

unity, solidarity, universality

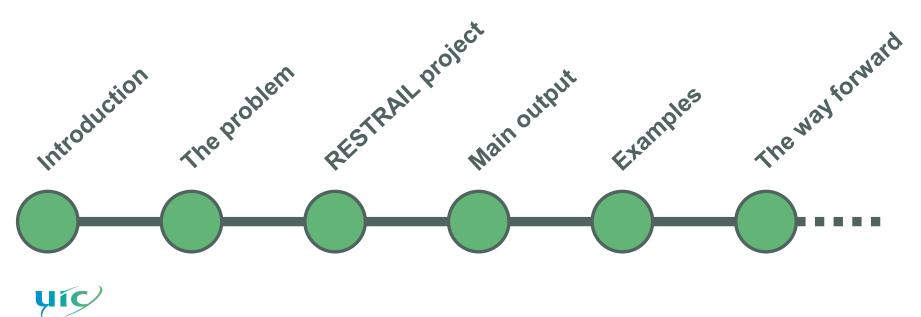
Permanently coping with railway suicide and trespass for a safer, more secure and more competitive rail transport: Lessons from the RESTRAIL project

Grigore M. Havârneanu, PhD

Research Advisor Fundamental Values Department – Security Division

The Danish Transport and Construction Agency's Safety Conference – Copenhagen, 28 October 2015

Overview



INTERNATIONAL UNION OF RAILWAYS

ųí¢

International Union of Railways (UIC)

- > Founded in 1922 in Paris
- > More than 230 members worldwide
- > Promotes the development of rail transport at global level

> Platform for:

Cooperation Research projects Dissemination Training Standards & recommendations

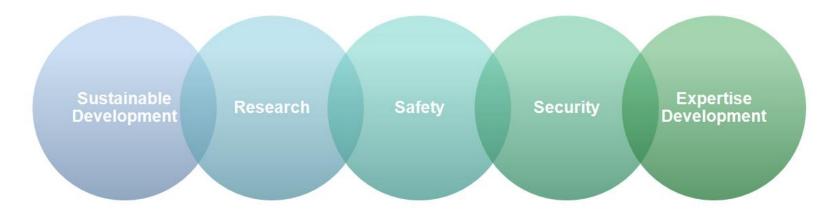
> www.uic.org





Inside UIC

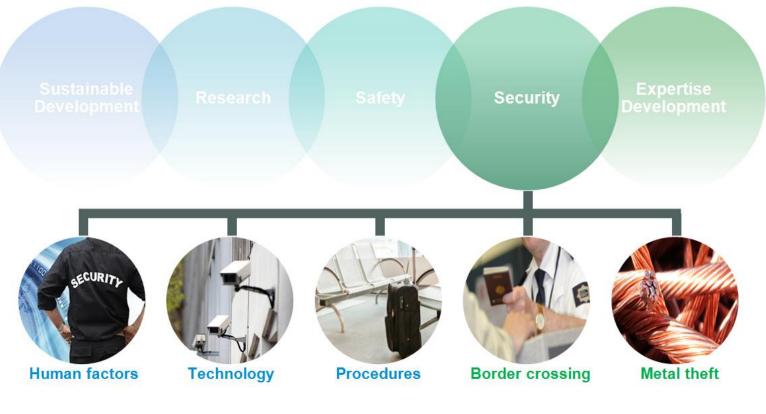
> Fundamental values department





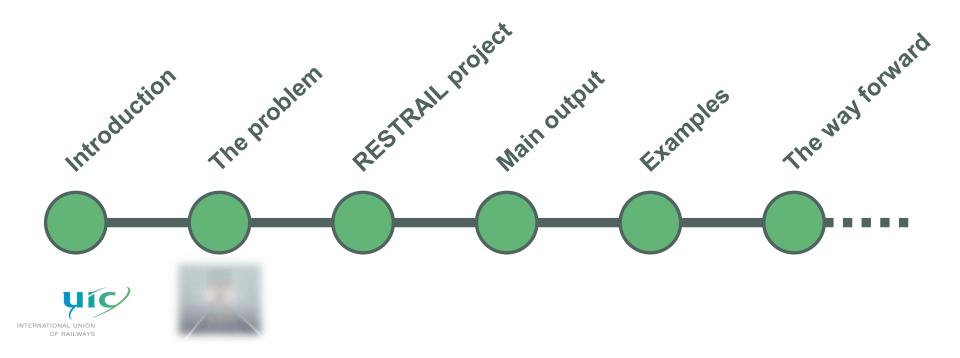
Security at UIC

> Global Security Platform and Steering Committee





Overview



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Background

> Train-person collisions (intentional / unintentional)

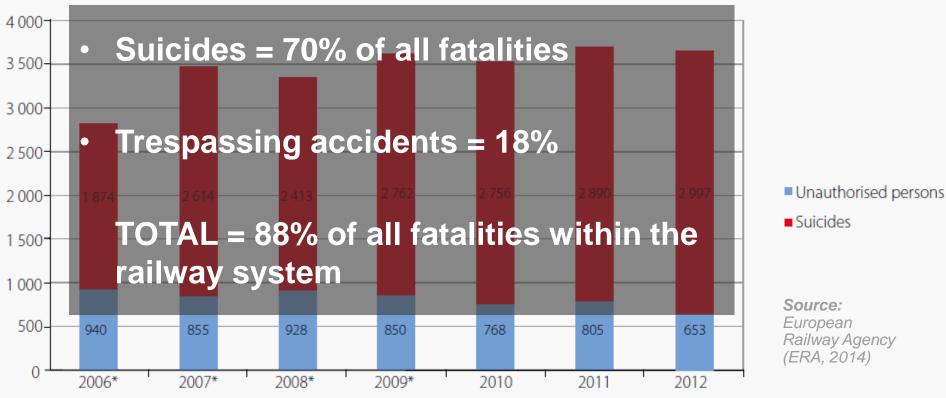


Figure 12: Unauthorised person fatalities and suicides on railway premises (EU-28 in 2006–2012) (14)

