

THE 5TH ISLAMIC SOLIDARITY GAMES

WOMEN & MEN

**KONYA
2021**

5. İSLAMİ DAYANIŞMA OYUNLARI
5th ISLAMIC SOLIDARITY GAMES



5th Islamic Solidarity Games

09-18 August 2022

Konya - TURKEY

SPORT HANDBOOK

Swimming & Para Swimming

Introduction

Title	Sports Handbook- Swimming
Abstract	This document provides a summary of the requirements and technical guidelines for Swimming Competitions.
Version	1.3
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Document Owner	Halis Yunus ERSOZ
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Handbook Revision Review

Version	Date	Author	Summary Flow
1.0		Turkish Swimming Federation	First Draft
1.1		Sports Directorate	General comments and revisions
1.2		ISSF	General comments and revisions
1.3		International Swimming Federation	Final Version

Abbreviations and Terminology

Title	Abbreviations	Notes
Islamic Solidarity Sports Federation	ISSF	
Organizing Committee of the Islamic Solidarity Games of Turkey	TISGOC	
5th Konya Islamic Solidarity Games	KONYA 2021	
National Olympic Committee	NOC	
International Swimming Federation	FINA	
Turkish Swimming Federation	TYF	

TECHNICAL RULES

1. COMPETITION RULES AND REGULATIONS

1.1 All Swimming competitions will be held in accordance with the rules of the International Swimming Federation (FINA). In case of any controversy related to the translation of the Rules, the FINA rules will be considered valid (2015-2021). In case of unforeseen issues, the following items will be considered:

- FINA rules will be binding for technical issues.
- For general issues, the Rules of Islamic Solidarity Games, General Rules and Technical Manual will be consulted.

2. COMPETITION MANAGEMENT

2.1 The competitions will be organized under the authority of ISSF, in accordance with FINA Rules by TISGOC and under the supervision of the Technical Committee.

2.2 The technical delegate is appointed by FINA.

2.3 The Turkish Swimming Federation will support the appointment of National Technical Officials to be approved by the Technical Delegate.

3. LOCATION AND COMPETITION SCHEDULE

3.1 The swimming competitions will be organized on 13-17 August 2022 at the Konya Olympic Swimming Pool.

3.2 All training sessions will be held at the Konya Olympic Swimming Pool, and all lanes of both the 50 m and 25 m pools will be available for training.

4. TECHNICAL MEETING

4.1 The Technical Meeting of Swimming Competitions will be held on 12 August 2022.

4.2 The following will attend the meeting:

- Technical Representative
- Sports referees and representatives of the referees committee
- Two official members of each team and the coach

The meeting aims to provide necessary information about the progress of events, the implementation of the Rules of the International Federation and explanations on the provisions of the Technical Regulation of sports.

5. COMPETITION AND PARTICIPATION

5.1 The National Federation and a National Olympic Committee that is a member of the International Swimming Federation (FINA), can participate in competitions with a total of twenty-four (24) athletes, up to a maximum of twelve (12) men and twelve (12) women. A maximum of two (2) people will participate in the individual competition and one (1) team in each relay competition.

5.2 A swimmer has the right to participate in up to five individual competitions and any number of relay competitions.

5.3 In order to participate in the competition, athletes must have the citizenship of the country in which the National Olympic Committee is registered. For eligibility, only individual passports will be used as the official document of the athlete.

5.4 Competitions and the Maximum Participation quota are as follows;

Maximum Entry of Men	Events	Maximum Entry of Women
2	50M FREESTYLE	2
2	100M FREESTYLE	2
2	200M FREESTYLE	2
2	400M FREESTYLE	2
2	800M FREESTYLE	2
2	1500M FREESTYLE	2
2	50M BACKSTROKE	2
2	100M BACKSTROKE	2
2	200M BACKSTROKE	2
2	50M BUTTERFLY	2
2	100M BUTTERFLY	2
2	200M BUTTERFLY	2
2	50M BREASTSTROKE	2
2	100M BREASTSTROKE	2
2	200M BREASTSTROKE	2
2	200M INDIVIDUAL RELAY	2
2	400M INDIVIDUAL RELAY	2
1 TEAM	4 X 100 M FREESTYLE RELAY	1 TEAM
1 TEAM	4 X 200 M FREESTYLE RELAY	1 TEAM
1 TEAM	4 X 100 M INDIVIDUAL MEDLEY RELAY	1 TEAM

5.5 In order to participate in the swimming competitions, athletes must have received at least 600 FINA points. The qualification periods for participation in the competitions are as follows:

