



COMPETITION AND TECHNICAL INFORMATION

OCEANIA CHAMPIONSHIPS 2022

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Organisation

Oceania Athletics Council

President Vice President Treasurer Council Member Council Member Council Member Council Member Council Member

Oceania Athletics Staff

Executive Director Competition Manager Athlete Performance Manager Development Manager Media and Communications Coordinator

Local Organising Committee

Chairperson

Robin Sapong Trevor Spittle Titaua Juventin Matt Mahon Derek Mandell Joseph Rodan Junior Lord Sebastian Coe Dame Valerie Adams Geoffrey Gardner

Yonne Mullins Tom O'Shaughnessy Alison Fairweather Regan Kama Kobie Donovan

James Grech Philip Clark Cheryl Dixon Ben Faulkner Kym Galea Heather Griffith Kirsty Hoani Madeleine Moller Dayne O'Hara Anthony Porter Belinda Rule Yvonne Tui Northern Marianas New Zealand French Polynesia Australia Guam Fiji Great Britain New Zealand Norfolk Island

+61418885496 +61410136856 +61414366762 +61402709859

Technical Officials Appointments

COMPETITION DIRECTOR: Caroline Jackman (AUS), Kim Owens (AUS), TECHNICAL DELEGATE: Peter Hamilton (AUS), Katie Johns (AUS) ORGANISATIONAL DELEGATE: Yvonne Mullins (OAA)

REFEREES: Trevor Spittle (NZL – Chief ITO/REFEREE), Anthony Curry (NZL), Brian Roe (AUS), Christine Christie (AUS), Helen Roberts (AUS), Khan Sharp (AUS), Kirsteen Farrance (AUS), Peter Roberts (AUS), Richard Lawysz (AUS),

PARA-ATHLETIC EVENT MANAGER/REFEREE: Ruth Liong (NZL)

JURY OF APPEAL: Trevor Spittle (NZL - Chair), Patricia Kinnane (AUS) Denis Wilson (AUS)

TECHNICAL INFORMATION CENTRE MANAGER: Hazel McDonnell (AUS) **TIC ASSISTANTS:** Robyn Potts (AUS),

OFFICIALS' and VOLUNTEER WELFARE: Kym Galea (AUS), Alana Evans (AUS), Natasha Mullins (AUS)

TECHNICAL MANAGER : James Grech (AUS)

TECHNICAL JUDGES: Dayne O'Hara (NFI), Kevin Galea (AUS), Jim Stammers (AUS), Matt Lundie (AUS), Shane Watson (AUS), Theo Watson (AUS), Waisiki Koroivulavou (FIJ),

CALL ROOM MANAGER: Lisa Colquhoun (AUS)

CALL ROOM JUDGES: Carmen Sims (AUS), Di Lowden (AUS), Heather Blackadder (AUS), Jeanette Richter (AUS), Kerrie Channells (AUS), Leanne Hilton (AUS), Lynda Spittle (NZL), Tracey Keong (AUS),

POST EVENT CONTROL MANAGER: Audrey Cortez (AUS) POST EVENT OFFICIAL: Local Organising Committee Volunteers CEREMONIAL: Annette Purvis (NZL), Heather Blackadder (AUS)

CHIEF UMPIRE: Ian Colquhoun (AUS), Barry Pecar (AUS), John Morris (AUS), ASS CHIEF UMPIRE: Sue Slatcher (AUS),

Track: Aiden Kruck (AUS), Barry Dobson (AUS), Barry Pecar (AUS), Chris Waqa (FIJ), Craig Hook (AUS), David Higgins (AUS), Ian Colquhoun (AUS), Irene Davey (AUS), John Morris (AUS), Judi Worrall (AUS), Kerwyn Kleinschmidt (AUS), Michael Halmy (AUS), Patricia McHendrie (AUS), Peter Grant (AUS), Sue Slatcher (AUS), Stuart Merrick (AUS), Trudie Bradbury (AUS)

START AREA CO-ORDINATOR: Sandra Speers (AUS),

STARTER PANEL: Dave Brown (AUS), Del Warrick (AUS), Derrick Evans (AUS), Les Allen (AUS), Matt Webster (AUS), Pam Drake-Noden (AUS), Paula Cole (NZL), Peter Collerton (NZL), Wayne Greenham (AUS),

CHIEF PHOTO FINISH JUDGE: Tony Smyth (AUS) PHOTO FINISH JUDGES: Brad Taylor (AUS), Greg Ison (AUS)

FIELD CHIEFS: Brian Smith (AUS), Caitlin Christie (AUS), David Morrow (AUS), Kylie Brown (AUS), Stephen Palmer (NZL), Paul Nicholls (NZL)

Field Judges: Adrienne Bruce (NZL), Alex Merrilees (NZL), Alice Wessling (AUS), Avril Davies (NZL), Catherine Welsh (AUS), Cecile Naess (AUS), Daniel Warren (AUS), Donald May (NZL), Elizabeth Radley (AUS), Graham Davies (NZL), Grant Lord (NZL), Greg Simpson (AUS), Heather Holzer (AUS), Jackie Gould (AUS), Jane Chester (AUS), Joan Merrilees (NZL), Josephine Pinto (GUM), Karen Palmer (NZL), Katrina Morrow (AUS), Kirsty Hoani (AUS), Margaret Smith (AUS), Mark Chester (AUS), Melissa Thomas (AUS), Nathan Cropp (NZL), Nicholas Sainsbury (AUS), Rob Blackadder (AUS), Ron Richter (AUS), Peter Barrett (AUS), Peter Reynolds (AUS), Rebecca Austin (AUS), Sara Wessling (AUS), Sandra Lambrani (FRA), Sarah Davis (AUS), Siobhan Thompson (AUS), Thomas Mogensen (AUS),

CHIEF WALKS JUDGE: Grant Lord (NZL), Lisa Colhuquon (AUS) INTERNATIONAL RACEWALKING JUDGES (AREA): Grant Lord (NZL), Lisa Colhuquon (AUS) WALKS JUDGES: Jenny Boardman (AUS), Di Lowden (AUS), Carmen Sims (AUS),

ANNOUNCER: Jarrod Gibson (AUS)

Welcome

Mayor Greg Williamson – Mayor, Mackay Regional Council

Mackay Regional Council is proud to be the host and major sponsor of the 2022 Oceania Athletics Championships.

A warm welcome to all the competitors, support teams, and spectators who have travelled to be with us.

Despite a difficult couple of years for events, we are thrilled to have locked in so many signature events for 2022, including these championships.

Council is proud to have delivered this event for our region thanks to our Invest Mackay Events Attraction Fund, which aims to attract visitors, generate positive economic results, and foster community pride.

Mackay is home to some incredible wildlife experiences unlike anywhere else in the world, like watching the wallabies on Cape Hillsborough beach at sunrise or spotting a platypus swimming at Broken River. A new and very exciting adventure is the chance to visit some of the unique, pristine islands off the Mackay coast in the Great Barrier Reef Marine Park thanks to Wildcat Mackay tours. We hope you get a chance to enjoy our region.

Thank you for being in Mackay and all the best in your respective events.

Mayor Greg Williamson Mackay Regional Council



Robin Sapong Eugenio – President, Oceania Athletics Association

A Warm Welcome to all Athletes, Coaches, Team Managers, Technical Officials and Friends of Oceania Athletics, travelling to Mackay for the 2022 Oceania Athletics Championships.

The 2022 Championships will be the first time in 3 years that the Oceania Family has been able to come together. For a large majority of athletes, this will be their first international competition, and we congratulate you on your selection to represent your Federation.

We thank the Mackay Regional Council, for the generous support they have shown to Oceania Athletics, this support will ensure this event a success. North Queensland has been home to Oceania Athletics Championships in the past, and Mackay now becomes the third North Queensland City to host the Oceania Championships.

The Local Organising Committee has worked above and beyond, and it is a testament to the local Athletics' Community who has gotten behind the event to make it a success.

The 2022 Championships, sees several new additions to the Program. This will be the first time worldwide that an Area Championships will be conducted for both Able Body and Para Athletes at the one time.

The Under 16 Teams Challenge, has seen 9 teams entered, and we can't wait to see this new and exciting format for Oceania take off in the future.

With so many competitions moved into 2022, the Area Championships for the Senior athletes, will provide a major opportunity for athletes to qualify for the World Championships in Eugene, Oregon.

To each of the Athletes, Team Managers and Coaches, we congratulate you on your selection to the Oceania Championships, and your commitment to Athletics in the Pacific. To our Technical Officials, we thank you for your dedication to our sport – without you we simply cannot function.

We look forward to seeing you in Mackay.

Robin Sapong Eugenio President, Oceania Athletics Association



James Grech – Chairperson, Local Organising Committee

As Chairperson of the Local Organising Committee, it is a pleasure to welcome athletes, officials, volunteers and supporters to Mackay and the Mackay Aquatic & Recreation Complex (Mackay ARC). It is an honour for the Mackay Region to host an Oceania Championship with the Oceania once again. The Masters Athletics Championships held here in 2019, the year the facility opened.

