



2016 COLORADO SKIING NOTES

QUICKLY

The 63rd **NCAA Ski Championships** are set for March 9-12 in Steamboat Springs, Colo., site of the national meets six previous years: 1968, 1969, 1979, 1993, 2006 and 2010; it's just the 13th time the event will be in the state of Colorado (*see page 3 for more*) ... The University of Colorado is the official host, handling those duties the last three times in Steamboat as well ... The Buffaloes have won **20 national championships** in skiing: 11 men's (1959-60-72-73-74-75-76-77-78-79-82), eight coed (1991-95-98-99-2006-11-13-15) and one women's (1982, AIAW) ... CU has finished first (2006-11-13-15) or second (2008-09-10) in seven of the last 10 NAAs (third in '07 and '12, fourth in '14) ... The skiers are gunning for **CU's 12th** national championship since 2000, as CU has five in men's cross country (2002, 2004, 2006, 2013, 2014) and two in women's cross country (2000, 2004) to go with the 2006, 2011, 2013 and 2015 ski crowns (all titles transferred to the Pac-12 count, which stands at 480) ... CU has finished in the top three in 59 of its last 64 ski meets (a school-record 31 straight is within this run); the Buffs have finished first or second 40 of their last 50 times out (23 wins) ... Of CU's 20 ski titles, 10 have been won in the west and 10 in the east ... Next year's championship site has already been selected: Franconia, N.H. (March 8-11, New Hampshire will host); bids are being considered for 2018 ... Official website for these championships: www.cubuffs.com/skiing, with a live stream of all events at <http://www.ncaa.com/liveschedule>.



A CLOSER LOOK AT THE NCAA'S

Colorado enters as the defending champion, the only school to repeat this millennium, with a pair of "three-peats" (2000-02, 2008-10) since CU won back-to-back in 1998-99. Unlike 2013, when Colorado won all five western meets en route to the NCAA title, the last three winters have been topsy-turvy: Utah won three times and CU and DU once this winter; CU won thrice and Utah and New Mexico once in 2015 (Denver and Utah won twice and UNM once in '14). Utah (RMISA & West Regional), Vermont (EISA & East Regional) and Northern Michigan (Central Regional) enter as this year's champions.

In 2006, CU became the first school to win the NCAA title without a full 12-skier team, participating minus one men's alpine skier, and in 2008, Denver won the title being down a women's Nordic skier – these are the only two times a team without a full roster as won. The leader at the midway point has claimed 11 of the last 15, while schools leading after three days (or six events) have won 18 of the last 21 times, including a run of 13 straight years where that school emerged the victor (1995-2007); the last three teams to lead from wire-to-wire were Denver (2002, 2010) and CU (2011). In 2011 (at Middlebury), Vermont led after each of the first three days, taking a 54-point lead over Colorado into the final two events (Nordic freestyle), but the Buffs would pull off the largest final day rally in the history of the event to take home the title. Western schools had posted at least three of the top four finishes every year from 1993 through 2011, until Dartmouth broke through and finished fourth in 2012 when UVM won (the west has had at least three in the top four in 30 of the 33 previous coed meets), capturing all four top spots in 2002, 2004, 2009 and 2010; prior to the west pulling this off in '02, the last time one region claimed a one-through-four sweep was 1966 (west). The west also had five of the top six in 2002 and 2009, and four of the top five numerous times, including last year. Dartmouth is the last team from the east to win in the east (the '07 title in its home state of New Hampshire); Colorado has won the last three meets held in the east (2011-13-15).

TRADITIONAL FAVORITES

Colorado (22 top two finishes, with 17 wins), Utah (22; 10 titles), Vermont (21; six titles) and Denver (18; 12 wins) have dominated NCAA college skiing over the past 49 seasons (dating back to 1967). Only three other schools, Wyoming (one win and four seconds), New Mexico (one crown and two runner-ups) and Dartmouth (two titles) and have been able to crack the top two in this span. Since 1990, CU and Denver have each won eight titles, and Utah and Vermont four; the only three other schools that have won a title since the sport went coed (in 1983) are Wyoming (1985), New Mexico (2004) and Dartmouth (2007). Middlebury (1980, women) is the last school to win other than the aforementioned seven. Dartmouth snapped a 12-year reign by western schools with its win in 2007 and UVM returned to the top in 2012, but the west still has 19 of the last 21 titles and 27 of 33 coed crowns dating back to 1983.

PARTICIPANTS

A total of 21 schools will be participating in Steamboat (*—qualified full 12-skier roster): *Alaska-Anchorage, Alaska-Fairbanks, Bates, Colby, ***Colorado**, *Dartmouth, *Denver, Harvard, Michigan Tech, Middlebury, *Montana State, New Hampshire, *New Mexico, Northern Michigan, Plymouth State, St. Michael's, St. Scholastica, *Utah, *Vermont, Williams and Wisconsin-Green Bay. Eight qualified the NCAA maximum of 12: Alaska-Anchorage, CU, Dartmouth, Denver, Montana State, New Mexico, Utah and Vermont; New Hampshire qualified 11, Middlebury 8 and Northern Michigan 6. The most schools that ever competed in the NCAA's were 24 in 2007, with 23 previously doing so in 1996, 2002, 2004, 2013 and 2015. This is the fewest schools since 2011.

SCORING FORMAT

There's little to be said for tradition when it comes to scoring an NCAA ski meet, and we're in the second year of the latest format. After five years of a 50-point scoring base, the scoring base reverted back to 40 points in 2014 (39 was the norm from 1997-2008, 50 from 2009-2013), one that is weighted toward the top seven finishers; points are awarded on a 40-37-34-31-29-27-25-23-22-21-20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 basis for 30 finishing positions, instead of 39 in the past; essentially, there will be skiers who finish a race and earn zero points for their team.

THE SCHEDULE

(ALL TIMES MOUNTAIN)

The **GIANT SLALOM** races will open the NCAA Championships on Wednesday, March 9, with the men's first run at 9:00 a.m. MST and the women's at 9:45 a.m.; the second runs follow at 11:30 a.m. and 12:15 p.m., respectively. The **FREESTYLE** races open the Nordic events on Thursday, March 10, with the women's 5-kilometer race at 9 a.m. and men's 10k at 10:30 a.m. The **SLALOM** races are set for Friday, March 11, and for third time – all at Steamboat – the event will be in prime time: the women's first run is at 6:30 p.m., with the men's at 7:15 p.m.; the second runs follow at 9 p.m. (women) and 9:30 p.m. (men). The **CLASSICAL** races will finish off the NCAA meet on Saturday, March 12: the men are first with their 20-kilometer run at 9 a.m., with the women's 15k to follow at 11 a.m. Flower ceremonies follow each event, and the awards presentation is set for about 2 p.m. on Saturday. *(All times listed are mountain)*

ALL-ACADEMIC TEAM

Colorado placed 13 team members on the NCAA Skiing All-Academic Team (its version of Academic All-America), as the qualifications included owning a 3.50 or better cumulative grade point average and participation in the NCAA regionals (unless injured). **Camilla Brautaset, Roger Carry, Nora Christensen, Thea Grosvold, Henrik Gunnarsson, Jessica Honkonen, Petra Hyncicova, Max Luukko, Petter Reistad, Christina Rolandsen, Tonje Trulsrud, Clare Wise and Adam Zika** all made the prestigious team. Grosvold, Wise and Zika have made the team four times and Carry, Gunnarsson and Honkonen three times. As for their majors, none of the 13 can set it on cruise control: several are in various Business sequences and others areas of study range from Integrative Physiology to Chemical and Biological Engineering. The women's team GPA is 3.647 (3.703 last fall), while the men's is 3.273.

RESULTS ANALYSIS

CU skiers won 13 races this winter, one more than a year ago, as the Buffaloes were second to Denver which saw its skiers race to 15 regular season wins. The Buffaloes have won 136 western races (out of 471) over the last 11 seasons, the best in that time frame (DU skiers have won 115, Utah's 92). When including the NCAA's, the 2006 and 2008 teams have set the single season school mark with 21 wins since the sport went coed in 1983. CU had 20 skiers reach the top of the podium in 1998, along with 19 in 1991, 16 in 2009 and 15 in 1999 and 2013.

The Buffaloes also had 13 runner-up finishes, and thus have 26 first- or second-place efforts to date, two more than last year's regular season total (24, 12 wins). And with six third place finishes, Colorado enters the national meet with 32 total podiums in 2016. Colorado is almost always at or near the top in the most top five and top 10 performances, and this winter was no different; the Buffaloes were second in both (*see list below*). While Utah led in both top five (64) and top 10 (106) efforts, Colorado was right behind with 50 and 95, respectively, despite a few of its top skiers missing 13 races, whereas Ute skiers missed two. Colorado has led the west in top 10 finishes in five of the last nine years, with its 771 over that period of time remaining well in the lead). The Buffs also had 10 skiers finish in 11th, eight in 12th and 14 in 13th, on the fringe of cracking the top 10.

The Buffs' men's alpine team won all five events this winter (four outright), with the men's Nordic team winning three meets overall; the alpine unit finished first at the UNM meet and second in the other four, while the Nordic team overall finished second four times (and fourth once).

CU has led the RMISA in team points six of the last nine years. The lower scoring base meant the creation of new high water marks; where as a perfect sweep (1-2-3) would net 141 team points, it now earns 111. Thus, you can assume the drop off from the scores between 2009 and 2013 with a 50-point base are somewhere between 120 and 180 points lower, and scoring 400-plus in a discipline (four races by either gender) and 900 for an entire meet is a thing of the past; now, 340-plus is a solid benchmark. Denver scored 361 alpine points at the RMISA Championships for the season-best, with Utah's 388 Nordic points in the same meet topping that discipline; CU's 676 points in its win in the New Mexico Invitational was the season's full-meet best. A breakdown of the CU top finishes in 2016:

Wins (13): Mads Stroem 6, Henrik Gunnarsson 2, Ola Johansen 2, Tonje Trulsrud 2, Max Luukko 1.

Runner-Up Finishes (13): Ola Johansen 3, Petter Reistad 3, Max Luukko 2, Mads Stroem 2, Henrik Gunnarsson 1, Ane Johnsen 1, Tonje Trulsrud 1.

Top 5 Finishes (50): Ola Johansen 8, Max Luukko 8, Mads Stroem 8, Petter Reistad 6, Henrik Gunnarsson 5, Petra Hyncicova 5, Tonje Trulsrud 5, Jessica Honkonen 2, Ane Johnsen 1, Jesse Knori 1, Adam Zika 1.

Top 10 Finishes (95): Ola Johansen 9, Max Luukko 9, Petter Reistad 9, Mads Stroem 9, Tonje Trulsrud 9, Henrik Gunnarsson 7, Jessica Honkonen 7, Ane Johnsen 6, Jackson Hill 5, Petra Hyncicova 5, Arnaud Du Pasquier 3, Kasper Hietanen 3, Jesse Knorr 3, Roger Carry 2, Thea Grosvold 2, Cameron Smith 2, Adam Zika 2, Camilla Brautaset 1, Lucy Newman 1, Christina Rolandsen 1.

Alpine (29 top 5, 52 top 10): men 22/34, women 7/18. **Nordic (21 top 5, 43 top 10):** men 14/26, women 7/17.

Team (50 top 5, 95 top 10): men 36/60, women 14/35.

Individual Wins (44): Denver 15, **Colorado 13**, Utah 11, New Mexico 3, Montana State 1, Alaska 1.

***Top 5 Finishes (222):** Utah 64, **Colorado 50**, Denver 42, Westminster 22, Montana State 18, New Mexico 17, Alaska 9.

Top 10 Finishes (440): Utah 106, **Colorado 95**, Denver 77, Montana State 52, New Mexico 52, Westminster 34, Alaska 23, Wyoming 1.

*-includes two ties for fifth.

2016 EASTERN SNAPSHOT. Vermont has re-emerged as the top power over the last six seasons, though had a little more competition this winter after sweeping all six carnivals the last two seasons; UVM won four of the six, including the final three, with Dartmouth taking the other two. Thus, the Catamounts have still won 31 of the last 36, including the last six EISA Championships/NCAA East regionals. *The point totals are higher in the East, as it has kept the old 50-point scoring base and did not switch to the 40-point format when the West did in 2014, matching the new NCAA rules.* UVM scored 5,658 points (actually 53 more than a year ago), with Dartmouth finishing second with 5,390 (some 531 more than in 2015). New Hampshire finished third in all six events (4,670 points), while Middlebury captured fourth each time out (4,012 points) as for the second straight year, no other school cracked the top four. The Colby Carnival was the most tightly contested of the winter, with Dartmouth winning with 921 points – edging UVM (917) and New Hampshire (912).

BUFFALO CHIP: The first night races in NCAA history (slalom) took place at the 2006 NCAA Championships that CU hosted in Steamboat Springs. The only other night races occurred in 2010 when the meet returned to Steamboat (also the slalom; both were run on the famed Howelsen Hill.)

2016 COLORADO SKIING / MEDIA NOTES 3-3-3

HISTORICALLY

The NCAA first sponsored a men's national championship in skiing in 1954, though national title meets (National Intercollegiate Championships) were held as early as 1946, the same year CU's program began. Women's programs came into being in the late 1970s, with then-CU head coach **Bill Marolt** at the forefront of making it a reality. CU has competed in all but three of the previous 62 NCAA's, but on one of those occasions (1964), several team members had trained for and competed in the Winter Olympics, and in 1967, sent only a few skiers as individuals to Maine for financial reasons. The AIAW sponsored women's titles between 1977 and 1982; in 1983, the NCAA absorbed the AIAW but combined male and female competition, as was the case in rifle and fencing. *A complete look at the NCAA Championship history of the Buffaloes is on page 8.*

THE NCAA'S IN COLORADO

This is the seventh time **Steamboat** is hosting the title meet, having done so in 1968, 1969, 1979, 1993, 2006 and 2010; it's the 13th time for the state of **Colorado** (Winter Park, Crested Butte and Durango have also hosted the affair). The previous 12 gatherings in the Centennial State have bode well for state schools, as CU has won six of its titles within the state and Denver four of its crowns. The other two were claimed by neighboring state schools, Wyoming and Utah; eastern schools have cracked the top two just four times (Dartmouth in 1956 and 1969, Vermont in 1975 and 1993). A closer look at the NCAA's in Colorado:

Year	Site	Teams	Champion	Points	Runner-Up	Points	Year	Site	Teams	Champion	Points	Runner-Up	Points
1956	Winter Park	13	Denver	582.0	Dartmouth	541.8	1975	Durango	13	Colorado	183.0	Vermont	115.0
1959	Winter Park	9	Colorado	549.4	Denver	543.6	1977	Winter Park	13	Colorado	179.0	Wyoming	154.5
1966	Crested Butte	10	Denver	381.0	Western State	365.9	1979	Steamboat Springs	13	Colorado	153.0	Utah	130.0
1968	Steamboat Springs	15	Wyoming	383.9	Denver	376.2	1993	Steamboat Springs	20	Utah	783.0	Vermont	700.5
1969	Steamboat Springs	12	Denver	388.6	Dartmouth	372.0	2006	Steamboat Springs	24	Colorado	654.0	New Mexico	556.0
1972	Winter Park	11	Colorado	385.3	Denver	380.1	2010	Steamboat Springs	22	Denver	785.5	Colorado	714.0

2016 ROCKY MOUNTAIN INTERCOLLEGIATE SKI ASSOCIATION (RMISA) / AT-A-GLANCE RECAP

Colorado had nine All-RMISA team members (six first-team, three second-team) as the 2016 Rocky Mountain Intercollegiate Ski Association was a three-team race all season, with just 135 points separating the top three schools (Utah, CU, Denver). The Buffaloes won one of the five western invitationals, with Utah winning three, including its first RMISA Championship/NCAA West Regional title since 2012 and just its second since 2003; Denver won the other meet. The meet-by-meet standings:

UTAH INVITATIONAL (Park City & Soldier Hollow, Utah; January 4-11)

1. Utah 632; 2. **Colorado 620**; 3. Denver 579; 4. Montana State 492; 5. New Mexico 479; 6. Alaska 384; 7. Westminster 258; 8. Colorado Mountain 73

MONTANA STATE INVITATIONAL (Bozeman, Mont.; January 10-18)

1. Denver 629; 2. **Colorado 625**; 3. Utah 598; 4. New Mexico 501; 5. Montana State 465; 6. Alaska 406; 7. Westminster 251; 8. Wyoming 123; 9. CMC 55

COLORADO INVITATIONAL / SPENCER NELSON MEMORIAL (Steamboat Springs, Colo.; January 22-24)

1. Utah 649; 2. Denver 587; 3. **Colorado 583**; 4. Montana State 516½; 5. New Mexico 514; 6. Alaska 402½; 7. Westminster 240; 8. Wyoming 118; 9. CMC 61

NEW MEXICO INVITATIONAL (Red River, N.M.; February 20-21)

1. **Colorado 676**; 2. Utah 646; 3. Denver 595; 4. New Mexico 462; 5. Montana State 423; 6. Alaska 362; 7. Westminster 229; 8. Wyoming 152; 9. CMC 36

RMISA CHAMPIONSHIPS (Beaver Creek, Colo.; February 26-27)

1. Utah 662; 2. **Colorado 634**; 3. Denver 595; 4. Montana State 521; 5. New Mexico 473; 6. Alaska-Anchorage 449; 7. Colorado Mountain 101; 8. Wyoming 83.

