



POLISH SAFER INTERNET CENTER PUBLIC REPORT

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NASK



saferinternet.pl

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1. CONNECTING EUROPE FACILITY PROGRAMME



Co-financed by the European Union
Connecting Europe Facility

The European Commission's Safer Internet Programme was launched in 1999 and aimed at promoting the safer use of the internet and new online technologies, particularly for children. Since 2015 the objectives of the Safer Internet Programme have been financed by the Connecting Europe Facility Programme – CEF – that is a key EU funding instrument to promote growth, jobs and competitiveness through targeted infrastructure investment at European level. It supports the development of high performing, sustainable and efficiently interconnected trans-European networks in the fields of transport, energy and digital services. As a result, of the CEF all EU countries can continue their efforts as Safer Internet Centers, which previously functioned under the “Safer Internet” name.

- The main objectives of the Programme include the following:
- promoting a safer environment
- raising awareness
- fighting illegal content
- tackling harmful content
- telephone and online support in cases of risks associated with the use of the internet



2. POLISH SAFER INTERNET CENTER

Polish Safer Internet Center (PSIC) was established in 2005 within the European Commission's Safer Internet Programme and is currently operating within the Connecting Europe Facility Programme. The Center is run by the Empowering Children Foundation (Fundacja Dajemy Dzieciom Siłę – FDDS) and by NASK – National Research Institute – acting in the capacity of the Center's coordinator. The Center undertakes a number of comprehensive efforts aimed at improving the safety of children and young people using the internet and new technologies. Most projects of the Center are run in cooperation with Orange Foundation.

The Polish Safer Internet Center implements three projects:

2.1 Saferinternet.pl

saferinternet.pl

Comprehensive awareness-raising activities aimed at promoting safer use of the internet and new technologies by children and young people. Project implemented by FDDS and NASK in cooperation with Orange Foundation.

www.saferinternet.pl

2.2 Helplines



Two separate helplines operate within Polish Safer Internet Center. Helpline for children and youth (116 111) offers support for young internet users while helpline for parents and professionals, concerned about children's safety, (800 100 100) offers help and advice for adults in cases related to threats for children connected with the use of the internet. Helplines are operated by FDDS.

www.116111.pl and www.800100100.pl

2.3 Dyżurnet.pl

#15lat NASK
dyżurnet  pl

Hotline receiving reports about illegal internet content, such as child sexual abuse images, racism and xenophobia. Project implemented by NASK.

www.dyzurnet.pl

2.4 NASK – National Research Institute



NASK is a national research institute, supervised by the Chancellery of the Prime Minister of Poland, which conducts scientific, research and development activities in the area of security, reliability and efficiency of ICT networks. NASK is the Polish national registry of internet names in the.pl domain. It also serves as the data networks operator. In the framework of NASK operates CERT Polska – a team dedicated to responding to network security breaches. NASK is the institution that connected Poland to the internet in 1991. Within NASK's priorities are also non-profit activities in the field of education and popularization of the idea of children and young people safety online.

www.nask.pl

2.5 Empowering Children Foundation



Empowering Children Foundation (Fundacja Dajemy Dzieciom Siłę; FDD) is a non-profit non-governmental organization. It has been providing, since 1991, a broad range of assistance services targeted for abused children, their families and caregivers. The Foundation runs an advocacy center for abused children, organizes and implements many projects related to the problem of child abuse and provides training courses to different groups of professionals. Since 2004 FDD has been working in the field of online safety for children and young people.

3. SAFERINTERNET.PL

3.1 Awareness-raising campaigns

3.1.1 “Home Screen Rules” campaign



In February 2020 Empowering Children Foundation inaugurated a new social campaign called “Home Screen Rules”. Its aim was to make parents aware of the problem of abuse of screen devices by themselves, children and adolescents. The campaign drew attention to the negative impact of the excess of screens on family relationships and health - brain development in the youngest, vision and sleep quality. For the purposes of the campaign, experts of the Empowering Children Foundation have developed a set of practical tips, thanks to which parents will be able to consciously set the rules and time for using digital media for all family members. Among them, there is information on recommended daily time spent in front of the screen, places and spaces without screens at home, recommended categories of internet resources, the legitimacy of using parental control tools and others. As a part of the campaign, interviews with experts (psychologists, psychiatrists, authors) were also published in the form of a book (available for download) and podcasts. Artistic visuals promoting campaign were also developed. These were used for the production of outdoor posters and in press advertisements. In the first half of 2020, the campaign websites were visited by over 140,00 unique users.

3.1.2 “Take care of children’s brains” campaign



In August, the Empowering Children Foundation launched an awareness-raising campaign with the slogan “Take care of children’s brains”. The aim of the campaign was to draw parents’ attention to the need of balance in the use of screen devices by children and to carefully accompany children and spend time with them without unnecessary distractions from screen devices.

For the purposes of the campaign, a video was made showing the story of a child’s brain, which imperceptibly enters into a fascinating relationship with screens, which turns out to be harmful over time. The film turned out to be a great success, reaching 3.3 million views on social media by the end of 2020. It was also broadcast on public TV channels. The shortened version of the spot was broadcast on 160 screens in 40 Warsaw buses reaching almost 400,000 recipients.

The campaign landing page is domowezasadyekranowe.fdds.pl, where parents will find details on the rules of using screens in the family and advice on how to implement them in an attractive visual form. The website also includes video materials, graphics and a number of expert articles and podcasts on, among others: the impact of screen abuse on the development of a child’s brain, ways to prevent addiction to screens or ways to build a relationship with the child. By the end of the year, the website was visited by over 67,000 unique users. The podcasts accompanying the campaign were played over 9,700 times.

3.1.3 The campaign against online discrimination

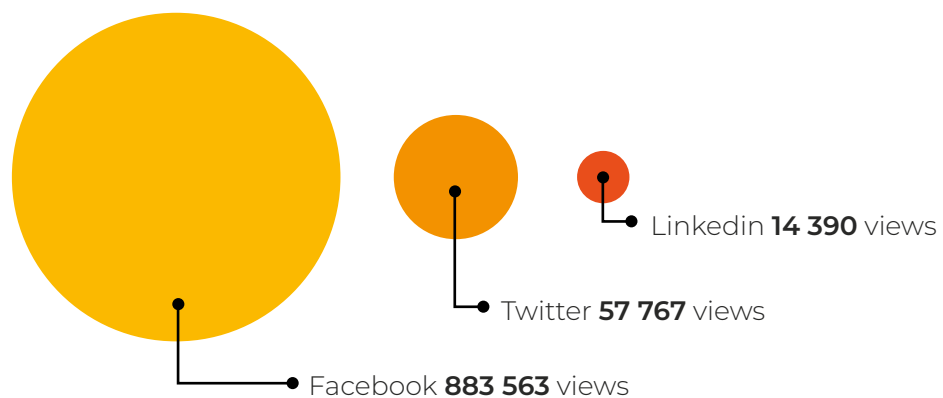
The campaign's topic is online discrimination based on sexual orientation. It focuses on the problem of violence against LGBT youth, which was identified by helpline consultants as one of the significant problems affecting young people in Poland. The campaign message to youth is about supporting non-heteronormative people functioning in their environment. The action was therefore addressed not to the perpetrators but to witnesses, potential allies. The campaign targeting young people was planned entirely in the social media. Its main element is a video material - one 90-second spot and a series of short 15-second spots with statements by young people who support their peers. The campaign is organized by the Empowering Children Foundation.

