



2023 AASCF CHEER & DANCE AGE GRID

V6 release date 13/02/2022. .



CHEER AGE GRID NOTES:

- The eligible age for an athlete competing at an AASCF event in 2023 is determined by the YEARS OF BIRTH column on the age grid
- All IASF age groups are subject to change according to IASF updates and all programs must comply to fit within the updated age grid. The IASF age grid is based on the year The IASF World Championship is being held. Birth years have been added to reflect 2024 Worlds Division requirements.
- Covid extensions to age eligibility no longer apply.
- Open division will move to bottom age 15+ as of 2024, 16+ as of 2025 for the Australian competition seasons.
- Any teams seeking to compete Internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending. This includes having a minimum of 10 athletes for IASF divisions at Worlds.
- All levels are as defined by the IASF rules. Exception: University Elite & Premier are as defined by the UWCC university rules.
- It is a club's responsibility if they utilize crossover athletes to be familiar with and comply to AASCF policies.
- Minimum and maximum number of team members are displayed in the grid below. Where applicable, divisions will be split by the following team sizes:
 - Extra Small = 6 to 15 members
 - Small = 16 to 24 members
 - Large = 25 to 30 members
 - Extra Large = 31 to 38 members
 - Coed (at AASCF's discretion)

CHEER DIVISIONS	AGE	GENDER	NO. IN SQUAD	LEVEL
Tiny Novice	4-6 yrs (2019-2017)	NA	6-38 members	NOVICE
Tiny	5-6 yrs (2018-2017)	NA	6-38 members	1
Mini Novice	5-9 yrs (2018-2014)	NA	6-38 members	NOVICE
Mini	5-9 yrs (2018-2014)	NA	6-38 members	1, 2
Youth Novice	5-12 yrs (2018-2011)	NA	6-38 members	NOVICE
Youth	6-12 yrs (2017-2011)	NA	6-38 members	1, 2, 3, 4
Junior Novice	7-15 yrs (2016-2008)	NA	6-38 members	NOVICE
Junior	8-15 yrs (2015-2008)	NA	6-38 members	1, 2, 3, 4
Junior	10-16yrs (2013-2007)	NA	6-38 members	5, 6
Senior Novice	10-18 yrs (2013-2005)	NA	6-38 members	NOVICE
Senior	11-18 yrs (2012-2005)	NA	6-38 members	1, 2, 4, 2
Senior AG	11-18 yrs (2012-2005)	All Girl	6-38 members	3, 4, 5
Senior Coed	11-18 yrs (2012-2005)	1 or more males	6-38 members	3, 4, 5
Senior AG	13-18 yrs (2010-2005)	All Girl	6-38 members	6
Senior Coed	13-18 yrs (2010-2005)	1 or more males	6-38 members	6
CHEER DIVISIONS	AGE	GENDER	NO. IN SQUAD	LEVEL
Open	14 yrs + (2009 or earlier)	NA	6-38 members	1, 2, INT, 2NT, 4, 2
Open AG	14 yrs + (2009 or earlier)	All Girl	6-38 members	3, 4, 3NT, 4NT
Open Coed	14 yrs + (2009 or earlier)	1 or more males	6-38 members	3, 4, 3NT, 4NT
Open AG	14 yrs + (2009 or earlier)	All Girl	6-38 members	5, 5NT, 6
Open Coed	14 yrs + (2009 or earlier)	1 or more males	6-38 members	5, 5NT, 6
Adult Non-Tumble	21 yrs + (2002 or earlier)	NA	6-38 members	1 NT
Scholastic: Primary School	Foundation to Year 6	NA	6-38 members	1, 2
Scholastic: High School	Year 7 to 12	NA	6-38 members	1, 2
Scholastic: High School AG	Year 7 to 12	All Girl	6-38 members	3
Scholastic: High School Coed	Year 7 to 12	1 or more males	6-38 members	3