RMISA SEASON SUMMARY

Meet	Winner	Points	Margin	Alpine Skiers of the Week	Nordic Skiers of the Week
Utah Invitational	Utah	632	+ 12	Erik Read, Denver Tonje Trulsrud, Colorado	Mads Stroem, Colorado Veronika Mayerhofer, Utah
Montana State Invitational	Denver	629	+ 4	Ola Johansen, Colorado Torva Norbye, Denver	Petter Reistad, Colorado Linn Eriksen, Denver
Colorado Invitational	Utah	649	+ 62	Taylor Shiffrin, Denver Julie Mohagen, Utah	Moritz Madlener, Denver Emilie Cedervarn, New Mexico
RMISA Alpine Qualifiers Nos. 1 & 2	(no team scoring)			Endre Bjertness & Chloe Fausa, Utah
New Mexico Invitational	Colorado	676	+ 30	Max Luukko, Colorado Roni Remme, Utah	Niklas Persson, Utah Natalia Mueller, Utah
RMISA Championships (NCAA West Regional)	Utah	662	+ 28	Sean Alexander, Alaska-Anchorage Kristine Haugen, Denver	Kevin Bolger, Utah Sloan Storey, Utah

ROCKY MOUNTAIN INTERCOLLEGIATE SKIING ASSOCIATION (RMISA) SEASON POINT STANDINGS (4 meets): Utah 2525, Colorado 2504, Denver 2390, New Mexico 1956, Montana State 1896½, Alaska 1554½, Westminster 978, Wyoming 393, Colorado Mountain College 225.

DISCIPLINE CHAMPIONS—Alpine: Denver (Overall; Women's), Colorado (Men's). **Nordic:** Utah (Overall; Men's, Women's). **Men:** Colorado. **Women:** Utah.

RMISA INDIVIDUAL WINNERS BY SCHOOL (44; includes qualifiers & championships): Denver 15, **Colorado 13**, Utah 11, New Mexico 3, Alaska 1, Montana State 1.

ALL-RMISA TEAMS

ALPINE

1st-Team Men	2nd-Team Men	1st-Team Women	2nd-Team Women
Endre Bjertness, Utah	Sean Alexander, UAA	Chloe Fausa, Utah	Maria Gudmundsdottir, UAA
Henrik Gunnarsson, CU	Dominic Demschar, Utah	Kristine Haugen, DU	Jessica Honkonen, CU
Ola Johansen, CU	David Neuhauser, MSU	Julie Mohagen, Utah	Monica Huebner, DU
Max Luukko, CU	Carl-Johan Oester, UNM	Tuva Norbye, DU	Benedicte Lyche, MSU
Erik Read, DU	Taylor Shiffrin, DU	Tonje Trulsrud, CU	Roni Remme, Utah

NORDIC

1st-Team Men	2nd-Team Men	1st-Team Women	2nd-Team Women
Nick Hendrickson, Utah	Noe Bellet, Utah	Emilie Cedervarn, UNM	Petra Hyncicova, CU
Moritz Madlener, DU	Kevin Bolger, Utah	Linn Eriksen, DU	Ane Johnsen, CU
Niklas Persson, Utah	Karsten Hokanson, MSU	Veronika Mayerhofer, UU	Mackenzie Kanady, UAA
Petter Reistad, CU	Sawyer Kisselheim, MSU	Cambria McDermott, MSU	Natalie Mueller, Utah
Mads Stroem, CU	Petteri Vaherkoski, UNM	Sloan Storey, Utah	Eva Sevrerus, UNM

BUFFALO CHIP: CU won the 2006 NCAA Championship after finishing sixth in 2005, the largest jump from a previous season result to the title in NCAA skiing history.

2016 COLORADO SKIING / MEDIA NOTES 4-4-4

NCAA ROSTER

Listed below are the skiers that head coach **Richard Rokos** and Nordic coach **Bruce Cranmer** will have in Steamboat Springs to participate in the 2016 NCAA Championships. The full complement of skiers allowed by the NCAA is 12, three for each squad; CU qualified a full team for the seventh straight season but just the eighth time since 2003 (also doing so in 2007). It is the 28th time in 34 seasons since the men's and women's programs merged in 1983 that CU will ski with a full squad (CU had 11 in 2001, 2004, 2006, 2008 and 2009, along with 10 in 2005).

The roster breaks down by eligibility into three seniors, two juniors, two sophomores and five freshmen, the 12 skiers earning a combined 26 letters; it's a little less experienced than last year's team (30 letters), but more so than the 2014 and 2013 teams (24 and 22 letters, respectively, with the 2013 group featuring an all-time CU high seven freshmen which won the title). Counting a first-time junior, six Buffaloes will be skiing in their first NCAA's, with four in their second and two in their fourth, the latter being alpine skiers **Thea Grosvold** and **Henrik Gunnarsson**. Six countries are represented in the CU make-up (seven from Norway, and one each from the Czech Republic, Finland, Sweden, Switzerland and the United States).

Gunnarsson earned the No. 1 men's alpine seed out of the west, with two slalom wins and three other top four finishes; **Mads Stroem** earned the No. 1 seed men's Nordic in the west; he won six races with two seconds. As for the team as a whole, six skiers earned top 5 seeds (two more than last year) and eight of 12 earned top 10 seeds (two fewer than in '15). Here are the 12 who will ski in Steamboat (NC—denotes times appearing in the NCAA Championships including 2016; #L—denotes number of letters earned including 2016):

Men's Alpine Head Coach/Alpine Coordinator: Richard Rokos; Assistant: Fletcher McDonald

Skier (West Seed; GS, SL)	NC	Ht.	Class	Exp	Hometown (High School/Previous College or Club)
Gunnarsson, Henrik (1; 7,1)	4	5-11	Sr.	4L	Gavle, Sweden (Malung-Salens Gymsasieskola/Gavle Alpina)
Johansen, Ola (5; 3,4)	1	6- 0	Fr.	1L	Baerum, Norway (Doenski/Norwegian National Team)
Luukko, Max (4; 4,3)	1	6- 4	Fr.	1L	Helsinki, Finland (Kuusamon Lukio/Finnish National Team)

Women's Alpine

Skier (West Seed; GS, SL)	NC	Ht.	Class	Exp	Hometown (High School/Previous College or Club)
Christensen, Nora (17; 19,18)	1	5- 9	Fr.	1L	Blommenholm, Norway (Doenski Videregaende Skole)
Grosvold, Thea (16; 17,14)	4	5- 6	Sr.	4L	Oslo, Norway (Doenski Videregaende Skole)
Trulsrud, Tonje (2; 1,8)	1	5-10	Fr.	1L	Lommedalen, Norway (Doenski Videregaende Skole)

Men's Nordic

Head Nordic Coach: Bruce Cranmer; Assistant: Jana Weinberger

Skier (West Seed; CL, FS)	NC	Ht.	Class	Exp	Hometown (High School/Previous College or Club)
DuPasquier, Arnaud (14; 14,14)	2	6- 0	Sr.	4L	Pontresina, Switzerland (Lyceum Alpinum Zuoz/Bemina)
Reistad, Petter (4; 3,6)	1	6- 5	Fr.	1L	Baerum, Norway (Nadderud/Baerums Verk)
Stroem, Mads (1; 1,1)	2	6- 1	Jr.	3L	Oslo, Norway (Baerums Verk)

Women's Nordic

Skier (West Seed; CL, FS)	NC	Ht.	Class	Exp	Hometown (High School/Previous College or Club)
Hyncicova, Petra (6; 5,6)	2	5- 4	So.	2L	Liberec, Czech Republic (Jeronymova Liberec/Czech National Team)
Johnsen, Ane (8; 6,13)	2	5- 9	So.	2L	Oslo, Norway (Wang Toppidrett/Kjelsas IL)
Knori, Jesse (15; 12,19)	1	5-10	Jr.	2L	Jackson Hole, Wyo. (The Community School [Idaho]/Sun Valley)

Colorado also has several skiers in **ALTERNATE** positions should injury occur in training to force activation; the top alternates:

Skier (Discipline, Alternate Seed)	NC	Ht.	Class	Exp	Hometown (High School/Previous College or Club)
Hill, Jackson (M/Nordic, A-1: 16, 16, 11)	0	5- 7	Jr.	3L	Breckenridge, Colo. (Summit)
Rolandsen, Christina (W/Nordic; 16; 14,17)	0	5- 3	Fr.	1L	Fauske, Norway (Fauske Videregaende Skole/Norwegian European Ski Team)
Zika, Adam (M/Alpine, A-2: 10, 18)	2	5- 9	Sr.	4L	Prague, Czech Republic (Gymnasium Litomericka/Czech National Team)

Injured / Replaced

Honkonen, Jessica (6; 10, 7)	3	5- 7	Sr.	4L	Espoo, Finland (Makelanrinteen Lukio/Finish Ski Team)
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HONKONEN LOST FOR NCAA'S

Senior **Jessica Honkonen** saw her career come to an abrupt end on March 5 after she injured her knee in a training accident at Howelsen Hill, after arriving with the full team earlier in the day to begin preparations to defend its NCAA title.

"She is smiling but her heart is crying," CU coach Richard Rokos said. "It's kind of a typical injury for skiing. She came from the flat part of the course down to the steep section and she was a bit in the back seat. The edge of her ski caught, it popped off before she crashed, she was on her feet when her knee went. She knew what the feeling felt like so she knew right away something was wrong."

Honkonen, a fourth-year senior from Espoo, Finland, has skied for the Buffs at the NCAA Championships each of her first three seasons in Boulder, and was instrumental in helping the Buffs win the NCAA title in both 2013 and 2015. She was the 2015 RMISA individual slalom champion and in 2014, she was the top seeded slalom skier in the RMISA. Since the injury happened before the deadline of Monday at 4 p.m., the Buffs were able to replace Honkonen with freshman Nora Christensen for the championships.

BUFFALO CHIP: CU alumni Nordic skier **Joanne Reid**, the 2013 NCAA freestyle champion, came from most famous bloodlines: her mother is **Beth Heiden**, the 1979 world all-around speed skating champion, and her uncle is **Eric Heiden**, who won five gold medals in the 1980 Olympics at Lake Placid; he's the only athlete in Olympic speed skating to have won all five events in a single Olympics.

HEAD COACH RICHARD ROKOS

Richard Rokos and Colorado Skiing. Now completing his 26th season as the University of Colorado's head coach and his 30th overall at the school, you can't think of one without the other, not to mention that the combination has been synonymous with success.

When he was promoted to head coach on July 3, 1990, the process to return a program that was eight years removed from an NCAA title back to national prominence took its first step. Twenty-five seasons, eight national championships, 36 individual champions and 196 All-Americans later, it is once again the premier ski program in the nation.

Rokos, 65, is the 11th and longest tenured head coach in CU ski history, has guided Colorado to eight NCAA titles, claiming the crowns in 1991, 1995, 1998, 1999, 2006, 2011, 2013 and 2015. In addition, his Buffaloes have won individual titles (36 total) in 16 different years. That first team title came in his first season as head coach, a unique accomplishment in any sport, and served as a bookend for the school as it came on the heels of CU's first in football.

Only four coaches in CU history coached their teams longer than Rokos has been at the reins of the ski team: Frank Potts (41 seasons, cross country and track); Charles Vavra (32 seasons, men's gymnastics), and Les Fowler and Mark Simpson, both of whom coached the men's golf team 29 seasons. Rokos' teams have qualified for the NCAA Championships 26 times, the second most by any coach in school history.

He has also coached the Buffs to 13 Rocky Mountain Intercollegiate Ski Association (RMISA) titles, events that also serve as the NCAA West Regional, as well as seven runner-up finishes.

His skiers, alpine and Nordic, have posted 285 top 10 finishes at the NCAA Championships; that total includes 122 first-team All-Americans, with 36 earning two-time single-year All-American mention, and 74 second-team All-Americans. Academically, the skiers have boasted grade point averages that are always at or near the top of all of CU's 17 varsity sports programs, often in excess of 3.5. His teams have placed 254 student-athletes on the NCAA Skiing All-Academic Team, the equivalent of Academic All-America.

Under Rokos, the Buffaloes have won 66 of 158 meets they have skied in, including the eight NCAA crowns and the 13 RMISA Championships/NCAA West Regionals (1991, 1993, 1994, 1995, 1998, 1999, 2002, 2006, 2008, 2010, 2011, 2013 and 2015). On 50 other occasions, CU has finished as the runner-up. That's an amazing 73 percent of the time CU has finished in the top two.

Though he has been notified on nine different occasions that he was the selection for the RMISA coach of the year, the last time for 2015, Rokos declines the honor for personal reasons, mainly that he doesn't believe in the philosophy and that the student-athletes deserve the credit. He has been named the United States Collegiate Ski Coaches Association National Coach of the Year on five occasions, last in 2015.

One of Rokos' greatest accomplishments since taking over the program has been turning what was once essentially an individual sport, pulling divergent skiers—men and women, Nordic and Alpine, into a team event at CU. Prior to his arrival, the two units rarely saw each other prior to the national championships, as they trained and raced separately. But it was his philosophy, to be an educator as well as a coach, to understand the physical and psychological significance of a student-athlete and to introduce harmony and mutual support that has made it a more unified program. Credit Rokos himself for the strong camaraderie because there is very little that he asks of his skiers that he doesn't do himself. That includes 6 a.m. ice hockey games, off-season dryland training, mountain bike rides from Boulder to Winter Park and back, hiking Pikes Peak, playing soccer and rollerblading through Boulder.



Rokos, who also coordinates all alpine aspects of the program, was already very familiar with the CU ski program upon his hiring, as he was promoted from alpine coordinator to the post. He served one season (1989-90) in that role under his predecessor as head coach, Tim LaVallee, and was the head coach of Colorado's Alpine "B" Team for the two years prior to joining the varsity staff (1987-89). With Rokos tutoring the alpine skiers, the 1990 team finished third in both the West Regional and the NCAA championships, with one individual national champion in the latter.

