# Healthcare Reimagined: An Introduction to Antiracism in Medicine

Kari-Claudia Allen, MD, MPH

Department of Family & Preventive Medicine

Columbia, South Carolina

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## Disclosures

• No financial disclosures

## Disclaimers

- Perspective
- Abbreviation
- Introduction

# Objectives

By the end of this discussion, participants will be able to:

- 1. Discuss the history and current practices of racial injustice in American healthcare
- 2. Define race, racism, and antiracism
- 3. Name and implement antiracist behaviors in educational and clinical practice



Why am I here?



#### Black people are up to 6 times more likely to be killed by police, Harvard study says

Published: June 28, 2020 at 3:39 p.m. ET

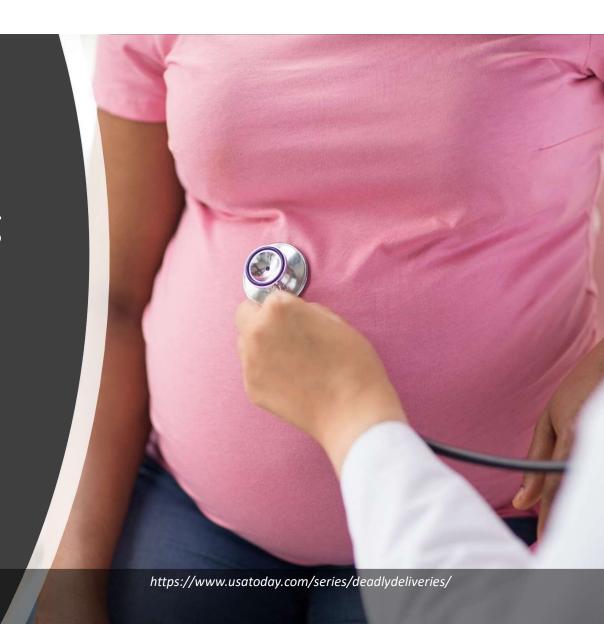
By Meera Jagannathan

A new study finds 'wide geographic variation in the incidence of fatal police violence across th U.S.'



The Black Lives Matter movement has prompted new attention to police killings "as an urgent public health and racial justice problem" over the past decade, write the authors of a new study. KEREM YUCEL/AFP VIA GETTY IMAGES

Black and Indigenous mothers and birthing people are 3-4x's more likely to die from causes related to pregnancy and childbirth than their White counterparts.





#### Black newborns more likely to die when looked after by White doctors

By Rob Picheta, CNN

① Updated 4:40 AM ET, Thu August 20, 2020



In the United States, racial disparities in human health can impact even the first hours of a person's life, according to new research.

African-Americans are 30% more likely than whites to die prematurely from heart disease.

African-American men are twice as likely as whites to die prematurely from stroke.



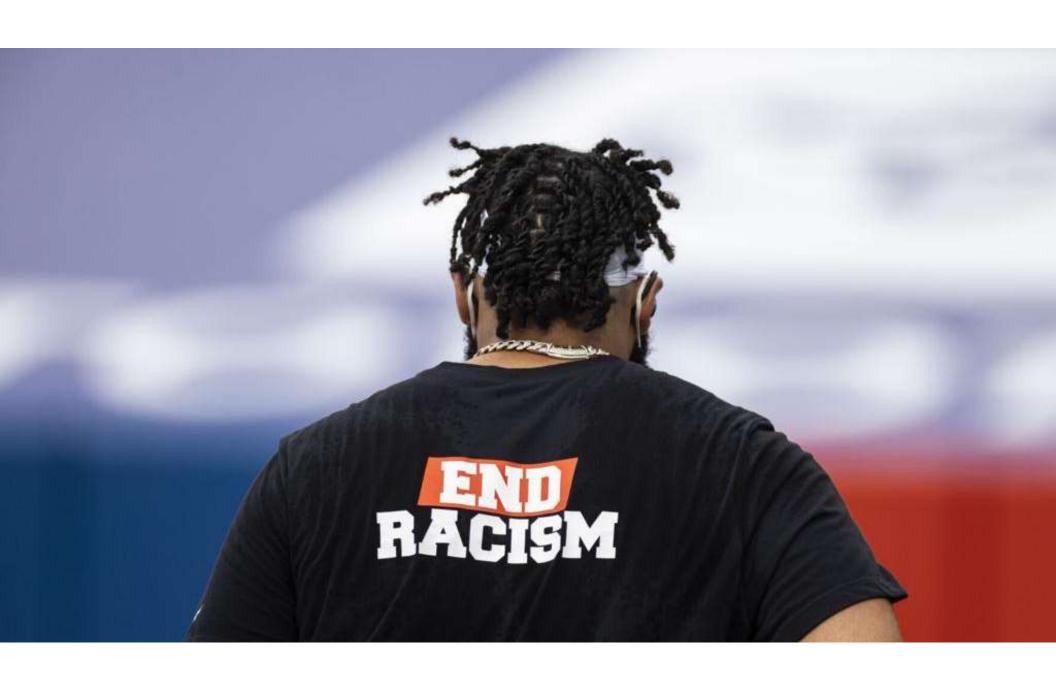
Health and Human Services. 2016. Stroke and Americans.