I'm greatly appreciative to all the people of the Organising Committee, most of who are volunteers of athletics clubs in the Mackay and North Queensland Region. Also, thanks to the Mackay ARC facility management and operators, and the Mackay Regional Council and other sponsors, for banding together to present a great event that we hope you will go back home with great memories of the event and the Mackay Region.

I would especially like to thank the Oceania Athletics Association for trusting us and for the guidance and learning our LOC received in preparing for the event.

In your spare time make sure you get see some of the attractions we have to offer in Mackay. Whether it is one of our beaches, or a sunrise with a mob of Wallabies and Kangaroos at Cape Hillsborough, or through to Mackay's tropical charm of the rolling valleys and sugar cane to Eungella (young-gal-a) "Land of the Clouds", or some retail therapy. I am sure there is something for all. Good luck to all and we look forward to hosting you all over the Championships.

James Grech Chairperson, Mackay Oceania Championships LOC 2022



Covid-19 Information

We are fortunate to currently still be able to provide this important competition opportunity for our athletes; however, there are precautions and protocols we need to put in place to ensure the event runs safely and adhering to the current rules.

We ask that you please respect and cooperate with us so that our amazing sport can continue. If you are unwell, please do not travel. Stay home and get tested. Symptoms resemble other viral illnesses which is why testing is necessary even if you think Covid is unlikely. Symptoms include recent onset of fever, sore throat, runny nose, loss of sense of smell, headache, body ache, cough, shortness of breath, diarrhoea, nausea, and vomiting. If you have ANY of these symptoms, even if mild, seek medical advice or a test.

If you have already travelled to Mackay and feel unwell. Please let your Team Manager know, and please don't come to the Venue.

Please practice good hygiene, maintain appropriate social distancing.

History of Oceania Championships

Oceania Athletics was formed in 1969 after the IAAF (now World Athletics) amended its constitution to allow for Continental Area Associations. The first meeting of OAA, was held in Port Moresby, Papua New Guinea alongside the third South Pacific Games.

It was not until 1990, however, that the OAA conducted its inaugural Area Championships in Athletics in Suva, Fiji. These Championships, for both senior athletes and those under 20 years of age, were enormously successful and demonstrated quite clearly the need for regional competition to support the development of the sport.

Since the first edition of the Championships, the event has grown, and adapted throughout the years to the needs of the Oceania Federations. The 2019 edition in Townsville was the largest to date, and included 3 age groups, as well Para, Masters and Kids' athletics. It has been hosted in eight (8) Member Federations, and the 2022 Edition will be the 16th Edition of the Championships.

Previous Hosts

1990	Suva, Fiji
1994	Auckland, New Zealand
1996	Townsville, Australia
1998	Nuku'alofa, Tonga
2000	Adelaide, Australia
2002	Christchurch, New Zealand
2004	Townsville, Australia
2006	Apia, Samoa
2008	Saipan, Northern Marianas
2010	Cairns, Australia
2013	Papeete, French Polynesia
2014	Rarotonga, Cook Islands
2015	Cairns, Australia
2017	Suva, Fiji
2019	Townsville, Australia
2022	Mackay, Australia

Host City Information

Mackay is a city in Queensland, on Australia's east coast. Off the coast is a section of the Great Barrier Reef. Closer to shore are the islands of St. Bees, with reefs, rainforest and koalas, and Keswick, rich in marine life. Mackay itself is known for its Harbour Beach, marina and Bluewater Lagoon, a city water park. Inland from Mackay, Eungella National Park is a habitat for rare frogs and platypus.

The area which is now Mackay City was originally inhabited by the local Yuibera people.

Yuwibara (also known as *Yuibera, Yuri, Juipera, Yuwiburra*) is an Australian Aboriginal language spoken on Yuwibara country. It is closely related to the Biri languages/dialects. The Yuwibara language region includes the landscape within the local government boundaries of the Mackay Region.

Mackay is located about 970 kilometres (603 mi) north of Brisbane, on the Pioneer River. Mackay is described as being in either Central Queensland or North Queensland, as these regions are not precisely defined. More generally, the area is known as the Mackay–Whitsunday Region. Mackay is nicknamed the sugar capital of Australia because its region produces more than a third of Australia's sugar

Mackay was the birthplace of Catherine Freeman and Benita Willis, two of Australia's greatest ever athletes.

Population: 80,148 Emergency Ph Number: 000 Language: English Currency: Australian Dollar Telephone Country Code: +61 Time zone: AEST (UTC +10) Driving: Left hand side of the road Sunrise (June): around 6:30am Sunset (June): around 5:30pm Average Temperatures:

	April	May	June	July	August
High	27	24	22	22	23
Low	20	16	14	13	13
Mean	23	20	18	17	18
Precipitation	95.8	93.1	63.6	33.9	18.7
Humidity	80	78	79	78	78
Wind	17	17	16	15	14

Shopping Centres

Parkside Plaza 245 Bridge Road Canelands Central Mangrove Road Ooralea Shopping Centre Broadsound Road

Competition and Technical Information

Rules of Competition

The Championships will be conducted according to the rules and regulations of World Athletics and the Oceania Athletics Association. These Technical Rules may be adjusted, with a final version to be presented at the Technical Meeting.

Championship Events

The Following age groups and events will be conducted as Oceania Championships Events:

Senior Championships

The Senior competition will be the Oceania Area Athletics Championships. These events will be recognised as such, and in turn be awarded GL Level points for the World Athletics Rankings System and will count as the Area Champion in regard to World Championships Qualification for 2022.

Each Member Federation will be allowed to enter up to 3 athletes per Senior event providing they have met the entry standard as set out by OAA (appendix 1).

Athletes will need to be 16 years (born in 2006 or before) and above to be entered in Senior events except for the throwing events, combined events and 10,000m where athletes will need to be 18 years and older (Born in 2004 or before).

Entries will need to be submitted by each Member Federation. Each MF will be given information on how to submit their entries via the entry portal or through the attached entry form.

Events

100, 200, 400, 800, 1500, 5000, 10000, 100/110 H, 400 H, 3000 SC, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Decathlon/Heptathlon, 5000m Walk, 10,000m Walk, 4x100m, 4x400m,

Under 20 Championships

Each Member Federation will be allowed to enter up to 3 athletes per U20 Championships event providing they have met the entry standard as set out by OAA.

Age Groups are calculated on the 31^{st of} December of the year of Competition (2022). To compete in the under 20 age group, athletes will need to be born in 2003, 2004, 2005 or 2006.

Entries will need to be submitted by each Member Federation. Each MF will be given information on how to submit their entries via the entry portal or through the attached entry form.

All Under 20 athletes who are not a part of their Member Federation Quota will need to pay the competition levy of \$100 per athlete.

Events

100, 200, 400, 800, 1500, 3000, 5000, 100/110 H, 400 H, 3000 SC, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Decathlon/Heptathlon, 5000m Walk, 10,000m Walk 4x100m, 4x400m,

Under 18 Championships

Each Member Federation will be allowed to enter up to 3 athletes per U18 Championships event providing they have met the entry standard as set out by OAA (appendix 1).

Age Groups are calculated on the 31^{st of} December of the year of Competition (2022). To compete in the under 18 age group, athletes must be 15 years or older and be born in 2005 or 2006, 2007.

Entries will need to be submitted by each Member Federation. Each MF will be given information on how to submit their entries via the entry portal or through the attached entry form.

Under 18 athletes who are not a part of their Member Federation Quota will need to pay the competition levy of \$100 per athlete.

Events

100, 200, 400, 800, 1500, 3000, 100/110 H, 400 H, 2000 SC, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Decathlon/Heptathlon, 5000m Walk, 4x100m, 4x400m,

Entries – Oceania Championships Events

Each Federation may enter a maximum of three (3) competitors in an Under 18, Under 20, and Senior Individual event.

Each Federation may enter one relay team in each of the contested relays in the Under 18, Under 20 and Senior Categories.

Accompanying all entries must be a copy of an athlete's current passport.

Athletes Younger than 13

Unless stipulated previously, no athlete younger than 13 years of age on 31 December in the year of the competition (e.g., for the 2022 Championships, born in 2009 or later) may be entered in any event at the Oceania Athletics Championships.

Minimum Entry Standard

All athletes must have met the minimum entry standard for Senior, U20 and U18 Oceania Championships events, as outline in OAA Competition Circular 04.22 Oceania Athletics Championships 2022 - Entry, Competition and Financial Information

Confirmation of Entries – Oceania Championships Events and Under 16 Team Challenge

Confirmation of entries is the responsibility of the Team Managers

- Each Team Manager will be sent an electronic copy of their entries to approve prior to departure to Mackay.
- Team Managers should check these entries and return with substitutions / deletions to OAA
- An updated list of competitors and events will be provided at the Technical Meeting.
- Final confirmation of an entry must be received at the Technical Information Centre (TIC) 1 hour prior to the end of competition on the day prior to the conduct of the event.
- After close of confirmation of each event, heat allocation and lane draws will then be conducted for those events requiring them.
- Draws for all events will be posted online and be available at the Technical Information Centre.
- Team Managers must notify any scratching / withdrawals to the Technical Information Centre (TIC) no later than confirmation time for each event on the official Scratching's Form.
- Where an athlete is injured during warm up the TIC should be informed immediately.

