04
	122 Joan Ulyot	40	62:05
	135 Birthe Kirsch	42	64:02
	153 Sandy Vernon	43	67:44

from Jim Scannel

VALLEY STREAM 4-MILER FLUSHING, NEW YORK JUNE 28, 1981.

M35 Ted Halman	20:38
W35 Margaret Nihan	30:15
M40 Jim Hayman	22:08
W40 Jeanette Sherrard	28:51
M45 Witold Bialolcur	23:14
W45 Janet McDougall	29:29
M50 Bob Kerney	24:28
W50 Cecil Rodau	36:32
M55 John Kiernan	26:58
W55 Letha Evans	36:19
M60 John Hughes	28:35

from Geza Feld

SYOSSET COMMUNITY RUN 4.9 MILES

M35 Steve Conroy	25:09
M40 Lance Hegelmeyer	28:36
M45 Geza Feld	27:40
M50 Bert Jablon	30:28
M55 Norman Ross	37:17
M60 Dan Griffin	30:12
W35 Margaret Karanik	37:56
W40 Jeannette Sherrard	35:23
W45 Judith Opsalti	37:38
W50 Dagmar Balten'ger	48:39
W55 Diane Schwartz	42:12

M36-40 Frank Gonzales	34:00
M41-50 Mike Stanford	33:50
M51-55 Barney Berlyn	44:47
M56-59 Jack Carey	NT
M60+ Norm Ide	43:30
W41-50 Audrey Heath	44:28
W51+ Ruth Carey	NT

from Norm Ide

MANUFACTURERS HANDOVER WESTCHESTER HALF MARATHON

White Plains to New Rochelle

Sponsored by MHT Under the auspices of NYRR Date: June 28, 1981 10:00 AM Distance: 13.1 miles Check-in: Men-3192, Women-558, Total-3750 Finishers: Men-2791 and 16 racewalkers, Women-385 and 2 racewalkers, Total-3114 Weather: Very warm and sunny. Mid 80's

Subvet (30-38)	Fanelli, Gary, 30 (1st overall)	1:05:18
	1. Stewart, Chris, 33-England	1:06:22
	2. Hall, Art, 34-NSTC	1:10:09
	3. Hassall, Tim, 34-WSSAC	1:10:28
	4. Torella, Lawrence, 31-NYC	1:10:52
	5. Oman, Alan, 31-SS	1:11:48
	6. Backe, William, 31-LB	1:12:32
	7. Sander, Norbert, 37-Millrose	1:12:44
	8. Beach, Bennett, 32-NY	1:12:45
	9. Pasternack, Joel, 30-AA	1:12:53
	10. Reisman, Peter, 33-NYC	1:12:56

1. Howard, Sid, 42-CPTC	1:14:32
2. Fills, Jim, 43-Millrose	1:15:00
3. Boode, James, 42-WF	1:18:06
4. Sulek, Jerry, 44-Bklyn	1:18:58
5. Stretton, Guy, 40-OG	1:19:05
6. Wilson, Dave, 43-SS	1:20:03
7. Walsh, William, WRR	1:20:41

1. Dugdale, John, 46-WRC	1:18:06
2. Barclay, Thomas, 49-YH	1:21:39
3. Midtskogen, Ragnar, 47-NY	1:21:42
4. Stillman, George, 49-Millrose	1:21:56
5. Ranis, Peter, 45-NYC	1:23:45
6. Stern, Lou, 47-PPTC	1:24:06
7. McCrudden, Owen, 45-Millrose	1:24:56

1. Dixon, Don, 54-WSY	1:20:15
2. Fortune, Bill, 53-PR	1:21:43
3. Jones, Kenneth, 50-NYM	1:21:48
4. Thompson, George, 55-NYAC	1:25:03
5. Berner, Harry, 57-NJ	1:26:54
6. Burrown, Ted, 54-NY	1:26:54

1. O'Connor, Bill, 60-CPTC	1:33:44
2. Holst, Frank, 60-WRR	1:37:54
3. Leone, Anthony, 62-CT	1:41:18
4. Freeman, Sam, 60-WSY	1:44:07

1. Arez, Jan, 31-NY	1:23:43
2. Hearn, Angela, 35-Atlanta	1:25:02
3. Given, Sharon, 30-SS	1:26:57
4. Chadwick, Beth, 32-SS	1:28:58
5. Averbuch, Gloria, 30-NYC	1:31:47
6. Cortfield, Choo, 39-PPTC	1:32:10
7. Meyers, Mimi, 39-PPTC	1:32:10

