

# Overview of Photoplethysmography (PPG) related papers produced by TU/e-SPS' chair on Ambulatory Monitoring

Ronald M. Aarts

June 15 2020

## Abstract

An inverse chronological list of all Photoplethysmography (PPG) related papers produced by TU/e-SPS' chair on Ambulatory Monitoring spanning the period 2020–2010 is given. The topics are mainly on sleep monitoring, atrial fibrillation detection, epilepsy detection, blood pressure measurement, cardiopulmonary resuscitation (CPR), and PPG artefact reduction.

## 1 Introduction

Most, if not all, mentioned papers below are available at:  
<https://www.sps.tue.nl/rmaarts/>

In biomedical engineering Photoplethysmography (PPG) is an important topic. It is a simple and low-cost optical technique that can be used to detect blood volume changes in the microvascular bed of tissue. PPG is ubiquitous in clinical setting, but fast growing outside the clinic where it used by athletes to measure heart rate, since the PPG-sensor is build into smart watches. Further it is in use for sleep monitoring [6, 10, 18, 22, 23], atrial fibrillation detection [2, 1, 3, 4, 8, 9, 11, 12, 14, 15, 20, 21, 24, 28], epilepsy detection [31], blood pressure measurement [7, 13, 17, 26, 27], and cardiopulmonary resuscitation (CPR) [29, 32, 33, 34, 36, 37]. PPG signals are sensitive to movement artefacts. Algorithms to reduce those artefacts are discussed in [16, 25, 39, 40, 41, 42, 43, 44]. We present the following inverse chronological list of all Photoplethysmography (PPG) related papers produced by TU/e-SPS' chair on Ambulatory Monitoring spanning the period 2020–2010.

## References

- [1] Linda M. Eerikäinen. Cardiac arrhythmia monitoring from clinical setting to daily life. PhD Thesis at Eindhoven University of Technology, Wednes-

day 14 October 2020, with supervisors Prof. dr. Ronald M. Aarts and Prof. dr. L. Dekker.

- [2] Linda Eerikäinen, Alberto G. Bonomi, Fons Schipper, Lukas Dekker, Helma de Morree, Rik Vullings, and Ronald M. Aarts. Detecting Atrial Fibrillation and Atrial Flutter in Daily Life Using Photoplethysmography Data. *IEEE Journal of Biomedical and Health Informatics*, 24(6):1610–1618, June 2020. doi: 10.1109/JBHI.2019.2950574.
- [3] Linda Eerikäinen, Alberto G. Bonomi, Lukas Dekker, Rik Vullings, and Ronald M. Aarts. Atrial fibrillation monitoring with wrist-worn photoplethysmography-based wearables: State-of-the-art review. Accepted by *Cardiovascular Digital Health Journal*, March 2020.
- [4] Linda M. Eerikäinen, Alberto G. Bonomi, Lukas Dekker, and Ronald M. Aarts. Atrial fibrillation episodes detected using photoplethysmography - Do we know which are true? Letter to the editor of the *Journal of the American College of Cardiology*, 75 (11) 1365; DOI: 10.1016/j.jacc.2019.10.064, March 24 2020.
- [5] Shaoxiong Sun, W. Peeters, Rick Bezemer, Xi Long, Igor Paulussen, Ronald M. Aarts, and G. Noordergraaf. Finger and forehead photoplethysmography-derived pulse-pressure variation and the benefits of baseline correction. *Journal of Clinical Monitoring and Computing*, 33(1):65–75, 2019.
- [6] Mustafa Radha, Pedro Fonseca, Arnaud Moreau, Marco Ross, Andreas Cerny, Peter Anderer, Xi Long, and Ronald M. Aarts. A transfer learning approach to wearable sleep stage classification with photoplethysmography. *Artificial Intelligence in Medicine*, 2020.
- [7] Mustafa Radha, Koen de Groot, Nikita Rajani, Cybele Wong, Nadja Kobold, Valentina Vos, Pedro Fonseca, Nikolaos Mastellos, Petra Wark, Nathalie Velthoven, Reinder Haakma, and Ronald M. Aarts. Estimating blood pressure trends and the nocturnal dip from photoplethysmography. *Physiological Measurement*, 40(025006), Feb. 2019.
- [8] Linda M. Eerikäinen, Alberto G. Bonomi, Lukas Dekker, Fons Schipper, Rik Vullings, and Ronald M. Aarts. Photoplethysmography- unobtrusive means to measure force-interval relationships of the heart during atrial fibrillation? 7th Dutch Bio-Medical Engineering Conference, <http://www.bme2019.nl/>, January 24–25 2019, Egmond aan Zee, The Netherlands.
- [9] Linda M. Eerikäinen, Alberto G. Bonomi, Fons Schipper, Lukas Dekker, Rik Vullings, , and Helma de Morree Ronald M. Aarts. How Accurately Can We Detect Atrial Fibrillation Using Photoplethysmography Data Measured in Daily Life? CinC (Computing in Cardiology (formerly Computers in Cardiology)), Singapore, September 8-11 2019.