An athlete shall be excluded from participation in all further events in the competition, including relays where:

- A final confirmation was given that the athlete would start in an event, but then failed to participate, and failed to notify the TIC of withdrawal.
- He / she qualified in preliminaries or heats for further participation in an event, but then failed to participate further.

The provision of a medical certificate, endorsed by a medical officer appointed or approved by the Organising Committee, may be accepted as sufficient reason to accept that the athlete became unable to compete after confirmation closed or after competing in a previous round, but will be able to compete in further events on a subsequent day of the competition (World Athletics TR4.4.)

Additional/Late Entries and athlete replacements:

No additional entries will be accepted after the close of entries date.

Up until the confirmation of entries at the Technical Meeting, Federations may substitute athletes already entered in the events where required.

Additional Heats / Elimination Rounds

If additional heats are required, all entries for that event will be notified through their team manager.

Preliminary Round Not Required

By the same token if a preliminary round is not required once again entries will be notified through their team manager.

Relays

Entries

Each federation or team can enter one (1) team per relay event.

Relay Entries must be submitted at the Technical Information Centre (TIC) 1 hour prior to the end of competition on the day prior to the conduct of the event.

Relay Confirmation

Relay confirmation sheets must be completed by the Team Manager and submitted at the Technical Information Centre.

The composition of the team and running order shall be officially declared no later than two (2) hours before the first published call for the first heat of each round of competition.

Each member of a team may run one leg only. Any four athletes from among those entered for the competition whether that or any other event, may be used in the composition of the relay. However, once a relay has started in a competition, up to a total of four additional athletes may be used as substitutes in the composition of the team.

If a team does not follow this rule, it shall be disqualified (World Athletics TR24.10)

Further alterations may be made on medical grounds only if verified by a medical officer appointed by the Local Organising Committee (LOC) until the final call for the particular heat/final in which the team is competing. (World Athletics TR24.11)

4x100m

Each team will comprise of 4 athletes from the same gender. The changeover zone will be 30m. The running order will be submitted at the time of final declaration.

4x400m

Each team will comprise of 4 athletes from the same gender. The running order will be submitted at the time of final declaration. The last three runners will all be required to wear hip numbers. These hip numbers will be given to athletes in the call room.

Mixed 4x400m

Each Team will comprise of two men and two women. The running order is free and will be decided by the Member Federation at the time of the final declaration. The last three runners will all be required to wear hip numbers. These hip numbers will be given to athletes in the call room.

Invitational Athletes – Oceania Championships Senior, U20 and U18 events

Oceania Athletics recognises that in some events, there are provisions to allow invitational athletes to compete.

In the case of Associate Member's teams, and where a federation has a second team, the second team will also be considered as invitational.

In Oceania Championships events, these athletes will be eligible for invitational medals, and are not eligible for the Oceania Championships.

Area Championships and National Championships Placing Scores can only be awarded to athletes representing their Area and Home Country respectively. Athletes representing a foreign Member Federation, Invitational or other Areas are regarded as out of competition participants (OC) and only receive Result Scores for their performances, regardless of their original position indicated in the official results of the competition.

The maximum number of Invitational Athletes that can go through to a final 8 will be 2.

The Oceania Championships events where the Invitational Rules will be enforced are: Senior U20 U18

All Masters events are not considered as Oceania Championships Events. The Oceania Para Championships are conducted as an open event, and it allows as many athletes as possible from a Federation to compete.

Technical Meeting

The Technical Meeting for Oceania Senior, U20 and U18 Championships will take place at Mackay ARC on Monday 6th of June at 3:00pm.

No more than three (3) representatives from each participating Member Federation (an in addition an interpreter if required) may attend the meeting.

The Technical Delegate will preside over the meeting, with the following Technical Officials in attendance:

- International Technical Officials
- International Technical Officials (Area)
- Competition Director
- Administration Delegate
- Meeting Manager
- Referees
- Technical Manager
- Call Room Manager
- Technical Information Centre Manager

Agenda

- Welcome OAA Representative
- Welcome LOC Representative
- Presentation of Key Competition Officials
- Facilities
- Technical Matters
 - Start Lists
 - Starting Heights and Progressions
 - Warm-up schedule
- Field event trials
- General Matters
 - Opening Ceremony
 - Educational Seminars
- Medical and Doping Control Information
- Accommodation
- Transport
- Answers to written questions

Written Questions

Any enquires concerning the Championships must be made in writing. These questions will be answered at the Technical Meeting.

Teams will need to email any questions to OAA (<u>competitions@oceaniaathletics.com</u>) no later than 3 hours prior to the Technical Meeting.

Technical Information Centre (TIC)

The main task of the Technical Information Centre is to ensure a smooth liaison between each Team and the Organising Committee, the Technical Delegate and the Competition Management of the Championships regarding technical matters.

The Technical Information Centre will be located at Mackay ARC.

The TIC will be open during competition hours and 90 minutes prior to competition and 30 minutes after competition. When the TIC is not open, please direct all enquires to the OAA Competition Manager. The TIC will be open on the day prior to competition (6th June), between the hours of 10am to 4pm.

The Technical Information Centre will be responsible for:

- Confirmation of entries
- Final declaration of team relays
- Withdrawals and substitutions
- Protests
- Appeals to the Jury
- Issue of forms for claiming records
- Processing of record claims
- Organization of photo finish print if required for records
- Obtain any additional medical information from Team Management for the Medical Team
- Distribution of communications between the Organising Committee and the Team Management
- Receiving written questions from Team Managers for the Technical Meeting
- Answering technical questions asked by Team Management
- Any other information required by teams or team management

Communication with Team Leaders

Team Managers will be required to submit their phone number and email on arrival to the TIC. Important information and alerts will also be distributed via WhatsApp or a similar Messenger service and Email.

OAA will be limiting the number of printed materials available at the TIC. All information will be available electronically.

One Manager per team should be nominated to liaise with the TIC. This name will need to be provided at the Technical Meeting to the Organisational Delegates.

Dates and Times:

Prior to Monday 6th June. All enquires to be directed to the OAA Competitions Manager.

Monday 6 th June:	10:00am to 4:00pm
Tuesday 7 th June:	8:00am to 6:00pm
Wednesday 8 th June:	8:00am to 6:00pm
Thursday 9 th June:	8:00am to 6:00pm
Friday 10 th June:	8:00am to 6:00pm
Saturday 11 th June	8:00am to 3:00pm

Results Services

Results will be available via the following:

• Live Results on the Oceania Athletics website

Team Management will be emailed a copy of results at the end of each day. Please provide contact details to the Technical Information Centre.

Results will be posted online at the completion of each day on Oceania Athletics Website.

Live result link will be published online via Oceania Athletics website, and social media channels, as well as being distributed at the Technical Meeting.

There will be no printed results available.

Call Room

Procedures

- All athletes are required to report to the Call Room prior to their event.
- Athletes will proceed to the start of their event from the Call Room accompanied by an official.
- Athletes who proceed to the event site not having gone through the Call Room and, not accompanied by an official, will not be allowed to compete.
- There will be one Call time. The times at which athletes should report to the Call Room prior to scheduled start time of their event are:

20 Mins
20 Mins
35 Mins
35 Mins
45 Mins
45 Mins
70 Mins

- The Call Room time allows for all Call Room procedures and movement to the competition site. The remainder of the time may be used to complete the warm-up at the competition site if the site is not in use for another event.
- If an athlete is already competing in another event at the designated call time, the Team Manager must notify the Call Room of this prior to the designated call time and submit a clash form to the TIC.
- All teams will be supplied with a call room schedule. This will be posted at the Call Room and TIC and emailed to all Team Managers.
- For Track Athletes, there will be baskets for athletes at the start line to leave a small amount of clothing or a small bag in, to be taken to the post event area for collection.
- Field Event athletes will be able to take a bag on to the field of play, so long as it meets the advertising regulations, and all prohibited items are removed.
- Confiscated items will be taken off athletes in the Call Room.
- Confiscated items will be available for collection at Post Event Control once the athlete's event has finished.

Hip Numbers

Hip numbers will be distributed in the Call Room. Athletes in races 800m and above will wear hip numbers on both hips corresponding to the position number. They will need to be secured by 4 pins on each corner.

The last three (3) runners in the 4x400m relays will also be given hip numbers to wear.

Combined Event Athletes

Combined Event athletes will only need to go through at the beginning of each day.

