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GYMNASTICS AUSTRALIA ANNUAL REPORT 2016

# VALUES LEADERSHIP TEAMWORK RESPECT EXCELLENCE **INTEGRITY**

### Vision

Enriching lives through Gymnastics.

### Mission

To promote, develop and grow Gymnastics for the enjoyment of all.

### **Performance Indicators**

- 175,000 Gymsport participants.
- A podium performance at the 2016 Olympic Games.

### **Strategic Priorities**

| Engage & Enthuse | We will improve Gymnastics' visibility and 'share of voice' to reach and better engage with the Gymnastics family and the general community.              |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Enable           | We will improve the capability of Gymnastics providers to deliver quality services and experiences to participants.                                       |
| Excel            | We will identify and develop talent that will deliver podium performances for Australia at the Olympic Games, World Championships and Commonwealth Games. |
| Endure           | We will build a sustainable business model to ensure the long-term future for Gymnastics Australia.                                                       |

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From its inception in the late 1800s the sport of Gymnastics has formed the basis of many Australians fundamental movement skills, while also enriching and energising bodies for life. Having revolutionised significantly since this time, Gymnastics Australia (GA) has worked collaboratively with our Member Associations to achieve unified success. The 2015-2016 financial year bought plentiful success for GA in the areas of junior participation, membership, education and affiliation for which will be the foundation for future podium success.

The Gymnastics Australia Board of Directors are very proud of the programs and initiatives we have established and invested in with the support of the States and Territories to ensure the sustainability and accessibility of our sport. Our programs received National recognition through the Australian Sports Commission AusPlay Participation Data For the Sport Sector report this financial year. Conducted from October 2015 to September 2016, the report aims to provide insight into the participation growth, trends and program delivery in alignment with government investment. With 3.2 million children participating in a form of organised sport outside of school hours, Gymnastics ranked fourth in the top 20 activities, whilst nearly 12% of the female population under the age of 12 years are engaging in Gymnastics outside of school hours. This is a credit to the work completed through the Sporting Schools, Participation and High Performance departments.

In 2016 GA and our Member Associations undertook a thorough review of the existing High Performance structure after having failed to qualify a Women's Artistic team and an individual athlete for the Men's Artistic competition at the Olympics Games in Rio de Janeiro. This review outlined a need to better educate, train and communicate with our athletes, coaches and administrators to ensure that podium performances are repeatedly delivered. It will be through the development of coach and support staff capability as supported through an effective and realistic performance pathway, that Australia can look to be in Benchmark Event (BME) medal contention. Despite the disappointment that the Women's team and Men's individual athlete did not qualify for the Games of the XXXI Olympiad, Australia was still well represented in Rio with Larrissa Miller in Women's Artistic Gymnastics, Danielle Prince in Rhythmic Gymnastics and Blake Gaudry in Men's Trampoline Gymnastics. All three acquitted themselves well with Larrissa 30th on Uneven Bars and 67th on Floor, Danielle finishing 25th All-Around, and Blake finishing 13th.

For the betterment of the sport, our current and future participants, volunteers, and the wider community, GA will be working in collaboration with our Member Associations to achieve stronger alignment moving forward. Success will be measured through National participation growth, increased customer satisfaction, and participant retention and recall, through strong brand alignment. Gymnastics will look to build on the significant growth of the sport in 2016 that saw registration nationally pass 199,000 active members supported by a further 618,000 participants in the sport's 550+ clubs nationally. We will continue to aim to consistently advocate strongly in the junior sport market, as well as the development of valuable partnerships with respective education, sport and health sectors that will highlight the benefits of gymnastics to developing children with their physical literacy skills setting them up to be physically active throughout their life.

This financial year also saw GA secure the hosting of a stop on the International Gymnastics Federation's (FIG) Artistic Gymnastics Individual Apparatus World Cup Series, from 2017 to 2020. Importantly the 2019 and 2020 World Cups will be Olympic qualifying events ensuring that we provide an opportunity to our athletes to compete in these important events at home, whilst also providing a great opportunity to raise the profile of the sport. Together with GA securing the broadcast rights to all six Gymsports, as well as the broadcast rights to the 2019 Gymneastrada, we look forward to being able to raise the profile of all aspects of Gymnastics over the next four years.

To become the leading developer of Gymnasts worldwide, there is an inevitable need to produce an increased number of highly valuable and educated coaches, judges, volunteers and administrators. With the delivery and service of our sport being influenced only by education, resources across all educational facets of the sport will be reviewed. With a close focus to be upon States, Clubs and individual education, the aim to improve club satisfaction will be obtained. Such satisfaction will be heavily assisted by the implementation of our new online affiliation platform and renewed financial processing. These critical investments truly highlight the consistent focus Gymnastics in Australia has upon member retention and will be looking to build upon the service of our participants in 2021.

Together, we would like to formally welcome Mr Sam McKay as the incoming President of the Gymnastics Australia Board of Directors. Sam has a significant corporate background and is looking forward to the opportunities and challenges that lie ahead for Gymnastics IN Australia.

We are grateful to those integral stakeholders who make our sport a success. We wish to thank the Australian Sports Commission for their support through 2015 -2016 and ongoing support through to 2017. To our outstanding partners and sponsors for which without their contribution and friendship, the sport of Gymnastics would not be where it is we express our thanks.

We would also like to recognise the Gymnastics Australia Directors for their ongoing guidance, friendship and trust as we work towards making Gymnastics Australia an industry leader. We would particularly like to acknowledge Frances Crampton who stepped down from the Board in May 2016. Her contribution to the sport in various roles is acknowledged by her already being a Life Member of Gymnastics Australia, and we look forward to her continued contribution to the sport in the years to come.

We would also like to acknowledge George Tatai who has been Australia's representative on the FIG Council for the past eight years, and finished up his term at the 81st FIG Congress held in Tokyo in October 2016. George has been a contributor to the sport of Gymnastics in Australia at Club, State, National and International level over the past 30 years, and his commitment and passion to drive the growth and progress of Gymnastics in Australia has been valued.

To the Gymnastics Australia leadership team and staff, without your tireless efforts as such strong leaders the whole of sport approach could not be achieved – we thank you for your work. "Gymnastics will look to build on the significant growth of the sport in 2016 that saw registration nationally pass 199,000 active members supported by a further 618,000 participants in the sports 550+ clubs nationally."

We wish to thank all Member Association State and Territory Presidents and State Executives for the work you undertake in ensuring the development of our sport. We look forward to continuing our relationship into 2017 and beyond.

It is also important to acknowledge the dedication and commitment of the entire GA staff and National Commissions, whom provide support to all of our Member Associations, Clubs and athletes, and who continue to lead by our values.



**Jacqui Weatherill** President (- Dec)



Mark Rendell CEO, Gymnastics Australia

# **Strategic Plan Outcomes**

|                     | No | 2016 BENEFICIARY PERFORMANCE INDICATOR                                                                                                                                                                                                                                                    | Rating       |
|---------------------|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
|                     | 1  | 175,000 Gymsport Participants                                                                                                                                                                                                                                                             | Achieved     |
|                     | 2  | A podium Performance at the 2016 Olympics                                                                                                                                                                                                                                                 | Not achieved |
| illar               | No | 2013-2016 PERFORMANCE MEASUREMENT (GOALS/KPI)                                                                                                                                                                                                                                             | Rating       |
|                     | 1  | Increase total registered Gymsport participation from 144,659 to a minimum of 175,000.                                                                                                                                                                                                    | Achieved     |
| THUSE               | 2  | Increase market share in organised sport for girls from 8% to 9% and boys to 3% measured by 0-12 girls growing from 92,400 to 112,000 & boys from 36,500 to 42,000.                                                                                                                       | Achieved     |
| E & EN <sup>-</sup> | 3  | Findings from the annual survey of Members are implemented, and measured by an 85% satisfaction rating.                                                                                                                                                                                   | Not achieved |
| ENGAGE & ENTHUSE    | 4  | Gymnastics is recognised as the primary provider of fundamental movement programs measured by Gymnastics being one of the top 3 requested sports in the Sporting Schools program.                                                                                                         | Achieved     |
|                     | 5  | Oceania Gymnastics Union constituted with a minimum of 5 members. 3 workshops conducted for female coaches, judges, administrators (n=90) in Thailand, Malaysia and Singapore.                                                                                                            | Achieved     |
|                     | 1  | Increase the number of Technical Members by 1,200 (from 4,328 to 5,528).                                                                                                                                                                                                                  | Achieved     |
|                     | 2  | Full implementation of new coach education framework.                                                                                                                                                                                                                                     | Achieved     |
| ENABLE              | 3  | 85% satisfaction rating from the Gymnastics workforce (coaches and judges) regarding the coaching and judging frameworks.                                                                                                                                                                 | Achieved     |
| N<br>N<br>N         | 4  | Full implementation and adoption by Clubs of the new club quality assurance program – 100% of clubs to hold Club 10 accreditation.                                                                                                                                                        | Achieved     |
|                     | 5  | Full implementation of the National CRM platform and competition management system, with 100% of affiliated clubs registering their members via the CRM and at least 2 states trialling the online booking system.                                                                        | In progress  |
|                     | 1  | Win medals at BME:<br>– Min 1 medal at 2016 Olympics<br>– Min 10 medals at 2014 Commonwealth Games<br>– Min 2 World Championship medals (2013/14/15)                                                                                                                                      | Not achieved |
| ᇳ                   | 2  | World class talent identification program established for all Olympic Gymsports providing talent platform for medal success at benchmark events from 2017-2024.                                                                                                                           | Achieved     |
| EXCEL               | 3  | Successful talent transfer program implemented providing talented athletes opportunities in alternative Gymsports and other Olympic sports, measured by 20% increase in state HPCs, 20% increase in diving HPC programs and 50% of aerial skiing development squad being former gymnasts. | Achieved     |
|                     | 4  | HP investment for the 2020 Olympic cycle secured.<br>Draft HP strategy for 2024 and beyond delivered to HP stakeholders.                                                                                                                                                                  | In progress  |
|                     | 1  | MOU implemented that outlines an agreed strategic direction and the roles and responsibilities for GA and it's State and Territory organisations.                                                                                                                                         | Achieved     |
| ۳                   | 2  | Implement the recommendations from the membership review.                                                                                                                                                                                                                                 | In progress  |
| ENDURE              | 3  | The National Event Strategy delivering a minimum of \$50,000 of GA's net revenue PA.                                                                                                                                                                                                      | Achieved     |
|                     | 4  | GA recognised by the cheerleading community as the peak body for Cheerleading by ASC and ICU.                                                                                                                                                                                             | Achieved     |
|                     | 5  | Grow the number of Gymnastics providers that are part of GA by 20%.                                                                                                                                                                                                                       | Not achieved |

|                  | No | OUTCOME                                                                                                                                                                                          |
|------------------|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                  | 1  | As per Engage & Enthuse #1                                                                                                                                                                       |
|                  | 2  | As per Excel #1                                                                                                                                                                                  |
| Pillar           | No | OUTCOME AS AT 31/12/2016                                                                                                                                                                         |
|                  | 1  | Members as at 31/12/2016 were 199,299.                                                                                                                                                           |
| THUSE            | 2  | In the new AUSPlay Survey, 7.4% of the total population parti<br>against all other sports. In Girls sport it is 11.8% and ranked 4<br>other sports.                                              |
| ENGAGE & ENTHUSE | 3  | Club Satisfaction 66% (2013) - 77% (2016)<br>Value for Money of Affiliation 36% (2013) - 46% (2016) source                                                                                       |
| INGAG            | 4  | Gymnastics remains each term the 1st or 2nd most requested                                                                                                                                       |
|                  | 5  | 3 Oceania countries affiliated with the FIG - Fiji, American Sam<br>held. Three workshops conducted successfully in Thailand, Ma                                                                 |
|                  | 1  | Total number of technical members at the end of 2016 was 6,                                                                                                                                      |
|                  | 2  | All levels have been launched and courses have been delivered where we have insufficient numbers to deliver a course. Advan                                                                      |
| ENABLE           | 3  | 86.2% is satisfaction rating for all online accreditation courses                                                                                                                                |
| EN               | 4  | The new Club 10 program has been launched and implement                                                                                                                                          |
|                  | 5  | National CRM Platform has been implemented but Online Eve                                                                                                                                        |
|                  | 1  | 2014 Commonwealth Games - 4 silver medals, 2013 TRP Wor                                                                                                                                          |
| Ē                | 2  | Team Future program, IDEAL skills and the Virtual Athlete Trac                                                                                                                                   |
| EXC              | 3  | All achieved via the Spin to Win project.                                                                                                                                                        |
|                  | 4  | Following the outcomes of the Board of the ASC, the HP Inves<br>It is not likely that GA will know their investment allocation un<br>2024 and beyond will be based on the recommendations of the |
|                  | 1  | In 2014 an agreement was reached between State CEO & GA                                                                                                                                          |
| Ä                | 2  | The membership review has commenced and continues into 2                                                                                                                                         |
| ENDURE           | 3  | Increase in door takings \$155k (2013), \$189k (2014), \$244k (<br>Grants \$0 (2013), \$80k (2014), \$155k (2015) , \$225k (2016)                                                                |
|                  | 4  | Gymnastics Australia are the National Governing Body for Che                                                                                                                                     |
|                  | 5  | Club growth has gone from 532 to 565 (+33) from 2013 to 2                                                                                                                                        |

ticipated in gymnastics after school, which ranks gymnastics 4th 4th. Boys it is 3.3% of the population and ranked 10th against all

ce: Club Research 2016

program since the inception of Sporting Schools.

noa and Cook Islands. First inaugural meeting of the five countries alaysia and Singapore with in excess of a 100 participants in total.

5,669.

d at all levels with the exception of some High Performance Courses anced RG online course will be available in March 2018.

s, 98% satisfaction rating for face to face accreditation courses.

ted to 100% of Clubs.

ent Registration has not been implemented.

orld Championship - 1 bronze medal in team.

cker has been implemnted in WAG, MAG, TRP and RG.

estment Allocation for 2017-2020 cycle was inconclusive for all sports. ntil the Federal Budget is delivered in May 2017. The HP strategy for the Independent Review of High Performance Gymnastics in Australia.

A not to formalise any MOU.

2017.

(2015), \$304k (2016). plus venues provided free of charge.

eerleading and are recognised by ASC and ICU.

2016 being 6.2%.



# **Gymnastics Australia Board**





Jacqui Weatherill President (- Dec)



Michael Burnett Vice President and Elected Director



**Brennon Dowrick OAM** Elected Director



Anita Hobson-Powell Elected Director



Anna O'Shea Appointed Director



Appointed Director

Keri Pratt

### **Outgoing Board Members 2016**



**Frances Crampton AM** Elected Director (- May)





# 2016 Athletes Commission

**2016 Office Bearers** 

Sam Offord Men's Artistic Gymnastics

Ashleigh Brennan Women's Artistic Gymnastics

Janine Murray Rhythmic Gymnastics

Jarod Spear Trampoline Gymnastics

Annabel Muttdon Aerobic Gymnastics

Amy Lang Acrobatic Gymnastics

Lauren Mitchell ASC Ex Officio

### **FIG Representatives**

George Tatai FIG Council ( - Oct)

Kym Dowdell FIG Women's Artistic Gymnastics Technical Committee

Jacqui Weatherill FIG Council (Oct - )

### **Commission Chairpersons**

Justin Hayes

Gymnastics For All Technical Director

**Rohan Kennedy** Men's Artistic Gymnastics Technical Director

Jill Wright Women's Artistic Gymnastics Technical Director

Virginia Elliott Rhythmic Gymnastics Technical Director

**Darren Gillis** Trampoline Gymnastics Technical Director

Liz Lyons (Jul - ) Aerobic Gymnastics Technical Director

Pamela Behan (Nov - ) Aerobic Gymnastics Technical Director

Bruce Treble Acrobatic Gymnastics Technical Director



### 2016 Office Staff

Mark Rendell Chief Executive Officer

Michelle De Highden Industry Training Development Coordinator ( - Sep) Acting Senior Manager, Industry Training & Accreditation (Sep - )

Adrienne Glancy Senior Manager, Industry Training & Accreditation ( - Sep) Acting National Performance Director (Sep - )

**Michelle Morris** Senior Manager. Marketing & Events ( - Oct)

Karen Norden Senior Manager, Participation & Sport Development

Dianne O'Neill Senior Manager, Finance & Business Operations ( - Jun)

Adam Sachs National Performance Director ( - Sep)

Nicole Spratt Senior Manager, Finance & Business Operations (Sep - )

**Emily Anderson** Member Services Administrator (Sep - )

Holly Baker Executive Assistant to CEO

Maria Berry State Administration Manager – ACT and Tasmania ( - Oct)

Leah Bradford Marketing Coordinator

Bree Bryant National Pathways Coordinator – Spin to Win

Georgia-Rose Brown Industry Training Assistant

Nick Bugeja Industry Training Coordinator ( - Mar)

Liz Chetkovich National High Performance Manager – Women's Artistic Gymnastics

Sergei Chinker National Coach -Men's Artistic Gymnastics

Manuel Coste Project Manager (Aug – Sep)

Jessica Cremin Membership Services Administrator (May – Sep)

John Curtin High Performance Program Manager – Men's Artistic Gymnastics

Robyn Dawson Industry Training Administrator (Jan – Apr)

Nikhil Devgan Sporting Schools & Participation Officer (Nov - )

Pamela Dyson Member Services Administrator (Dec - )

**Tom Finch** E-Learning Consultant

**Elizabeth Freeth** Industry Training Administration Coordinator ( - Dec)

**Chloe Green** Industry Training & Accreditation Administrator (Mar - )

Naomi Hirst State Administration Manager -ACT & Tasmania (Oct - )

**Brooke Irvine** National Club 10 Manager

Dee Jennings Performance Manager -WAG NCE - Melbourne

Amy Jones Office Administrator ( - Jul) High Performance Administrator (Jul - )

Saguib Khan Database Administrator (Aug - )

Bridget Kimber Sport Manager, Gymnastics – Gold Coast 2018 Commonwealth Games (Apr - )

Ben King High Performance Administration Manager

**Brooke Kneebush** Development Manager – Oceania and South East Asia

Nick Lambert Sporting Schools & Participation Officer (Mar – Sep)

Alexis Lebedew National Pathways Coordinator

Suimai Leong Systems Administrator ( - Aug) People and Culture Coordinator (Aug - )

Peggy Liddick National Coach – Women's Artistic Gymnastics Laura Macintosh PR & Communications Coordinator

**Rachel Millar** High Performance Administrator ( - Jul)

Jo Penny Sport Development Officer -ACT & Tasmania

Renata Perini National Events Coordinator

Lyly Poh State Finance and Administration Officer – ACT & Tasmania

**Emily Rennes** Sport Programs Manager ( - Aug)

Joanne Richards National Pathways Manager

Kathy Rouch Program Admin Coordinator – WAG National Centre of Excellence -Melbourne

Marney Shepherd Business Project Manager & Analyst (Oct - )

Allyse Taylor National Pathways Coordinator – Spin to Win (Feb – Aug) Sport Programs Manager (Aug - )

Craig Thompson Finance Officer

Robyn Tribe National Participation Manager

Vladimir Vatkin National Coach – Men's Artistic Gymnastics

**Ben Williams** Industry Training & Accreditation Administrator (Jan - )

### Women's Artistic Gymnastics (WAG) National Centre of Excellence – Melbourne **Coaching Staff**

**Abbey Benjamin** WAG Junior Development Coach

Tara Duncanson WAG Development Coach

**Brenda Kent** WAG Development Coach

Zoe Lorenzin WAG Junior Development Coach ( - May)

**Stacey Taylor** WAG Development Coach

**Eugenie Thurgood Bus Driver** 

Karishma Vase WAG Junior Development Coach





Australian Government

Australian Sports Commission

### Message from the Australian Sports Commission

The Australian Sports Commission (ASC) congratulates our National Sporting Organisations (NSOs) on their achievements this year. In particular, we congratulate all of our athletes who represented Australia in the Rio Olympic and Paralympic Games. You did so with great distinction. The country is proud of your commitment and dedication, and the manner in which you conducted yourself throughout the campaigns.

In the aftermath of the Games, the Board of the ASC has re-committed to the core principles of *Australia's Winning Edge*, the ASC's ten year plan for high performance sport introduced in 2012. The four key principles are: high aspirations for achievement; evidence-based funding decisions; sports owning their own high performance programs; and a strong emphasis on improved leadership and governance.

We are confident these principles serve the long term interests of the sporting sector.

We will also use the experience of the last four years to seek to improve implementation of *Winning Edge* in ways that will benefit the sector.

The ASC is equally committed to increasing community participation in sport, particularly amongst our children and youth. We have been pleased this year to see our flagship participation program Sporting Schools reach over 4,300 schools in partnership with NSOs.

Innovations by the ASC this year included the release of our *Integrity Guidelines for Directors and Leaders of Sporting Organisations*, which provides directors with comprehensive and practical guidance for the first time on anti-doping, sport science and medicine, illicit drugs, match-fixing, child protection and member protection – vital issues for maintaining trust and respect in the sporting sector.

We also staged our inaugural Athlete and Coaches Forum, giving Australia's elite athletes and coaches the opportunity to share their experiences and enhance their leadership capabilities.

And we were delighted to see fruits of our efforts to improve female opportunity in sports, with improved elite and participation opportunities in women's sport, better media exposure, some outstanding new commercial deals, and an increase in female representation at NSO board level from 27 per cent to 39 per cent across the top 23 NSOs.

### Looking ahead, ASC priorities include:

- Further institutional and governance reform in sport, with an emphasis on increased national integration and alignment
- Increased funding for sport, including new non-government sources of funding
- Further embedding sport in schools' educational programs
- Improved national coordination of sports infrastructure spending, and
- Improved use of data and technology in sports.

Reforms like this are often hard to achieve but have profound long term benefits. The evermore competitive environment in world sport on display in Rio highlights the critical importance of further reform if Australia is to maintain its proud reputation and traditions as a sporting nation.

It is appropriate to use this opportunity to recognise and thank the efforts of the ASC's outgoing CEO Simon Hollingsworth, who has led the Commission very capably and with considerable effect for the past five years.

The ASC thanks all of our sector partners for your effort and contribution to Australian sport. We look forward to continued success and progress together.



John Wylie AM Chair I Australian Sports Commission

# Engage & Enthuse

In 2016, Gymnastics Australia's (GA) athlete membership increased, growing 11% from 179,443 to 199,299, with gymnastics showing year-on-year membership growth since 2001.

Gymnastics Australia's engagement activities in 2016 continued to be focused on the promotion of gymnastics as a fundamental movement program via the national participation initiative, LaunchPad, with LaunchPad formally embedded into the Australian Sports Commission's Sporting Schools program, underpinning all the promotion and delivery of the Sporting Schools gymnastics program.

### Advocate the need and benefits of participation in fundamental movement programs for all Australian children

Gymnastics during 2016 continued to be one of the most requested programs in Sporting Schools and since its inception has had a positive impact on raising the profile of gymnastics, as well as increasing the capacity and capabilities of the affiliated clubs.

To date Sporting Schools has attributed to:

- 1,766 confirmed gymnastics programs being conducted in schools
- 166,568 students have participated in gymnastics at schools, just through this program alone
- \$3,102,610 exc. GST (based on a four-session program) total revenue has been generated back into the sport of gymnastics through the Sporting Schools
- 21,472 total coaching hours from Sporting Schools (based on one coach per 30 students across four sessions per term)

The quality of the program and the delivery continues to remain at the forefront of sport, with over 96% of schools agreeing that our coaches were well prepared for the unique challenges of delivering gymnastics in the school environment and had sufficient knowledge of the sport.

Gymnastics Australia is also excited to be considered as one of the participating National Sporting Organisations (NSOs) in the Secondary Sporting Schools Program, commencing Term 3, 2017. Gymnastics Australia will be offering three programs in the Secondary Sporting Schools Program:

- 1. GymMix
- 2. AeroSchools
- 3. Freestyle Gymnastics (FreeG)

Each program will be supported by current resources already developed that include lesson plans and instructional videos for coaches.

### **Build the Gymnastics brand**

Gymnastics Australia continued to expand its gymnastics brand through an increase in international presence in 2016, with an increase in Sports Diplomacy activities.While the Oceania Development project, funded predominately by the FIG, remained a key focus, 2016 also saw an expansion of development activities in the South East Asia region.

### Continuation of the Oceania Development Plan

Sport development activities targeted on increasing the capacity and capability of the Oceania region continued to be a focus throughout 2017 in the Phase 1 countries of American Samoa, Fiji and Cook Islands. The majority of the activities concentrated on coach development, and considering that gymnastics is a new and emerging sport in Oceania, there is a clear objective to increase and develop the workforce to ensure the sustainability of gymnastics in the region. The establishment of effective and functioning gymnastics Federations underpins the success of the entire project, so a key focus during 2016 was around strategic planning for the new Federations, professional development for their Boards, along with the development of their Constitutions and related policies and procedures. The work undertaken in this area culminated in the Gymnastics Federation of Fiji, Gymnastics Federation of American Samoa and Cook Islands Gymnastics Federation being granted full membership to the International Gymnastics Federation (FIG) at 81st General Assembly held in October 2016.

The work conducted by Gymnastics Australia in Fiji, along with development of key relationships has seen the sport of gymnastics and the newly founded federation secure funding from the Fiji Sports Commission through two grant schemes, one of which will fund the employment of a Sport Development Officer in 2017. Further investment has been secured for the region with Gymnastics Australia being successful in acquiring funding, through the Pacific Sports Partnerships (PSP) Innovation Fund, to implement the aerobics program, AeroGym, throughout Fiji.

In 2016, the inaugural meeting for the Oceania Gymnastics Development Group was also convened, with all 5 founding members in attendance; Australia, New Zealand, Fiji, American Samoa and Cook Islands. The meeting focussed on the development of the Oceania Strategic Plan that will underpin the future direction of the region for the next four years.

Development work also commenced during 2016 in the Phase 2 targeted countries of Papua New Guinea, Samoa and Tonga, with the aim to establish Federations in 2017.

### **Proportion of National Participation**

| State | 0-5 Years | 6-12 Years | 13+Years | Total   | % of National Participation | Est. Exposure In 2016 |
|-------|-----------|------------|----------|---------|-----------------------------|-----------------------|
| ACT   | 1,615     | 2,653      | 244      | 4,512   | 2%                          | 14,812                |
| NSW   | 14,397    | 34,386     | 5,359    | 54,142  | 29%                         | 177,732               |
| NT    | 467       | 935        | 153      | 1,555   | 1%                          | 5,105                 |
| QLD   | 12,184    | 26,640     | 3,802    | 42,626  | 23%                         | 139,928               |
| SA    | 7,691     | 7,692      | 1,253    | 16,636  | 9%                          | 54,611                |
| TAS   | 1,453     | 3,947      | 678      | 6,078   | 3%                          | 19,952                |
| VIC   | 11,029    | 33,628     | 4,780    | 49,437  | 26%                         | 162,287               |
| WA    | 3,697     | 8,560      | 1,172    | 12,429  | 7%                          | 44,083                |
| TOTAL | 52,534    | 118,441    | 17,441   | 188,416 | 100%                        | 618,513               |

### Launching into South East Asia

In 2016 Gymnastics Australia commenced the three year Australian-ASEAN Council-funded project, with the delivery of the first Leadership and Governance Conferences in Malaysia, Singapore and Thailand. The project, which is being delivered in partnership with Victorian University, saw a total of 149 attendees participate in the conference and the associated gymnastics specific workshops.

2016 saw Gymnastics Australia successful in securing additional funding for the development of the South East Asia.

Gymnastics Australia was also fortunate to have secured funding in 2016 in the Asia Sports Partnership (ASP) program. It is a new Australian Government initiative which supports innovation and effective linkages through sport between Australia and Asia. The project titled "Fundamentals For Life" will focus during 2017 on building capacity in Malaysia and Vietnam to lead the delivery of Fundamental Movement Gymnastics. It aims to build leadership capability and sustainability of women in sport, promote good governance, provide fundamental movement education to teachers, and activities in schools with a focus on including participants with disabilities.



# Grow Involvement at the Grassroots

Gymnastics Australia's Participation and Sport Development team continued to implement initiatives to grow participation in gymnastics, with a focus on retention in 2016 with the launch of a new program – FreeG – and the introduction of a TeamGym competition at a national level.

#### FreeG

In 2015 GA purchased the licence for FreeG in Australia from British Gymnastics, and in 2016 FreeG was officially launched at the National Clubs Carnival in Bendigo, Victoria. The introduction of FreeG is one of the targeted retention strategies aimed at the 13-16 year old gymnasts, and is an 'ultra-cool' style of movement, modelled around free running and parkour. The official launch included a display by athletes from Sydney-based Manly Warringah Gymnastics Club, an interactive FreeG zone for young people wanting to try FreeG for the first time, national workshops for coaches, and a FreeG website, along with the development of marketing and promotional material for use by clubs offering FreeG.

Since its inception the FreeG program has gained traction at all levels of engagement, with coach workshops taking place all around Australia. Since the launch there are now over 36 clubs offering FreeG programs at their clubs, with more to follow in 2017. The FreeG working group continues to assist and support the staff with the implementation of FreeG, with new key performance indicators being set for 2017, and a pilot FreeG event also planned.

