



Vol. 35, No. 47

Sydney, Monday, November 23, 1931

Registered at the General Post Office, Sydney, for transmission by post as a newspaper.

The Purpose of Home Life

HUMAN life, to be of value, must be a sweet and useful thing. But mere existence without a purpose will make that life a worthless thing. This is doubly true in home life. Purpose is to the human heart what the electric current is to the needle of the mariner's compass; without the definite pointing of that needle the mariner would never be able to cross the ocean.

God's home plan is built on the great principle of mutual help and education. Too often mere enjoyment is life's eclipsing dream. But if this is all, bleak winds will dissipate the vision. In the Paradise home Eve was to be "an help," meet for Adam. Here the objective of home association appears. Happy indeed may be that home where the strong man of noble purpose finds a true helper in the Eve that has come to share his home.

God has planned three stages in the great drama of life,—home life, church life, and heaven life, and beautiful helpfulness must be pictured in them all. Not only has the mother to care for the children, the husband and father also must have attention. The father must not merely be concerned over the struggle for bread, he must see to the well-being and education of the children. But in a special manner must he be concerned for the well-being of his wife, "giving honour unto the wife, as unto the weaker vessel." Not for what we can get out of home life, but for what we can put into it—this must ever be the objective of the true home-maker!

From the Dead Sea no streams of life ever flow, and though a number of rivers and streams enter this deepest depression of waters, the saltiness is not sweetened. Selfishness is the Dead Sea of human life, and sometimes all the streams of love will not sweeten its bitterness. It lies at the root of most of the troubles that mar the restfulness of the home Paradise. When self rules there must be a crucifixion, and self must die.

While the mother is to be the brightest star in the cluster of home jewels, the father is the priest of the home. It is deplorable when this sacred office is delegated to some irresponsible child. Thanks is given and a blessing is sometimes asked on the bread by little prattling lips that neither feel nor understand what they say,

while the father, ashamed or afraid, sits in silence. This misunderstanding has often gone so far that even when ministers sit at the table, the little prattler is employed just the same. Fathers, look at the dignity of your priestly office, and in God's name fill the office sweetly and honestly in your home!

Home is not merely a place for games. It is a place for character building. It is not a place only for shelter from storms of wind and rain; parents must see that no storms of evil enter there. Home life should be the stepping stone to church life; while church life carries the promise of heaven life.

Follies and foolishness sometimes get into home life and waste precious hours and cultivate a craving for excitement. Novel reading gets in and scorches the green pastures of holiness. The threshold of the home should be guarded so carefully that these, with all sharp words and unkind actions, must forever remain outside. This all may mean going round by Gethsemane and Calvary, but better the crucifixion of self a thousand times than home should be destroyed.

Street education finds its way into the home sanctuary by boys and girls being permitted to wander or play on the street with profane companions. Parents! "where is the flock that was given thee, thy beautiful flock?" Does your carelessness permit it to wander among the briars, when all the lambs should be in green pastures? Remember, one of the objects of home life must ever be to keep the children of that home from getting a street education. The ancient homes of Israel had to be built with a "battlement" round the roof. See to it that the battlement is still there!

Not for mere pleasure, not for outward show or display—no, the home should be built as a training college with its graduation in the kingdom for both parents and children. Short of this the home does not meet God's ideal or His design. Here read the eloquent words of a noble writer:

"The influence of the mother who has a close connection with Christ is of infinite worth. Her ministry of love makes the home a Bethel. Christ works with her, turning the common water of life into the wine of

heaven. Her children will grow up to be a blessing and an honour to her in this life and in the life to come."—*Gospel Workers*, p. 206.

Spurgeon gives this beautiful picture of home: "Show me a loving husband, a worthy wife, and no pair of horses that ever flew along the road could take me in a year where I could see a more pleasing sight. Home is the grandest of all institutions."

And Dr. Talmage gives his appreciation in these eloquent words: "A church within a church, a republic within a republic, a world within a world, is spelled by four letters—H O M E. If things go right there, they go right everywhere; if they go wrong there, they go wrong everywhere. The doorsill of the dwelling house is the foundation of church and state. In other words, domestic life over-arches and undergirds all other life. . . . First, last, and all the time, have Christ in the home."

A small ship in the great Atlantic was battling with a storm. Some of the boats were broken, and finally only one remained in condition for the sea. The water began to gain on the ship, and all efforts to keep it down proved ineffectual. Then the captain ordered out the boat, and sixteen had to find place in it. Just as the captain was getting over the side, a cry was heard, and a stowaway boy appeared. A moment the captain stood. He looked at the boy, then looked at the boat. "Here, get in." The captain went down.

Self must be forgotten if you would save the boy. Home has its purpose; and how blessed it will be to be able to say at last, "Lord, here am I, and the children whom Thou hast given me!"

R. HARE.

Life's Treasure

Two little arms fold round my neck tonight,

Two little rosy lips press close to mine,

A little hand lies trusting in my own, In confidence that is divine!

Oh, what has earth, compared with childhood's faith,

Its love unquestioned and its simple trust?

Beside it all our largest grandeur fails, Ambition shatters in the dust!

Two little eyes find pleasure in my own, For life is ever safe in mother's arms; Secure from all the rude world's angry strife

And safe from all its wild alarms.

