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### **DISCLOSURES**

Under Accreditation Council for Continuing Medical Education guidelines disclosure must be made regarding financial relationships with commercial interests within the last 12 months.

I have no relevant financial relationships or affiliations with commercial interests to disclose.



#### **TERMINOLOGY**

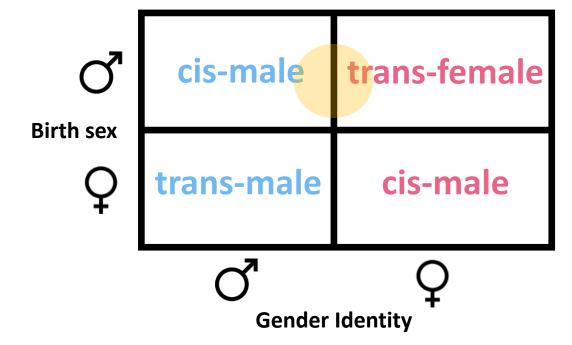
#### Cis-gender

Gender identity = birth sex

#### <u>Transgender</u>

Gender identify ≠ birth sex

Gender non-conforming
Deviate from cultural
gender norms





### **TERMINOLOGY**

Gender dysphoria

Distress due to gender identity ≠ birth sex

Gender affirming hormones/surgery

Make body = gender identity









#### **ADULTS WHO IDENTIFY AS TRANSGENDER**

- United States: 1.4 million (0.6%)
- North Carolina
  - 44,750 (0.6%)
  - 7th largest population in U.S.
- Gender affirming hormones in ~50%
- Gender affirming surgery in ~25%
  - Transgender men: 42%

Transgender women: 23% Non-binary: 9%

0

Source: USTS 2015 (p 96-103))



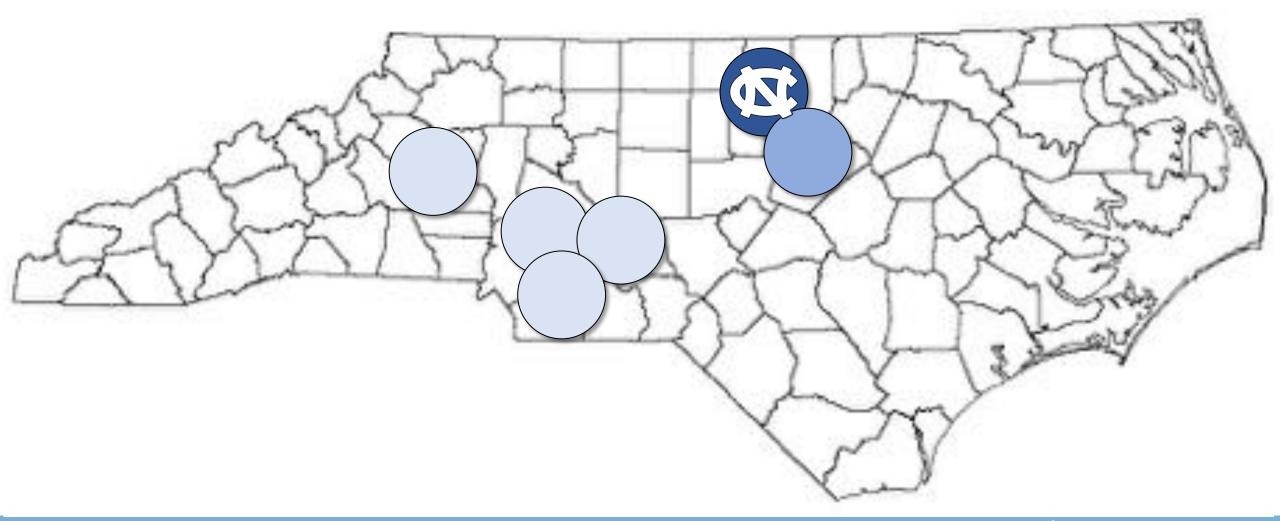
0.8%

### **Academic Medical Center Transgender Programs**





### North Carolina Transgender Surgery







#### TRANSGENDER HEALTHCARE SERVICES

- Gender affirming hormone therapy
- Fertility preservation
- Voice and communication training
- Emotional and social support



#### TRANSGENDER SURGERY SERVICES

#### Masculinizing

- Metoidioplasty (Urology)
- Phalloplasty (Urology/Plastics)
- Hysterectomy/oophorectomy/colpocleisis (Gynecology)
- Breast reduction (Plastics)