### TeamGym

The inaugural National TeamGym Competition was successfully held in 2016, with 13 teams entered representing eight clubs from across Australia. A key strategy during the year was to work with the State Association's Participation Coordinators in an ongoing capacity to develop the new Gymnastics for All competition, and it was evident that this was successful at a state level, with Western Australia having 15 teams and New South Wales having 28 teams attend their TeamGym State Championships. Further development on a communication plan, outlining the pathways for TeamGym, will be developed in 2017, to further engage relevant parties to grow TeamGym, with the aim to introduce at least two more State Championships moving forward.

# Research athlete membership and participation trends and data

For the second year, Sports Business Partners (SBP) was engaged by GA to conduct research into the market size of participants that are 'exposed' to the sport of gymnastics. Whilst surveying affiliated clubs for exposure numbers, the opportunity was also taken to collect headline performance and relationship indicators (such as satisfaction and Net Promoter Score) and a series of strategic questions to provide insight and input into the 2017–2021 Strategic Plan for gymnastics in Australia.

The total number of people 'exposed' to gymnastics as non-members through affiliated gymnastic clubs in 2016 was calculated at 618,513, a significant increase on the 394,910 obtained a year earlier. Overall, the key benchmarks remained relatively stable with a marginal increase in satisfaction with GA and volume of communication from 2015 to 2016 (+2 % points). There was also a marginal improvement in clubs' perception of value for money (+3%) of its affiliation with Gymnastics Australia and State/Territory Associations. The survey also revealed that there was no significant change in priorities of gymnastics clubs in comparison to 2013 with coach recruitment (74%) and improving their quality (66%) remaining the top two priorities.

The findings from the survey around facilities, workforce, barriers for growth, KinderGym, Sporting Schools, satisfaction and the clubs key priorities will assist with the development of a broad range of strategic indicators for GA and the State/Territory Association to focus on in the future, ensuring that GA and the State/ Territories offer a value proposition to all affiliated clubs.

### **State Administration**

GA continued to manage the day-to-day operations of Gymnastics Tasmania (GTAS) and Gymnastics ACT (GACT) in 2016, implementing the Board's strategic activities and direction.

The management of GACT by GA, which commenced in July 2015, focused in 2016 on increasing the communication and services to the clubs, with one-onone visits from the Sport Development Officer and the introduction of individualised development plans for each club. Combined with this was the governance support given to the Board of GACT as they transition to adopting the new Constitution accepted at the 2016 Annual General Meeting. A clear focus to ensure the continued membership growth in ACT will be the implementation of the facility plan developed in 2013.

The GTAS Board undertook for the second year the ASC Board Evaluation program in 2016 as part of the Gymnastics Australia National Board Development program. The results of the 2016 Gymnastics Tasmania Board evaluation demonstrated that the Board had steadily improved in all category areas when compared to the 2015 evaluation. The GTAS Board outperformed other high performing sports Boards with an average score across all categories of 8.32 compared to the high performing sports Boards benchmark of 7.38. This is an increase for the GTAS Board from 7.12 in 2015 and shows a true commitment from the Board to improve and personify best practice in governance.



### Enable

Throughout 2016 Gymnastics Australia has continued to successfully develop the opportunities for Clubs and Technical Members to build capacity and capability of the coach workforce. The growth of Technical Members in 2016 has continued with a 5% increase recorded for Technical Members, a 19% increase from 2014. The Coach and Judge growth have each demonstrated a 5.5% and 4.2% increase from 2015.

A highlight for 2016 was Gymnastics Australia gaining the International Gymnastics Federation (FIG) license to deliver both the Level 1 and 2 FIG Coach Academy programs for all six competitive Gymsports. Australia is the second country after South Africa (the pilot country) to be granted a FIG license for the delivery of Level 1 and 2 programs. This is a momentous achievement for Australian gymnastics.

#### **Coach Education**

The focus throughout 2016 has continued to be the roll out of the Coach Education and Accreditation Framework. This has involved development of the last few Advanced Gymsport Courses and acquisition of the FIG license. In addition, community feedback and research was undertaken to gain greater understanding of the needs and challenges for clubs and coaches who work in the Participation and Performance areas of the sport with the view to ensure we are catering to the entire coaching community.

As a result Gymnastics Australia will launch a first ever National Coaching Pathway in January 2017 that enables a streamlined approach to gaining coach accreditations within the National Framework and provides each coach with a career pathway for future development. Together with a National 'Get Ready, Get Accredited' campaign the National Coaching Pathway will focus on three areas; Get into Coaching, Get Accredited, and Advance to Advanced, to promote progression through the pathway and a career in coaching. The priority of the Industry Training and Accreditation team has continued to be on course development and course improvement to enable wider access to gymnastics specific learning. A summary of the 2016 outcomes are provided below:

- Release of Online Advanced Coaching Courses in Men's Artistic (MAG), Women's Artistic (WAG), Trampoline (TRP), Tumbling (TUM), Aerobic (AER) and Acrobatic (ACR) Gymnastics.
- Release and updates of Delivery and Assessment Guides to enable the delivery of the following Advanced Face-to-Face Courses; MAG, TRP, TUM, AER and ACR.
- Pilot Advanced Face-to-Face Courses in conjunction with National Clubs; Rhythmic (RG) and AER.
- Release of new On The Job Training (OTJT) to enable individualised delivery of the following courses within Clubs:
- Intermediate; RG, TRP, TUM, AER and ACR.
- Advanced\*; TRP, TUM and ACR. (\*Piloted)
- Release of updated versions of the following courses: Beginner Coaching Course, Intermediate Coaching Principles Course and all Intermediate Gymsport courses.
- Development of the following courses for 2017 release; Communications Module for Coaches, Online Participation Module, and Club Coach Developer Module.
- Release of an Online Athlete Development course in conjunction with the University of Queensland.
- Continued enhancements to the user experience in the Learning Management System (LMS) and the development of new Designation Pathways to enable coaches greater ease of use and preparation for the integration with the national database.

The final Advanced Coaching Courses (for Gymnastics for All (GfA) and RG will be ready for release in early 2017. These activities are a feature of the continuous improvement culture embedded in every day practice as we strive to ensure best practice in education and customer course satisfaction. The gymnastics workforce continues to grow in terms of numbers and capability. At the end of 2016, Gymnastics Australia recorded a record number of accredited coaches at 6,665. This is an increase of 13.8% in the past year, and a staggering 54% increase since 2013, when the new framework was introduced. Our gymnastics community continue to express satisfaction with the course delivery and content in the newly designed coach accreditation courses:

99% are satisfied with the Beginner Coach Accreditation

92% are satisfied with the Intermediate Coach Accreditation

88% are satisfied with the Advanced Coach Accreditation

Gymnastics Australia and the FIG hosted a FIG Level 2 Academy Program for Rhythmic Gymnastics, Tumbling and Trampoline, and Aerobics in December, with 43 coaches completed the week-long program. Gymnastics Australia also hosted the first independent FIG Level 2 WAG Course in 2016, under the newly acquired licensing agreement in January. Since 2015 Gymnastics Australia has conducted a FIG Level 2 Academy Courses for 95 candidates, with the focus to maintain the highest calibre of course presenters, facilities, demonstrators and coordination. This has been celebrated by the FIG who has stated that the standard of Australian FIG Courses is the highest in the world. Congratulations to Crystal Yeo (WAG), Jaelle Cohen (RG), Damien Axelsen (TRP) and Lana Roden (AER) who topped their respective courses in 2016.



### A significant contribution has been made by the Australian course experts, many of whom are Gymnastics Australia staff.

MAG – Sergeui Chinkar, John Curtin, Vladimir Vatkin and Sean Wilson

WAG – Peggy Liddick, Jo Richards, Michelle De Highden and Stacey Umeh RG – Katie Sigsworth and Lisa Bradley TRP/TUM – Belinda Cox and Dzmitry Kachan AER – Kerryn Cormick and Angela McMillan

ACR – Yuriy Stepchenkov

Theory – Phil Cossens, Michelle De Highden, Dee Jennings, Peggy Liddick, Jo Richards and Tim Lees

Gymnastics Australia partnered with the Australian Sports Commission in 2016 to launch a pilot program in Tasmania targeted at building Clubs' capacities to build their own workforce.

The Club Coach Developer program recognises the importance of 'on the job' learning and its significance in coach education. The pilot involved the development of a full day workshop, online course and newly developed coach resources to support identified leaders in four clubs with the aim to lead the training of WAG coaches at the Advanced level of the Accreditation framework. The pilot concludes early in 2017, with the potential for the resources to be available for all clubs to enhance and structure the experiential learning opportunities within their own environment. This is particularly important for remote and rural Clubs, but also for Clubs who offer some of the smaller Gymsports such as Rhythmic, Aerobic and Acrobatic Gymnastics.

# Enable (cont.)

### **Professional Development**

Throughout 2016 a progressive suite of professional development initiatives were developed and offered, specifically targeted at building Coach capability:

- The inaugural International Coach Immersion program involved twelve Coaches from every State in Australia travelling to the USA for 12 days. The individualised program catered for MAG, WAG and TRP Coaches, and involved; a three-day seminar at a High Performance athletic program, a four-day visit to targeted elite gymnastics Clubs in the USA, and observation at the Pacific Rim Championships. The learning opportunities were linked with the University of Queensland's Athlete Development Course. Overall the Coaches who attended were 100% satisfied with the tour and would recommend it to others. It is the intention to host this every second year.
- The National Coach Immersion Program commenced as a joint initiative with the Pathways team with funding from the Olympic Solidarity Program. International experts were invited to lead the Team Future Advanced Camps in conjunction with the National Team Coaching Staff. In addition to the participating Coaches and athletes, 31 Coaches attended the customised learning program over four Gymsports – MAG, WAG, RG and TRP. Additional observation opportunities were also provided at the Team Future Camps, with the ability to observe, attend coach education training and become immersed within the pathways training environment.
- A National Webinar program commenced in 2016 with seven webinars held from March to November. Over 200 Coaches enrolled into the webinars to learn from National Staff and guest presenters on topics such as strength and conditioning, athlete pathways and injury prevention. The exceptional feedback provided will result in an extended program developed for 2017.
- Gymnastics Australia partnered with the School of Human Movement and Nutrition Sciences at the University of Queensland and Bo Hansen - Director of Athlete Assessments - to conduct a two-day pilot workshop for twelve High Performance Coaches. This focused on the following; building High Performance Coaching teams, navigating the performance landscape as a Coach, the Coach as a learner, and understanding how to navigate the facilitation of learning in yourself and others.

One final project that was established throughout 2016 has been the development of an online coach and judge resource; GA TV. Developed with Dartfish, a video analysis and storage program, this will contain not only the two thousand plus videos from the current coaching courses but a resource library of presentations, webinars, workshops and live learning opportunities for Judges and Coaches alike. Due for release in early 2017, this will become a benefit for all Technical Members of Gymnastics Australia, with individualised and community access at a range of levels.

#### Judge Education

There was a 5.5% growth in the numbers of accredited judges in 2016. The review of the Judge Education and Accreditation Framework which began in 2015 continued with the aim to meet the following outcomes:

- Increase the number of Judges across all Gymsports.
- Improve quality of Judge education across all Gymsports.
- Ensure resources are current and sustainable.

With the commencement of a new Olympic cycle, much of the focus in 2016 was on preparation for adjustments to the new Code of Points in each Gymsport. Some redevelopment of current resources occurred along with preparation for five FIG International courses to be hosted at the Australian Institute of Sport in early 2017. Pilot programs have commenced in Judge education with the aim to maximise technology and provide wider access to quality education opportunities. This will see virtual learning commence in 2017 in a range of areas such as courses, workshops, video sharing and group collaboration.

A grant focusing specifically on Rhythmic Gymnastics Judges was utilised to provide an intensive workshop for targeted judges in preparation for the FIG International Judging courses. This was made available to the wider Rhythmic community, and was extremely successful.

Gymnastics Australia appointed an expert contractor to consolidate the Judge course feedback and commence planning for the reduction in judge levels, development of ideal course delivery format, accessibility, quality and sustainability of all Judging Courses. Extensive consultation occurred with stakeholders and a framework drafted in preparation for development and launch of all Judging Courses in 2018.

### Club 10

Club 10, Gymnastics Australia's quality assurance, risk management and Club development system, has continued to gain momentum with State/Territory Associations and Affiliated Clubs throughout 2016.

A significant amount of effort has gone into maintaining a Club-focused and Club-driven system, utilising selfassessment tools and other support resources provided by Gymnastics Australia, State/Territory Associations and third party providers.

A specific Club resource portal has been set up in Gymnastics Online (GOL) to allow Clubs to directly access these support resources via their Club login.

The Fair Work Commission's review of the 2010 Fitness Industry Award continues and has been a protracted process with GA working with K & L Gates Lawyers and an Advisory Committee comprising Club representatives to ensure the best possible fit for gymnastics Clubs. An outcome from the review is expected in early 2017.

Significant work has also gone into the development of online Affiliations, which will provide clubs and State/ Territory Associations with a more efficient and streamlined process. The online functionality will work directly out of iMIS (the national database), and will eliminate the large paper based form and previous manual processes.

A large number of other support materials and documents have been developed and released throughout the year, including the work that has been done with an external consultant on the development of Work Health and Safety resources for Clubs – Safe Sporting Clubs resources. These resources will be finalised and launched at State/Territory Congresses in early 2017.





### **Acknowledgments and Thanks**

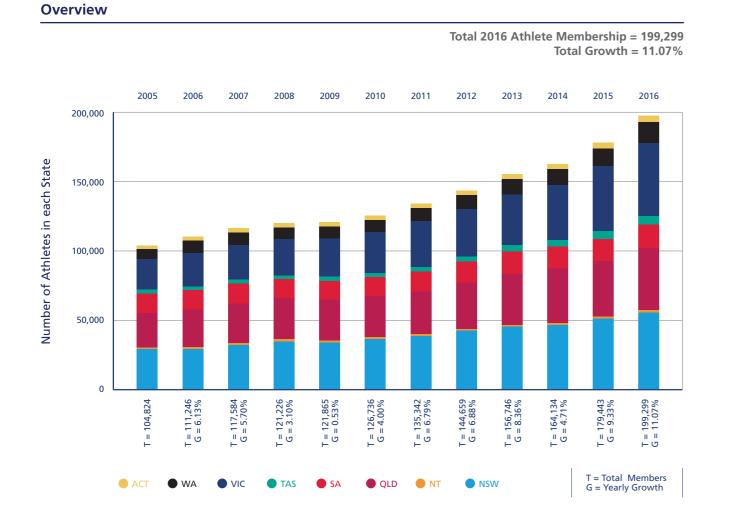
The Industry Training and Accreditation team must acknowledge and thank the education staff and administrators in each State and Territory Association. They are the deliverers of the all education courses on the ground and without their dedication knowledge the quality and opportunities across the range of Gymsports could not meet the needs of the Clubs and Technical Members.

In addition, the Gymsport technical communities, working groups, staff and contractors have enabled the Gymnastics Australia team to deliver on all the above achievements. The demanding, ever changing environment in sport is significantly challenging and we greatly appreciate the support, amazing expertise and commitment from these teams.

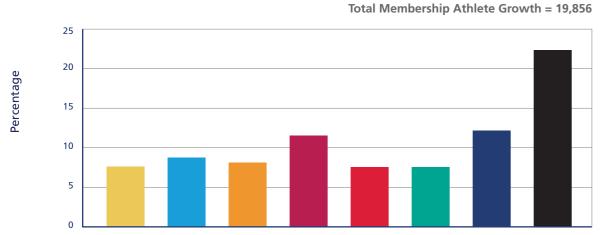
The standard of courses and feedback are a clear reflection of their contributions and knowledge. They have worked tirelessly as subject matter experts to share their technical expertise for inclusion within education courses. Without their significant input courses would not happen.

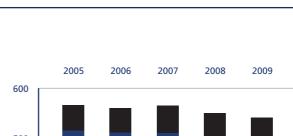
# **Athlete Membership**

# **Club & Technical Membership**

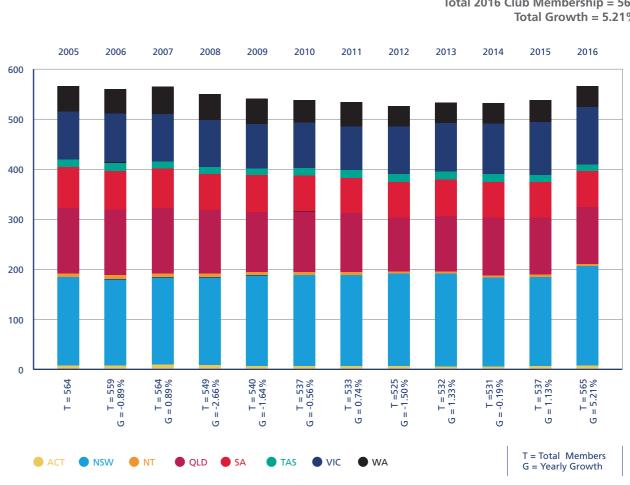


### Percentage Growth 2015 – 2016

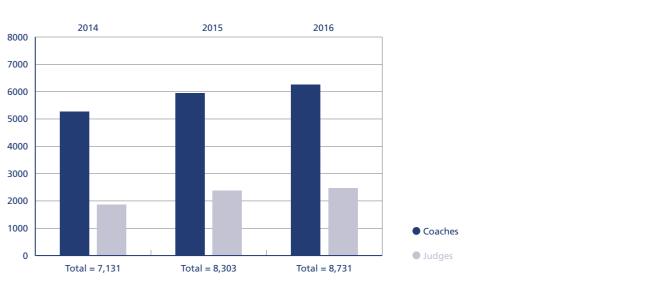




**Overview** 



**Technical Members** 





#### Total 2016 Club Membership = 565 Total Growth = 5.21%

### **Rio 2016 Olympic Campaign**

Rhythmic gymnast, Danielle Prince, was the sole gymnast to gualify a guota spot for Rio from the 2015 World Championships. Having failed to qualify a Women's Artistic Gymnastics (WAG) team, or any individuals in Men's Artistic Gymnastics (MAG), WAG or Trampoline Gymnastics (TRP) from the 2015 World Championships, the Rio Test Event in 2016 was the last opportunity to qualify any further gymnasts for the 2016 Olympic Games.

In WAG, the teams ranked from ninth to 16th at the 2015 World Championships competed for the remaining four team places up for grabs at the Olympic Games, at the Rio Test Event. Despite improving on their team score by four marks from the previous year's World Championships, Australia finished fifth at the Test Event by a margin of 2.4 marks, therefore failing to gualify a team for the Olympic Games. However based on the results from the Test Event Australia was awarded an individual guota position for both WAG and TRP. Unfortunately Australia did not achieve a MAG quota spot in the Olympic Games, finishing in second reserve position following the Rio Test Event.



#### **Summary of Results**

### Men's Artistic Gymnastics

#### 2016 Olympic Test Event

Michael Mercieca missed qualification at the Rio Test Event, and finished as the second individual reserve for the Olympic Games.

#### Women's Artistic Gymnastics

#### 2016 Olympic Test Event

Team place fifth; named as the first reserve team for the Olympic Games.

Larrissa Miller and Emily Little both gualified for finals, and finished second on Floor and third on Vault respectively.

As a result of their rank in the team competition, Australia secured one individual quota place for the Olympic Games.

#### 2016 Rio Olympic Games

Larrissa Miller placed 30th out of 79 athletes on Uneven Bars, and 67th from 82 athletes on Floor.

#### **Rio Qualification**

Danielle Prince qualified for the Rio Olympic Games as the highest ranked athlete from the Oceania region at the 2015 World Championships.

#### 2016 Rio Olympic Games

Danielle Prince finished 25th out of 26 athletes in the Individual All-Around competition.

Danielle improved her performances and achieved her goals of scoring 15.00 or higher on every apparatus, bar one.

#### **Trampoline Gymnastics**

#### 2016 Olympic Test Event

Blake Gaudry finished in ninth position, securing one quota place for an Australian Individual Male at the Olympic Games.

#### 2016 Rio Olympic Games

Blake Gaudry finished 13th from 16 male athletes.

### **Pathways Program**

The Gymnastics Australia (GA) Pathways Program provides leadership of a national contemporary athlete development system. This is demonstrated by:

- fostering a High Performance (HP) culture across the country based on excellence,
- incorporating the most recent research innovative methods,
- emphasising a team approach, and
- modelling integrity and ethical behaviour.

GA Pathways has a clear focus on providing the foundation for the Australian Winning Edge (AWE) outcomes in the future. Key progress in 2016 has been in the following areas.

### **Team Future Program**

Team Future is the GA branding of the High Performance development program across all four Olympic Gymsports; Men's Artistic, Women's Artistic, Rhythmic and Trampoline Gymnastics. An evidence-based approach to tracking an athlete's progress is done via a custom made online coaches tool, the Virtual Athlete Tracker (VAT). This tool gives the Pathways team better understanding of the cohort's quality ensuring athletes are on track to achieve Olympic success in the future.

2016 saw the HP Pathways Program grow to engage over 670 athletes, 260 coaches and 88 programs over the four Olympic Gymsports, achieving a high level of community engagement in the development of Australia's next generation of champions.

During 2016 'Team Future Advance' (TFA) camps were launched across all four Olympic Gymsports. These camps provided a more individual approach and targeted athletes who are most likely to transition to the Senior International ranks in the next two years. Individual Performance Planning (IPP) and coach consultation was an integral part of this TFA program. GA Pathways brought for Gymsport International experts to Australia during 2016 to work with TFA coaches and athletes.

### Spin to Win – Talent Identification and Transfer Program

'Spin to Win' began in 2015, and is a collaborative project led by GA in partnership with Diving Australia (DA), Ski & Snowboard Australia (SSA) and the Olympic Winter Institute of Australia (OWIA). It is a talent identification (TID) and transfer program which results in having high quality acrobatic talent training in the most suitable High Performance sport development pathway. Spin to Win aims to build a successful and sustainable national system of talent identification, development and transfer to maximise podium performances at World Championships and Olympic Games in each sport in the future. This project is supported by the Federal Government's Australian Institute of Sport Competitive Innovation Fund.

#### Key project deliverables achieved in 2016 were:

- Six aerial skiing applications were received, one from a targeted athlete and five applications submitted based on expression of interest through Spin to Win. Three were accepted onto the squad, which was 100% of the development squad.
- Combining Spin to Win and Spin to Win with Olympians TID events in 2016:
- 474 participants attended TID Days for diving, with 192 being offered a trial through Spin to Win initiatives and 58 commencing High Performance diving training.
- 785 gymnasts have attended a gymnastics TID day, with 112 being offered a trial, and 54 children commencing High Performance training.
- 33 gymnastics and diving TID initiatives were held in 2016.

# **Honouring Peggy Liddick**

#### Spin to Win Results – 2015 & 2016

| Gymnastics             | 2015 | 2016  | Total |
|------------------------|------|-------|-------|
| No. of TID initiatives | 17   | 20    | 37    |
| Attended               | 447  | 785   | 1,232 |
| TID                    | 136  | 112   | 248   |
| Accepted               | 49   | 54    | 103   |
| Diving                 | 2015 | 2016  | Total |
| No. of TID initiatives | 11   | 13    | 24    |
| Attended               | 173  | 474   | 647   |
| TID                    | 64   | 192   | 256   |
| Accepted               | 25   | 58    | 83    |
| Gymnastics & Diving    | 2015 | 2016  | Total |
| No. of TID initiatives | 28   | 33    | 61    |
| Attended               | 620  | 1,258 | 1,878 |
| TID                    | 200  | 303   | 503   |
| Accepted               | 74   | 111   | 185   |

During 2016, the Spin to Win program also celebrated the Olympic year with five 'Spin to Win with Olympians' Talent ID days held in Melbourne, Sydney, Brisbane, Adelaide and Perth.

### **High Performance Review**

In April 2016 the Gymnastics Australia (GA) Board commissioned an independent review of High Performance (HP) Gymnastics in Australia. The review was the result of a proposal from GA's State Associations to investigate what was good and bad about GA's current HP Program in light of performances throughout the 2016 Olympic cycle, as well as benchmarking GA's current and suggested future HP strategies and structures against those of a range of other more successful countries worldwide.

The HP Review was motivated by a need to explore how best GA and its HP system partners (including the State Associations) might collectively invest their resources in the delivery of National and State-based HP programs and activities that are 'fit for purpose' relative to our international competitors.

# The Review was conducted by Suiko Consulting in three phases:

- Extensive consultation was undertaken with the Australian High Performance Gymnastics community:
  - Input was provided by over 350 people across each Gymsport, State and Territory, at a National, State and Club level, and covering representation from Board and Senior Management, High Performance staff, State Institutes of Sport/State Academies of Sport (SIS/SAS) coaches, judges, club owners, and sports science and sports medicine experts.
  - Online surveys were completed by Clubs and by High Performance coaches (Advanced, Advanced Silver and High Performance accreditation) to obtain specialised feedback.
- 2. The GA High Performance model was then benchmarked against successful High Performance programs of selected Australian sporting peers (Diving, Swimming and Sailing) and international gymnastics peers (Great Britain, Netherlands and Japan). A detailed summary of these systems was made to the Review Panel.
- **3.** A detailed SWOT analysis was conducted and this Report is the result of that analysis and review.

The Review was presented to the GA Board in December 2016 and was endorsed. The recommendations will commence to be implemented through a phased approach over the coming years, and provide Australian gymnastics with a strong platform to achieve sustained success at the international level.

#### Tribute to Peggy Liddick – Australian WAG National Coach from 1997 to 2016

2016 saw the end of Peggy Liddick's incredible reign of 20 years at the helm as Australia's National Coach of Women's Artistic Gymnastics (WAG). Liddick – a Gymnastics Australia Hall of Fame member, FIG Brevet Coach and FIG Brevet Judge – is the most successful Women's Gymnastics Coach Australia has had to date.

Liddick came to Australia from the USA in 1996, bringing with her a wealth of experience, knowledge and success. Having served on the USA Gymnastics National Coaching staff, Liddick's resume also boasted her as being Personal Coach to two-time All-Around World Champion Shannon Miller, where she assisted Shannon in winning seven Olympic and 14 World Championships medals. Leading the Australian Women to their first team medal at the 2003 World Championships. Liddick was also in the role of National Coach when Monette Russo became the first Australian Artistic Gymnast to win an individual World Championship medal, taking third All-Around in the 2005 World Championships, hosted in Melbourne.

Liddick remained at the helm when Lauren Mitchell became the first Australian to win two medals in a single World Championships; two Silvers in London in 2009, on Beam and Floor; as well as a year later in 2010, when Mitchell made history, being the first Australian WAG athlete to win a World Title, taking home the Gold medal on Floor at the 2010 World Championships in Rotterdam.



Liddick's impressive record during her time as Australia's National Women's Artistic Gymnastics Coach includes:

- 3rd place for Australia in the Team Event at the 2003 World Championships; the first country ever outside Romania, Russia, China or the USA to win a Team medal in Women's Artistic Gymnastics at a World Championships;
- First individual medal for an Australian Artistic Gymnast at a World Championship, with Monette Russo winning All-Around Bronze at the 2005 World Championships;
- First Gold medal for an Australian Women's Artistic Gymnast at a World Championships, with Lauren Mitchell winning the Floor event at the 2010 World Championships;
- Highest ever finish by an Australian Artistic Gymnast in an Olympic final, with Lauren Mitchell finishing 5th on Floor at the 2012 London Olympic Games;
- Highest ever Team finish by an Australian Gymnastics Team at an Olympic Games, with a 6th placing at the 2008 Beijing Olympics;
- Four consecutive Team Golds and 40 medals total being won in Women's Artistic Gymnastics at the Commonwealth Games during, including 14 Gold medals for Australian individual athletes.

Having coached teams at a total of 7 Olympic Games, 24 World Championships and 5 Commonwealth Games, Liddick's extensive knowledge and expertise will be missed by many among the Australian gymnastics community.

"Peggy has made an outstanding contribution to Women's Artistic Gymnastics in this country. The sport is indebted to Peggy for her achievements, her professionalist and her commitment as National Coach."

- Mark Rendell, CEO Gymnastics Australia

# Honouring Peggy Liddick (cont.)

#### Tribute from Jill Wright (WAG National Technical Director) on behalf of the WAG National Commission

Peggy brought to Australia a vision, drive and determination that Australian gymnasts would consistently produce high-level performances on the international stage.

When Peggy commenced her role as National Coach for Gymnastics Australia, there were already many talented gymnasts and coaches working in the international arena in Australia. Peggy began by building a sense of community and worked with the programs to commence the journey to lift our world ranking. During an interview in the USA in the early 2000s Peggy explained that Australia had the talent and ability to be leaders on the world stage but did not have the belief that it was achievable. It was this belief which she instilled in our gymnasts, coaches and judges.

In 2003 when the Australian Women's team placed third at World Championships, Peggy's vision became a reality for Australian gymnastics. This success was followed by great results at Commonwealth Games, Pacific Rim and World Championships for both our team and individual gymnasts. Peggy instilled a culture that only personal best performance in competition was acceptable and the only way to achieve this was through monitored and disciplined training, perfection in performance and 100% commitment to the common goal.

As a judge at World Championships I took pride in hearing other judges comment on the technical quality of the Australian team. I was frequently congratulated by other judges on the girls' performances; they may not have always had the highest value difficulty, but they did have the highest quality of execution.

During training camps prior to major competitions, I would marvel at the improvement in our athletes from becoming skilful gymnasts performing difficult routines, to becoming world-class athletes executing an internationally competitive performance.