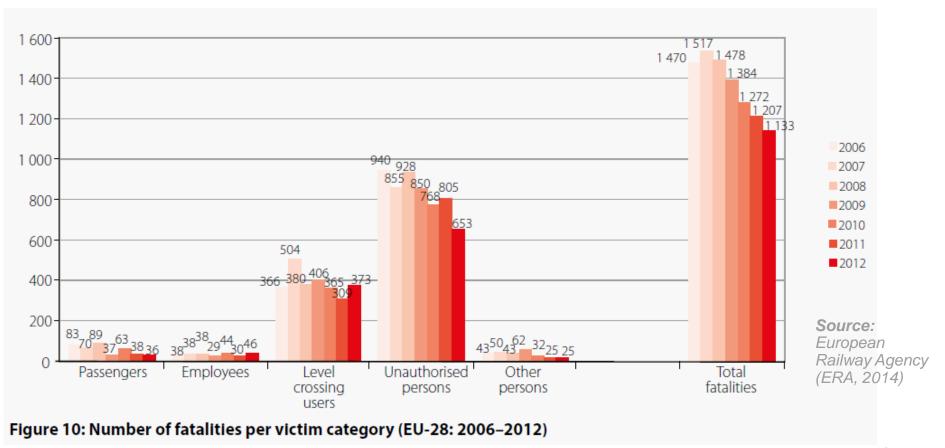






Accidents to persons

> Trespassing accidents = 61% of all accidents to persons



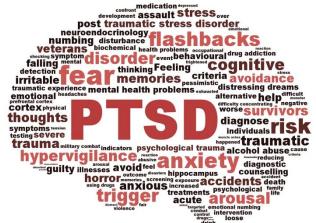
Consequences: psychological trauma

Train drivers (Briem et al., 2007; Farmer et al., 1992; Limosin et al., 2006)

70% need a sick leave of 4.4 days (Cothereau et al., 2004).

Railway staff, rescue employees and eye witnesses (Baumert et al., 2005; Mishara, 2007; Rådbo et al., 2005)

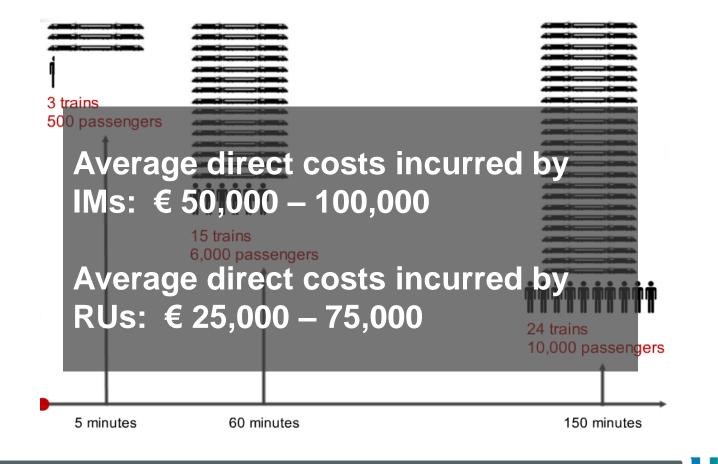






Consequences: quality of service (2)

> Average shut-down time: 120-240 minutes

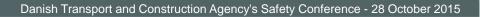


Consequences: passenger perception (3)

> The image of rail transport, attractiveness, feeling of security



> Both for suburban / commuter and high-speed contexts

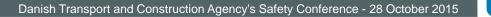




What is trespass?

- > Unauthorised (illegal) presence on the railway property (tracks, stations, trains...) & no injury intent
 - Crossing the tracks in illegal places (Silla & Luoma, 2009)
 - Walking across or along the tracks (Lobb et al., 2001)
 - Loitering close to the tracks (Savage, 2007)
 - Lying or sitting on tracks to rest or to socialize (Pelletier, 1997)
- > Error of perception, knowledge, judgement (Lobb et al., 2001, Ward & Wilde, 1995) OR deliberate rule violation (Freeman & Rakotonirainy, 2015)?

> Not all trespassing behaviours result in casualties



LC users when they violate the rules?

> Trespass between a LC and a nearby station platform



Why? Convenience

Shortcut (time saving, most attractive route) (e.g. Lobb et al., 2001; Robinson, 2003; RSSB, 2011; Silla & Luoma, 2009)

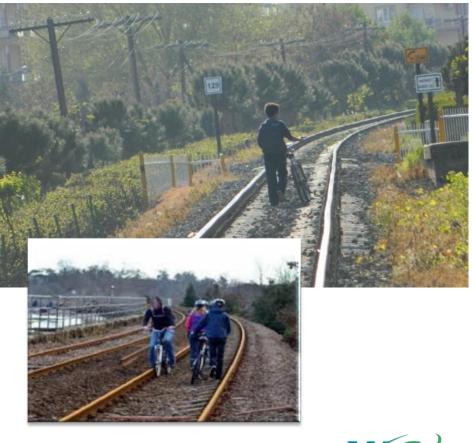




Why? Unconsidered risks

> Children and teenagers (playing, socialising, hanging around)





Why? Underestimated risks

- > Daring and adventurism, thrill-seeking (Nixon et al. 1985; Lerer & Matzopoulos, 1996) (e.g. "train surfing", "chicken")
- > Sensation seeking (Freeman & Rakotonirainy, 2015)



Why? Underestimated risks

> Homeless people looking for shelter





Why? Leisure

> Recreational purposes (e.g. tourists taking a walk)





Why? Taking photos and shooting movies

> Amateur and professional photographers and filmmakers

(e.g. Camera assistant killed during *Midnight Rider* crash; fitness trainers killed on tracks while filming workout video)





Why? Escape from controlled areas

> Migrants



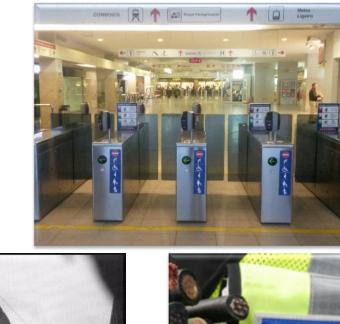




Why? Negative will (1)