1. Medaglia, Sue, 46-Millrose	1:30:26
2. Margolin, Patsy, 40-WSSAC	1:39:50
3. Yu, Wen-Shi, 46-NY	1:39:51
4. Martin, Jill, 43-Bklyn	1:39:56
5. Phillips, Gudrun, 45-NYC	1:42:48
6. Perkins, Carol, 43-SA	1:43:08
7. Mottus, Jill, 43-MD	1:43:13

1. D'Elia, Yoshiko, 51-Atlanta	1:32:13
2. Tighe, Nancy, 50-Atlanta	1:45:14
3. Larrier, Lillian, 52-Bklyn	1:51:39

1. Havens, Evelyn, 65-ITC	2:27:52
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1. Rodgers, Bill, 33 (1st overall)	29:30
2. Fultz, Jack, 33-MA	29:51
3. Krivan, Brian, 33-WSSAC	30:41
4. Cleary, Michael, 31-NYC	31:18

1. Martin, Jeff, 40-NJ	35:02
2. Bassett, Russell, 40-NY	35:25
3. Ruiz, Ramon, 41-NYC	35:40

1. Jones, Kenneth, 50-NY Mst	35:26
2. Fortune, Bill, 53-NYPD	36:26
3. Burns, Joe, 52-NJ	36:28

1. O'Connor, Bill, 60-CPTC	41:28
2. Sikatly, Ralph, 60-NYC	44:42
3. Lucas, Edward, 64-NJM	45:23

1. Salmini, Adrienne, 65	1:01:31
2. Havens, Evelyn, 65-Island TC	1:05:44

MH FIVE BOROUGH 5-MILE CHAMPIONSHIP, 1981.

M30 Pete Squires	24:33
M40 Bob Fischer	26:21
M45 Jim Aneshansley	27:12
M50 Don Dixon	29:11
M60 George Sheehan	30:48
W30 Kathy McIntyre	29:05
W40 Anna Thornhill	30:55
W45 Linda Sippelle	32:42
W50 Nancy Tighe	38:07
W60 E.V. Havens	49:27

DECATUR-DEKALB 4-MILER ATLANTA, JULY 4, 1981.

M40 Ken Winn	43	21:20
George Sharp	40	22:30
D Langway	42	23:38

M45 Ron Barrie	45	22:55
Ron Gaff	47	23:31
Ralph Force	48	24:47

M50 Grady Silver	50	23:49
Ben Gross	50	24:55
Joe Petrolina	54	25:54

M55 Bill Hardman	57	29:30
Ray Dubner	55	29:38
Scotty Thyne	59	30:30

M60+ H T Marshall	64	26:59
Pat Stone	61	28:29
Lew Lockhart	61	34:22

W40+ Rita Tomassini	60	33:00
Susan Moffat	40	38:50

SAN FRANCISCO MARATHON JULY 12, 1981.

Open Hal Schulz	2:15:17
M40 Tim Rostege	2:35:12
Joe Gassman	2:38:50
Ken Gale	2:41:08
M45 Fred Kiddy	2:39:06
M50 Ulrich Kaempf	2:38:09
M55 Flory Rodd	2:56:39
M60 Harold Daughters	3:02:24
Women Laurie Binder	2:38:04
W35 Ragna Roksvag-	
Zander	2:56:35
W40 Karen Scannell	2:52:47
Joan Ulyot	2:57:50
Sandra Kiddy	2:57:57
W45 Jeanie Kayser-	
Jones	3:34:32

1. Frank Shorter, Boulder CO, 33:59	
2. Glen Herold, Creve Coeur IL, 34:57	
3. R.K. Schupham, Iowa City IA, 36:22	
4. Carl Ruzicka, Chicago IL, 37:18	
5. Robert Wilson, Taylor Ridge IL, 38:00	

1. Jerry Anders, Waterloo IA, 38:59	
2. James McFadden, Tulsa OK, 39:13	
3. James Streeby, Ottumwa IA, 39:49	
4. Bill Koehn, Des Moines IA, 42:21	
5. Bill Barker, Davenport IA, 43:33	

1. John Blair, Moline IL, 43:36	
2. Bob Foster, Iowa City IA, 46:06	
3. Robert Holliday, Sherrard IL, 50:26	
4. Wallace Ash, DeWitt IA, 50:32	
5. Lyle Roberts, Burlington IA, 50:34	