Nothing was left to chance, routines had to be perfect, warm-up and 30 second touch warm-ups were rehearsed so that everyone knew their job and warm-up time was maximised. Nothing was overlooked and Australia became the envy of many nations. The final polish and sheen was something that Peggy developed in our athletes, the difference between very good and excellent. Peggy also used a wide range of support personnel to raise the standard. She attracted highly reputable choreographers, medical support staff, specialist coaches and judges to work with the team. All contributed to Australia's success and improvement on the world stage.

Peggy was strongly committed to her own professional development and every Olympic cycle she would take the FIG judges course exams to re-accredit as a judge. She believed that she needed the judges to know that she knew the Code of Points as well as they did. She encouraged many of the High Performance coaches to study and take the course, which created mutual respect between the coaches and the judges.

In team selection meetings I was always impressed with the detailed data sets, statistics and performance notes that Peggy would provide to the selection meeting to ensure that all the relevant information was available. The focus of these meetings was always to select the team to give Australia the best chance of success.

Change is never easy and I know that Peggy's retirement will provide some challenges for us but also other opportunities. Peggy has left us with the wonderful legacy and belief that we can continue to match it with the world's best.

### Tribute from Allana Slater (former Australian WAG athlete) on behalf of Australian WAG athletes past and present

When I think of my time with Peggy as an athlete on the National Team, it brings to mind so many incredible memories. Memories of encouragement, hard work, passion, joy from success, trust and respect, along with so many laughs during our many travels around the world together. Peggy has made an incredible impact on Australian gymnastics and I would like to say thank you for all the things you have done that have changed our nation from an unknown country, to a respected nation on the international stage of gymnastics.

Peggy, thank you for empowering our coaches and athletes, giving us the confidence and courage to believe that we belong in the top gymnastics nations in the world and to become a successful gymnastics nation.

Thank you for opening so many doors of opportunity around the world for our participation in world-class competitions. Thank you for being my National Coach and believing in my talent every day, encouraging me to see what the future may hold with hard work and unwavering passion and dedication.

Thank you for always believing we could achieve more, helping us to push ourselves the extra 5% each training session and reaping the rewards of our meticulous competition preparations.

Thank you for always encouraging me to follow my passion for gymnastics and giving me the opportunities to stay involved as a mentor and judge to future generations.

But most importantly, thank you for being an incredible mentor and friend, in and out of the gym. Your friendship is what I hold closest to my heart. I am forever grateful for your belief in me and your dedication to both myself and Australian gymnastics, as without you we may never have seen the soaring heights we have reached!

### Tribute from Jane Allen, former CEO of Gymnastics Australia

I am delighted that I have been asked to say a few words commemorating Peggy Liddick's contribution to Australian Gymnastics during my time as CEO from 1997-2010.

In 1997, Peggy Liddick, a successful coach in the USA National Program, arrived in Australia to take up the position of WAG National Coach. This coincided with my appointment as CEO.

Both of us had a big job to do. Mine was to try and grow the overall organisation into a thriving professionally run business and her role was to take the WAG National program and mould it into an internationally respected program capable of medalling on the world stage.

Immediately I knew we had the right person for the job. Her commitment, passion and drive along with an outstanding technical knowledge of Women's Artistic Gymnastics was immediately evident. She also had a great empathy for the athletes whilst challenging them to push themselves to new heights. We worked well together and were a good team. I was inspired always by her work ethic and complete desire to achieve success at everything she did. This is something a CEO dreams of having in a staff member.

As always with high achievers, she was difficult at times to work with and was relentless in her requests – more competitions, more camps, the best leotards and tracksuits – only the best would do for her program and for the athletes. Whilst we had many arguments and debates, I always knew that the frustration she showed at times was because she wanted the program to keep improving and move forward. She expected nothing more than 100% from the athletes' coaches and was uncompromising in her demands for improvements in the gym. The daily training environments that the athletes worked in were the key to the success of the program. If these programs failed to produce, then the national program had fewer athletes to choose from and international success would not come.

My special moment that I would like to share about Peggy was at the 2003 World Championships where the Australian Women's team won a historic bronze medal in the team event beating the Russians and Chinese along the way. During training before the competition, Lisa Skinner (one of the team's most experienced gymnasts) injured herself and had to be withdrawn from the team. Following the medal presentation, Peggy immediately walked up to Lisa and put her own medal around Lisa's neck and told her that although she had not actually competed, she was part of this historic moment. That I believe speaks volumes for the person – thankfully we sourced one many months later and presented her with her own very precious medal.

There were many highlights over her time as National Women's Coach – too many to record and no doubt are recorded for history elsewhere. The disappointments and low times were there, and always will be with an uncompromising sport such as gymnastics, where possible injury is a constant factor when training and competing at such a high level. But in my time, we all stuck together and worked through these low moments.

I was privileged and proud to work with Peggy during my time at Gymnastics Australia and congratulate her on her achievements and wish her well in the future. I hope that she will continue to work in gymnastics at an international level as we all need these special coaches to ensure our talented athletes can achieve their dreams.

### Endure

### New 2021 Strategic Plan – Whole of Sport Collaboration

In 2016 we commenced and finalised a new Strategic Plan for the period of 2017 – 2021 which was a whole of sport approach for Gymnastics in Australia. The plan was developed through a comprehensive consultation process across many members and stakeholders within Gymnastics in Australia. Our valued members contributed their energy and wisdom through individual interviews, Club and State workshops, along with the completion of various surveys. These outcomes were then the basis of a one day strategic planning event held in August that involved Executive Directors and Presidents and/ or representatives across all of the State and Territory Associations, while Gymnastics Australia had most of their Board, CEO and Senior Management involved in the day. This Whole of Sport Collaboration provides the direction across eight key objectives that again focusses Gymnastics in Australia on four key pillars being; Engage & Enthuse, Enable, Excel and Endure. We also took the time to review the Vision, Mission and Values which we plan to release in the early part of 2017.

We extend our gratitude to all those who have helped us develop the Strategic Plan, in particular the State and Territory Associations, and look forward to working further with them in the National implementation of the plan over the next four years.

### Brand and Community Engagement

A large focus of Gymnastics Australia's Marketing and Events Team throughout 2016 was not only on ensuring we communicate more effectively with the gymnastics community, but with the general public as a whole. On a digital level we achieved incredible success in terms of an increase in the levels of reach and digital engagement with our target audiences.

Across our social media platforms we achieved a significant increase in following over the 2016 calendar year. Our Facebook following increased by 50.22% over the 12-month period, whilst the membership of our Twitter and Instagram accounts also increased significantly, at a rate of 164.39% and 108.68% respectively. We also introduced a Gymnastics Australia Snapchat account to appeal to a new demographic of online fans during events.

We also streamlined our methods of communicating with the various facets of the gymnastics community via Electronic Direct Mail (EDM) in 2016, creating separate publications for Athlete Members, Technical Members (coaches and judges) and Affiliated Clubs. Of those who had provided Gymnastics Australia with email addresses with their affiliation, we are communicating with between 30,000 and 36,000 members of the gymnastics community via EDM on a bi-monthly basis.

In 2017 we will look for more innovative ways to engage the wider community as both spectators of Gymnastics Australia events, as well as active participants across one of the many facets of gymnastics.

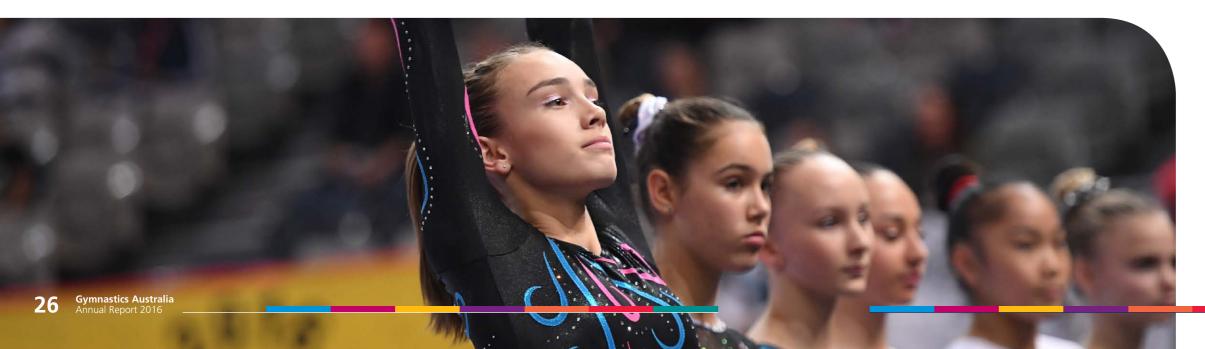
### **Events**

#### **Australian Gymnastics Championships**

Once again the Australian Gymnastics Championships was held at the popular venue of Hisense Arena in Melbourne for the 2016 event, and served as the pinnacle national event for five Gymsports; Men's Artistic, Women's Artistic, Rhythmic, Trampoline and Acrobatic Gymnastics.

With 2016 being the year of the XXXI Olympiad, from a promotional aspect there was an obvious focus on the Olympic Gymsports in the lead up to the Rio 2016 Olympic Games, but from an Australian perspective particularly on Women's Artistic and Trampoline Gymnastics, with the 2016 Australian Gymnastics Championships also serving as the final selection trial for the individual quota spots available on the Australian team for Rio in both of these disciplines. The audience was also treated to seeing Queensland athlete Danielle Prince in action, who was named in the Oceania wildcard position for Rhythmic Gymnastics for the 2016 Olympic Games, as the highest ranked representative from the region at the 2015 World Championships in Stuttgart.

From a revenue perspective the 2016 Australian Gymnastics Championships was the most commercially successful event ever run by Gymnastics Australia, raising \$240,000 from ticket sales alone, excluding GST.



### Gym4Life Challenge

July 2016 saw 227 participants from 17 teams representing 11 clubs across Australia descend on the sunny Gold Coast for the 2016 Gym4Life Challenge.

The Gym4Life Challenge is an inclusive event where participants of all ages and abilities come together in group performances showing diverse spectrum of skills that gymnastics has to offer. At the 2016 event it was great to see that participants were both from Gymnastics for All clubs, as well as clubs that focussed primarily on another Gymsport (predominantly Women's Artistic, Rhythmic and Acrobatic Gymnastics).

The indoor performances were hosted at Runaway Bay's Sports Centre, whilst the outdoor performances were hosted at Wet'n'Wild, which concluded in a day of family fun for all who came to watch the performance.

Congratulations to Team Adrenaline from Victoria who were crowned the Overall Champions of Gym4Life 2016, with their energetic performance entitled 'King of Africa'.

In what has traditionally been a bi-annual event in Australia up until now, the 2016 Gym4 Life Challenge represented the last stand alone event of its kind, as from 2018 it will be held in conjunction with the National Clubs Carnival.

In 2017 we will look for more innovative ways to engage the wider community as both spectators of Gymnastics Australia events, as well as active participants across one of the many facets of gymnastics.

# Endure (cont.)

### Australian Aerobic Gymnastics Championships and National Clubs Carnival

The 2016 Australian Aerobic Gymnastics Championships were once again held in conjunction with the National Clubs Carnival in the regional Victorian city of Bendigo.

Held at the stunning Ulumbarra Theatre, in 2016 a total of 298 athletes represented five states in Aerobic Gymnastics' premier national event, and we were also joined by one representative from New Zealand.

Once again the National AeroSchools Competition was held in conjunction with the Australian Aerobic Gymnastics Championships in 2016, with 490 athletes representing 43 schools in what was a jam-packed day of competition!

For the first time in 2016 it was great to see all seven Gymsports included in the National Clubs Carnival. The new sports to the fold from 2015 were Aerobics, who held their National Clubs competition following the Australian Aerobic Gymnastics Championships at Ulumbarra Theatre, and Gymnastics for All, who celebrated their National Clubs Carnival debut with the inaugural National TeamGym Competition held at Flora Hill Stadium.

Men's Artistic, Women's Artistic, Rhythmic, Trampoline and Acrobatic Gymnastics once again held their competition at Bendigo Stadium, and it was great to see over 2,000 athletes take to the competition arena all over Bendigo across the entire two weeks of competition of the National Clubs Carnival. A particular highlight of the event was the squad from the Men's Artistic Gymnastics National Centre of Excellence in Canberra taking to the floor in a 'Skills Throwdown', competing their new routines and upgraded skills for the first time in the 2017-2020 Olympic cycle in front of a captivated local audience.

### World Cup

In 2016, a significant opportunity was created with the changes that were made to the FIG World Cup series for the next Olympic cycle. The change which enabled athletes to qualify for the 2020 Olympics via the Gymnastics World Cup series had the effect of adding significant value to the World Cup series and making it more relevant for the world's leading gymnasts.

Having made these changes, FIG then put hosting rights for each of the four Individual Apparatus World Cups out to competitive tender globally. Gymnastics Australia saw this as a significant opportunity and tendered and ultimately won the right to host an Individual Apparatus World Cup event on the last weekend in February for each year from 2017 through to 2020.

Hosting and Broadcast Rights for the Individual Apparatus World Cups are strategically significant for Gymnastics Australia in three key areas:

#### 1. Promotion/Communications

Gymnastics participation nationally has grown steadily over a substantial period. With the exception of the Olympics and Commonwealth Games, the sport has, however, been largely invisible outside of the Gymnastics community. Hosting a World Cup event will bring some of the best gymnasts from around the world to Melbourne. With the involvement of these gymnasts, a World Cup event has the capacity to capture media attention, deliver social media spikes and raise the profile of Gymnastics in Australia. Increased profile, increased awareness and the opportunity to see elite international gymnastics regularly will serve as an important catalyst to growing coverage of and participation in Gymnastics in Australia.

#### 2. Commercial

A higher profile for the sport in Australia provides opportunities to grow Gymnastics Australia's commercial revenue. In terms of commercial assets to offer sponsors, strong participation, an Olympic and Commonwealth Games profile, and a national domestic events program have value, but are difficult to leverage for a commercially significant return. GA's focus in securing the right to host a World Cup is to secure national TV broadcast coverage of this event and then to put together a schedule of other World Cups and World Championships each year to be broadcast into the Australian market. In addition to the significant extra profile that a broadcast schedule of this nature would deliver for our sport, the broadcasts themselves then become a substantial commercial asset for GA to work with which can be leveraged commercially to promote and deliver value to commercial partners.

#### 3. High Performance

GA's commitment to host a World Cup event annually is one which has been welcomed by elite athletes and coaches alike. The opportunity to compete against elite international gymnasts annually here in Melbourne is invaluable and will assist the development our athletes significantly.

### **Commercial Strategy**

The sport of Gymnastics in Australia has a number of strengths which can form the basis of a compelling commercial opportunity within the Australian market for corporate sponsorship. These include:

- Gymnastics is a historically prominent and popular sport within Olympic and Commonwealth Games
- It's an established mainstream sport with strong participation numbers and a track record of sustainable growth nationally:
  - 199,000+ athlete members
  - 550+ clubs
  - 11% growth nationally
  - Clear and defined demographic where 85% of participants nationally are 12 years of age or younger and where 75% of participants are female.

Despite these strengths, more substance needs to be added to Gymnastics Australia's core program in 2017 in order to build a more complete platform that can attract more substantial commercial and sponsorship revenue.

With continued advances in technology and communications, elite sport is becoming increasingly accessible for Australian audiences. More access to broadcasts of other elite sport from around the world means that Australians are more discerning with respect to what sport they watch on TV or online. In 2016 however, Gymnastics Australia had no international elite event, broadcast or livestream to offer its audience. Irrespective of thriving participation levels domestically, it is critical for GA to deliver compelling international, elite content in the form of events, broadcast and livestreaming in order to compete realistically for the commercial and sponsorship dollar. To this end, our key strategic focus for 2017 is on creating and/or attracting more elite international gymnastics to complete and invigorate our product offer to the market. Specific strategic initiatives which Gymnastics Australia will deliver in 2017 include the following:

### World Cup

Gymnastics Australia has secured the right to host one leg of the International Gymnastics Federation's (FIG) Individual Apparatus World Cup each year from 2017 through until 2020. This event will be held at Hisense Arena in Melbourne in February of each of these years. Key focusses of the event will be to attract the highest calibre competitors possible and to leverage the event to boost the media profile of Gymnastics nationally.

### Broadcast

GA's objective is to work with a TV production company to produce an entertaining, compelling broadcast of the Gymnastics World Cup in Melbourne and then reach a broadcast deal with a TV network (or networks) which will optimise the exposure of the event to as many Australians as possible. This TV broadcast will be augmented by livestreaming the World Cup in conjunction with our telecommunications partner, OVO. Further, GA intends to secure broadcast rights to Gymnastics World Championship events and other Individual Apparatus World Cup events from the FIG and to secure a TV broadcast deal for those events and to livestream those events with OVO.

Having established a more engaging content schedule, the other strategic imperative is rationalise the proliferation of programs and brands under the GA umbrella to tell a more compelling story regarding the relevance and importance of Gymnastics in Australia.

To summarise, higher level, more engaging content, greater media coverage and improved messaging are key commercial and communications initiatives which GA will deliver 2017. Securing the World Cup event as well as the broadcast and livestreaming rights described above will add the critical components of elite international competition and broadcast visibility to our annual offer. This higher level of Gymnastics competition and greater visibility via livestream and broadcast positions us much better to engage not only with the gymnastics community but with Australian sporting fans more broadly. Greater reach and higher level engagement will be fundamental to engaging sponsors and growing our commercial program.

### 2016 Australian Gymnastics Championships

|           | АСТ | NSW | NT | NZ | QLD | SA  | TAS | VIC | WA  | Total |
|-----------|-----|-----|----|----|-----|-----|-----|-----|-----|-------|
| Athletes  | 60  | 366 | 5  | 71 | 249 | 116 | 63  | 252 | 150 | 1,332 |
| Officials | 36  | 180 | 1  | 14 | 157 | 62  | 31  | 106 | 75  | 662   |
| Total     | 96  | 546 | 6  | 85 | 406 | 178 | 94  | 358 | 225 |       |

| Officials                       | MAG | WAG | RG  | TRP | ACR | Total |
|---------------------------------|-----|-----|-----|-----|-----|-------|
| Coach                           | 50  | 96  | 45  | 50  | 27  | 268   |
| Judge                           | 37  | 61  | 33  | 41  | 15  | 187   |
| Team Management<br>/ Chaperones | 33  | 45  | 36  | 45  | 14  | 173   |
| Medical                         | 8   | 11  | 4   | 10  | 1   | 34    |
| Total                           | 128 | 213 | 118 | 146 | 57  |       |

| Athletes | ACT | NSW | NT | NZ | QLD | SA  | TAS | VIC | WA  | Total |
|----------|-----|-----|----|----|-----|-----|-----|-----|-----|-------|
| MAG      | 31  | 41  |    |    | 61  | 20  | 7   | 57  | 18  | 235   |
| WAG      | 23  | 57  | 5  |    | 55  | 4   | 13  | 73  | 49  | 279   |
| RG       | 4   | 77  |    | 21 | 53  | 35  | 4   | 34  | 32  | 260   |
| TRP      | 2   | 112 |    | 50 | 56  | 57  | 39  | 49  | 48  | 413   |
| ACR      |     | 79  |    |    | 24  |     |     | 39  | 3   | 145   |
| Total    | 60  | 366 | 5  | 71 | 249 | 116 | 63  | 252 | 150 |       |



### 2016 Australian Gymnastics Championships

|     | Gold | Silver | Bronze |  |
|-----|------|--------|--------|--|
| NSW | 93   | 94     | 79     |  |
| VIC | 76   | 65     | 60     |  |
| QLD | 72   | 56     | 59     |  |
| SA  | 30   | 21     | 25     |  |
| WA  | 19   | 33     | 25     |  |
| NZ  | 11   | 14     | 12     |  |
| TAS | 5    | 11     | 16     |  |
| АСТ | 5    | 6      | 17     |  |
| NT  | -    | -      | _      |  |

### 2016 Australian Aerobic Gymnastics Championships

|           | NSW | NZ | QLD | SA | VIC | WA | Total |
|-----------|-----|----|-----|----|-----|----|-------|
| Athletes  | 70  | 1  | 80  | 20 | 94  | 21 | 286   |
| Officials | 16  | 1  | 16  | 10 | 21  | 5  | 69    |
| Total     | 86  | 2  | 96  | 30 | 115 | 26 |       |

### 2016 National AeroSchools Competition

|              | 2015 | 2016 |
|--------------|------|------|
| Participants | 487  | 490  |
| Schools      | 42   | 43   |

### 2016 Australian Aerobic Gymnastics Championships

|     | Gold | Silver | Bronze |  |
|-----|------|--------|--------|--|
| VIC | 28   | 8      | 10     |  |
| QLD | 9    | 9      | 10     |  |
| NSW | 8    | 9      | 8      |  |
| WA  | 2    | 5      | 3      |  |
| SA  | 2    | _      | 2      |  |
| NZ  | -    | -      | -      |  |

| Total |  |
|-------|--|
| 266   |  |
| 201   |  |
| 187   |  |
| 76    |  |
| 77    |  |
| 37    |  |
| 32    |  |
| 28    |  |
| -     |  |
|       |  |

| Total |  |
|-------|--|
| 46    |  |
| 28    |  |
| 25    |  |
| 10    |  |
| 4     |  |
| -     |  |
|       |  |

# Event Statistics (cont.)

### 2016 National AeroSchools Competition Medal Tally

|                                          | Gold | Silver | Bronze |
|------------------------------------------|------|--------|--------|
| Melbourne Girls' College (VIC)           | 4    | 4      | 1      |
| Mt St. Michaels College (QLD)            | 4    |        | 2      |
| Ivanhoe Grammar School (VIC)             | 3    | 3      |        |
| Moreton Bay College (QLD)                | 3    | 2      |        |
| Loreto Toorak (VIC)                      | 2    | 3      | 3      |
| Our Lady of Mercy (VIC)                  | 2    | 1      | 5      |
| Firbank Grammar Sandringham (VIC)        | 2    | 1      | 2      |
| Westfields Sports High School (NSW)      | 2    |        | 1      |
| Balwyn North Primary School (VIC)        | 2    |        |        |
| Woodleigh School (VIC)                   | 2    |        |        |
| Greythorn Primary School (VIC)           | 1    | 1      | 1      |
| Star of the Sea (VIC)                    | 1    | 1      | 1      |
| Abbotsleigh (NSW)                        | 1    | 1      |        |
| All Saints Senior Catholic College (NSW) | 1    | 1      |        |
| Berwick Primary School (NSW)             | 1    | 1      |        |
| All Saints Catholic Primary (NSW)        | 1    |        |        |
| Torquay College – Primary (VIC)          | 1    |        |        |
| The Rockhampton Grammar School (QLD)     |      | 2      |        |
| Bute Primary School (SA)                 |      | 1      |        |
| Girton Grammar School (VIC)              |      | 1      |        |
| Kadina Memorial School (SA)              |      | 1      |        |
| Kyneton Secondary College (VIC)          |      | 1      |        |
| Monte Sant' Angelo (NSW)                 |      | 1      |        |
| PLC Sydney (NSW)                         |      | 1      |        |
| Romsey Primary School (VIC)              |      | 1      |        |
| Cerdon College (NSW)                     |      |        | 2      |
| Cecil Hills High School (NSW)            |      |        | 1      |
| Heathdale Christian College (VIC)        |      |        | 1      |
| Ivanhoe Girls' Grammar School (VIC)      |      |        | 1      |
| Merrimac State High School (QLD)         |      |        | 1      |
| Ringwood North Primary School (VIC)      |      |        | 1      |
| Siena College (VIC)                      |      |        | 1      |
| Wallaroo Primary School (SA)             |      |        | 1      |

### 2016 National Clubs Carnival

|           | GfA | MAG | WAG | RG  | TRP | AER | ACR | Total |
|-----------|-----|-----|-----|-----|-----|-----|-----|-------|
| Clubs     | 8   | 19  | 40  | 10  | 29  | 7   | 14  | 127   |
| Athletes  | 119 | 289 | 624 | 95  | 389 | 97  | 232 | 1,845 |
| Officials | 26  | 88  | 162 | 36  | 146 | 18  | 51  | 527   |
| Total     | 153 | 396 | 826 | 141 | 564 | 122 | 297 |       |

| Officials | GfA | MAG | WAG | RG | TRP | AER | ACR | Total |
|-----------|-----|-----|-----|----|-----|-----|-----|-------|
| Coach     | 17  | 45  | 100 | 19 | 69  | 10  | 27  | 287   |
| Judge     | 9   | 22  | 41  | 14 | 52  | 8   | 15  | 161   |
| Chaperone |     | 21  | 21  | 3  | 25  |     | 9   | 79    |
| Total     | 26  | 88  | 162 | 36 | 146 | 18  | 51  |       |

### 2016 National Clubs Carnival Overall Champion Clubs

Pa

Men's Artistic Gymnastics Manly Warringah Gymnastics Club

**Women's Artistic Gymnastics** Delta Gymnastics - Brisbane

Rhythmic Gymnastics Holdfast Bay Rhythmic Gymnastics

Trampoline Gymnastics Castle Hill RSL Youth Club

Aerobic Gymnastics Loreto Gymnastics Club

Acrobatic Gymnastics Robertson Gymnastics Academy

### Inaugural National TeamGym Competition (held in conjunction with NCC 2016) – Participating Clubs

| NSW | Deniliquin Gymnastics Club    |
|-----|-------------------------------|
| NSW | Engadine Gymnastics Club      |
| NSW | Greater Sydney Sports Academy |
| SA  | Kangaroo Island Gymnastics    |
| TAS | Launceston PCYC               |
| SA  | Morphett Vale Youth Club      |
| VIC | Palmer's Gym Bendigo          |
| NSW | Yotala Gymnastics             |

# **Gymnastics For All**

In 2016 Gymnastics for All (GfA) has been able to deliver key retention programs for the sport, achieving some big milestones in the areas of TeamGym and Freestyle Gymnastics (FreeG).

The nationally-recognised TeamGym program has continued to build momentum throughout the year, with the delivery of State-based workshops for coaches and judges, and most State Associations actively promoting the program to clubs.

The 2016 National Clubs Carnival saw the hosting of the inaugural National TeamGym Championships in Bendigo, Victoria. The event was a great success, with 13 teams competing, representing four States – New South Wales (NSW), Victoria, South Australia (SA) and Tasmania.

The GfA Commission took the opportunity to also deliver additional coach and judge education at the event, focussing support on the representatives for States who have recently started the program.

With growing club interest and the expansion of competition opportunities, the Commission is confident we will see the program participation numbers continue to increase, and greater representation of clubs and States at the National Clubs Carnival into the future. Whilst there are a number of people who have assisted to get this program operating nationally, thanks must go to GfA Commission member, Bernie Spedding, for being the driving force behind this growth.

Freestyle Gymnastics (FreeG) has also achieved a number of key milestones in the GfA Commission's quest to implement a non-traditional gymnastics program designed to attract and retain young people, and help them keep fit and healthy.

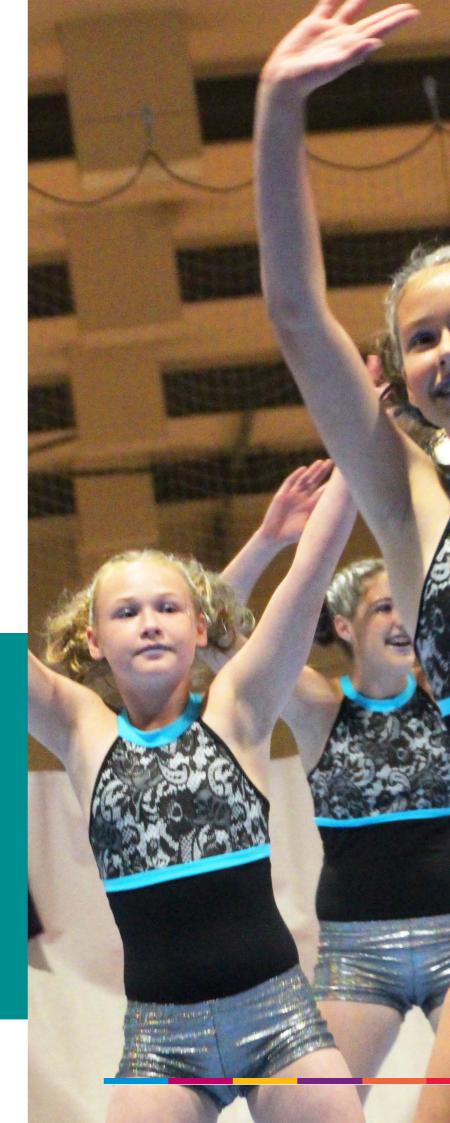
With the finalisation of FreeG coach workshops last year, 2016 saw the delivery of these workshops in the pilot States of NSW and SA. The success of these workshops saw the expansion of delivery rolled out to other states, with almost all State Associations coming on board and actively promoting the program.

The 2016 National Clubs Carnival in Bendigo also hosted the Official Launch of the program, with demonstrations and promotional videos conducted throughout the event.

The milestones achieved to implement the program are a credit to the FreeG Subcommittee, led by GfA Commission member, Ben Cork, and well supported by Gymnastics Australia Staff member Robyn Tribe. Recognition must also be given to the work carried out by Chloe Kerr, who has been the key workshop presenter, delivering courses across the country to promote FreeG.

With work commenced on preparations for the World Gymnaestrada event in 2019, and the incorporation of the Gym4Life event into the National Clubs Carnival from 2018 onwards, in addition to continued growth in FreeG and TeamGym, it will make for a busy 2017, and the GfA Commission are looking forward to the challenge.