- > Fraud, fare-dodging
- > Metal theft



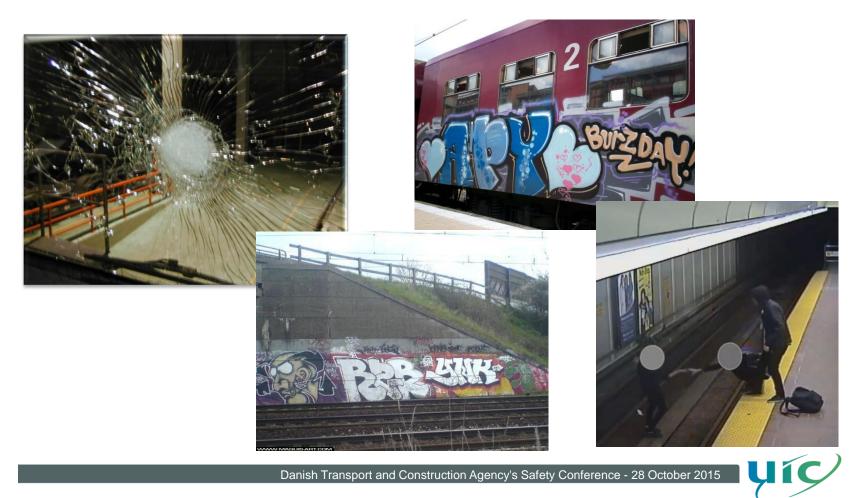




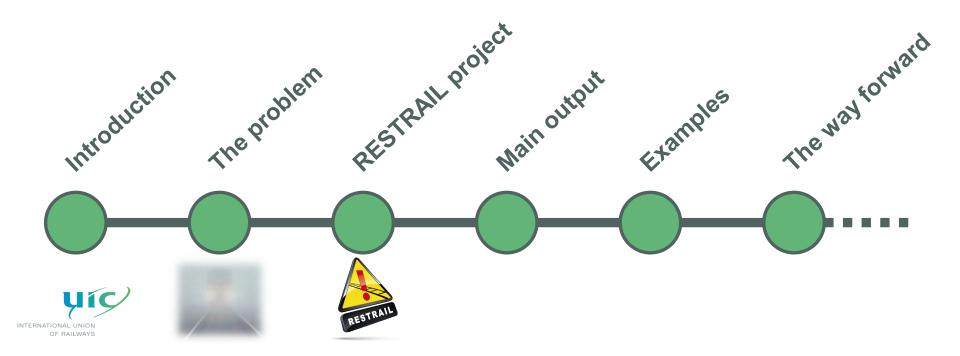
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Why? Negative will (2)

> Vandalism, graffiti (Offler et al., 2009; Thompson et al., 2012)



Overview







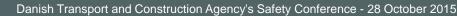


This project has received funding from the European Union's Seventh Framework Programme for research, technological development and demonstration under grant agreement no 285153

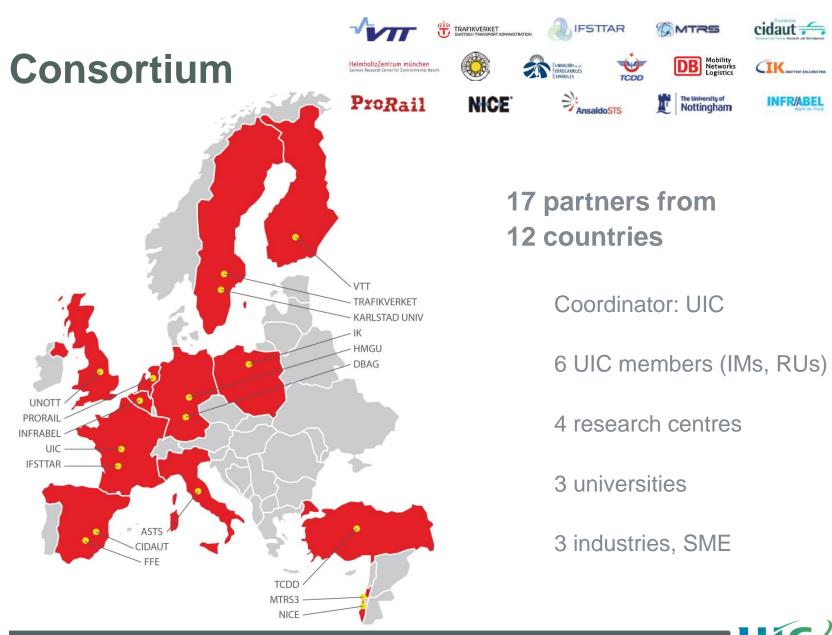
REduction of Suicides and Trespassing on the RAILways: A collaborative project

www.restrail.eu









Objectives

To help reduce





To provide

An analysis and identification of cost effective measures

Recommendations and guidance



Methodology

> Collection and analysis of data

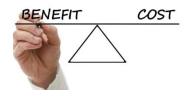
related to railway suicides and trespassing accidents (WP1)

> Assessment of measures to reduce railway suicides (WP2) and trespassing accidents (WP3)

 Mitigation of consequences by improving procedures and decision making (WP4)

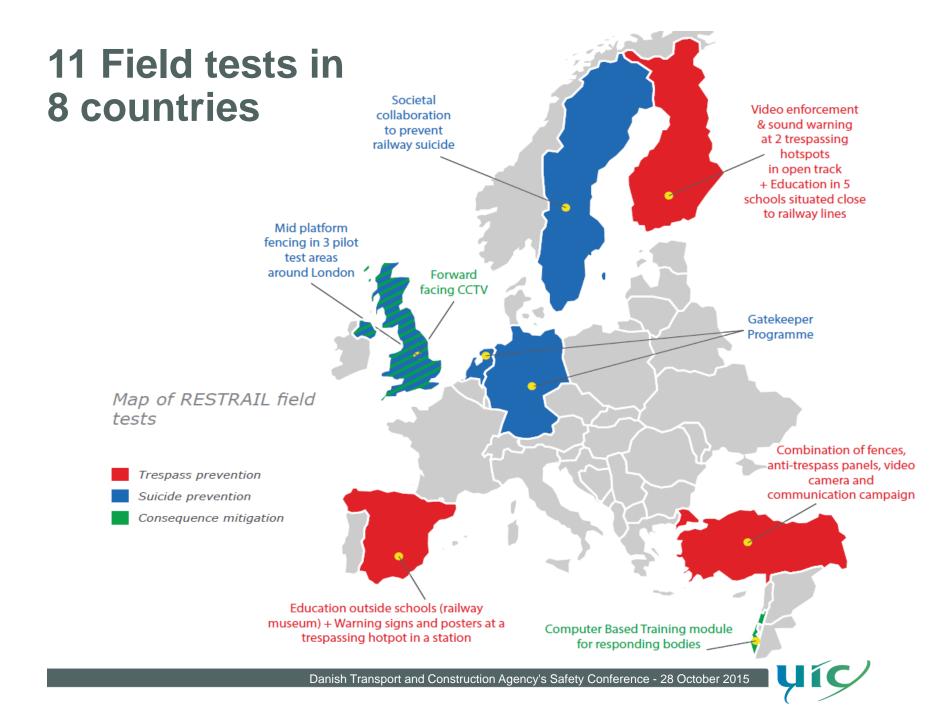
> Pilot field tests and evaluation (WP5)