Rokos brought to CU a great amount of racing and coaching experience. He competed in his native home of Czechoslovakia and internationally for 19 years before beginning his coaching career with the Czechoslovakian Junior National Team in 1977. The year prior to joining the junior national team, Rokos graduated from the University of Masaryk with a masters' degree in physical education, his emphasis in his diploma work was the use of ski slopes with artificial surfaces for slalom and giant slalom practice. In 1969 he earned his bachelor's degree in mechanical engineering from the College of Machiner. He has additional course work in Prague (Level II International Coaching License), Colorado State (athletic training) and the University of Colorado (special education).

Leaving the Czech national team in 1980, Rokos went on to coach at several ski schools in Austria before finally coming to the United States to coach at the Grampian Mountain Ski School in Michigan the following year. He then spent four years (1984-87) working with the U.S. Pro Ski Tour before settling down in Boulder.

Dating back to 1995, Rokos has served as the Chief of the U.S. Alpine delegation for the World University Games (WUG) on nine occasions. He has handled what are essentially the head coaching duties for the alpine team in 1995 (Jaca, Spain), 1997 (Mugu, South Korea), 2001 (Zakopane, Poland), 2003 (Tarvisio, Italy), 2005 (Innsbruck, Austria), 2007 (Turin, Italy), 2011 (Erzurum, Turkey), 2013 (Trentino, Italy) and 2015 (Granada, Spain). The U.S. athletes have

brought home several medals (gold, silver and bronze) under his direction, including four by CU skiers: gold medals by Thea Grosvold (slalom, 2015), Erika Ghent (combined classification, 2011) and Katie Hartman (Super-G, 2011) and a bronze by Erika Hogan (slalom, 2003). He was also the head coach of the entire U.S. Team in the 1997 event in South Korea.

In 2013, he was inducted into the Colorado Ski & Snowboard Hall of Fame for his accomplishments in his two-plus decades as CU's head coach. He joined several former Buffs in the Hall, in which he was the 200th person enshrined.

CONTINUED

2016 COLORADO SKIING / MEDIA NOTES 6-6-6



In 2006, he earned a “Top of the Rocky Award” as the region’s top college coach as selected by the writers and critics of the *Rocky Mountain News*. The honor made mention of CU being the first-ever shorthanded team to win an NCAA title, recording the biggest second-day comeback in the meet, and Rokos specifically being mentioned by President George W. Bush when the Buffs were one of 12 teams invited to the White House. Rokos was saluted by the president, who called him a “proud American” in reference to his defecting to the States for freedom, which he also privately had mentioned upon meeting him, “There’s nothing like freedom.”

He was also selected as the 2006 Coach of the Year in the state of Colorado by the Sportswomen of Colorado Hall of Fame.

Rokos was born May 25, 1950 in Brno, Czechoslovakia. He and his wife, the former Helena Konecny, and then-18-month-old daughter Linda, left a communist-bound native homeland in 1980 for Austria where they spent a year preparing their visas, and defected from Czechoslovakia to the United States (Detroit) a year later before calling Colorado their permanent home beginning in 1982. He and Helena are the parents of two grown children Linda, now an alpine instructor at Eldora and Thomas, and one grandchild, Stella, who is also an avid skier.

ROKOS YEAR-BY-YEAR AT COLORADO

Season	TEAM FINISHES-----					Region	NCAA	NCAA Champions	All-Americans-----				
	1st	2nd	3rd	4th	5th				Total	A	(B)	C	D
1991	6	1	-	-	-	1st	1st	2	14	9	(3)	5	2
1992	1	2	2	1	1	4th	5th	2	5	2	(2)	3	2
1993	4	1	-	1	-	1st	4th	2	10	5	(1)	5	-
1994	1	4	-	2	-	1st	4th	-	7	4		3	1
1995	6	-	-	-	-	1st	1st	2	12	4	(1)	8	5
1996	3	1	1	1	-	2nd	4th	-	8	4	(1)	4	1
1997	1	3	2	-	-	2nd	3rd	-	7	5	(2)	2	3
1998	3	3	-	-	-	2nd	1st	3	9	5	(2)	4	2
1999	4	1	-	1	-	1st	1st	3	9	7	(3)	2	3
2000	4	2	-	-	-	1st	2nd	3	9	6	(1)	3	4
2001	1	3	2	-	-	2nd	3rd	-	7	7	(1)	-	3
2002	1	3	1	1	-	1st	2nd	1	6	4		2	5
2003	1	2	1	2	-	2nd	3rd	-	6	2		4	1
2004	-	2	1	2	1	5th	4th	-	8	5	(2)	3	-
2005	-	2	2	1	-	3rd	6th	-	5	3	(1)	2	-
2006	4	2	-	-	-	1st	1st	4	8	7	(3)	1	4
2007	2	3	1	-	-	2nd	3rd	-	6	4	(1)	2	3
2008	2	2	2	-	-	1st	2nd	4	7	5	(2)	2	2
2009	3	2	1	-	-	2nd	2nd	2	7	5		2	3
2010	3	2	1	-	-	1st	2nd	1	8	7	(1)	1	3
2011	5	-	-	1	-	1st	1st	2	10	7	(3)	3	2
2012	-	4	2	-	-	2nd	3rd	1	7	3	(1)	4	3
2013	6	-	-	-	-	1st	1st	2	7	4	(2)	3	--
2014	-	2	-	3	-	2nd	4th	2	6	5	(1)	1	1
2015	4	2	-	-	-	1st	1st	-	8	3	(2)	5	2
Totals	65	49	19	16	2	13 titles	8 titles	36	196	122	(36)	74	55

(KEY: A—first-team; (B)—two-time first-team; C—second-team; D—multiple second-team honors in addition to a first-team performance or another second-team finish.)

ROKOS ERA AT COLORADO (1991-2015)

NCAA CHAMPIONSHIPS: Colorado 8, Denver 8, Utah 4, Vermont 3, Dartmouth 1, New Mexico 1.

INDIVIDUAL NCAA CHAMPIONS (Leaders): Denver 38, Colorado 36, Utah 34, Vermont 31.

QUOTING RICHARD ROKOS

Here are some select quotes from Colorado head coach **Richard Rokos** heading into the NCAA Championships:

On The Season In General

“Going back to the beginning of the season, we had a blend of a new team and an old team. This was actually a very unique situation, we have very little middle ground on the Alpine side. We have four newcomers and seven actually departing so it’s very unique. On the Nordic side, it’s not such. We have one graduating and the rest are all new freshmen or juniors. The season has been interesting to the degree that we have had injuries and have gone through some trials and tribulations, not having a (healthy) full team ever. The NCAA’s will be the first time we are getting everyone in the same place at the same time. It will be interesting.”

On How The Seniors Have Helped Grow The Freshmen On The Alpine Side

“The goal of the team is always to make it as uniform for everybody. With new guys they were not familiar with the format and the format in many ways is unique. College skiing is a little bit different than FIS, but regardless we are still using the same rules, but there are a couple of differences like hiking. You never hike in FIS World Cup; ski off the course or fall, and you’re done. Those guys come from a very high level – national teams, world cup, Europa cup skiing – so they have to adjust to this environment and it requires a certain level of discipline.

2016 COLORADO SKIING / MEDIA NOTES 7-7-7

QUOTING RICHARD ROKOS (CONTINUED)

On The Alpine Teams

“Well on the women’s side it’s two seniors versus one on the men’s alpine. On the men’s side it goes to juniors and freshmen. [Freshman] Tonje [Trulsrud] adapted very well to the whole concept. I think we have everybody tuned to the degree to go.”

On Nordic Skiers Mads Stroem & Petter Reistad

“Mads has been demonstrating it (dominate performances) since he came here. He’s a tremendous athlete and it’s always good to have someone like this because the rest of the team gets pulled with him. They go to training, they time it and the guys know how far off they are and the closer they can get they elevate the whole competition and their own performance. That’s a skill-set you cannot ever substitute with anything else. Having a guy so far ahead and doing it consistently. Petter comes here the same way (as Mads) – he’s a great athlete, very, very highly ranked on a competitive level. One of these days he will step into Mads shoes and hopefully he will continue to ski the way he has until now. Being 1-2, 1-2 in this league is very hard.”

On What It’s Been Like To Be Defending A Championship Instead Of Chasing One Like Last Year

“When you are defending a championship you have a target on your back and that’s what happens in the years when you win and the following year after you win. We are the one in front of the pack and regardless how the season goes, the target is there and it’s there from last year. It’s a good feeling. I enjoy more to be in the hunt instead of being hunted, but it’s the way how it goes.”

On The Schedule Of NCAA’s And The Team Having Its Stronger Events Toward The End

“The schedule is a given and I like that the slalom is the last event – it’s least predictable event. In Alpine in general, you could have the best guy and he could bring no points if he hops out of the course, straddles, or makes some kind of mistake and he’s out. Starting with GS we have a good team, I think GS is not so critical for making mistakes. I think we can start with a good day and Nordic’s support the next day will be critical. And then Friday night can either reinforce everything or can spoil a lot. And then also how much pressure there is. We can go and ski 99 percent secure and finish the runs or go out and ski 110 percent if we are under the pressure and need to take the chances, either take it or increase the point lead or close up the gap or whatever so we don’t leave anything on the table.”

On CU’s Goal At NCAA’s

“Winner takes it all, and that’s why we are going there. Our goal never changes, regardless of the makeup of the team, experienced or not at NCAA’s. The only way to justify the effort, sacrifices and injuries is to have the ultimate goal on your mind all the time. And that goal without question is to win the NCAA title.”

BREAKING DOWN THE BUFFALOES IN THE NCAA (1983-PRESENT)

COLORADO AT THE NCAA CHAMPIONSHIPS / BREAKDOWN BY DISCIPLINE, GENDER

Year	Overall	Men-----								Women-----								ALPINE		NORDIC	
		Men (Pts)	Women (P)	ALP	GS	SL	NOR	CL	R/FS	ALP	GS	SL	NOR	CL	R/FS	Pts	Rank	Pts	Rank		
1983	4th	4th (274)	5th (265)	5th	3rd	9th	4th	3rd	4th	4th	6th	4th	4th	4th	4th	231	5th	308	4th		
1984	4th	3rd (313)	6th (243)	5th	6th	5th	2nd	2nd	2nd	3rd	3rd	t-4th	8th	6th	8th	282½	4th	273½	4th		
1985	5th	5th (284)	4th (311)	6th	4th	6th	6th	6th	6th	t-3rd	4th	4th	5th	6th	5th	307	5th	288	5th		
1986	4th	4th (269)	3rd (274)	5th	t-4th	3rd	4th	4th	3rd	6th	4th	7th	2nd	3rd	1st	252	5th	291	3rd		
1987	3rd	3rd (326)	4th (267)	1st	1st	1st	6th	6th	5th	5th	8th	2nd	t-5th	5th	6th	338	2nd	255	5th		
1988	3rd	2nd (304½)	4th (211)	3rd	1st	3rd	3rd	3rd	1st	7th	6th	8th	4th	5th	4th	231½	4th	284	4th		
1989	3rd	1st (344)	5th (256½)	1st	2nd	1st	3rd	4th	2nd	3rd	4th	t-4th	6th	6th	6th	319	2nd	281½	4th		
1990	3rd	2nd (299)	5th (233)	2nd	1st	5th	2nd	2nd	2nd	6th	5th	6th	4th	t-4th	t-4th	270	3rd	262	3rd		
1991	1st	1st (361)	3rd (352)	2nd	2nd	3rd	2nd	4th	1st	1st	t-1st	1st	3rd	5th	1st	378	1st	335	2nd		
1992	5th	5th (270)	2nd (320)	4th	t-1st	4th	9th	10th	7th	2nd	4th	2nd	t-4th	7th	2nd	358	2nd	232	9th		
1993	4th	6th (249)	2nd (379)	9th	3rd	t-13th	5th	5th	4th	2nd	3rd	1st	t-1st	2nd	2nd	272	5th	356	t-2nd		
1994	4th	3rd (315)	3rd (307)	2nd	2nd	2nd	6th	6th	6th	1st	3rd	2nd	7th	t-8th	4th	360	1st	262	6th		
1995	1st	2nd (356)	1st (364½)	1st	2nd	t-3rd	2nd	2nd	2nd	1st	1st	1st	3rd	4th	3rd	364½	1st	356	2nd		
1996	4th	3rd (316)	4th (286½)	2nd	2nd	t-8th	4th	6th	2nd	t-3rd	3rd	5th	5th	t-6th	4th	306	2nd	296½	5th		
1997	3rd	3rd (299)	t-1st (367)	4th	5th	4th	5th	4th	5th	2nd	1st	3rd	1st	1st	4th	347	3rd	319	2nd		
1998	1st	5th (290)	1st (392)	3rd	8th	2nd	5th	3rd	7th	1st	1st	4th	1st	1st	1st	326	1st	356	2nd		
1999	1st	1st (368)	3rd (305)	2nd	3rd	3rd	2nd	1st	3rd	2nd	1st	3rd	8th	7th	6th	357	1st	316	2nd		
2000	2nd	2nd (338)	3rd (291)	1st	1st	t-1st	5th	7th	3rd	5th	3rd	11th	3rd	5th	1st	318	4th	311	4th		
2001	3rd	4th (328½)	3rd (275)	3rd	1st	4th	5th	5th	5th	2nd	5th	1st	7th	9th	7th	348½	2nd	255	4th		
2002	2nd	4th (263)	1st (384)	6th	5th	6th	5th	4th	7th	2nd	3rd	2nd	1st	1st	1st	316	3rd	331	2nd		
2003	3rd	4th (280)	4th (289½)	5th	6th	4th	3rd	4th	6th	5th	5th	6th	3rd	3rd	4th	270½	5th	299	3rd		
2004	4th	7th (262)	3rd (302)	11th	9th	9th	1st	1st	1st	7th	3rd	8th	2nd	1st	5th	189	8th	375	1st		
2005	6th	7th (226)	6th (212)	12th	13th	13th	2nd	2nd	2nd	6th	5th	8th	7th	10th	5th	150	11th	288	5th		
2006	1st	4th (262)	1st (401)	10th	11th	12th	1st	2nd	1st	1st	2nd	1st	1st	1st	1st	249	5th	414	1st		
2007	3rd	4th (289)	2nd (303)	4th	8th	4th	4th	4th	4th	1st	1st	3rd	3rd	3rd	5th	307	3rd	285	5th		
2008	2nd	3rd (261)	1st (358)	12th	12th	11th	1st	1st	1st	3rd	5th	t-1st	1st	1st	2nd	232	7th	387	1st		
2009	2nd	1st (352½)	7th (250)	3rd	6th	1st	2nd	1st	4th	9th	7th	11th	3rd	4th	3rd	255½	6th	347	3rd		
2010	2nd	4th (298)	2nd (416)	10th	7th	10th	1st	2nd	4th	3rd	4th	2nd	2nd	2nd	1st	296	5th	418	1st		
2011	1st	1st (403)	1st (428)	1st	2nd	1st	1st	1st	3rd	2nd	1st	3rd	1st	2nd	1st	380	1st	451	1st		
2012	3rd	3rd (327)	2nd (343)	4th	3rd	6th	4th	7th	5th	2nd	1st	2nd	4th	6th	5th	380	2nd	290	5th		
2013	1st	2nd (321)	1st (387)	4th	5th	5th	2nd	2nd	3rd	4th	3rd	7th	1st	t-1st	1st	317	4th	391	1st		
2014	4th	3rd (216½)	5th (186)	6th	3rd	t10th	1st	2nd	t2nd	3rd	4th	3rd	7th	9th	7th	194½	5th	208	4th		
2015	1st	2nd (242)	2nd (263)	6th	7th	4th	1st	2nd	1st	3rd	6th	3rd	2nd	2nd	2nd	199	4th	306	1st		

SCORING BASES: 50 points (2009-2013); 40 points (2014-); 39 points (1985, 1992-2008); 36 points (1983-84-87-89-91); 33 points (1988-90); 32 points (1986).