Justin Hayes Technical Director



### 2016 National Gymsport Award Recipients

Volunteer of the Year Ben Cork (NSW)

Coach of the Year – Gymnastics for All Melinda Turnbull (NSW)

**Coach of the Year – KinderGym** Kit Poole (NSW)

**Special Recognition** Chloe Kerr (NSW) & Pat Redfern (ACT)

Lance Otto Award Natalie Jaques (NSW) An Olympic year is always an exciting year and the international focus for 2016 was for Australia to qualify an individual athlete to the games. With the National Centre of Excellence (NCE) now well and truly embedded back into Australia's Men's Artistic Gymnastics (MAG) system, we have started to see a real improvement in the progress of many of the senior athletes within this program. A twoday trial was held at the NCE in Canberra to determine the single Australian athlete who would attend the Olympic Test Event. Michael Mercieca (NCE/QLD) was the top performer on both days of the trial, and was selected as our sole representative.

In March Chris Remkes (NCE/SA) travelled to his first FIG World Challenge Cup events in Doha and Cottbus before meeting the rest of his teammates in the USA for the Pacific Rim Championships. Chris's performance on Vault at these events proved to be breakthrough performances, claiming second place in Doha and fourth place in Cottbus. Following on from the Pacific Rim Championships, Michael travelled to Brazil for the Olympic Test Event.

The Test Event took place in Rio de Janerio, Brazil in April, and although Michael performed well on his first four apparatus, he unfortunately fell on Horizontal Bar and Floor, which was enough to have him sitting out of the allocated Olympic positions, and as the second reserve for the main event in August once the event concluded. This was both a disappointing result personally for Michael, and for everyone involved in Men's Gymnastics in Australia, as no Australian MAG athlete would be competing at the 2016 Olympic Games.

The Australian Gymnastics Championships in May were a great success, and with Naoya Tsukahara (QLD) having retired after the Olympic Test Event trial earlier in the year, a new Australian Champion was guaranteed to be crowned. A tough battle between Luke Wadsworth (VIC) and Luke Wiwatowski (NCE/VIC) would come down to the final apparatus where Luke Wadsworth prevailed and took home the Senior International Australian title for the first time in his career. The 2016 Australian Championships was also used to select an Open Levels team to tour to the USA in January, 2017, and to select a shadow squad for the Austrian Future Cup team that would be selected later in the year. With growing concerns over our current international ranking and lack of investment and focus in our junior program, towards the end of 2015 the MAG National Commission took a lead role in advocating for action and change. In June 2016, the High Performance team coordinated a two-day conference at the Australian Institute of Sport (AIS), with the sole focus being our junior sector of our national program.

For the past 10 years the MAG Commission have advocated for greater investment and focus on our junior system to no avail. Many people believe our current international results are a consequence of lack of coaching depth or athlete talent, however the opinion of the Commission is that unfortunately our backwards trend is a result of ten years of no junior focus in MAG from Gymnastics Australia. Once the junior AIS program closed we not only lost a competitive system where states were competing against a national program, we lost the focus of developing world class juniors the likes of Phil Rizzo (NSW) and Damien Istria (QLD) who both became world class gymnasts before the age of 18. The Commission believes that Gymnastics Australia continue to not resource this key area of our sport adequately after key structural changes have been made. Our current international results are directly related to the decisions the board of the day made ten years ago. We hope that the High Performance review conducted throughout 2016 shines a light on this and appropriate action is taken by the current Board to help Men's gymnastics get back on track.

The second National Clubs Carnival was held in Bendigo (VIC) in September where MAG experienced good growth in participation from the previous year. Once again this event was supported by the MAG NCE where our senior athletes performed new skills in preparation for end of year events and the change in the Code of Points. This event was also used as a formal selection trial for the Austrian Future Cup team.

Congratulations to Manly Warringah Gymnastics Club (NSW) for being crowned as the Overall Champion Club for 2016. Gold Coast Gymnastics Club (QLD), Canberra City Gymnastics Club (ACT) and Super Performance Centre (QLD) all performed well to make the race for the Overall Champion Club award a very tight battle.

In October, the annual Advisory meeting took place with MAG well represented by key individuals with a solid background in our sport and well integrated into the MAG community in their state. This meeting was very productive with the 2018 Australian Levels Program and 2018 national competition format the key focus of discussions for the weekend. The MAG Commission have achieved a lot of behind the scene work throughout the year in addition to providing assistance in the areas of High Performance, Education and Events. Many tasks in progress will continue to evolve throughout 2017, and as we did in 2016 we will continue to engage many individuals outside of the commission to assist with the work we have commenced and we thank all involved for their contribution.

With many changes taking place over the next 18 months and with the FIG Individual Apparatus World Cup coming to Melbourne early in 2017, the MAG Commission looks forward to the challenges facing us and working with the professional and volunteer sectors of Gymnastics Australia to progress Men's gymnastics in Australia forward.

Rohan Kennedy National Technical Director



### **Senior National Squad**

| Tyson Bull            | VIC |
|-----------------------|-----|
| Michael Mercieca      | QLD |
| Mitchell Morgans      | QLD |
| Sean O'Hara           | SA  |
| Chris Remkes          | SA  |
| Prashanth Sellathurai | NSW |
| Clay Stephens         | SA  |
| Naoya Tsukahara       | QLD |
| Luke Wadsworth        | VIC |
| Luke Wiwatowski       | VIC |

### **Australian Champions**

Senior International All-Around Luke Wadsworth (VIC)

Senior International & Level 10 Open Combined Winning Team Queensland

Level 10 Open All-Around Jack Norman (QLD)

Level 9 Open All-Around Rasmus Breth-Peterson (NSW)

Level 9 Open Winning Team Queensland

Level 9 Under 17 All-Around Hudson Irwin (VIC)

**Level 9 Under 15 All-Around** David Tanner (QLD)

Level 9 U17 and U15 Combined Winning Team Victoria

Level 8 Open All-Around Oliver Stack (QLD)

Level 8 Open Winning Team Queensland

Level 8 Under 14 All-Around Jesse Moore (SA)

**Level 8 Under 14 Winning Team** South Australia

Level 7 Open All-Around Timothy Hawken (NSW)

Level 7 Open Winning Team Queensland

Level 7 Under 12 All-Around Harrison Williams (QLD)

Level 7 Under Winning Team New South Wales

### **International Event Results**

### Doha World Challenge Cup

**24-26 March – Doha, Qatar** Chris Remkes – 17th FX, 17th PH, 2nd VT

#### **Cottbus World Challenge Cup**

**31 March-2 April – Cottbus, Germany** Chris Remkes – 29th FX, 37th PH, 4th VT Prashanth Sellathurai – 11th PH

### **Pacific Rim Championships**

**8-10 April – Everett, USA** Team – 5th

Michael Mercieca – 9th AA, 36th FX, 15th PH, 15th RR, 7th PB, 13th HB

Luke Wadsworth – 11th AA, 34th FX, 6th PH, 17th RR, 16th PB, 19th HB

Scott Costin – 19th AA, 15th FX, 31st PH, 25th RR, 25th PB, 20th HB

Mitchell Morgans – 23rd AA, 17th FX, 29th PH, 20th RR, 20th PB, 33rd HB

Chris Remkes – 31st FX, 21st PH, 26th RR, 6th VT

Luke Wiwatowski - withdrew due to illness

### **Olympic Test Event**

**15-18 April – Rio de Janeiro, Brazil** Michael Mercieca – 51st AA, 83rd FX, 56th PH, 68th RR, 69th VT, 40th PB, 72nd HB

### Austria Future Cup

**26 November – Linz, Austria** Team – 5th

#### Division I – Under 18

Jack Riek – 10th AA, 21st FX 21, 7th PH, 10th RR, 11th VT, 4th PB, 16th HB

Joseph Spellacy – 13th AA, 10th FX, 15th PH, 13th RR, 9th VT, 20th PB, 17th HB

Harrison Jones – 17th AA, 10th FX, 17th PH, 17th RR, 22nd VT, 10th PB, 21st HB

#### Division II – Under 16

Simon Constable – 6th AA, 10th FX, 13th PH, 9th RR, 9th VT, 15th PB, 10th HB

### **Toyota International**

**10-11 December – Tokyo, Japan** Chris Remkes – 6th FX, 7th PH, 6th VT Mitchell Morgans – 5th PB, 6th HB

# Men's Artistic Gymnastics Awards & Honours

### **2016 National Gymsport Award Recipients**

Senior Int. Gymnast of the Year Chris Remkes (SA)

Junior Int. Gymnast of the Year Heath Thorpe (VIC)

**National Levels Gymnast** Rasmus Breth-Petersen (NSW)

International Coach of the Year Shachar Tal (VIC)

**Development Coach** of the Year Yusuf Topari (NSW)

National Levels Coach of the Year Ming Lu (NSW)

#### Athlete Award of Distinction

Graham Bond QLD David Gourlay VIC John Lees VIC Bruce Sharp NSW Brian Blackburn NSW **Noel Punton VIC** Benny De Roo NSW\* **Ted Trainer NSW** Marc Faulks NSW Doug Maclennan NSW **Barry Cheales QLD** Murray Chessell VIC Ian Clarke VIC Peter Lloyd VIC Phil Cheetham NSW Rudi Starosta VIC Lindsay Nyland WA Warwick Forbes WA/NSW Mac Stirling QLD Shaw Byng NSW Werner Birnbaum NSW **Gennady Gleyberman VIC** Robert Edmonds QLD Ken Meredith ACT T. Wakamatsu WA Minoru Yamasaki NT Blaise Rizzo NSW Grant Carlyon QLD/WA Tim Lees VIC Mark Mommsen ACT Brennon Dowrick ACT Peter Hogan NSW

# **Bret Hudson NSW** L. Montanyi NSW

Nathan Kingston QLD **Damien Crozier ACT** Brendon Mand WA Andrei Kravtsov QLD Daniel Grigson WA Pavel Mamine QLD Philippe Rizzo NSW Damian Istria QLD Adrian Looney QLD Ian Bartlett NSW Justin Ng NSW Dane Smith QLD John Carroll WA Joshua Jefferis QLD Joel Moss ACT Prashanth Sellathurai NSW Samuel Offord SA **Thomas Pichler QLD** Samuel Simpson QLD Matthew Curtis NSW Luke Wadsworth VIC Luke Wiwatowski NSW Naoya Tsukahara QLD Michael Mercieca QLD Trenten Wan QLD **Christopher Remkes SA** Jack Rickards VIC Sean O'Hara VIC Kent Pieterse VIC

\*Deceased

### **Roll of Honour**

Brian Blackburn NSW Werner Birnbaum QLD Graham Bond QLD Shaw Byng NSW Grant Carlyon WA Barry J Cheales, Oam JP QLD Phillip Cheetham NSW Murray Chessell VIC Ian Clarke VIC Stan Davies VIC Benny De Roo NSW\* Blair Dixon VIC Brennon Dowrick ACT **Robert Edmonds QLD** Marcus Faulks NSW

Warwick Forbes WA Gennady Gleyberman VIC **David Gourlay VIC** Peter Hogan NSW Bret Hudson NSW Damian Istria QLD Joshua Jefferis QLD Andrei Kravtsov QLD John Lees VIC Timothy Lees VIC Peter Lloyd VIC Doug McLennan NSW Ken Meredith QLD Mark Mommsen ACT Lindsay Nylund WA Samuel Offord SA



Thomas Pichler QLD Noel Punton VIC Blaise Rizzo NSW Philippe Rizzo NSW Prashanth Sellathurai NSW Bruce Sharp NSW Ted Trainer NSW Sam Simpson QLD Minoru Yamasaki QLD

\*Deceased

#### After the success of the National Levels program implemented in 2015, a new International Levels program – which runs parallel to the National Levels program – has been developed and will be implemented in 2017.

This program allows talented girls to fast track to an international standard. Peggy Liddick, National Coach, and Jo Richards, National Pathways Manager, devoted considerable time and effort in 2016 to the development of this program. Extensive consultation determined the final list of skills with some new variations introduced to allow individual athletes the opportunity to follow a program more suited to their own ability and skill set. Stacey Umeh developed the new floor choreography with Peggy completing the beam routines. The associated competitive rules and requirements were finalised and a new Judges Course framework was developed which will allow more Judges to become involved in the program at a State and National level. The launch of this International Levels program was conducted in four States during October and November, where the program was delivered to Coaches and Judges.

Following the Western Australian Institute of Sport's (WAIS) decision to cease funding its Women's Gymnastics program from January 1, 2017, Gymnastics Australia (GA) took over the management of the Perth-based program, now known as the WAG National Centre of Excellence-Perth. Talented athletes in Perth will continue to have the opportunity to train in a High Performance program and strive for international team selection. WAIS will continue to play a part in this program through provision of the facility and contributions to athlete performance support.

Two 'Spin to Win' Open Camps with a total of 86 National Level 7 to10 gymnasts were conducted in 2016, with the focus of the camps being to provide a unique High Performance training experience for National Levels program gymnasts. These Open Camps also shared information about exciting pathways initiatives, including the Spin to Win project, and other talent transfer and identification opportunities. The athletes attending these Open Camps had the opportunity to be assessed for High Performance potential in not just gymnastics, but other sports as well. These camps have proved to be highly successful and in great demand providing extensive coaching and development for our National Levels athletes.

Two Team Future Camps were also held in 2016 with 100 International Level girls and 30 coaches involved in each camp. The coaches received specialist instruction from various experts while the gymnasts undertook an intensive and expanded training regime involving ideal skills and physical ability testing. Opportunities for the coaches to observe high-level training, to join in coach-specific education sessions, to interact with other coaches, share ideas and experiences, create and interpret new knowledge and undertake reflective practice are all part of the highly rewarding experiences at these camps.

Once again Melbourne's Hisense Arena hosted the Australian Gymnastics Championships in 2016. This event has grown immensely both in the number of competitors and the guality and organisation of the event. In 2016 the event was streamed live, new overhead screens announced results and showed video highlights throughout the competition. 2016 also saw the Level 7 and Level 8 athletes compete at the same time utilising two sets of equipment. This was a spectator's dream and resulted in a fabulous competition with every State and Territory represented on the competition floor over two sessions. The astute scheduling that enabled this is planned to continue in 2017. This event is the pinnacle for so many of our talented National Levels competitors and the number of girls vying for State Team selection is increasing each year. The increased number of competitors from the smaller States is encouraging and it is envisaged that all States and Territories will field full teams at all National Levels by 2020. Following the Australian Gymnastics Championships two teams of National Level 10 athletes were selected to compete in the New Zealand National Championships in October. This is a valuable opportunity for our highest ranked National Levels athletes to gain the opportunity to compete overseas. The teams had great success finishing in first and second place.

Georgia-Rose Brown (VIC), Larrissa Miller (VIC), Kiara Munteanu (VIC), Emily Little (WA), Rianna Mizzen (QLD) and Emma Nedov (NSW) comprised Australia's team for the Rio Olympic Games Test Event that was held in April 2016 in Rio de Janeiro. The team placed fifth of the eight teams vying for the remaining four team places in the main event in August, subsequently missing the opportunity to send a team of athletes to the Olympic Games. Following an extensive selection process, Larrissa Miller was selected as the individual athlete to compete for Australia in the Olympic Games in Rio, where she ranked 30th on Uneven Bars and 67th on Floor in qualification. Larrissa's Floor routine was applauded as one of the most graceful and engaging routines but a fall on the last tumbling pass put her out of finals contention. Our congratulations are extended to Larrissa on reaching her second Olympic Games.

Congratulations must also be extended to Trisha Hade who was selected by the International Gymnastics Federation (FIG) to officiate as the D1 judge on Floor, a challenging but exciting and prestigious role. The National Clubs Carnival was held in Bendigo for the second year in 2016, with an unprecedented number of athlete entries. The WAG competition was held over six days, comprising of athletes from National Levels 5 to 10. This event has reached its maximum participation capacity that is due in part to the wholehearted adoption of the new National Levels program by the gymnastics community.

The Australian Classic hosted by Gymnastics Victoria on behalf of Gymnastics Australia in Geelong, was a small yet successful event in 2016. This event showcased almost 100 International Stream gymnasts from all over Australia competing for club honours in International Levels 7, 8, 9 and 10, as well as Junior and Senior International. It was exciting to have a team from the Gymnastics Academy of the Philippines compete as well in 2016.

A Coach Immersion tour of the USA was conducted in March. This tour included a three-day seminar, attendance at a high level gymnastic facility to observe various training systems in the high performance space, and was capped off with attendance at the Pacific Rim Championships in Everett, Washington. This course was conducted in conjunction with the University of Queensland. This Immersion Tour involved pre-tour activities in the form of an online course on Athlete Development specifically adjusted for gymnastics coaches, and the introduction of an e-learning space in the form of a Wiki. Relevant videos and articles were posted leading up to the tour to provide a baseline for all tour coaches. Gymnastics Australia has partnered with the University of Queensland to provide the online learning community to the 12 coaches participating in the 2016 Immersion Tour this year. The Coach Immersion Program is one of a suite of new professional development opportunities on offer by Gymnastics Australia for accredited coaches. This program will be run every two to four years, and will immerse developing High Performance coaches in a range of elite environments, enhancing their coaching practices, and ultimately improving the development of Australia's young athletes.

A Junior Development tour to China was conducted with the objective of further developing gymnastic relationships between China and Australia, and a view to providing development opportunities for our junior athletes, as well as to provide professional development for our travelling coaches. This tour was highly successful and is an example of the wide range of opportunities available to our developing athletes and coaches.

The first live Webinar, accessible by all coaches, was held in April. The topic was strength and conditioning for young athletes. This form of communication is extremely cost effective and convenient for GA and accredited coaches throughout Australia and it is envisaged that this program will expand further. In 2016, National experts presented a series of seven webinars on key topics for coaches, including physical preparation, talent pathways, injury prevention and advanced coursework. The Webinar recordings are a fantastic professional development opportunity that coaches can watch anywhere at any time.

Trisha Hade (QLD), Desiree Jones (WA), Heidi Rose (VIC) and Michelle McMurdo (WA) represented Australia at the FIG Women's Artistic Gymnastics Intercontinental Judges' Course in preparation for the 2017–2020 cycle in order to re-certify the Brevet status that allows them to judge at an international level. Congratulations to Trisha Hade on reaching Category 1 status, the highest standard of International judging accreditation. A further fifteen judges will attend the International Judges course in Canberra early in 2017 to re-accredit on the new cycle.

Significant retirements from the sport during 2016 included Australia's most decorated gymnast, Lauren Mitchell, as well as Jo Richards, the National Pathways Manager, and Peggy Liddick, National Coach. Each of them has left an enduring mark on gymnastics in Australia and I congratulate them on their contribution to our sport.

It has been a year of change in the Gymnastics Australia office but many thanks to Emily Rennes, Allyse Taylor and Renata Perini along with other staff members, who have supported me in my role as Technical Director. I look forward to meeting the challenges and continuing the development of Women's Artistic Gymnastics in Australia.

Jill Wright National Technical Director

### **Senior National Squad**

| Georgia-Rose Brown | VIC |
|--------------------|-----|
| Georgia Godwin     | QLD |
| Madelaine Leydin   | VIC |
| Emily Little       | WA  |
| Larrissa Miller    | VIC |
| Lauren Mitchell    | WA  |
| Rianna Mizzen      | QLD |
| Mary-Anne Monckton | VIC |
| Kiara Munteanu     | VIC |

### **Junior National Squad**

| Yasmin Collier    | WA  |
|-------------------|-----|
| Talia Folino      | VIC |
| Aya Meggs         | WA  |
| Jade Vella-Wright | VIC |
| Emily Whitehead   | VIC |

### **Australian Champions**

Senior International All-Around Rianna Mizzen (QLD)

Senior International Winning Team Victoria

Junior International All-Around Talia Folino (VIC)

Junior International Winning Team Victoria

International Level 10 All-Around Romi Brown (VIC)

International Level 10 Winning Team Western Australia

International Level 9 All-Around Janis Grommen (QLD)

International Level 9 Winning Team Victoria

International Level 8 All-Around Olena Edmeades (WA)

International Level 8 Winning Team Victoria

Level 10 All-Around (16 years & under) Chloe Jackson-Brown (NSW) Level 10 All-Around (17 years & over) Teliah Farren-Price (VIC)

Level 10 Winning Team Victoria

Level 9 All-Around (15 years & under) Emily Rampoldi (NSW)

Level 9 All-Around (16 years & over) Taylor Hutchins (VIC)

Level 9 Winning Team Queensland

Level 8 All-Around (14 years & under) Jorgie Hills (NSW)

Level 8 All-Around (15 years & over) Olivia Wills (NSW)

Level 8 Winning Team Queensland

Level 7 All-Around (13 years & under) Nikoletta Stadnik (NSW)

Level 7 All-Around Champion (14 years & over) Tessa Manukonga (NSW)

Level 7 Winning Team New South Wales

### **International Event Results**

### **Pacific Rim Championships**

8-10 April – Everett, USA Team – 3rd Kiara Munteanu – 6th AA, 8th BB Georgia-Rose Brown – 8th AA, 5th FX Larrissa Miller – 2nd UB Emily Little – 7th VT, 9th BB, 7th FX Emma Nedov Rianna Mizzen Emily Whitehead – withdrew due to injury

### **Aquece Rio Test Event**

**15-18 April – Rio de Janeiro, Brazil** Team – 5th Emma Nedov – 19th AA, 37th VT, 46th UB, 26th BB, 32nd FX Rianna Mizzen – 27th AA, 21st VT, 20th UB, 63rd BB, 46th FX Georgia-Rose Brown – 32nd VT, 25th UB, 48th BB, 48th FX Emily Little – 3rd VT, 38th BB, 23rd FX Kiara Munteanu – 62nd VT, 62nd UB, 83rd BB Larrissa Miller – 5th UB, 2nd FX

#### Anadia World Challenge Cup

23-26 June – Anadia, Portugal Rianna Mizzen – 1st UB, 30th BB Emily Little – 5th VT, 5th FX Lauren Mitchell – Qualified 3rd for final but withdrew due to injury Larrissa Miller – 10th FX

#### **Heerenveen Open**

**9-10 July – Heerenveen, Netherlands** Emily Little – 1st VT

#### Szombathely World Challenge Cup

**7-9 October – Szombathely, Hungary** Emily Little – 2nd VT, 1st BB

### **XXXI Olympic Games**

**5-21 August – Rio de Janeiro, Brazil** Larrissa Miller – 30th UB, 67th FX

### Elite Gym Massilia

12-13 November – Marseille, France

#### Master Massilia

Team – 6th Erin Modaro – 16th AA, 13th VT, 17th UB, 12th BB, 16th FX Emi Watterson – 17th AA, 6th VT, 11th UB, 22nd BB, 14th FX Georgia Godwin – 21st UB, 19th BB, 7th FX Naomi Lee – 3rd VT, 11th FX

#### Open Massilia

Team – 13th Cassidy Ercole – 36th AA, =6th VT, 42nd UB, 54th BB, 44th FX Romi Brown – 44th AA, 71st VT, 32nd UB, 33rd BB, 82nd FX Jade Vella-Wright – 48th AA, =55th VT, 48th UB, 60th BB, 26th FX Elly Bayes – 76th AA, =77th VT, 80th UB, 74th BB, 33rd FX

### 41st Turnier der Meister FIG Individual Apparatus World Cup

**17-20 November – Cottbus, Germany** Emily Little – 1st VT, 7th BB, 3rd FX

### **Toyota International**

**10-11 December – Tokyo, Japan** Emily Little – 3rd VT, 3rd BB, 6th FX Georgia Rose-Brown – 6th UB, 6th BB, 5th FX



### **2016 National Gymsport Award Recipients**

Nat. Levels Gymnast of the Year Teliah Farren-Price (VIC)

Nat. Levels Coach/Coaching Team of the Year Skye Benson & Tony Benson (NSW)

Nat. Levels Development Coach of the Year Kaylin Norris (QLD)

Senior Int. Gymnast of the Year Emily Little (WA)

Junior Int. Gymnast of the Year Talia Folino (VIC)

Int. Levels Coach/ Coaching Team Nikolai Lapchine & Martine George (WA)

Int. Levels Development Coach/ **Coaching Team of the Year** Joshua Fabian & Regan Molyneaux (WA)

### Athlete Award of Distinction

Ingeborg Fraser QLD Barbara Cunningham VIC Wendy Nicholls VIC Kave Breadsell WA Val Roberts VIC **Barbara Fletcher VIC** Val Buffham-Norris WA Janice Bedford WA Barbara Cage QLD Lyn Hancock WA Coralie Hill VIC Suzette Cork WA Pam Evans SA Jenny Sunderland WA Ann Doig SA Sharman Cook VIC Lvnne Patten VIC Julie Harvie VIC Sharon Gilligan NSW Wanita Lynch WA Pam Mikl NSW Marina Sulicich SA Carol Marsh NSW Karen Edelsten QLD Kerry Bayliss SA Sandra Jones NSW Margaret Jack QLD Kim McMaster SA Janice Edelstone OLD Leanne Stevens SA Kerryn Bailey SA Kellie Wilson QLD Heidi Amundsen VIC Jenny Roberts WA Phillipa Ray VIC Joanne McCallum WA Keri Battersby VIC Tracey Johnson WA Jenny Curtin NSW Elana Sharp ACT

Sue Miller NSW Susan Turnbull VIC Michelle White NSW **Debbie Graham NSW** Leanne Rycroft SA **Carolyn Stewart NSW** Michelle Saliba WA **Kellie Larter TAS** Monique Allen NSW Katie Watts VIC Lisa Read NSW **Kylie Shadbolt QLD** Jenny Clack WA Michelle Telfer WA Jane Warrilow WA **Jodie Rogers NSW** Joanna Hughes VIC Julie-Anne Monico ACT Brooke Gysen WA Salli Wills WA Cathy Keyser WA **Rebecca Stoyel SA Ruth Moniz NSW Kirsty-Leigh Brown ACT** Lisa Moro VIC Lisa Skinner QLD **Genevieve Preston ACT** Nicole Kantek NSW Jenny Smith WA Rebecca Wilson QLD Zeena McLaughlin VIC Rebekah Armbruster QLD Allana Slater WA Trudy Mcintosh VIC Katarina Frketic NSW **Brooke Walker VIC** Jacqui Dunn SA Alexandra Croak NSW Melinda Cleland VIC Allison Johnston SA Kylie Tanner QLD Jessica Zarnay QLD

Sarah Lauren WA Stephanie Moorhouse VIC Monette Russo VIC Belinda Archer ACT Danielle Kelly QLD Melissa Munro NSW Karen Nguyen VIC Olivia Vivian WA Monique Blount ACT Chloe Sims QLD Hollie Dykes QLD Ashleigh Brennan VIC Naomi Russell QLD Daria Joura WA Melody Hernandez NSW Georgia Bonora VIC Lauren Mitchell WA Shona Morgan VIC **Emily Little WA** Larrissa Miller QLD Georgia Wheeler VIC Georgia-Rose Brown VIC Mary-Anne Monckton VIC Madelaine Leydin VIC Georgia Godwin QLD

### **Roll of Honour**

Monique Allen NSW Kerry Bayliss SA Janice Bedford WA Georgia Bonora VIC Kaye Breadsell WA Ashleigh Brennan VIC Sharman Cook VIC Barbara Cunningham VIC Jacqui Dunn SA Hollie Dykes QLD Karen Edelsten QLD **Barbara Fletcher VIC** Ingeborg Fraser QLD Barbara Cage WA Wendy Nicholls VIC Lyn Hancock WA Joanna Hughes VIC Daria Joura WA **Emily Little WA** Wanita Lynch WA Trudy McIntosh VIC Zeena McLaughlin VIC Lauren Mitchell WA Julie-Anne Monico ACT



Stephanie Moorhouse VIC Shona Morgan VIC Val Buffham-Norris WA Lisa Read NSW Val Roberts VIC Monette Russo VIC Leanne Rycroft SA Kylie Shadbolt QLD Chloe Sims OLD Lisa Skinner OLD Allana Slater WA Jenny Smith WA **Rebecca Stoyel SA** Marina Sulicich SA Jenny Sunderland WA **Michelle Telfer WA** Salli Wills WA Kellie Wilson QLD Larrissa Miller VIC Mary-Anne Monckton VIC **Olivia Vivian WA** 

# **Rhythmic Gymnastics**

Three indicators of success in any sport are achievement by athletes and the enjoyment they receive from participation, the capacity of coaches to bring out a personal best for these athletes and, the fair and accurate assessment of performance which celebrates these achievements.

Australian gymnastics is currently driven by the Australian Sports Commission's goals and funding expectations, policy related to junior sport participation, and best practice models which influence decision making within the National Sporting Organisation (NSO). All have played an important part in shaping the National Commission's direction for Rhythmic Gymnastics (RG) in Australia this year.

The commission has led the sport through crucial changes while continuing to support athletes, coaches and judges as they pursue their own personal goals. It takes three to five years to build effective programs, so it is vital that the States also recognise the importance of quality programs for athletes at a local level. Over the past year, consultation at the Australian Gymnastics Championships, Elite Planning groups, Team Future workshops and various Technical Meetings has established clear links between National and State programs and policies.

In May, the commission produced a discussion paper to clearly define expectations and how proposed changes to the pathway were to be supported over the next two years. Many sports are built around an age structure and the Commission saw merit in endorsing a minimum age for participation at the Australian Gymnastics Championships. Regular reviews of this thinking ensured the Commission stayed on track and that preparations for the next competition cycle were well documented.