Why are you here?





Now that we're here together, where are we going?



# The New York Times



Illustration of Dr. J. Marion Sims with Anarcha by Robert Thom. Anarcha was subjected to 30 experimental surgeries. Pearson Museum, Southern Illinois University School of Medicine

#### RESEARCH ARTICLE

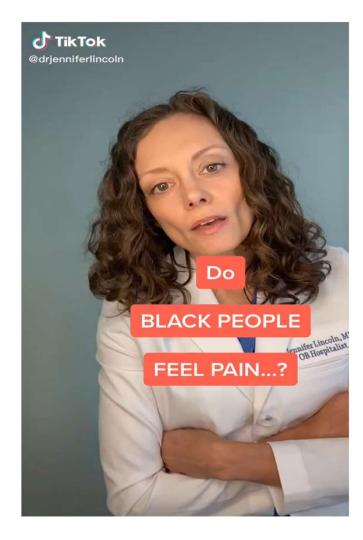


# Racial bias in pain assessment and treatment recommendations, and false beliefs about biological differences between blacks and whites

Kelly M. Hoffman, Sophie Trawalter, Jordan R. Axt, and M. Norman Oliver PNAS first published April 4, 2016 https://doi.org/10.1073/pnas.1516047113

#### Abstract

Black Americans are systematically undertreated for pain relative to white Americans. We examine whether this racial bias is related to false beliefs about biological differences between blacks and whites (e.g., "black people's skin is thicker than white people's skin"). Study 1 documented these beliefs among white laypersons and revealed that participants who more strongly endorsed false beliefs about biological differences reported lower pain ratings for a black (vs. white) target. Study 2 extended these findings to the medical context and found that half of a sample of white medical students and residents endorsed these beliefs. Moreover, participants who endorsed these beliefs rated the black (vs. white) patient's pain as lower and made less accurate treatment recommendations. Participants who did not endorse these beliefs rated the black (vs. white) patient's pain as higher, but showed no bias in treatment recommendations. These findings suggest that individuals with at least some medical training hold and may use false beliefs about biological differences between blacks and whites to inform medical judgments, which may contribute to racial disparities in pain assessment and treatment.



SOUTH CAROLINA

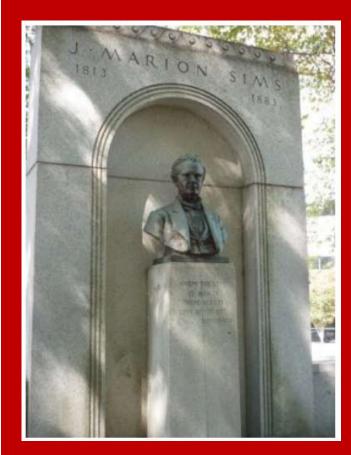
# Statue of gynecologist who experimented on slaves removed from NYC, but remains in Columbia

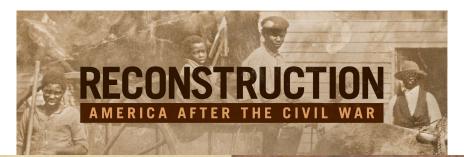
BY NOAH FEIT

APRIL 17, 2018 11:39 PM



A worker tosses a strap over the 19th century statue of Dr. J. Marion Sims, Tuesday, April 17, 2018, in New York's Central Park. Sims was known as the father of modern gynecology, but critics say his use of enslaved African-American women as experimental subjects was unethical. The statue is being moved to Green-Wood Cemetery in Brooklyn, where Sims is buried.







