



31st SEA GAMES
VIET NAM 2021

TAEKWONDO

Technical handbook





Table of Contents

1. General Competition Schedule	1
2. Submission of Entries	2
3. Eligibility	2
4. Doping Control	3
5. Approval of the Technical Handbook	4
6. Covid-19 Health Protocol	4
7. Competition Information	4
7.1 Competition Dates	4
7.2 Competition Venue	4
7.3 Competition training	5
8. Events	5
9. Quotas	6
10. Meetings and Key Activities	7
10.1 Referee Meeting and training	7
10.2 Technical Official's Meeting	7
10.3 Team Managers' Meeting	7
11. Competition Schedule	7
12. Competition Rules and Regulations	8
13. Sports equipment and Competition attire	8
14. Technical Officials, Adjudicators and Jury of Appeal	9
14.1 International Technical Officials (ITOs)	9
14.2 National Technical Officials (NTOs)	9
15. Protests and Appeals	9

16. Directory	10
16.1 World Taekwondo (WT)	10
16.2 Asia Taekwondo Union (ATU)	11
16.3 Asean Taekwondo Federation (ATF)	11
16.4 Vietnam Taekwondo Federation (VTF)	11

1. General Competition Schedule

No	Sports		May																				
			05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23		
	Opening ceremony																						
	Closing ceremony																						
1	Athletics																						
2	Aquatics	Swimming																					
		Diving																					
3	Archery																						
4	Badminton																						
5	Basketball	5x5																					
		3x3																					
6	Billiard Sports																						
7	Boxing																						
8	Canoeing/Kayak																						
9	Chess	Chess																					
		Xiangqi																					
10	Cycling	Mountain																					
		Road																					
11	Dancesport																						
12	Fencing																						
13	Football	Men																					
		Women																					
		Men's Futsal																					
		Women's Futsal																					
14	Golf																						
15	Gymnastics	Artistic																					
		Rhythmic																					
		Aerobic																					
16	Handball	Indoor																					
		Beach																					
17	Judo																						
18	Karate																						
19	Muay																						
20	Pencak Silat																						
21	Petanque																						
22	Rowing																						
23	Sepaktakraw																						
24	Shooting																						
25	Table Tennis																						
26	Taekwondo																						

No	Sports	May																			
		05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
27	Tennis																				
28	Volleyball	Indoor																			
		Beach																			
29	Weightlifting																				
30	Wrestling																				
31	Wushu																				
32	Bodybuilding																				
33	Bowling																				
34	eSports																				
35	Fin swimm ing																				
36	Kickboxing																				
37	Kurash																				
38	Jujitsu																				
39	Triathlon and Duathlon																				
40	Vovinam																				

2. Submission of Entries

Registration of each National Olympic Committee (NOC) must comply with the regulations of Vietnam SEA Games Organizing Committee (VIESGOC).


2.1 Entry by Number: Deadline for submission of Entry by Number Forms is January 12, 2022 at 24:00 hours Vietnam time (GMT+7).

2.2 Entry by Name: Deadline for submission of Entry by Name Forms is March 12, 2022 at 24:00 hours Vietnam time (GMT+7).

The completed Entry by Name must be submitted for each athlete and include all necessary information. Original form must be presented during the Delegation Registration Meeting (DRM).

3. Eligibility

3.1 To be eligible for participation in the 31st SEA Games, a competitor



must comply with the World Taekwondo (WT) Rules, the SEA Games Federation (SEAGF) Charter and Rules as well as Rule 40 and the By-law to Rule 40 of the Olympic Charter (Participation in the Games).

3.2 Only nationals of the country of the NOC shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which an athlete may represent in the SEA Games shall be resolved in accordance with SEAGF Charter and Rules as well as Rule 41 and By-law to Rule 41 of the Olympic Charter (Nationality of competitors).

3.3 Athletes of Kyorugi must be 17 years old or older, who was born in the year 2005 or before.

3.4 Athletes of Poomsae must be 18 years old or older, who was born in the year 2004 or before.

4. Doping Control

4.1 VIESGOC under the guidance of the SEAGF, will be responsible for the Anti-Doping Programme during the 31st SEA Games. The Anti-Doping Programme will be implemented in accordance with SEAGF Anti-Doping Rules and the World Anti-Doping Code and its relevant International Standards.