There will be a combined events rest room available for both heptathletes and decathletes. The combined events rest area will be located next to the Call Room.

Post Event Procedures

All athletes will need to exit Field of Play after their events through Post Event Control. Post Event control will be located just beyond the finish line. PEC will have the following:

- Medical and First Aid available.
- Water
- Confiscated items

As athletes go past PEC, there will be a mixed zone, where athletes will be available to Media outlets for interview opportunities.

Athletes may be asked to do an on-ground interview after their event, this will go to both broadcast and within the stadium.

Doping Control may be carried out. Any athlete selected for doping control will be collected from Post Event Control. If athletes have other events or duties, they should sign the acknowledgement and ask the chaperone to wait.

Progression to Finals (Track Events)

The number of rounds and heats to be conducted for all track events, and the number of athletes who progress to the next round, will be determined in accordance with World Athletics TR20.

Rules for progression and qualifying rounds are as follows. These are the numbers of athletes checkedin and over-ride the World Athletics Rules and remain subject to changes directed by the Competition Director and/or Technical Delegate.

100*/200/400 metres/Hurdles/Relays	1-8	Final only
	8-24	Two rounds
	over 24	Three rounds
800* metres	1 - 14	Final only #
	Over 14	Two Rounds
1500/3000/5000/10000 metres & Steeple		Final only #

*In the case of straight events, up to 9 athletes, and for 800m up to 14 athletes, may be included in some heats or finals to eliminate unnecessary rounds. If more than 25 confirmations are received for 100m or straight hurdles, 200m, 400m or 400m hurdles events, additional rounds may be programmed.

Maybe conducted in two divisions, if necessary.

PROGRESSIONS - For events up to 800 metres:

2 heats	First 3 per heat plus next 2 fastest to final
3 heats	First 2 per heat plus next 2 fastest to final
4 heats	First 3 per heat plus next 4 fastest to 2 semi-finals
2 semi-finals	First 3 per heat plus next 2 fastest to final
5 heats	First 4 per heat plus next 4 fastest to 3 semi-finals
3 semi-finals	First 2 per heat plus next 2 fastest times to final

Where it is decided that semi-finals shall be conducted, adjustments to the above progressions will be made and notified either at the Technical Meeting, or as soon as practicable thereafter.

In the case of a tie, World Athletics TR21 will apply.

There will be a maximum of two (2) invitational athletes through to a final of eight (8).

For Masters, U16 and Para Competition, Track events will be conducted as Timed Finals.

Starting Heights

Starting heights and progressions will be confirmed at the Technical Meeting along with progressions.

Team Managers need to ensure that all athletes season's best have been submitted prior to arrival into Mackay.

	Men	U18 HJ	Wome	n U18 HJ	Men	U20 HJ	Wome	n U20 HJ	Men	SEN HJ	Wome	n SEN HJ
	Start	Winning	Start	Winning	Start	Winning	Start	Winning	Start	Winning	Start	Winning
	Height	Height	Height	Height	Height	Height	Height	Height	Height	Height	Height	Height
2019	1.60	2.05	1.30	1.71	1.60	2.11	1.40	1.82	1.80	2.30	1.35	1.86
2017	1.60	2.00	1.20	1.67	1.60	2.09	1.30	1.64	1.70	2.04	1.50	1.67
2015	1.70	2.06							1.70	2.15	1.40	1.80
2014					1.55	2.09	1.35	1.63	1.65	2.00	1.40	1.63
2013	1.40	1.95	1.25	1.58					1.65	2.06	1.30	1.55
2010							1.30	1.80	1.65	2.20	1.30	1.80
2008	1.55	1.90	1.25	1.67					1.65	1.92		
2006			1.25	1.75					1.65	2.07		

Previous Starting and Winning Heights – Oceania Athletics Championships:

	Men	U18 PV	Wome	n U18 PV	Men	U20 PV	Wome	n U20 PV	Men	SEN PV	Wome	n SEN PV
	Start	Winning	Start	Winning	Start	Winning	Start	Winning	Start	Winning	Start	Winning
	Height	Height	Height	Height	Height	Height	Height	Height	Height	Height	Height	Height
2019	3.10	4.60	2.10	3.95	3.10	4.40	3.10	4.10	3.90	5.40	3.95	4.60
2017					3.00	3.70	2.10	3.40	3.20	3.80	2.10	4.00
2015									3.20	4.10		

	U18	Нер НЈ	U20	Нер НЈ	SEN	Нер НЈ	U18	DEC HJ	U20	DEC HJ	SEN	DEC HJ
	Start Height	Winning Height										
2019	1.29	1.74	1.38	1.65	1.41	1.86	1.50	1.86	1.50	1.95	1.71	2.13
2017	1.20	1.71	1.20	1.71	1.20	1.62	1.50	1.83	1.50	1.77	1.50	1.98
2015	1.35	1.49			1.35	1.76	1.40	1.94			1.40	1.87
2014			1.25	1.49	1.25	1.49			1.54	1.99	1.45	1.75
2013	1.25	1.38			1.25	1.50	1.40	1.91			1.45	1.93
2010				1.34		1.65					1.50	1.91
2008	1.28	1.52			1.37	1.40	1.41	1.65			1.50	1.77
2006											1.64	1.76

	U18 DE	EC PV	U20	DEC PV	SEN DEC PV		
	Start Height	Winning Height	Start Height	Winning Height	Start Height	Winning Height	
2019	2.70	4.10	2.70	4.30	2.70	5.00	
2017	2.50	2.70	2.50	3.90	2.50	4.00	
2015	2.20	3.50			2.50	4.40	

Equipment

Competition Equipment

All competition equipment provided by the LOC is certified by World Athletics.

Private Implements

Athletes who wish to use their own throwing implements during the Championships must lodge them with the Technical Manager in the Equipment Room no later than 1 hour prior to the end of competition the day prior to the event starting.

The implements will be impounded until after the event when athletes may collect them from the Technical Manager.

Personal implements lodged with the Local Organising Committee will be added to the pool of implements to be used in the competition and may be used by any athlete, not just the athlete who lodged it.

Transport/Storage of Equipment

Athletes and/or Teams with any personal implements that need to be transported from the Airport to Mackay Athletics and Recreation Centre, need to let Oceania Athletics know prior to arrival in Mackay.

OAA and the LOC will organise for equipment to be taken straight to Mackay ARC and stored there.

Personal Implements can be stored at the track in Mackay.

Implement Specifications

The following specifications apply to the conduct of throws events at the Oceania Athletics Championships:

Women	Hammer	Shot	Discus	Javelin
W-U18	3.00kg	3.00kg	1.00kg	500g
W-U20	4.00kg	4.00kg	1.00kg	600g
W-Open	4.00kg	4.00kg	1.00kg	600g
		- 1		
Men	Hammer	Shot	Discus	Javelin
Men M-U18	Hammer 5.00kg	Shot 5.00kg	Discus 1.50kg	Javelin 700g

Hurdles Specifications

The following specifications apply to the conduct of hurdle events at the Oceania Athletics Championships:

Age Group	Race (m) 100	Height (m) 0.76	No. 10	To First (m) 13	Interval (m) 8.5	To Finish(m) 10.5
WU20	100	0.84	10	13	8.5	10.5
WSEN	100	0.84	10	13	8.5	10.5
WU18	400	0.762	10	45	35	40
WU20	400	0.762	10	45	35	40
WSEN	400	0.762	10	45	35	40
Age Group	Race (m)	Height (m)	No.	To First (m)	Interval (m)	To Finish(m)
MU18	110	0.838	10	13.72	9.14	14.02
MU20	110	0.991	10	13.72	9.14	14.02
MSEN	110	1.067	10	13.72	9.14	14.02
MU18	400	0.838	10	45	35	40
MU20	400	0.914	10	45	35	40
MSEN	400	0.914	10	45	35	40
Steeplechase	Specifications:					
Age Group	Race (m) Hei	ght (m)	No of Barriers	Water Jumps	

Age Group	Race (m)	Height (m)	No of Barriers	Water Jum
WU18	2000m	.762m (30")	18	5
W-Open + U20	3000m	.762m (30")	28	7
MU18	2000m	.838m (33")	18	5
M-Open + U20	3000m	.914m (36")	28	7

Mackay has an inside water jump, and races for 3000m will start on the back straight, and races for 2000m will start on the home straight.

Oceania Para Championships

The Oceania Para Athletics Championships will be held in Mackay, alongside the Oceania Championships.

Events will be multi-class and medals awarded based on the an approved MDS table, which will be made available prior to the competition.

There will be a medal awarded for ambulant athletes, frame running and a medal awarded for secured/wheelchair athletes.

Track Races will be run as Timed Finals, and Field Events will receive 3 attempts with the Top 8 receiving 3 extra attempts.

Federations will be able to enter as many athletes in any events.