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CheerABILITY (Independent)	Any Age	NA	Unlimited	1, 2, 3, 4
CheerABILITY (Unified)	Any Age	NA	Unlimited	1, 2, 3, 4
Please note : AASCF will be splitting Unified and Independent in 2023				
IASF CHEER DIVISIONS –Ages refer to the year of Summit Competition being 2024. Any teams seeking a Summit bid must conform to the 2023-2024 IASF Age Grid below. AGES BELOW REFER EXACTLY TO IASF 2023-2024 AGE GRID. All teams must comply and partake in roster verification at all events when in the below divisions				
IASF U16 (Junior)	12-16 yrs (2007-2012)	NA	10-24 members	1, 2, 3, 4
IASF U18 (Senior)	14-18 yrs (2005-2010)	NA	10-24 members	1, 2
IASF U18 AG (Senior AG)	14-18 yrs (2005-2010)	All Girl	10-24 members	3, 4
IASF U18 Coed (Senior Coed)	14-18 yrs (2005-2010)	1 or more males	10-24 members	3, 4
IASF Open AG	16yrs+ (2008 or earlier)	All Girl	10-24 members	3, 4
IASF Open Coed	16yrs+ (2008 or earlier)	1 or more males	10-24 members	3, 4
IASF CHEER WORLDS BID DIVISIONS & OPEN LEVEL 5, 6, 7, 6NT, 7NT & 6 Global Club - . Ages refer to the year of Worlds Competition being 2024 AGES BELOW REFER EXACTLY TO IASF 2023-2024 AGE GRID Please note, teams with less than 10 athletes can enter Open level 5, 6, 7, 6NT,7NT or 6 Global Club divisions, however, IASF Cheer Worlds Bids Divisions are only offered to teams with 10 or more athletes as per IASF requirements. All teams must comply and partake in roster verification at all events when in the below divisions.				
IASF Senior AG	14-18 years (2005-2010)	All Girl	10-24 members	5
IASF Senior Small Coed	14-18 years (2005-2010)	1-4 males	10-24 members	5
IASF Senior Large Coed	14-18 years (2005-2010)	5-16 males	10-24 members	5
IASF Senior AG NT	14-18 years (2005-2010)	All Girl	10-24 members	6NT
IASF Senior Coed NT	14-18 years (2005-2010)	1-20 males	10-24 members	6NT
IASF Open AG	16yrs+ (2008 or earlier)	All Girl	10-24 members	5, 6
IASF Open Small Coed	16yrs+ (2008 or earlier)	1-4 males	10-24 members	5, 6
IASF Open Large Coed	16yrs+ (2008 or earlier)	5-16 males	10-24 members	5, 6
IASF Open AG NT	16yrs+ (2008 or earlier)	All Girl	10-30 members	6NT
IASF Open Coed NT	16yrs+ (2008 or earlier)	1-20 males	10-30 members	6NT
IASF Open AG	17yrs+ (2007 or earlier)	All Girl	10-24 members	7
IASF Open Small Coed	17yrs+ (2007 or earlier)	1-4 males	10-24 members	7
IASF Open Large Coed	17yrs+ (2007 or earlier)	5-16 males	10-24 members	7
IASF Open AG NT	17yrs+ (2007 or earlier)	All Girl	10-30 members	7NT
IASF Open Coed NT	17yrs+ (2007 or earlier)	1-20 males	10-30 members	7NT
IASF Global Club AG	16yrs+ (2008 or earlier)	All Girl	10-24 members	6
IASF Global Club Coed	16yrs+ (2008 or earlier)	1-16 males	10-24 members	6
UNIVERSITY CHEER DIVISIONS – Divisions below may have adjustments made by UniSport at the end of the 2022 season. Uni athletes must be from the same institution.				
University	Registered Uni student	All Girl	6-38 members	1/2 NT
University Coed	Registered Uni student	1 or more males	6-38 members	1/2 NT
University	Registered Uni student	All Girl	6-24 members	3/4
University Coed	Registered Uni student	1 or more males	6-24 members	3/4
University Elite	Registered Uni student	All Girl	6-20 members	Elite
University Elite Small Coed	Registered Uni student	1-4 males	6-16 members	Elite
University Elite Large Coed	Registered Uni student	5-9 males	6-16 members	Elite
University Elite Super Coed	Registered Uni student	Up to 13 males	6-24 members	Elite
University Premier	Registered Uni student	All Girl	6-20 members	Premier
University Premier Small Coed	Registered Uni student	1-4 males	6-16 members	Premier
University Premier Large Coed	Registered Uni student	5-9 males	6-16 members	Premier
University Premier Super Coed	Registered Uni student	Up to 13 males	6-24 members	Premier
FISU DIVISIONS				
Elite All Girl	Registered Uni student	All Girl	16-20 members	5
Elite Small Coed	Registered Uni student	1-4 males	16-20 members	5
Elite Large Coed	Registered Uni student	5-12 males	16-20 members	5
Premier All Girl	Registered Uni student	All Girl	16-20 members	6
Premier Small Coed	Registered Uni student	1-4 males	16-20 members	6
Premier Large Coed	Registered Uni student	5-12 males	16-20 members	6