NORDIC—Relay from 1983-88 (points awarded varied year-to-year); two individual races 1989-present.

2016 COLORADO SKIING / MEDIA NOTES 8-8-8

COLORADO SKIING IN THE NCAA CHAMPIONSHIPS (1954-PRESENT)

MEN (NCAA)

Year	Coach	Site	CU Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1954	Tom Jacobs	Reno, Nev.	3rd	12	348.6	- 35.4	Denver	384.0	Seattle	349.6
1955	Tom Jacobs	Northfield, Vt.	4th	13	540.9	- 26.2	Denver	567.1	Dartmouth	558.9
1956	Tom Jacobs	Winter Park	6th	13	520.6	- 61.4	Denver	582.0	Dartmouth	541.8
1957	Bob Beattie	Ogden, Utah	2nd	20	545.3	- 32.7	Denver	578.0	Colorado	545.3
1958	Bob Beattie	Hanover, N.H.	3rd	13	525.6	- 35.6	Dartmouth	561.2	Denver	550.6
1959	Bob Beattie	Winter Park	1st	9	549.4	+ 5.8	Colorado	549.4	Denver	543.6
1960	Bob Beattie	Bozeman, Mont.	1st	7	571.4	+ 2.8	Colorado	571.4	Denver	568.6
1961	Bob Beattie	Middlebury, Vt.	3rd	9	365.5	- 10.7	Denver	376.2	Middlebury	367.0
1962	Bob Beattie	Squaw Valley, Calif.	2nd	16	374.3	- 15.8	Denver	390.1	Colorado	374.3
1963	Bob Beattie	Solitude, Utah	2nd	12	381.6	- 3.0	Denver	384.6	Colorado	381.6
1964	Bob Beattie	Franconia Notch, N.H.	---	10	Denver	370.2	Dartmouth	368.8
1965	Bob Beattie	Crystal Mountain, Wash.	6th	17	347.6	- 32.9	Denver	380.5	Utah	378.4
1966	M.J. Elisha	Crested Butte	---	11	Denver	381.0	Western State	365.9
1967	Hoeschler/Romine	Sugarloaf, Maine	---	14	Denver	376.7	Wyoming	375.9
1968	Bill Marolt	Steamboat Springs	5th	15	365.3	- 18.6	Wyoming	383.9	Denver	376.2
1969	Bill Marolt	Steamboat Springs	5th	12	360.6	- 28.0	Denver	388.6	Dartmouth	372.0
1970	Bill Marolt	Franconia Notch, N.H.	3rd	14	377.3	- 9.3	Denver	386.6	Dartmouth	378.8
1971	Bill Marolt	Terry Peak, S.D.	2nd	12	373.1	- 21.6	Denver	394.7	Colorado	373.1
1972	Bill Marolt	Winter Park	1st	11	385.3	+ 5.2	Colorado	385.3	Denver	380.1
1973	Bill Marolt	Middlebury, Vt.	1st	14	381.9	+ 4.1	Colorado	381.9	Wyoming	377.8
1974	Bill Marolt	Jackson Hole, Wyo.	1st	15	176.0	+ 14.0	Colorado	176.0	Wyoming	162.0
1975	Bill Marolt	Durango	1st	13	183.0	+ 68.0	Colorado	183.0	Vermont	115.0
1976	Bill Marolt	Rumford, Maine	t-1st	8	112.0	0.0	Colorado	112.0	(Tie) Dartmouth	112.0
1977	Bill Marolt	Winter Park	1st	13	179.0	+ 24.5	Colorado	179.0	Wyoming	154.5
1978	Bill Marolt	Hanover, N.H.	1st	14	152.5	+ 31.0	Colorado	152.5	Wyoming	121.5
1979	Tim Hinderman	Steamboat Springs	1st	13	153.0	+ 23.0	Colorado	153.0	Utah	130.0
1980	Tim Hinderman	Lake Placid, N.Y./Stowe, Vt.	3rd	13	98.0	- 73.0	Vermont	171.0	Utah	151.0
1981	Tim Hinderman	Park City, Utah	3rd	20	113.0	- 70.0	Utah	183.0	Vermont	172.0
1982	Tim Hinderman	Lake Placid, N.Y.	1st	20	461.0	+ 24.5	Colorado	461.0	Vermont	436.5

WOMEN (AIAW)

Year	Coach	Site	CU Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1977	Larry Martin	Burlington, Vt.	10th	?	NA	Dartmouth	448.0	Utah	416.0
1978	Steve Devin	Red River, N.M.	7th	?	NA	Utah	289.0	Middlebury	260.0
1979	Steve Devin	Marquette	2nd	10	289.8	- 20.7	Middlebury	310.5	Colorado	289.8
1980	Steve Devin	Middlebury, Vt.	5th	10	211.2	- 75.5	Middlebury	286.7	Vermont	260.4
1981	Tim Hinderman	Bozeman, Mont.	8th	11	165.5	- 139.0	Vermont	304.5	Middlebury	303.5
1982	Tim Hinderman	Stowe, Vt.	1st	9	237.4	+ 7.4	Colorado	237.4	Wyoming	230.0

COED (NCAA)

Year	Coach	Site	CU Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1983	Tim Hinderman	Bozeman, Mont.	4th	18	539.0	- 157.0	Utah	696.0	Vermont	650.0
1984	Alan Ashley	Jackson, N.H.	4th	17	556.0	- 194.5	Utah	750.5	Vermont	684.0
1985	Alan Ashley	Bozeman, Mont.	5th	18	595.0	- 169.0	Wyoming	764.0	Utah	744.0
1986	Alan Ashley	Stowe, Vt.	4th	18	543.0	- 69.0	Utah	612.0	Vermont	602.0
1987	Alan Ashley	Anchorage, Alaska	3rd	17	593.0	- 117.0	Utah	710.0	Vermont	627.0
1988	Tim LaVallee	Middlebury, Vt.	3rd	15	515.5	- 135.5	Utah	651.0	Vermont	614.0
1989	Tim LaVallee	Jackson Hole, Wyo.	3rd	17	600.5	- 71.5	Vermont	672.0	Utah	668.0
1990	Tim LaVallee	Stowe, Vt.	3rd	15	532.0	- 139.0	Vermont	671.0	Utah	571.0
1991	Richard Rokos	Park City, Utah	1st	16	713.0	+ 31.0	Colorado	713.0	Vermont	682.0
1992	Richard Rokos	Waterville Valley, N.H.	5th	19	590.0	- 103.5	Vermont	693.5	New Mexico	642.5
1993	Richard Rokos	Steamboat Springs	4th	20	628.0	- 155.0	Utah	783.0	Vermont	700.5
1994	Richard Rokos	Sugarloaf, Maine	4th	19	622.0	- 66.0	Vermont	688.0	Utah	667.0
1995	Richard Rokos	Jackson, N.H.	1st	21	720.5	+ 9.5	Colorado	720.5	Utah	711.0
1996	Richard Rokos	Bozeman, Mont.	4th	23	602.5	- 116.5	Utah	719.0	Denver	635.5
1997	Richard Rokos	Stowe, Vt.	3rd	21	638.0	- 48.0	Utah	686.0	Vermont	646.5
1998	Richard Rokos	Bozeman, Mont.	1st	22	654.0	+ 2.5	Colorado	654.0	Utah	651.5
1999	Richard Rokos	Sunday River/Bethel, Maine	1st	21	650.0	+ 14.0	Colorado	650.0	Denver	636.0
2000	Richard Rokos	Park City, Utah	2nd	20	621.0	- 99.0	Denver	720.0	Colorado	621.0
2001	Richard Rokos	Middlebury, Vt.	3rd	22	595.5	- 53.5	Denver	649.0	Vermont	605.0
2002	Richard Rokos	Anchorage, Alaska	2nd	23	612.0	- 44.0	Denver	656.0	Colorado	612.0
2003	Richard Rokos	Lyme & Hanover, N.H.	3rd	22	546.5	- 135.5	Utah	682.0	Vermont	551.0
2004	Richard Rokos	Lake Tahoe Area, Calif.	4th	23	564.0	- 59.0	New Mexico	623.0	Utah	581.0
2005	Richard Rokos	Stowe, Vt.	6th	22	438.0	- 186.5	Denver	622.5	Vermont	575.0
2006	Richard Rokos	Steamboat Springs	1st	24	654.0	+ 98.0	Colorado	654.0	New Mexico	556.0
2007	Richard Rokos	Attitash, N.H.	3rd	22	592.0	- 106.0	Dartmouth	698.0	Denver	648.0
2008	Richard Rokos	Bozeman, Mont.	2nd	21	619.0	- 30.5	Denver	649.5	Colorado	619.0
2009	Richard Rokos	Rumford/Bethel, Maine	2nd	22	602.5	- 56.5	Denver	659.0	Colorado	602.5
2010	Richard Rokos	Steamboat Springs	2nd	22	714.0	- 71.5	Denver	785.5	Colorado	714.0
2011	Richard Rokos	Stowe, Vt.	1st	21	831.0	+ 80.5	Colorado	831.0	Utah	750.5
2012	Richard Rokos	Bozeman, Mont.	3rd	21	670.0	- 162.0	Vermont	832.0	Utah	671.0
2013	Richard Rokos	Middlebury, Vt.	1st	21	708.0	+ 43.0	Colorado	708.0	Utah	665.0
2014	Richard Rokos	Park City/Soldier Hollow, Utah	4th	23	402.5	- 153.5	Denver	556.0	Vermont	487.5
2015	Richard Rokos	Lake Placid, N.Y.	1st	23	505.0	+ 27.0	Colorado	505.0	Denver	478.0

NCAA TEAM CHAMPIONSHIPS (including co-titles): Denver 22, **COLORADO 19**, Utah 10, Vermont 6, Dartmouth 3, Wyoming 2, New Mexico 1.

2016 COLORADO SKIING / MEDIA NOTES 9-9-9

SCORING FORMAT & RECENT DAILY AT-A-GLANCE

The latest scoring format was adopted in 2014, where a maximum 30 skiers can score for their teams. The weighted 40-point base still rewards the top eight skiers in the field with varying additional points over the skier behind them. Scoring is as follows: 40-37-34-31-29-27-25-23-22-21-20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1; the west has used this format the last three years, the east still uses the old 50-point format that allowed 39 skiers to score for their teams. Unlike from 1997-2009, no scores are thrown out for those teams that qualified a full 12-skier team or one shy with 11; so to tabulate the final standings, all scores have counted since 2010. Here's a day-by-day look at the NCAA Championships since 1991, also charting where the eventual winner was after each day (assorted scoring formats):

Year	Day One	Margin	Day Two	Margin	Day Three	Margin	Final	Margin	1	2	3
1991	Vermont (2. Colorado / -1)	1	Colorado	41	Colorado	78	Colorado	31	2	1	1
1992	Dartmouth	8	Vermont	16	New Mexico	10	Vermont	51	2	1	2
1993	Utah	25½	Utah	60½	Utah	82½	Utah	82½	1	1	1
1994	Utah	9	Utah	11	Utah	31	Vermont	21	6	2	3
1995	Postponed 1 Day-----		Utah	33½	Colorado	31½	Colorado	9½	-	2	1
1996	Utah	22	Utah	39½	Utah	72½	Utah	83½	1	1	1
1997	Vermont (2. Utah / -23)	23	Vermont (3. Utah / -28½)	7½	Utah	7	Utah	39½	2	3	1
1998	New Mexico (2. Colorado / -3)	3	Colorado	12½	Colorado	15	Colorado	2½	2	1	1
1999	Colorado	7	Utah (2. Colorado / -2½)	2½	Colorado	19½	Colorado	14	1	2	1
2000	Vermont (5. Denver / -67)	10	Colorado (2. Denver / -27)	27	Denver	37	Denver	99	5	2	1
2001	Denver	16	Denver	59½	Denver	97½	Denver	44	1	1	1
2002	Denver	15	Denver	26	Denver	15½	Denver	44	1	1	1
2003	New Mexico (2. Utah / -24)	24	Utah	66½	Utah	99½	Utah	131	2	1	1
2004	Denver (3. New Mexico / -33)	20	Denver (2. New Mexico / -26)	26	New Mexico	30½	New Mexico	42	3	2	1
2005	Vermont (3. Denver / -43)	30	Denver	21	Denver	25½	Denver	47½	3	1	1
2006	New Hampshire (6. Colorado / -52)	1½	Denver (2. Colorado / -30½)	30½	Colorado	5	Colorado	98	6	2	1
2007	N. Michigan (2. Dartmouth / -23)	23	Dartmouth	1	Dartmouth	38	Dartmouth	50	2	1	1
2008	Colorado (t3. Denver / -45)	33	Denver	28½	Colorado (2. Denver / -17½)	17½	Denver	30½	3	1	2
2009	Postponed 1 Day-----		Denver	4	Vermont (2. Denver / -2)	2	Denver	56½	-	1	2
2010	Denver	42½	Denver	69	Denver	54½	Denver	71½	1	1	1
2011	Day 2 postponed in advance		Colorado	46	Colorado	84½	Colorado	80½	1	-	1
2012	Dartmouth	31	Vermont	24	Vermont	92	Vermont	161	2	1	1
2013	Vermont (3. Colorado / -51½)	17½	Vermont	21½	Vermont	54	Colorado	43	3	2	2
2014	Utah (2. Denver / -35)	35	Denver	51	Day 3 Postponed-----		Denver	68½	2	1	-
2015	Colorado	24	Utah	4	Colorado	7	Colorado	27	1	2	1

OTHER FIRST DAY LEADS SINCE 1983 (*—denotes eventual champion)

1983	Wyoming (12)	1985	*Wyoming (7)	1987	*Utah (28)	1989	Utah (20)
1984	*Utah (9)	1986	Vermont (7)	1988	*Utah (2)	1990	Colorado (10)

HIGHEST TEAM FINISHES WITHOUT A FULL 12-SKIER SQUAD (1997-present)

1997—Alaska-Anchorage	5th	10 skiers	2004—Colorado	4th	11 skiers	2011—Alaska-Anchorage	7th	11 skiers
1998—Alaska-Anchorage	5th	11 skiers	2005—New Mexico	4th	11 skiers	2012—Denver	6th	10 skiers
1999—Alaska-Anchorage	7th	9 skiers	2006—Colorado	1st	11 skiers	2013—Dartmouth	5th	11 skiers
2000—New Hampshire	8th	10 skiers	2007—Denver	2nd	11 skiers	2014—Northern Michigan	7th	6 skiers
2001—Vermont	2nd	11 skiers	2008—Denver	1st	11 skiers	2015—Dartmouth	6th	10 skiers
2002—New Mexico	4th	11 skiers	2009—Colorado	2nd	11 skiers			
2003—Vermont	5th	10 skiers	2010—New Mexico	3rd	11 skiers			

NCAA CHAMPIONSHIP PODIUM SWEEPS (9) (top three finishers in a race since 1983; *—Vermont had top FOUR finishers)