Final outcome: the toolbox



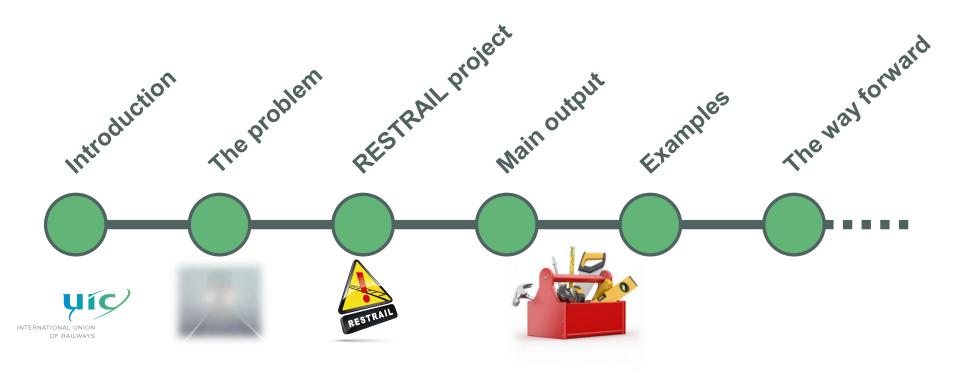
Paper version P (260 pages)

Practical guide (44 pages)

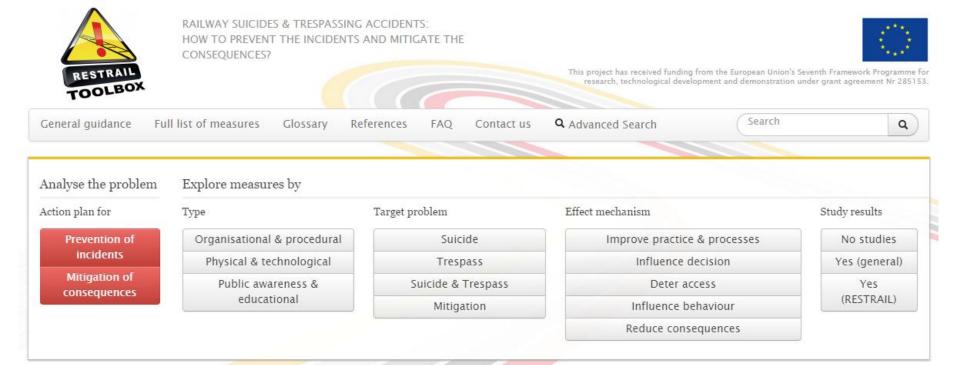
Website www.restrail.eu/toolbox



Overview







The RESTRAIL Toolbox is a problem-solving guide for implementation of measures to prevent railway suicides and trespassing accidents and to mitigate the post incident consequences. It is the main output of the RESTRAIL research project and it aims to be a helpful, intuitive and user-friendly tool. It summarises practical information collected and produced during the project (synthesis, guidelines, best practice, lessons learned and empirical evidence for effectiveness). The content also (...)

Read more



Links

- + European Commission: CORDIS: FP7
- + ERA European Railway Agency
- + Samaritans
- + Railway suicide prevention Canada

Latest updates

2014-09-16 PREVENTION ACTION PLAN

2014-09-16 CONSEQUENCES MITIGATION ACTION PLAN

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Events

2011–11–09 RESTRAIL – Kick–off Meeting 2012–06–14 RESTRAIL: Info Day 2013–06–13 RESTRAIL Mid–Term Conference 2014–04–28 RESTRAIL Final conference

Table of contents Background REST TOO Who can use this Toolbox Assumptions about end-users General guid Organisation of the Toolbox Evaluation and improvement Current and future versions Analyse the How to use the Toolbox Action plan fo Terms of use and copyright Prevent incid Please read the following introduction carefully before using the Toolbox. Mitigat consequ Background

Railway suicides and trespassing accidents represent 88% of all fatalities occurring within the railway system, resulting in more fatalities than train derailments and collisions together (ERA, 2014). They lead to human and economic consequences with considerable impact on the whole society. Beyond the human loss, suicide and

RESTRAIL research project and it aims to be a helpful, intuitive and userfriendly tool. It sum arises praction if formation collected and produced during the project (s) these, guides e for a transformed and empirical evidence for effectiveness). The content also (...)



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Read more

Railway suicide prevention Canada

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RAILWAY SUICIDES & TRESPASSING ACCIDENTS: HOW TO PREVENT THE INCIDENTS AND MITIGATE THE CONSEQUENCES?



This project has received funding from the European Union's Seventh Framework Programme for research, technological development and demonstration under grant agreement Nr 285153.

4 – Other features General guidance Il list of measures References Q Analyse the problem Explore measures by Target problem Action plant Effect mechanism Study results Type Specific guidance Organisational & procedural No studies on of Physical & technological Yes (general) 70 measures cross-classified on 4 criteria Reduce consequences

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Read more

RESTRAIL

TOOLBOX

All-in-one tool: Analyze problems Prevent incidents Mitigate consequences

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- + European Commission: CORDIS: FP7
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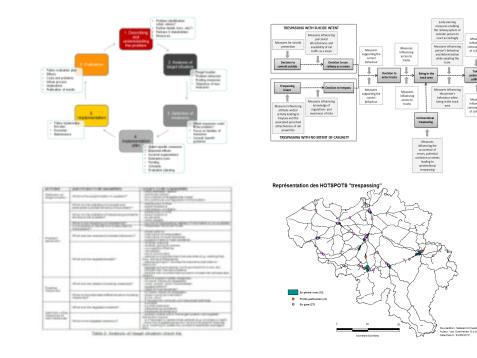
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Events

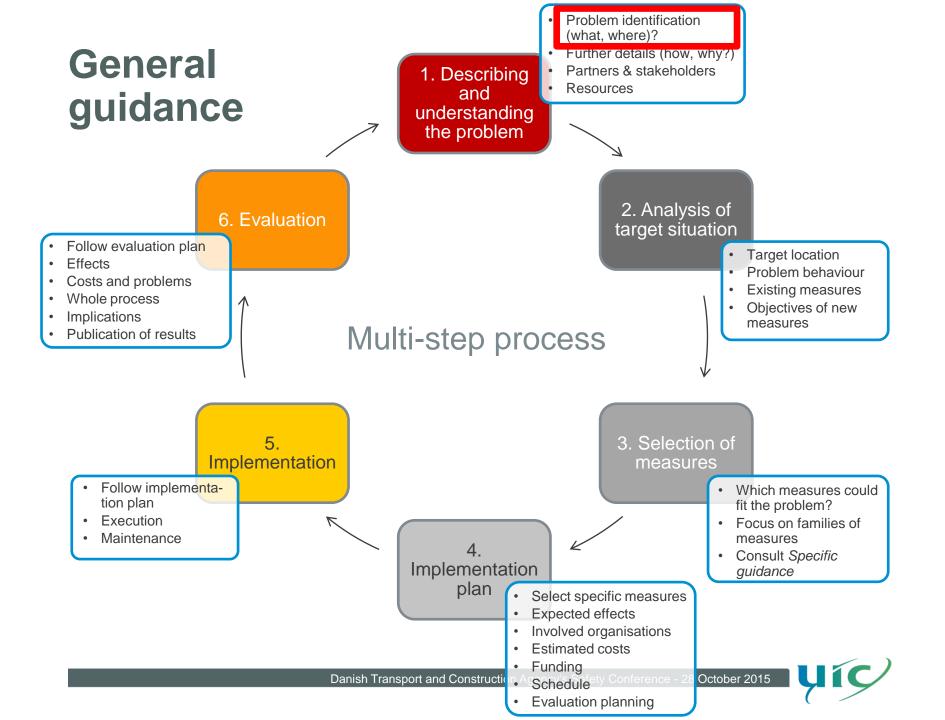
2011-11-09 RESTRAIL - Kick-off Meeting 2012-06-14 RESTRAIL: Info Day 2013-06-13 RESTRAIL Mid-Term Conference 2014-04-28 RESTRAIL Final conference