- [10] Mustafa Radha, Pedro Fonseca, Arnaud Moreau, Marco Ross, Andreas Cerny, Peter Anderer, Xi Long, and Ronald M. Aarts. Sleep stage classification from heart-rate variability using long short-term memory neural networks. *Nature Scientific Reports*, 9:14149, 2019. <https://doi.org/10.1038/s41598-019-49703-y>.
- [11] Linda M. Eerikäinen, Alberto G. Bonomi, Fons Schipper, Lukas Dekker, Helma de Morree, Rik Vullings, and Ronald M. Aarts. Atrial fibrillation and atrial flutter detection from wrist-worn photoplethysmography data. IEEE EMBS Benelux Chapter and NCBME meeting in Belgium Louvain, Brussels, November 28-29 2019.
- [12] Linda M. Eerikäinen, Alberto G. Bonomi, Fons Schipper, Lukas Dekker, Rik Vullings, Helma M. de Morree, and Ronald M. Aarts. Comparison between electrocardiogram and photoplethysmogram derived features for atrial Fibrillation detection in free-living conditions. *Physiological Measurement*, 39(8):84001, Aug. 2018. Online 11 July 2018 <http://iopscience.iop.org/10.1088/1361-6579/aad2c0>.
- [13] Mustafa Radha and Ronald M. Aarts. Calibration methods between Pulse Wave Velocity and Blood Pressure with PPG morphology. 6th Dutch Bio-Medical Engineering Conference, <http://www.bme2017.nl/>, January 26–27 2017, Egmond aan Zee, The Netherlands.
- [14] Alberto G. Bonomi, Fons Schipper, Linda M. Eerikäinen, Jenny Margarito, Ralph van Dinter, Guido Muesch, Helma M. de Morree, Ronald M. Aarts, Saeed Babaeizadeh, David D. McManus, and Lukas Dekker. Atrial fibrillation detection using a novel cardiac ambulatory monitor based on photo-plethysmography at the wrist. *Journal of the American Heart Association*, 7(15), August 7 2018. 7:e009351, DOI:10.1161/JAHA.118.009351.
- [15] Linda M. Eerikäinen, Alberto G. Bonomi, Lukas Dekker, Fons Schipper, Rik Vullings, and Ronald M. Aarts. Force-interval Relationships of the Heart Measured with Photoplethysmography during Atrial Fibrillation. *CinC (Computing in Cardiology (formerly Computers in Cardiology))*, Maastricht, Netherlands, September 23–26 2018, 45.
- [16] Ralph W.C.G.R. Wijshoff, Massimo Mischi, and Ronald M. Aarts. Reduction of periodic motion artifacts in photoplethysmography. *Transactions on Biomedical Engineering*, 64(1):196–207, Jan. 2017. Online ISSN: 1558-2531, DOI: 10.1109/TBME.2016.2553060.
- [17] Guangfei Zhang, Caifeng Shan, Ihor Kirenko, Xi Long, and Ronald M. Aarts. Hybrid optical unobtrusive blood pressure measurements. *Sensors*, 17(7), 2017. <http://www.mdpi.com/1424-8220/17/7/1541>, ISSN: 1424-8220, DOI: 10.3390/s17071541, article number: 1541.
- [18] Pedro Fonseca, Tim Weysen, Maaïke Goelema, Els Møst, Mustafa Radha, Charlotte Lunsingh Scheurleer, Leonie van den Heuvel, and Ronald M.