1985	Wyoming	Women's SL	2000	Denver	Men's 20k CL	2007	Northern Michigan	Women's 5k FS
1989	*Vermont	Women's 15k FS	2001	Denver	Men's 10k CL	2007	Northern Michigan	Women's 15k CL
2000	Denver	Men's 10k FS	2002	Denver	Men's 10k CL	2014	Vermont	Women's SL

NCAA CHAMPIONSHIP INDIVIDUAL TITLE SWEEPS (25) (same skier wins both event disciplines, since 1983)

1984	Bente Dahlum, Utah	W	GS, SL	1998	Thorodd Bakken, Vermont	M	CL, FS	2007	Adam Cole, Denver	M	GS, SL
1985	Anne Melander, Wyoming	W	GS, SL	2000	Pietro Brogini, Denver	M	CL, FS	2008	Maria Grevsgaard, Colorado	W	CL, FS
1987	John Skajem, Colorado	M	GS, SL	2001	Katerina Hanusova, Nevada	W	CL, FS	2008	Lucie Zikova, Colorado	W	GS, SL
1989	Sari Argillander, Vermont	W	CL, FS	2002	Ola Berger, Denver	M	CL, FS	2008	John Buchar, Denver	M	GS, SL
1990	Anke Freidrich, Utah	W	GS, SL	2003	Katrin Smigun, Utah	W	CL, FS	2009	Antje Maempel, Denver	W	CL, FS
1990	Laura Wilson, Vermont	W	CL, FS	2004	Henning Dybendal, Utah	M	CL, FS	2010	Antje Maempel, Denver	W	CL, FS
1991	Laura Wilson, Vermont	W	CL, FS	2004	Sigrid Aas, Alaska-Fairbanks	W	CL, FS	2013	Kristen Haugen, Denver	W	GS, SL
1995	Heidi Selnes, Utah	W	CL, FS	2005	Rene Reissauer, Denver	M	CL, FS	(Double Sweeps, Same Year: Colorado 2008)			
1996	Lisbeth Johnson, Denver	W	CL, FS	2005	Mandy Kaempf, Alaska-Anch.	W	CL, FS				
1998	Line Selnes, Colorado	W	CL, FS	2006	Jana Rehema, Colorado	W	CL, FS				

2016 COLORADO SKIING / MEDIA NOTES 10-10-10

COLORADO'S INDIVIDUAL NCAA CHAMPIONS

Colorado leads the nation in all-time individual NCAA champions, as through the years, Buffalo skiers have been crowned **88** times. That's ahead of Denver (85), Utah (70), Vermont (63), Dartmouth (36), Wyoming (19), New Mexico (17) and Middlebury (11). **Multiple champions/single year:** CU 29, DU 29.

BY EVENT (ALPINE; 52)

Men's Giant Slalom (9)

1977 Stephan Hienzsich
 1982 Seth Bayer
 1987 John Skajem
 1989 Ian Witter
 1991 Toni Standteiner
 1992 Eric Archer
 1993 Sean Ramsden
 1995 Bryan Sax
 2012 Adam Zika

Men's Slalom (14)

1961 Buddy Werner
 1963 Jimmie Heuga
 1966 Bill Marolt
 1970 Mike Porcarelli
 1972 Mike Porcarelli
 1977 Stephan Hienzsich
 1983 Niklas Scherrer
 1984 James Marceau
 1986 John Skajem
 1987 John Skajem
 1990 Chris Pedersen
 1995 Scott Wither
 2000 Andy LeRoy
 2009 Gabriel Rivas

Men's Alpine Combined (6)

1961 Buddy Werner
 1963 Buddy Werner
 1966 Bill Marolt
 1970 Mike Porcarelli
 1972 Mike Porcarelli
 1975 Mark Ford
(discontinued after 1976)

Men's Downhill (6)

1960 Dave Butts
 1963 Bill Marolt
 Buddy Werner
 1965 Bill Marolt
 1969 Mike Lafferty
 1975 Mark Ford
(discontinued after 1975)

Men's Jumping (7)

1959 Dave Butts
 1970 Jay Rand
 1971 Vidar Nilsgard
 1973 Vidar Nilsgard
 1974 Didrik Ellefsen
 1975 Didrik Ellefsen
 1978 T. H. Jensen
(discontinued after 1980)

Men's Skimeister (2)

1959 Dave Butts
 1960 John Dendahl
(discontinued after 1973)

Women's Giant Slalom (5)

1986 Lynda McGehee
 1998 Caroline Gedde-Dahl
 1999 Aimee-Noel Hartley
 2000 Aimee-Noel Hartley
 2008 Lucie Zikova

Women's Slalom (3*)

1982 Lee Sevinson (*AIAW)
 1999 Linda Wikstrom
 2006 Lucie Zikova
 2008 Lucie Zikova

Women's Alpine Combined

1982 Lee Sevinson (AIAW)
(discontinued after 1982)

BY EVENT (NORDIC; 36)

Men's Classical (5)

1999 Ove Erik Tronvoll
 2010 Matt Gelso
 2011 Reid Pletcher
 2013 Rune Oedegaard
 2014 Rune Oedegaard

Men's Freestyle (5)

1989 Per Kare Jakobsen
 1991 Bjorn Svensson
 2006 Kit Richmond
 2009 Vegard Kjoelhamar
 2014 Mads Stroem

Men's Cross Country (7)

1960 John Dendahl
 1968 Clark Matis
 1969 Clark Matis
 1977 Helge Aamodt
 1978 Sigurd Kjerpeseth
 1982 Egil Nilsen
 1988 Per Kare Jakobsen

Men's Cross Country Relay (2)

1982 Thomas Holter,
 Bjorn Gjelsten &
 Egil Nilsen
 1988 Ric Schaaf,
 Aage Schaanning &
 Per Kare Jakobsen
(discontinued after 1988)

Men's Nordic Combined (2)

1960 John Dendahl
 1976 Jack Turner
(discontinued after 1976)

Women's Classical (6)

1993 Anette Skjolden
 1998 Line Selnes
 2002 Mari Storeng
 2006 Jana Rehemaa
 2008 Maria Grevsgaard
 2011 Eliska Hajkova

Women's Freestyle (6)

1992 Anette Skjolden
 1998 Line Selnes
 2000 Katka Hanusova
 2006 Jana Rehemaa
 2008 Maria Grevsgaard
 2013 Joanne Reid

Women's Cross Country (2)

1985 Kristen Petty
 1987 Kristen Petty
(discontinued after 1988)

Women's Cross Country Relay (1)

1986 Ingrid Butts, Jill Anderson &
 Kristen Petty
(discontinued after 1988)

NCAA Relay Champions

1986 (Women) Ingrid Butts,
 Jill Anderson, Kristen Petty
 1988 (Men) Ric Schaaf, Aage
 Schaanning, Per Kare Jakobsen
(discontinued after 1988)

BY YEAR (88)

1954—0	1960—4	1966—2	1972—2	1978—2	1984—1	1990—1	1996—0	2002—1	2008—4	2014—2
1955—0	1961—2	1967—0	1973—1	1979—0	1985—1	1991—2	1997—0	2003—0	2009—2	2015—0
1956—0	1962—0	1968—1	1974—1	1980—0	1986—3	1992—2	1998—3	2004—0	2010—1	
1957—0	1963—4	1969—2	1975—3	1981—0	1987—3	1993—2	1999—3	2005—0	2011—2	
1958—0	1964—0	1970—3	1976—1	1982—3	1988—2	1994—0	2000—3	2006—4	2012—1	
1959—2	1965—1	1971—1	1977—3	1983—1	1989—2	1995—2	2001—0	2007—0	2013—2	

does not include 2 AIAW titles

CHART-MANIA: A LOOK AT THE GREATEST BUFFS SINCE 1983

Here's a look at the most successful Buffaloes since 1983, the year the men's and women's programs were combined and the sport of skiing went coed:

ALL-TIME INDIVIDUAL SEASON WINS BY CU SKIERS (Since 1983)

11 Line Selnes, 1998 (Nordic; 6 FS, 5 CL)	5 John Skajem, 1987 (Alpine; 4 SL, 1 GS)
11 Maria Grevsgaard, 2008 (Nordic; 6 CL, 5 FS)	5 Per Kare Jakobsen, 1990 (Nordic; 3 FS, 2 CL)
9 Joanne Reid, 2013 (5 FS, 4 CL)	5 Anette Skjolden, 1991 (Nordic; 3 FS, 2 CL)
7 John Skajem, 1986 (Alpine; 4 SL, 3 GS)	5 Bjorn Svensson, 1992 (Nordic; 3 FS, 2 CL)
7 Toni Standteiner, 1991 (Alpine; 5 GS, 2 SL)	5 Anette Skjolden, 1993 (Nordic; 5 CL, 0 FS)
7 Lucie Zikova, 2006 (Alpine; 5 SL, 2 GS)	5 Katka Hanusova, 2000 (Nordic; 4 FS, 1 CL)
7 Maria Grevsgaard, 2007 (Nordic; 5 CL, 2 FS)	5 Lucie Zikova, 2008 (Alpine; 4 SL, 1 GS)
6 Per Kare Jakobsen, 1989 (Nordic; 5 FS, 1 CL)	5 Maria Grevsgaard, 2009 (Nordic; 3 CL, 2 FS)
6 Ove Erik Tronvoll, 1999 (Nordic; 4 CL, 2 FS)	5 Rune Oedegaard, 2012 (Nordic; 3 CL, 2 FS)
6 Jana Rehema, 2006 (Nordic; 3 FS, 3 CL)	5 Rune Oedegaard, 2014 (Nordic; 3 CL, 2 FS)
6 Mads Stroem, 2016 (Nordic; 3 FS, 3 CL)	5 Rune Oedegaard, 2015 (Nordic; 3 CL, 2 FS)

TOP THREE (PODIUM) FINISHES IN FIRST CAREER NCAA RACE BY CU SKIERS (All-time for wins; 2nd/3rd since 1983)

1st Kristen Petty, 1985 (Soph., Nordic)	2nd Caroline Gedde-Dahl, 1996 (Soph., Alpine, giant slalom)
1st Per Kare Jakobsen, 1988 (Soph., Nordic)	2nd Mari Storeng, 2001 (Jr., Nordic, classical)
1st Ian Witter, 1989 (Fr., Alpine, giant slalom)	2nd Maria Grevsgaard, 2006 (Fr., Nordic, classical)
1st Toni Standteiner, 1991 (Fr., Alpine, giant slalom)	2nd Sara Hjertman, 2011 (Sr., Alpine, giant slalom)
1st Sean Ramsden, 1993 (Soph, Alpine, giant slalom)	2nd Brooke Wales, 2013 (Fr., Alpine, giant slalom)
1st Line Selnes, 1998 (Sr., Nordic, classical)	3rd Jessica Ochs, 1995 (Fr., Alpine, giant slalom)
1st Katka Hanusova, 2000 (Fr., Nordic, freestyle)	3rd Linda Wikstrom, 1999 (Jr., Alpine, giant slalom)
1st Adam Zika, 2012 (Fr., Alpine, giant slalom)	3rd Jesper Ostensen, 2008 (Fr., Nordic, freestyle)
2nd Chris Pedersen, 1990 (Fr., Alpine, giant slalom)	3rd Eliska Hajkova, 2010 (Soph., Nordic, freestyle)
2nd Andreja Rojs, 1991 (Fr., Alpine, giant slalom)	

TWO PODIUM FINISHES IN FIRST CAREER NCAA CHAMPIONSHIPS BY CU SKIERS (Since 1983)

1st (XC), 1st (R) Per Kare Jakobsen, 1988 (Soph., Nordic)	2nd (GS), 1st (SL) Chris Pedersen, 1990 (Fr, Alpine)
1st (GS), 2nd (SL) Ian Witter, 1989 (Fr, Alpine)	2nd (CL), 3rd (FS) Mari Storeng, 2001 (Jr., Nordic)
1st (GS), 3rd (SL) Toni Standteiner, 1991 (Fr., Alpine)	3rd (GS), 1st (SL) Linda Wikstrom, 1999 (Jr., Alpine)
1st (CL), 1st (FS) Line Selnes, 1998 (Sr., Nordic)	

ALL-TIME INDIVIDUAL CAREER WINS BY CU SKIERS (Since 1983)

24 Maria Grevsgaard, Nordic, 2006-09 (15 CL, 9 FS)	12 Mads Stroem, Nordic, 2014-16 (7 FS, 5 CL)
19 Rune Oedegaard, Nordic, 2012-15 (12 CL, 7 FS)	11 Anette Skjolden, 1991-93 (7 CL, 4 FS)
16 Lucie Zikova, Alpine, 2005-08 (12 SL, 4 GS)	11 Line Selnes, 1998 (6 FS, 5 CL)
13 Per Kare Jakobsen, Nordic, 1988-90 (9 FS/XC, 4 CL)	11 Joanne Reid, 2010-13 (6 FS, 5 CL)
14 Rune Oedegaard, Nordic, 2012-14 (9 CL, 5 FS)	10 Bjorn Svensson, 1990-93 (6 FS, 4 CL)
12 John Skajem, Alpine, 1986-87 (7 SL, 5 GS)	10 Ove Erik Tronvoll, 1998-99 (7 CL, 3 FS)

ALL-TIME PODIUM (TOP THREE) FINISHES BY CU SKIERS (Since 1983)

34 Maria Grevsgaard, Nordic, 2006-09 (24 wins; 7 seconds; 3 thirds)	20 Matt Gelso, Nordic, 2007-10 (6-4-10)
34 Lucie Zikova, Alpine, 2005-08 (16-11-7)	20 Joanne Reid, Nordic, 2010-13 (11-4-5)
34 Rune Oedegaard, Nordic, 2012-15 (19-12-3)	19 John Skajem, Alpine, 1986-87 (12-5-2)
32 Eliska Hajkova, Nordic, 2010-13 (8-18-6)	19 Gabriel Rivas, Alpine, 2009-11 (5-6-8)
25 Per Kare Jakobsen, Nordic, 1988-90 (13-6-6)	17 Ove Erik Tronvoll, Nordic, 1998-99 (10-4-3)
24 Mads Stroem, Nordic, 2014-16 (12-9-3)	15 Jana Rehema, Nordic, 2003-06 (6-8-1)
22 Unni Odegard, Nordic, 1998-2000 (1-8-13)	14 Erling Christiansen, Nordic, 2003-06 (2-4-8)
22 Andreja Rojs, Alpine, 1991-94 (5-9-8)	14 Kit Richmond, Nordic, 2006-08 (6-6-2)
22 Anette Skjolden, Nordic, 1991-93 (11-7-5)	14 Linda Wikstrom, Alpine, 1999-2000 (4-2-8)
22 Bjorn Svensson, Nordic, 1990-93 (10-10-2)	14 Vegard Kjoelhamar, Nordic, 2009-12 (5-7-2)

ALL-TIME SWEEPS (CL/FS; GS/SL) AT SAME COMPETITION (Since 1983)

8 Maria Grevsgaard, 2006-09 (Nordic)	3 Jana Rehema, 2004-06 (Nordic)
5 Line Selnes, 1998 (Nordic)	3 Lucie Zikova, 2005-08 (Alpine)
4 John Skajem, 1985-87 (Alpine)	3 Joanne Reid, 2010-13 (Nordic)
4 Rune Oedegaard, 2012-15 (Nordic)	3 Mads Stroem, 2014-16 (Nordic)
3 Per Kare Jakobsen, 1988-90 (Nordic)	

NCAA CHAMPIONSHIP SWEEPS: In 2008, Colorado became the first school since 1983 to have two skiers sweep their respective disciplines: **Lucie Zikova** claimed the individual titles in the giant slalom and slalom, while **Maria Grevsgaard** did the same in winning both the classical and freestyle races. Those two joined **John Skajem** (1987, Alpine), **Line Selnes** (1998, Nordic) and current CU Nordic assistant coach, **Jana Rehema Weinberger** (2006, Nordic) in sweeping NCAA titles in the same year.