3.1.4 Hotline campaign against sextortion

#helpless #abused #extortion #React!



Campaign devoted to the problem of producing and distributing self explicit materials by children and teenagers. Dyzurnet.pl experts, during analysing CSAM and reports from the public, have indicated a trend of illegal materials produced by children. In 2020 a campaign for adults was provided, especially for parents, internet users and moderators of internet social groups. Apart from banners and posts on social platforms, special articles, analysis and handbooks were prepared and published on Safer Internet channels and websites.



3.1.5 Wellbeing campaign

Kampania #BEZPRESJI



This campaign was addressed to youth between the age of 13-18 years old. Main goal was to raise awareness around the deteriorating state of young people's mental health due to false life models presented and promoted on social media sites. Hashtags that the campaign was popularized with, mostly on Instagram, were connected to trending topics on social networking platforms such as:

- Body positivity (#bodypositivity, #loveyourself)
- Mental health awareness (#mentalhealthawareness, #youaregoodenough #nopressure)
- Joy of missing out (#jomo)

In order to reach an expected audience of the campaign PSIC engaged fifteen young Polish influencers. Creators prepared one Instagram post and one Instagram short recording in which they shared personal stories involving online image disruptions or social media impact on perceiving themselves.

post reach
883 563

instastory
reach
268 067

maximum
range
1 797 045

3.2 Educational projects and tools

3.2.1 “Puzzles of Mr. File and Mr. Folder – a web application for teachers”



In 2020 NASK designed and produced a web app, allowing designated users with admin privileges to create 8 different types of simple games like puzzles, crosswords, point-and-click tasks, quizzes etc.

This application essentially is a game editor. It allows any user with admin privileges to choose a game type, its parameters and to input text content and/or images (depending on the game type). The game is saved online. Each admin can share available games with their chosen students. This application does not require any personal data, only anonymized login and password which can be changed manually (a teacher governs her/his students' credentials while NASK representative governs teachers' credentials). In 2021 NASK will invite selected teachers to create content (games) and promote this app in their schools. NASK experts will also prepare a series of games oriented on internet safety and share them with all participating teachers.

3.2.2 “Mr. File and Mr. Folder – on paths of the internet” - performances for children



The performance „File and Folder on the trail of Internet troubles” was created as part of the educational project „Mr. File and Mr. Folder – on paths of the internet”, which has been run by NASK since 2010 in cooperation with the artistic group zygzaki.com.pl. The project is expanding by the year. Until now the following educational resources have been created:

- 45 minutes of live performance “Web adventures of Mr. File and Mr. Folder” (2010)
- A film “Web adventures of Mr. File and Mr. Folder” together with lesson plans (2012)
- Exercises for children – crosswords, puzzles and colouring books (2012)
- An audio book “Let’s meet the internet” (2012)
- An educational event “Safer Internet Alley”(2013)
- 4 films “Mr. File and Mr. Folder – Internet Explorers” (2016)
- A video clip “Sieciopozytywni” (2018)
- Two films Mr. File and Mr. Folder – on internet paths (2018) EDUCATIONAL PROJECTS AND TOOLS
- 10 performances for children, „File and Folder on the trail of Internet troubles” (2019)

This last resource is addressed to primary schools from grades 1-3. 10 performances for 2,000 students of Warsaw schools were staged. The mission of „Children of the Web - File and Folder on the Trail of Internet Troubles” was to help young viewers safely explore the internet.

The performances were shown in Warsaw - in the Wawer Cultural Center and in the „Michael” Educational and Preventive Center in Bemowo, respectively.

3.2.3 Podcasts of the Polish Safer Internet Center „Keeping Children and Young People Safe Online”



NASK



saferinternet.pl

Współfinansowane przez Unię Europejską
Instrument „LIFE2 Europe”

Partner główny

Fundacja

Polish Safer Internet launched for parents and caregivers streamed online recordings about children’s internet safety. Between April and May 2020 four episodes were released. One more was added in December 2020. The topics highlighted in the podcast are:

- Harmful content online
- Sexting and seduction of kids in the internet
- Internet abuse phenomenon
- Cyberbullying and other forms of online aggression
- Video games for children

Podcasts are available for Polish listeners on eight platforms: Anchor, Breaker, Google Podcasts, Overcast, Pocket Casts, RadioPublic, Spotify and YouTube. The biggest outreach was noted on YouTube. Summed up number of view circles around 14200. Anchor.fm available statistics shows that the podcasts were played around 800 times.

3.2.4 Brochures “YouTube World” and “What is my child doing on YouTube?” - educational materials for teachers, educators and parents



The brochure is aimed at teachers and educators. The publication presents various aspects related to the use of YouTube by children and adolescents, including: how young people use the website, who are youtubers and influencers, YouTube as a source of knowledge. The brochure also contains 4 lesson plans related to interesting educational projects related to YouTube. There is also shortened version formatted as an informative leaflet for parents. The brochure and leaflet is created by German Safer Inter Center klicksafe and has been adapted into Polish language and context by Polish Safer Internet Center.

3.2.5 Necio.pl – educational resource for preschool children



In 2012 the Empowering Children Foundation launched an educational project [Necio.pl](http://www.necio.pl) targeting children aged 4-5, as well as their parents. It is an answer to a demand for materials for preschool children group. The project's main component is www.necio.pl, a website with child-friendly animation, games and songs, explaining the rules of internet safety and the basics of computer usage to children. The host of this site is Necio, a friendly little robot, who guides young users through the process of learning what the internet is, how to surf safely, how to communicate safely online, as well as where to find safe websites. During current project the website was visited by 87 718 unique users.

In 2020 new lesson scenario aimed at preschool teachers was published. Its purpose is to raise the level of children's knowledge about the internet, familiarize them with the dangers of using screen devices and the internet, and make them aware of the need to report any worrying situations to trusted adults. It includes methods such as active listening, picture cards, individual and group exercises, picture stories. The scenario can be downloaded in an electronic version and printed out but was also distributed in 1500 copies to interested preschools in Poland.

3.2.6 Sieciaki.pl - educational portal and new resources



The Sieciaki.pl educational portal for primary school children has been operating since 2005. The plot of the website is based on the adventures of Sieciaki – “web wise kids” – who know how to use the internet in a safe way and who fight with online evil, represented by creatures called Sieciuchy. Sieciaki.pl users take part in educational games, quizzes and competitions. Main element of the service is an e-learning course consisting of 15 modules. Each module is dedicated to a different issue connected with internet safety (privacy, cyberbullying, inappropriate content, hate speech, shopping online, internet overuse). During the reporting period the website had 939 357 unique visitors and 45 903 new registered users. 20 607 children finished the extensive e-learning course.

In the reporting period, new extensive educational materials in “Sieciaki” brand were published. In December, a novel titled “Sieciaki. Mission: Safe Internet” designed for children aged 7-12 was published. It tells a story of the origins of the Sieciaki team, while raising issues related to the safety and keeping balance of using screen devices. The title is recommended for use in educational activities at school. On the basis of the book, an adaptation in a form of professional audio-book was created, as well as a short cartoon that encourages children to read the story. The book was printed in 4,000 copies and distributed to schools and libraries.