4.2 VIESGOC and SEAGF are responsible for providing necessary conditions for Doping testing activities at the 31st SEA Games. Doping Control procedures will be implemented according to WADA's International Standards for Testing and Investigations. Sample analysis will be performed at a WADA-accredited laboratory.

4.3 Doping Control stations will be set up at the competition venue by VIESGOC, where in-competition testing will be conducted. The Test Distribution Plan and criteria for athlete selection for each sport will comply with the



Doping Control protocol established by the SEAGF and WADA.

4.4 During the Games, all athletes are subjected to for the Anti-Doping Programme that is organized by VIESGOC and SEAGF. Testing or sampling can be done at any time and place without any notice.

4.5 The WADA 2022 List of Prohibited Substances and Methods is applied in accordance with the WADA Code.

5. Approval of the Technical Handbook

This Technical Handbook was approved by Asian Taekwondo Federation (ATF).

Any further amendments to the Technical Handbook shall be circulated via e-mail to the NOCs.

6. Covid-19 Health Protocol

During the Games, the Taekwondo Competitions shall adopt the COVID-19 Epidemic control protocols approved by VIESGOC.

7. Competition Information

7.1 Competition Dates

May 16 - 19, 2022

7.2 Competition Venue

Tay Ho Gymnasium

Gate 1: No. 99 Vo Chi Cong, Xuan La, Tay Ho District, Hanoi, Vietnam

Gate 2: No. 101 Xuan La Street, Tay Ho District, Hanoi, Vietnam

7.3 Competition training

Tay Ho Gymnasium

Gate 1: No. 99 Vo Chi Cong, Xuan La, Tay Ho District, Hanoi, Vietnam

Gate 2: No. 101 Xuan La Street, Tay Ho District, Hanoi, Vietnam

8. Events

The Taekwondo competition will consist of nineteen (19) events which compose of fourteen (14) events in Kyorugi, and five (5) events in Poomsae.

No	Events	Category	Male	Female	Mixed
1	Recognized Poomsae	Individual	✓	✓	-
2		Team	✓	✓	-
3	Freestyle Poomsae	Team	-	-	✓
Total Poomsae events			2	2	1
4	Kyorugi For Male	Under 54kg	✓	-	-
5		Under 58kg	✓	-	-
6		Under 63kg	✓	-	-
7		Under 68kg	✓	-	-
8		Under 74kg	✓	-	-
9		Under 80kg	✓	-	-
10		Under 87kg	✓	-	-

No	Events	Category	Male	Female	Mixed
11	Kyorugi For Female	Under 46kg	-	✓	-
12		Under 49kg	-	✓	-
13		Under 53kg	-	✓	-
14		Under 57kg	-	✓	-
15		Under 62kg	-	✓	-
16		Under 67kg	-	✓	-
17		Under 73kg	-	✓	-
Total Kyorugi events			7	7	-
Total by gender			9	9	1
Total by events			19		

- The duration of Kyorugi shall be three rounds of two minutes each, with a one-minute rest period between rounds. In case of a tie score after the completion of the 3rd round, a 4th round of one minute will be conducted as the Golden round, after a one-minute rest period following the 3rd round.

9. Quotas

- Kyorugi events: Each NOC may only enter a maximum of five (5) out of the seven (7) categories of males and enter maximum five (5) out of the seven (7) categories of females. Each NOC may enter one (1) athlete only per weight category.

- Poomsae events: Each NOC may only enter a maximum of three (3) out of the five (5) categories of Poomsae events.

- The host country Viet Nam may participate in all categories of Kyorugi

and Poomsae.

10. Meetings and Key Activities

10.1 Referee Meeting and training

- Date : May 15 , 2022

- Time : 09:00 AM

- Venue : TBC

10.2 Technical Official's Meeting

- Date : May 15 , 2022

- Time : 14:00 AM

- Venue : TBC

10.3 Team Managers' Meeting

- Date : May 15 , 2022

- Time : 15:30

- Venue : TBC

11. Competition Schedule

Date	Time	Event	Place
May 14	All day	Team arrival	

Date	Time	Event	Place
May 15	09:00 - 17:00	Referees meeting and training	TBC
	14:00 - 15:30	Technical Official's Meeting	TBC
	15:30 - 17:00	Team Managers' Meeting	
May 16	14:00 - 20:00	Poomsae competition	Tay Ho Gymnasium - No. 99 Vo Chi Cong, Xuan La, Tay Ho District, Hanoi, Viet Nam
May 17	14:00 - 20:00	Kyorugi competition	
May 18	14:00 - 20:00	Kyorugi competition	
May 19	14:00 - 20:00	Kyorugi competition	
May 20		Check-out & Departure	

12. Competition Rules and Regulations

WT competition Rules as of October 01, 2020 shall be applied.