1. Gene Farrell, LeClaire IA, 47:33	
2. Fred Williamsen, Bettendorf IA, 53:09	
3. Robert Coleman, Galesburg IL, 53:39	
4. John Wyatt, Wilton IA, 55:22	
5. Walter Newport, Davenport IA, 56:33	

1. Marsha Beaman, West Des Moines IA, 48:30	
2. Wilma Hagland, Cedar Rapids IA, 48:36	
4. Patricia Johnson, Davenport IA, 48:52	
5. Kathleen Miller, Davenport IA, 49:20	
5. Nancy Kaphan, Davenport IA, 49:49	

1. Thelma Pennebaker, New London IA, 54:25	
2. Carolyn Gerstein, Rock Island IL, 56:09	
3. Peggy Foster, Macomb IL, 56:10	
4. Rachel Norton, Davenport IA, 56:14	
5. Joyce Fox, Mishwaka IN, 58:04	

1. Jo Gense, Taylor Ridge IL, 1:01:47	
2. Sue Howes, Bettendorf IA, 1:04:42	
3. Shirley Schade, Rock Island IL, 1:05:52	
4. Jean Smith, Marion IA, 1:13:52	
5. Kay Townsend, Davenport IA, 1:14:16	

1. Kelley, Dorothy, 45-NYM	46:04
2. Wilson, Ovidine, 30-ESTC	48:49
3. Flettch, Lo-An, 36-EST	49:51

DESERET NEWS MARATHON SALT LAKE CITY, UTAH JULY 24, 1981.

Open	Demetrio Cabanillas	2:18:13
M35-39	Guy Gertsch	UT 2:36:21
	John Holland	NY 2:39:57
	Don Shultz	UT 2:40:35

M40-44	Daryl Beardsall	CA 2:41:21
	Bob Nelson	UT 2:43:39
	Ed Hagerman	UT 2:47:16

M45-49	Dewitt Paul	CA 2:44:22
	Kaye Fred Nelson	UT 2:48:20
	Meri Glauser	CA 2:48:47

M50-59	Gaylon Jorgensen	UT 2:42:13
	Paul Nance</	

TAC CENTRAL ASSOCIATION
15K ROAD CHAMPIONSHIPS
LAKERS' RUNNING CLUB
CRYSTAL LAKE, ILLINOIS
JULY 12, 1981.

35-39 MALES

R. Iturralde, Elk Grove	55:36
C. Precht, Chicago	55:37
C. Drage, Crystal Lake	58:46
R. Ronstadt, St. Charles	59:22
F. O'Neill, Carpentersville	61:29
P. Biermann, Algonquin	62:18
J. Santroni, West Dundee	64:09
B. Hamilton, Arlington Hts	64:21

FEMALES

Diane Moran, Crystal Lake	66:39
Judy Juszek, Crystal Lake	61:20
Darlene Jacoby, Crystal Lake	64:00
J. Fitzgibbons, Crystal Lake	64:31

40-44 MALES

Tom Alford, Rockford	58:35
G. Clark, Libertyville	60:31
Tony May, Crystal Lake	62:58
No Watson, Whitewater, WI	63:16
D. Drew, Crystal Lake	67:40
A. Yates, Harvard	68:25
L. Mirasse, Glenview	69:16
W. Hunlien, Walworth, WI	69:31
D. Schendel, Crystal Lake	69:54
C. Bennett, Hoffman Est.	70:25

FEMALE

Marie Leaner, Chicago	82:52
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45-49 MALES

Bob Pates, Wilmette	59:02
Les Bergquist, Sr, CrysLk	62:06
Bob Esquire, Great Lakes	62:56
H. Cobbs, Chicago	67:56
D. Eddy, Wauconda	68:00
D. Wigginton, Dixon	71:21
R. Vandersteen, Sterling	75:22
J. Jacoby, Crystal Lake	76:59
J. Howell, Crystal Lake	69:11

FEMALES

Terry Bricker, Wheaton	80:54
A. Vandersteen, Sterling	87:31

50-54 MALES

Dick Guthrie, Palatine	61:48
D. Booth, Glenview	65:58
S. Sorrentino, Palatine	67:01
J. Mitchell, Woodstock	69:27
J. Hall, Elmhurst	71:49
R. Lamer Mayer, Morn Grove	74:22

55-59 MALES

Bill Kohrs, Madison, WI	64:40
R. Carlson, Rockford	74:56
R. Sibly, Rockford	78:47

60-64 MALES

Arny Johnson, Rockford	65:04
George Haasl, McHenry	76:57

WILL ROGERS 10K. PACIFIC
PALISADES, CALIF., JULY 4.