3.2.7 Digital Youth project



“Digital Youth” is a project for teenagers promoting online safety and creative use of the internet and new technologies. It consists of the digitalyouth.pl website as well as a paper magazine “Digital Youth”. The project is also connected with the annual event “Digital Youth Forum”. During the current project numerous online articles and 2 issues of the paper magazine were published. Magazines were printed in 4000 copies and distributed in schools, libraries and in other spaces frequented by youth. Youth are encouraged to submit their own articles to these media, there is also a collaboration with young entrepreneurs and activists – speakers at Digital Youth Forum.

3.2.8 SELMA – an European project against hate online



SELMA (Social and Emotional Learning for Mutual Awareness) is a two-year project co-funded by the European Commission,¹ which aims to tackle the problem of online hate speech by promoting mutual awareness, tolerance, and respect. The overall vision of the SELMA project is captured by its catchphrase: Hacking Hate. It builds upon a Social and Emotional Learning approach to empower young people to become agents of change; it helps them to better understand the phenomenon of online hate; it provides them with tools and strategies to act and make a difference. SELMA targets at young people (age 11-16), primarily in schools, but also in the out-of-school communities that impact their well-being. It engages them – together with their peers, teachers, parents and other professionals and carers – in a multifaceted learning journey. It fosters a wider dialogue with education stakeholders (including Ministries of Education), civil society organisations and industry. It takes an evidence-based approach to prevent and remediate online hate speech.

This year NASK cooperated with the European Schoolnet to translate and publish the whole SELMA toolkit - over 100 tasks, presentations and handouts - in Polish. By the end of 2020 all SELMA materials are available to download in Polish, among other languages, at <https://hackinghate.eu/toolkit/resources>. In 2020 NASK also published 5 Learning Paths (with more of them planned for the next year) at the Polish Safer Internet Center website <https://www.saferinternet.pl/materialy-edukacyjne/selma---pokonaj-hejt.html>. These Learning Paths introduce the Selma toolkit and offer ready-to-use lesson scenarios consisting of 3-5 Selma resources each.

3.2.9 A brochure and a film promoting the Polish Safer Internet Center



In the reporting period, a brochure on the activities of the Polish Safer Internet Center was prepared. The material describes all the goals and activities undertaken by PSIC to better protect the youngest internet users. The purpose of the brochure is to generally promote PCPSI activities among the education sector, NGOs, the judiciary and law enforcement, as well as internet service and content providers. The material is available at www.saferinternet.pl in two language versions - Polish and English. In order to promote the brochure on social media, a 46-second preview video was also created. The video is available for viewing on the YouTube channel at https://bit.ly/wideo_SaferInternet



3.2.10 Compendium “Keeping children safe online”



In 2019 PSIC issued a new edition of the compendium which combined all trending issues around children online safety. New edition of Polish Safer Internet Center's compendium for parents and professionals working with adolescents is a glossary on the most present issues connected to children and youth's internet safety. The main goal of the compendium is to systematize current knowledge on children and youth activity online. In the compendium reader will find a diagnosis of current social phenomenon taking place online, analysis of risky behavior with special consideration of causes and ways to prevent threats. The teacher or parent will find a wide spectrum of educational and preventative guidelines. In 2020 two digital formats of the publication were added compatible with e-book readers (.epub and .mobi).

3.2.11 IMPACT - Cyberbullying Prevention Programme



Complex cyberbullying prevention programme for schools called IMPACT has been developed as a consortium project in collaboration with experts from the Faculty of Psychology of Warsaw University, as well as Warsaw Technical University and the Institute of Occupational Medicine in Łódź. The programme is based on best practice evidence and includes components of psychological, social and technological intervention. As a result a final version of a 10-hour programme together with a handbook and necessary materials such as films, multimedia presentation and an app have been produced. The programme also comes together with an e-learning course for teachers which shows them how to conduct the classes. In 2019, 1000 copies of the paper handbook were distributed among Polish schools.

3.3 Training and events

3.3.1 International Conferences “Keeping Children and Young People Safe Online”



The International Conference “Keeping Children and Young People Safe Online” is an event organized annually by the Polish Safer Internet Center in close collaboration with German SIC (klicksafe.de). The conference is aimed at raising awareness of the latest threats and challenges in the context of the global network and enabling the sharing of knowledge, good practices and experience of representatives of sectors related to security, development and education of children and young internet users. It is addressed mainly to experts from the education sector, non-governmental organizations, judiciary and law enforcement agencies, but also business representatives (internet service and content providers).

The 13th edition of the conference took place at the Airport Hotel Okęcie, 18-19 September 2019 and the 14th edition of the event (due to the COVID-19 pandemic) adopted the online formula - plenary sessions were held on 29-30 September and the workshops took place on 1-2 October 2020.

The speakers of the both events included world-class experts dealing with the protection of children online and the implementation of communication and information techniques in education. The speakers shared their knowledge, research results, experiences and practices in the field of responding to online

threats to children and young people. During the conferences issues related to, among others, were discussed:

- growing up and parenting in the digital world
- harmful effects of pornography and sexting
- information threats and online radicalization processes
- harmful content
- cyberbullying, peer violence and hate speech online
- managing new technologies at school
- conclusions from the COVID-19 pandemic in the context of the educational challenges and online experiences of children and young people
- online behaviour based on gender stereotypes
- online life and the mental condition of young people
- how to safely use social networking applications

Every year, the organizers try to make this event as attractive as possible by providing additional opportunities to expand knowledge in the field of online safety. Both conferences were enriched by practical workshops led by experts in the field of online threats. In addition, the 13th international conference was accompanied by the exhibition "Class Room experience", dedicated to online privacy. The event participants also had the possibility to visit the stands of the organizers and partners at which the educational offer was presented including the opportunity of personal experience to see the world through the eyes of a child with autism by testing a VR application. Moreover, the culmination of the first day of the 13th conference was the screening of the documentary film "In my Room" (Israel, 2018). The 14th edition of the event was accompanied by the adaptation by Polish SIC into Polish of educational materials for teachers, educators and parents devoted to issues related to the opportunities, threats and ways of using the YouTube platform by children and adolescents. The author of the publications is the co-organizer of the conference - a German consortium implementing the klicksafe project. The materials are available for download in PL version in PDF format: leaflet "What is my child doing on YouTube?", the brochure "The World of YouTube. Lesson materials."



3.3.2 Expert seminars for professionals

An important part of Polish SIC's work is ongoing contact with specialists working with children - sociologists, psychologists, educators, representatives of the judiciary, but also just parents who want to safely and wisely manage children's access to the internet. This is achieved, inter alia, by the cyclical expert seminars, each of which deals in detail with the current issues of internet safety of the youngest, taking into account social, psychological and technological aspects.