MEN	EVENTS	WOMEN
24,79	50m Freestyle	28,06
55.61	100m Freestyle	1.01,30
2.00,93	200m Freestyle	2.13,95
4.20,92	400m Freestyle	4.40,35
8.56,04	800m Freestyle	9.34,78
17.12,70	1500m Freestyle	18.11,35
28,45	50m Backstroke	31,98
1.01,47	100m Backstroke	1.08,25
2.12,69	200m Backstroke	2.26,24
30,76	50m Breaststroke	34,85
1.07,43	100m Breaststroke	1.16,03
2.29,53	200m Breaststroke	2.44,93
26,40	50m Butterfly	28,96
58,68	100m Butterfly	1.05,77
2.11,28	200m Butterfly	2.24,42
2.15,16	200m Individual Medley	2.29,53
4.49,10	400 m Individual Medley	5.15,80
3.43,18	4x100m Freestyle	4.09,04
8.16,24	4x200m Freestyle	9.07,16
4.05,75	4x100m Medley	4.33,16

6. SWIMMING COMPETITION FORMAT

6.1 Swimming competitions will be held with at least 10 lanes in the 50m Olympic pool according to FINA rules. The 10 lanes of the competition pool will be used for morning warm-up purposes, while the semi-finals and finals will be held in 8 lanes.

6.2 In competitions, 100m and shorter distances will be held in the morning session as qualifying and evening session for semi-finals and finals; for 200m and over, qualifying in the morning session and finals in the evening session; in the 800m and 1500m Freestyle events, the slow heats according to the entry degrees given in the morning session and the 8 athletes with the best rankings according to the degrees given again in the evening session will swim in the fast heats.

6.3 Swimmers will be placed on the lanes according to their rankings given on the entry forms for the individual and team competitions. If there are equal points or rankings, the lanes will be determined by drawing lots. If the swimmer does not have any ranking, the athlete will be placed at the bottom of the list.

6.4 All Qualifying start Lists are created according to FINA rules, according to the rankings in the final entry list submitted by countries. The 24 fastest swimmers in each event will be distributed to the last three series according to FINA rules, while only the 16 fastest swimmers in the 400m events will be distributed to the last two series again according to FINA rules. The remaining swimmers will be distributed to the previous series according to the qualification grades awarded at the last entry lists.

7. SWIMMING COMPETITION PROGRAM

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
13 August 2022	14 August 2022	15 August 2022	16 August 2022	17 August 2022
Warm-Up (From 10:00)	Warm-up (From 10:00)	Warm-up (From 10:00)	Warm-up (From 10:00)	Warm-up (From 10:00)
100 m. Butterfly M	200 m. Freestyle M	50 m. Freestyle M	50 m. Backstroke W	50 m. Freestyle W
50 m. Breaststroke W	50 m. Butterfly W	100 m. Breaststroke W	50 m. Backstroke M	50 m. Butterfly M
50 m. Breaststroke M	200 m. Breaststroke M	100 m. Breaststroke M	200 m. Freestyle W	200 m. Breaststroke W
200 m. Individual Medley W	100 m. Freestyle W	200 m. Backstroke W	100 m. Freestyle M	400 m. Freestyle W
400 m. Freestyle M	100 m. Backstroke M	400 m. Individual Medley M	100 m. Butterfly W	4 x 100 m Individual Medley M
100 m. Backstroke W	200 m. Individual Medley M	200 m. Butterfly W	200 m. Butterfly M	4 x 100m Individual Medley W
200 m. Backstroke M	4x200 m. Freestyle W	4x200 m. Freestyle M	400 m. Individual Medley W	
4 x 100m Freestyle M	1500 m. Freestyle M	50 m. Freestyle M	4 x 100 m. Freestyle W	
800 m. Freestyle W (slow heat)	(slow heat)	1500 m. Freestyle W (slow heat)	800 m. Freestyle M (slow heat)	

Semifinals / Final (From 18:00)	Semifinals / Final (From 18:00)	Semifinals / Final (From 18:00)	Semifinals / Final (From 18:00)	Semifinals / Final (From 18:00)
50m Breaststroke W	50m Butterfly W	50m Freestyle M	50m Backstroke W	50m Freestyle W
50m Breaststroke M	200m Freestyle M	100m Freestyle W	50m Backstroke M	50m Butterfly M
200m Backstroke M	200m Breaststroke M	100m Breaststroke M	100m Breaststroke W	200m Breaststroke W
200m Individual Medley W	100m Freestyle W	200m Backstroke W	100m Freestyle M	100m Butterfly W
400m Freestyle M	200m Individual Medley M	400m Individual M	400m Individual Medley W	400m Freestyle W
100m Backstroke W	100m Backstroke W	200m Butterfly W	200m Butterfly M	50m Butterfly M
100m Butterfly M	100m Backstroke M	100m Backstroke M	200m Freestyle W	50m Freestyle W
800m Freestyle W	100m Butterfly M	100m Breaststroke W	100m Breaststroke M	4 x 100m Individual Medley M
50m Breaststroke W	50m Butterfly W	50m Freestyle M	100m Butterfly W	4 x 100m Individual Medley W
50m Breaststroke M	1500m Freestyle M	1500m Freestyle W	800m Freestyle M	
4 x 100m Freestyle M	4x200m Freestyle W	4x200m Freestyle M	50m Backstroke W	
			50m Backstroke M	
			4 x 100m Freestyle W	

8. EQUIPMENT

8.1 The Organizing Committee will provide all competition equipment in accordance with the WA-WPS Competition, Technical Rules and Regulations.