M35-39

Don Schultz	UT	32:41
Reynold Sodini	CA	36:36
John Hayes	CA	37:34

M40-44

Eino	CA	35:55
Merl Glauser	CA	35:56
Bruce Kostin	CA	37:15

M45-49

John Opdyke	CA	38:30
John Ghini	CA	38:48
Don Croley	CA	39:56

M50-59

Eddie Ivory	CA	40:31
Bob Gerlach	CA	40:35
Bob McGuire	ENG	41:13

M60+

Eddie Lewin	CA	40:43
John Baldwin	CA	46:01
Oscar Borgen	CA	46:22

W35-39

Judy Burns	CA	46:18
Penny Perez	CA	47:15
Judy Culliton	CA	48:01

W40-44

Joyce Momita	CA	46:01
Adrienne Fowler	CA	46:31
Rita Gilmore	CA	47:32

W45-49

Carolyn Leacock	CA	47:14
Atsoko Fujimoto	CA	50:30
Mickie Shapiro	CA	51:19

W50-59

HeLen Dick	CA	44:03
Daisy Wong	CA	51:52
Doris Castaneda	CA	56:19

CLASSIFIEDS

As a public service to the masters community, *NMN* will publish all announcements free of charge.

If you are promoting a race meet, or offer a service or product, the rate is 25¢ a word. Payable with copy.

Deadline is the 10th of the month prior to issue date. Send to: *NMN*, PO Box 2372, Van Nuys CA 91404

ANNOUNCEMENTS

Anyone who won a medal in the Western Regional Indoor Masters T&F Championships in San Francisco February 22 should contact Tom Sturak so he can send you your award. Send your name and address to Sturak at Nike, 3900 S.W. Murray Blvd., Beaverton OR 97005.

To Brian Murphy: We have many athletes using a unit which could help rehabilitate your back. It absorbs 85-90% of the trauma involved in running. Many people in wheelchairs can use this unit to regain cardio-vascular fitness and maintain muscle tone. Call us collect and we'll show you how it can benefit you. Mike Sticht. (817) 261-5137.

DEADLINE. *NMN* is written by masters athletes for masters athletes. We need and welcome your reports of meets, races, schedules, photos, comments, etc. Deadline for editorial material and advertising is the 10th of the month before date of publication. Send to *National Masters Newsletter*, PO Box 2372, Van Nuys CA 91404.

Purchase good quality, low-cost awards from Haig & Val Bohigian. Medals \$1.50 to \$2.50. Trophies \$3 to \$5. Valian Associates, 225 Hunter Ave., N. Tarrytown NY 10591. (914) 631-8866.

PUBLICATIONS

MASTERS AGE RECORDS 1981. 44-page booklet contains men's and women's world and U.S. age bests for all track & field events, age 35 and up, as of Jan. 15, 1981. Includes 4th World Veterans Games results. Plus walking and championship records. 44 pages. Lists name, age, state and date of record. Send \$3 plus \$1 postage and handling to *NMN*, PO Box 2372, Van Nuys CA 91404.

SUBSCRIBE NOW to the *National Masters Newsletter*, the bible of the masters movement and the only national publication devoted exclusively to track & field and long distance running for men and women over age 30. \$12 for 12 issues a year. *NMN*, PO Box 2372, Van Nuys CA 91404.

RACE INFORMATION

JOE STEELE ROCKET CITY MARATHON - RRCA REGIONAL CHAMPIONSHIP - December 12, Huntsville, Alabama. "One of America's TOP 25 Road Races". 81 Divisions, Team and Special Category Trophies, T-shirts, Caps, Medallions, Certificates, Information and Results Books, Carbo Supper, Clinic and Finishline Photographs. Sanctioned and Certified. Fast course; check our records: Louis Kenny-2:12:21, Peggy Schott-2:45:18, Ron Hill-2:19:37 (Masters). Send SASE to Huntsville Track Club, 8811 Edgemoor Drive, Huntsville, AL 35802.

602 in Nationals

continued from page 21

O.2 of his own American mark of 15:17.4, finishing only 5 seconds behind Clark.