Following seminars had been organized:

- **A child in the VR world** - the topics of the meeting concerned the issue of opportunities and threats related to the use of VR technology in the education of children and youth. During the meeting educational tools using VR goggles were also presented. The meeting took place on June 11, 2019 at Przestrzeń from Facebook in Warsaw and was attended by about 100 people.
- **Cyberbullying** - prevention and response - the topics of the meeting concerned, inter alia, students' dilemmas witnessing aggression and cyberbullying by peers at school. During the seminar, the participants also discussed how to react to hate speech at school and how to counteract it. It was also presented how to report abuses on online platforms. The meeting took place on December 12, 2019 at Przestrzeń from Facebook in Warsaw and was attended by about 100 people.
- **Home Screen Rules** - seminars were organized as a part of the social media campaign "Home Screen Rules" and were addressed to parents and guardians of children aged 0-6 and 7-12 and teenagers aged 13-16. During the online webinars, FDDS experts explained how implementing home screen rules can look like in practice and what challenges it may be associated with. Because soon after the campaign launch, the economic lockdown related to the COVID-19 pandemic began, both the topic of regulating the use of screen devices and the form of webinars aroused great interest among parents. In total, 10 webinars attended by 803 people took place in the period from April 21 to the end of June 2020

Webinars are available at:

- parents carers of children aged 0-6: watch
- parents carers of children aged 7-12: watch
- parents carers of teenagers aged 13-16: watch

- **Dangerous contacts on the internet** - the seminars were organized as part of the social media campaign promoting the Polish hotline (Dyżurnet.pl) and were addressed to parents and guardians of children and adolescents. Experts from the Dyżurnet.pl team introduced the participants to the issues of child grooming, sextortion and sexting and the related risks. Moreover, during the webinars it was explained why the problem of posting intimate photos and videos on the internet by children is so important and requires getting to know its specificity. The participants of the webinar also had the opportunity to learn how to react when a child falls victim to one of the abovementioned threats, as well as how to prevent and talk to children and adolescents so that they do not engage in risky behaviour online.

The webinars were held online on May 12 and 14, 2020, and were attended by a total of about 160 people.

- **Online and offline balance** - challenges for parents and school - the seminar was devoted to the problem of internet abuse by children and youth. During the meeting, it was discussed i.a. the phenomenon of FOMO, addiction to games, online gambling, the influence of new technologies on the development of the child's brain, and the role of parents in preventing excessive use of screen devices by children. The meeting took place online on September 8, 2020 and was attended by about 100 people. Recordings of the speakers' speeches are available on the Polish SIC profile on FB: watch
- **Harmful content on the internet** - recognition and prevention - the seminar was devoted to issues related to the recognition of content dangerous to children on the internet and how to prevent it from spreading. During the meeting it was discussed i.a. the psychological effects of exposure of children and adolescents to harmful content, the risks associated with the potential access of children to this type of content in games, as well as when using the YouTube platform, and also advice for parents and guardians related to the protection of the youngest internet users. The meeting took place online on December 1, 2020 and was attended by about 320 people. Recordings of the speakers' speeches are available on the Polish SIC profile on FB: watch



3.3.3 Local conferences “Opportunities, challenges, threats - an introduction to the issue of online safety of children and young people”



The Polish Safer Internet Center organized four local conferences, the purpose of which was to familiarize participants with the main threats related to the use of the internet by children, to provide advice on how to deal with selected dangerous online situations, as well as to familiarize with the offer and activities undertaken by the Polish Safer Internet Center. In 2019, it organized three conferences entitled “Teacher as a student’s mentor in a digital world” stationary in three cities with 200 participants each. In 2020, the Center changed the name of the conference to “Opportunities, challenges, threats - an introduction to the issue of online safety of children and young people” and due to the prevailing COVID-19 pandemic, the conference took an online form. Nearly 500 people took part in the online conference. As a result, professionals representing different regions of the country learned about the materials and how to use them effectively. During the event, we discussed topics such as: current threats, trends and phenomena in the context of the safety of the youngest Internet users, methods of working with students during a pandemic, and the presentation of educational tools intended for work with children, youth, as well as helpful for parents looking for the latest information on Internet threats.

The following conferences were organized during the current project:

- 6th Local Conference in Kępcice on April 9, 2019 in cooperation with the Public Library of the City and Commune of Kępcice.
- 7th Local Conference in Siennica Różana on May 16, 2019 in cooperation with the School Complex of the Agricultural Training Center in Siennica Różana.
- 8th Local Conference in Giżycko on June 10, 2019 in cooperation with the Center for Addiction Prevention and Social Integration in Giżycko.
- 9th local conference was held online on November 17, 2020. The event was broadcast from the NASK headquarters in Warsaw, where the conference studio was located.

3.3.4 Trainings for teachers and professionals

In 2019, two stationary training courses for professionals “Keeping children and young people safe online” were conducted in Starogard Gdański. In 2020, as a result of the pandemic, the trainings planned under the project were successfully transferred to the internet. The training took the form of four 1.5-hour webinars conducted by FDDS specialists. They were carried out in two versions:

- For professionals working with children aged 6-12
- For professionals working with young people aged 13-18

During the webinars the topics of online peer violence (cyberbullying), harmful online content, seduction of minors online, sexting, and internet abuse were covered. Participants learned how to react to dangerous situations experienced by children and young people online. The participants also learned how to implement internet threats prevention.

In total, eight cycles of four training sessions were held in this mode, i.e. 32 meetings and 2 additional cycles for preschool education teachers. Almost 700 participants took part in it, which is significantly more than what could be normally expected with offline trainings.



3.4 Safer Internet Day

3.4.1 Safer Internet Day 2019



On the occasion of the SID 2019 on February 5 PSIC organised a conference for over 700 teachers, professionals working with children, media and key stakeholders. It was the biggest event related to children's online safety in Poland. The welcome speech was given by i.a. Marek Zagórski, Minister of Digital Affairs, followed by nine TEDex style presentations of recognised experts in the field of internet safety in Poland. Presentations covered topics like history of online safety education in Poland, hate speech on the internet, applications that can be used at schools, fake news). The conference was streamed live to enable more people to participate. Moreover all the presentations were filmed and posted on our Facebook page to reach even more people.

The conference was a great success. We have managed to get over 700 participants in less than two weeks, we've got great speakers (including the Commissioner for Human Rights). Over 200 000 people saw our conference online and offline. In annual decentralised action 3971 local initiatives related to children's online safety were undertaken by schools, libraries, industry partners, local media and local NGOs (talks to children & parents at schools, local media campaigns, school theatres' performances, school competitions, etc.). The ideas could be registered via www.dbi.pl website. The website allows local organisers to view initiatives according to regions, so they could see what's going on in the neighbourhood and it gave them a potential opportunity for joining forces for wider actions. As in previous years, due to the winter holidays local organisers could register their ideas till the end of February. As in the past years valuable prizes were foreseen for the most innovative initiatives. Moreover, PSIC sent educational and promotional package (i.a. SID poster, poster with safety tips, stickers) to all local organizers of initiatives, who have registered via SID website.

Additionally PSIC has organised contest for children – users of Sieciaki.pl portal to prepare coverage form SID celebrations in their school.