# Specific 2016 National RG Plan strategies linked to this included:

- Changed division titles and age descriptions linked to suggested training hours;
- Talent Identification strengthened for Team Future and Team Future Advanced programs;
- Stages program introduced for state implementation, as a foundation to the High Performance (HP) Pathway.

Running parallel to this planning was the review of the Australian Levels Program (ALP). After much discussion and review of survey findings from States and key stakeholders, a draft linked to the FIG Code of Points was developed. The aim was agreed on; to give young Australians opportunity to participate in, learn about and progress through a set of RG skills, while developing the physical and creative abilities of athletes who choose Rhythmic Gymnastics as their regular sport. A Rhythmic ALP must promote the fusion of ballet, dance and gymnastics skills. This requires an understanding of strength, power, flexibility, agility, endurance, expression and hand-eye coordination. To be able to develop both individual talents and the ability to work as a member of a team in a creative environment, the competition structure included both individual levels and group participation.

# Specific 2016 National RG Plan strategies linked to this included:

- Review survey completed, associated statistics and data used to support planning of a draft framework, developed with community consultation;
- Draft core content and an implementation plan released;
- Resource development continued for release of final document in 2018 competition year.

The Commission agreed that to achieve international standards in coaching and High Performance, our roles, responsibilities and expectations all needed to be well communicated and strategically planned.

The professional development of coaches must be a career-long process. The RG Advanced Face-to-Face Coaching Course Pilot was run in September at the close of National Clubs Carnival in Bendigo. The new format was well received and evaluated highly. Thirteen candidates from Victoria, South Australia, New South Wales, Tasmania and Queensland participated; with some candidates being senior gymnasts moving into coaching, whilst other candidates were just starting out in the sport. The Commission would formally like to thank presenters Michelle de Highden, Katie Sigsworth and Lisa Bradley for their efforts and the work achieved to create this course, with guidance from FIG Academy expert, Nadya Alexandrova.

In November two Australian representatives attended the FIG Academy III course held in the Philippines. RG Team Future Coordinator, Katie Sigsworth (NSW), and Kate Johnson (SA), Head Coach of Venia Gymsports, attended lectures on topics such as biomechanics, anatomy, psychology, planning, training theory, physiology, and sport theory. There were extensive in-gym technical sessions for all apparatus technical requirements, as well as workshops to understand music and artistic preparation, choreography and physical preparation. The first RG FIG Academy II Program was held in December at the Australian Institute of Sport in Canberra, and provided a common base for the development of High Performance coaches. Each lecture was prepared to meet specific needs of our RG coaches. The content of the Academy is about one-third theory and two-thirds practical. Coaches worked with a group of athletes to develop specific skills and learn a routine. These were assessed by our experts for a final accreditation.

# Specific 2016 National RG Plan strategies linked to this included:

- FIG Academy courses coordinated and promoted to increase participation;
- New RG-specific Advanced Course developed and piloted;
- Strong links developed with international experts to build coaches' and judges' capacity, and participation in associated camps and workshops.

The Commission was asked to respond to data showing that while participation in the early years is strong, there is a significant drop off in RG participation from 13 years of age. There is considerable empirical and anecdotal evidence suggesting that too much emphasis on early-age success compromises continued sporting participation and potential. The new Foundation Program in the ALP has been well implemented in the States, and improved systems for Talent Identification have produced a larger athlete pool and new pathways to maximise retention of these athletes. Gymnastics Australia (GA) is in the process of developing guidelines for junior sport development and this has also impacted on our planning. The FIG RG age group program provided an interesting model of how to combine a skills curriculum and a competition framework, alongside an assessment and talent identification processes. These concepts have now been firmly established in the HP pathway for Rhythmic Gymnastics.

Pre-elite athletes need to be able to reach internationally competitive standards at an affordable cost, and athletes need support services which are integrated in their daily training environment. These concepts have been discussed at all coaches' workshops and national events in 2016 so that the community as a whole understand the issues and are able to provide feedback to shape future directions for the sport.

We need high quality domestic competition to improve performance, as international competitions leave us at a geographic disadvantage and come with high costs for participating at these levels. For athletes, coaches and parents to understand the nature of High Performance and training regimes, competitions in Australia need to simulate overseas experiences. It is essential that emerging athletes have access to appropriate international competitions, so systems which track and monitor National Squad members and their achievements internationally were introduced in 2016 to monitor and track athlete development and performance.

# Specific 2016 National RG Plan strategies linked to this included:

- Worked with the GA HP team to monitor participation at international events;
- Developed clear selection policies and processes so that athletes and coaches understand broad goals of HP performance;
- Worked with the community to raise expectations about Individual Performance Plans (IPP), especially for National Squad athletes, as part of sanctioning to compete at international events.

Judges are essential to our sport. In December 2016 all FIG accreditations expired and the cycle of re-accreditation began for our judging community. RG has had a major change to the FIG Code of Points for the next cycle. The removal of judging sheets and the division of judging panels into new sub groups has meant a huge amount of work for the Commission as we develop a better understanding of the implications of these FIG decisions and new judging courses to support the changes.

Being able to maintain judges at the highest levels has been an essential role for the Commission. A program to identify a pool of judges with the potential to gain their international brevet status was put in place in August. The expectations from candidates was a commitment to engage in continuous learning, attend a Brevet course, participate in an online learning community and be assessed regularly on their understanding of technical points within the code. Training and mentoring were provided in preparation for the 2017- 2020 Olympic Cycle. The program culminated in a two-day workshop attended by ten judges in Sydney late November, with input from international experts, as preparation for the FIG course to be held in Auckland early in 2017.

Australia has been recognised as a leader in RG judges' education, and 2016 saw the development of strong partnerships with Oceania and South-East Asia. In June, Karyn Murray presented a two-day judging course in Singapore. This was followed by Erin Pankoke who presented a two-day judging course in Malaysia, and Shelley Williams who presented a workshop in Vietnam. This has become an exciting opportunity for the Commission and the partnership has already strengthened Rhythmic Gymnastics in the region.

In September, the National Clubs Carnival was held for the second year in Bendigo. The event was another great success. Congratulations to the Overall RG Club Champions, Holdfast Bay (SA), who won the event for the second year in a row. The Commission would like to thank all the volunteers who assist with these events and program development. Our subcommittees continued to work on specific projects and their contribution to the overall RG strategic planning has been a vital part of our success this year.

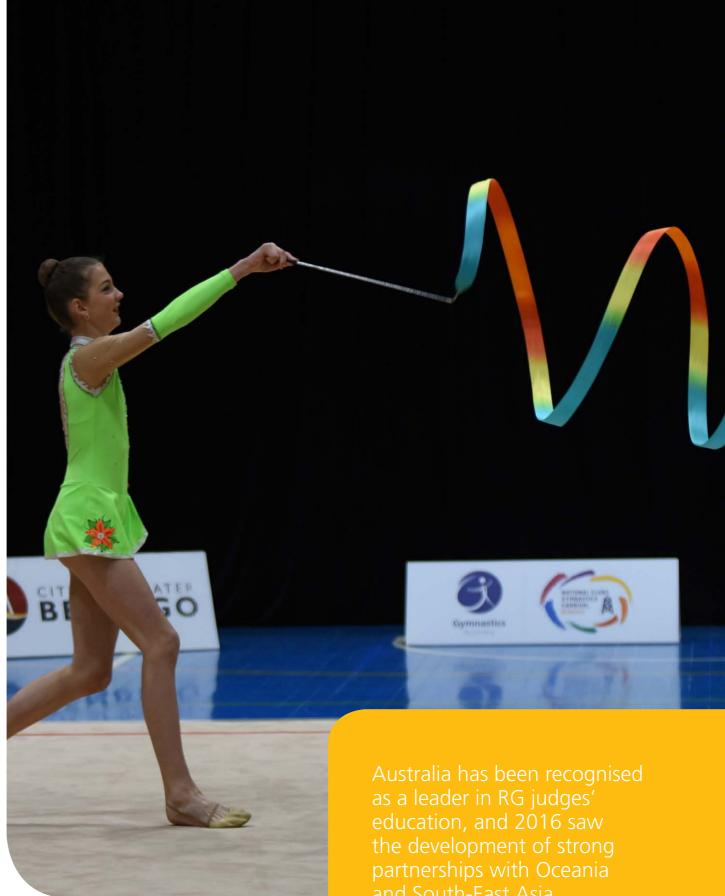
Virginia Elliott National Technical Director

### **Senior National Squad**

| Maya Bennett         | NSW |
|----------------------|-----|
| Elizabeth Inaba-Hill | SA  |
| Alannah Mathews      | QLD |
| Himeka Onoda         | QLD |
| Zoe Ormrod           | QLD |
| Danielle Prince      | QLD |
| Michaela Whitehouse  | NSW |
| Tara Wilkie          | NSW |

### **Junior National Squad**

| Amber Atcheson   | NSW |
|------------------|-----|
| Alexandra Eedle  | NSW |
| Audrey Freeman   | NSW |
| Ashari Gill      | VIC |
| Alisa Gimgina    | VIC |
| Laura Gosling    | QLD |
| Lidiia lakovleva | QLD |
| Alexandra Kiroi  | VIC |
| Mila Saltikova   | VIC |



and South-East Asia.

# Rhythmic Gymnastics (cont.)

### **Australian Champions**

Senior International All-Around Danielle Prince (QLD)

Senior International Winning Team Queensland

Junior International All-Around Lidiia Iakovleva (QLD)

Junior International Winning Team New South Wales

<mark>Level 9 Junior All-Around</mark> Thu Luu (VIC)

Level 9 Junior Winning Team New South Wales

Level 8 Junior All-Arour Tahlia Stewart (VIC)

Level 8 Junior Winning Team Victoria

Level 7 Junior All-Aroun Francesca Poi (VIC)

Level 7 Junior Winning Team Victoria

Level 10 All-Around Heather Guillena Blakeway (QLD) Level 10 Winning Team Queensland

**Level 9 All-Around** Yaroslava Leonova (SA)

<mark>Level 9 Winning Team</mark> South Australia

Level 8 All-Around Jessica Mackenzie (VIC

Level 8 Winning Team Victoria

Level 7 All-Around Scarlett Evans (SA)

<mark>Level 7 Winning Tearr</mark> South Australia

Senior Group Queensland

Junior Group Queensland 3

**ub-Junior Group** New South Wales 2

**Open Group** Queensland 2

### **International Event Results**

#### **KFK Gracia Cup**

#### 5-7 February – Budapest, Hungary

Junior International Group (Heather Blakeway, Tiah McLaren, Renee Quinn, Melisa Lawrie & Theresa Hammond) – 1st

#### 22nd Miss Valentine

11-14 February – Tartu, Estonia

Junior International Group (Heather Blakeway, Tiah McLaren, Renee Quinn, Melisa Lawrie & Theresa Hammond) – 6th

#### FIG World Cup Pesaro

**1-3 April – Pesaro, Italy** Danielle Prince – 58th AA

#### Pacific Rim Championships

**8-10 April – Everett, USA** Team – 4th

#### **Senior International**

Danielle Prince – 4th AA, 8th Hoop, 3rd Ball, 3rd Clubs, 3rd Ribbon

Tara Wilkie – 5th AA, 13th Hoop, 4th Ball, 5th Clubs, 6th Ribbon

#### **Junior International**

Lidiia Iakovleva – 5th AA, 4th Rope, 6th Hoop, 5th Ball, 3rd Clubs

Alexandra Eedle – 6th AA, 7th Rope, 2nd Hoop, 13th Ball, 5th Clubs

Audrey Freeman – 8th AA, 7th Rope, 5th Hoop, 7th Ball, 13th Clubs

#### 28th Danube Cup

April 30-May 1 – Bratislava, Slovakia Tara Wilkie – 4th AA, 1st Ball, 1st Clubs, 3rd Ribbon

### Tournoi International

**6-8 May – Corbeil-Essonnes, France** Tara Wilkie – 20th AA

### 15th Irina Deleanu Cup

**13-15 May – Bucharest, Romania** Tara Wilkie – 16th AA, 15th Hoop, 15th Ball, 18th Clubs, 16th Ribbon

### FIG World Cup Berlin

**1-3 July – Berlin, Germany** Danielle Prince – 22nd AA, 23rd Hoop, 22nd Ball, 23rd Clubs, 20th Ribbon

### FIG World Cup Kazan

**8-10 July – Kazan, Russia** Danielle Prince – 28th AA, 26th Hoop, 32nd Ball, 33rd Clubs, 25th Ribbon

### **XXXI Olympic Games**

**5-21 August – Rio de Janeiro, Brazil** Danielle Prince – 25th AA

#### Aeon Cup

**8-11 September – Tokyo, Japan** Prahran RG Team – 22nd Ruyton RG Team – 25th

#### **Senior International**

Maya Bennett – 34th AA Emily Barrow – 45th AA Anna Logachova – 50th AA Yingcui Chan – 52nd AA

#### **Junior International**

Alexandra Kiroi – 19th AA Silvia Valente – 26th AA

# Rhythmic Gymnastics Awards & Honours

### 2016 National Gymsport **Award Recipients**

Aus Levels Gymnast of the Year

# Athlete Award of

Australian Gymnastics Championships – **10 Year Participation** Award

### **Roll of Honour**





# **Trampoline Gymnastics**

Trampoline Gymnastics continued to gain momentum on a number of fronts in 2016; grassroots development, whole of sport growth, national event expansion, along with almost achieving Olympic High Performance targets, 2016 was witness to many positives.

Entering into a new Olympic cycle, Australia sits in the strongest position it has for many years. On the international scene, Trampoline Gymnastics achieved the highest Olympic placing of Australia's Olympic Gymsports with Men's Individual athlete Blake Gaudry completing both routines to finish in 13th place, after holding an outstanding fifth place after his first routine. 2016 also saw the continuing rise of Australia's Senior women, with a full team competing at World Cup events during the year. It is not recollectable if this has happened for a number of decades, and with our emerging Juniors, both the Men and Women's opportunities for the 2020-2024 Olympic cycle look stronger than ever.

Australia's emerging athletes once again successfully supported the 2016 Indo Pacific Championships hosted by New Zealand, with outstanding results in all contested disciplines, while providing our developing Junior athletes and officials invaluable international experience from which to build upon in years to come.

2016 witnessed the continued team focus and culture developing within the Trampoline community, headed by national coaching staff. This team culture and desire for our athletes to excel as individuals, as proud team members, and for their country, sets the stage for new goals to be achieved in the High Performance space for the 2017-2020 Olympic cycle. In a largely individual sport, as the most acclaimed Olympic coach, Dave Ross, once said, "the team spirit being witnessed within the Australian team brings an unmeasurable metric that will lift athletes to achieve greater heights than they could possibly achieve on their own. 2020 may be witness to Australia qualifying both male and female places at the Olympic Games; a feat not realised since the 2000 Olympics."

For continued success from Olympic cycle to Olympic cycle, Australia places focus at the top, grassroots, and the pathway in between. This is where the National Clubs Carnival, Team Future Camps, and 'Spin to Win' program are making an impact.

The National Clubs Carnival continued to break attendance records in 2016, showing that more clubs with more athletes are stepping into the Level 4 to 10 range with a desire to compete at a National level. The team aspect of this event provides a great snap shot of Trampoline Gymnastics in Australia, highlighting emerging clubs of different levels, disciplines, and overall. This year, for the first time in 13 years, saw a different club become the Overall Champion Club.

The Team Future pathway continued to play a role in 2016, with the roll out of innovative technology like the Virtual Assessment tool (VAT), along with two National Clinics held for our 11 to 14 year old aspiring athletes and developing coaches. This great Gymnastics Australia initiative sets the platform for Australia's future Youth Olympians and Senior International athletes.

With growth and stability of Trampoline Gymnastics placed high on the National Commission's agenda, the 'Spin to Win' project was piloted in 2016. This unashamedly inwardly focussed term has been adopted by the Trampoline Commission for our current clubs to investigate and engage in the internal opportunities that the adoption of new Gymsports into existing club programs can offer. Athlete retention, coach upskilling, and membership growth are key goals of the 'Spin to Win' concept. This program aims to engage, educate, and support clubs to develop new Gymsport programs beyond the traditional artistic disciplines that have developed Gymnastics in Australia to date. The commission believes that Power Tumbling, Double Mini Trampoline, and Trampoline fit perfectly into this club development space to retain and offer athletes extended opportunities for gymnastics as a whole, and look forward to expanding this project over the coming cycle.

As an activity that crosses over many of our Gymsports, Tumbling can play a key role in the expansion of participation in Trampoline Gymnastics throughout Australia, hence the Commission continues to actively encourage existing gymnastics clubs to participate in competitive Tumbling events. By growing competitive Tumbling participation within our existing gymnastics network, Trampoline Gymnastics as a whole will grow and become a more sustainable and successful Gymsport. The use of air-floor technology, modified rules to encourage participation, and 8-skill tumbling for this discipline is making an impact. The future looks bright and may culminate in a competitive Senior Tumbling team competing at World Championships this cycle. In preparation for the new cycle, the development of internal educational resources, educational opportunities by way of staging FIG Academy Coaching Courses, the hosting of FIG International Judging Courses, and the support of judges to achieve at the FIG Intercontinental Courses were all great Gymnastics Australia initiatives well received by the Trampoline community.

Beyond the great outcomes of 2016, the National Commission and Trampoline community will continue to drive and develop initiatives for the betterment of the sport which will see Australian Trampoline Gymnastics strengthen its base membership, offer great competitive experiences, improve developmental pathways with a coordinated national directive, and set up our sport for improved future international success on an ever increasingly difficult international stage.

Darren Gillis National Technical Director





# Trampoline Gymnastics (cont.)

### **Senior Women**

### Trampoline

| Eva Kierath            | WA  |
|------------------------|-----|
| Claire Arthur          | SA  |
| Lauren Sampson         | QLD |
| Abbie Watts            | NSW |
| Leanne van Rensburg    | NSW |
| Double Mini Trampoline | -   |
| Leanne van Rensburg    | NSW |
| Emily O'Connor         | VIC |

QLD

### **Senior Men**

Braida Thomas

### Trampoline

| •                |     |
|------------------|-----|
| Jack Penny       | TAS |
| Blake Gaudry     | SA  |
| Dominic Clarke   | NSW |
| Shaun Swadling   | NSW |
| Ty Swadling      | NSW |
| Blake Rutherford | NSW |

### **Double Mini Trampoline**

| Dominic Clarke        | NSW |
|-----------------------|-----|
| Matthew Weal          | NSW |
| Damien Axelsen        | TAS |
| Makonnen Brown        | TAS |
| Jack Petrie           | WA  |
| Lachlan Banham        | QLD |
| Ryan Hatfield         | VIC |
| Jarrod Spear          | QLD |
| Raphael Vargas        | QLD |
| Jayden Robinson-Patch | QLD |
|                       |     |

### **Junior Women**

### Trampoline

| Irampoline             |     |
|------------------------|-----|
| Kira Ward              | NSW |
| Jessica Pickering      | NSW |
| Megan Adams            | NSW |
| Georgia Rayment        | NSW |
| Imogen Florian         | NSW |
| Britney Glazebrook     | QLD |
| Cassandra Hoare        | SA  |
| Double Mini Trampoline |     |
| Kira Ward              | NSW |
| Megan Adams            | NSW |
| Georgia Rayment        | NSW |
| Britney Glazebrook     | QLD |
| Cleo Thornett          | WA  |
| Kayla Nel              | WA  |
| Isabelle Hayward       | NSW |
|                        | NSW |

### **Junior Men**

| Trampoline             |     |
|------------------------|-----|
| Daniel Hancock         | NSW |
| Ben Lehman             | SA  |
| Phoenix Wise           | SA  |
| Double Mini Trampoline |     |
| Daniel Hancock         | NSW |
| Jacob Hunt             | QLD |
| Kai Torsvik            | WA  |
| Matthew French         | TAS |
| Tumbling               |     |
| Ethan McGuiness        | NSW |
| Blake Grainger         | NSW |







# Trampoline Gymnastics (cont.)

### **Australian Champions**

#### **Individual Trampoline**

Senior International Female Eva Kierath (WA)

Senior International Male Blake Gaudry (SA)

Junior International Female Kira Ward (NSW)

Junior International Male Daniel Hancock (NSW)

Youth International Female Holly Kerslake (NSW)

Youth International Male Liam Christie (NSW)

**17+ Female** Natalie Steen (QLD)

**17+ Male** Spencer Mason (SA)

**Under 17 Female** Maya Freeman (NSW)

#### Synchronised Trampoline

Senior International Female Amy Lewis & Leanne van Rensburg (NSW)

Senior International Male Shaun Swadling & Ty Swadling (NSW)

Junior International Female Megan Adams & Imogen Florian (NSW)

Junior International Male Benjamin Carroll & Liam Christie (NSW)

Youth International Female Xanthe Karakas & Sunday Hollingsworth (VIC)

Youth International Male Chase Greeley & Adam Davey (VIC)

**17+ Female** Ruby Lowe & Khya Clarke (TAS)

**17+ Male** Brendon Carroll & Justil Fokes (NSW) Under 17 Male Jack Allen (NSW)

**Under 15 Female** Keeley Fahey (SA)

**Under 15 Male** Sebastian Lawson (SA)

Under 13 Female Isla Barr (NSW)

Under 13 Male Samuel Durkin (QLD)

**Under 11 Female** Kayla Germyn (NSW)

Under 11 Male Cameron Tidd (SA)

Women's Team New South Wales

Men's Team New South Wales

#### **Under 17 Female** Holli Philips & Rona Hunter (NSW)

Under 17 Male Jack Allen & Michael Heffernan (NSW)

Under 15 Female Isabella Milajew & Zoe Cooksey (NSW)

**Under 15 Male** Rasmus Ahlgren & Alex Ibrahim (SA/NSW)

Under 13 Female Isla Barr & Mali Barr (QLD)

Under 13 Male Harry Hiscock & Sigge Ahlgren (SA)

Under 11 Female Allanah Boseley & Meg Langridge (WA)

Under 11 Male Billy French & Oliver Otten (TAS)

#### **Double Mini Trampoline**

Senior International Female Emily O'Connor (VIC)

Senior International Male Matthew Weal (NSW)

Junior International Female Kira Ward (NSW)

Junior International Male Daniel Hancock (NSW)

Youth International Female Holly Kerslake (NSW)

Youth International Male Liam Christie (NSW)

**17+ Female** Olivia Morris (VIC)

**17+ Male** Brendan Carroll (NSW)

Under 17 Female Makenzie Wilson (NSW)

### Tumbling

Junior International Female Isabelle Hayward (NSW)

Junior International Male Connor Jones (SA)

Youth International Female Mahi Harris (SA)

**17+ Female** Lauren Sampson (QLD)

**17+ Male** Ivan Jarvis (NSW)

**Under 17 Female** Kayla McFayden (TAS)

Under 17 Male Matthew French (TAS) Under 17 Male Justin Fokes (NSW)

**Under 15 Female** Anyela Rogan (QLD)

Under 15 Male Alex Luyckx (VIC)

Under 13 Female Molly Mamo (NSW)

Under 13 Male Samuel Durkin (QLD)

Under 11 Female Tamia Fonua (NSW)

Under 11 Male Cameron Tidd (SA)

Women's Team New South Wales

Men's Team New South Wales

Under 15 Female Darcey Ridhalgh (NSW)

Under 15 Male Roman Kirby (WA)

**Under 13 Female** Breanah Cauchi (NSW)

Under 13 Male Damon Louwen (NSW)

Under 11 Female Lucy Tibbs (VIC)

Under 11 Male Joshua Blench (NSW)

# Trampoline Gymnastics (cont.)

### **International Event Results**

AGF Trophy World Cup 5-6 March – Baku, Azerbeijan

Senior Men's Individual Trampoline Shaun Swadling – 14th Jack Penny – 23rd Blake Gaudry – 43rd Ty Swadling – 44th

Pacific Rim Championships 8-10 April – Everett, USA Women's Team – 5th Men's Team – 6th

**Junior Women's Individual Trampoline** Cassandra Hoare – 7th Kira Ward – 9th

**Junior Men's Individual Trampoline** Daniel Hancock – 4th

**Senior Women's Individual Trampoline** Leanne van Rensburg – 7th Kaitlyn Perkins – 9th

**Senior Men's Individual Trampoline** Shaun Swadling – 4th Ty Swadling – 15th

Aquece Rio Test Event 19 April – Rio de Janeiro, Brazil Blake Gaudry – 9th Shanghai World Cup 14-15 May – Shanghai, China

Senior Women's Individual Trampoline Eva Kierath – 18th Claire Arthur – 20th Lauren Sampson – 21st Leanne van Rensburg – 22nd

Senior Men's Individual Trampoline Blake Gaudry – 17th Ty Swadling – 20th Jack Penny – 28th Shaun Swadling – 30th

**Senior Women's Synchronised Trampoline** Claire Arthur & Lauren Sampson – 7th Eva Kierath & Leanne van Rensburg – 10th

**Senior Men's Synchronised Trampoline** Shaun Swadling & Ty Swadling – 7th

Brescia World Cup 18-19 June – Brescia, Italy

Senior Women's Individual Trampoline Claire Arthur – 23rd Lauren Sampson – 26th Eva Kierath – 27th

Senior Men's Individual Trampoline Blake Gaudry – 13th Shaun Swadling – 14th Dominic Clarke – 31st

Senior Women's Synchronised Trampoline Claire Arthur & Lauren Sampson – 10th

**Senior Men's Synchronised Trampoline** Blake Gaudry & Shaun Swadling – 16th Arosa World Cup 24-25 June – Arosa, Switzerland

Senior Women's Individual Trampoline Eva Kierath – 15th Claire Arthur – 20th Lauren Sampson – 28th

Senior Men's Individual Trampoline Blake Gaudry – 18th Dominic Clarke – 22nd Shaun Swadling – 24th

Senior Women's Synchronised Trampoline Claire Arthur & Lauren Sampson – 7th

**Senior Men's Synchronised Trampoline** Dominic Clarke & Shaun Swadling – 15th

XXXI Olympic Games 5-21 August – Rio de Janeiro, Brazil

Senior Men's Individual Trampoline Blake Gaudry – 13th







### **International Event Results**

Indo Pacific Championships 21-25 October – Napier, New Zealand

Senior Women's Double Mini Trampoline Braida Thomas – 2nd Leanne van Rensburg – 3rd Amy Lewis – 4th

**Senior Men's Double Mini Trampoline** Ryan Hatfield – 2nd Jarrod Spear – 3rd

**17+ Women's Double Mini Trampoline** Kayla Nel – 7th Francesca Quadrio – 9th

**17+ Men's Double Mini Trampoline** Jayden Robinson-Patch – 1st Makonnen Brown – 5th Raphael Vargas – 7th

Jihara Thomas – 11th

Under 17 Women's Double Mini Trampoline Carina Hagarty – 2nd Britney Glazebrook – 3rd Cleo Thornett – 4th Samantha Pace – 6th Georgia Rayment – 10th

**Under 17 Men's Double Mini Trampoline** Matthew French – 5th Eddy Rand – 6th Lleyton Pagett – 7th Jacob Hunt – 8th **Under 15 Women's Double Mini Trampoline** Amber French – 3rd Ella Mar Fan – 5th Holly Kerslake – 8th

#### Under 15 Men's Double Mini Trampoline

Liam Christie – 1st Callum Evans – 6th Taj Bailey – 7th Liam Jeans – 8th Ned Whiting – 11th Patrick Schluter – 16th

Senior Women's Individual Trampoline

Lauren Sampson – 1st Leanne van Rensburg – 2nd

### Senior Men's Individual Trampoline

Jarrod Spear – 2nd Ryan Hatfield – 3rd

#### 17+ Women's Individual Trampoline

Paige Crane – 6th Braida Thomas – 7th Francesca Quadrio - 9th

#### 17+ Men's Individual Trampoline

Alex Cockayne – 2nd Joshua Hedley Williams – 4th Makonnen Brown – 7th Raphael Vargas – 8th

#### Under 17 Women's Individual Trampoline

Carina Hagarty – 6th Britney Glazebrook – 8th Georgia Rayment – 9th Samantha Pace – 10th Amber Dickinson – 11th

#### Under 17 Men's Individual Trampoline

Phoenix Wise – 3rd Eddy Rand – 10th Lleyton Pagett – 13th Matthew French – 15th Benjamin Carroll – 16th

#### Under 15 Women's Individual Trampoline

Madeleine Ross – 6th Amber French – 9th Holly Kerslake – 13th Ella Mar Fan – 18th

#### Under 15 Men's Individual Trampoline

Liam Christie – 3rd Patrick Schluter – 8th Alex Bruno – 9th Ned Whiting – 13th Callum Evans – 14th

#### Senior Women's Synchronised Trampoline

Lauren Sampson & Leanne van Rensburg – 2nd

# Senior Men's Synchronised Trampoline

Ryan Hatfield & Jarrod Spear – 3rd

### **17+ Women's Synchronised Trampoline** Paige Crane & Georgia Rayment – 4th Francesca Quadrio & Braida Thomas – 5th

### 17+ Men's Synchronised Trampoline

Alex Cockayne & Raphael Vargas – 1st Makonnen Brown & Joshua Hedley Williams – 2nd

### Under 17 Women's Synchronised Trampoline

Britney Glazebrook & Carina Hagarty – 1st Amber Dickinson & Samantha Pace – 2nd

### Under 17 Men's Synchronised Trampoline

Benjamin Carroll & Lleyton Pagett – 2nd Matthew French & Eddy Rand – 3rd

### Under 15 Women's Synchronised Trampoline

Amber French & Holly Kerslake – 2nd Ella Mar Fan & Madeleine Ross – 4th

### Under 15 Men's Synchronised Trampoline

Taj Bailey & Callum Evans – 3rd Alex Bruno & Liam Christie – 5th Patrick Schluter & Ned Whiting – 8th

# Trampoline Gymnastics Awards & Honours

### 2016 National Gymsport Award Recipients

Senior Female Gymnast of the Year Eva Kierath (WA)

Senior Male Gymnast of the Year Blake Gaudry (SA)

Junior Female Gymnast of the Year Kira Ward (NSW)

Junior Male Gymnast of the Year Liam Christie (NSW)

Coaching Team of the Year Castle Hill RSL (NSW)

**Special Recognition** Noreen Gaudry (SA)

National Official of the Year Darren Gillis (QLD)

#### Athlete Award of Distinction

Ji Wallace QLD Adrian Wareham VIC Jonathon Dore NSW Paul Hadfield NSW Steven Davey NSW Karl Shore NSW Robyn Forbes QLD / VIC Jacky Cully NSW Elizabeth Cox QLD Jacinta Harford VIC Khali Ridge NSW Kirsti Hann SA Neesha Lethbridge VIC Liselle Paris VIC Nikki Ahrens QLD Joda Trevena NSW Scott Brown NSW / SA Damien Kelso QLD Damian Ryan VIC / NSW Lisa Ross VIC Jesse South QLD Mark McClaughlin QLD Lesley Daley QLD Victor Zhuravlev VIC / NSW / SA Bree Ferrari VIC Carla Dellwo VIC Ben Wilden SA Grant Lee NSW Lauren Gillett VIC Daniel Warner VIC

Leigh Howlett VIC **Christie Jenkins VIC** Ty Swadling NSW Nick Smith VIC Jaimi Meyer VIC **Bethany Bailey NSW Gregory Clune NSW** Blake Gaudry NSW / SA Jack Penny TAS Andrew Ronacher VIC Reece Thompson QLD Hayley Tagell VIC Kelsie Henry QLD **Christine Hall QLD** Jarrod Spear QLD Aslin Styles SA William Morris SA Shaun Swadling NSW Jessie Tulett NSW Fletcher Donohue QLD **Owen Gilbert NSW** Matthew Weal NSW Abbie Watts NSW Eva Kierath WA **Claire Arthur SA** Damien Axelsen TAS Ryan Hatfield VIC Emily O'connor VIC **Dominic Clarke NSW** Braida Thomas QLD Amy Lewis NSW Jayden Cooney WA

### **Roll of Honour**

Scott Brown SA Ji Wallace QLD Ben Wilden SA Matthew Weal NSW Ty Swadling NSW Jack Penny TAS Christine Hall NSW Blake Gaudry SA



# **Aerobic Gymnastics**

2016 saw the retirement of Technical Director, Liz Lyons, and Judging Coordinator, Judith Gillen, from the Aerobics National Commission. Their valuable contribution to the sport was outstanding, and a huge loss for Aerobic Gymnastics in Australia.