BUFFALO CHIP: **Lucie Zikova** ('08) had 38 top five finishes in 48 career races, including 16 wins and nine runner-up efforts. She closed her career with a school-record 15 straight top five alpine finishes from the 2007 NCAA Championships through the 2009 nationals.

2016 NCAA WEST REGIONAL/RMISA CHAMPIONSHIP RECAP

BEAVER CREEK (February 28) — Junior Mads Stroem swept the Nordic titles here and freshman Max Luukko joined him as the men's slalom champion, helping the University of Colorado ski team to a second place finish in the RMISA Championships, which also doubled as the NCAA Western Regional.

In all, CU had four podium appearances and 11 skiers finish in the top 11, helping the Buffs to 634 points, just 28 points behind Utah's total of 662. The Buffs did pass Denver on the day, which finished with 595 points in third place.

"It was a very interesting weekend," CU coach Richard Rokos said. "It was a dog fight and test of survival. The alpine hill was something we've never seen before, hopefully we can see more courses like this. But we had some casualties with Ola (Johansen) and Roger (Carry) not skiing, Petra (Hyncicova) not here and Ane (Johnsen) not skiing today. But being less than 30 points behind Utah, they're at full strength, so it's a good place to be and a confidence builder."

For the second straight day, Stroem not only won but did so in dominating fashion, taking the race by 39.8 seconds over freshman Petter Reistad, giving the Buffs a 1-2 finish in the race. Stroem's winning time was 51 minutes, 8.6 seconds and Reistad crossed the finish line in 51:48.4.

Stroem won his fourth straight race, sixth of the season and 12th of his career. He has also won the last four RMISA Individual Championships, having now swept both races for two years in a row. Since Nordic skiing went to its current format of freestyle can classic races, Stroem is the first men's Nordic skier to sweep RMISA Championships two years in a row. Former Buff Rune Oedegaard is the only other skier to do it twice, doing so in 2012 and 2014.

CU has dominated the men's classic race at RMISA Championships the last decade, winning five in a row and eight of the last 11 dating back to 2006. Stroem's 12 career wins also places him tied for fifth most wins in program history since skiing went coed in 1983. Only Maria Grevsgaard (24), Oedegaard (19), Lucie Zikova (16) and Per Kare Jakobsen (13) have won more races; Stroem is tied with John Skajem at a dozen wins.

His six wins this season are also tied for eighth most in program history and just the second time since 2008 that a CU skier has had six or more wins in a season alongside Joanne Reid's nine wins in 2013. The six wins also ties the CU record for most wins by a men's Nordic skier in a season alongside Jacobsen, who won six races in 1999. He's also just one win short of CU's record for wins by a men's skier in a season, behind Skajem's total in 1986 and Toni Standteiner in 1991, each having seven victories in alpine action.

Behind Stroem and Reistad, who finished second for the third time this season, senior Arnaud Du Pasquier finished in 16th place in a time of 54:06.1, as CU's third scorer. Sophomore Ian Boucher finished 23rd in 55:42.0, junior Max Scrimgeour 25th in 57:13.9 and junior Jackson Hill 30th in 59:40.7.

On the women's side, the Buffs were already without Petra Hyncicova, who was in Romania at the Under 23 World Cross Country Championships. Added to the list of unable to perform Saturday was Ane Johnsen, who didn't start the race.

CU's other four women stepped up to the challenge, all finishing in the top 13, as sophomore Jesse Knori finished fifth in 47:26.2 and freshman Christina Rolandsen was right behind her in sixth in 47:43.7. Junior Camilla Brautaset was ninth in 48:30.7 and junior Lucy Newman 13th in 49:18.5.

When Nordic races were over, the Buffs had taken over second place from Denver but fallen further behind Utah. The Buffs had 467 point at that juncture and Utah had an 82 point lead with 549. The Buffs had opened up a 41 point lead over Denver's total of 426.

Always labeled the equalizer, the slalom proved that theory right on Saturday. The Buffs were led by seniors Thea Grosvold, who finished sixth in 1:57.70 and Jessica Honkonen, who was seventh in 1:58.26. Add to that an 11th place finish from freshman Nora Christensen, the Buffs finished second behind Denver in the race.

Junior Katie Hostetter was also impressive in the slalom, finishing 14th in 2:02.76 and senior Clare Wise finished 17th in 2:04.98. Freshman Tonje Trulsrud did not finish the race.

Denver finished 1-3-5 in the race and the Utes struggled, finishing just two skiers. The Buffs trimmed the 82 point Utah lead down to 49 with the men's slalom still to be completed.

On to the men's slalom and if the Buffs sensed the opportunity to comeback, they went full force, getting the race victory with Luukko, two skiers on the podium with Adam Zika's third place finish and three in the top 10 with Henrik Gunnarsson taking 10th. The Buffs were especially impressive in the second run where Gunnarsson had the second-fastest second run to move all the way from 23rd into 10th. Zika moved up from sixth to third and Luukko won the race after being in third after the first run.

Luukko's win is the first men's alpine RMISA Individual Championships since Andreas Haug won the giant slalom in 2014 and it's the first slalom win at the RMISA meet since Tyler Shepherd won in 2002. The Buffs three individual championships was the most in the field and the second straight season they brought home three. Last year Stroem won both Nordic races and Honkonen won the women's slalom title.

Senior Kasper Hietanen finished 15th in 1:44.82 and senior Cameron Smith gave the Buffs all five skiers in the top 17 with his finish in 1:45.12.

"Overall, we are in better standings than we were before the meet," Rokos said. "Moving the fourth skier up a little more, just in case we need to use them. Adam solidified himself as the fourth guy, it's good to have four up there or close to it. And with him not having the best season, it's good to see him on the podium."

RMISA Championship/NCAA West Regional (Final; 8 events)—1. Utah 662; 2. Colorado 634; 3. Denver 595; 4. Montana State 521; 5. New Mexico 473; 6. Alaska-Anchorage 449; 7. Colorado Mountain 101; 8. Wyoming 83.

Men's 10k Freestyle (33 finishers)— 1. Mads Stroem, CU, 22:12.6; 2. Nick Hendrickson, Utah, 22:56.2; 3. Moritz Madlener, DU, 23:03.8; 4. Kevin Bolger, Utah, 23:06.9; 5. Niklas Persson, Utah, 23:21.4; 6. Petter Reistad, CU, 23:23.5; 7. Sawyer Kisselheim, MSU, 23:28.1; 8. Austin Huenck, UNM, 23:35.2; 9. Oscar Ivars, Utah, 23:35.6; 10. Jackson Hill, CU, 23:41.1. **Other CU Finishers:** 17. Arnaud Du Pasquier, 24:09.6; 28. Max Scrimgeour, 25:15.6; 32. Ian Boucher, 25:56.1.

Women's 5k Freestyle (34 finishers)— 1. Veronika Mayerhofer, Utah, 13:04.6; 2. Linn Eriksen, DU, 13:13.2; 3. Sloan Storey, Utah, 13:20.1; 4. Cambria McDermott, MSU, 13:32.1; 5. Natalie Mueller, Utah, 13:40.1; 6. Ane Johnsen, CU, 13:41.4; 7. Anika Miller, MSU, 13:45.7; 8. Johanna Taliham, MSU, 13:46.2; 9. Emilie Cedervarn, UNM, 13:48.8; 10. Mackenzie Kanady, UAA, 13:55.4. **Other CU Finishers:** 13. Christina Rolandsen, 14:05.4; 15. Jesse Knori, 14:16.1; 21. Camilla Brautaset, 14:35.8; 22. Lucy Newman, 14:36.0.

Men's Giant Slalom (29 finishers)— 1. Sean Alexander, UAA, 2:19.30; 2. Henrik Gunnarsson, CU, 2:19.61; 3. Max Luukko, CU, 2:19.71; 4. Dominic Demschar, Utah, 2:20.17; 5. Seabastian Brigovic, DU, 2:20.35; 6. Carl-Johan Oseter, UNM, 2:20.43; 7. Erik Read, DU, 2:20.48; 8. Hughston Norton, UAA, 2:20.64; 9 (tie). Entre Bjertness, Utah and Joergen Brath, Utah, 2:20.71. **Other CU Finishers:** 11. Adam Zika, 2:20.80; 18. Cameron Smith, 2:22.34; 21. Kasper Hietanen, 2:23.40.

Women's Giant Slalom (27 finishers)— 1. Benedicte Lyche, MSU, 2:19.74; 2. Kristine Haugen, DU, 2:19.80; 3. Roni Remme, Utah, 2:19.84; 4. Julie Mohagen, Utah, 2:20.30; 5. Tuva Norbye, DU, 2:20.76; 6. Charley Field, UAA, 2:20.81; 7. Monica Huebner, DU, 2:21.03; 8. Tonje Trulsrud, CU, 2:21.50; 9. Chloe Fausa, Utah, 2:21.60; 10. Karoline Myklebust, UNM, 2:21.81. **Other CU Finishers:** 14. Jessica Honkonen, 2:23.25; 16. Nora Christensen, 2:24.63; 18. Thea Grosvold, 2:26.06; 23. Clare Wise, 2:28.63; 24. Katie Hostetter, 2:28.79.

Men's 20k Freestyle (30 finishers)— 1. Mads Stroem, CU, 51:08.6; 2. Petter Reistad, CU, 51:48.4; 3. Niklas Persson, Utah, 41:50.7; 4. Luca Winkler, UAA, 51:43.4; 5. Kevin Bolger, Utah, 52:04.1; 6. Sawyer Kisselheim, MSU, 52:47.8; 7. Moritz Madlener, DU, 52:59.2; 8. Petteri Vaherkoski, UNM, 53:12.0; 9. Aljaz Praznik, UNM, 53:12.0; 10. Niklas Rombock, UNM, 53:21.0. **Other CU Finishers:** 16. Arnaud Du Pasquier, 54:06.1; 23. Ian Boucher, 55:42.0; 25. Max Scrimgeour, 57:13.9; 30. Jackson Hill, 59:40.7.

Women's 15k Freestyle (27 finishers)— 1. Veronika Mayerhofer, Utah, 45:05.0; 2. Sloan Storey, Utah, 45:27.7; 3. Kati Roivas, UNM, 46:57.3; 4. Natalie Mueller, Utah, 47:09.4; 5. Jesse Knori, CU, 47:26.2; 6. Christina Rolandsen, CU, 47:43.7; 7. Cambria McDermott, MSU, 47:56.8; 8. Aja Starkey, DU, 48:15.8; 9. Camilla Brautaset, CU, 48:30.7; 10. Anika Miller, MSU, 48:32.3. **Other CU Finisher:** 13. Lucy Newman, 49:18.5. **Did Not Start:** Ane Johnsen.

Men's Slalom (33 finishers)— 1. Max Luukko, CU, 1:41.37; 2. Taylor Shiffrin, DU, 1:41.90; 3. Adam Zika, CU, 1:42.06; 4. Endre Bjertness, Utah, 1:42.20; 5. Carl-Johan Oester, UNM, 1:42.26; 6. Joergen Brath, Utah, 1:42.47; 7. Sean Alexander, UAA, 1:42.80; 8. Morten Bakke, MSU, 1:43.03; 9. Sebastian Brigovic, DU, 1:43.41; 10. Henrik Gunnarsson, CU, 1:43.42. **Other CU Finishers:** 15. Kasper Hietanen, 1:44.82; 17. Cameron Smith, 1:45.12.

Women's Slalom (23 finishers)— 1. Monica Huebner, DU, 1:54.22; 2. Maria Gudmundsdottir, UAA, 1:54.86; 3. Kristine Haugen, DU, 1:54.90; 4. Sydney Staples, UNM, 1:56.56; 5. Tuva Norbye, DU, 1:56.76; 6. Thea Grosvold, CU, 1:57.70; 7. Jessica Honkonen, CU, 1:58.26; 8. Jocelyn McCarthy, MSU, 1:58.70; 9. Teagan Palmer, Utah, 1:58.87; 10. Tenaya Driller, MSU, 1:59.11. **Other CU Finishers:** 11. Nora Christensen, 2:00.32; 14. Katie Hostetter, 2:04.98. **Did Not Finish:** Tonje Trulsrud (first run).

2016 COLORADO SKIING / MEDIA NOTES 13-13-13

THE LAST TIME

Here's a chart showing the last time the below was accomplished by Colorado or one of its skiers (the first NCAA championship was held in 1954; numbers in parenthesis are all-time totals where pertinent):

Last NCAA Championship (20): 2015 (Lake Placid, N.Y.)

Last NCAA Runner-Up Finish: 2010 (Steamboat)

Last RMISA/NCAA Regional Championship (27): 2015 (Anchorage, Alaska)

Last NCAA Men's Giant Slalom Champion (9): 2012, Adam Zika (Bozeman, Mont.)

Last NCAA Women's Giant Slalom Champion (5): 2008, Lucie Zikova (Bozeman, Mont.)

Last NCAA Men's Slalom Champion (14): 2009, Gabriel Rivas (Bethel, Maine)

Last NCAA Women's Slalom Champion (3): 2008, Lucie Zikova (Bozeman, Mont.)

Last NCAA Men's Classical Champion (5): 2014, Rune Oedegaard (Soldier Hollow, Utah)

Last NCAA Women's Classical Champion (6): 2011, Eliska Hajkova (Stowe, Vt.)

Last NCAA Men's Freestyle Champion (5): 2014, Mads Stroem (Soldier Hollow, Utah)

Last NCAA Women's Freestyle Champion (5): 2013, Joanne Reid (Ripton, Vt.)

Last Time with Two Individual NCAA Champions (17): 2014 (Rune Oedegaard, CL; Mads Stroem, FS)

Last Time with Three Individual NCAA Champions (8): 2008 (Maria Grevsgaard, CL, FS; Lucie Zikova, GS, SL)

Last Time with Four Individual NCAA Champions (3): 2008 (Maria Grevsgaard, CL, FS; Lucie Zikova, GS, SL)

Colorado's Four-Time Individual NCAA Champions (*-three time champion in single event)

***JENNIFER BARRINGER**, Track: 2006, 2008, 2009 (*Outdoor 3,000-meter steeplechase*), 2009 (*Indoor 3,000-meter run*).

BILL MAROLT, Skiing: 1963 (*downhill*), 1965 (*downhill*), 1966 (*slalom, alpine combined*)

MIKE PORCARELLI, Skiing: 1970 (*slalom, alpine combined*), 1972 (*slalom, alpine combined*)

BUDDY WERNER, Skiing: 1961 (*slalom, alpine combined*); 1963 (*downhill, alpine combined*)

Colorado's Three-Time Individual NCAA Champions (single sport)

PER KARE JAKOBSEN, Skiing: 1988 (*Nordic freestyle, Nordic relay*), 1989 (*Nordic freestyle*)

LUCIE ZIKOVA, Skiing: 2006 (*slalom*), 2008 (*giant slalom, slalom*)

KARA GRGAS WHEELER, Cross Country: 2000 (*individual champion*); Outdoor Track: 2000 (*3,000-meter run, 5,000-meter run*).

Colorado's Two-Time Individual NCAA Champions (single event)

JENNIFER BARRINGER, Outdoor Track: 2006, 2008 (*3,000-meter steeplechase*).