General guidance

Structures the problem analysis supporting the selection of the optimal intervention(s) and providing action plans







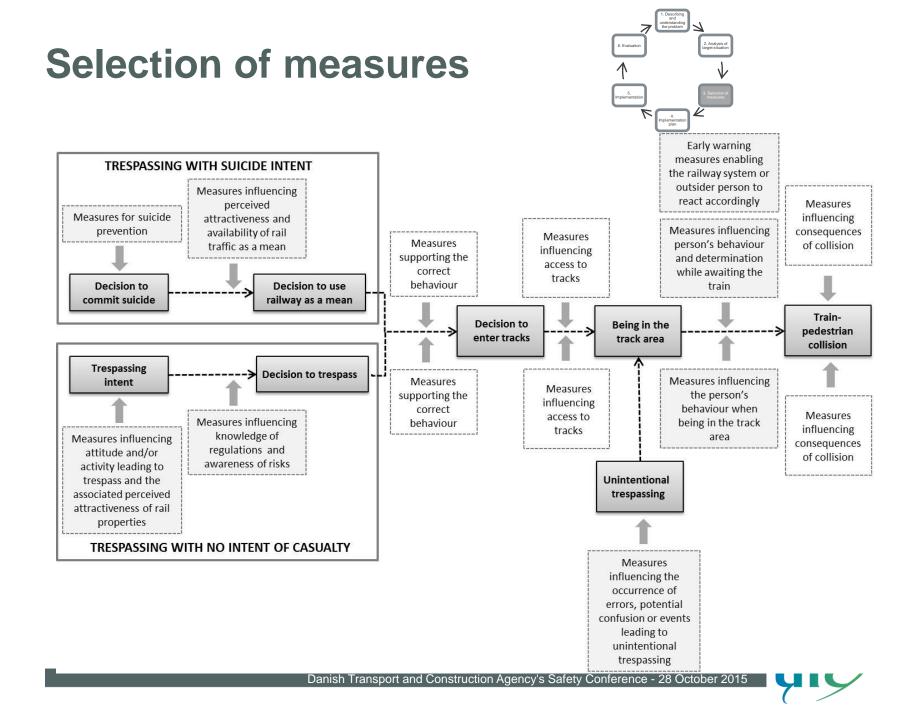
Checklist example



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Actions	Questions to be answered	Issues to be considered $\mathcal{F}_{\frac{4}{\text{trajentation}}}^{4}$
	What is the nature of the problem?	 suicides attempted suicides trespassing accidents trespassing behaviour
	Which are the motives of trespassing?	 trespassing with suicide intent shortcut, time saving graffiti / vandalism theft leisure, walking around / loitering
Identification of the	In which part(s) of the railway system does the problem occur?	 station (which platform, which part of the platform, etc.) marshalling yard railway line (open line) level crossing bridge tunnel some other location
problem	Where is the problem location?	preliminary identification of the locationlocation marked in a map

Danish Transport and Construction Agency's Safety Conference - 28 October 2015



Chain of events



Danish Transport and Construction Agency's Safety Conference - 28 October 2015

RESTRAIL	RAILWAY SUICIDES & TRESPAS HOW TO PREVENT THE INCIDE CONSEQUENCES?		This project has received funding	from the European Union's Seventh Framework Programm pment and demonstration under grant agreement Nr 285
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Analyse the problem Action plan for	Explore measures by Type	Target problem	Effect mechanism	Study results
Prevention of incidents	Organisational & procedura Physical & technological		pecific guida	
Mitigation of consequences	Publi700 meas	asures	ross-classified	

Read more



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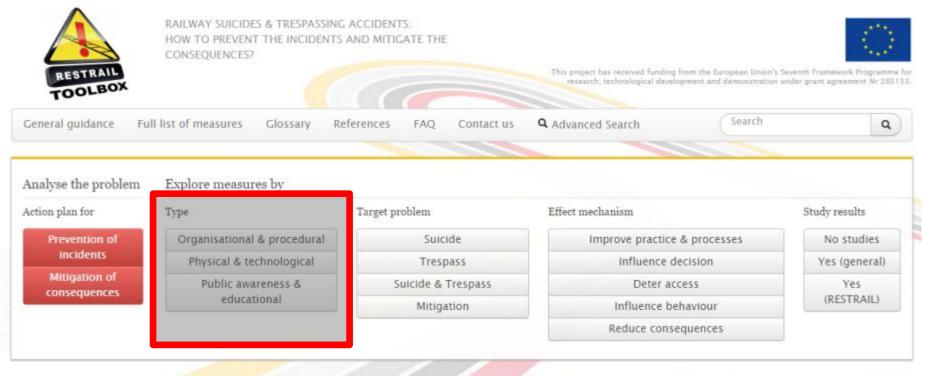
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ction plan for Prevention of		Target problem Suicide	Effect mechanism Improve practice &	processes	Study results No studies
ction plan for	Туре		3		
etion plan for Prevention of Incidents Mitigation of	Type Organisational & procedural	Suicide	Improve practice &	ision	No studies
etion plan for Prevention of Incidents	Type Organisational & procedural Physical & technological	Suicide Trespass	Improve practice & Influence dec	ision ss	No studies Yes (general)

Read more



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	O ENGINEERING OR TECHNOLOGY SUCH AS ON SYSTEMS, LIGHTING DEVICES, ETC.
8. Fences at stations	 8.1 Intermediate fencing between tracks 8.2 Mid platform fencing 8.3 Fencing platform ends 8.4 Sliding doors at platforms 8.5 Anti-trespass grids 8.6 Symbolic deterrent fencing
9. Fences outside stations	 0.1 Fencing at hotspots 0.2 Nets at bridges 0.3 Fencing off objects close to the tracks 0.4 Measures to soil clothes
10. Landscaping	10.1 Removal of vegetation to increase visibility
11 betection and surveillance systems	11.1 Intelligent CCTV combined with sound warnings 11.2 Detection systems combined with sound warnings
12. Lighting devices to influence behaviour	12.1 Dispelling light source 12.2 Lighting linked to a movement sensor 12.3 Tracking spotlight linked to a movement sensor
13. Light to increase visibility at horspots	13.1 Increased visibility by lighting at specific identified hotspots
14. Stifety and emergence evices at stations	 14.1 Emergency information at stations to ensure rapid intervention 14.2 Information encouraging help seeking for people with suicide intent Plating to the incident location and access ormation, including third party t sponse actions ing CCTV

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	15. Incident management and information platform	 15.1 Geo-data relating to the incident location and access points 15.2 Incident information, including third party involvement 15.3 Essential response actions
	16. Forward facing CCTV	16.1 Forward facing CCTV

Specific guidance: content structure

Tracking spotlight linked to a movement sensor

Description

What does this measure refer to and what is its objective?