Two little feet still patter round in play, And echo sweetly through the arching hall.

Oh, blest companionship, so sweetly tuned,

The sum of life—its very all!

God keep those little arms forever warm,

That little loyal heart forever true, Still beating next my very own to be My inspiration's brighter view.

Dear little arms, God-given and ever kind,

Sweetest companionship that walks below;

I hold in trust a treasure lent of heaven, And on my way rejoicing go.

R. HARE.



Wonderful Work in the Philippines

AT the biennial session of the Philippine Union, held a few months ago, it was reported that 952 had been baptised throughout this territory as a direct result of the work of our church members. This shows what can be done when the lay members are consecrated to the Lord and have the burden of God's work upon their hearts.

Besides this, I had the opportunity to visit a few of the tent efforts that are being held by the native evangelists in remote sections of the islands. Talk about crowds! Well, apart from the big camp-meetings such as are held in California, I have never seen such crowds as I beheld in these tent meetings here in the Philippines. As I stood up to address the audience, it just seemed as though there were acres and acres of upturned faces before me,—more people outside the tent than were inside. Hundreds and hundreds were standing all through the service, eager to hear the gospel of Christ. (I don't know but what those standing were just as comfortable as those seated, because single bamboo poles were all that were afforded for seats. Timber is scarce.)

Of course, this large interest on the part of the Filipino people naturally enrages the Roman Catholic priests, so they do their best to enlist the low and rowdy element to create a disturbance and bring persecution on our people. But there is religious liberty in the Philippines, and at each meeting the policemen come, officially uninvited, and stand on guard that order may be maintained.

However, there is a sad side to this whole situation, and that is the great scarcity of workers. Pastor Mote, the director of the West Visayan Mission, was almost beside himself as he showed me letter after letter of appeals for a worker to come to take care of interests that have been created by the colporteurs and by lay members in isolated sections. The cut in the budget has meant the laying off of several of the workers in that field. Just imagine, a conference of 4,000 believers and only two ordained ministers besides the director to look after all the baptisms and all the other work that necessarily requires the attention of an ordained man.

The work is going forward way beyond our powers to keep up with it. Truly we

are in the time of the latter rain, and this is the hour of opportunity for God's people who have a little means to let go of it and quickly furnish a way for the finishing of God's commission, the gospel to every nation, kindred, tongue, and people in this generation. The longer I am out here witnessing these wonderful manifestations of God's power, the more convinced I become that the work will be finished in this generation and that some of us will live to see the King in His beauty. What a glorious promise the Lord has given us! Eternity with Him when the work is finished! Pray for the Far East.

J. H. MCEACHERN,
Home Missionary Sec.
of Far Eastern Division.

Good Camp-Meetings in Africa

OUR eleventh and last camp-meeting of the season will close this week at Mwami mission, northern Rhodesia. The attendance at these meetings has been the largest in the history of the Southeast African Union. But what was of more importance than numbers, was the spiritual character and conduct of the meetings. It is not difficult to believe that 4,000 individuals in one assembly may become a bit unwieldy, but at the Malamulo mission and the Chinyama native mission, where more than 4,000 assembled, there was splendid decorum, and the services were conducted with Christian dignity and reverence from beginning to end. To an unusual degree the people seemed to be impressed with the truthfulness and sacredness of the message borne by the speakers, and many who came to visit, gave their hearts to the Lord for the first time. Several who had backslidden in the past came forward to make a new beginning.

Although upwards of 300 candidates for baptism were asked to spend some further time in the Bible class before acceptance, the baptisms for the year will approximate 700, for which we praise God. The earnest prayers and preparations on the part of both European and native leaders prior to the opening of the meetings undoubtedly accounted for much of the success spiritually and temporally.

Our leaders throughout this Union feel that God sent very special blessings to this field through the visiting brethren. Pastor and Mrs. O. Montgomery and Pastor J. F. Wright spent nearly three weeks of their time here, travelling from field to field and from station to station with their messages of courage and helpfulness. Their visit will be long remembered by the native folk as well as by the Europeans, and our sincere prayer for them is that God will grant to them abundant blessings as they continue their journeys, even as He has granted to us through their ministry.

We praise God and give Him all the glory for what we see of the progress of the message and of its work upon hearts in this section of the vineyard, and for the spirit of loyalty and devotion to the task of soul-saving, on the part of workers everywhere, field leaders, pastors, teachers, and deacons.

O. U. GIDDINGS,
Supt Southeast African Union.

OUR MISSION FIELD

A Note of Progress

THE work is moving along encouragingly of late in our mission school in Tonga, Friendly Islands. Time was when little was done with a willing spirit. There was a large class of young, unconverted pupils here. If a boy was asked to take a message it was done with a grudge, and if any overtime was worked they expected it to be made up almost to the minute. The students seemed bent on irritation tactics; no doubt wrong influences were at work. At that time, too, little interest seemed to be taken in spiritual things. These were dark days for the leaders; almost daily problems arose, and a crisis was reached when more than half of our students left the school in one day.

But let us hasten to add that all this in the past, we hope never to return. Now the boys are always singing and in good spirits. They are just as willing to go to work as to school. They realise now that they must work to eat, and that they are really well off, for they work only fifteen hours a week for twenty-four hours' schooling. Our Tongan workers, too, are co-operating well and taking a personal interest in the work of God. They often remark that things look more encouraging now than at any time in the past.