3.4.2 Safer Internet Day 2020

On the occasion of the SID 2020 on February 11th PSIC organised a conference that took place at Palladium Theatre in Warsaw. The conference was the focal point of the Polish SID campaign. It was attended by almost 700 teachers, professionals working with children, media and key stakeholders making it the biggest annual event on children online safety in Poland. Each attendee received an SID promotional poster and an SID poster with safety rules. The event featured an opening speech given by Marek Zagórski, Minister of Digital Affairs of the Republic of Poland as well as representatives of PSIC partners and industry partners (Facebook, Google, Orange). They were followed by eight TEDx style presentations of recognised experts in the field of media education and prevention of online threats to children and adolescents. Presentations covered following topics:

- using new technologies in working with children with intellectual disabilities,
- online peer violence motivated by gender stereotypes and prejudices, - benefits and threats posed by online influencers
- new media as a teacher's support in creating educational projects in cooperation with students
- rules of using screen devices at home that can support parents in using screens without harm (and even with benefits) for the child and the whole family.

A jazz music band was also present on stage and took care of the artistic setting of the entire conference. Conference attendees also had the opportunity to visit the stands of the organizers and partners at which the educational offer was presented. The conference was streamed live on the internet to enable more people to participate. Moreover all of the presentations were recorded and are available at Polish SID website.

The second element of SID celebrations is call to organise local safer internet initiatives. This year the biggest number so far (4600) of local initiatives related to children's online safety was undertaken by schools, libraries, industry partners, local media and local NGOs (talks to children & parents at schools, local media campaigns, school theatres' performances, school competitions, etc.). The ideas could have been registered via www.dbi.pl website. The website allowed local organisers to view initiatives according to regions, so they could have seen what's going on in the neighbourhood and it gave them a potential opportunity for joining forces for wider actions. Due to the winter holidays local organisers could register their ideas till the end of February. As in the past years valuable prizes were foreseen for the most innovative initiatives. Moreover, PSIC sent educational and promotional packages (i.a. SID poster, poster with safety tips, stickers) to all local organizers of initiatives, who have registered via SID website (www.dbi.pl). Furthermore, each local organizer has the possibility to download from the event website a personalized certificate

4. YOUTH PANEL

4.1 The Congress of Young Internauts (KOMIN)



Our Youth Panel named The Congress of Young Internauts (KOMIN) comprises of 65 young representatives from 13 Polish schools. Each school formed a group of youth panelists governed by a teacher.

The first meeting of the Congress of Young Internet Users in the current edition of the project took place at NASK offices (26 April 2019). During the meeting young people learned about the possibilities of an internship at NASK. Furthermore, a number of slogans were developed and later used in the “File and Folder” poster with safety tips.

Moreover, during the Digital Youth Forum conference (23 May 2019), the youth belonging to KOMIN got involved in running a game, opened to all conference participants. Its participants (registering as 3-person teams) could demonstrate knowledge in the field of internet security and also their graphic imagination. Teams that completed all tasks took part in the prize draw.

The most active KOMIN participants took part in the design thinking workshops (24 May 2019) run by the “Design Thinking w Szkole” company (eng. Design Thinking at School company). During these classes, participants analysed problems that make it difficult for teachers to use modern technologies in lessons and shared a number of ideas on how to solve these problems.

Due to the Covid pandemic, all activities in 2020 were held online. The following activities were held:

- SELMA pre-launch – our Youth Panel teachers were presented and invited to try the Polish edition of the SELMA toolkit. After the presentation we discussed the best approach to incorporate SELMA materials in Polish schools and decided to prepare a series of Learning Paths which will make it easier for teachers to run lessons based on SELMA Toolkit.
- Codeweek 2020 – in October we invited all groups to participate in a series of webinars as well as a Codeweek 2020 competition for the best Codeweek initiative.
- A consultation of our “Mr File and Mr Folder Puzzles” online application, a tool for teachers designed by NASK – in November teachers were presented with the beta-version of this application and shared their input regarding user experience and potential appliances of this tool.

4.2 Digital Youth Forum



Digital Youth Forum (DYF) is a youth event organized annually by Empowering Children Foundation. It was inaugurated in 2016. The fourth edition took place in Copernicus Science Center in Warsaw on 23 May 2019 and the fifth was organised online on 11 December 2020. The co-organizer of both conferences was the International Telecommunication Union and the main partner was the Orange Foundation. Strategic Partners were Google Poland (2019) and Facebook Poland (2019 and 2020). The conference was held under the honorary patronage of the Ministry of Digital Affairs and Polish UNESCO Committee. The Forum was organised for young people and its aim is to inspire them in the field of safe and creative use of new technologies. Among the speakers were people that owe their success and popularity to the internet and new technologies. Many of them are still students of high school themselves. They presented their ways to the success and gave the audiences their advice. Apart from 400 young people from all over Poland who gathered in 2019 on site in Warsaw, more than 11 000 from 149 schools participated remotely thanks to online streaming and the action called "DYF in your school". In 2020 due to pandemic the event was organised in an online, interactive form. It enabled to reach new audience and gather over 20 000 young viewers who participated as part of their remote school curriculum. All presentations were also recorded and are available at digitalyouth.pl website. Lastly, both events were accompanied by several contests for young people encouraging them to active participation, among others to create their own speech in DYF style.

5. ONLINE AND TELEPHONE HELP

5.1 116 111 Helpline for Children and Youth and Helpline for Parents and Teachers 800 100 100



Two separate helplines operate within Polish Safer Internet Center. Helpline for children and youth (116 111) and Helpline for parents and professionals concerned about children's safety (800 100 100), which offers help and advice for adults in cases related to threats for children connected with the use of the internet. Helplines are operated by FDDS.

The 116 111 Helpline for Children and Youth is dedicated to children and teenagers. The number 116 111 is reserved for child helplines in Europe, so the Polish helpline is a part of a bigger network. It was launched in 2008 and since the beginning of 2015 the online issues were included into a wide range of problems that the helpline used to deal with in everyday work.

The Helpline for Parents and Teachers 800 100 100 was created for adults: parents, carers, teachers and other professionals working with children and youth in order to support and counsel cases when the child safety is in danger, including situations related to threats online.

Both of them are general helplines (as opposed to problem specific helplines) which means that the services provided by them concern a lot of issues connected to safety, health, family and peer relationships, psychosexual development, wellbeing, etc. Among them, there is a special place for the internet related topics. The services provided by both helplines in this area include the following:

- counseling in the field of children and youth's internet safety
- providing help in cases of suspected or confirmed threats to children on the web
- interventions in cases of child abuse via the internet
- improving parents and professionals knowledge and skills related to children's safety on the web
- counseling in the field of prevention of the internet related child abuse
- providing legal advice concerning children's and teenagers' online safety

The 116 111 Helpline for Children and Youth consultants are available 7 days a week 24 hours a day (all day service available since 2020):

- Via a toll-free telephone line 116 111. The telephone line has been provided by Orange.
- Through a contact form at www.116111.pl, where one can create an account and send a message to the consultants.

The Helpline for Parents and Teachers 800 100 100 consultants are available on weekdays, from 12:00 a.m. to 3:00 p.m.:

- Via a toll-free telephone line 800 100 100. The telephone line has been provided by the Orange.
- Through an e-mail. During the helpline's working hours, messages are read and answered as soon as they are received. All e-mails received after the working hours are responded to on the next working day.
- Through a contact form at www.800100100.pl.