- Aarts. Validation of photoplethysmography-based sleep staging compared with polysomnography in healthy middle aged adults. *Sleep*, 40(7):zsx097, 2017. DOI: <https://doi.org/10.1093/sleep/zsx097>.
- [19] Linda M. Eerikäinen, Lukas Dekker, Rik Vullings, Alberto G. Bonomi, and Ronald M. Aarts. Post-extrasystolic potentiation detection with photoplethysmography from the wrist -A preliminary study. 6th Dutch Bio-Medical Engineering Conference, <http://www.bme2017.nl/>, January 26–27 2017, Egmond aan Zee, The Netherlands.
  - [20] Linda M. Eerikäinen, Ronald M. Aarts, Alberto G. Bonomi, Rik Vullings, and Lukas Dekker. Wrist-wearable photoplethysmograph for atrial fibrillation detection. Poster Science meeting Catharina Hospital, April 6 2017, Eindhoven, The Netherlands.
  - [21] Alberto G. Bonomi, Linda Eerikäinen, Fons Schipper, Ronald M. Aarts, Helma de Morree, and Lukas Dekker. Detecting episodes of Brady- and Tachycardia using photo-plethysmography at the wrist in free-living conditions. CinC 2017 Computing in Cardiology, Rennes, France 24-27 September 2017.
  - [22] Marina Nano, G.B. Papini, P. Fonseca, R. Vullings, S. Overeem, J.W.M. Bergmans, and Ronald M. Aarts. Comparing inter beat and inter pulse intervals from ecg and ppg signals. Biomedica 2017, May 9–10 2017 TU Eindhoven, The Netherlands.
  - [23] M-M. Nano, R. Vullings, P. Fonseca, S. Overeem, and Ronald M. Aarts. Using advanced PPG analysis to study sleep architecture in insomnia. 6th Dutch Bio-Medical Engineering Conference, <http://www.bme2017.nl/>, January 26–27 2017, Egmond aan Zee, The Netherlands.
  - [24] Linda M. Eerikäinen, Lukas Dekker, Alberto G. Bonomi, Rik Vullings, Fons Schipper, Jenny Margarito, Helma M. de Morree, and Ronald M. Aarts. Validating features for atrial fibrillation detection from photoplethysmogram under hospital and free-living conditions. CinC 2017 Computing in Cardiology, Rennes, France 24-27 September 2017.
  - [25] Ralph Wijshoff. On photoplethysmography artifact reduction and applications. PhD Thesis at Eindhoven University of Technology, Sept. 6 2016, with supervisors Ronald M. Aarts and M. Mischi.
  - [26] Shaoxiong Sun, Rick Bezemer, Xi Long, Jens Muehlsteff, and Ronald M. Aarts. Systolic blood pressure estimation using PPG and ECG during physical exercise. *Physiological Measurement*, 37(12):2154–2169, 2016.
  - [27] Shaoxiong Sun, Rick Bezemer, Xi Long, Jens Muehlsteff, and Ronald M. Aarts. Systolic blood pressure estimation using PPG during physical exercise. *38th Annual International Conference of the IEEE Engineering in Medicine and Biology Society (EMBC'16)*, Lake Buena Vista (Orlando), Florida USA, August 16–20, 2016.