● Bill Meinhardt, 40 of Los Gatos, dueling defending champ Faxon, holding on for the victory, 15:29.5 to 15:31.0. Faxon's time was 22 seconds faster than his 1980 winning effort.

● Lori Maynard, 45, set her 2nd U.S. 45-49 walk mark with a 1:56:02 in the 20k.

● In the 400 meter hurdles, Matt Brown finally won the national title that eluded him last year, defeating 1956 Olympic hurdle bronze medalist John Culbreath, 48, of Gwynedd, Pa, 61.68 to 62.68.

● Mike DeStefano, 42, of Templeton, Cal., who came out of nowhere last week to upset former U.S. record holder Ed Oleata, did it again today, this time breaking Gary Miller's American mark of 57.67 in the astounding time of 57.37. DeStefano used to hurdle in school, and just recently resumed serious training in the event.

● Canadian George Smith, sped to the best clocking of the day, 54.14 to easily win the M35 title from U.S. record holder Ron Whitney. 200

● Last year, there were 11 women contestants in the 200 meters. This year, 21. While we haven't taken an exact count yet, it did appear that there were generally about twice as many women as last year, a welcome sign that more females are starting to enter the masters program.

● Spangler, Castro, Koppel and Alexander again dominated the upper-age men's groups. In the M50, Lancaster avenged his 400 defeat to Check, 28.8 to 24.8.

● Nick Newton lost his first 200 of the year in the M45 bracket, being nosed out by both Matt Brown and Springbett. It was Brown's 2nd gold medal of the day.

Endurance took the best of speed in the M40 race as Burnett overpowered Butler and Dave Segal, 22.4 to 23.0.

● Ruben Whitney claimed his 2nd 1981 title with a 21.8 win over Pruitt, Vicks and Paul Dungan of Portland.

● In the M30, defending champ Jackson ran the fastest turn of his career to open up daylight on the field, but Driver caught him at the tape in 22.25.

● Phyllis Olrich, 32, finished 6 seconds ahead of Fox in a good 4:39.3. Caselli virtually tied her 60-64 record with a 6:30.8, giving her 3 gold, 2 silver and 2 bronze metals for the weekend. Werbel won her 3rd gold, and James garnered her 7th gold, sweeping all 7 running events in the women's 70+ division.

● Rice took the M60 1500 in 5:02.1. Schirber again topped Kelsey Brown in the M50, 4:27.5 to 4:30.7 with Dave Stevenson 3rd in 4:34.

● Then, Amsterdam's Vink, one of a handful of foreign entries, repeated his performance in the Pan-Am games last week, staying right with pace-setting Packard in traditional European running style, then moving strongly with 250 to go to take the lead and hold off Packard's closing rush, 4:12.3 to 4:12.7.

● Then the classic of the day in the M40 1500. There were several bets on this one, with money going on Billups, Laris, Schupbach and Cohen. Everyone expected Billups to go out fast as he always does, with maybe a 57 or 58 quarter. But it was Jim McClatchie and then Laris who took the lead in a more subdued 64 first lap, with the pack in a tight bunch at the 800 in a relatively slow 2:11. Then Laris and Billups started pulling away, and with about 600 to go, Billups strategy became clear as he flew by and began to open up yardage as the rest of the field struggled to keep pace. Western Regional and TFA champ Schupbach was threatening Laris for 2nd while Cohen was back in the pack with Downey, Kirk Randall, Cleveland champ Les Hegedus, Jack Knebel, Bruce Kostin and John Pitman, all sub-4:40 milers. With a 64-second 3rd lap for 3:15, Billups now began to sprint, Laris couldn't keep up. Schupbach was struggling, and, with 250 to go, Cohen was in a box. Finally Cohen

got loose and began passing one runner after another. He went by Schupbach and Laris headed after Billups. But he ran out of room, finishing 15 meters behind, even though his 4:01.9 was 8 seconds faster than his former masters best, and faster than Billups' winning time last year. "I think I could have won, if I hadn't been boxed," her said.

● Former world class 1000-yard indoor champ Tom Von Ruden, 36, won the M35 national title in a swift 3:53.9, beating a tough field by 50 meters, including Ramsey Thomas of Winston Salem, N.C. (4:00.0), Dennis Tracy of Hayward, Ca., (4:00.0), and Rich Myers of Collingswood, N.J. (4:01.9). Defending champ Dave Shilling of Arlington, Va. finished 8th in 4:13.5, an effort that would have won him the 1980 title by 80 meters.