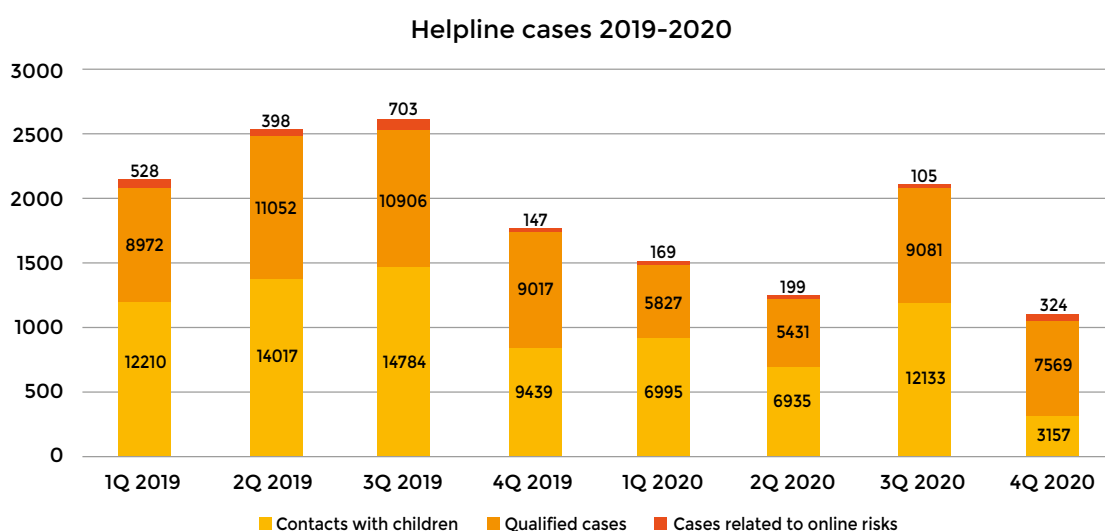
5.2 The Counseling Center „Child on the Web”

Since November 2015, the Counseling Center has been offering offline help for those who encountered online problems. It is dedicated to children and teenagers who experienced dangerous situations on the internet and need support of a specialist: psychologist or psychotherapist. It also offers meetings for parents and professionals and provides systemic counseling for the whole family when it's needed. The number of meetings and the duration of one meeting is always fitted to the needs of the client. The services provided by the Center are free of charge. In the time of pandemic counseling was also provided with online telecommuting tools.

5.3 Statistical data

There was a significant number of reports observed over the reporting period. Between 1 January 2019 and 31 December 2020 116 111 Helpline for Children and Youth received over 150 000 calls and messages, out of which 70 428 were qualified cases that needed intervention. 2573 cases were directly connected with online threats. We have observed decrease in contacts in 2020 but this should be related to limited capacity of helpline (due to reduced staff) rather than decreased demand for help.

Helpline for Parents and Teachers 800 100 100 which has much more limited scope of operation received 3153 calls in the course of the 2-year projects out of which 2291 were qualified for intervention.



6. HOTLINES

6.1 Activities of the dyzurnet.pl team

Dyzurnet.pl is a team tasked with ensuring a safer internet, operating within the structures of NASK. The main task of Dyzurnet.pl is to respond to notifications about illegal and harmful online content threatening the safety of children and young people, reported by web users. Dyzurnet.pl's providing website service operating in the field of reporting and analysis of cases of distribution, propagation or transmission of CSAM (child sexual abuse materials) via information and communication technologies and those tasks are indicated in the Act on the National Cyber Security System as a one of the Computer Security Incident Response Teams (CSIRT).

Dyzurnet.pl handles four main categories of reports:

- Child sexual abuse materials – according to the Polish Penal Code it is illegal to present and distribute pornographic materials with minors under 18 (also computer generated images of children), as well as to possess pornographic materials with minors under 18 years old.
- Extreme adult content – according to the Polish Penal Code it is illegal to present and distribute zoophilic materials, as well as pornographic materials involving the use of violence.
- Racism and xenophobia – it is illegal to publicly promote fascist and other totalitarian systems, or to propagate hatred based on country or ethnic origin, race and religion, as well as to publish content insulting a group of people or individuals based on their country or ethnic origin, etc.
- Other illegal content – other illegal content not classified above – e.g. adult pornography accessible to children.

The team has been operating since 2005, and has since analyzed more than 120,000 notifications reported by anonymous internet users, institutions and other response teams. Each notification is analyzed in accordance with the applicable procedures that envisage performing a technical analysis, a basic legal interpretation and taking adequate action. The Dyzurnet.pl team is a member of INHOPE – an association of over 50 hotlines operating in different countries worldwide. The association was established to foster and streamline cooperation between the national contact points striving to prevent distribution of CSAM; it cooperates, inter alia, with Interpol and leading IT sector companies. Collaboration within the structures of the association allows its members to quickly and efficiently react to content involving sexual abuse of children (more information www.inhope.org).

Information on potentially illegal content may be submitted to Dyzurnet.pl via:

- Contact form available at www.dyzurnet.pl
- Add-ons for Firefox browser
- Email dyzurnet@dyzurnet.pl
- Automatic notification hotline – 0801615005

Depending on the country in which the server offering content that involves sexual abuse of minors is located, the procedures are as followed:

- the materials are stored on servers that are located in Poland – the information is handed over to the National Police Headquarters

- the materials are stored on servers outside Poland, in a country in which a response team that is a member of INHOPE operates – the information is handed over to the national contact point
- the materials are stored on servers outside Poland, in countries in which INHOPE is not active – the information is handed over to the National Police Headquarters.

6.2 Statistical data

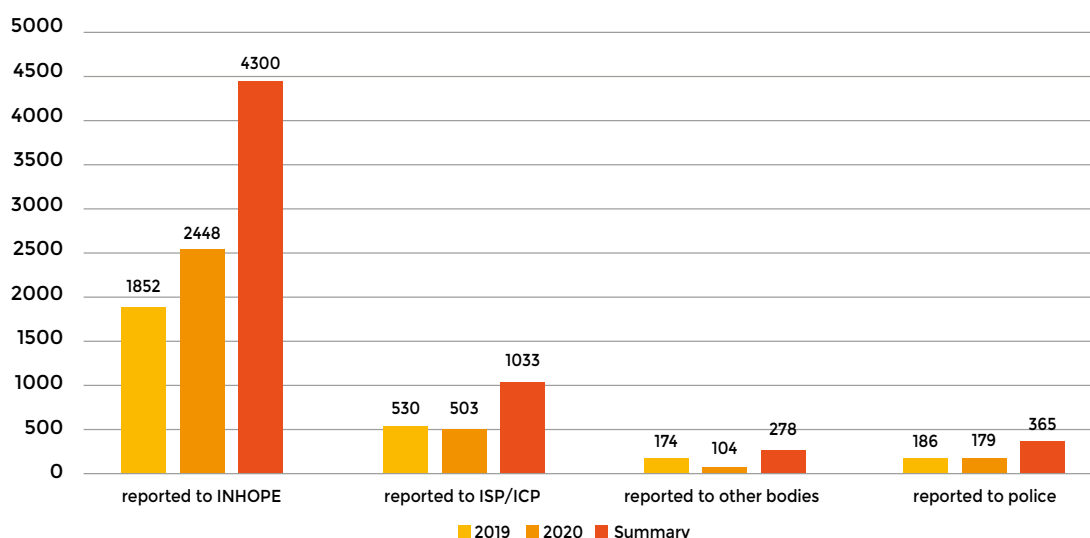
The total of over 100 000 incidents has been analyzed between 2005 and 2020, with 25 000 classified by Dyżurnet.pl experts as CSAM.