9. CLOTHING

9.1 Each team must comply with the FINA-WPS rules regarding the competition uniform.

10. MEDALS, CERTIFICATES AND AWARDS CEREMONY

10.1 Medal ceremonies will be held directly at the end of each competition. The winning athletes will wear the sports uniform of their relevant National Olympic Committees (NOC) or the official country uniform.

10.2 The following awards and Certificates are awarded to the winners of swimming competitions:

a) Individual Competitions:

The First Place: Gold medal and certificate of participation

The Second Place: Silver medal and certificate of participation

The Third Place: Bronze medal and certificate of participation

b) Relay Competitions:

The First Place: Gold Medal and Certificate of Participation for each team member

The Second Place: Silver Medal and Certificate of Participation for each team member

The Third Place: Bronze Medal and Certificate of Participation for each team member

Athletes between the fourth and eighth places will be awarded certificates.

Introduction

Title	Sports Handbook- Para Swimming
Abstract	This document provides a summary of the requirements and technical guidelines for Para Swimming Competitions.
Version	1.3
Date of Issue	14.01.2022
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1.0		Turkish Sports Federation for the Physically Disabled	First Draft
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1.3		International Paralympic Committee	Final Version

Abbreviations and Terminology

Title	Abbreviations	Notes
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Organizing Committee of the Islamic Solidarity Games of Turkey	TISGOC	
5. Konya Islamic Solidarity Games	KONYA 2021	
National Olympic Committee	NOC	
National Paralympic Committee	NPC	
International Paralympic Committee	IPC	
International Swimming Federation	FINA	
Turkish Sports Federation for the Physically Disabled	TBESF	

TECHNICAL RULES

1. COMPETITION RULES AND REGULATIONS

1.1 All Para swimming competitions will be held according to the rules of the International World Para Swimming Federation (IPC_WPS). In case of any controversy regarding the translation of the rules (January 2018), the WPS rules will be considered valid. In case of unforeseen issues, the following items will be considered:

- WPS rules will be binding for technical issues.
- For general issues, the Rules of Islamic Solidarity Games, General Rules and Technical Manual will be consulted.

2. COMPETITION MANAGEMENT

Para Swimming

2.1 The competitions will be organized under the authority of ISSF, in accordance with IPC-WPS Rules by TISGOC and under the supervision of the Technical Committee.

2.2 The technical delegate is appointed by WPS.

2.3 The Turkish Sports Federation for the Physically Disabled will support the appointment of National Technical Officials to be approved by the Technical Delegate.

3. LOCATION AND COMPETITION SCHEDULE

3.1 The para swimming competitions will be organized on 07-11 August 2022 at the Konya Olympic Swimming Pool.

3.2 All training sessions will be held at the Konya Olympic Swimming Pool, and all lanes of both the 50 m and 25 m pools will be available for training.

4. TECHNICAL MEETING

4.1 The Technical Meeting of Para Swimming Competitions will be held on 06 August 2022.

4.2 The following will attend the meeting:

- Technical Representative
- Sports referees and representatives of the referees committee
- Two official members of each team and the coach

The meeting aims to provide necessary information about the progress of events, the implementation of the Rules of the International Federation and explanations on the provisions of the Technical Regulation of sports.

5. COMPETITION AND PARTICIPATION

Para Swimming

5.1 A National Paralympic Committee, which is a member of the National Paralympic Committee (NPC), International Paralympic Committee (IPC), can participate in the competitions with a total of twenty-eight (28) athletes, fourteen (14) men and fourteen (14) women, with a maximum of two from each disability class. Teams will participate in each relay competition with one team.

5.2 Athletes must have the citizenship of the country in which the National Paralympic Committee is registered in order to compete.

5.3 Athletes must be licensed by the World Para Swimming Committee (WPS) 2022.

5.4 Athletes do not need to obtain any MQS to participate in swimming competitions.

5.5 In order for Athletes to compete in the competition, they must have either the status of the Obstacle class, Review (R) - Fixed Date Review (FDR) or Confirmed (C). Athletes with a disability class New (N) cannot participate in the competitions.