On the competition floor, the 2016 year for Aerobics started on the Gold Coast in January, with the National Squad Training Camp held in conjunction with the Suzuki World Cup Trial. The Super Sports Centre at Runaway Bay saw athletes, coaches and judges stay for an intensive three days of Aerobics training, development and team building activities, including a range of workshops throughout the facility.

The 2016 Australian Aerobic Gymnastics Championships, National AeroSchools Competition and National Clubs Clubs Carnival were once again held at the Ulumbarra Theatre in Bendigo, Victoria. 2016 was the first year that Aerobics was included in the multi-Gymsport Carnival.

Australian Teams were selected for three International competitions in 2016; the Suzuki World Cup, the FIG World Championships and World Age Group Competition, and the Association of National Aerobic Championships (ANAC).

Record number of athletes represented Australia in 2016, with over 65 athletes and 14 officials chosen for the three international competitions. ANAC had the largest contingent of Australian represenatives, where 58 athletes and seven officials travelled to Las Vegas in the USA for the event. The increase of AeroDance participants was the significant reason for this. The Australian Team achieved great results at ANAC, with a special mention to Deborah Greenbaum, who received the silver medal in the Senior Individual Female division with an outstanding performance. In total, Australia took home five silver and five bronze medals from ANAC, with nine of the ten medals being won in the AeroDance divisions.

The National Advisory Meeting was held in October, with the Aerobics community from all States united to continue the development of the sport. With the new cycle upon us, the Commission and Aerobics community must work together in order to accept the challenges 2017 and beyond will bring.

New Commission members were named in November with Pearl Rozenberg taking on the role of National Judging Coordinator, and myself accepting the role of Technical Director.

I would like to thank the outgoing members of the Commission for their invaluable contribution to the sport, our current Commission members for their continued support throughout the year, and welcome our new members to the team.

**Pam Behan** National Technical Director

### **National Squad**

### Senior

| Annabel Muttdon   | VIC |
|-------------------|-----|
| Cairo Leicester   | WA  |
| Caitlin Shipsides | VIC |
| Deborah Greenbaum | NSW |
| Olivia Feaver     | VIC |
| Zoe Tisdale       | WA  |

### Youth

| Alex Young         | QLD |
|--------------------|-----|
| Annabelle Mitchell | QLD |
| Elian Jabbour      | NSW |
| Elisabeth Kidane   | NSW |
| Madison Rogers     | NSW |
| Madison Swan       | NSW |
| Matilda Narvo      | NSW |
| Mya Ward           | QLD |
| Nina lafrate       | VIC |
| Rebecca Osbourne   | WA  |

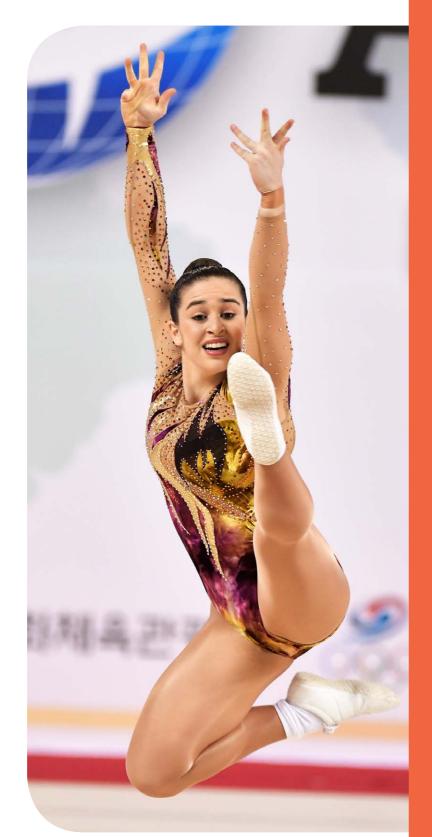
### **Senior AeroDance**

| Senior AeroDance        |     |
|-------------------------|-----|
| Alexandra Garson        | VIC |
| Alina Aitken            | QLD |
| Amy Carter              | QLD |
| Annabel Muttdon         | VIC |
| Annalise Gowing         | QLD |
| Belinda Swan            | VIC |
| Brittany Walklate       | QLD |
| Brooke Dean             | QLD |
| Caitlin Shipsides       | VIC |
| Danielle Smith          | NSW |
| Darcy Lawton            | QLD |
| Ebony Biden             | VIC |
| Elizabeth Hogarth       | QLD |
| Gemma Carter            | QLD |
| Gemma Swanson           | QLD |
| Grace Egan              | QLD |
| Grace Porter            | QLD |
| Kira Skillern           | QLD |
| Kirsty Till             | QLD |
| Kristie Loidl           | VIC |
| Nicola Pithers          | NSW |
| Michaela Warren         | QLD |
| Mercedes McIntyre       | QLD |
| Natalie Geale           | QLD |
| Olivia Angell           | QLD |
| Olivia Feaver           | VIC |
| Samantha Donaldson      | QLD |
| Shona Lynch             | QLD |
| Taylor Clayton          | QLD |
| Tyson Martin-Durrington | NSW |
| Zoe Tisdale             | WA  |
|                         |     |

## Aerobic Gymnastics (cont.)

### Youth AeroDance

| Alexandra Tree      | QLD |
|---------------------|-----|
| Alison Date         | QLD |
| Ashleigh Elvin      | QLD |
| Anna Stelmach       | VIC |
| Annalea Prepakis    | VIC |
| Carissa Uno         | NSW |
| Charlotte Singleton | WA  |
| Eleri John          | WA  |
| Elian Jabbour       | NSW |
| Eliza Tree          | QLD |
| Elyse Palmer        | WA  |
| Ebony Biden         | VIC |
| Francesca Strangio  | WA  |
| Isabella Cortez     | VIC |
| Kaya Kurtukoff      | QLD |
| Milla Masrton       | VIC |
| Molly Miles         | QLD |
| Nicola Bunker       | QLD |
| Nikita Lloyd        | NSW |
| Nina lafrate        | VIC |
| Olivia Osborne      | WA  |
| Sophia Pappas       | VIC |



### **Australian Champions**

#### **National Stream**

**Level 3 Junior Individual** Milla Richardson (VIC)

Level 3 Junior Multiple Rubi Berechree & Ali Cronk (VIC)

Level 3 Intermediate Individual Lily Jepsen (VIC)

Level 3 Intermediate Multiple Lily Jepsen & Alice Stewart (VIC)

**Level 4 Junior Individual** Kiranjit Simon (QLD)

Level 4 Junior Multiple Sophie Lillicrap & Kiranjit Simon (QLI

**Level 4 Intermediate Individual** Sophie King (SA)

Level 4 Intermediate Multiple Amelia Cartledge Moore, Alessa McCaig & Tahlia Sims (VIC)

Level 4 Senior Individual Jordan Brett (NSW)

**Level 5 Junior Individual** Sophie Varis (VIC)

Level 5 Junior Multiple Sophie Varis & Lucinda Morrisy (VIC

**Level 5 Intermediate Individual** Jaime Ikonomidis (VIC)

#### **Level 5 Intermediate Multiple** IKauli Bell & Sabrina Till (QLD)

**Level 5 Senior Individual** Jasmin Agostinelli (VIC)

Level 5 Senior Multiple Courtney Larwood & Kiara Mercer (SA)

**Level 6 Junior Individual** MacKenzie Manev (NSW)

**Level 6 Intermediate Individual** Emma Johnson (QLD)

Level 6 Intermediate Multiple Niamh Lewin & Taylah Lighton (VIC

**Level 6 Senior Individual** Mia Haravitsidis (VIC)

Level 6 Senior Multiple Sophie Jeffery & Gemma Wise (VIC)

**Level 7 Intermediate Individual** Olivia-Jane Osborne (WA)

Level 7 Senior Individual Emma Shelton (VIC)

Level 7 Senior Multiple Zoe Aloisio & Kindle Aloisio (VIC)

### Australian Champions (cont.)

#### International Stream

National Development Individual Rebecca Osborne (WA)

National Development Pair Sophia Carroll & Mary Hope (VIC)

**Age Group 1 Individual** Elian Jabbour (NSW)

Age Group 1 Trio Alex Young, Mya Ward & Annabelle Mitchell (QLD)

#### AeroDance

Junior Individual Isabella Cortez (VIC)

Junior Trio MacKenzie Manev, Jessica Naman & Patricia Siriphan (NSW)

#### **Junior Team**

Isabella Cortez, Celeste Crivelli, Brooke Ha, Lucinda Morrissy, Mali Haandel & Sophie Varis (VIC)

**Intermediate Individual** Nina lafrate (VIC)

Intermediate Trio Nina Iafrate, Milla Marston & Annalea Preparkis (VIC)

#### Intermediate Team

Elisabeth Kidane, Carissa Uno, Amy Waters, Taylah Woods & Tiana Yan (NSW)

#### **Age Group 2 Individual** Nina lafrate (VIC)

Age Group 2 Pair Thomas O'Sullivan & Ghielaina Waigh (QLD)

Senior Individual Female Deborah Greenbaum (NSW)

**Senior Trio** Natalie Geale, Mercedes McIntyre & Michaela Warren (QLD)

**Senior Individual Male** Kenji Fujihara (VIC)

#### **Division 2 Intermediate Team**

Peyton Engleby, Georgia Hill, Jaime Ikonomidis, Sarah McLeod, Charly Rouch, Mia Simpson, Isobel Wake, Portia Walsh & Brigid Watson (VIC)

Senior Individual Female Olivia Feaver (VIC)

Senior Individual Male Tyson Martin-Durrington (NSW)

Senior Mixed Pair Danielle Smith & Tyson Martin-Durrington (NSW)

Senior Trio Annabel Muttdon, Olivia Feaver & Ebony Biden (VIC)

#### Senior Team

Natalie Geale, Mercedes McIntyre, Michaela Warren, Kirst Till, Alina Aitken, Brooke Dean & Brittany Walklate (QLD)

### **International Event Results**

Suzuki World Cup & IAF International Age Group Competition 2-3 April – Tokyo, Japan

Senior Individual Female

Deborah Greenbaum – 18th Cairo Leicester – 19th Caitlin Shipsides – 20th

Age Group 1

Elisabeth Kidane – 5th Annabelle Mitchell – 6th Alex Young – 7th

#### FIG World Championships & World Age Group Competition 13-19 June – Incheon, South Korea

**Senior Individual Female** Cairo Leicester – 27th Deborah Greenbaum – 30th

Age Group 1 Annabelle Mitchell – 27th

#### ANAC International Championships 28 July-7 August – Las Vegas, USA

, <u>,</u>

#### Senior Individual Female

Deborah Greenbaum – 2nd Olivia Feaver – 7th Caitlin Shipsides – 10th Zoe Tisdale – 12th

#### Age Group 1

Elian Jabbour – 5th

#### Senior AeroDance Individual Female

Caitlin Shipsides – 3rd Olivia Feaver – 4th Zoe Tisdale – 9th Grace Porter – 10th Olivia Angell – 12th Samantha Donaldson – 14th Nicole Pithers – 19th

#### Senior Aerodance Individual Male

Tyson Martin-Durrington – 2nd

#### Senior AeroDance Mixed Pair

Tyson Martin-Durrington & Danielle Smith – 3rd

#### Senior AeroDance Trio

Annabel Muttdon, Ebony Biden & Olivia Feaver – 2nd Taylor Clayton, Darcy Lawton & Shona Lynch – 5th Kristie Loidl, Alexandra Garson & Belinda Swan – 6th

### Aerobic Gymnastics (cont.)

#### Senior AeroDance Team

Gemma Carter, Grave Egan, Annalise Gowing, Grace Porter & Gemma Swanson – 2nd

Alina Aitkin, Brittany Walklate, Brooke Dean, Natalie Geale, Kirsty Till, Michaela Warren & Mercedes McIntyre – 3rd

Amy Carter, Taylor Clayton, Elizabeth Hogarth, Darcy Lawton, Shona Lynch & Skillern – 8th

#### Varsity AeroDance Individual Female

Sophia Pappas – 3rd Molly Miles – 7th Erin Harrison – 8th Anna Stelmach – 11th Nina Iafrate – 12th Nikita Lloyd – 13th Elian Jabbour – 15th Nicola Bunker – 17th Carissa Uno – 19th Milla Marston – 28th

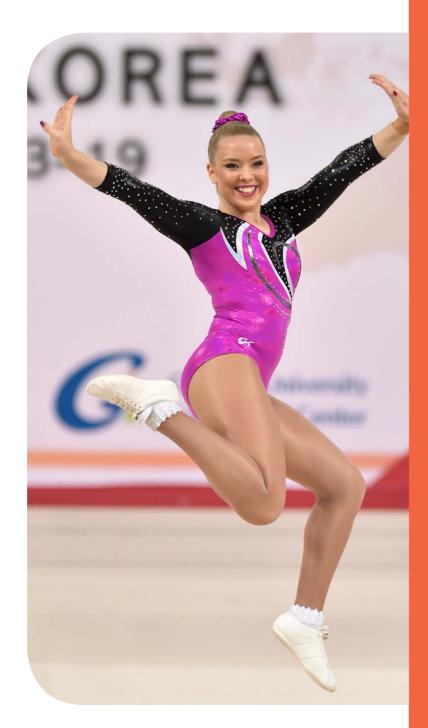
Varsity AeroDance Trio

Anna Stelmach, Milla Marston & Annalea Prespakis – 3rd

Varsity AeroDance Team Alexandra Tree, Eliza Tree, Alison Date, Ashleigh Elvin & Kaya Kurtukoff – 4th

Francesca Strangio, Charlotte Singleton, Elyse Palmer, Eleri John & Olivia Osborne – 7th

Junior Showcase AeroDance Individual Female Isabella Cortez – 2nd



### Aerobic Gymnastics Awards & Honours

#### 2016 National Gymsport Award Recipients

Senior International Athlete of the Year Deborah Greenbaum (NSV

**Junior International Athlete of the Year** Elian Jabbour (NSW)

**Levels Athlete of the Year** Eleri John (WA)

International Coach of the Year Samantha Elkington (WA)

Levels Coach of the Year Caitlin Murphy (VIC)

Official of the Year Pam Behan (NSW)

**Special Recognition Award** Liz Lyons (QLD)

of Distinction Patsy Tierney NSW Eddie Walton WA Sonya Shepard WA Juanita Little NSW Dean Wright VIC **Michael Betts QLD Todd Butland NSW** Lisa Osborne VIC Jason Stayt Nsw Justin Graham NSW Jeff Lim NSW Teresa Anderson VIC Dale Beaumont NSW Anthony Ikin QLD Stuart Fisher WA Carmen Hayward WA Lauren Farry NSW Leah Henville WA Chris Behan WA Lashae Pentony VIC Melissa Read WA Melissa Davies WA Hannah Davies WA Briony Tung WA Elizabeth Kane WA Kate Rebiero WA Katherine Aquino WA Emily Sharp SA Sandi Carmichael SA Kieran Gorman WA Eloise Kane WA Sarah Salerno WA Janelle Marsh WA Emma Davies WA Catriona Cowden WA Zoe Tisdale WA Annabel Muttdon VIC

### Athlete Award

#### **Roll Of Honour**

Chris Behan WA Michael Betts QLD Catriona Cowden WA Emma Davies WA Melissa Davies WA Samantha Elkington WA Lauren Farry NSW Michelle Godber WA Kieran Gorman WA Leah Henville WA Anthony Ikin QLD Eloise Kane WA Samantha Kukura WA Juanita Little NSW Janelle Marsh WA Tamzen Mcalipne WA Lisa Osborne VIC Vanessa Pink WA Suzie Price WA Melissa Read WA Sarah Salerno WA Patsy Tierney SA Dean Wright VIC

### **Acrobatic Gymnastics**

Australian Acrobats and members had a highly successful year both on and off the competition floor in 2016. The highlight of the year was the results from the World Age Group Competitions (WAGC) and World Championships (WC), but close behind were many other international event results.

2016 started with a highly successful National Squad and Australian Team Camp held on the Gold Coast in preparation for the 2016 WAGC and WC. All who attended the camp gained knowledge from our International guest Sergey Tretyakov, Belgium's Head Coach of Acrobatic Gymnastics.

Shortly after this camp, a group of Australian Acrobats from numerous clubs and states attended the Flanders International Acro Cup in Belgium.

The highlight from Flanders was the Senior Women's Pair of Hilary Conroy and Natalie Lin (Gladesville, NSW) winning gold. There was also success for the 12-18 Mixed Pair of Ethan Burton and Ebony McLean (Sydney Gymnastics and Aquatic Centre (SGAC, NSW), winning a silver medal. Showing the depth of our Australian Team, we also made many finals in Belgium:

- 11-16 Women's Pair Petra Janda and Daisy Puckeridge – 4th Overall (Gladesville, NSW)
- 11-16 Women's Trio Milly Puckeridge, Alegra Muga and Kate Barry – 6th Overall (SXL Gymnastics, NSW)
- 12-18 Women's Trio Sue Seki, Holly Loquet and Emily Cuddy – 10th Overall (Skylark Sports, VIC)

The 2016 WAGC and WC was held at Putian, China from late March to early April.

The WAGC kicked off with Xi Lin Shen (SXL Gymnastics) reading the coaches oath and Lauren Cosgrove (SGAC) being the Australian Flag Bearer. The Australian team had 28 athletes and 12 officials, and showed incredible depth for such a small sport in Australia.

Of the 11 groups that competed at the WAGC, two reached finals. Tara Sahagian and Perry Drakopoulos (SXL Gymnastics, NSW) came fourth overall in the 13-19 Mixed Pair competition. This was without doubt the highlight of the Australian competition year, and we congratulate them for such an accomplished result in their third World Age Group Competition. The 12-18 Women's Trio of Aime Parker, Jasmyn Dew and Izabeya Jones (Gladstone, QLD) finished sixth overall, after qualifying for the final in eighth position. For such a young trio, overcoming the logistics of distance and the emotions of their first major international competition, everyone who was around and supporting the trio must be congratulated.

The World Championships followed the WAGC. Cassiel Rousseau-Forwood (Robertson, QLD) was the Australian Flag Bearer.

The Senior Women's Pair of Natalie Lin and Hilary Conroy (Gladesville, NSW) finished ninth overall, narrowly missing out on the finals. The Senior Men's Four of Cassiel Rousseau-Forwood, Jake Sergeant, Liam Rousseau and Lachlan Nightingale (Robertson, QLD) came eighth overall, and were named second reserve for the final. This result also secured them a position in the 2017 World Games, to be held in Wroclaw, Poland.

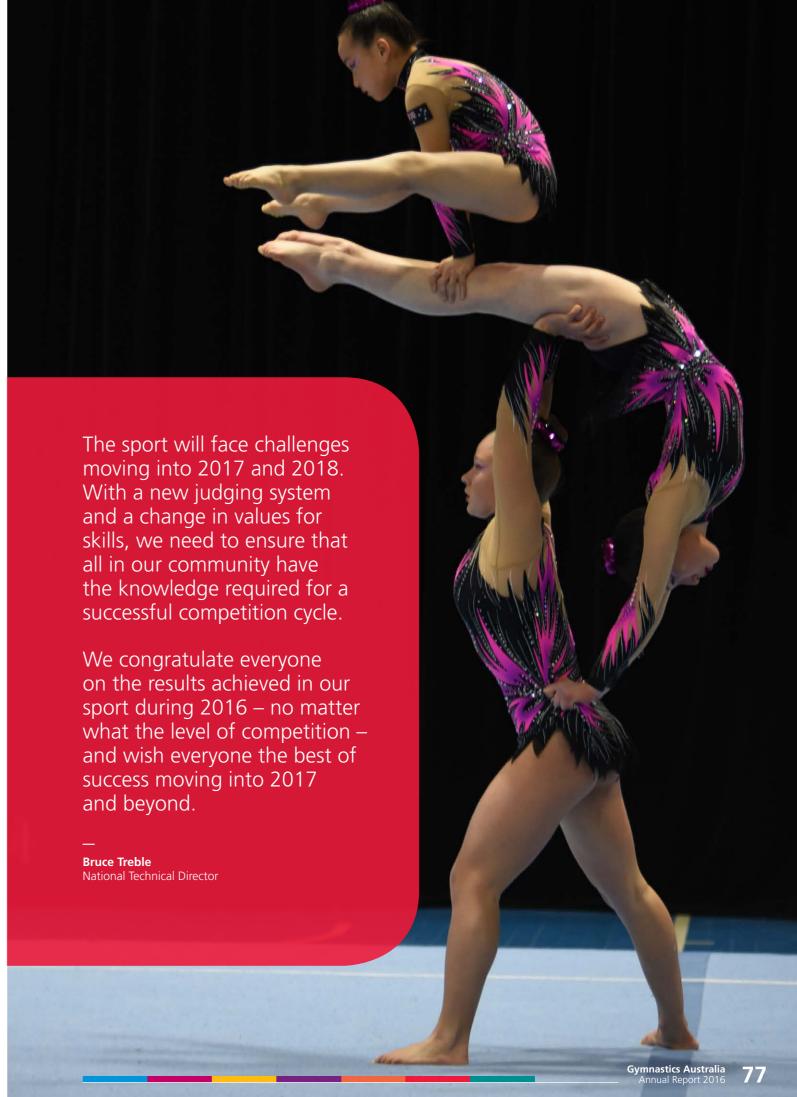
We must congratulate all the coaches, judges and team officials who travelled with all the Australian Acrobats in 2016. Judges have very long and demanding days while team officials are kept busy behind the scenes at all times of the day and unfortunately the night, so a special thanks must go out to all of you.

Locally the Australian Gymnastics Championships had lower numbers in the International Stream in 2016, with many groups now in the two year building phase for the next cycle in 2018 following the 2016 World Championships. However, this gave our levels program the chance to shine. We were treated to many wonderful routines across many levels, highlighting the next generation of International athletes

The National Clubs Carnival continues to grow, and we must congratulate Robertson Gymnastics Academy for once again taking out the title of Overall Champion Club.

Behind the scenes, many areas are being addressed for 2017:

- Judges courses are being updated to suit the new Code of Points and judging system
- The Australian Levels Program (ALP) is also being updated



## Acrobatic Gymnastics (cont.)

### **National Squad**

| Senior Women's Pair                                                            |     |
|--------------------------------------------------------------------------------|-----|
| Hilary Conroy and Natalie Lin                                                  | NSW |
| Senior Men's Four                                                              |     |
| Cassiel Rousseau-Forwood, Jake Sergeant, Liam Rousseau and Lachlan Nightingale | QLD |
| 13-19 Mixed Pair                                                               |     |
| Tara Sahagian and Perry Drakopoulos                                            | NSW |
| 13-19 Women's Trio                                                             |     |
| Lauren Cosgrove, Sarah Hemmings and Jillian Connor                             | NSW |
| Oceane Rousseau-Forwood, Laura Tyson and Emily Ferguson                        | QLD |
| 12-18 Women's Pair                                                             |     |
| Grace Fairall and Jessica Adams                                                | NSW |
| 12-18 Mixed Pair                                                               |     |
| Ethan Burton and Ebony McLean                                                  | NSW |
| 12-18 Women's Trio                                                             |     |
| Maddison Lacey, Mikayla Stephens and Molly Jewiss                              | NSW |
| Hana Chorley, Sophie Castrisos and Joanna Lynarko                              | NSW |
| Aime Parker, Jasmyn Dew and Izabeya Jones                                      | QLD |
| Emily Cuddy, Holly Loquet and Sue Seki                                         | VIC |
| 11-16 Women's Pair                                                             |     |
| Petra Janda and Daisy Puckeridge                                               | NSW |
| Antonia Maher and Nicole Chan                                                  | NSW |
| Jenna Irish and Maja Moore                                                     | NSW |
| 11-16 Women's Trio                                                             |     |
| Kristy Hay, Mykenna Collier and Mikayla Carr                                   | NSW |
| Milly Puckeridge, Kate Barry and Allegra Muga                                  | NSW |
| Alexandra Heap, Millie Hulst and Katie Laithwaite                              | NSW |

### **Australian Champions**

| Junior International 13-19 Women's Trio                |
|--------------------------------------------------------|
| Lauren Cosgrove, Sarah Hemmings & Jillian Connor (NSW) |

Junior International 12-18 Women's Trio Sue Seki, Holly Loquet & Emily Cuddy (VIC)

Junior International 11-16 Women's Trio Millicent Hulst, Katie Laithwaite & Alexandra Heap (NSW)

Junior International 11-16 Women's Pair Antonia Maher & Nicole Chan (NSW)

Level 9 Women's Trio Emily Apostolovski, Olivia Wilson & Jemima Clarke (NSW)

Level 8 Women's Trio Caitlin O'Neil, Taylah Doosey & Mikayla Gumm (NSW)

Level 8 Women's Pair Lara Colagrossi & Chelsea Beleski (NSW)



Level 8 Mixed Pair Alicia Livolti & Aaron Mavro (VIC)

Level 7 Women's Trio Jasmine Flanagan, Tyla Veney & Emily Loe (NSW)

Level 7 Women's Pair Belinda Bertram & Naomi Gibson (NSW)

Level 7 Mixed Pair Katelyn Dullard & Cade Pettie (VIC)

Level 6 Women's Trio Teisha Jang, Cassie Palombo & Clara De Asis (NSW)

Level 6 Women's Pair Sandra Ngo & Tori Singleton (VIC)

Level 6 Mixed Pair Vitto Arellano & Katie Rose (NSW)

### Acrobatic Gymnastics (cont.)

### International Event Results

Flanders International Acro Cup 11-13 February – Flanders, Belgium

11-16 Women's Pair Petra Janda & Daisy Puckeridge – 4th

11-16 Women's Trio Milly Puckeridge, Allegra Muga & Kate Barry – 6th

12-18 Women's Trio Sue Seki, Holly Loquet & Emily Cuddy – 10th

12-18 Mixed Pair Ethan Burton & Ebony McLean – 2nd

13-19 Women's Trio Jillian Connor, Sarah Hemmings & Lauren Cosgrove – 14th

13-19 Women's Trio Natalie Lin & Hilary Conroy – 1st

**9th FIG Acrobatic Gymnastics** World Age Group Competition 23-29 March – Putian, China

11-16 Women's Pair Antonia Maher & Nicole Chan – 13th Petra Janda & Daisy Puckeridge – 24th