Ambulant Events:

100, 200, 400, 800, 1500, Long Jump, Shot Put, Discus Throw, Javelin Throw

Wheelchair/Secured Events:

100, 200, 400, 800, 1500, Shot Put, Discus Throw, Javelin Throw

Frame Running:

100m

Where there were no entries as of the close of final entries the event will not be conducted.

Confirmation of Entries – Oceania Para Championships

Athletes will need to check in at the Technical Information Centre (TIC) 1 hour prior to the end of competition on the day prior to the conduct of the event to withdraw from any events for the following day. You will be assumed checked in unless you withdraw.

After close of Confirmation of each event, heat allocation and lane draws will then be conducted for those events requiring them.

Draws for all events will be posted online and be available at the Technical Information Centre, the day prior to the event.

Athletes must notify any scratching / withdrawals to the Technical Information Centre (TIC) no later than confirmation time for each event on the official Scratching's Form.

An athlete shall be excluded from participation in all further events in the competition, including relays where:

- An athlete doesn't withdraw and then failed to participate, and failed to notify the TIC of withdrawal
- He / she qualified in preliminaries or heats for further participation in an event, but then failed to participate further.

The provision of a medical certificate, endorsed by a medical officer appointed or approved by the Organising Committee, may be accepted as sufficient reason to accept that the athlete became unable to compete after confirmation closed or after competing in a previous round, but will be able to compete in further events on a subsequent day of the competition (World Athletics TR4.4.)

Once confirmation has closed, final draws for all events will be posted online.

Scratching from Events Prior to 6 June

Any athlete in any event wishing to withdraw from an event, prior to the TIC opening on 6th June, must do so in writing to <u>competitions@oceaniaathletics.com</u>

Class	100m	200m	400m	800m	1500m	Shot Put	Discus	Javelin	Long Jump
T/F01	١	١	١	١	١	١	N	٧	٦
RR1	١								
RR2	١								
RR3	١								
T/F11	١	١	١	١	١	١	٧	١	١
T/F12	١	١	١	١	١	١	١	١	١
T/F13	١	١	١	١	١	١	٧	١	١
T/F20	١	١	١	١	١	١	N	N	١
T/F21	١	١	١			١	N	٧	١
T/F32	١	7	١			N	\mathbf{v}		
T/F33	١	١	١	١	١	V	V	N	
T/F34	١	١	١	١	١	١	N	٧	
T/F35	١	١	١	١	١	\checkmark	N	١	١
T/F36	١	١	١	١	١	V	٧	٧	١
T/F37	١	$\overline{\mathbf{A}}$	١	١	١	V	\checkmark	$\overline{\mathbf{v}}$	١
T/F38	١	١	١	١	١	V	٧	٧	١
T/F40	١	١	١			١	٧	٧	
T/F41	١	١	١			١	V	٧	
T/F42	١	١	١			V	٧	٧	١
T/F43	١	١	١			١	٧	١	١
T/F44	١	١	١	١	١	١	V	٧	١
T/F45	١	١	١	١	١	١	V	٧	١
T/F46	١	١	١	١	١	١	V	١	١
T47	١	١	١						١
T/F51	١	١	١	١	١		V		
T/F52	١	١	١	١	١	١	٧	١	
T/F53	١	١	١	١	١	١	٧	١	
T/F54	١	١	١	١	١	١	٧	٧	
F55						١	٧	٧	
F56						١	٧	١	
F57						١	٧	٧	
T/F60	١	١	١	١	١	١	٧	٧	١
T/F61	١	١	١			١	٧	١	١

Para Event List:

T/F62	١	١	١	١	١	١	٦	٧	١
T/F63	١	١	١			٧	٧	٧	١
T/F64	N	١	١	١	١	N	Ν	N	٦
		1 - : - - + -							

Para Implements Weights

Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women
F01	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g
F11	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g
F12	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g
F13	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g
F20	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g
F21	1.00kg	750g	4.00kg	3.00kg	600g	400g
F31	NE	NE	NE	NE	NE	NE
F32	1.0kg	1.0kg	2.0kg	2.0kg	NE	NE
F33	1.0kg	1.0kg	3.0kg	3.0kg	600g	600g
F34	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g
F35	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g
F36	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g
F37	1.0kg	1.0kg	5.0kg	3.0kg	600g	600g
F38	1.5kg	1.0kg	5.0kg	3.0kg	800g	600g
F40	1.0kg	750g	4.0kg	3.0kg	600g	400g
F41	1.0kg	750g	4.0kg	3.0kg	600g	400g
F42	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
F43	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
F44	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
F45	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
F46	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
F51	1.0kg	1.0kg	NE	NE	NE	NE
F52	1.0kg	1.0kg	2.0kg	2.0kg	600g	600g
F53	1.0kg	1.0kg	3.0kg	3.0kg	600g	600g
F54	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g
F55	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g
F56	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g
F57	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g
F60	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g
F61	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
F62	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
F63	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
F64	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g

Oceania Masters' Challenge

Athletes will be able to enter themselves through the entry portal. Entry Fees will be applicable for the Masters' Challenge and Queensland Championships, with a \$20 Competition Fee and \$10 per event payable on entry.

The Masters' Challenge and Queensland Masters Championship's events will be conducted according to World Masters Rules.

Track Races will be run as timed finals, and field events will receive 3 attempts with top 8 receiving one (1) extra attempt.

Individual athletes who are charged with a false start, as determined by the starter, shall be warned.

Individual athletes who are charged with their second false start in the same race, as determined by the starter, shall be disqualified.

Events

100m, 200m, 400m, 800m, 1500m, 5000m, Long Jump, Triple Jump, High Jump, Shot Put, Discus Throw, Javelin Throw, Hammer Throw, Heavy Weight

Queensland Masters Championships information

The Oceania Masters Challenge will also be the Queensland Masters Championships. The first three eligible Queensland Masters Athletes will win the Queensland Masters Athletics Championships.

Athletes will need to enter in the entry system for the Queensland Masters Championships. To be eligible for both the Queensland Masters Championships and Oceania Challenge Medals, athletes will need to pay the competition levy of both Competitions.

Confirmation of Entries – Masters' Challenge

Athletes will need to check in at the Technical Information Centre (TIC) 1 hour prior to the end of competition on the day prior to the conduct of the event to withdraw from any events for the following day. You will be assumed checked in unless you withdraw.

After close of Confirmation of each event, heat allocation and lane draws will then be conducted for those events requiring them.

Draws for all events will be posted online and be available at the Technical Information Centre, the day prior to the event.

Athletes must notify any scratching / withdrawals to the Technical Information Centre (TIC) no later than confirmation time for each event on the official Scratching's Form.

An athlete shall be excluded from participation in all further events in the competition, including relays where:

- An athlete doesn't withdraw and then failed to participate, and failed to notify the TIC of withdrawal
- He / she qualified in preliminaries or heats for further participation in an event, but then failed to participate further.

The provision of a medical certificate, endorsed by a medical officer appointed or approved by the Organising Committee, may be accepted as sufficient reason to accept that the athlete became unable to compete after confirmation closed or after competing in a previous round, but will be able to compete in further events on a subsequent day of the competition (World Athletics TR4.4.)

Masters Uniform

Masters athletes may wear a uniform of their choosing. All clothing worn by competitors must conform to the requirements of World Athletics TR 5 and the WA Advertising guidelines as below.

Implement Specifications

The following specifications apply to the conduct of throws events at the Oceania Athletics Championships:

Women	Hammer	Shot	Discus	Javelin
W35-49	4.00kg	4.00kg	1.00kg	600g
W50-59	3.00kg	3.00kg	1.00kg	500g
W60-74	3.00kg	3.00kg	1.00kg	500g
W75+	2.00kg	2.00kg	0.75kg	400g
Men	Hammer	Shot	Discus	Javelin
Men M35-49	Hammer 7.26kg	Shot 7.26kg	Discus 2.00kg	Javelin 800g
M35-49	7.26kg	7.26kg	2.00kg	800g
M35-49 M50-59	7.26kg 6.00kg	7.26kg 6.00kg	2.00kg 1.50kg	800g 700g
M35-49 M50-59 M60-69	7.26kg 6.00kg 5.00kg	7.26kg 6.00kg 5.00kg	2.00kg 1.50kg 1.00kg	800g 700g 600g

Hurdles Specifications

The following specifications apply to the conduct of hurdle events at the Oceania Athletics Championships:

Are Crever		Llaight (m)	Ne	To Cinet (ma)	Interval (m-)	To Finish(m)
Age Group	Race (m)	Height (m)	No.	To First (m)	Interval (m)	To Finish(m)
W35-39	100	0.84	10	13	8.5	10.5
W40-49	80	0.762	8	12	8	12
W50-59	80	0.762	8	12	7	19
W60+	80	0.686	8	12	7	19
W35-49	400	0.762	10	45	35	40
W50-59	300	0.762	7	50	35	40
W60-69	300	0.686	7	50	35	40
W70+	200	0.686	5	20	35	40
Age Group	Race (m)	Height (m)	No.	To First (m)	Interval (m)	To Finish(m)
Age Group M35-49	Race (m) 110	Height (m) 0.991	No. 10	To First (m) 13.72	Interval (m) 9.14	To Finish(m) 14.02
				• •	• •	• •
M35-49	110	0.991	10	13.72	9.14	14.02
M35-49 M50-59	110 100	0.991 0.914	10 10	13.72 13	9.14 8.5	14.02 10.5
M35-49 M50-59 M60-69	110 100 100	0.991 0.914 0.838	10 10 10	13.72 13 12	9.14 8.5 8	14.02 10.5 16
M35-49 M50-59 M60-69 M70-79	110 100 100 80	0.991 0.914 0.838 0.762	10 10 10 8	13.72 13 12 12	9.14 8.5 8 7	14.02 10.5 16 19
M35-49 M50-59 M60-69 M70-79 M80+	110 100 100 80 80	0.991 0.914 0.838 0.762 0.686	10 10 10 8 8	13.72 13 12 12 12 12	9.14 8.5 8 7 7	14.02 10.5 16 19 19
M35-49 M50-59 M60-69 M70-79 M80+ M35-49	110 100 100 80 80 400	0.991 0.914 0.838 0.762 0.686 0.914	10 10 8 8 10	13.72 13 12 12 12 12 45	9.14 8.5 8 7 7 35	14.02 10.5 16 19 19 40
M35-49 M50-59 M60-69 M70-79 M80+ M35-49 M50-59	110 100 100 80 80 400 400	0.991 0.914 0.838 0.762 0.686 0.914 0.838	10 10 8 8 10 10	13.72 13 12 12 12 12 45 45	9.14 8.5 8 7 7 35 35	14.02 10.5 16 19 19 40 40
M35-49 M50-59 M60-69 M70-79 M80+ M35-49 M50-59 M60-69	110 100 80 80 400 400 300	0.991 0.914 0.838 0.762 0.686 0.914 0.838 0.762	10 10 8 8 10 10 7	13.72 13 12 12 12 45 45 50	9.14 8.5 8 7 7 35 35 35	14.02 10.5 16 19 19 40 40 40

Steeplechase Specifications:

Age Group	Race (m)	Height (m)	No of Barriers	Water Jumps
W35+	2000m	.762m (30")	18	5
M60+	2000m	.762m (30")	18	5
M35-59	3000m	.914m (36")	28	7

Mackay has an inside water jump, and races for 3000m will start on the back straight, and races for 2000m will start on the home straight.

Under 16 Teams Competition

The Under 16 Team Challenge, is a teams' competition, and athletes will need to be a part of a team. No individual entries will be taken for the Under 16 Team Championships.

Athletes will need to be aged 14 or 15 years by the 31st of December 2022. There are no minimum entry standards for the Under 16 Teams Competition. Athletes can only be entered in one (1) team.

Track Races will be run as timed finals, and field events will receive 3 attempts.

Events

100, 200, 400, 800, 1500, 3000, 100/110 H, 300 H, 2000 SC, Long Jump, Triple Jump, High Jump, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Mixed 4x100, Mixed Swedish Medley (100, 300, 200, 400)

Teams can enter up to as many athletes in any event (except for SC and HJ), with maximum two athletes (1 male and 1 female) to score.

Athletes will need to register a performance to be eligible to be scored.

All athletes must compete in at least two (2) individual events. With a maximum of four (4) individual events and 1 relay (3 track and 1 field or 3 field and 1 track).

Each team may enter up to one (1) team in the relay event/s.

Confirmation of Entries – Under 16 Team Challenge

Confirmation of entries is the responsibility of the Team Managers

- Each Team Manager will be sent an electronic copy of their entries to approve prior to departure to Mackay.
- Team Managers should check these entries and return with substitutions / deletions to OAA
- An updated list of competitors and events will be provided at the Technical Meeting.
- Final confirmation of an entry must be received at the Technical Information Centre (TIC) 1 hour prior to the end of competition on the day prior to the conduct of the event.
- After close of confirmation of each event, heat allocation and lane draws will then be conducted for those events requiring them.
- Draws for all events will be posted online and be available at the Technical Information Centre.

- Team Managers must notify any scratching / withdrawals to the Technical Information Centre (TIC) no later than confirmation time for each event on the official Scratching's Form.
- Where an athlete is injured during warm up the TIC should be informed immediately.

An athlete shall be excluded from participation in all further events in the competition, including relays where:

- A final confirmation was given that the athlete would start in an event, but then failed to participate, and failed to notify the TIC of withdrawal.
- He / she qualified in preliminaries or heats for further participation in an event, but then failed to participate further.

The provision of a medical certificate, endorsed by a medical officer appointed or approved by the Organising Committee, may be accepted as sufficient reason to accept that the athlete became unable to compete after confirmation closed or after competing in a previous round, but will be able to compete in further events on a subsequent day of the competition (World Athletics TR4.4.)

Team Scoring

One athlete per gender per team will score.

The Winning team will receive a prize, and after the completion of the Under 16 competition, there will be a trophy presentation and announcement of results for the team Competitions.

 1^{st} 10 Points 2nd 8 Points 3rd 7 Points 4th 6 Points 5th 5 Points 6th 4 Points 7th 3 Points 8th 2 Points 9th 1 Point

To be eligible for a point, an athlete must receive a performance.

Relays are worth double points.

Uniform and Footwear

Each team must compete in the same uniform. The uniform must be submitted to OAA.

Athletes must adhere to the World Athletics Shoe Rules.

Any venue specific rules in relation to the type and maximum length of spikes will be advised by OAA within the team manual.

Track Events

Seedings will be based on team entries and athletes seed times, depending on number of teams entered, at least one (1) representative from each team in each heat.

Lane allocation will be random for all events

In Track events, only one false start per race will be allowed without the disqualification of an athlete (s) responsible for the false start. Any athlete (s) responsible for further false starts in the race shall be disqualified.

Swedish Medley Relay

Each Team will comprise of two men and two women. The running order will be decided by the Member Federation at the time of the final declaration, but a Male and Female athlete must run the 300 and 400m Legs.

The order of the relay is 100m, 300m, 200m, 400m.

Field Events

Field Events, athletes will receive 3 attempts

The Long Jump will have one (1) take off board. This board will be set according to the Technical Delegate.

The Triple Jump shall have a minimum of three (3) take off boards. The spacing of the boards will be as provided at the competition venue. These spacing's will be advised to all teams prior to the competition. Nominally, the distances will be 11m, 9m and 7m.

High Jump

Height progressions and starting heights will be determined after the close of entries have been received.

A maximum of 2 athletes per gender per team will be allowed to enter the High Jump.

Implement Specifications

The following specifications apply to the conduct of throws events at the Oceania Athletics Championships:

Women	Hammer	Shot	Discus	Javelin
W-U16	3.00kg	3.00kg	1.00kg	500g
Men	Hammer	Shot	Discus	Javelin

Hurdles Specifications

The following specifications apply to the conduct of hurdle events at the Oceania Athletics Championships:

Age Group	Race (m)	Height (m)	No.	To First (m)	Interval (m)	To Finish(m)
WU16	90	0.762	10	13	8.5	10.5
WU16	300	0.762	7	50	35	40
Age Group	Race (m)	Height (m)	No.	To First (m)	Interval (m)	To Finish(m)
MU16	100	0.838	10	12	8	16
MU16	300	0.762	7	50	35	40

Steeplechase Specifications:

Age Group	Race (m)	Height (m)	No of Barriers	Water Jumps
WU16	2000m	.762m (30")	18	5
MU16	2000m	.762m (30")	18	5
		6		

Mackay has an inside water jump, and races for 3000m will start on the back straight, and races for 2000m will start on the home straight.

Medal Presentations

Medal presentations will be made as soon as possible after the event. Medal Presentation will be made outside the track.

All place getters are asked to assist with this procedure by going with an official at the completion of the event.

Team Managers are requested to assist in ensuring athletes are readily available and are wearing their approved team uniforms or team track suit. (World Athletics TR5.1)

Only Senior Medal Ceremonies will be presented to the crowd.

Protests and Appeals

- Protests must be lodged initially with the Referee as per World Athletics Technical Rule 8 within 30 minutes of the announcement of the result.
- Appeals to the Jury are to be made in writing on the appropriate appeal form which can be collected from the Technical Information Centre (TIC).
- The cost of an appeal will be \$100 AUD.
- Appeals can be made by either the Athlete or the Team Manager and should be lodged in the Technical Information Centre.
- At these Championships, an approved team official may be present to assist an athlete whenever an athlete is being addressed or questioned by a Referee or Jury of Appeal.

Jury of Appeal

Oceania Athletics will appoint a Jury of Appeal according to World Athletics Competition Rule 12.

The Jury will consist of the following people:

Trevor Spittle New Zealand (Chair) Denis Wilson Australia

Trish Kinane Australia

With accordance to CR 12, if there is an appeal relating to Rule 54 (Racewalking), an additional Area or International Racewalking Judge will be added to the Jury.