CRECOMMENDATIONS Best practice and lessons learned

A Warning points Expected difficulties and issues you should pay attention to

Q Observations Other points that you should not forget

• Study results Data or other evidence supporting the measure's effectiveness

Gallery

Attached documents

Type of measure:	
Physical and technological	
Target problem: Suicide	
Effect mechanism:	
Influence behaviour in track area	
Evaluation studies: Yes	
	_
Select another measure in this family	-
Dispelling light source	
Lighting linked to a movement senso	r
Tracking spotlight linked to a mover	nent s

Home / Families of measures / Lighting devices to influence behaviour / Tracking spotlight linked to a movement s

12.3 Tracking spotlight linked to a movement sensor

Description

What does this measure refer to and what is its objective?

This measure refers to technology to influence people at risk by motion sensitive lighting combined with movement tracking spotlights. This measure is used as a sudden lighting system with tracking of the person. Useful for situations in which technology can be used to provide a warning to people who move into an area that they should not enter, or behave in a way that places them at risk, with the intention of influencing the person to modify their behaviour and move to a place of safety.

Recommendations

Best practice and lessons learned

🛆 Warning points

Expected difficulties and issues you should pay attention to

Q Observations

Other points that you should not forget

Study results

Data or other evidence supporting the measure's effectiveness

12.3 Tracking spotlight linked to a movement sensor

Description

What does this measure refer to and what is its objective?

C Recommendations Best practice and lessons learned

- Check the laws on human integrity in your country before making the plans.
- Check if you have a higher number of suicides during night time.
- The sensor needs to be able to react only to persons who are in its range.
- The effect will increase when combined with a follow-up measure as surveillance or sound warnings.
- Make sure there are no obstacles within the range of the tracking light behind which persons can hide.

A Warning points Expected difficulties and issues you should pay attention to

Q Observations

Other points that you should not forget

Study results

Data or other evidence supporting the measure's effectiveness

12.3 Tracking spotlight linked to a movement sensor

Description

What does this measure refer to and what is its objective?

Recommendations

Best practice and lessons learned

A Warning points

Expected difficulties and issues you should pay attention to

- Blinding of train drivers by lights and interference with signal aspects should be prevented.
- Be aware that light pollution can cause acceptance risks with neighbours and nature conservation organisations. Communicate before installing. Maybe not to be used in rural nature areas because of light pollution. For further details on how to reduce light pollution you may check: http://www.sustainablefairfax.org/content/view/321/27/
- Impact of the spotlights for the people living in the direct environment could be an issue. For dispelling light sources there can be problems with national laws on human integrity.
- Effective only during night time.

Q Observations

Other points that you should not forget

O Study results

Data or other evidence supporting the measure's effectiveness

FAQ

Contact us

Q Advanced Search

References (APA citation style)

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Baumert, J., Erazo, N., Ruf, E., & Ladwig, K. H. (2008). Time trends in suicide mortality vary in choice of methods an analysis of 145,865 fatal suicide cases in Germany 1991–2002. Social Psychiatry Psychiatric Epidemiology, 43, 913–919.

in the number of (Matsubayashi et al.,

in preventing railway (Ichikawa et al.,

to the retina, called e light with molecules conditions. Studies etina are based on plogical conditions is poses induces any

will require much

e results at suicide the number of 3 pilot locations ase of 31%. Due to n place and further

Study results

Data or other evidence supporting the measure's e

- In Japan, introduction of blue LED li suicides between 2 2012).
- The installation of suicides at night, would have a muc 2014)
- Visible light of short wavelength (bl blue-light hazard. This blue light ha constituting the retina or accumulat indicating a blue light hazard withir animal experiments. The relevance not very clear. In general, the proba acute pathologic conditions is low (
- Other literature suggests that once more than a barrier or a blue light t
- Anti-suicide lighting is used in The hotspots. ProRail started to evaluate incidents were counted, before and there was a decrease of 30%, 80% as the limited data it is not yet possibl evaluations will be made after a lon

Glossary

ADIF: ADministrador de Infraestructuras Ferroviarias (Spanish Infrastructure Manager) ASTS: Ansaldo STS ATOC: Association of Train Operating Companies **BTP**: British Transport Police CAEX: CAPital Expenditure CAST: Campaign Awareness raising STrategy CBA: Cost-Benefit Analysis CBT: Computer Based Training CCTV: Closed Circuit Television CEA: Cost-Effectiveness Analysis CIDAUT: Foundation for Transport and Energy Research and Development (Spanish: Fundación p DB: German Railways (Deutsche Bahn AG) EMS: Emergency Medical Services ERA: European Railway Agency FFCCTV: Forward Facing Closed Circuit Television FFE: Spanish Railway Foundation (Spanish: Fundación de los Ferrocarriles Españoles) FHPSD: Full-Height Platform Screen Door FLIR: Forward looking infrared (camera) GIS: Geographic Information System GSM-R: Global System for Mobile Communications - Railway HHPSD: Half-Height Platform Screen Door HMGU: Helmholtz Zentrum München, GmbH (German Research Center for Environmental Health IFSTTAR: French institute of science and technology for transport, spatial planning, development l'aménagement et des réseaux) IK: Instytut Kolejnictwa of Poland IMS: Infrastructure Managers **INFRABEL**: Belgian infrastructure manager IP Important Point

12.3 Tracking spotlight linked to a movement sensor

Description

What does this measure refer to and what is its objective?

 Recommendations Best practice and lessons learned

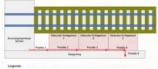
A Warning points Expected difficulties and issues you should pay attention to

Q Observations Other points that you should not forget

Study results Data or other evidence supporting the measure's effectiveness

Gallery







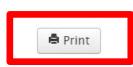












Type of measure:	
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Physical and technological

Target problem: Suicide

Effect mechanism:

Influence behaviour in track area

Evaluation studies: Yes

Select another measure in this family

.