U.S. Senator, H.R.REVELS, of Mississippi Ben.1.5. TURNER, M.C. of Alabama. JOSHAH T. WALLS, M.C. of Florida. JOSEPH H. RAINY, M.C. of S. Carolina. R. BROWN ELLIOT, M.C. of S. Carolina. THE FIRST COLORED SENATOR AND REPRESENTATIVES.

In the 41st and 42nd Congress of the United States.

NEWYORK, PUBLISHED BY CURRIER &IVES, 125 NASSAU STREET.





Jim Crow South





# 1965: The Year That Brought Civil Rights To The Nation's Hospitals

By Michelle Andrews AUGUST 9, 2016

C REPUBLISH THIS STORY









What is racism?



#### Racism.

- 1. A belief that race is the primary determinant of human traits and capacities and that racial differences produce an inherent superiority of a particular race.
- 2. Policies and practices that create unfair disparities between majority and minority groups.
- 3. A legacy of unequal treatment on the basis of race that has led to unequal outcomes in housing, education, generational wealth, and life expectancy.

#### implicit bias (noun):

The unconscious activation of prejudice notions (of race, gender, ethnicity, age, etc.) that influences our judgment and decisionmaking.

"Even if people don't believe racist stereotypes are true, those stereotypes, once absorbed, can influence people's behavior without their awareness or intent."



Patricia Devine, 1989

The Prejudice Lab

# Culture or Teacher Bias? Racial and Ethnic Variation in Student—Teacher Effort Assessment Match/Mismatch

Educational Longitudinal Study (2002)

#### Abstract:

"Black and Hispanic students are more likely than white students to believe they are working hard when their teacher disagrees, but, consistent with cultural capital theory, socioeconomic background and academic skills account for all of their effort misalignment.

Lastly, white and Asian students seem to benefit from positive teacher bias. Black and Hispanic students are less likely than white and Asian students to receive positive teacher effort assessment when they admit to not working hard."



Kozlowski, K.P. Culture or Teacher Bias? Racial and Ethnic Variation in Student–Teacher Effort Assessment Match/Mismatch. Race Soc Probl 7, 43–59 (2015).

# How does bias show up in medical education?

- Medical School Admissions
- Curriculum
- Faculty composition: pre-clinical and clinical years
- Board examinations
- Clinical rotation evaluations
- Residency Admissions

## Figure 15. Percentage of full-time U.S. medical school faculty by race/ethnicity, 2018

Figure 15 displays the percentage of full-time U.S. medical school faculty by race/ethnicity. The largest proportions of faculty were White (63.9%) and Asian (19.2%). Only 3.6% of full-time faculty in 2018 were Black or African American, and 5.5% were Hispanic, Latino, or of Spanish Origin (alone or in combination with another race/ethnicity).

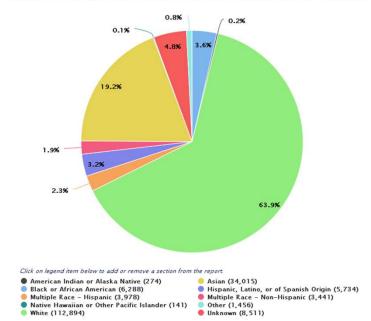


Figure 15. Percentage of full-time U.S. medical school faculty by race/ethnicity, 2018. 

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Diversity in Medicine: Facts and Figures 2019. Association of American Medical Colleges.