GIL CRUTER, Outdoor Track & Field: 1937, 1938 (*high jump*)

DIDRIK ELLEFSEN, Skiing: 1974, 1975 (*jumping*)

ADAM GOUCHER, Indoor Track: 1997, 1998 (*3,000-meter run*)

AIMEE-NOEL HARTLEY, Skiing: 1999, 2000 (*giant slalom*)

PER KARE JAKOBSEN, Skiing: 1988, 1989 (*Nordic freestyle*)

DEAN LAHR, Wrestling: 1963, 1964 (*177-pound class*)

BILL MAROLT, Skiing: 1963, 1995 (*downhill*)

CLARK MATIS, Skiing: 1968, 1969 (*cross country*)

VIDAR NILSGARD, Skiing: 1971, 1973 (*jumping*)

RUNE OEDEGAARD, Skiing: 2013, 2014 (*Nordic classical*)

KRISTEN PETTY, Skiing: 1985, 1987 (*cross country*)

MIKE PORCARELLI, Skiing: 1970, 1972 (*alpine combined*)

JOHN SKAJEM, Skiing: 1986, 1987 (*slalom*)

BUDDY WERNER, Skiing: 1961, 1963 (*alpine combined*)

LUCIE ZIKOVA, Skiing: 2006, 2008 (*slalom*)

THE OTHER REGIONALS IN 2016

➤ **In the EAST**, the Vermont Nordic teams nearly swept both podiums in the classic races at the Rikert Touring Center on the final day of the EISA Championships, leading the Catamounts to their sixth straight NCAA East Regional crown. UVM finished the carnival with 989 points, 163 more than Dartmouth (826). The title was the 36th in program history and Vermont has won 12 EISA Championships since 2000. Iris Pessey's first career win on the EISA Circuit led to a Vermont sweep of the women's 15K race. Pessey led the mass start race wire-to-wire in the three lap race, posting a time of 43:55.6. MK Cirelli was the next Catamount to cross the finish line. She was sixth after the first lap but made a move to on the second time through the loop and finished runner-up. Alayna Sonnesyn placed third and Stephanie Kirk came in fourth. Kirk led the race after the first lap, fell back to eighth, but moved back into the top-5 in the final time around the course. Jack Hegman won for the fourth time in five races to lead Vermont to a 1-3-5-6 finish in the men's 20K race. Hegman beat out Eli Hoenig of Williams by three hundredths of a second to win for the sixth time this season. Jorgen Grav was third overall and followed by Cole Morgan in fifth and Ian Moore in sixth.

In the CENTRAL, where the only competition is Nordic, Northern Michigan Nordic skiing teams swept the team titles at the NCAA Central Regional Championships on February 21. The men and women each finished with 122 points to earn the title, both besting runner-up Alaska-Fairbanks (112 and 120 points). The Wildcats' performance in the classic races sealed their victory. In the men's 20K, 10K freestyle champion Jake Brown raced to a second-place finish with a time of 1:01:02.8. Sam Elfstrom (5th, 1:01:25.6) and Fredrik Schwencke (8th, 1:01:37.6) also placed in the top 10. In the women's 15K, Caroline Brisbois (4th, 53:57.2), 5K freestyle title winner Sophie Schimpl (5th, 54:05.6) and Lea Bunter (6th, 54:06.2) claimed spots in the top 10.

BUFFALO CHIP: Colorado was the first school to win a NCAA Championship without fielding a full 12-skier roster.

Not only did CU win the 2006 event at Steamboat Springs, its' 98-point margin of victory was the fourth-largest in history.

BUFFALO CHIP: Senior **Thea Grosvold** skied in 38 alpine races before she recorded her first "DNF" in the second run of the giant slalom at the 2015 RMISA Championships. The old best by a CU woman was 18 by Kate Davenport to open her career (1996-97), and the all-time previous streak without a DNF was by Hana Pochobradska, who had 30 alpine races between them from 1992-94.

2016 COLORADO SKIING / MEDIA NOTES 14-14-14

COLORADO FIRST-TEAM ALL-AMERICANS

The list of Colorado's all-time All-America skiers; research is sketchy prior to 1969, but coaches generally selected the teams themselves either at the NCAA Championships or shortly after the season was completed. One team, consisting of eight members, was selected until the mid-1960s, when both a first and second team was selected. When the NCAA merged men's skiing with the AIAW women's programs into one combined, coed sport in 1983, the formula became the first through fifth finishers earned first-team honors with the sixth through 10th performers earning second-team honors. Those members of winning relay teams also earned first-team recognition. The comprehensive list of CU All-Americans, with event listed in which the honor was earned (AIAW honors for women from 1977 through 1982):

- 1957 Frank Brown (A,XC)
- 1958 Frank Brown (A,XC)
- 1959 Frank Brown (A,XC), Dave Butts (A,XC)
- 1960 John Dendahl (A,XC), Dave Butts (A,XC)
- 1961 Buddy Werner (A)
- 1963 Jimmie Heuga (A), Bill Marolt (A), Buddy Werner (A)
- 1964 Sandy Limon (A)
- 1965 Jimmie Heuga (A), Bill Marolt (A)
- 1966 Bill Marolt (A)
- 1968 Rogers Little (A), Clark Matis (XC)
- 1969 Mike Lafferty (A), Clark Matis (XC)
- 1970 Mike Porcarelli (A), Jay Rand (J)
- 1971 Tim Hinderman (A), Vidar Nilsgard (J)
- 1972 Arne Haugen (J), Mike Porcarelli (A)
- 1973 Greg Jones (A), Vidar Nilsgard (J)
- 1974 Didrik Ellefsen (J), Vidar Nilsgard (J), Erik Steinberg (A)
- 1975 Helge Aamodt (XC), Didrik Ellefsen (J), Mark Ford (A), Arne Haugen (J), Marc Milligan (A)
- 1976 Bruce Gamble (A), Stephan Hienzsch (A), Marc Milligan (A), Jack Turner (XC)
- 1977 Helge Aamodt (XC), Stephan Hienzsch (A), Tom Holmen-Jensen (J), Jim Hudson (A)
- 1978 Bruce Gamble (A), Tom Holmen-Jensen (J)
- 1979 Bjorn Gjelsten (XC), Tom Holmen-Jensen (J), Toni Leuthold (SL,AC), Hjordis Klonteig (XC), Kjetil Opaas (J)
- 1980 Muffy Ritz (XC)
- 1981 Seth Bayer (A), Toni Jorgensen (N), Tianna Tutt (A)
- 1982 Seth Bayer (A), Bjorn Gjelsten (XC), Thomas Holter (XC), Toni Jorgensen (XC), Egil Nilsen (XC), Kim Reichhelm (A), Niklas Scherrer (A), Lee Sevinson (A), Lynda Walters (XC)
- 1983 Thomas Holter (XC), Egil Nilsen (XC), Kim Reichhelm (GS), Niklas Scherrer (GS/SL), Garrett Walker (GS)
- 1984 Brenda Buglione (GS), Thomas Holter (XC), James Marceau (SL), Egil Nilsen (XC), Lynda Walters (XC)
- 1985 Beth Madsen (GS/SL), Kristen Petty (XC)
- 1986 Jill Anderson (XR), Ingrid Butts (XR), Lynda McGehee (GS), Kristen Petty (XC/XR), John Skajem (GS/SL)
- 1987 Bente Bjornsen (SL), Julie Furtado (SL), Kristen Petty (XC), John Skajem (GS/SL), John Walsh (GS), Frederik Zimmer (GS)
- 1988 Per Kare Jakobsen (XC/XR), Ric Schaaf (XR), Aage Schaanning (XR), John Walsh (GS/SL)
- 1989 Per Kare Jakobsen (CL/FS), Ian Witter (GS/SL)
- 1990 Eric Archer (GS/SL), Per Kare Jakobsen (CL), Chris Pedersen (GS/SL), Ian Witter (GS)
- 1991 Eric Archer (GS), Jeff Graves (FS), Heidi Hager (GS), Bjorn Laukli (FS), Hana Pochobradska (SL), Andreja Rojs (GS/SL), Anette Skjolden (CL/FS), Bjorn Svensson (FS), Toni Standteiner (GS/SL)
- 1992 Eric Archer (GS/SL), Anette Skjolden (CL/FS)
- 1993 Jeffe Morehart (FS), Hana Pochobradska (SL), Sean Ramsden (GS), Andreja Rojs (SL), Anette Skjolden (CL/FS)
- 1994 Greg Buchheister (GS), Karen Kendall (GS), Hana Pochobradska (SL), Nathan Schultz (FS)
- 1995 Jessica Ochs (GS/SL), Hans-Jorgen Renaa (CL), Bryan Sax (GS), Scott Wither (SL)
- 1996 Kate Davenport (GS), Caroline Gedde-Dahl (GS/SL), Kelly McCann (FS), Casey Snyder (GS)
- 1997 Kate Davenport (GS), Caroline Gedde-Dahl (SL), Eva Lowe (CL/FS), Jessica Ochs (GS), Anne Tysso (CL/FS)
- 1998 Greg Buchheister (SL), Kate Davenport (GS), Caroline Gedde-Dahl (GS), Unni Odegard (CL/FS), Line Selnes (CL/FS)
- 1999 Geoff Buchheister (SL), Magnis Eriksson (CL/FS), Aimee-Noel Hartley (GS), Josh Nolting (SL), Unni Odegard (CL), Ove Erik Tronvoll (CL/FS), Linda Wikstrom (GS/SL)
- 2000 Henrik Eriksson (CL), Katka Hanusova (FS), Aimee-Noel Hartley (GS), Andy LeRoy (SL), Unni Odegard (CL/FS), Linda Wikstrom (GS)
- 2001 Oyvind Berg (CL), Mia Cullman (SL), Josh Nolting (SL), Tove Pashkowski (SL), Kevin Stell (GS), Mari Storeng (CL/FS), Chad Wolk (GS)
- 2002 Mia Cullman (SL), Tyler Shepherd (SL), Mari Storeng (CL), Maria Wik (CL)
- 2003 Mia Cullman (SL), Jana Rehema (FS)
- 2004 Erling Christiansen (CL/FS), Erika Hogan (GS), Muriele Huberli (CL), Jana Rehema (CL/FS), Tor Erik Schjellerud (CL)
- 2005 Erling Christiansen (FS), Henrik Hoyer (CL/FS), Lucie Zikova (SL)
- 2006 Erling Christiansen (FS), Maria Grevsgaard (CL), Lisa Perricone (GS/SL), Jana Rehema (CL/FS), Kit Richmond (FS), Lucie Zikova (GS/SL)
- 2007 Matt Gelso (CL), Maria Grevsgaard (CL), Lisa Perricone (GS), Lucie Zikova (GS/SL)
- 2008 Maria Grevsgaard (FS,CL), Jesper Ostensen (FS), Lenka Palanova (FS), Kit Richmond (CL), Lucie Zikova (GS, SL)
- 2009 Maria Grevsgaard (CL), Vegard Kjoelhamar (FS), Jesper Ostensen (CL), Gabriel Rivas (SL), Alexa Turzian (FS)
- 2010 Matt Gelso (CL/FS), Eliska Hajkova (FS), Katie Hartman (GS), Vegard Kjoelhamar (CL), Carolina Nordh (SL), Joanne Reid (CL), Alexa Turzian (CL)
- 2011 Erika Ghent (GS), Eliska Hajkova (FS/CL), Sara Hjertman (GS), Vegard Kjoelhamar (FS/CL), Reid Pletcher (CL), Joanne Reid (FS/CL), Gabriel Rivas (SL)
- 2012 Erika Ghent (GS, SL), Rune Oedegaard (FS), Adam Zika (GS)
- 2013 Eliska Hajkova (FS), Rune Oedegaard (CL, FS), Joanne Reid (CL, FS), Brooke Wales (GS)
- 2014 Henrik Gunnarson (GS), Jessica Honknen (SL), Rune Oedegaard (CL), Mads Stroem (CL, FS), Brooke Wales (GS)
- 2015 Rune Oedegaard (FS, CL), Maja Solbakken (CL), Mads Stroem (FS, CL)



Nora Christensen

Alpine
Freshman

Blommenholm, Norway

Christensen is a freshman, who has stepped into a major role for the Buffaloes as the injury replacement for senior Jessica Honkonen, who injured her knee in training on Sunday. She has had four top-15 finishes in the slalom this season, including a season-best 11th at both New Mexico and the RMISA Championships. Overall, she has competed in 11 of 12 races this season and has only twice failed to finish. For Norway, she has competed in 13 national championship races and finished in the top 10 each time with four top-5 finishes. In 2012 she won the Norwegian National Junior Championship in GS and in 2014 she won the Norwegian Junior National Championship in downhill.

2016 Results	GS	SL
at Utah	13	DNF
NCAA Qualifier	17	--
at Montana State	17	12
COLORADO	24	12
At New Mexico*	DNF	11
RMISAs	16	11

*-UNM Invite was two slalom races.



Arnaud Du Pasquier

Nordic
Senior

Pontresina, Switzerland

Du Pasquier returned to the Buffaloes for his fifth season after taking a year off in 2015 competing and trying out for the Swiss Military team. In that experience, he gained valuable World Cup experience. He returned and has had an excellent senior season, matching a career-best eight-place finish in classical at Montana State with a finish of 1:08.51.1 in the 20k, finishing with two top 10 finishes in one meet for the first time in his career. This season he has had three top-10 finishes, with his best freestyle finish coming in ninth. He placed 16th at the RMISA in classical and 17th in freestyle. The 2016 championships will be the second time he's competed at the NCAA championships along with his true junior campaign in 2014.

2016 Results	CL	FS
at Utah	12	12
at Montana State	8	9
COLORADO	9	15
at New Mexico	18	29
RMISAs	30	33



Thea Grosvold

Alpine
Senior

Oslo, Norway

Grosvold is a three-time second team All-American, earning the honor in GS in 2013 and slalom in 2014 and again in 2015. A fifth-year senior, the 2016 championships mark her fourth appearance and she has helped the Buffs to two NCAA titles in 2013 and '15. Additionally, in 2013 she was the RMISA Alpine MVP. The 2016 RMISA Championships, she had her season best slalom finish in sixth, one of two top 10 finishes this season. In 2015 she was the No. 2 ranked slalom skier in the RMISA and placed in the top five in each of the five regular season races with one win and two podiums, and her sixth place finish at the NCAA Championships continued that impressive streak.

2016 Results	GS	SL
at Utah	17	8
at NCAA Qualifier	15	--
at Montana State	18	27
COLORADO	14	11
at New Mexico*	12	22
RMISAs	18	6

*-UNM Invite was two slalom races.



Henrik Gunnarsson

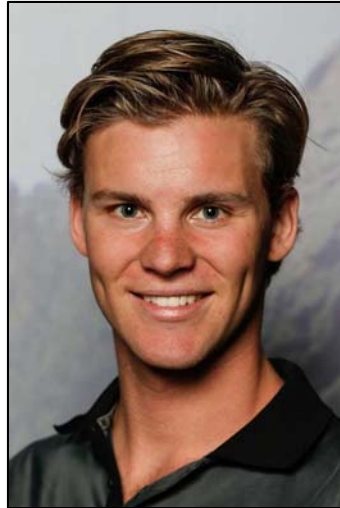
Alpine
Senior

Gavle, Sweden

Gunnarsson is making his fourth appearance at the NCAA Championships as a senior, having already helped the Buffs to two NCAA Championships in 2013 and '15. He was a 2014 first team All-American in GS and earned second-team All-America honors in the GS in 2015. The No. 1 seeded skier out of the RMISA, he is the top ranked alpine skier in the league with two slalom wins, the first two race wins in his career, and two more podium appearances. His first career win was in the slalom race here at Howelsen Hill at the CU Invitational in late January. He was the runner-up in the GS race at the RMISA Championships and in total, he has seven top-10 finishes this season and four podium appearances in 11 races.