- [28] Alberto G. Bonomi, Fons Schipper, Linda M. Eerikäinen, Jenny Margarito, Ronald M. Aarts, Saeed Babaeizadeh, Helma de Morree, and Lukas Dekker. Atrial fibrillation detection using photo-plethysmography and acceleration data at the wrist. *CinC 2016 Computing in Cardiology scientific conference 11–14 September 2016 in Vancouver, Canada*.
- [29] Ralph W.C.G.R. Wijshoff, Antoine M.T.M. van Asten, Wouter H. Peeters, Rick Bezemer, Gerrit Jan Noordergraaf, Massimo Mischi, and Ronald M. Aarts. Photoplethysmography-based algorithm for detection of cardiogenic output during cardiopulmonary resuscitation. *IEEE Transactions on Biomedical Engineering*, 62(3):909–921, March 2015.
- [30] Shaoxiong Sun, Wouter Peeters, Rick Bezemer, Igor Paulussen, Ronald M. Aarts, and Gerrit-Jan Noordergraaf. Comparison of peripheral and central PPG sites as surrogates indicators of fluid responsiveness in patients undergoing surgery associated with blood loss., I.A.M.P.O.V., Innovations and Applications of Monitoring Perfusion, Oxygenation and Ventilation, Tokyo, 2–4 Oct. 2015.
- [31] Judith van Andel, Constantin Ungureanu, Johan Arends, Ronald M. Aarts, and Frans Leijten. Using photoplethysmography in heart rate monitoring of patients with epilepsy. *Epilepsy & Behavior*, 45:142–145, April 2015. <http://dx.doi.org/10.1016/j.yebeh.2015.02.018>.
- [32] Ralph Wijshoff, Wouter Peeters, Gerrit Jan Noordergraaf, Massimo Mischi, and Ronald M. Aarts. Photoplethysmography can detect a spontaneous pulse during cardiopulmonary resuscitation. *5th Dutch Bio-Medical Engineering Conference*, <http://www.bme2015.nl/>, 2015 22-23 January 2015, Egmond aan Zee, The Netherlands (Received 3rd place in Best Paper Published by IEEE-EMBS in 2014).
- [33] Ralph W.C.G.R. Wijshoff, Wouter H. Peeters, Gerrit Jan Noordergraaf, Massimo Mischi, and Ronald M. Aarts. Photoplethysmographic detection of a spontaneous pulse during cardiopulmonary resuscitation. *49th Annual Conference of the Deutsche Gesellschaft für BioMedizinische Technik, Lübeck, Sept. 16–18, 2015*.
- [34] Ralph Wijshoff, Wouter Peeters, Ronald M. Aarts, and Gerrit Jan Noordergraaf. A photoplethysmography signal can show presence of a spontaneous pulse at sub-life-supporting blood pressure levels during experimental cardiopulmonary resuscitation. *ReSS Resuscitation Science Symposium, Nov. 15-16 2014, Chicago Illinois, USA, 2014*.
- [35] Roxana Alexandra Cernat, Constantin Ungureanu, Mihaela Ungureanu, Ronald M. Aarts, and Johan Arends. Real-time extraction of the respiratory rate from photoplethysmographic signal using wearable devices. *Workshop on Smart Healthcare and Healing Environments in conjunction with*

AMI'14, European Conference on Ambient Intelligence <http://www.ami-conferences.org/2014> November 11 - 13, 2014, Eindhoven, The Netherlands (Also in Springer's Lecture Notes in Computer Science: Proceedings AmI14).