The JAMA Internal Medicine study of more than 27,500 medical students in 2016 and 2017 found that 38% of students nationwide from racial and ethnic groups that are under-represented in medicine reported mistreatment. That's compared to only 24% of white students across the U.S. who said they had been mistreated during medical school. (AAMC Graduation Questionnaire)

Source: NPR

**KA1** Kari Allen, 1/20/2021

#### Racial/Ethnic Disparities in Clinical Grading in Medical School

Daniel Low <sup>1</sup>, Samantha W Pollack <sup>2</sup>, Zachary C Liao <sup>3</sup>, Ramoncita Maestas <sup>4</sup>, Larry E Kirven <sup>5</sup>, Anne M Eacker <sup>6</sup>, Leo S Morales <sup>7</sup>

Affiliations + expand

PMID: 31032666 DOI: 10.1080/10401334.2019.1597724

Findings: Students who identified as White or female, students who were younger in age, and students with higher United States Medical Licensing Examination Step 1 scores or final clerkship written exam scores consistently received higher final clerkship grades. Non-URM minority students were more likely than White students (Adjusted Odds Ratio = 0.53), confidence interval [0.36, 0.76], p = .001, to receive a lower category MSPE summary word in analyses adjusting for student demographics (age, gender, maternal education), year, and United States Medical Licensing Examination Step 1 scores.

Similarly, in four of six required clerkships, grading disparities (p < .05) were found to favor White students over either URM or non-URM minority students. In all analyses, after accounting for all available confounding variables, grading disparities favored White students.

Low D, Pollack SW, Liao ZC, Maestas R, Kirven LE, Eacker AM, Morales LS. Racial/Ethnic Disparities in Clinical Grading in Medical School. Teach Learn Med. 2019 Oct-Dec;31(5):487-496. doi: 10.1080/10401334.2019.1597724. Epub 2019 Apr 29. PMID: 31032666.

# How does bias show up in clinical practice?

- Did you hear what they named it? How's that kid ever going to get a job?
- All these Hispanic moms come over here and pop out baby after baby, that we taxpayers end up paying for.
- You can walk past an Asian woman's room and not hear a peep the whole time they're in labor. They are just so stoic.
- I will never understand these drug addicts. How little do you have to care about your baby to keep shooting up while you're pregnant? And then you're mad at me for drug screening your baby? Maybe if you had just stopped doing drugs, I wouldn't be doing this test.



How do we heal?

#### I identify how I may unknowingly benefit from Racism.

I recognize racism is a present & current problem.

I promote & advocate for policies & leaders that are Anti-Racist.

I deny racism is a problem.

I seek out questions that make me uncomfortable. I sit with my discomfort.

I avoid hard questions. I understand my own privilege in ignoring racism. I speak out when I see Racism in action.

#### Becoming Anti-Racist

#### Fear Zone L

#### **Learning Zone**

#### **Growth Zone**

I strive to be comfortable.

I educate myself about race & structural racism.

I educate my peers how Racism harms our profession.

I talk to others who look & think like me.

I am vulnerable about my own biases & knowledge gaps.

I don't let mistakes deter me from being better.

I listen to others who think & look differently than me.

I yield positions of power to those otherwise marginalized.

I surround myself with others who think & look differently than me.

www.SurgeryRedesign.com

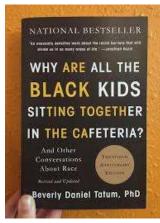
## What can we do as a School of Medicine?

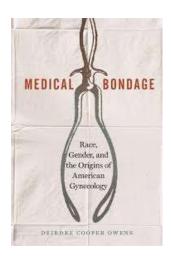
- Face the reality that we have all gotten it wrong
- Have the crucial conversations
- Ask hard questions
- Allow ourselves to feel whatever we feel, including shock or grief
- Be gracious with ourselves and one another as culture change occurs
- Educate ourselves and others
- Commit to personal and institutional change