A little incident will serve to show the good spirit that prevails. Last week a request came from the boys, through their Tongan leader, that they take a week off school to plant the yam crop and put the gardens in order, so that the work would not be behind at closing time. I agreed, for I, too, always have a long list of waiting jobs. The boys disappeared early each morning to return near dark with obvious marks of hard toil about them, but smiling withal and full of cheerful banter. I said to one of them, "I suppose you boys are tired." "Yes," he replied, "our joints are squeaking with so much work." Once upon a time they would have wanted a special addition to their menu each day for such work, but they did not even drop a hint in that direction, though I may add that I gave them something extra for their Sabbath dinner that week. The good work that has been done this year should see us over our shortage of food and enable us to increase our students next year.

We have attained what we have long been wishing for—some married couples are with us at the school. These help to give stability to our work. These young men are receiving regular instruction on giving Bible studies and conducting meetings. Recently we have been taking them out to hold services in near-by villages. Usually we hear that the people want to listen only to the European, but we find a class who are willing to pay respectful attention to these young preachers. The European is there, but only to take a small part. These workers are proving humble and teachable, and we believe

that their earnestness will lead some to take their stand with us. We believe that this is an advance move, and if time lasts we shall some day be able to place responsibilities upon these men. They are also giving some assistance at our Nukualofa church, eight miles distant.

We give thanks to God for progress made. The world depression has reached us here in Tonga; but hard times will make many think, and we believe it will work out for the good of God's cause. We pray for humility and wisdom to carry forward the work of God to His honour and glory.

B. E. HADFIELD.

Ambrym, New Hebrides

SISTER DAVID FERRIS, writing from Baiap, their station on Ambrym, New Hebrides, gives the following cheering word: "As far as we know, there have been none, or very few, who have slipped back since Brother Taylor left here two years ago. They are a fine people, and we do enjoy working for them.

"When we first came to Ambrym, one Sabbath we visited a mission station a few miles from here, and on the return journey came into a heathen village. Imagine our surprise and pleasure to find almost all the members of our Baiap church sitting on the roadside in this village. One was holding the Picture Roll, showing the picture of Christ's returning, and giving the Sabbath school lesson for that day. We were not aware that they were visiting this village each Sabbath, but soon learned that this was not the only village to which they went.

"My husband and I visit round these villages frequently. We have suggested to them that they organise Sabbath schools in these places where there is regular attendance, and they have decided to do so. One village wants to build a church in which to meet each Sabbath. Just recently a young man there 'broke his fire,' and he seems to have 'fired' the rest of his village into a desire to follow his example. He is a bright young man, and is anxious to hear the truth. Every morning, and sometimes again in the evening, he walks two miles to attend worships. We hold morning worship at sunrise, so this means an early walk for him.

"We are expecting Brethren Parker and Radley over this week, with the Government Agent, to purchase the North Ambrym ground. We shall stay on up there for a week or two to visit the missions. Heathenism is stronger there than here in the south, and the population is greater. We enjoyed our last visit and are looking forward to this one. The teachers stationed in North Ambrym are anxious for us to settle there, as a number are waiting to break the strong heathen ties.

"The people here at Baiap have been working hard for the last fortnight build-

ing the new church. They are hoping to have it completed in time for Pastor Parker to dedicate it when he makes his quarterly visit. It will be nice to have a meeting place again, as we have been gathering under a banyan tree for worships and other meetings. The old church was pulled down, and the good material in it used for the new church."

SISTER C. H. PARKER wrote from Atchin, New Hebrides, on October 15: "The hot days which we have had, parched all growth here, and the natives began to talk of shortage in food; but the Lord in mercy sent refreshing rain. O for showers of the Holy Spirit likewise! The Sabbath school lessons being a solemn spirit and are very helpful to the folk here. Our people are growing in grace. The enemy is active, but God is working. I so much wish that our members in the homeland who have given of their means to the point of sacrifice, could have the privilege of hearing these men so recently from heathenism. Pita (Peter) took the meeting last Friday night. He made a personal appeal, and he felt every word of it. He read Revelation 3:20, 'Behold, I stand at the door, and knock,' etc. He clasped his hands and told us we must let Jesus into our hearts and hold on to God; that trouble is everywhere, but by holding on to God as a drowning man would do, we shall be safe; He will keep us faithful unto the end. And the Spirit of God did come near and bless our meeting."

"I CAN'T get interested in missions!" exclaimed a young girl petulantly, and, if truth must be told, a bit superciliously, as she left a thrilling missionary meeting in company with an older lady. We were near enough to hear the answer. 'No, dearie,' came the pitying response, 'it is not to be expected you should—yet a while. It's just like getting interest in a bank. You have to put in a little something first; the more you put in, the more interest,—time or money or prayers, it doesn't matter which; but something you have to put in, or you never will have any interest. Try it, dearie; just put in a little something, and you're sure of the interest.'"

Trust

Tomorrow is a new and untrod way,
And only God its winding path may see;
So all I have must lie in my today;
Dead yesterday is but a memory.

Why grieve with lashes wet o'er sorrows past,
Why fear tomorrow's vague uncertainty,
While for today His hand will hold me fast,
And step by step He gently leadeth me?