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Select another family

last update: 2014-09-22

Other examples





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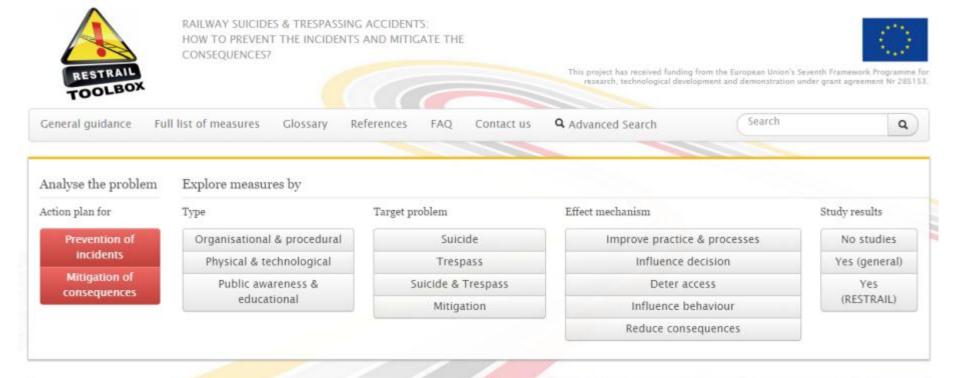
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Voorkom simplificatie Beschrijf suicide nooit als oplossing van een probleem. Leg evennin een direct verband met één enkele oorzaak of gebeurtenis. Suicides hebben vaak een lange voorgeschiedenis, waarbij meerdere factoren meespelen. Bied achtergrondinformatie lik meenwaarde heeft Geef bij de algemene berichtgeving over suidde goede achtergrondinformatie. Noem bijvoorbeeld de landelijke n nieuwsitem, kies dan en die direct verwijzen iende trein of een strip achtergrondinformi hulplijn 113 Online. medicine 'BN-ers': kijk extra uit acy SOS rvan de overledene en familieleden lopen een ede doardat zij kunnen begrip of schuldgevoel. s over de suïcide of de bij hen extra hard aan. Wees bij de berichtigeving over een suikide van een bekende persoon edra voorzichtig en terughoudend. In dat geval kunnen attkelen en reportages namelijk een nog grottere inpract hebben op suikidale mensen en leiden tot imitatlegedrag. Benoem dat hulp helpt nnen wbare informatie is te

In Nederland hebben jaarlijks naar schatting zo'n helf miljoen mensen suicidale gedachten. Meer dan 99% van hen weet zich te redden met hulp van hun omgeving of een professionel. Hulp zoeken werkt dus echt. Door dit te benoemen help je het aantal suicides te verminderen! de onderwerpen, zoals h het Trimbos-instituut, um Angst & Depressie van de Ven Stichting.

Geen details

Danish Transport and Construction Agency's Safety Conference - 28 October 2015



Read more

All-in-one tool:

Analyze problems

Prevent incidents

Mitigate consequences

Links

- + European Commission: CORDIS: FP7
- + ERA European Railway Agency
- Samaritans
- Railway suicide prevention Canada

Latest updates

2014-09-16 PREVENTION ACTION PLAN 2014-09-16 CONSEQUENCES MITIGATION ACTION PLAN

2014-09-16 Overview

Events

2011–11–09 RESTRAIL – Kick-off Meeting 2012–06–14 RESTRAIL: Info Day 2013–06–13 RESTRAIL Mid-Term Conference 2014–04–28 RESTRAIL Final conference



Read more



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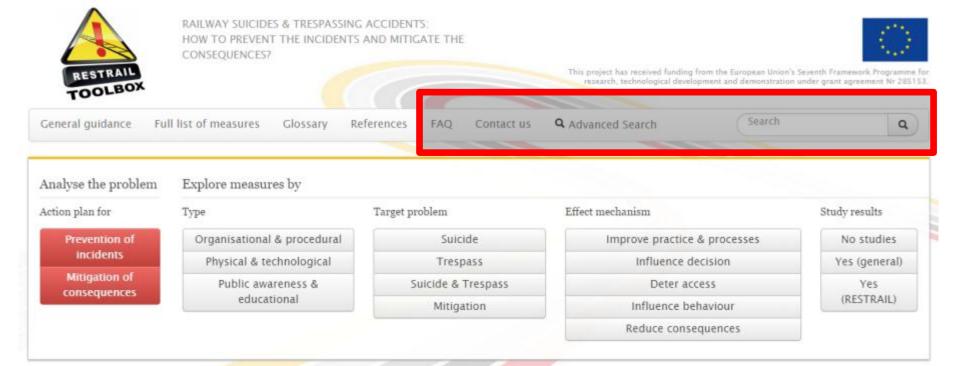
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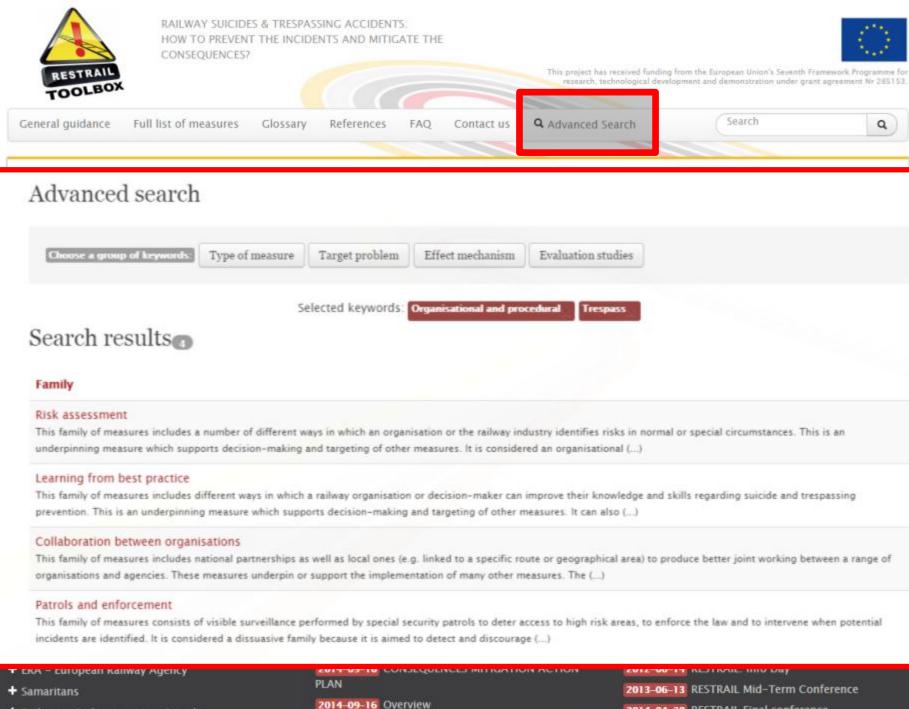
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 RESTRAIL: Info Day