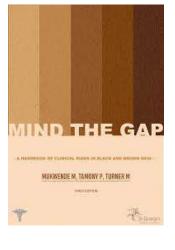


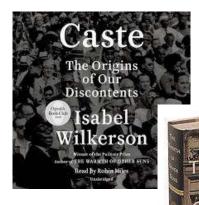


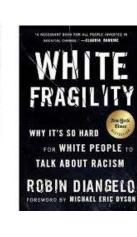


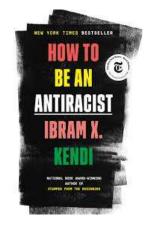


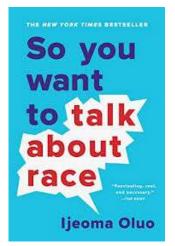


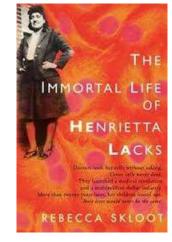










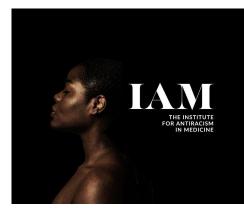












## What are others doing?

#### CHAPTERS

Active White Coats for Black Lives chapters are listed below, alon Want to start a chapter at your medical school or hospital? Check more.

Bastyr University (Kenmore, WA) - bukwc4bl@gmail.com

Beth Israel Deaconess Medical Center (Boston, MA) - bidmc.wc4bl@gmail.com

Burrell College of Osteopathic Medicine (University Park, NM) - bcomwc4bl@gmail.com

Chicago Health Coalition for Black Lives (Chicago, IL) - chc4bl@gmail.com

Chicago Medical School at Rosalind Franklin University (North Chicago, IL) - rfuwc4bl@gmail.com,

https://sites.google.com/my.rfums.org/rfumsalliesforblacklives/home

College of Human Medicine at Michigan State University (East Lansing, MI) - msuchmwc4bl@gmail.com

College of Osteopathic Medicine at Kansas City University (Kansas City, MO) - KCUWc4bl@gmail.com

Creighton University School of Medicine (Omaha, NE) - creightonwc4bl@gmail.com

East Carolina University Brody School of Medicine (Greenville, NC) - brodywc4bl@gmail.com

Eastern Virginia Medical School (Norfolk, VA) - evmswc4bl@gmail.com

 $Florida\ State\ University\ College\ of\ Medicine\ (Tallahassee,\ FL)\ -\ fsuwc4bl (Bgmail.com)$ 

 $Frank\ H.\ Netter\ School\ of\ Medicine\ (North\ Haven,\ CT)-netter\ WC4BL (g) gmail.com$ 

Geisel School of Medicine at Dartmouth (Hanover, NH) - dartmouthwc4bl@gmail.com

Georgetown University School of Medicine (Washington, D.C.) - georgetownwc4bl@gmail.com

GW School of Medicine and Health Sciences (Washington, D.C.) - gwuwc4bl@gmail.com

Kaiser Northern California (CA) - kaisernorcalwc4bl@gmail.com

Kansas University School of Medicine (Kansas City, KS) - KUMCwhitecoats4blacklives@gmail.com

Lincoln Memorial University DeBusk College of Osteopathic Medicine (Harrogate, TN) - Imudcomwc4bl@gmail.com

Louisiana State University School of Medicine (New Orleans, LA) - Isu,nola,WC4BL/Bomail.com



White Coats For Black Lives



## Grade your medical school or hospital

Join the 2020-2021 Racial Justice Report Card to fight racism at your institution

## Feinberg Academy of Medical Educators

Search Feinberg Academy of Met Q



About -

Membership \*

Education Resources \*

Recognition

**Teaching Opportunities** 

Continuing Education 🔻

Medical Education Day

Feinberg Home > Home > Education Resources > Anti-racism in Medicine Collection

### **Education Resources**

Faculty Development Learning Modules

Medical Educator Certificate Program

McGaw Medical Education Clinical Scholars Program

Searle Faculty Fellowships

Clinical Faculty Educator Consult Service

Grand Rounds Teaching Request Form

Anti-racism in Medicine Collection

External Open Access Resources

TIME Lecture Series

After-TIME Workshops

### Anti-racism in Medicine Collection

Below please find a collection of resources to provide educators with practice-based, peer-reviewed content to teach antiracist knowledge and clinical skills and elevate the educational scholarship of anti-racist curricula. The new resources will support a community of collaborators dedicated to the elimination of racism in medical education. Some of these resources were curated by the **Association of Medical Colleges**.