So for today I'll trust His guiding hand
To keep me in the straight and narrow way;
And when at last I reach that better land,
I'll praise Him through the realms of endless day.

CLIFFORD A. RUSSELL.



Cancer, the Chief Hazard of Living—Part 2

HOW long are we, "the children of the day," going to halt between two opinions, and say that our souls loathe this vile bread? We don't want to hear any more about health reform. There are still a few of our people who look upon this beautiful and wonderful phase of present truth as a mere joke. But I want to tell you, my friends, cancer is not a joke; high blood pressure is no joke; hardening of the arteries is no joke; deforming arthritis isn't a joke; acute appendicitis, gall-stones, require operations—there is nothing pleasant about them. I believe we ought to be the most thankful people in the world because of the great light on how to keep well that has been the heritage of Seventh-day Adventists for three quarters of a century.

I was in Philadelphia about a week ago, and spent a little time at the annual convention of the American Medical Association. While there I received some literature just off the press. I hold in my hand a little booklet put out by the American Society for the Control of Cancer, dated 1930. I read on page 9: "More than 120,000 people died of cancer in the United States during 1929." That number would make a good-sized city.

"As a principal cause of death in the United States, cancer ranked second during 1929, exceeded only by heart disease." Why, this terrible malady has increased in frequency until now it has become the second leading cause of death in the United States, one of the chief hazards of living. "More than 120,000 people died of cancer in the United States during 1929. This equals about 10 per cent of the total deaths from all causes in this country for that period." "No age is free from cancer; babies are born with it, and the oldest people die of it."

From the same source I obtained another little booklet, "The Prevention of Cancer." I wish to read from page 13: "Stomach cancer is the most frequent form of the disease." You ask why? "These observations suggest that the perpetual abuse of a normal stomach frequently gives rise to cancer, and that an abnormally weak stomach may suffer the same fate from less abuse. In both instances abuse and overfunction must be regarded as the exciting causes."

Some years ago I copied a statement from an editorial in the *Journal of the American Medical Association*: "That cancer has increased in recent years is perhaps a commonplace, but the extent of the increase is not generally realised. Under existing conditions one in seven women and one in eleven men die of cancer."

There is only one successful way to treat cancer, and that is not to get it. If the disease is recognised very early, much can be done by proper diet and by surgery or radium or X-ray.

Space will permit but the briefest men-

tion of the symptoms of cancer. Cancer never causes any pain at its beginning, no matter where it develops. So if we have any suspicion that such a terrible malady is trying to seize upon us, let us not wait for pain as a symptom. An abnormal lump anywhere in the body, should be removed. You say, "Well, it is simple." That is the time to take it out, while it is simple. A sore anywhere that does not heal should always arouse suspicion. A chronic discharge from any part of the body that doesn't yield to simple treatment, should arouse the suspicion of cancer, and expert advice and counsel should be sought. Abnormal bleeding from any part of the body should arouse the suspicion of beginning cancer, and should receive appropriate treatment.

I have a statement here from the renowned surgeon, Dr. W. J. Mayo. In a presidential address before the American Surgical Association, Dr. Mayo spoke in regard to the cause of cancer in a manner which should attract serious attention; and remember, the Mayo Clinic in Rochester, Minn., which has for years been the surgical centre of the world, is in a position to give reliable information on surgical diseases. Dr. Mayo said:

"Cancer of the stomach forms nearly one third of all cancers of the human body. So far as I know, this is not true of the lower animals nor of uncivilised man. Is it not possible that there is something in the habits of civilised man, in the cooking or other preparation of his food, which acts to produce the precancerous condition? Within the last 100 years four times as much meat is used as before that time." "If flesh foods are not fully broken up, decomposition results, and active poisons are thrown into an organ not intended for their reception and which has not had time to adapt itself to the new condition."

Some time ago I read a statement from the pen of Dr. L. Duncan Bulkley, senior physician of the New York Skin and Cancer Hospital. He gave an extensive review of the subject of cancer, traced the disease around the world, and tried to discover whether there might be some relation between the habits of people in various countries and the frequency of that disease. After a careful canvass of the whole situation, Dr. Bulkley summed up the causes of cancer in one sentence of three lines: "Analysing the various data obtained, we find that cancer has increased in proportion to the consumption of the three articles, meat, coffee and tea, and alcohol." "In England, where the consumption of meat has doubled during the last fifty years and recently was 120 pounds per capita yearly, cancer mortality has increased fourfold."

And then Dr. Bulkley proceeds to tell us how to treat cancer: "The first element of treatment is an absolutely correct vegetarian diet, with the avoidance of coffee and alcohol in every form. A vegetarian diet needs no defense, for millions of human beings naturally live thus, and escape cancer, and thousands in civilised lands are adopting it for health."

At the annual convention of the American College of Surgeons in Chicago, not quite two years ago, the surgical oration was delivered by a cancer specialist of London, Dr. Arbuthnot Lane. Writing in the *Dearborn Independent* on the subject of cancer, its cause and cure, Dr. Lane

said: "Cancer is a world disease, a world peril. Each person can say for himself how far he is willing to go to avoid cancer."

How far are you willing to go to avoid cancer? Would you be willing to deny your appetite of the things that are not good? Would you be willing, not to subtract from your diet, but to substitute something good for that which is not good? "No good thing will He withhold from them that walk uprightly." God never did withhold any good thing, and all His prohibitions are only "for our good always, that He might preserve us alive." I have quoted from Deuteronomy 6:24.