● Myers' New Jersey teammate Jim Waters retained his M30 national title crown in a fast 3:52.7.

MILE RELAY

● In the mile relay, the Southern California 40-49 team of Nick Newton, Bill Knocke, George Cohen and Ralph Lee broke the 9-year-old mile/1600 meter relay mark of 3:30.6, set by the Corona Del Mar Track Club, with a time of 3:29.5.

FIELD EVENTS

● John Dobroth, 40, of Ventura, Cal. broke his own one week old U.S. high jump of 6'6", topping Dave Thoreson (6'5") and former national record holder Jim Brown (5'10").

● Bob Humphries, 45, hurled the discus 161'4", farther than the current record, but on a field that was noticeably downhill in slope, thus nullifying the mark, according to records chairman Pete Mundle.

● Len Olson, 50, and George Ker, 58, and Jack Thatcher, 65, completed double wins in the shot and discus. Christel Miller, 45, won gold in the high jump, long jump and javelin.

● The Conleys had a good day. Phil, went over 200 feet in the Javelin (201'0") and Fran, 41, set a new American women's over-40 javelin mark with a 78'3" heave.

● Shirley Kinsey won the javelin to go with her triumphs in the 100, 200, shot and discus in the W50 category.

● Dave Jackson, 49, Al Henry, 43, and Win McFadden, 76, retained their national triple jump championships.

● Buell Crane, 81, of Twin Falls, Idaho, coming off serious injuries, won his shot, high and triple jumps.

● The Pentathlon was still in progress at 6 P.M. as twilight began to descend on the highly successful National Masters T&F Championships.

Most competitors were already beginning to plan their 1982 schedule around the national championships in Wichita August 7-8, the Masters Sports Festival in Philadelphia August 12-25, and the Masters T&F trip to China in September. □

Pan-Am Games

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(53.48) over Pauling and Haig Bohigian of New York.

Don Longnecker, 66, of Silver City, New Mexico, posted wins in the 400 (69.0), 800 (2:29.9) and 1500 (5:05.6).

Bess James put on an eye-popping performance in the women's 70+ division, winning 7 events: the 100, 200, 400, 800, 1500, 5000 and 10000, all in very respectable times.

Gordon Wallace, Prescott, Arizona was tapped outstanding 70-74 athlete with wins in the 5K (30:14) and 20K (2:19:44) walks.

Len Olson of Jericho, Vermont coped M50-54 honors with a 46'9" shot put, 152'7" discus throw and 4'4" high jump.



BEFORE INTRODUCING THE ZOOM, WE RAN A FEW TESTS.

They looked good on paper. And even better in the lab. These new spikes were definitely the lightest prototypes we'd ever put together—by about 90 grams.

What made that important was the old physiologist's rule-of-foot: for every 100 grams you knock off a pair of shoes, you also cut energy costs by about one percent.

It appeared, we'd come up with the fastest Nikes ever.

But that wasn't the only good news. For all the weight loss, these prototypes showed no loss in cushioning. None.

That really got us going. Because our own studies showed that comfort can also save runners energy.

So we went even further. Introduced the Variable Width Lacing

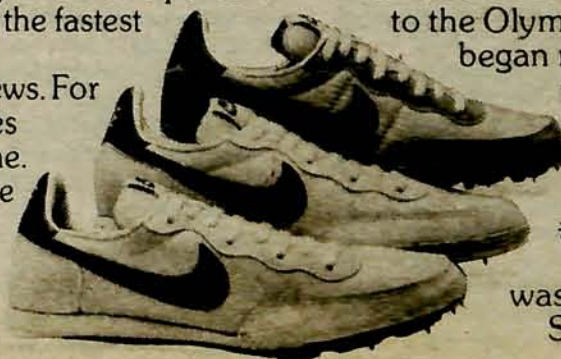
System™, for a nice, snug fit, especially through the arch. And redesigned the spike plate. So during the weight-bearing phase, the spikes would bite the dirt. Not the foot.

We developed models for sprints, distance and indoor.

Then the heavy research began. We put them on international tour. And from the Pan American Games, to the Olympic Trials, to Moscow itself, these spikes began rewriting the record books. Taking more than their share of victory laps.

That started a lot of people talking. But nobody, nowhere used their proper name: Prototype #45711 TF.

All they could say was ZOOM. Sounded good to us.



Beaverton, Oregon