11-16 Women's Trio Kristy Hay, Mykenna Collier & Mikayla Carr – 17th

Millie Hulst, Katie Laithwaite & Alexandra Heap – 18th

12-18 Women's Pair Jess Adams & Grace Fairall – 12th

12-18 Women's Trio Aime Parker, Jasmyn Dew & Izabeya Jones – 6th

Maddi Lacey, Mikayla Stephens & Molly Jewiss – 16th

12-18 Mixed Pair Ethan Burton & Ebony McLean – 15th

13-19 Women's Group Oceane Rousseau-Forwood, Laura Tyson & Emily Ferguson - 15th

Lauren Cosgrove, Sarah Hemmings & Jill Connor – 19th

13-19 Mixed Pair Perry Drakopoulos & Tara Sahagian – 4th

#### **25th FIG Acrobatic Gymnastics** World Championships

1-3 April – Putian, China

Senior Women's Pair Natalie Lin & Hilary Conroy – 9th

Senior Men's Four Cassiel Rousseau-Forwood, Jake Sergeant, Liam Rousseau & Lachlan Nightingale – 8th

## Acrobatic Gymnastics Awards & Honours

#### 2016 National Gymsport **Award Recipients**

Aus. Levels Gymnasts of the Year Emily Apostolovski, Olivia Wilson & Jemima Clarke (NSW)

Int. Coach of the Year Xi Lin Shen (NSW)

Int. Junior Gymnasts of the Year Perry Drakopoulos & Tara Sahagian (NSW)

Int. Senior Gymnasts of the Year Hilary Conroy & Natalie Lin (NSW)

Aus. Levels Coach of the Year Melissa Presti (VIC)

Official of the Year Mia Romano (NSW)

**Special Recognition** Tony Barber (NSW)

#### Athlete Award of Distinction

**Chantelle Blackburn NSW** Megan Bolton NSW Jessica Stamenovic QLD Tara Busbridge QLD Elana Armenis OLD Veronica Gravolin OLD **Rebecca Buffrey NSW Bianca Ilacqua NSW** Lisa Jones NSW Sarah Gilbey NSW Alice Kesby NSW Eliza Hui NSW Annelise Olsson NSW Emma Briggs NSW Ingrid Dunkerley NSW Kate Ryan QLD Melissa Scott QLD Shani Meadows QLD Melanie Byrne NSW Mei Hubnik NSW Elodie Rosseau-Forwood QLD Amber Kaldor NSW Amy Lang QLD Madison Chan NSW Elizabeth Jacobs OLD

### **Roll of Honour**

Tara Busbridge QLD Veronica Gravolin QLD Jessica Stamenovic QLD

### **Gymnastics ACT Association Member Report**

#### **Board of Management**

| President                                        | Andrew Bewick           |  |
|--------------------------------------------------|-------------------------|--|
| Vice President                                   | Steve Jordan            |  |
| Director                                         | Lesley Dickens          |  |
| Director<br>(Canberra City Club<br>Delegate)     | Tony Falzarano          |  |
| Director<br>(Elementz Club Delegate)             | Celicia McKenzie-McHarg |  |
| Director<br>(Gungahlin Club Delegate)            | Megan Moss              |  |
| Director<br>(Jitterbugs Club Delegate)           | Julie O'Neill           |  |
| Director<br>(Southern Canberra Club<br>Delegate) | Cathy Windsor           |  |
| Director<br>(Woden Valley Club<br>Delegate)      | David Stewart           |  |

#### Staff

Chief Executive Officer Mark Rendell

Senior Manager Participation & Sport Development Karen Norden

Administration Manager Maria Berry ( - Sept 2016)

Administration Manager Naomi Hirst (Oct 2016 - )

Sport Development Offic Jo Penny

**Finance and Administration Officer Development Officer** Lylyfu Poh

#### Partners, Sponsors & Supporters

- ACT Government Sport and Recreation Services
- Special Olympics AC
- Gymnastics Australia
- HR Plus
- 3rd Level Consulting
- Profound Productions

### **Gymnastics NSW** Association Member Report

#### **Board of Management**

| President           | Philip Western                |
|---------------------|-------------------------------|
| Appointed Delegates | Bernard Hui / David Clarke    |
| Elected Delegates   | Jane Cooke / Virginia Ellioti |

#### Staff

Chief Executive Officer Aaron Bloomfield

Accounts and Office Manager Kah Wah Lam

**Development Manager** Michael Lovell

Sport and Events Manager Christopher Martin

Marketing Manager Kaitlen Bastion

MAG Events and Sports Development Officer (ESDO) Alex Hunt (Until July)

WAG ESDO Geoffrey Carley

**RG ESDO** Emma Vazques Borges

ACRO ESDO Deahne Pinto

AER ESDO Pamela Behan

**TRP ESDO** Jessica Delforce

**GFA ESDO** Natalie Jaques

Education Officer – Coaches Anne Scott

**Education Officer – Judges** Karina O'Neill (Quinn Le – until August)

Workforce Development Officer Morgan Janssen

**Participation Officer** Shohan Khan

**Club Development Officer** Belinda Sartor

### )

#### tt / Victoria Abigail

Child Safe and Child Friendly Officer Richard Turnbull

Finance Officer Lyn Mercieca

WAG High Performance Manager (HPM) Marnie Heming

**TRP HPM** Samantha Palmer

MAG HPM Yusuf Topari

MAG Development Coach Hongwei Du

MAG Junior Coordinator Mandy McLean

MAG Junior Coach Gabrielle Swan McLean

MAG Junior Coach Toby Stevens

- Sport & Recreation NSW
- NSWIS
- Sydney Gymnastics & Aquatic Centre
- Novotel Sydney Rooty Hill
- Sydney West Sports Medicine
- GK Sportswear
- 3rd Level Consulting
- HR Plus
- Springfree
- GPN Law
- Kerrie Leotta, Barrister at Law

### **Gymnastics NT Association Member Report**

#### **Board of Management**

| Chairperson               | Laura Avery      |
|---------------------------|------------------|
| Vice Chairperson (Nov - ) | Matthew Shoemark |
| Director (Nov - )         | Martyn Hill      |
| Director                  | Monique Grubb    |
| Director (Nov - )         | Hannah Quilford  |
| Director (Jan - )         | Danielle Geddes  |
| Director ( - Nov)         | Jess Waghorn     |
| Director ( - Nov)         | Stevie Stoll     |
| Director ( - Nov)         | Joanne Moore     |

#### Staff

Executive Director ( - Dec) Hannah Ouilford

**Program Coordinator ( - Dec)** Caitlin Ficken

Finance Officer

Treasurer ( - Aug) Sandy Ho

#### Partners, Sponsors & Supporters

• Gymnastics Australia

### **Gymnastics QLD Association Member Report**

#### **Board of Management**

| President      | Tracie Brooks    |
|----------------|------------------|
| Vice President | Daren Wolfe      |
| Treasurer      | Nicole Richter   |
| Director       | Trevor Dowdell   |
| Director       | Katherine Graham |
| Director       | lvor North       |
| Director       | Steve Bryant     |

#### Staff

Chief Executive Officer Kym Dowdell

**State Administrator / Finance Manager** Teresa Muirhead

Finance Assistant / State Team Co-ordinator / RG & AER Gymsport Manager Denise Rookwood

**Development Unit Manager** Kate Wadkin

Education Manager Kim Richardson

Education Coordinator Laura Watson

**Events Manager MAG Gymsport Manager** Trent Lawrie

**Events Coordinator (May – Dec)** Caitlin Zillman

Participation Coordinator Toni Cooke

WAG Gymsport Manager Trisha Hade

**Graphic Designer** Rachel Li

High Performance Manager TRP Gymsport Manager Kate Cannon

#### High Performance MAG Coach Sean Wilson

High Performance MAG Coach Hiroaki Sato

High Performance WAG Coach Peter Abbott

**High Performance WAG Coach** Vladimir Zakharov

High Performance WAG Coach (Jul-Dec) Tai Xiao Min

- GK Leotards
- Mr Rental
- AMCO Gymnastics
- (J & F Equipment Suppliers)
- Grinners Trophies
- GMD Activewear
- Queensland Government
- Department of National Parks
- Racing, Sport and Recreation
- Queensland Academy of Sport
- Gymnastics Australia

### **Gymnastics SA** Association Member Report

#### **Board of Management**

| Chairman ( - Nov)                         | Tammy Page       |
|-------------------------------------------|------------------|
| Director (Jul – Nov)<br>Chairman (Nov - ) | Russell D'Costa  |
| Director (Jul - )                         | Kathleen Johnson |
| Director (Feb - )                         | Megan Murphy     |
| Director                                  | Tammy Page       |
| Director                                  | Damian Young     |
| Director                                  | Kent Davis       |
| Director                                  | Noreen Gaudry    |

#### Staff

State Director Haydn Bellamy

High Performance Manager ( – Jul) Andrew Cordery

Education and Sport Services Manager Samantha Freeman

**Clubs and Participation Manager** Chelsea Wilkinson

**Finance Officer ( – Oct)** Sasha Robjohns

**Gym4Schools Officer** Brenton Dicker

KinderGym Field Officer Heather Mooney

Services Administrator Alexandra Freeman

**Education Administrator** Renae Markow Participation Officer (Apr – ) Amanda Main

Senior MAG Coach Paul Szyjko

Senior WAG Coach Dimitri Kalinin

Senior TRP Coach Viktor Zhuravlev

#### Partners, Sponsors & Supporters

• Acromat

- Office for Recreation and Sport
- Ascot Park Primary School
- Deane Stephens Physiotherapy
- Samuel Offord (Physiotherapy)
- Partners HR Plus
- Gymnastics Australia

### **Gymnastics TAS Association Member Report**

#### **Board of Management**

| President ( - March)      | Mark Moncur       |
|---------------------------|-------------------|
| President (March - )      | Leigh Oswin       |
| Vice President ( - March) | Leigh Oswin       |
| VICE President (March - ) | Mark Moncur       |
| Director                  | Peter Doody       |
| Director                  | Michelle McFadyen |
| Director                  | Alison Fletcher   |
| Director                  | Robert Riddell    |
| Director                  | Kacee Johnstone   |
| Director                  | Amanda Bailey     |

#### Staff

Chief Executive Officer Mark Rendell

Senior Manager Participation & Sport Development Karen Norden

Administration Manager Maria Berry ( - Sept 2016)

Administration Manager Naomi Hirst (Oct 2016 - )

Sport Development Officer Jo Penny

**Finance and Administration Officer Development Officer** Lylyfu Poh

- Community Sport & Recreation Tasmania
- 3rd Level Consulting
- HR Plus
- ACHPER
- Tasmania University of Tasmania
- Gymnastics Australia

### **Gymnastics VIC Association Member Report**

#### **Board of Directors**

| Chair                              | Michael O'Neill  |
|------------------------------------|------------------|
| Deputy Chair                       | Tanya Johansen   |
| Chair, Finance & Risk<br>Committee | Anthony Johnston |
| Chair, Governance<br>Committee     | Alistair Edgar   |
| Board Member                       | David Hill       |
| Board Member                       | Skev Seremetis   |
| Board Member                       | Cathy Acocks     |
| Board Member                       | Georgie Austin   |

#### Staff

Chief Executive Officer Jamie Parsons

Senior Manager – Gymnastics Development Alison Lyons

**Gymnastics Development Manager – Education** Nastashia Buck

**Gymnastics Development Manager – Inclusion** Kerry Tavrou

**Gymnastics Development Manager – Facilities** Aaron Tenabel (from 22 February 2016)

**Gymnastics Education Officer** Vicki Ryan (from 3 May 2016)

**Gymnastics Education Officer** Tenielle Love (until 25 March 2016)

**Gymnastics Development Coordinator** Rachel Clerck

Gymnastics Development Officer – Move My Way Zoe Lorenzin (from 17 October 2016)

**TeamGym Officer** Miina Bjorninen (from 8 September 2016) Senior Manager – Gymnastics Operations Jacqui Godfrey (until 4 November 2016)

Gymnastics Operations Coordinator (& Manager – Events & Gymnastics Operations from 27 November 2016) Cathy Lorenzin

**Events Coordinator** Carolyn Jones

**Events Officer** Eliza Brebner Griffin (from 9 March 2016 until 23 December 2016)

Senior Manager – Finance & Administration Alan MacKinnon

**Finance Officer** Paula Hay (from 11 January 2016)

**Gymnastics Services Officer** Claire Firth (from 26 April 2016)

State Gymnastics Centre Manager (previously Gymnastics Services Officer) Jennifer le Gry's

Marketing & Communications Manager Gen Simmons (from 7 November 2016)

Marketing & Communications Officer Megan Smith (until 25 July 2016)

#### Victorian Men's High Performance Centre

**Program Manager & Head Coach** Greg Corsiglia

Senior Coach Anthony Weston

Senior Coach Leon Radchenko

Coach Arthur Voulgaris (until 5 September 2016)

**Coach** Shachar Tal

**Coach** Shashwat Patel

**Program Administrator** Marcia Corsiglia

#### **Partners, Sponsors & Supporters**

- VicHealth
- Sport & Recreation Victoria
- Melbourne Polytechnic
- Swinburne University of Technology
- GK Elite
- Chalk Gymnastics
- Janssen Fritsen / AMCO
- 2XU
- Park Regis Hotels
- Jack Rabbit
- Sportkidz

#### • 3rd Level Consulting

- HR Plus
- Think Productions
- Meltwater News Group
- Victorian Institute of Sport
- Victorian Commonwealth Games Association
- Victorian Olympic Council
- Vicsport
- The Gymnastics Foundation [Until August]
- Gymstar
- Gymnastics Australia

#### **Board of Management**

| President                               | Karon Williams    |
|-----------------------------------------|-------------------|
| Vice President (April - )               | Richard Elkington |
| Vice President ( - April)               | Steve Turpin      |
| Elected Delegate (April - )             | Daniel Kikalis    |
| Elected Delegate                        | Steve Chetkovich  |
| Elected Delegate (April - )             | Desiree Jones     |
| Elected Delegate                        | Guy Osbourne      |
| Elected Delegate                        | Richard Bannerman |
| Board Appointed (April - )              | Linda Hadfield    |
| Board Appointed<br>(Executive Director) | Ruth Gibbons      |

#### Staff

**Executive Director** Ruth Gibbons

Communications (Jan -) (P/T) Matthew Jennings

**Operations Manager** Sally Cruttwell

Facility Coordinator (P/T) Matthew Jennings

Club Development Officer (- Jan) (P/T) Matthew Jennings

Office Coordinator (- Jan) Sharron Isard

**Receptionist & Admin Support** Jaye Bardsley

Gymsports Manager Karyn Murray

**Events and Volunteer Coordinator** Louisa Choi State Teams and Events Coordinator

Melissa Read

**Events Coordinator (- November)** Hayden Williams

Project Coordinator (– August) (P/T) Adelaide Jackson

Services & Development Manager (- November) Paula Dick

Club Member Coordinator (April-) Michelle Francis

Industry and Training Coordinator(- July) Teresa Holden

Participation and Inclusion Coordinator Emily Johnston

- WA Department of Sport and Recreation
- Lotterywest
- Healthway Go for 2&5
- Gymnastics Australia
- Western Australian Institute of Sport
- City of Vincent
- Venues West
- North West Regional Gymnastic Association
- Southern Regional Gymnastics Association
- WA Olympic Council
- Australian Commonwealth Games Association WA Division



- Western Australian Sports Federation
- Gymbus
- GWA Fliers
- Brightside Live
- Adidas
- Travel Forever
- Prime Trophies
- Fineline Print and Copy Service
- Ricoh
- GK Elite Sportswear

### National Technical Commissions

#### **Gymnastics For All (GFA)**

Technical Director Justin Hayes General Member – Programs 0-12 Nicki Colev

**General Member – Programs 13+** Jillian Arthur ( - Apr) Bernie Spedding (Apr - )

General Member – Events & Activities Ben Cork

**General Member – Education** Brooke Kneebush

#### Men's Artistic Gymnastics (MAG)

Technical Director Rohan Kennedy Judging Coordinator Paul Szyjko General Member – Coaching Development Sean Wilson General Member – Judging Development Andrew Cordery

#### Women's Artistic Gymnastics (WAG)

Technical Director Jill Wright Judging Coordinator Trisha Hade General Member – Coaching Skye Benson General Member – Communications Desiree Jones General Member – National Levels Trevor Dowdell

#### **Rhythmic Gymnastics (RG)**

Technical Director Virginia Elliot Judging Coodinator Delia Halmu General Member – Coaching Development Krasi Yurukova \*EMC REP

**General Member – Resource & Communications** Erin Pankoke (Oct - ) Stephanie Schahinger ( - Aug)

#### Trampoline Gymnastics (TRP)

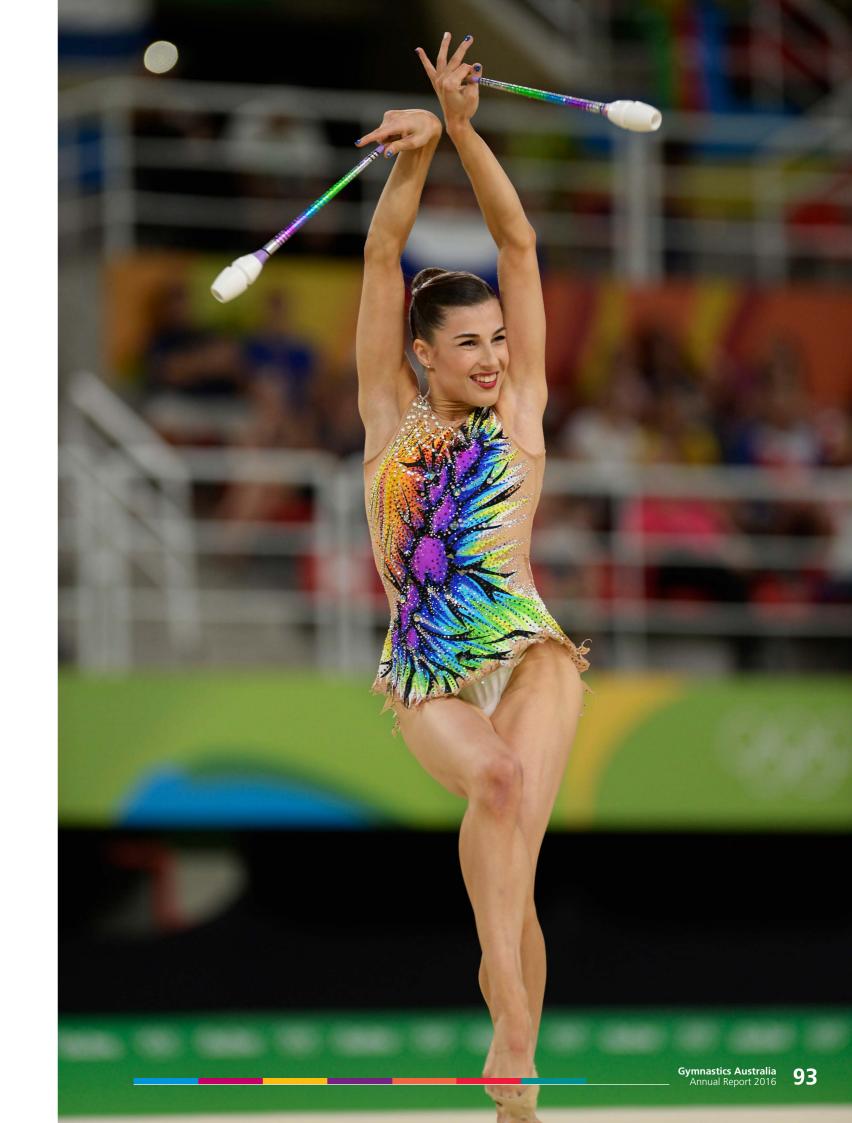
Technical Director Darren Gillis Judging Coodinator Leigh Oswin General Member – Communications Officer Elliot Stratton General Member – Coaches Education Ben Kelly

#### **Aerobic Gymnastics (AER)**

Technical Director Liz Lyons ( - Jul) Pamela Behan (Nov - ) Judging Coodinator Judith Gillen ( - Oct) Pearl Rozenberg (Nov - ) General Member – Development (AeroSchools) Kerryn Cormick General Member – Coaching Coordinator Jenna Ward (nee Flack) General Member – High Performance Coordinator Nicky Donaldson

#### **Acrobatic Gymnastics (ACR)**

Technical Director Bruce Treble Judging Coordinator Amy Yeomans General Member – Coaching Coordinator Mathew Sinclair General Member – High Performance Nicole Mitchell General Member – High Performance / Coaching Agnes Sajgal \*EMC REP



### Award of Merit

An award of merit is presented by the Gymnastics Australia board to any person who has demonstrated positive and meritorious service to Gymnastics Australia at national level for not fewer than five years.

Graham Bond (QLD) Joan Caelli (VIC)\* Barry Cheales (QLD) Stan Davies (VIC) Ena Duffield (QLD) Nelleck Jol (WA) Jane Schmid (NSW) Maureen Strauss (WA)\* Phil Teare (VIC) Chris Timpson (ACT) John Wilby (QLD)\* Dexter Lorbach (VIC) Anne Bigham (SA) Jeff Cheales (QLD) Margaret Lanz (VIC) Alistair Low (VIC)\* Frank Vig (QLD)\* Ken Williamson (VIC) / (ACT) Peter Chen (NZL) Keith Russell (CAN) Yoshiteru Matsuzaki (JPN) John Atkinson (GBR)

\*Deceased

**Gymnastics Australia** 

Bob Wherrett (TAS) Warwick Forbes (ACT) Ju Ping (ACT) Dr Peter Fricker (ACT) Dr Don McIntosh (VIC) Lee Caelli (VIC)\* Gene Schembri (ACT) Jonathan Hooper (VIC) David Zuker (VIC) Kym Dowdell (QLD) Steve Chetkovich (WA) Jacky Wood (ACT) George Tatai (VIC) Tony Davis (VIC) Helen Colagiuri (NSW) Tim Ouinlivan (OLD) Kathleen Graham (ACT) Elizabeth Chetkovich (WA) Laurie Farrow (WA) Neil Brodie (WA) Margaret-Mary Obstelten (QLD) Allen Cullen (NSW)

Peter Read (NSW) Karon Williams (WA) Pamela Ryan (NSW) Danica Mladenovic (ACT) Jillian Wright (VIC) Jean Lang (NSW) Paul Szyjko (SA) Peggy Browne (VIC) Daren Wolfe (QLD) Ade Foster (VIC) Michelle De Highden (VIC) Margot Foster (VIC) Peter Ruttledge (WA) Sue Synnot (VIC) Grant Harrison (SA) Edith Peluso (QLD) Ludmilla Vitesnikova (TAS) Sue Patrick (VIC) Darren Gillis (QLD) Belinda Cox (NSW) Bruce Treble (VIC)

## **Special Recognition Award**

A Gymnastics Australia Special Recognition award is nominated by an Association Member, Technical Member, Gymnastics Australia Board Member or a Gymnastics Australia Director for positive service to Gymnastics Australia which resulted in a positive contribution to the sport.





### Hall of Fame

In 2012, Gymnastics Australia formally recognised the efforts and achievements of some of the sport's history makers through the launch of the Hall of Fame. At the 2013 official Gymnastics Australia Awards Ceremony, Robyn Forbes was formally inducted into the Hall of Fame reflecting her outstanding achievements in Trampoline Gymnastics.

### **Men's Artistic Gymnastics**

#### Warwick Forbes

National Coach/AIS Head Coach 1983 – 2004. 10 years outstanding service dedicated to developing and improving Australia's international ranking.

#### Ken Meredith

First Australian Men's Artistic Gymnast to win an international medal – 1988 Bulgaria. 1990 Commonwealth Games Silver Medallist (Parallel Bars) and Bronze Medallist (Rings).

Represented Australia at:

- 1 Olympic Games (1988)
- 5 World Championships (1981, 1983, 1985, 1987, 1989)
- 1 Commonwealth Games (1990)

#### **Brennon Dowrick**

First Australian Commonwealth Games Gold Medallist (1990) and 1994 (Pommel Horse). First Australian gymnast to make an Olympic Final (1996). Eight Commonwealth Games individual medals; two Gold, one Silver and five Bronze.

Represented Australia at:

- 2 Olympic Games (1992, 1996)
- 7 World Championships
   (1989, 1992, 1993, 1994, 1995, 1997, 1999)
- 3 Commonwealth Games (1990, 1994, 1998)

#### Peter Hogan

1990 Commonwealth Games Bronze Medallist (Parallel Bars). 1994 Commonwealth Games Gold Medallist (Parallel Bars), Silver Medallist (Rings) and Bronze Medallist (All-Around).

Represented Australia at:

- 5 World Championships (1989, 1992, 1993, 1994, 1995)
- 2 Commonwealth Games (1990, 1994)

#### **Bret Hudson**

1994 Commonwealth Games Gold Medallist (vault). 1998 Commonwealth Games Bronze Medallist (Vault and Parallel Bars).

#### Represented Australia at:

- 1 Olympic Games (1996)
- 6 World Championships (1991, 1992, 1993, 1994, 1995, 1997)
- 2 Commonwealth Games (1994, 1998)

#### Andrei Kravstov

1998 Commonwealth Games Gold Medallist (All-Around, Floor, Parallel Bars and Pommel Horse).

#### Represented Australia at:

- 4 World Championships (1995, 1997, 1999, 2001)
- 1 Commonwealth Games (1998)

#### Philippe Rizzo

2001 World Championships Silver Medallist (High Bar). 2006 World Championships Gold Medallist (High Bar). Seven Commonwealth Games individual medals; three Gold, two Silver and two Bronze.

Represented Australia at:

- 2 Olympic Games (2000, 2004)
- 6 World Championships
   (1999, 2001, 2002, 2003, 2005, 2006)
- 3 Commonwealth Games (1998, 2002, 2006)

#### Vladamir Vatkin

Coach of Hall of Fame athlete, Philippe Rizzo. 10 years outstanding service dedicated to developing and improving Australia's international ranking.

### **Women's Artistic Gymnastics**

#### Nelleck Jol-Jacoby

Coached at six Olympic Games from 1960 to 1980. 10 years outstanding service dedicated to developing and improving Australia's international ranking.

#### Ju Ping Tian

10 years outstanding service dedicated to developing and improving Australia's international ranking.

#### **Monique Allen**

1990 Commonwealth Games Gold Medallist (Uneven Bars), Silver Medallist (All-Around), Bronze Medallist (Vault).

#### Represented Australia at:

- 2 Olympic Games (1988, 1992)
- 3 World Championships (1987, 1989, 1991)
- 1 Commonwealth Games (1990)

#### Peggy Liddick

Head Coach of the 2003 World Championships Bronze Medal Team. 10 years outstanding service dedicated to developing and improving Australia's international ranking.

#### Nikolai Lapchine

Coach of athletes Allana Slater and Lauren Mitchell. 10 years outstanding service dedicated to developing and improving Australia's international ranking.

#### Lisa Skinner

Highest placed Australian at the 2000 Olympic Games (8th All-Around and Floor). 1998 Commonwealth Games Gold Medallist (Uneven Bars).

Represented Australia at:

- 3 Olympic Games (1996, 2000, 2004)
- 4 World Championships (1995, 1997, 1999, 2003)
- 1 Commonwealth Games (1998)

#### Allana Slater

Seven Commonwealth Games individual medals; two Gold, four Silver and one Bronze. Eight-time World Cup Medallist; two Gold, four Silver and two Bronze. 2003 World Championships Bronze Medallist (Team).

Represented Australia at:

- 2 Olympic Games (2000, 2004)
- 4 World Championships (1999, 2001, 2002, 2003)
- 2 Commonwealth Games (1998, 2002)

#### Monette Russo

2003 World Championships Bronze Medallist (Team). 2005 World Championships Bronze Medallist (All-Around). 2006 Commonwealth Games Bronze Medallist (Uneven Bars).

Represented Australia at:

- 1 Olympic Games (2004)
- 2 World Championships (2003, 2005)
- 1 Commonwealth Games (2006)

#### Lauren Mitchell

2010 World Championships Gold Medallist (Floor). 2009 World Championships dual Silver Medallist (Beam and Floor). 7 Commonwealth Games medals (4 Gold, 3 Silver). 7 World Cup medals (6 Gold, 1 Bronze). Placed 4th All-Around at the 2009 World Championships. Placed 5th on Floor at the 2012 Olympic Games.

Represented Australia at:

- 2 Olympic Games (2008, 2012)
- 4 World Championships (2007, 2009, 2010, 2011)
- 2 Commonwealth Games (2010, 2014)

## Hall of Fame (cont.)

### **Rhythmic Gymnastics**

#### Kasumi Takahashi

1994 Commonwealth Games five-time Gold Medallist; All-Around, Rope, Ball, Clubs, Ribbon.

#### Naazmi Johnston

Ranked 22nd All-Around in the 2008 Olympic Games. 2010 Commonwealth Games Gold Medallist (Team, All-Around, Ball), and Silver Medallist (Rope, Ribbon).

Represented Australia at:

- 1 Olympic Games (2008)
- 4 World Championships (2005, 2007, 2009, 2010)
- 2 Commonwealth Games (2006, 2010)

### **Trampoline Gymnastics**

#### Adrian Wareham

1988 and 1990 World Championships Gold Medallist (Double Mini Trampoline). 1992 World Championships Bronze Medallist (Individual Trampoline).

#### Represented Australia at:

 10 World Championships (1986, 1988, 1990, 1992, 1994, 1996, 1998, 1999, 2003, 2005)

#### Nikolay Zhuravlev

Coach of Hall of Fame athletes Ji Wallace, Ben Wilden and Scott Brown. 10 years outstanding service dedicated to developing and improving Australia's international ranking.