There is a cause for cancer. There is a reason why one third of the cancers occur in the stomach. How do people get cancer?—They eat it. That is plain English, but it expresses a vital fact. Why shouldn't a physician accept his responsibility, and follow truth where it leads? I think the greatest opportunity that ever comes to a physician or a nurse is to teach people how to keep well. Health education in order that health and life may be preserved, affords the greatest opportunity for service that ever comes to a doctor.

I was quoting from Dr. Lane on how to avoid cancer. What do you suppose is the first thing he mentions? Well, it is back to the diet again: "Eat simple, natural foods, and shun all meat." His statement follows:

"Cancer is a world disease, a world peril. Each person can say for himself how far he is willing to go to avoid cancer. Whoever forgoes white bread will perform a great service for himself. . . . Whole-wheat bread is difficult to get in England. I understand it is easy to get in the United States of America. Americans who persist in eating white bread and die of cancer, have nobody to blame but themselves. . . . What we should do, then, if we would avoid cancer, is to eat whole-wheat bread and raw fruits and vegetables, shunning all meat; first, that we may be better nourished; secondly, that we may more easily eliminate waste products."

I want to read a statement from a little booklet gotten out by the American Society for the Control of Cancer, page 9, under the topic, "Prevalence of Cancer:" "Birds, animals, and fishes, as well as man, have cancers." Of the animals studied, there is just one kind of animal that doesn't have cancer, and that is the monkey. I wonder why? It is chiefly a diet problem.

Dr. William Seaman Bainbridge, professor of surgery in the New York Polytechnic Medical School and Hospital, in his book, "The Cancer Problem," says on page 54, "The common barnyard fowl is the frequent subject of tumors, both benign and malignant—cancerous." The chicken is a frequent subject of cancers. Why?—Because it is a scavenger.

Cancer is known to be particularly prevalent among fishes. The fish is also a scavenger, a flesh-eating animal. There are two pages in Dr. Bainbridge's book devoted to the prevalence of cancer among fishes. He says:

"It has been suggested by Williams and corroborated by others, that fish are particularly liable to infections of different kinds. It has been well established that

tumors of undoubtedly malignant character [cancerous] occur in large percentages among artificially bred fish." "While it has been clearly shown that fish kept under artificial conditions are susceptible to cancer, it has also been shown that fish living under natural conditions are not free from this disease." "It is interesting to note the 'disquieting information' given out by the United States Fish Commission, after its co-operation with the New York State Cancer Laboratory in the investigation of thyroid cancer in domesticated fish. The following statement is contained in this report: 'It has been determined that a type of cancerous affection is of widespread distribution among domesticated trout and their offspring planted in the streams.'

The medical world has caught up with us, and is going in advance of us in proving that cancer, as well as many other maladies, is due to the way people eat. And so, dear friends, I believe it is time for us to take our good books, brush the dust from their covers, and find out if there isn't something in them that will greatly increase our vigour and improve our state of health.

Dr. McCarrison, the noted British surgeon of India, says: "I claim to speak with some authority on this subject because I have been practising surgery in India for the last twenty-four years, and have had an admirable opportunity of comparing the relative resistance of meat eaters and vegetarians during the Great War." Then he goes on to tell what he observed,—that when the Indian soldiers were wounded, their wounds healed quickly; but when the British soldiers were wounded, very frequently the wounds did not heal quickly.

"In civic life they [the Indians] show a remarkable freedom from certain diseases, such as gastric and duodenal ulcers, gall bladder disease, and appendicitis. As regards the latter I have some figures relating to the relative incidence of appendicitis in Indian and British troops respectively, in India. I find that this disease is about ten times as frequent in the British as compared with the Indian army. *The rarity of cancer is so striking that a surgeon might practise for many years among this people and never see a case.*" Why? The next paragraph tells why.

"I am speaking for the Punjab, not for India as a whole. The Punjab diet is wheat bread, whole meal, pulses, vegetables, milk, and some fruit." No meat, a simple, nonpoisonous, nonirritating diet of the natural products of the earth.

Why, my friends, the animal kingdom doesn't create an atom of food; the animal kingdom cannot take the inert elements of the soil and build them up into living, organic compounds. The plant kingdom must do that. The best we can say for flesh food, though it is food, is that it is second-hand food, a purely emergency food. Flesh foods contain poisonous excretory waste matter, such as urea, uric acid, and creatinin, which burden the liver and kidneys and raise the blood pressure. These unnatural foods are often laden with the germs of tuberculosis, cancer, gall bladder disease, and acute appendicitis.

I will close our study by reading a portion of one paragraph from a health book

that has never guided us wrong; you can depend upon the teachings of "Ministry of Healing," as they relate to both the physical and the spiritual life. They are sound scientifically. We have had this book for a quarter of a century, and we have had the principles that are here repeated and rewritten, many of them for three quarters of a century. My friends, does the Creator know how to make a correct diagnosis? Does He understand the science of etiology, the causes of disease?

I will read from page 313: "Flesh was never the best food; but its use is now doubly objectionable, since disease in animals is so rapidly increasing. Those who use flesh foods little know what they are eating. Often if they could see the animals when living, and know the quality of the meat they eat, they would turn from it with loathing. People are continually eating flesh that is filled with tuberculous and cancerous germs. Tuberculosis, cancer, and other fatal diseases are thus communicated."