- [36] Ralph W.C.G.R. Wijshoff, Toeno van der Sar, Wouter H. Peeters, Rick Bezemer, Paul Aelen, Igor W.F. Paulussen, Simone C.M.A. Ordelman, Alyssa Venema, Paul F.J. van Berkom, Ronald M. Aarts, Pierre H. Woerlee, Gert-Jan Scheffer, and Gerrit J. Noordergraaf. Detection of a spontaneous pulse in photoplethysmograms during automated cardiopulmonary resuscitation in a porcine model. *Resuscitation*, 84:1625–1632, 2013. Available online 29 July 2013, <http://dx.doi.org/10.1016/j.resuscitation.2013.07.019>.
- [37] Ralph Wijshoff, Toeno Van der Sar, Ronald Aarts, Pierre Woerlee, and Gerrit Noordergraaf. Potential of photoplethysmography to guide pulse checks during cardiopulmonary resuscitation: Observations in an animal study. *Resuscitation*, Volume 84, Supplement 1, October 2013. Runner-up in the Best-of-the Best competition was van European Resuscitation Council Symposium, Kraków, Poland, Oct. 25-26, 2013, <http://dx.doi.org/10.1016/j.resuscitation.2013.08.019>.
- [38] M. Nemati, N. Bhattacharya, P. Urbach, R. Wijshoff, M. Mischi, R. Aarts, M. Stijnen, and L. Paroni. Hemodynamics by Interferometric Photonics, IOP Symposium Fotonica, Museum Boerhaave, Leiden, Nov. 14, 2013.
- [39] R.W.C.G.R. Wijshoff, M. Mischi, P.H. Woerlee, and R.M. Aarts. Improving pulse oximetry accuracy by removing motion artifacts from photoplethysmograms using relative sensor motion: preliminary study. *Chapter 55 (pp. 411–417) in: Oxygen Transport to Tissue XXXV, Series: Advances in Experimental Medicine and Biology, Vol. 789, ISBN 978-1-4614-7256-8, Van Huffel, S.; Naulaers, G.; Caicedo, A.; Bruley, D.F.; Harrison, D.K. (Eds.)*, 2013.
- [40] Ralph W. C. G. R. Wijshoff, Massimo Mischi, Jeroen Veen, Alexander M. van der Lee, and Ronald M. Aarts. Reducing motion artifacts in photoplethysmograms by using relative sensor motion: phantom study. *Journal of Biomedical Optics*, DOI: 10.1117/1.JBO.17.11.117007, 17(11):117007–1–117007–15, November 2012.
- [41] Ralph Wijshoff, Jeroen Veen, Alexander van der Lee, Lars Mulder, Marco Stijnen, Sjoerd van Tuijl, and Ronald Aarts. Reducing motion artifacts in photoplethysmograms by using light source displacement as an artifact reference: phantom study. Biomedica Life Science Summit, Eindhoven, the Netherlands, 7-8 April 2011 .
- [42] R.W.C.G.R. Wijshoff, M. Mischi, A.M. van der Lee, P.H. Woerlee, P. Aelen, N. Lambert, and R.M. Aarts. Correlation of relative and global sensor motion with motion artifacts in photoplethysmograms. Ann. Symp. IEEE EMBS Benelux Chapter (Brussels/Leuven, Be.), 2 Dec. 2011.

- [43] R.W.C.G.R. Wijshoff, J. Veen, Alexander van der Lee, L. Mulder, M. Stijnen, S. van Tuijl, and Ronald M. Aarts. PPG motion artifact handling using a self-mixing interferometric sensor, in *Optical Fibers, Sensors, and Devices for Biomedical Diagnostics and Treatment XI*, edited by Israel Gannot, Proceedings of SPIE Vol. 7894 (SPIE, Bellingham, WA 2011) 78940F, doi:10.1117/12.874170 Online Publication Date: Feb 16, 2011.
- [44] R.W.C.G.R. Wijshoff, Ronald M. Aarts, Jeroen Veen, Alexander van der Lee, and Cristian Presura. Self-Mixing Interferometric Sensor Displacement Reference for PPG Motion Artifact Handling. *21st ProRISC Workshop of the STW.ICT Conference*, pp. 52–55, Veldhoven, The Netherlands, 18–19 November, 2010.