Uniforms

- It is an Oceania Athletics Association requirement that all athletes, selected as part of a Federation team, must wear their official Federation uniform.
- A photograph of each Federation's competition uniform, front and back, must be submitted to the OAA Office prior to or when entries close.
- All clothing worn by competitors must conform to the requirements of World Athletics TR 5.
- All athletes must wear the official national uniform approved by their Delegation.
- Any infringement of the Rules may result in the disqualification of the athlete.
- Athletes not wearing their official team uniform will be required to acquire the correct attire before they progress through the Call Room.

- Any advertising on clothes and bags must comply with World Athletics Rules and Regulations. Please note that the World Athletics Advertising Rules and Regulations applicable for this competition. specify a maximum of 30 cm2 for the Manufacturer's logo on the competition wear and 40 cm2 on sweatshirts, T-shirts and jackets.
- The name/Logo of a national sponsor may be displayed, according to the same dimensions as set out above, instead of one of the national team or Member Federation Logo or flag on the national vest/leotard provided that such national sponsor is not a competitor of a Sponsor of the World Athletics or of the event.
- For the purpose of avoiding such conflicts, Member Federations must seek and receive prior approval from the WA/OAA.
- Should an athlete wear two pieces of clothing of the same nature during the Competition, e.g., T-shirt under a Vest and/or leggings under a pair of shorts, the under garment, if visible, must be clean and free of any markings.

Shoes

For the Under 16, Under 18, Under 20, Para and Senior Championships, The World Athletics Technical Rule 5, in regard to shoes, will be enforced in all Oceania Athletics Championships events.

For Masters Challenge, WA TR 5, will not be enforced.

Shoes will be checked on entry into the Call Room.

Advertising

The Oceania Championships will enforce the World Athletics Guidelines on Clothes and Accessories.

Advertising rules apply to the whole competition, which includes the medal presentation ceremony and any media interviews. If Federations wish to display other advertising on clothing or bags, they must ensure that their athletes are aware that any unacceptable advertising will be taped in the Call Room before entering the arena.

Competition Numbers

- Competition numbers will be supplied by Oceania Athletics Association.
- Competition numbers and pins will be given to Team Managers at the Technical Meeting, who will be responsible for issuing them to all athletes from their Federation.
- For Under 16 Team Managers may collect them from the TIC on arrival into Mackay
- For Masters and Para athletes, competition numbers will be available for collection from the TIC.
- The vest numbers issued to competitors for these championships must be worn firmly attached with no fewer than four pins so the entire number and sponsorship information can be easily read. No part of the number shall be folded under.
- Athletes will be issued a total of 3 bibs. All Bibs will have an athlete's name on the bib.
- Relay teams will be issued a Federation bib which will be place on the front of their uniform with the back of the uniform for the athlete's name bib. This will be issued in the Call Room.
- The OAA will enforce World Athletics TR5.9 which disqualifies an athlete from competing if he/she tampers in any way with the competition number. If an athlete loses their numbers, or it is tampered with it will be the Team Manager/Athletes' responsibility to replace them at a cost to the member federation/athlete.
- For replacement bibs, this will be done via the TIC, and this will cost AUD50.

World Championships Qualification

The following regulations shall apply for Automatic Qualification to the World Athletics Championships (not applicable for relays and marathon).

- 1. The Area Champion (in each individual event to be contested at the World Championships) automatically qualifies for the World Championships, irrespective of whether his performance has reached the Entry Standard. This does not apply to 10,000m, 3000mSC, Combined Events, Field Events and Road Events where the entry of the athlete will be subject to the approval of the Technical Delegates.
- 2. The Area Champion shall be the one who has achieved the title either in 2020, 2021 or 2022.
- 3. The Member Federation of the Area Champion will have the ultimate authority to enter the athlete or not, based on its own domestic standard or qualification system.
- 4. If the Member Federation of the Area Champion enters the athlete, he will be considered as having achieved the Entry Standard.
- 5. If the Area Champion, for whatever reason, is not entered, his quota will not be delegated to the second placed athlete and the normal entry rules and conditions apply.
- 6. For those Area Championships that do not have certain events, the Area Associations can organise alternate Area-specific event Championships with conditions conforming to Area Championships Regulations. World Athletics shall be notified of such alternative Championships at least one month in advance of the events' being held.

Venue

Mackay ARC is a World Athletics Class 2 Certified Venue. Completed in late 2018 by Polytan.

Previously it has hosted the Oceania Masters Athletics Championships in 2019, as well as the North Queensland Championships in 2020.

It is an 8 Lane Circular track with 9 Lanes on the Home Straight.

Team Areas

Teams will have access to a dedicated area, with tents provided for shade access. Teams will be assigned a position based on entries numbers.

Changeroom and Toilet Facilities

Access to changerooms will be via the aquatic entry.

There are toilets located in the Athletics Administration building, as well as the aquatic centre.

Security

The security of personal belongings will be the responsibility of the individual. It is recommended that each team supervise their own areas and security of the competitor's bags.

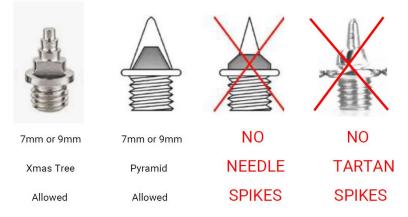
Combined Events Rest Area

There will be access to a combined event rest area on days when there are combined events on. This will be located next to the Call Room.

Spikes

The only spikes permitted for use are the **Christmas Tree** or **Pyramid** style. Spikes must also conform to the following lengths – Running, Long Jump and Triple Jump activity a maximum of 7mm and Javelin and High Jump activity a maximum of 9mm is permitted. **Needle, Tartan and Pin spikes are strictly not allowed in this facility.**

Only Christmas tree or pyramid spikes can be worn. Replacement spikes are available for purchase at the Mackay ARC.



Pole Vaulting Poles

The LOC will provide a select number of Pole Vaults for athletes who are unable to travel with their own. A small deposit will be required for any team using the poles.

Teams must send information regarding athletes who need assistance with Poles, either for travel or using the LOC to Oceania Athletics prior to arrival in Mackay. Please see information regarding transport of poles in transport sections for logistics from Airport to Venue.

Any athlete with their own Pole Vault Poles, will be able to have them stored securely at the MARC.

https://www.revolutionise.com.au/athleticsnorthg/events/142552/

Training and Warm Up

All training will occur at Mackay ARC.

Pre-Competition Time - Prior to June 7

Training will be available at Mackay ARC during the following times.

Tuesday 31 st May	All Day
Wednesday 1 st June	3:00pm to 7:00pm
Thursday 2 nd June	5:30pm to 7:00pm
Friday 3 rd June	4:00pm to 7:00pm
Saturday 4 th June	Warm Up Competition – No Training
Sunday 5 th June	9:00am to 5:00pm
Monday 6 th June	9:00am to 5:00pm

Athletes will need to pay for training use up to and including Sunday 5th of June, and outside the above listed times. Payment can be made at the Aquatic facility for each person and is \$5.10 per person.

There will be no Pole Vault Training from 12:00pm on Monday 6 June until start of Competition on Wednesday 8 June.

Long throws training will be scheduled at certain times for the infield:

	Sunday 5 th June:	Monday 6 th June:
Hammer Throw	9:00am – 11:30am	9:00am – 11:30am
Discus Throw	11:45am – 2:15pm	11:45am – 2:15pm
Javelin Throw	2:30pm to 5:00pm	2:30pm to 5:00pm
Pole Vault	12:00pm to 4:00pm	9:00am to 12:00pm
High Jump	9:00am to 12:00pm	12:30pm to 5:00pm

Athletes requiring any throwing implements or other equipment will need to request through the LOC and OAA for that to be available.

There will only be approved OAA transport for training on Monday 6th of June, outside of those times, athletes and teams will be responsible for their own transportation.

During Competition Days and Time (June 7th – 11th)

Only accredited athletes will be allowed on to the track during competition times.

Athletes will only be allowed to warm up and train on the back straight of the Venue, during competition times, except when there are circular races on, where no athletes will be allowed.

Access to the back straight will be only via the entrance at the 200m Mark of the track next to the call room.

For athletes training during the competition days, they will only have access to the back straight.

No access to the circular track or infield or horizontal jumps will be available from on hour prior to competition starting to the conclusion of competition. Athletes will be able to train prior to, or after competition, but please note bus schedules in regard to getting to and from the Mackay ARC.

For long throws training outside of competition time, OAA will publish a timetable on arrival into Mackay.

Running Events

For the Oceania Athletics Championships, athletes will be able to warm up and train during the competition on the back straight ONLY of Mackay Athletics and Recreation Centre. Access will be only for competing athletes.

At no stage will coaches or team managers be allowed on to the Field of Play whilst their athletes are warming up.

Once athletes enter the call room, they won't be allowed to do any other warm up until arrival at the event site.