When science completes the proof, when the whole world recognises it, we believe it too; but shall we wait for the tardy O. K. of scientific demonstration to confirm these things before we are willing to plant our feet solidly upon health truth revealed by inspiration? That may be too late to save our health. God has given us the facts; the best science can do is to give the reasons for the facts.

A. W. TRUMAN, M.D.,
Medical Sec., General Conference.

SOUTH NEW SOUTH WALES

PRESIDENT: R. E. HARE
SECRETARY: W. H. HOPKIN

Missionary Volunteer Rally

At the South N.S.W. Camp-Meeting

A GREAT sea of faces. An atmosphere of keen interest and eager expectation. It is the last Saturday night of camp, and it is young people's night! Fathers, mothers, youth, and children, are all gathering in the huge pavilion.

The members of the M.V. Choral Society and the M.V. Silver Band are in their places. The speakers of the evening, five young men and six young women selected from the various societies, file on to the large platform, accompanied by the Union Conference and local conference M.V. leaders.

Appropriate introductory items are rendered by both the band and the orchestra. Following prayer, the conference president, as chairman, briefly outlines the purpose of the meeting.

Pastor C. Head is now giving the first talk in this symposium, and is earnestly and enthusiastically speaking regarding the great objectives of the M.V. movement and the importance of training our youth in the *devotional* and *educational* features of the work.

The interest, now thoroughly aroused, continues to grow as Brother Head intro-

duces the first six speakers from among the young people on the rostrum. What good, clear, forceful messages they are. The great congregation sits up and listens. The points are driven well home. These splendid young men and young women are speaking from conviction, born of personal experience in the discovery of the reality of prayer, the helpfulness of the *Morning Watch*, and the encouraging results of united prayer in *prayer bands*. They have tasted of the joy of achievement and the valuable training associated with the *Bible Study Course*, the *Reading Course*, and the *Standard of Attainment*. As they make a rallying call to their fellow young people in that vast audience, we are delighted to catch the fervent response.

The assistant M.V. leader of the conference, Sister Tank, is the next to speak. Her chief burden at this hour is to lay upon the hearts of all our youth the realisation of their responsibilities along the lines of missionary vision, practical work for others, earnest activity in service for those in need both at home and abroad.

The rest of the youthful speakers, making eleven in all, give their stirring talks. The very air is athrill with interest; we can read it in the upturned faces before us. Surely there is more to this M.V. movement than most had ever thought of before! Surely God has in mind greater and still greater things for the young people of the Advent message!

The choir is standing to sing the Hallelujah Chorus. As the last note dies away, there is a quiet hush over the whole pavilion. It has been good for us to be here, for "the melody of praise is the atmosphere of heaven."

The closing talk is then given on the vital topic of "The Standard of Personal Living: Loyalty to the M.V. Colours." While standards are fast disappearing around us on every hand, it is a wonderful inspiration to see this great company of Missionary Volunteers solemnly covenanting together, by the grace of God, to ever hold the banner aloft!

Did you say, "What about our Juniors?" Why, of course, they have a part in this. Here are a number of badges of the J.M.V. to be handed to those boys and girls who have fulfilled the "Friend" and the "Companion" requirements, and have thus merited recognition tonight in the presence of their seniors.

May God richly bless the M.V. and the J.M.V. movements, and all that they stand for in the finishing of the work that God has given us to do.

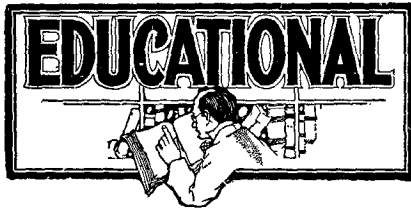
S. V. STRATFORD,
M.V. Sec. Aust. Division.

Important Dates

Camp-Meetings:

Victoria: Jan. 14-24.
North New Zealand: Jan. 7-17.
South New Zealand: Jan. 21-31.
Tasmania: Feb. 11-21.
South Australia: Feb. 18-28.
West Australia: March 3-13.

Big Week: Nov. 14-21.
Appeal for Missions: February 27—
Week of Prayer: May 14-21.
Annual Home Missions Effort: June 11—
Annual Council: Aug. 30-Sept. 8.



What Avondale Means to Me By South New South Wales Students

R. Richardson : Avondale—our own little realm, prospering under the blessing and approval of heaven.

W. J. Kemp : Avondale, like the school of the prophets, gives an education that will fit one for the life to come.

C. Cawse : Avondale holds out a warm welcome to you. Come and join us in preparing for a definite purpose, for the faithful discharge of life's duties, by physical, mental, and moral development.

G. Richardson : Young men and women planted in Avondale will grow and blossom into efficient workers in the Lord's vineyard.

E. Green : Avondale has meant a thorough Christian experience to me in my life, and I believe it has meant an eternal home with our Lord Jesus Christ; and I would not exchange this experience that I have had for all the pleasures of this world.

Oliver Twist :

"O happy home, where each one serves
Thee, lowly,
Whatever his appointed work may be,
Till every common task seems great
and holy,
When it is done, O Lord, as unto
Thee."