#### Ji Wallace

1996 World Championships Gold Medallist (Double Mini Trampoline). 2000 Olympic Games Silver Medallist (Individual Trampoline).

Represented Australia at:

- 1 Olympic Games (2000)
- 6 World Championships (1992, 1994, 1996, 1998, 2005, 2007)

#### Ben Wilden

2007 World Championships Silver Medallist (Synchronised Trampoline).

Represented Australia at:

- 1 Olympic Games (2008)
- 3 World Championships (2005, 2007, 2009)

#### Scott Brown

2007 World Championships Silver Medallist (Synchronised Trampoline).

Represented Australia at:

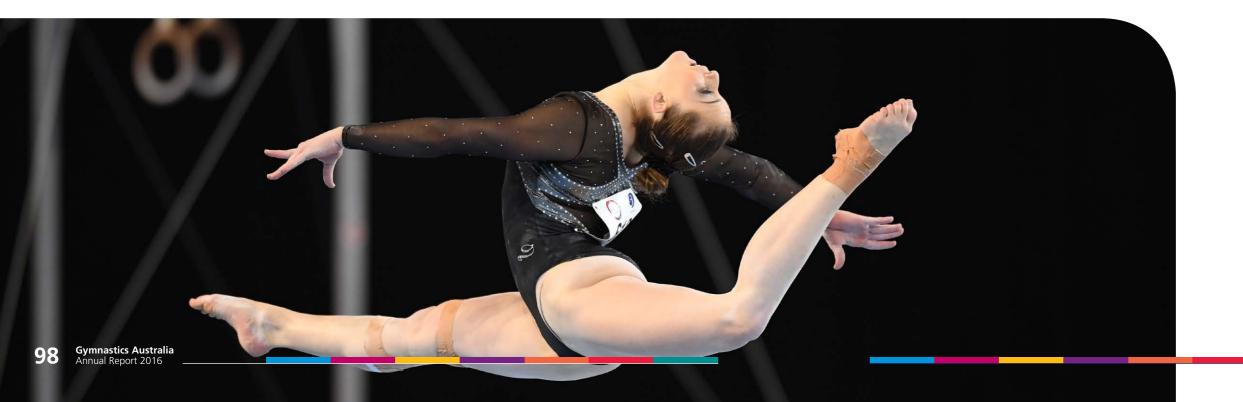
- 3 World Championships (2001, 2005, 2007)

#### **Robyn Forbes**

First Female Australian Trampoline Gymnastics Olympian – Sydney 2000 Olympic Games. 2001 World Championships Bronze Medallist (Team Double Mini Trampoline). 1992 World Championships Bronze Medallist (Individual Double Mini Trampoline). 1992 World Championships Bronze Medallist (Team Double Mini Trampoline). 1990 World Championships Silver Medallist (Team Double Mini Trampoline).

Represented Australia at:

- 1 Olympic Games (2000)
- 8 World Championships (1990, 1992, 1994, 1996, 1998, 1999, 2001, 2003)



### **Aerobic Gymnastics**

#### **Patsy Tierney**

1995 World Championships Silver Medallist. 1999 World Championships Bronze Medallist.

#### **Trudy Nurse**

Coach of Hall of Fame Athletes Lauren D'Jamirze and Juanita Little. 10 years outstanding service dedicated to developing and improving Australia's international ranking.

#### Juanita Little

1996 World Championships Silver Medallist. 1997 World Championships Gold Medallist.

#### Lauren D'Jamirze

2002 and 2003 World Championships Gold Medallist.

### **Acrobatic Gymnastics**

#### Veronica Alcobio

2004 World Championships Silver Medallist (Trio).

#### Tara Congo

2004 World Championships Silver Medallist (Trio).

#### Jessica Jagpal

2004 World Championships Silver Medallist (Trio).

### **Life Members**

Life Membership of Gymnastics Australia recognises community members who have provided the organisation with distinguished and meritorious service for not fewer than 12 consecutive years or 15 years of broken service of no more than two breaks, at a national level. Service to Gymnastics Australia may be as an athlete, coach, official or administrator.

#### Patron

The Hon Robert Ellicott Qc

#### **Gymnastics**

Jim Barry (VIC) Val Beitzel (VIC)\* Anne Bigham (SA) Jim Brown (NSW)\* Jack Carey (VIC)\* Jeff Cheales (QLD) Murray Chessell (VIC) Helen Colagiuri (NSW) Frances Crampton (NSW) Kym Dowdell (QLD) Teresa Evans (SA) Grant Harrison (SA) Margaret Lanz (VIC) Harry Morris (VIC)\* Lance Otto (SA) Tim Quinlivan (QLD)

George Tatai (VIC) Jim Thompson (SA) Bob Wherrett (TAS) Karon Williams (WA) Ken Williamson (VIC/ACT) Bill Wilson (NSW)\* Daren Wolfe (QLD) Jill Wright (VIC) Robyn Pride (NSW) Paul Szyjko (SA)

#### **Trampoline Gymnastics**

Mervin Mckay (VIC)\* Sydney Hurle (VIC)\* lan Irvine (NSW)\* Ernest Blamires (NSW) Len Ransom (QLD) Fred Austine (NSW) Kay Stevenson (SA)

\*Deceased



**Financial Report 2016** 



**Gymnastics** Australia 101 Financial Report 2016

The Directors of Gymnastics Australia Limited submit here with the financial report for the financial year ended 31 December 2016. In accordance with the provisions of the Corporations Act 2001, the Directors report as follows:–

### **Directors & Company Secretary**

The names and particulars of the Directors of the company during or since the end of the previous financial year and the number of Directors' meetings attended during the financial year are set out below:

| Name                                                  | Title &<br>Qualifications                                                                                                    | Representation                                      | Board<br>Committees                                                                                                     | No. of<br>meetings<br>eligible to<br>attend | No. of<br>meetings<br>attended |
|-------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------------------------|
| Jacqui<br>Weatherill                                  | CEO Greater Metropolitan<br>Cemeteries Trust<br>MBA, Grad Dip (Spi.SCi),<br>BA (Rec), GAICD                                  | President<br>(until 10 Dec)<br>Elected Director     | Recruitment &<br>Remuneration – Chair<br>Finance, Risk & Audit<br>(until 25 June)<br>High Performance<br>(from 25 June) | 7                                           | 7                              |
| Michael<br>Burnett                                    | Partner –<br>Accru Hobart<br>BCom, FCA                                                                                       | Vice President<br>Elected Director                  | Finance, Risk & Audit – Chair<br>Recruitment & Remuneration                                                             | 7                                           | 7                              |
| Frances<br>Crampton<br>OAM<br>(until May 28,<br>2016) | Sports Consultant<br>Authorised Civil Celebrant<br>Dip Coaching                                                              | Elected Director                                    | Awards – Chair<br>High Performance                                                                                      | 2                                           | 2                              |
| Brennon<br>Dowrick<br>OAM                             | Key Note Speaker<br>BJ                                                                                                       | Elected Director                                    | High Performance – Chair                                                                                                | 7                                           | 6                              |
| Anita<br>Hobson-<br>Powell                            | Executive Officer – Exercise<br>& Sports Science Australia;<br>BAppSc, MBus (Sport<br>Management)                            | Elected Director                                    | Awards Recruitment &<br>Remuneration Governance<br>(since February 21 2016)<br>High Performance                         | 7                                           | 6                              |
| Mark<br>Rendell                                       | Gymnastics Australia CEO                                                                                                     | CEO / Company<br>Secretary                          | High Performance<br>Finance, Risk & Audit<br>Recruitment & Remuneration                                                 | 7                                           | 7                              |
| Clare<br>Hanlon                                       | Associate Professor Sport<br>Management, Victoria<br>University PhD, MAppSc,<br>BEd, DipEd                                   | Appointed<br>Director                               | Nominations – Chair<br>Governance – Chair<br>(since Feb 21, 2016)                                                       | 7                                           | 7                              |
| Anna<br>O'Shea                                        | Director of Legal &<br>Compliance Asia Pacific –<br>Cochlear Ltd<br>BA, LLB (Hons)                                           | Appointed<br>Director                               | Finance, Risk &<br>Audit Governance<br>(since Feb 21, 2016)                                                             | 2                                           | 2                              |
| <b>Keri Pratt</b><br>(from May 28,<br>2016)           | Investments Specialist<br>Accredited Superannuation<br>Trustee MBA (Exec.), Grad<br>Dip. (Applied Investment<br>and Finance) | Elected Director                                    | Finance, Risk & Audit<br>Governance                                                                                     | 5                                           | 4                              |
| <b>Sam McKay</b><br>(from Dec 10,<br>2016)            | Managing Director-<br>Consumer, Consolidated<br>Press Holdings BA/BBus                                                       | President<br>(from 10 Dec)<br>Appointed<br>Director | NIL                                                                                                                     | 1                                           | 1                              |

Meetings of the company's principal Board committees were held during the financial year and details of attendance is set out below:

| Committee and Members                                               | No. of Committee<br>Meetings eligible<br>to attend | No. of Committee<br>Meetings<br>attended |
|---------------------------------------------------------------------|----------------------------------------------------|------------------------------------------|
| Finance, Risk & Audit                                               |                                                    |                                          |
| M Burnett – Chair                                                   | 6                                                  | 6                                        |
| K Bodenham (external appointment)                                   | 6                                                  | 4                                        |
| J Briggs-Weatherill (until June 25)                                 | 3                                                  | 3                                        |
| A O'Shea                                                            | 6                                                  | 5                                        |
| K Pratt (from June 25)                                              | 3                                                  | 3                                        |
| M Rendell (CEO)                                                     | 6                                                  | 5                                        |
| D O'Neill (Snr Manager Finance & Business Ops) (until June 24)      | 3                                                  | 3                                        |
| N Spratt (Snr Manager Finance & Business Ops) (from September 12)   | 3                                                  | 3                                        |
| High Performance                                                    |                                                    |                                          |
| B Dowrick – Chair                                                   | 3                                                  | 3                                        |
| M Rendell (CEO)                                                     | 3                                                  | 3                                        |
| A Sachs (National Performance Director) (until September 30)        | 1                                                  | 1                                        |
| A Glancy (Acting National Performance Director) (from September 30) | 2                                                  | 2                                        |
| F Crampton (until May 28)                                           | 0                                                  | 0                                        |
| J Weatherill (from June 25)                                         | 3                                                  | 3                                        |
| A Hobson- Powell (from June 25)                                     | 3                                                  | 2                                        |
| Recruitment & Remuneration                                          |                                                    |                                          |
| J Briggs-Weatherill – Chair                                         | 2                                                  | 2                                        |
| A Hobson-Powell                                                     | 2                                                  | 2                                        |
| M Burnett                                                           | 2                                                  | 2                                        |
| Awards                                                              |                                                    |                                          |
| F Crampton – Chair (until May 28)                                   | 1                                                  | 1                                        |
| A Hobson-Powell                                                     | 2                                                  | 2                                        |
| G Harrison (external appointment) – Chair (from May 28)             | 2                                                  | 2                                        |
| Nominations                                                         |                                                    |                                          |
| C Hanlon – Chair                                                    | 3                                                  | 3                                        |
| D Talalla (State Association representative)                        | 3                                                  | 3                                        |
| C Hayman (external appointment)                                     | 3                                                  | 3                                        |
| Governance                                                          |                                                    |                                          |
| C Hanlon – Chair                                                    | 4                                                  | 4                                        |
| A Hobson-Powell                                                     | 4                                                  | 4                                        |
| A O'Shea                                                            | 4                                                  | 4                                        |
| K Pratt                                                             | 3                                                  | 3                                        |
| J Weatherill                                                        | 4                                                  | 3                                        |

### Directors' Report (cont.)

### **Principal Activities**

The company's principal activities were to promote and develop gymnastics from grass roots to the elite level.

### Result

The operating surplus for the year ended 31 December 2016 was \$1,938.

### Dividends

In accordance with its Constitution, the company is precluded from making any dividend distributions to its members.

### **Changes in the State of Affairs**

There have been no significant changes in the state of affairs of the company during the financial year ended 31 December 2016.

### **Future Developments**

The company does not anticipate any significant change in the operations and activities of the company during the 2016 financial year.

### **Subsequent Events**

No matters or circumstances have arisen since the end of the financial year which have significantly affected or may significantly affect the operations of the company, the results of those operations or the state of affairs of the company in financial periods subsequent to the financial year ended 31 December 2016.

### **Environmental Issues**

The company's operations are not believed to be regulated by any significant environmental regulations under a law of the Commonwealth or of a state or territory.

### **Proceedings on Behalf of** Company

No person has applied to the Court under Section 237 of the Corporations Act for leave to bring proceedings on behalf of the company or intervene in any proceedings to which the company is a party for the purpose of taking responsibility on behalf of the company for all or any part of those proceedings. The company was not a party to any such proceedings during the period.

### Non Audit Services

The Board of Directors is satisfied that the provision of non-audit services during the period is compatible with the general standard of independence for auditors imposed by the Corporations Act 2001. The Directors are satisfied that the services disclosed below did not compromise the external auditor's independence for the following reasons:

- all non-audit services are reviewed and approved prior to commencement to ensure they do not adversely affect the integrity and objectivity of the auditor; and
- the nature of the services provided do not compromise the general principles relating to auditor independence as set out in APES110: Code of Ethics for Professional Accountants set by the Accounting Professional and Ethical Standards Board.

No fees for non-audit services were paid / payable to the external auditors during the year ended 31 December 2016.

Indemnification of **Officers and Auditors** 

During the financial year, the company paid premiums in respect of a contract insuring the Directors of the company against liabilities incurred as a Director to the extent permitted by the Corporations Act.

The company has not otherwise, during or since the end of the financial year, indemnified or agreed to indemnify an officer or auditor of the company or of any related body corporate against a liability incurred as such an officer or auditor.

Signed in accordance with a resolution of the Directors made pursuant to the Corporations Act. On behalf of the Directors

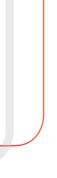


Jan Myay

Director -Michael Burnett Chair of the Finance & Audit Committee

Director – Sam McKay President (Dec -)

Dated at Melbourne this 7th day of April 2017.





## **Statement of Comprehensive Income** for the year ended 31 December 2016

| INCOME                                                                    | 2016<br>\$ | 20       |
|---------------------------------------------------------------------------|------------|----------|
| SALES                                                                     |            |          |
| Online Resources                                                          | 30         | 13,2     |
| Merchandise                                                               |            |          |
| Merchandise sales                                                         | 164,622    | 186,2    |
| Less cost of merchandise sold                                             | (98,420)   | (122,86  |
| Gross Profit (Loss) from Sales                                            | 66,232     | 76,6     |
| GRANTS                                                                    |            |          |
| ASC / AIS                                                                 | 3,694,235  | 3,784,8  |
| ACGA                                                                      | 150,000    | 214,8    |
| Other                                                                     | 275,709    | 348,5    |
| Total Grants                                                              | 4,119,944  | 4,348,2  |
| MEMBERSHIP, PROJECT AND OTHER INCOME                                      |            |          |
| Membership and fee revenue                                                | 2,579,231  | 2,486,3  |
| Project income and Participant fees                                       | 3,855,432  | 3,914,0  |
| Sponsorship and royalties                                                 | 65,256     | 67,0     |
| Other income                                                              | 302,034    | 226,2    |
| Total Membership, Project, Other Income                                   | 6,801,953  | 6,693,6  |
| TOTAL INCOME                                                              | 10,988,129 | 11,118,4 |
| EXPENSES                                                                  |            |          |
| OPERATING & ADMINISTRATION EXPENSES                                       |            |          |
| Membership direct expenses                                                | 939,608    | 869,8    |
| Salaries, staff costs and meeting expenses                                | 3,412,727  | 3,143,8  |
| Operating and administration expenses                                     | 619,098    | 468,5    |
| Depreciation and loss on sale of fixed assets                             | 35,013     | 36,4     |
| National Judges' Subsidy                                                  | 28,500     | 114,0    |
| Project Expenses                                                          | 5,951,245  | 6,453,6  |
| TOTAL EXPENSES                                                            | 10,986,191 | 11,086,2 |
| NET OPERATING PROFIT FOR THE YEAR                                         | 1,938      | 32,1     |
| OTHER COMPREHENSIVE (LOSS)/INCOME FOR THE YEAR                            | -          |          |
| TOTAL COMPREHENSIVE INCOME ATTRIBUTABLE TO<br>MEMBERS OF THE ORGANISATION | 1,938      | 32,1     |

#### AUDITOR'S INDEPENDENCE DECLARATION **UNDER SECTION 307C OF THE CORPORATIONS ACT 2001** TO THE DIRECTORS OF GYMNASTICS AUSTRALIA LIMITED

I declare that, to the best of my knowledge and belief, during the year ended 31 December 2016 there have been:-

- (i) no contraventions of the auditor independence requirements as set out in the Corporations Act 2001 in relation to the audit; and
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.

Sta hurs + Mini

Stannards Accountants & Advisors

Am

Michael Shulman Partner

Date: MMM

### **Statement of Financial Position** as at 31 December 2016

| CURRENT ASSETS                                     | 2016<br>\$ | 2015<br>\$ |
|----------------------------------------------------|------------|------------|
| Cash and cash equivalents                          | 1,867,002  | 2,388,008  |
| Trade receivables                                  | 500,227    | 413,775    |
| Stock                                              | 194,764    | 193,000    |
| Work in progress                                   | 209,499    | 177,167    |
| Prepayments                                        | 1,329,151  | 742,117    |
| TOTAL CURRENT ASSETS                               | 4,100,643  | 3,914,067  |
| NON-CURRENT ASSETS                                 |            |            |
| Investments at cost                                | 234,500    | 234,500    |
| Furniture, fittings and plant (written down value) | 263,222    | 227,172    |
| TOTAL NON-CURRENT ASSETS                           | 497,792    | 461,672    |
| TOTAL ASSETS                                       | 4,598,365  | 4,375,739  |
| CURRENT LIABILITIES                                |            |            |
| Trade payables and accrued expenses                | 2,070,322  | 1,678,775  |
| Government grants                                  | 1,040,851  | 1,106,350  |
| Other current liabilities                          | -          | 113,778    |
| Employee entitlements                              | 232,164    | 227,043    |
| TOTAL CURRENT LIABILITIES                          | 3,343,337  | 3,125,946  |
| NON-CURRENT LIABILITIES                            |            |            |
| Employee Entitlements                              | 21,388     | 18,091     |
| TOTAL NON-CURRENT LIABILITIES                      | 21,388     | 18,091     |
| TOTAL LIABILITIES                                  | 3,364,725  | 3,144,037  |
| NET ASSETS                                         | 1,233,640  | 1,231,702  |
| EQUITY                                             |            |            |
| Retained Income                                    | 1,233,640  | 1,231,702  |
| Club Development Reserve                           |            | -          |
| TOTAL EQUITY                                       | 1,233,640  | 1,231,702  |

# Statement of Changes in Equity for the year ended 31 December 2016

|                                             | Retained<br>Profits<br>\$ | Club<br>Development<br>Reserve (a)<br>\$ | Total<br>\$ |
|---------------------------------------------|---------------------------|------------------------------------------|-------------|
| Balance at 1 January 2015                   | 1,199,524                 | 89,687                                   | 1,289,211   |
| Profit for the year attributable to members | 32,178                    | (89,687)                                 | (57,509)    |
| Balance at 31 December 2015                 | 1,231,702                 | -                                        | 1,231,702   |
| Profit for the year attributable to members | 1,938                     | -                                        | 1,938       |
| Balance at 31 December 2016                 | 1,233,640                 | -                                        | 1,233,640   |

(a) The Club Development Reserve was a reserve held to fund club development initiatives, and was fully utilised in 2015.

## Statement of Cash Flows for the year ended 31 December 2016

#### CASH FLOWS FROM OPERATING ACTIVITIES

Receipts from members and customers
Receipts from Government grants for administration support
Receipts from Government grants for projects
Receipts from project participants and fees
Interest received
Cash paid for projects
Payments to suppliers and employees
NET CASH INFLOWS FROM OPERATING ACTIVITIES
CASH FLOWS FROM INVESTING ACTIVITIES
Plant and equipment acquired
Proceeds on sale of plant and equipment
NET CASH OUTFLOWS FROM INVESTING ACTIVITIES

#### NET INCREASE (DECREASE) IN CASH HELD

Cash and cash equivalents at beginning of year

CASH & CASH EQUIVALENTS AT END OF YEAR

| 2016<br>\$  | 2015<br>\$  |
|-------------|-------------|
| 2,743,883   | 2,685,881   |
| 1,808,015   | 1,807,452   |
| 2,311,929   | 2,713,253   |
| 3,920,688   | 3,981,008   |
| 61,053      | 69,524      |
| (5,951,245) | (6,453,642) |
| (5,353,681) | (4,840,155) |
| (459,358)   | (36,679)    |
|             |             |
| (157,561)   | (278,192)   |
| 95,913      | 122,264     |
| (61,648)    | (155,928)   |
| (521,006)   | (192,607)   |
| 2,388,008   | 2,580,615   |
| 1,867,002   | 2,388,008   |

### 1. Summary Of Accounting Policies

The financial report is a special purpose financial report prepared to satisfy the financial preparation requirements of the Corporations Act 2001. The Directors have determined that the company is not a reporting entity.

Gymnastics Australia Ltd is a company limited by guarantee, incorporated and domiciled in Australia.

#### **Basis of Preparation**

The report has been prepared in accordance with the requirements of the Corporations Act 2001, and the following applicable Australian Accounting Standards and Accounting Interpretations:

#### AASB 107: Statement of Cash Flows

AASB 108: Accounting Policies, Changes in Accounting Estimates and Errors

No other Accounting Standards, Accounting Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

#### **Reporting Basis and Conventions**

The financial report has been prepared on an accruals basis and is based on historical costs modified by the revaluation of selected non-current assets, and financial assets and financial liabilities for which the fair value basis of accounting has been applied.

Accounting policies are selected and applied in a manner which ensures that the resultant financial information satisfies the concepts of relevance and reliability, thereby ensuring that the substance of the underlying transactions and other events is reported.

The following is a summary of the material policies adopted by the company in the preparation of the financial report. The accounting policies have been consistently applied, unless otherwise stated.

#### a) Taxation

The company is exempt from income tax under Division 50 of the Income Tax Assessment Act (1997).

#### b) Furniture, Fittings and Equipment

Furniture, fittings and equipment

Each class of plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment losses.

The depreciation rates used for each class of depreciable assets are:-

Class of Fixed Asset

**Depreciation Rate** 10% - 40.0% (Diminishing Value)

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains and losses are included in the income statement.

#### c) Land and Building

The company does not own any land or building.

#### d) Investments

These investments are variable rate preference shares listed on the Australian Securities Exchange the market value of which was \$168,136.50 at 31 December 2016 (2015: \$150,314.50).

The investments are reported at cost price of \$234,500, as the investments are being held to maturity therefore no permanent diminution of value is believed to have occurred until the investments are sold.

### 1. Summary Of Accounting Policies (cont.)

#### e) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, other short term highly liquid investments with original maturities of three months or less and bank overdrafts.

#### f) Revenue

Revenue from services and sale of merchandise rendered is recognised upon the delivery of service to customers.

Interest revenue is recognised on a proportional basis taking into account the interest rates applicable to the financial assets.

Sponsorship and government grant monies received during the financial period that will be expended in the subsequent financial year are shown as current liabilities on the basis that these funds would be refundable if not expended as prescribed.

#### g) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST. Receivables and payables in the statement of financial position are shown inclusive of GST. Cash flows are presented in the statement of cash flows on a net of GST basis.

#### h) Employee Entitlements

Provision is made for the liabilities for employee benefits arising from services rendered by employees to balance sheet date. Employee benefits expected to be settled within one year together with benefits arising from wages, salaries and annual leave which may be settled after one year, have been measured at the amounts expected to be paid when the liability is settled.

Other employee benefits payable later than one year have been measured at the net present value of the estimated future cash outflows to be made for those benefits.

#### i) Provision for Long-term Employee Benefits

A provision has been recognised for employee benefits relating to long service leave.

In calculating the present value of future cash flows in respect of long service leave, the probability of long service leave being taken is based on historical data.

Contributions are made by the company to an employee superannuation fund and are charged as expenses when incurred. The company has no legal obligation to provide benefits to employees on retirement.

### 1. Summary Of Accounting Policies (cont.)

#### j) Executive Remuneration

This table reports the number of "Key Management Personnel" (KMP) who received remuneration in each specified band during the reporting period. KMP is defined as senior executives with authority and responsibility for planning, directing and controlling the activities of Gymnastics Australia, either directly or indirectly. KMP is defined as Directors, CEO/Company Secretary and five staff members.

Remuneration is defined as gross salary payments, superannuation and bonuses. However, no bonuses were paid during 2015 or 2016.

| REMUNERATION BANDS   | 2016 | 2015 |
|----------------------|------|------|
| \$150,000+           | 1    | 1    |
| \$80,000 – \$149,999 | 4    | 4    |

The Directors Of Gymnastics Australia Do Not Receive Any Remuneration.

#### k) Critical Accounting Estimates

The Directors evaluate estimates and judgements incorporated into the financial report based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data.

#### I) Economic Dependence

Gymnastics Australia Limited is dependent on the Australian Sports Commission for a large proportion of its revenue used to operate the business. At the date of this report, the Board of Directors has no reason to believe that the Australian Sports Commission will not continue to support Gymnastics Australia Limited.

#### m) Loans and receivables

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market and are stated at amortised cost using the effective interest rate method.

#### n) Comparative Figures

When required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

#### o) New Accounting Standards for Application in Future Periods

The AASB has issued a number of new and amended Accounting Standards and Interpretations that have mandatory application dates for future reporting periods, some of which are relevant to the Company. The Company has decided not to early adopt any of the new and amended pronouncements.

### 2. Operating Profit

Operating Profit includes the following items:

#### INCOME

Other Income

Interest income

Gymnastics Tasmania and ACT management fees

Sundry Income

#### EXPENSES

Interest paid

Depreciation of plant and equipment (incl write offs)

Transfer to/(from) provisions for employee entitlements

Gymnastics Tasmania and ACT management costs

Audit fees – audit services

#### 3. Members' Guarantee

The company is limited by guarantee. If the company is wound up, the Constitution states that each member is required to contribute a maximum of \$20 each towards meeting any outstanding obligations of the company.

The total number of members at 31 December 2016 was 8. Each member has a vote at a general meeting by ballot.

### 4. Segment Information

The company operates in predominantly one industry segment and in one geographic segment.

#### 5. Dividends

In accordance with its Constitution, the company is precluded from making any distributions to its members. As the company is exempt from income tax the balance of the franking account is \$Nil.

### 6. Company Details

The registered office and main business address of the company for the 2016 financial year was Sports House, Level 2, 375 Albert Rd, Albert Park, Victoria, 3206.

| 2016<br>\$ | 2015<br>\$ |
|------------|------------|
|            |            |
| 61,053     | 69,524     |
| 225,000    | 150,000    |
| 15,981     | 6,709      |
|            |            |
| -          | -          |
| 78,745     | 57,601     |
| 9,437      | 61,182     |
| 206,878    | 133,499    |
| 8,159      | 7,733      |

### **Directors' Declaration**

The Directors declare that:-

- a) the company is a non-reporting entity;
- b) the attached financial statements and notes thereto comply with accounting standards, as set out in note 1 to the financial statements;
- c) the attached financial statements and notes thereto, give a true and fair view of the financial position and performance of the company;
- d) in the Directors' opinion, the attached financial statements and notes thereto are in accordance with the Corporations Regulations 2001; and
- e) in the Directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

Signed in accordance with a resolution of the Directors made pursuant to the Corporations Act.

On behalf of the Directors

San M'Say

Director -Michael Burnett Chair of the Finance & Audit Committee



Dated at Melbourne this 7th day of April 2017.



Report on the Audit of the Financial Report

#### Auditor's Opinion

We have audited the accompanying financial report, being a special purpose financial report, of Gymnastics Australia Limited, ("the Company"), which comprises the statement of financial position as at 31 December 2016, statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, a summary of significant accounting policies and other explanatory notes.

In our opinion the financial report of the Company is in accordance with the Corporations Act 2001, including:

- a. year ended; and
- complying with Australian Accounting Standards to the extent described in Note 1 and the Corporations Act 2001. b.

#### Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibility under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Company in accordance with the independence requirements of the Corporations Act 2001 and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other responsibilities in accordance with the Code.

We confirm that the independence declaration required by the Corporations Act 2001, which has been given to the directors of the Company, would be in the same terms if given to the directors as at the time of this auditor's report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### Emphasis of Matter – Basis of Accounting

Without modifying our opinion, we draw attention to Note 1 of the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the directors' financial reporting responsibilities under the Corporations Act 2001. As a result, the financial report may not be suitable for another purpose.

#### Directors Responsibility for the Financial Report

The directors of the company are responsible for the preparation of the financial report that gives a true and fair view in accordance with the Australian Accounting Standards and the Corporations Act 2001 and for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatements, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

#### Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at: http://www.auasb.gov.au/Home.aspx. This description forms part of our auditor's report. Shipis Mr

Stannards Accountants and Advisors

Michael Shulman Partner Date "11411



#### Independent Audit Report To The Members of Gymnastics Australia Limited

giving a true and fair view of the Company's financial position as at 31 December 2016 and of its financial performance for the



# LEADERSHIP TEAMWORK RESPECT EXCELLENCE INTEGRITY



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