5.6 Competitions and Maximum Athlete Participation Quota are as follows;

Men Maximum Entry	Events	Women Maximum Entry
2	50M Freestyle (S4-S10)	2
2	100M Freestyle (S4-S10)	2
2	200M Freestyle (S4-S5)	2
2	400M Freestyle (S6-S10)	2
2	50M Backstroke (S4-S5)	2
2	100M Backstroke (S6-S10)	2
2	50M Butterfly (S5-S7)	2
2	100M Butterfly (S8-S10)	2
2	100M Breaststroke (SB4-SB9)	2
2	150M Individual Medley (SM4)	2
2	200M Individual Medley (SM5-SM10)	2
1 Team	4 X 50.M Freestyle mixed relay (20Pts)	1 Team
1 Team	4 X 100.M Freestyle mixed relay (34Pts)	1 Team
1 Team	4 X 50.M Medley mixed relay (20Pts)	1 Team
1 Team	4 X 100.M Medley mixed relay (34Pts)	1 Team

6. PARA SWIMMING COMPETITION FORMAT

6.1 Swimming competitions will be organized as at least 10 lanes in the 50m Olympic pool according to the IPC-WPS rules. While 10 lanes of the competition pool are used for qualifying purposes in the morning, competitions will be held in 8 lanes in the finals.

6.2 In the competitions, qualification competitions will be in the morning session and the final competitions will be in the evening session.

6.3 Swimmers will be placed in the lanes according to their degrees given on the entry forms for individual and team competitions. If the swimmer does not have any rating, the athlete will be placed at the bottom of the list.

6.4 All Qualification Start lists are created according to the WPS rules, according to the ranks in the last entry list submitted by the countries.

6.5 If the entries are less than 8 athletes in any discipline, no qualification will be made in the morning and the athletes will be swimming directly in the final in the evening session.

7. PARA SWIMMING COMPETITION PROGRAM

1 st day	2 nd day	3 rd day	4 th day	5 th day
07 August 2022	08 August 2022	09 August 2022	10 August 2022	11 August 2022
Warmup (as of 10 o'clock)	Warmup (as of 10 o'clock)	Warmup (as of 10 o'clock)	Warmup (as of 10 o'clock)	Warmup (as of 10 o'clock)
100m Butterfly W/M(S8-10) 50m Butterfly W/M(S5-S7) 400 m. Freestyle W/M(S6-S10) 4x50m. Freestyle mixed relay (20Pts)	200 m. Freestyle W/M(S4-S5) 200 m. Individual Mixed W/M (SM 5-SM10) 4x100 m. Medley mixed relay (34Pts)	50 m. Freestyle W/M(S4-S10) 100 m. Breaststroke W/M(SB4-SB9)	100m Backstroke W/M (S6-S10) 50 m. Backstroke W/M(S4-S5) 4x100 m. Freestyle mixed relay (34Pts)	100 m. Freestyle W/M(S4-S10) 150 Individual Mixed W/M SM4 4x50 m. Medley mixed relay (20Pts)
Semi Final / Final (as of 18 o'clock)	Semi Final / Final (as of 18 o'clock)	Semi Final / Final (as of 18 o'clock)	Semi Final / Final (as of 18 o'clock)	Semi Final / Final (as of 18 o'clock)
100m Butterfly W/M(S8-10) 50m Butterfly W/M(S5-S7) 400 m. Freestyle W/M(S6-S10) 4x50m. Freestyle mixed relay (20Pts)	200 m. Freestyle W/M(S4-S5) 200 m. Individual Mixed W/M (SM 5-SM10) 4x100 m. Medley mixed relay (34Pts)	50 m. Freestyle W/M(S4-S10) 100 m. Breaststroke W/M(SB4-SB9)	100m Backstroke W/M (S6-S10) 50 m. Backstroke W/M(S4-S5) 4x100 m. Freestyle mixed relay (34Pts)	100 m Freestyle W/M(S4-S10) 150 Individual Mixed W/M SM4 4x50 m. Medley mixed relay (20Pts)

8. EQUIPMENT

8.1 The Organizing Committee will provide all competition equipment in accordance with the WA-WPS Competition, Technical Rules and Regulations.

9. CLOTHING

9.1 Each team must comply with the FINA-WPS rules regarding the competition uniform.

10. MEDALS, CERTIFICATES AND AWARDS CEREMONY

10.1 Medal ceremonies will be held directly at the end of each competition. The winning athletes will wear the sports uniform of their relevant National Olympic Committees (NOC)/ National Paralympic Committee (NPC) or the official country uniform.

10.2 The following awards and Certificates are awarded to the winners of para swimming competitions:

a) Individual Competitions:

The First Place: Gold medal and certificate of participation

The Second Place: Silver medal and certificate of participation

The Third Place: Bronze medal and certificate of participation

b) Relay Competitions:

The First Place: Gold Medal and Certificate of Participation for each team member

The Second Place: Silver Medal and Certificate of Participation for each team member

The Third Place: Bronze Medal and Certificate of Participation for each team member

Athletes between the fourth and eighth places will be awarded certificates.