2016 Results	GS	SL
at Utah	8	DNF
at NCAA Qualifier	14	--
at Montana State	14	4
COLORADO	13	1
at New Mexico*	3	1
RMISAs	2	10

*-UNM Invite was two slalom races.



Petra Hyncicova

Nordic
Sophomore
Liberec, Czech Republic

Hyncicova has had yet another spectacular season despite missing the last two meets. She traveled to Romania where she participated in the Under 23 World Cross Country Championships. Prior to traveling, she had five top five finishes in six races on the season with one podium, taking third in the classic race at Utah. In three classic races, she finished third once and fourth twice, including at the CU Invitational earlier this season. Her season-best third-place finish in the classic at Utah, she clocked in at 29:52.6 in the 10k. All three of her classic races this season have been top-4 finishes. Last season she participate in all 12 races with 11 top 10s and six top fives, with two podiums. In 18 career races, she has now finished in the top five 11 times.

2016 Results	CL	FS
at Utah	3	11
at Montana State	4	5
COLORADO	4	5
at New Mexico	--	--
RMISAs	--	--

Ola Johansen

Alpine
Freshman
Baerum, Norway

Johansen, simply put, has put one of the best men's alpine seasons on the books in CU history. He is recovering from injury he suffered at Beaver Creek training ahead of the RMISA Championships. He passed the concussion protocol and also severely bruised his leg. He did not get on snow again until coming to Steamboat on Monday. He has finished in the top-10 in every race he has finished. He has a win in the GS at Utah and in the slalom at New Mexico. In eight finishes this season, Johansen has finished in the top 10 in each, in the top 5 in seven times, and been on the podium in five events. The RMISA men's alpine MVP, he comes to the championships as the No. 3 seeded skier in the GS and No. 4 in slalom out of the RMISA.

2016 Results	GS	SL
at Utah	1	2
at NCAA Qualifier	3	--
at Montana State	2	6
COLORADO	4	4
at New Mexico*	DNF	1
RMISAs	--	--

*-UNM Invite was two slalom races.

Ane Johnsen

Nordic
Sophomore
Oslo, Norway

Johnsen continued her impressive career in her second season on the squad and this is her second appearance at the NCAA Championships after earning two second-team All-America honors in 2015, helping the Buffs to the NCAA Championship. She has been among the top Buffaloes nordic racers this season. She finished sixth in the freestyle at the RMISA Championships in 13:41.4 in a 5k race. In seven events and four races, she has six top-10 finishes, highlighted by a career-best second-place showing at the New Mexico in the classic. She was 10th at Montana State in both the classic and freestyle and sixth at the Colorado Invitational in the classic. In addition to her second-place classic finish at New Mexico, she was 10th in freestyle.

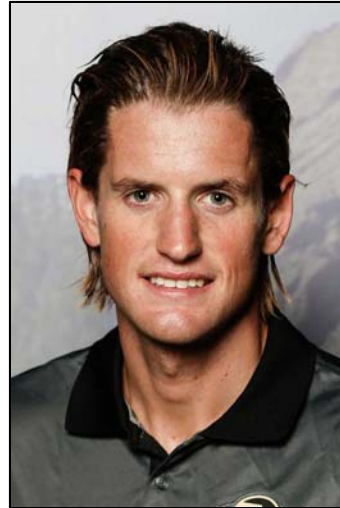
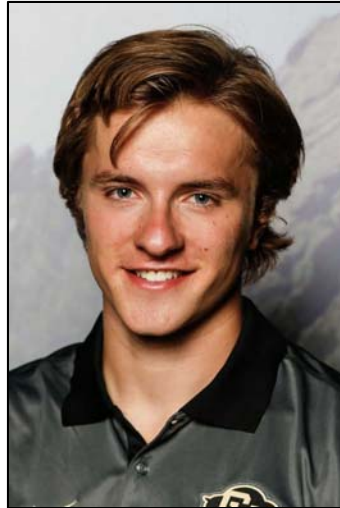
2016 Results	CL	FS
at Utah	--	--
at Montana State	10	10
COLORADO	6	13
at New Mexico	2	10
RMISAs	--	6

Jesse Knori

Nordic
Sophomore
Jackson Hole, Wyo.

Knori has had a strong junior season with two top-10 finishes in three classic races, including a career best fifth place finish in the classic at the RMISA Championships. Overall, she has raced seven times in four different meets. Her top finish in freestyle was a 14th-place at the season-opening Utah Invitational. Her strongest race of the season came at the RMISA Championships when she had a season-best fifth-place showing in classic and was 15th in freestyle. A third-year sophomore, she missed her true freshman season with a severe illness and has been slowing reaching 100 percent since then. She has finished in the top 10 in each of the three classic races on the season. She missed one race at the CU Invitational and both at the New Mexico Invitational due to illness.

2016 Results	CL	FS
at Utah	10	14
at Montana State	8	18
COLORADO	--	25
at New Mexico	--	--
RMISAs	5	15



Max Luukko
Alpine
Freshman
Helsinki, Finland

Petter Reistad
Nordic
Freshman
Baerum, Norway

Mads Stroem
Nordic
Junior
Oslo, Norway

Tonje Trulsrud
Alpine
Freshman
Lommendalen, Norway

Luukko has put in one of the best freshman campaigns in CU history and he has been getting better as the season wore on. He has hit the podium in five straight races entering the NCAA Championships. As one of the top alpine skiers in the country, he has eight top-5 finishes in 11 races this season at six meets. He saved his best for the RMISA Championships when he won the slalom in 1:41.37, his first collegiate win. He also strong in GS at the RMISA Championships, placing third. Luukko finished second in both slalom races at the New Mexico Invitational. He finished the 2016 season No. 2 on the RMISA Men's Alpine MVP list to Johansen and he is the No. 3 seeded slalom and No. 4 seeded GS skier out of the RMISA at NCAAs.

Reistad has been a major addition to the men's Nordic squad as a freshman. He has finished in the top 10 in all nine races he has competed in and has three second-place finishes. At the RMISA Championships, Reistad was runner-up in the 20k classic in 51:48.4 and finished sixth in the 10k freestyle. He also had second-place finishes in classic races at Montana State and New Mexico. In four classic races, he took second three times, twice to teammate Stroem, and was fourth in the other race. In five freestyle races, he finished now lower than seven and had two fourth place finishes, as well. He is the No. 4 seeded skier out of the RMISA for NCAAs and is No. 3 on the classic list and No. 6 on the freestyle ranking.

Stroem, simply put, has put the best men's Nordic season on the books in CU history. He has won six events this season, a CU record for a men's Nordic skier, and has nine top-10 finishes in 10 events. He swept the Nordic RMISA Championships for the second straight season, now owning four individual RMISA Championships. At RMISAs, he captured titles in the 10k freestyle in 22:12.6 and the 20k classic in 51:08.6. He now has 12 race victories to his credit, tied for sixth most in CU history and third most by a men's Nordic skier. Stroem won the Utah classic to open the season and also took home a championship at Montana State in the freestyle. A four-time first-team All-American and 2016 Men's Nordic MVP out of the RMISA, he is the top seeded skier out of the west in both disciplines this year.

As a freshman, Trulsrud put one of the more impressive seasons together in CU history, and earned top 10s in eight out of nine events she has finished. Her first career first-place finish came in the GS at Montana State and she followed that up with another GS win at the Colorado Invitational. At the RMISA Championships, Trulsrud was eighth in the slalom and did not finish in the GS. A first-team All-RMISA selection, she is the top seeded GS skier out of the RMISA for the NCAA Championships with her two wins and three podiums. She is the No. 2 overall in the qualification lists out of the RMISA and as the runner-up for the RMISA Women's Alpine MVP honor.

2016 Results	GS	SL
at Utah	5	11
at NCAA Qualifier	5	--
at Montana State	5	18
COLORADO	3	17
at New Mexico*	2	2
RMISAs	1	3

*-UNM Invite was two slalom races.

2016 Results	CL	FS
at Utah	4	7
at Montana State	2	4
COLORADO	--	7
at New Mexico	2	4
RMISAs	2	6

2016 Results	CL	FS
at Utah	1	2
at Montana State	25	1
COLORADO	2	8
at New Mexico	1	1
RMISAs	1	1

2016 Results	GS	SL
at Utah	2	4
at NCAA Qualifier	1	3
at Montana State	DNF	9
COLORADO	1	7
at New Mexico*	5	14
RMISAs	8	DNF

*-UNM Invite was two slalom races.

Team Results

Season Results	overall	Alpine-----				Nordic-----			meet points-----			PA/PB
		overall	men	women	overall	men	women	Alpine	Nordic	Total		
J 4-11 at Utah Invitational	2nd/ 8	2nd/ 8	1st/8	2nd/8	2nd/ 6	2nd/ 6	4th/ 6	318	302	620	- 12	
J 10-17 at Montana State Invitational	2nd/ 9	2nd/ 8	t-1st/8	2nd/8	2nd/ 7	1st/ 6	4th/ 7	311	314	625	- 4	
J 22-24 COLORADO INVITATIONAL	3rd/ 9	2nd/ 8	1st/8	4th/8	4th/ 7	4th/ 6	4th/ 7	305	278	583	- 66	
F 20-21 at New Mexico Invitational	1st/ 9	1st/ 8	1st/8	4th/8	2nd/ 7	1st/ 6	3rd/ 7	342	334	676	+ 30	
F 26-27 at RMISA Championships (Beaver Creek)	2nd/ 8	2nd/ 7	1st/7	3rd/7	2nd/ 7	1st/ 7	3rd/ 7	314	320	634	- 28	
M 9-12 NCAA CHAMPIONSHIPS (Steamboat)												

RMISA Alpine Qualifiers (Q1/Q2/below)—Extra alpine qualifiers, no team scores (Q1 at Bozeman, Jan. 9; Q2 at Steamboat Springs, Jan 24).

ROCKY MOUNTAIN INTERCOLLEGIATE SKIING ASSOCIATION (RMISA) SEASON POINT STANDINGS (4 meets): Utah 2525, Colorado 2504, Denver 2390, New Mexico 1956, Montana State 1896½, Alaska 1554½, Westminster 978, Wyoming 393, Colorado Mountain College 225.

RMISA INDIVIDUAL WINNERS BY SCHOOL (44; includes qualifiers & championships): Denver 15, Colorado 13, Utah 11, New Mexico 3, Alaska 1, Montana State 1.

Individual Alpine Skier Charts

MEN Skier	RMISA NCAA											
	UU—	Q1	MSU—	CU—	Q2	UNM—	Champ	Champ	SL	SL	GS	SL
R. CARRY	21	14	6	18	34	22	10	18	—	—	—	—
H. GUNNARSSON	D1	8	14	14	4	1	13	13	1	3	2	10
K. HIETANEN	20	27	28	29	10	t19	23	27	8	9	21	15
O. JOHANSEN	2	1	3	2	6	4	4	2	D1	1	—	—
M. LUUKKO	11	5	5	5	18	17	3	6	2	2	3	1
C. SMITH	23	26	10	t15	22	25	12	10	19	24	18	17
A. ZIKA	10	15	17	11	35	t19	DS	28	16	15	11	3
TNF	35	34	40	36	36	38	35	37	30	29	29	33

GS RUNS WON (1): Johansen.

SL RUNS WON (4): Johansen 2, Gunnarsson, Hietanen.

WOMEN Skier	RMISA NCAA											
	UU—	Q1	MSU—	CU—	Q2	UNM—	Champ	Champ	SL	SL	GS	SL
N. CHRISTENSEN ...	D2	13	17	17	12	12	24	18	D1	11	16	11
T. GROSVOLD	8	17	15	18	27	11	14	16	12	22	18	6
J. HONKONEN	14	9	4	10	4	—	—	8	6	14	7	
K. HOSTETLER	24	24	20	t23	25	34	27	25	D2	25	24	14
T. TRULSRUD	4	2	D2	1	10	7	1	3	6	18	8	D1
C. WISE	31	28	24	25	28	31	DS	—	20	19	23	17
TNF	33	32	34	38	31	34	32	31	25	27	27	23

GS RUNS WON (1): Trulsrud.

SL RUNS WON (0):

Individual Nordic Skier Charts

MEN Skier	RMISA NCAA											
	UU—	MSU—	CU—	UNM—	Champ	Champ	FS	CL	FS	CL	FS	CL
I. BOUCHER	27	25	32	17	31	—	24	14	32	23		
A. DU PASQUIER	12	12	9	8	15	9	18	29	17	16		
J. HILL	10	13	10	11	32	—	10	t8	10	30		
P. REISTAD	7	4	4	2	7	—	2	4	6	2		
M. SCRIMGEOUR	22	18	26	24	30	18	23	23	28	25		
M. STROEM	2	1	1	25	8	2	1	1	1	1		
TNF	29	29	33	33	32	28	33	31	33	30		

WOMEN Skier	RMISA NCAA											
	UU—	MSU—	CU—	UNM—	Champ	Champ	FS	CL	FS	CL	FS	CL
C. BRAUTASET	18	14	17	13	26	21	12	11	21	9		
P. HYNICOVA	11	3	5	4	5	4	—	—	—	—		
A. JOHNSEN	DS	DS	10	10	13	6	2	10	6	—		
J. KNORI	14	10	18	8	25	—	—	—	15	5		
L. NEWMAN	26	20	19	16	24	15	11	9	22	13		
C. ROLANDSEN	—	—	26	12	27	18	t15	13	13	6		
TNF	28	25	38	30	32	30	35	32	34	27		

CL—classical; **DF**—did not finish; **D#**—did not finish, number indicates first or second run; **DS**—did not start, 2nd run; **DQ**—disqualified; **F/CIP**—indicates freestyle or classical pursuit; **FS**—freestyle; **GS**—giant slalom; **SL**—slalom; **TNF**—total number of NCAA finishers only; non-NCAA and independent skiers are deleted in such instances.

Season Honors

CU ATHLETE-OF-THE-WEEK WINNERS (8): Ola Johansen (Jan. 4-10), Tonje Trulsrud (Jan. 4-10, Jan. 18-24), Petra Hyncicova (Jan. 11-17), Mads Stroem (Jan. 11-17, Feb. 15-21; Feb. 22-28); Henrik Gunnarsson (Jan. 18-24)

RMISA SKIER-OF-THE-WEEK WINNERS (5): Tonje Trulsrud (A-Utah); Mads Stroem (N-Utah); Ola Johansen (A-Montana State); Petter Reistad (N-Montana State); Max Luukko (A-New Mexico). **RMISA MOST VALUABLE SKIERS (2):** Ola Johansen (Alpine); Mads Stroem (Nordic).

DIVISION I NATIONAL ALL-ACADEMIC SKI TEAM MEMBERS (13; minimum 3.50 GPA & regional participation unless injured): Camilla Brautaset, Roger Carry, Nora Christensen, Thea Gros vold, Henrik Gunnarsson, Jessica Honkonen, Petra Hyncicova, Max Lukko, Petter Reistad, Christina Rolandsen, Tonje Trulsrud, Clair Wise, Adam Zika.

ALL-RMISA (9): First-Team (6)—Henrik Gunnarsson, Ola Johansen, Max Luukko, Petter Reistad, Mads Stroem, Tonje Trulsrud.

Second-Team (3)—Jessica Honkonen, Petra Hyncicova, Ane Johnsen.

RMISA SKIER-OF-THE-YEAR (x): TBD.

FIRST-TEAM ALL-AMERICANS (x): TBD.

SECOND-TEAM ALL-AMERICANS (x): TBD.