



# OPEN WATER

18 - 21 AUGUST 2022

LIDO DI OSTIA

**LEN**  
european  
aquatics



PRESENTED BY  
**UnipolSai**  
ASSICURAZIONI

| DAY | 1                      | 2                    | 3                      | 4                    |
|-----|------------------------|----------------------|------------------------|----------------------|
|     | Thursday<br>18/08/2022 | Friday<br>19/08/2022 | Saturday<br>20/08/2022 | Sunday<br>21/08/2022 |

| RACE | MORNING<br>09.00 - 13.00 | MORNING<br>09.00 - 13.00 | MORNING<br>07.00 - 12.00 | MORNING<br>09.00 - 12.00 |
|------|--------------------------|--------------------------|--------------------------|--------------------------|
|      | 09.00   W - 10km         | 09.00   M - 10km         | 07.00   W M - 25km       | 09.00   Team Event 5km   |
|      | 11.45   M - 5km          | 11.45   W - 5km          | 11.30   Medal Ceremony   | 11.00   Medal Ceremony   |
|      | 12.30   Medal Ceremony   | 12.30   Medal Ceremony   |                          |                          |

LOCAL TIME  
DISTANCES IN METRES  
TIMING VERSION - 1.4

W - WOMEN  
M - MEN