13. Sports equipment and Competition attire

All sports equipment used by athletes in competition must comply with the SEAGF Charter and Rules and the WT rules and Regulation.

13.1 Kyorugi categories: Organizing Committee will use the KP&P PSS system.

13.2 All competing athletes must bring their own uniform (Dobok), protectors, mouth guard, hand gloves, etc... recognized by the WT and the KP&P sensor socks.

14. Technical Officials, Adjudicators and Jury of Appeal

14.1 International Technical Officials (ITOs)

- The Asia Taekwondo Union (ATU), as duly authorised by WT, shall appoint one (1) TD and such number of International Technical Officials (ITOs) as may be approved by VIESGOC.

- The Organizing Committee shall cover the air-tickets, accommodation and pay a per diem of USD \$100 to Technical Delegate and neutral referees.

- Each NOC may enter maximum 3 international referees (2 for Kyorugi, 1 for Poomsae), who pass the referee refresher course from the year 2020. The Organizing Committee shall cover accommodation and pay a per diem of USD \$100 to the international Referees for competition period while the NOC of the international referees are required to pay for their own round-trip airfares.


14.2 National Technical Officials (NTOs)

Vietnam Taekwondo Federation (VTF) will appoint such number of National Technical Officials (NTOs) as may be approved by VIESGOC to assist the International Technical Officials.

15. Protests and Appeals

The Jury of Appeal shall comprise of Technical Delegate and Competition Supervisory Board (CSB) member. The decision of the Jury of Appeal shall be final.

15.1 Any written protest must be first be made and submitted by the Chef de Mission or Team Manager to the Technical Delegate after the competition with the payment of a Protest Fee of US\$200 per protest payable to VIESGOC.



If conditions causing a potential protest are noted prior to the start of the event, a written protest must be lodged before the signal to start the event is given.

15.2 All protests must be considered by the Technical Delegate concerned who must make a decision as soon as possible. He/ She must state the reason(s) for his/her upholding/rejecting the protest.

15.3 Any Chef de Mission or Team Manager dissatisfied with the decision of the Technical Delegate, may appeal to the Jury of Appeal by submitting the written appeal to the TD within sixty (60) minutes of receipt of the TD's written decision. The appeal must be heard and decided by the Jury of Appeal for the sport within two (2) hours after receipt of the written protest.

15.4 Any NOC dissatisfied with any decision by the Jury of Appeal may make any appeal in accordance with the SEAGF Charter and Rules.

15.5 The protest fee shall be refunded if the protest is upheld; it will be forfeited if the protest is rejected.

16. Directory

16.1 World Taekwondo (WT)

President : Pro. Chungwon Choue

Secretary General : Mr. Hoss Rafaty

Telephone : +822 566-2505

Fax : +822 553-4728

E-mail : info@worldtaekwondo.org

Website : www.worldtaekwondo.org

16.2 Asia Taekwondo Union (ATU)

President : Pro. Kyu Seok Lee

Secretary General : Mr. Jung Heon Kim

Telephone : +8231 708-9994

Fax : +8231 709-9994

E-mail : admin@asiantu.org

Website : www.wtasia.org

16.3 Asean Taekwondo Federation (ATF)

President : Mr. Manuel Monsor del Rosario III

Secretary General : Mr. Stephen Fernandez

Telephone : +632 852 20519

E-mail : aseantaekwondo@gmail.com

16.4 Vietnam Taekwondo Federation (VTF)

President : Mr. Truong Ngoc De

Secretary General : Mr. Vu Xuan Thanh



Address : No. 36, Tran Phu Street, Ba Dinh District, Hanoi

Telephone : + 84 913226682; +84 243 7245561

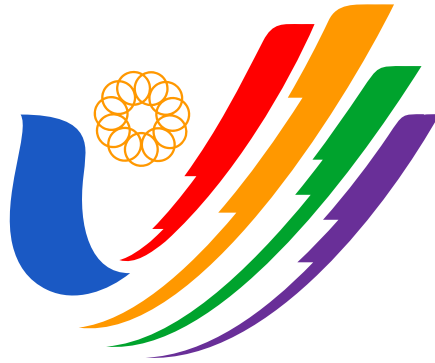
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