Access to the back straight will be only via the entrance at the 200m Mark of the track next to the call room.

Limited Blocks and Hurdles will be made available when required, during warm up times.

Starting Blocks

Starting blocks must be used for all events up to and including 400m and only those supplied by the Local Organising Committee (LOC) may be used.

For the Masters Challenge and Queensland Masters, competitors aren't required to use starting blocks, or a crouch start or have both hands in contact with the track for the start of any race.

Field Events

There will be no access to the infield for long throw training or warm up one hour prior to the commencement of competition each day.

Athletes in all field events, will be taken to the event site for extra warm up. This has been adjusted in the call room times, to allow athletes sufficient warm up at the event site. The warmup time is based on athletes arriving at the call room at the call time, if any delays, warm up time will be cut short.

Team Management Supervision

Duty of Care during Training and Warm Up days remains with Team Managers/Coaches. All Teams and Athletes are expected to self-regulate their training session and Duty of Care during training and warm up times and remains the responsibility of the Team Managers/Coaches. If OAA, Venue Management or the Technical Officials believe athletes or Member Federations are engaging in unsafe practices, then the matter will be brought to the attention of OAA.

Use of the track at Mackay ARC for training will be subject to the same competition rules: all training shall be on the left-hand side or anti clockwise direction. It is forbidden to train on the track in the right-hand or clockwise direction.

Team Managers and Coaches **will not** be permitted on the Field of Play during Competition times when their athletes are warming up.

Long throws training will only be available when scheduled by the LOC and OAA as listed above. If teams/athletes are not adhering to the schedule, sanctions will be imposed by OAA.

Long Throws Warm Up Area

There will be some long throws area available for Warmups. Please note that No Hammers are to be thrown in this area.



Lead up competition opportunities

There will be an opportunity for athletes to have some competitions prior to the Oceania Athletics Championships.

May 28th June 4th Gold Coast Performance Centre Mackay ARC

Accreditation

All personnel will need to be accredited.

For all team members staying at accredited hotels, Accreditation Collection will be on arrival into their hotel.

Athletes and Team Officials who are staying at OAA Accommodation will need their accreditation to access meals and transport.

For athletes, team management staying outside of OAA accommodation, accreditation collection will be available at the TIC from Monday 6th June, or otherwise arranged with OAA and LOC.

For Technical Officials, collection will be either at the Officials' Hotel or at the Technical Officials Meeting.

Team Management will need to be accredited to access the Technical Meeting, Technical Information Centre and any official areas or meetings.

Accreditations can be organised through Oceania Athletics Association, please email <u>competitions@oceaniaathletics.com</u>

Accreditation Costs

All team officials/management/medical/media will need to be accredited. Each MF will have an assigned number of Team Officials as apart of each their quota. This number will be distributed to each MF individually.

Accreditation for additional officials will be \$100 per person.

Includes: access to venue and coaching areas, ground transport (Accommodation Village to Mackay ARC), access to coaching and educational seminars.

Each MF will only receive a restricted number of Field of Play access bibs. These will be distributed to Member Federations individually.

Medical / First Aid

There will be first aid located at the Post Event Control, as well as dedicated medical and first aid facilities.

Availability of Ice

Ice will be available at the Stadium for athletes who are injured and require treatment. This will be provided at Post Event Control from the first aid. Ice will not be provided for ice baths nor will ice baths be made available.

Local Medical Services

Emergency Ph: 000

Mackay Base Hospital: 475 Bridge Rd, Mackay https://www.mackay.health.gld.gov.au/

Home Doctor Service

Ph:135566

Chemist

West Mackay Pharmacy 135 Nebo Road Terry White Caneland Central United Chemists – Parkside Plaza

Treatment

CQ University will be providing opportunity for athletes to get treatment. They will be set up in a tent. Athletes will need to pay a gold coin donation to get treatment, as well as any expenses for tape or supplies.

Physio and Treatment Space

There will be no dedicated space set aside for Team Physio and massage therapist. They will be able to use the team areas. If your team needs to use a private space for a consultation, this can be arranged on an ad hoc basis through Oceania Athletics.

Pre-Existing Conditions

Any team members who enter the Village with a pre-existing condition will be charged for medical, dental or physiotherapy costs incurred.

Medical and Travel Insurance

We remind you that all Member Federations are responsible for subscribing to an insurance policy that covers illness and/or injury to any member of their delegation and/or team travelling to and from competitions and during the event itself.

Doping Control

Drug testing may be undertaken at the Oceania Area Championships. The Local Organising Committee has provided an adequate facility in which the sampling and secure storage of samples can be conducted.

Please ensure that your athletes understand the procedures. Make sure that someone responsible who knows the procedures attends the process with them. It is a very personal experience and if it is the first time that they are required to complete the procedure, they may find it very embarrassing. They have no choice in the matter, once asked by a member of the Drug Testing Agency.

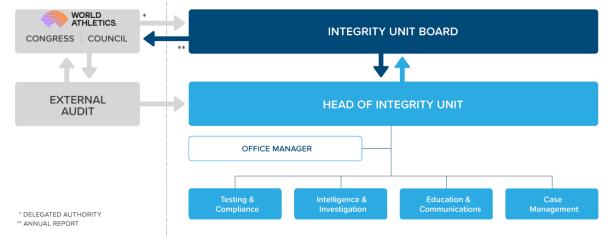
Athletics Integrity Unit

The Athletics Integrity Unit represents a new era in the management of threats to the integrity of sport. Through the formation of the Athletics Integrity Unit, athletics has become the first sport internationally to delegate complete authority for the management of its integrity programs to an independent body. Fully separated from World Athletics, and reporting through its own Board, the Athletics Integrity Unit operates with the level of rigour and transparency expected by the world's athletes and supporters.

The Athletics Integrity Unit works fully independent of World Athletics, the international governing body for track and field athletics, race walking, road, cross country, mountain, trail and ultra-running. The Athletics Integrity Unit Board has been delegated full authority to oversee the sport's integrity issues.

The Board has a critical governance role rather than a management function, similar in style to that of a corporate board. It is responsible for approving and reviewing strategy, policies and plans for the Unit and for appointing and monitoring the performance of the Unit's Head who is in charge of its day-to-day operations.

Supporting the Head of the Unit is a dedicated team of staff that delivers on the key activities: Testing, Compliance, Investigations, Intelligence, Case Management, Communications and Education.



Media

Media Accreditation

All media will need to be accredited. Accreditation process will be sent to all MF, and available online via the OAA website.

Please note there will be limited access to the FOP for media, only one FOP Bib will be allowed per federation.

The media will have access to athletes as the exit the field of play through the Post Event Control Area.

Please contact media@oceaniaathletics.com for information and accreditation request for media

Media Working Area

There will be a media working area set up behind the administration building. All accredited media personnel will have access to the workspace.

Live Broadcast

The Oceania Championships will be broadcast online via the Oceania Athletics Website and/or Social Media Channels. Information regarding where to watch will be made public in the weeks leading up the event and be given out at the Technical Meeting.

Transport and Travel

Ground Transport

OAA will be providing ground transport for athletes staying in the approved OAA accommodation on Nebo Road. Athletes, Officials and Coaches will need Accreditation Pass to access this.

Ground Transport to and from the Track will be provided from Monday 6th of June to the Conclusion of the Competition.

Transport will begin 90 minutes prior to the first event and run continuously until 30 minutes after the final event.

There will be two stops on Nebo Rd, for athletes at the approved accommodation. Athletes will not and should not cross Nebo Road to board or disembark the buses.

Buses will come approximately at 15 to 30-minute intervals.

A full bus schedule will be available on arrival into Mackay.

Airport Transfers

OAA will only provide Airport Transfers for teams staying in the approved OAA Accommodation.

If a Member Federation is organising their own travel, they will need to inform OAA of travel arrangements by no later two (2) weeks prior to arrival.

Information regarding airport transfers will be sent out specifically to each team.

There will be LOC volunteers in the airport at Mackay to help with transfers and information.

Transport of Oversized Baggage

Teams are responsible for the transportation of their equipment to the destination airport. Equipment can travel with the team via airline, but please note that Member Federations bringing large equipment (e.g., vaulting poles) should ensure that they are booked on larger planes with the ability to take them.

Teams need to be aware that between Brisbane and Mackay generally smaller planes operate, with larger planes generally operating once per day.

If you have large equipment, please advise OAA to ensure airport transfer has provision to transport equipment.

To ensure that equipment arrives in due time, please confirm with the airlines on each segment of your travel that oversized baggage will be accepted, transported, and properly transferred.

Venue Map



- 1.OACA
 4.Competition Management
 7.Anti-Doping
 10. Teams Area
 13.Long Throws Warm Up
- Medal Ceremonies
 VIP and Technical Officials
- 8. OAA Development
- 11.Overflow Parking
- 3.Post Event6. TIC9. Call Room and CE Room12.Short Throws Warm Up