Arthur Peach : An oasis of peace in a desert of unrest; a place of lasting friendships in an age of insincerity; a pure fount of learning, untainted by the world; a home of happiness and sweet content,—Avondale is all this and much more.

Allan Westerman : "Dost thou love life? Then waste not time; for time is the stuff life is made of." Then come to

Avondale while there is time. "Few things are more dangerous than a train of thought which carries no freight." Why not come to Avondale to load up? "Opportunity spoils if kept waiting." Don't miss it by not coming to Avondale.

James Cormack : Since joining the Avondale family, I have found that our college is in very deed a divinely appointed institution where Christian character is moulded, and a harmonious development of the physical, the mental, and the spiritual powers takes place. "It prepares the student for the joy of service in this world, and for the higher joy of wider service in the world to come."

C. H. Krauss : Avondale—a place where every day holds bright surprises and is full of interesting experiences; our all-the-year camp-meeting.

J. Cernik : Avondale—the limit of human love, the beginning of divine.

Lillian Steele : Avondale—the school ordained of God, where I have gained a deeper Christian experience, a vision of the world's needs, and a greater burden for souls.

Sophia Obst : Avondale—the shadow of a mighty Rock in a weary land, where I have been resting beside the still waters.

Jean Lamplough : Avondale is the triple alliance of the three great powers—love, sympathy, and help.

Be strong and talk hope. Press your way through obstacles. You are in spiritual wedlock with Christ Jesus. The Word is your assurance. Approach your Saviour with the full confidence of living faith, joining your hands with His. Go where He leads the way. Whatsoever He says to you do; He will teach you just as willingly as He will lead some one else.—"Testimonies," Vol. 6, p. 462.



Students from South New South Wales in attendance at the college



Thirteenth Sabbath at Quirindi

OH, the joyous anticipation! Day dawned cool and fair, and there was an early stir in the homes of each member of the Quirindi Sabbath school—for was this not the Thirteenth Sabbath offering day for missions?—and the heart of each of its forty-three members beat just a little faster than usual today.

Willing hands helped to harness the horse, while in other homes father saw that the car was in readiness a little earlier—'twas Thirteenth Sabbath.

Upon arrival, each member soon detected that the Sabbath school officers expected great things today, nor were they disappointed.

The attendance, sixty-two, constituted a record, our little church being filled to its utmost.

The opening hymn was sung with vigour, for soon each and all were to be afforded the privilege of handing in the price of that crop of potatoes; the money obtained for that calf or those hens; those Sabbath eggs; all of which were sold to help swell the Investment Fund.

But here let me digress a little to tell you a few more of our Investment ideas: a fox skin, prize money from paintings, jewellery and flowers sold, knitting, fancy work, two shillings in the pound, with many and varied others.

Even the children were most eager to give. Watch one little girl of seven, as she proudly carries her "load" of pennies. What a stack! Look! Twenty-four. Here comes a little boy, still below school age, who simply can't get it in quickly enough. Here it is, one shilling and seven pence. You wonder how they obtained so much? Listen, I'll tell you: instead of buying sweets, it was put away all through the long thirteen weeks for Investment.

The acme of excitement was reached when our superintendent was ready to read out the figures. Oh, how could we wait another second to hear them? They must be good, see how he smiles! Here they are: Investment, £17 9s. 6d., Thirteenth Sabbath offering, £9 2s. 2d., with a total quarter's offering of £43 12s. 4d., which exceeded all previous attainment by over £10.

Remembering good soldiers never look behind, we are already planning for this quarter's Investment. Are you? Since this endeavour, the universal cry of "Depression" has been an obsolete phrase in our Sabbath school.

Two special items by the children and a solo by one of our visiting ex-members were enjoyed by all.

The superintendent's closing prayer invoked God's richest blessing to rest upon the record offering of Quirindi Sabbath school, given by responsive hearts to the urgent call of the mission field.

JEAN FAIRFOUL,
Sabbath School Secretary.

NORTH NEW SOUTH WALES

PRESIDENT: E. H. GUILLIARD
SECRETARY: H. S. STREETER

"CANVAS TOWN" Seventh-day Adventists ANNUAL CONFERENCE

DURING the past fortnight an extensive canvas town has sprung up on the Aberdare Reserve. Exclusive of large pavilion tents, there are 130 living tents, and today, under canvas, there will be a population of between 400 and 500 people, who have assembled from Gosford to the Tweed Heads to take part in the annual field conference of the Seventh-day Adventists.

The camp is admirably situated on a gentle slope. It is laid out on modern lines. There are seven avenues or streets, each tent is numbered, and from the diagram in the office it is possible to locate any member in the camp in a very short time. The living tents are roomy, and are divided into two compartments. In cases where delegates are accompanied by their children, a third compartment is arranged. The main pavilion has a seating capacity for well over 1,000. Other large tents are the dining tent, a tent for the services devoted specially to the kindergarten children, a meeting tent for the young people, and a tent housing the book stall and the articles made by the young people, the proceeds from the sale of which assists foreign missions. There is a rest room, and showers for the women in the permanent structure on the ground, while similar provision is made for the men under canvas. The camp also includes a collapsible wooden structure for the kitchen and store room. The water has been laid on specially for the camp. Electric light is another convenience. About five acres are in occupation. The value of the tents alone represents an outlay of over £4,000.