Educational Materials for Educators on Social Determinants of Health | NCEAS

Building a Tool Kit for Medical and Dental Students: Addressing Microaggressions and Discrimination on the Wards

April 3, 2020

Structural Competency: Curriculum for Medical Students, Residents, and Interprofessional Teams on the Structural Factors That Produce Health Disparities

March 13, 2020

**ERASE-ing Patient Mistreatment of Trainees: Faculty Workshop** 

December 27, 2019

Tools for Discussing Identity and Privilege Among Medical Students, Trainees, and Faculty

December 20, 2019

Health Equity Rounds: An Interdisciplinary Case Conference to Address Implicit Bias and Structural Racism



Education • October 8, 2020

# UCSF Expands Courses on How to Be an Anti-Racist Scientist or Clinician

By Nina Bai

In most hospitals around the country, an estimation of a patient's kidney function, known as the eGFR, is adjusted higher if the patient is Black. This "race correction" is built into electronic health records and taught in medical schools, but traces its origins to the racist assumption that Black people have more muscle mass. In practice, this race-based adjustment risks overestimating a Black person's kidney function and delaying referrals to specialists, treatments and even transplants.

This year, UC San Francisco hospitals and Zuckerberg San Francisco General Hospital ended eGFR reporting by race, becoming some of the first hospitals in the country to do so.

The change is part of a growing awareness of racism in medicine and health research, and a movement to train













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### Resources | Anti-Racism

### **ARTICLES / NEWS**

(In chronological order)

Misrepresenting Race — The Role of Medical Schools in Propagating Physician Bias

The New England Journal of Medicine | January 6, 2021

Revising the a Priori Hypothesis: Systemic Racism Has Penetrated Scientific Funding

Cell | Vol. 183, Issue 3, pp.576-579, October 29, 202

In the name of justice: In the battle against systemic racism, these alumni chart different courses for change

October 28, 2020

Addressing racism in medicine: Experts call on colleagues to turn talk into action

Healio | October 14, 2020

From a small town in North Carolina to big-city hospitals, how software infuses racism into U.S. health care

STAT | October 13, 2020

Exploring the North's long history of slavery, scientific racism

The Harvard Gazette | October 9, 2020

Addressing and Eliminating Racism at the AAMC and Beyond

AAMC | October 2020

Making Anti-Racism A Core Value In Academic Medicine

by J. Nwando Olayiwola, Darrell M. Gray, II, et al.

Health Affairs | August 25, 2020

The Performance of "Antiracism" Curricula

### **DICP Programs**

K-12

College

Medical and Graduate

Postdoc and Fellow

Faculty

LGBT

Mentoring

### **Anti-racism Resources**

Systemic racism anywhere is unacceptable, and particularly in a medical school dedicated to the principles of equity and to providing care without exception. We are committed to working together to become an institution that is anti-racist, diverse, and equitable, building on our rich history of inclusion and commitment to social justice.



Here are offices, resources and programs that may be helpful to you as we move forward with this important work.

Resources for students, staff and faculty

About

Office of the Dean

Strategic Plan

**BUSM Organizational Chart** 



## References

- AAFP EveryOne Project Implicit Bias Series
- The State Newspaper, Columbia, SC
- Lecture Series: National Birth Equity Collaborative
- ■Roberts, Dorothy E. 1997. Killing the black body: race, reproduction, and the meaning of liberty. New York: Pantheon Books.
- ■Wall LL. The medical ethics of Dr J Marion Sims: a fresh look at the historical record. Journal of Medical Ethics. 2006;32(6):346-350. doi:10.1136/jme.2005.012559.
- ■Educational Longitudinal Study 2002
- History Channel
- Kozlowski, K.P. Culture or Teacher Bias? Racial and Ethnic Variation in Student–Teacher Effort Assessment Match/Mismatch. Race Soc Probl 7, 43–59 (2015).