From the 1st of January 2019 to 31st of December 2020 Dyżurnet.pl analyzed 25 717 incidents. 4769 of incidents referred to illegal child sexual abuse materials.

Dyżurnet.pl cooperates very closely with the Polish Police and forwarded 365 cases about illegal content for further investigation. In 4300 cases containing child sexual abuse materials information was sent to other INHOPE members. In 1033 cases the Team intervened against harmful content and contacted with security department of Internet Service Provider/ Content Service Provider or hosting company. In the defined period 365 cases were forwarded to 116 111, CERT or other responsible bodies.

	2019	2020	Total
reported to INHOPE	1852	2448	4300
reported to ISP/ICP	530	503	1033
reported to other bodies	174	104	278
reported to police	186	179	365

Action taken in 2019-2020



7. NATIONAL COOPERATION – WORKING IN PARTNERSHIPS

In the period January 2019 - December 2020 the Polish SIC has continued to establish and maintain partnerships, promote dialogue and exchange of information with key players as well as identify and participate in relevant countrywide events. During the long-term operation the Center has gained high recognition and built reliable brand among main stakeholders dealing with issues referring to protection of minors, education, internet usage and safety. During the reporting period 36 industry partners, national and local government, regulatory bodies and research institutes were actively involved in the activities of the PSIC.

7.1 Consultation Committee

A crucial part of Polish Safer Internet activities is to maintain, coordinate and further expand a structured method of cooperation, implemented by the already established (in 2006) Advisory Board, with relevant stakeholders. The Polish Advisory Board members represent various areas of activity and thus provide a variety of perspectives on the scope of issues to be dealt with in the internet safety field. The AB's tasks include providing help in planning activities aimed at improving safety on the internet, evaluation of the Awareness, Helpline and Hotline projects, and contributing to the optimization of efforts. Key stakeholders are often invited to take part in selected components of the project (such as awareness tools dissemination, awareness tools evaluation, organization of events, etc.) Due Covid-19 pandemic in 2020 AB met in the online formula.

The Advisory Board meets twice a year and is currently composed of representatives of:

- Ministry of National Education
- Ministry of Digital Affairs
- Ministry of Interior and Administration
- National Police Headquarters
- Children's Ombudsman
- Orange Foundation
- Centre for Education Development
- Centre for Citizenship Education
- Computer Assisted Education and Information Technology Centre
- Office of Electronic Communications
- National Broadcasting Council
- Polish Committee for UNESCO
- UNICEF
- Google Poland
- Facebook Poland
- University of Social Sciences and Humanities
- Maria Grzegorzewska University
- Education Office in Warsaw
- European Consumer Centre
- Polish Information Processing Society
- National Chamber of Electronics and Telecommunications
- Warsaw Centre for Socio-Educational Innovation and Training
- Polish Chamber of Information Technology and Telecommunication
- SPIDOR
- Coalition for Polish Innovations Foundation

7.2 Cooperation with stakeholders

During the period described in the report, PCPSI cooperated with numerous partners to promote project resources. As part of international cooperation, PCPSI representatives participated in local and national initiatives during which they met with children and their parents, teachers and other specialists. Among them there are:

- Cooperation with Orange Foundation, PCPSI's Main Partner
- Cooperation with Design Thinking at the School, conducted design thinking workshops for members of the Youth Advisory Panel "Congress of Young Internet Users" (KOMIN)
- Cooperation in the implementation of e-learning piloting for seniors with University of the Third Age of the Maria Grzegorzewska University in Warsaw
- Cooperation with Art agency Zygzaki.com.pl on the educational project "File and Folder Adventures on the Web"
- Cooperation with the media: in total during this period, almost 600 media mentions (TV, radio, newspaper articles)
- National Security Bureau
- Chancellery of the President of the Republic of Poland
- Warsaw Centre for Education and Social Innovations and Trainings
- Mazovian Board of Education in Warsaw
- Cooperation with Google Poland, PCPSI's partner
- Cooperation with Digital Dialogue, during the meeting of the Congress of Young Internauts (Komin), Digital Dialogue experts conducted workshops with young people, during which participants solved tasks using the STEAM method.
- Cooperation with Central House of Technology (CEDET), partner of the meeting of the Congress of Young Dormitories. CEDET is a modern place that has been made available free of charge for the meeting of the KOMIN. CEDET employees also showed the participants of the meeting through their modern interiors.
- Ministry of Digital Affairs, Digital Poland Project Center - participation in the nationwide inauguration of CodeWeek 2019 - conducting two workshops for parents at the National Stadium in Warsaw, 05/10/2019.
- Kosciuszko Institute, NASK was the Institutional Patron of the CYBERSEC 2019 conference organized by the institute. As part of this conference, experts from PCPSI gave a lecture at "CYBERSEC for SENIORS" and "CEBERSEC for YOUTH".
- Marshal's Office of the Małopolska Region, NASK signs a declaration of cooperation with the Office in activities related to the protection of children online.
- Ombudsman for Children, substantive participation, incl. PCPSI experts in the celebration of the 30th anniversary of the UN Convention on the Rights of the Child. The celebration was organized by the Office of the Ombudsman for Children in Racibórz, November 21-22, 2019.
- Polish Sexological Society, substantive participation in two scientific conferences on April 6-07, 2019 in Poznań and November 22-24, 2019 in Warsaw.
- Cooperation with the organization klicksafe.de, German implementer of the Safer Internet programme, co-organizer of the 13th International Conference "Keeping Children and Young People Safe Online".
- Cooperation with the International Telecommunications Union (ITU), co-organizer of the 13th International Conference on "Keeping Children and Young People Safe Online"

- Ombudsman, cooperation in activities devoted to counteracting pathologies on the Internet; substantive participation of PCPSI experts and conducting a panel on pathotraits on the Internet during the Congress of Civil Rights in Warsaw, 14/12/2019.
- The Polish Suicidological Society and the ITAKA Foundation, with whom a guide for moderators was prepared on how to react to resignation and suicide entries. More: https://dyzurnet.pl/download/multimedia/Seria_Internet_Edukacja_Bezpieczenstwo/Poradnik_dla_moderatorow.pdf
- Operational cooperation with Dyzurnet.pl with administrators of the largest Polish websites: Onet.pl, WP.PL, Wykop, Interia
- Participation of PCPSI experts in the conference "Digital Skills 2019.PL" organized by the Broad Agreement for Digital Skills in Poland, Polish Information Technology Society and NASK - moderation of discussions in the Knowledge Café format on recipes "We want to ... not to lose a child online", Warsaw, 05/12/2019.
- Office of Electronic Communications, content-related participation of PCPSI experts during the inauguration of the KeepCtrl campaign in Warsaw on 10/12/2019.
- Participation of PCPSI experts in the Internet Management Forum 2019 conference, during which they conducted the workshop "Internet in the family - how to build good habits", Ms Mermaid Conference Center in Warsaw, 09/12/2019.
- Lessons for children and meetings with teachers (including Primary School No. 3 in Ząbki - November 7, 70 teachers; Vocational and Continuing Education Center No. 2 "Mechanik" in Racibórz - October 21-22, 120 students; Primary School No. 2 Jan Kochanowski in Ząbki - 5 December, 25 students; training for teachers in Starogard Gdański - 25-26 November, 50 teachers).
- Facebook Polska, partner of the conference "Safe Internet Day 2020" and the social campaign "Home Screen Rules"
- Ministry of National Education, honorary patronage over the Safer Internet Day 2020 and International Conference "Keeping children and young people safe online"
- Police Headquarters, honorary patronage over the Safer Internet Day 2020
- Digital University, participation of a PCPSI expert in the online conversation "DigiTalks" on the most important conclusions of research on online child safety and practical advice for parents and guardians, 26/06/2020
- Digital Poland Project Center, honorary patronage of the 14th International Conference "Keeping children and young people safe online"

As part of international cooperation, PCPSI representatives participated in the following initiatives and events.