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DANCE AGE GRID NOTES:

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- Covid extensions to age eligibility no longer apply
- Any teams seeking to compete Internationally need to ensure their athletes adhere to the age and division requirements of the competition they are attending. This includes having a minimum of 6 athletes for IASF divisions at Worlds.
- It is a clubs responsibility if they utilize crossover athletes to be familiar with and comply to AASCF policies
- Minimum and maximum number of team members are displayed in the grid below. Where applicable, divisions will be split by the following team sizes:

Petite = 5-9 dancers

Small = 5-14 dancers

Large = 15 or more dancers

DANCE DIVISION	AGE	PETITE	SMALL	LARGE	STYLES
Tiny Dance Novice	6 yrs & younger (2017 or later)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Tiny Dance	4-6 yrs (2019-2017)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Mini Dance Novice	9 yrs & younger (2014 or later)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Mini Dance	5-9 yrs (2018-2014)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Youth Dance Novice	12 yrs & younger (2011 or later)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Youth Dance	6-12 yrs (2017-2011)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Junior Dance Novice	15 yrs & younger (2008 or earlier)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Junior Dance	8-15 yrs (2015-2008)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Senior Dance Novice	18 yrs & younger (2005 or earlier)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Senior Dance	11-18 yrs (2012-2005)	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Open Dance Novice	14 yrs +(2009 or earlier)	5-9 dancers	5-15 dancers	16-30 dancers	J, HH, P, LYR/CONT
Open Dance AG	14 yrs +(2009 or earlier)	6-9 dancers	6-15 dancers	16-30 dancers	J, HH, P, LYR/CONT
Open Dance Coed	14 yrs +(2009 or earlier)	6-9 dancers	6-15 dancers	16-30 dancers	J, HH, P, LYR/CONT
Adult Dance	21 yrs & older (2002 or earlier)	N/A	N/A	5-30 dancers open	HH, POM
DanceABILITY (Independent)	N/A	N/A	N/A	N/A	HH, P, J, L/C
DanceABILITY (Unified)	N/A	N/A	N/A	N/A	HH, P, J, L/C
Please note : AASCF will be splitting Unified and Independent in 2023					
Scholastic: Primary School	Foundation to Year 6	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
Scholastic: High School	Year 7 to 12	5-9 dancers	5-14 dancers	15 & more dancers	J, HH, P, LYR/CONT
UNIVERSITY DANCE DIVISIONS Uni athletes must be from the same institution.					
University	Registered Uni student		5-16 dancers		J, HH, P
University	Registered Uni student			5-24 dancers	LYR/CONT
University	Registered Uni student			16-20 dancers	HH, P
University	Registered Uni student			17-20 dancers	J
University (Doubles)	Registered Uni student	2 dancers			J, HH, P



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ELITE DANCE DIVISIONS – to be offered at all AASCF events.