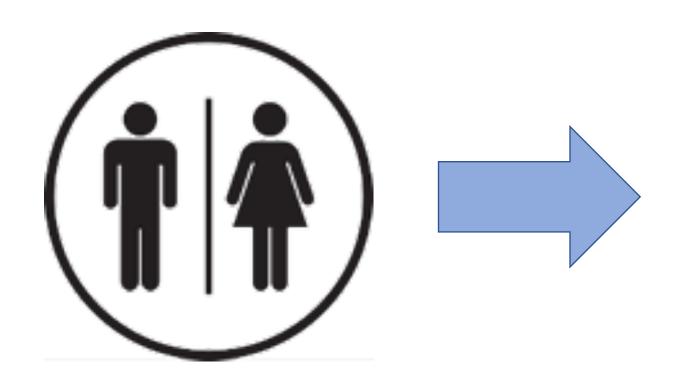
#### **Feminizing**

- Vaginoplasty (Urology)
- Orchiectomy (Urology)
- Breast augmentation (Plastics)
- Facial feminization (Plastics)





#### **UNC TRANSGENDER EXPERIENCE**



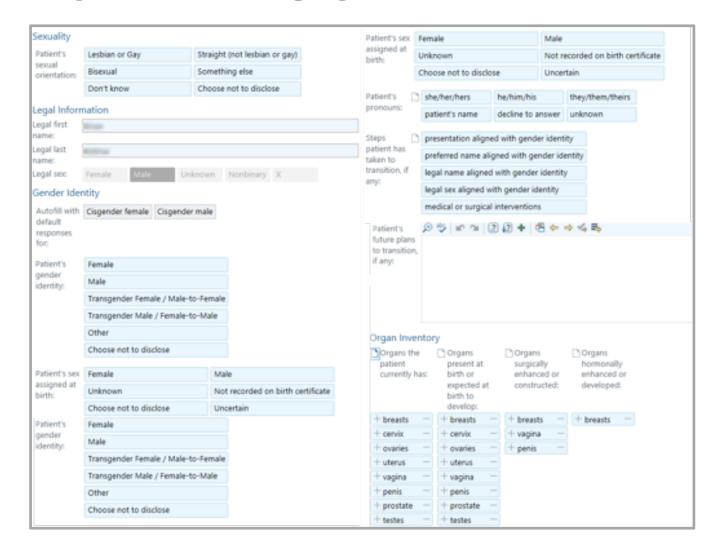


- Fragmented care by multiple specialties
- No clear point of entry
- No formal training for healthcare team

- Coordinated care across specialties
- Navigator and central phone/email
- Training curriculum for healthcare team



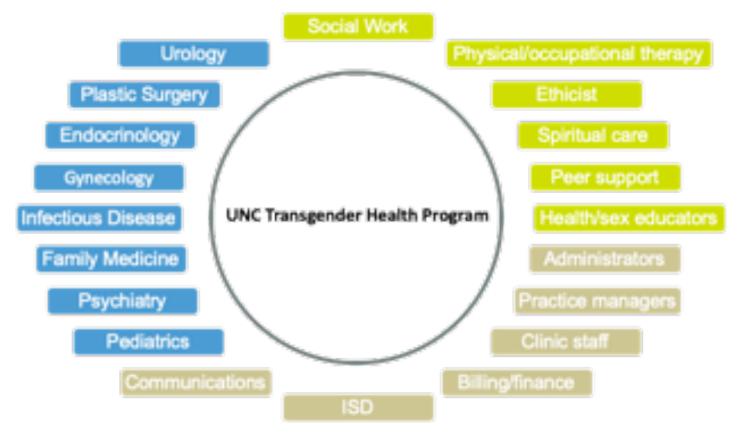
### **UNC TRANSGENDER EXPERIENCE**





#### **UNC TRANSGENDER HEALTH PROGRAM**

- Improve access to UNC Healthcare for transgender patients in NC
- Support growth of transgender services at UNC
- Support coordination/quality of care for transgender services at UNC





### **UNC TRANSGENDER HEALTH PROGRAM**

**Urology** 







**Plastic Surgery** 







**Gynecology** 









#### **UNC TRANSGENDER HEALTH PROGRAM**