8. INTERNATIONAL COOPERATION

During the reporting period the PSIC has continued the active membership in the European Insafe/INHOPE networks and further increased the collaboration across the network as well as beyond it. Representatives of the Center took part in training meetings and working groups established by the network. Where possible, the Center provided contribution to such events and actively exchanged experience.

Apart from physical meetings, members of the Center participated in online meetings of working groups (WG), which operate within the Insafe network. These are: Safer Internet Day WG, Knowledge WG, Governance WG, Assessment WG and Helpline WG. The involvement in the WGs is aiming to facilitate the cooperation between all European SICs, to overview their role and to plan activities at the Insafe network. It is also intended to, among others, broader involvement of Member States, industry and other relevant stakeholders in the online safety field and to discuss and implement the EC Better Internet for Kids strategy in Europe. Moreover, the PSIC actively contributes to the Better Internet for Kids (BIK) portal – www.betterinternetforkids.eu – which is developed and maintained (on behalf of the European Commission) by the Insafe network coordinator - the European Schoolnet. The aim of the BIK portal is to exchange of knowledge, expertise, resources and best practices between European SICs and key online safety stakeholders in order to increase access to high-quality content for children and young people and to create a safe environment for children online.

8.1 Exchange of expertise and study visits

Direct exchange of knowledge and experience with other SICs and other international institutions connected with child safety online was invaluable for the learning process of the SIC staff. Unfortunately 2020 COVID pandemic hindered these processes but in 2019 two such initiatives took place.

“Good Practices in Child Online Protection” was a meeting organised on the initiative of ITU with Polish SIC (NASK, FDDS), representatives of Ukrainian Children Rights Ombudsman office, German SIC (LMK / klicksafe), UK SIC (SWGfL) and Polish Office of Electronic Communications. The meeting took place at the NASK headquarters in Warsaw on 16th September 2019.

A study visit of a delegation from the Chinese government - experts from PSIC hosted a delegation from the National People’s Congress of the People’s Republic of China, Children’s Support Center of the Empowering Children Foundation in Warsaw on 6th September 2019.

Furthermore, the Polish SIC actively cooperated with international stakeholders in order to use the best international practices when organizing training and educational events. During the reporting period, the Polish SIC organized the 13th and 14th International Conferences in cooperation with the German Safer Internet Center and the International Telecommunication Union. For both conferences the Klicksafe.de educational materials had been adapted to Polish participants.

8.2 Events

Between January 2019 and December 2020 representatives of the Polish Safer Internet Center took part in numerous international conferences and meetings, during which they shared experience and presented project achievements, i.a.:

- Participation in Insafe Training Meeting, Heraklion / Kreta, June 12-13, 2019 (Andrzej Rylski, Monika Gajewska, Ewa Dziemidowicz, Łukasz Wojtasik)
- Substantive work within the Better Internet for Kids knowledge exchange platform
- Cooperation with the organization klicksafe.de - German implementer of the Safer Internet programme, co-organizer of the International Conference "Keeping children and young people safe on the Internet", including a working meeting on May 13-14, 2019
- Cooperation with the International Telecommunications Union (ITU) - co-organizer of the International Conference "Keeping Children and Young People Safe Online", including participation in the ITU Regional Development Forum in Rome on May 6-7, 2019
- Presentation of the IMPACT cyberbullying prevention programme at the World Anti-Bullying Forum, Dublin, June 4-6, 2019
- Participation in Insafe Training Meeting, Ljubljana / Slovenia, 23-25 October 2019.
- Meeting of the Expert Group on Safer Internet for Children at the seat of the European Commission, Brussels / Belgium, 20/11/2019.
- Participation in the Safer Internet Forum, Brussels / Belgium, 21/11/2019.
- Consultation on the Better Internet for Children strategy at the European Commission, Brussels / Belgium, 22/11/2019.
- Substantive work within the Better Internet for Kids knowledge exchange platform.
- Participation in the INHOPE Online Hotline Training Meeting, May 18-21, 2020
- Participation in the Regional Development Forum organized online by the International Telecommunication Union (speech by Szymon Wójcik), May 26, 2020
- Participation in the online training Insafe Training Meeting, 3-4.06.2020
- Participation in the online Insafe Steering Committee meeting, 5.06.2020
- Participation in the work of Expert Group on Safer Internet for Children, incl. online meeting 17/06/2020
- Substantive work within the Better Internet for Kids knowledge exchange platform
- Cooperation with LMK, the German institution implementing the klicksafe.de project, in planning the organization of the 14th International Conference "Keeping Children and Young People Safe Online"
- Cooperation with the Belgian institution EUN Partnership on the adaptation of the Polish version of the educational SELMA tool
- Cooperation with the European Council - NASK coordinating the adaptation of the Polish version of the CoE survey entitled "Education on Digital Citizenship" intended for parents and guardians and promotion of the survey in Poland, 06.2020
- Quality Assurance Program meeting - Insafe / INHOPE, 9.09.2020
- Hotline Quality Assurance Audit - INHOPE meeting - 24/09/2020
- Participation in the online training Insafe / INHOPE Training Meeting, 28-29.10.2020
- Participation in the online Insafe Steering Committee meeting, October 30, 2020
- Participation in the work of Expert Group on Safer Internet for Children, incl. online meeting 10/11/2020
- Organization by NASK of an online workshop entitled "Cultural processes in the age of the digital revolution" during the Internet Governance Forum, participation

of people from NASK: Anna Rywczyńska (lecture and workshop organization), Julia Piechna (reporter), Andrzej Rylski (technical moderator), 10.11.2020

- Participation in the online conference Safer Internet Forum, lecture by Szymon Wójcik from FDDS in the session "A focus on BIK policy", 25-27.11.2020
- Substantive work within the Better Internet for Kids knowledge exchange platform
- Cooperation with LMK, the German institution implementing the klicksafe.de project, in the organization of the 14th International Conference "Keeping Children and Young People Safe Online" and in adapting LMK brochures on the use of YouTube by children and adolescents to Polish
- Cooperation with ITU (International Telecommunications Union) in the organization of the 14th International Conference "Keeping children and young people safe on the Internet"
- Cooperation with the Belgian institution EUN Partnership on the adaptation of the Polish version of the educational SELMA tool

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