 2013-06-13
 RESTRAIL Mid-Term Conference

 2014-04-28
 RESTRAIL Final conference



Railway suicide prevention Canada

2014-04-28 RESTRAIL Final conference

Toolbox strengths

- > Systematic development
- > Practical & scientific orientation
- > Complex but user-friendly content
- > Paper- & web-based format
- > Advanced search based on keywords
- > Easy referencing & printing
- > Interface adjusts to any tablet or smartphone
- > Feedback submission system





Issues to improve

> Imbalanced content

 Little information or weak evidence (for some of the measures)

> Combination of measures

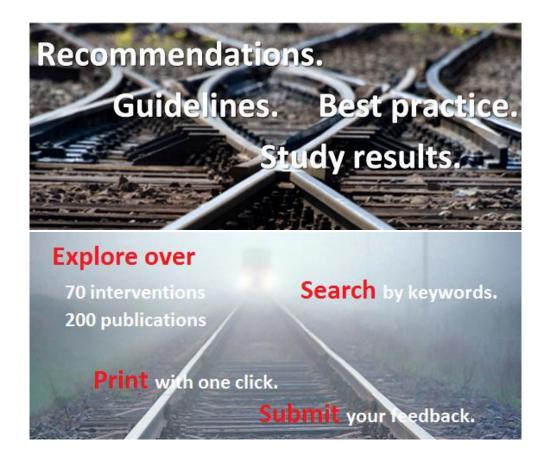
No clear guidance

> Galleries & attachments

More examples

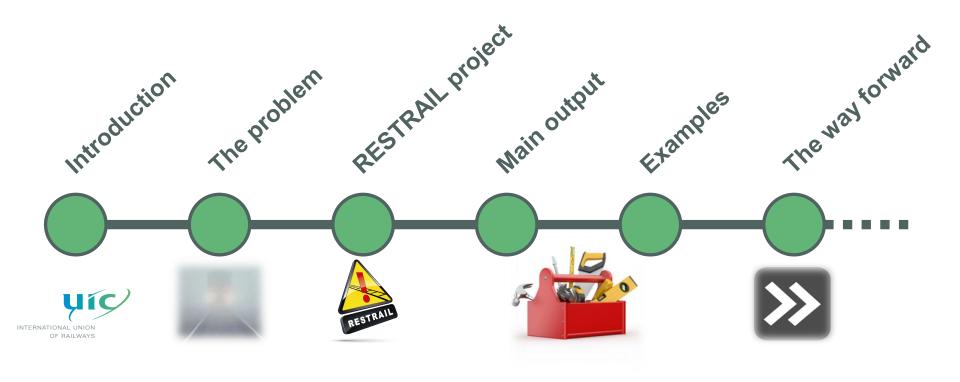
> Design

More ergonomic, new features





Overview





Final conference (18 September 2014, Paris, UIC HQ)

- > 80 participants from EU, USA and Australia
- > RESTRAIL success story
- > Overview of results & feedback
- > Discussion about the further exploitation of the results



Next steps

> International Union of Railways (UIC)

- Hosting, maintaining and updating the toolbox
- Organisation of workshops
- Dissemination



- More elaborated and long-term field tests
- Develop current measures & add new ones
- Develop the toolbox to include LCs



Major events since the end the of the project

- 2014/11 European Level Crossing Forum (Rome, Italy)
- > 2014/12 Trafikverket workshop (Stockholm, Sweden)
- 2015/09 Workshop during the 5th International Rail Human Factors Conference (London, UK)
- 2015/10 Danish Transport and Construction Agency's Safety conference (Copenhagen, Denmark)
- 2016/04 Transport Research Arena Conference (Warsaw, Poland)
- > 2016/05 World Congress of Railway Research (Milan, Italy)
- > ...and counting

New ongoing field trials

> Anti-trespass panels

- evaluated in France by SNCF in several locations (results expected in April 2017)
- evaluated in Belgium by INFRABEL in several locations

> Anti-suicide blue lights

- evaluated in Belgium by INFARBEL
- evaluated in Great Britain by Network Rail

> Intelligent detection systems

- video cameras + sound warning speakers evaluated in the Netherlands by ProRail
- thermal cameras evaluated in Belgium by INFRABEL

> Platform screen doors (PSD)

several different types tested in the Stockholm metro system

RAILSEC proposal

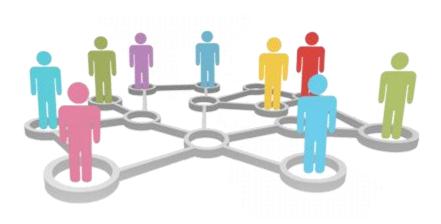




COST is supported by the EU Framework Programme

COST Association Avenue Louise 149 I 1050 Brussels, Belgium t: +32 (0)2 533 3800 l f: +32 (0)2 533 3890 office@cost.eu I www.cost.eu

- > RAILSEC ("Knowledge and skills for railway security: Enhancing prevention of suicide and trespass")
- > Submission under review





Way forward

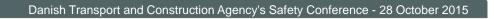


> Formal continuation within the EU

> ERA project 1.5 – Improving safety performance

Since April 2015 – Research programme on use of behavioural techniques to reduce fatality rates in suicide/unauthorised person categories

> Periodic workshops on reporting and preventing suicides on railway premises



Further inquiries

Website www.restrail.eu

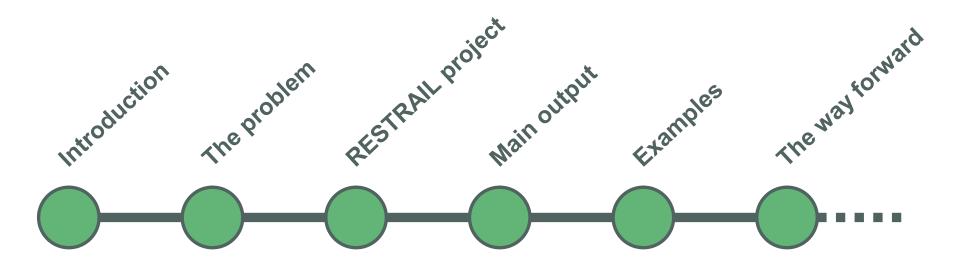
Toolbox www.restrail.eu/toolbox

Private workspace https://ovidentia.uic.org





Thank you for your kind attention!



Contact: <u>havarneanu@uic.org</u>



Danish Transport and Construction Agency's Safety Conference - 28 October 2015