IASF DANCE DIVISIONS – THE BELOW TABE NOW REFLECTS EXACTLY TO THE IASF 2023-2024 AGE GRID AND IS REFLECTIVE ON THE AGE REQUIREMENTS IN THE YEAR OF SUMMIT AND WORLDS COMPETITION. All teams must comply and partake in roster verification at all events when in the below divisions.				
IASF UI2 (Youth)	8-12 yrs (2011-2016)	NA	6-30 members	J, HH, P, LYR/CONT
IASF UI6 (Junior)	12-16 yrs (2007-2012)	NA	6-30 members	J, HH, P, LYR/CONT, HK
IASF Open AG	16yrs+ (2008 or earlier)	All Girl	6-30 members	J, HH, P, LYR/CONT, HK
IASF Open Coed	16yrs+(2008 or earlier)	1 or more males	6-30 members	J, HH, P, LYR/CONT, HK
USASF DANCE DIVISIONS – Must be age eligible at some point during 2024. Any teams seeking a Worlds bid must conform to the 2023-2024 USASF Age grid once released. Any team competing in a USASF division must conform to the age grid immediately once released. The ages listed below are the International age bracket for this division. STILL AWAITING RELEASE OF 2023-2024 AGE GRID FOR YOBB				
USASF Senior Dance	13 - 19 yrs	NA	4-14 members (small)	J, HH, P, LYR/CONT, HK
USASF Senior Dance	13 - 19 yrs	NA	15+ members (large)	J, HH, P, LYR/CONT, HK

At the time of release of this age grid, AASCF will be offering Youth and Junior Dance bids to Varsity Dance Summit in Jazz, Lyrical/Contemporary, Hip Hop and Pom at 2023 AASCF Battle events.

AASCF will be offering Worlds bids from the IASF Junior (no L/C) and Open divisions at 2023 AASCF National Championship (must be entered in IASF to be eligible) and Senior Bids (must be entered in USASF)

AASCF VIRTUAL STUNT AGE GRID:

PLEASE NOTE THAT THE STUNT AGE GRID CARRIES THE SAME YEARS OF BIRTH AS THE TEAM AGE GRID				
DIVISION	AGE	GENDER	# IN SQUAD	LEVEL
Cheer Ability GS	Any age	Female/Male	4-5 members	1,2 (no baskets)
Cheer Ability APS / PS	14 yrs & older	Female/Male	2-3 members	1,2 (no baskets)
Junior GS	8-15 yrs	Female/Male	4-5 members	1,2, 3, 4
Junior GS	10-16 yrs	Female/Male	4-5 members	5, 6
Senior AG GS	11-18 yrs	All Girl	4-5 members	1, 2, 3, 4, 5
Senior COED GS	11-18 yrs	1 or more males	4-5 members	1, 2, 3, 4, 5
Senior AG GS	13-18 yrs	All Girl	4-5 members	6
Senior COED GS	13-18 yrs	1 or more males	4-5 members	6
Senior APS	11-18 yrs		3 members	2, 3, 4, 5
Senior APS	13-18 yrs		3 members	6
Open AG GS	15 yrs & older	All Girl	4-5 members	2, 3, 4, 5, 6
Open Coed GS	15 yrs & older	Coed	4-5 members	2, 3, 4, 5, 6
Open APS / PS	15 yrs & older		2-3 members	2, 3, 4, 5, 6
Open AG GS	17 yrs & older	All Girl	4-5 members	7
Open Coed GS	17 yrs & older	Coed	4-5 members	7
Open APS / PS	17 yrs & older		2-3 members	7

AASCF VIRTUAL DANCE DOUBLES AGE GRID:

AASCF DANCE DOUBLES			
DIVISION	AGE	TEAM SIZE	STYLES
Dance Ability	N/A	2 Dancers	J, HH, POM
Youth Dance	6-12 yrs	2 Dancers	J, HH, P, LYR/CONT
Junior Dance	8-15 yrs	2 Dancers	J, HH, P, LYR/CONT
Senior Dance	11-18 yrs	2 Dancers	J, HH, P, LYR/CONT
Open Dance	14 yrs & older	2 Dancers	J, HH, P, LYR/CONT
University Dance	Registered Uni student	2 Dancers	J, HH, P