The conference will continue for ten days, during which evangelists, foreign missionaries, and doctors will take prominent parts.

In addition to the delegates the following will join the conference—Pastor J. Westerman (Vice-president of the Australasian Union Conference), Pastor A. G. Stewart (a missionary from the South Sea Islands), Pastor Robert Hare (the veteran pastor of the Australasian Conference), Mr. S. V. Stratford (Young People's Secretary), Dr. T. A. Sherwin (Medical Secretary of the Australasian Union Conference), Mr. W. T. Hammond (Treasurer of the Union Conference), Mr. R. E. Blair (of the Signs of the Times Publishing House, Warburton, Victoria), Mr. J. J. Potter (Manager of the Book Department of the Union Conference). The President of the Conference is Pastor E. H. Guilliard; Secretary and Treasurer, Mr. H. S. Streeter; Home Mission Secretary, Mr. J. L. Smith; Field Mission Secretary, Mr. C. F. Hodgkinson. Miss A. E. Douglass is Secretary of the Sabbath School and Young People's Missionary Volunteer Society, and Pastor C. J. Reynolds is camp superintendent.

The day in camp begins at 6.30 a.m. with a devotional service. After breakfast there is a session of conference, and a Bible study service. After lunch a conference session is followed by an instructional hour, then tea, and a mission service.

The camp is open to the inspection of visitors, who are also made welcome at the services.—*Newcastle Advocate*, Nov. 12, 1931.

WEST AUSTRALIA

PRESIDENT: L. D. A. LEMKE
SECRETARY: S. C. BUTLER

Another Baptismal Service

AFTER days of unsettled weather, the morning of Sabbath, August 8, dawned bright and clear, as if specially prepared in honour of the occasion, and in blessing upon the baptismal service to be held that day. At three o'clock in the afternoon, when the opening hymn was sung, the seating capacity of the Perth church was fully taxed, many finding it necessary to stand or to occupy whatever places were available, in order to witness the baptism of eighteen persons who thus signified that they had renounced the world and had enlisted under the banner of Christ.

While all were impressed with the solemnity of the service, there were also expressions of joy because of what God had wrought in the saving of souls. Well might every heart be glad, for this was the second baptism in five months in connection with our Victoria Park mission, bringing the total number baptised up to thirty-six. We are sure our people will rejoice to know that a still larger number are now being carefully prepared to take this important step.

The Victoria Park mission has been in operation since the end of October, 1930, and has been conducted in the Savoy Theatre, right at the tram terminus. The attendance from the beginning has been excellent. Even the trying winter months found no appreciable falling off in the audiences. It is frankly admitted everywhere that the district of Victoria Park has never before been so stirred.

As Pastor Roenfelt has delivered the message week by week, the people have been profoundly impressed, and many have been led to openly admit that they never heard the Word of God so clearly and forcefully explained before, and that they believe we have the truth. At the present time studies are being given to 150 people, and the way in which the truth is being absorbed is most gratifying. Since the mission commenced last year, eighty have accepted the truth and are definitely keeping the Sabbath. We have every reason to believe that those who have not yet been baptised will go forward in due time.

The writer considers himself greatly blessed in the privilege of assisting in this effort, with Sister Rocke, under the congenial and talented leadership of Pastor Roenfelt. Truly the Lord has worked to lead the people to acknowledge Him, and for all that He has done we gratefully praise Him.

H. G. MOULDS.

God's Promises Are Sure

THE following narrative was given by Pastor C. L. Paddock in one of the latest issues of our church paper for the Eastern Canadian Union Conference:

"While in Vancouver, a brother told me of how he was led to accept this message. As he told me his experience, I was reminded of the text in Psalms 126:6, 'He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him.'

"Some years ago this gentleman got hold of the book 'Coming King,' which he read with interest. Later he found 'Daniel and the Revelation' in a public library. He read this book through twice. At different times he bought the magazine, *Canadian Watchman*, from some one in his office or on the street. Then Brother Watson, who is now canvassing in the city of Toronto, called at his office and gave him a canvass for 'Daniel and the Revelation.' He felt he knew as much about Daniel and Revelation as Brother Watson knew, and asked Brother Watson if he could secure a book which would help him to understand all the Bible, something in a concise form for business men. Brother Watson told him about 'Bible Readings,' and he immediately placed his order.

"'Bible Readings' was delivered to him, and while he was studying the book he also read the *Watchman* now and then, as he could secure it. He was convinced of the truths taught him in the magazine and the books, and looked up our office in Vancouver, paid his tithe, and asked where our services were held. Today he is a baptised member and a real asset to our church in the city of Vancouver."

WEDDING BELLS

Streeter-Simpson.—At the home of Brother and Sister G. Douglas, "Ayrdale," Normanhurst, N.S.W., on Sept. 23, 1931, Brother Henry Edward Streeter, Senr., of Normanhurst (formerly of Queensland), and Sister Mary J. Simpson, well known in our Ashfield and Stanmore churches, were united in marriage, in the presence of the family connections who were able to be present. Expressions of good will and wishes were freely and feelingly given. We join in the Christian felicitations, hoping that the peace and benediction of heaven may bless their united lives.

H. MITCHELL.

OBITUARY

Honor.—At the age of four years, the beloved daughter of Brother and Sister Harold Honor of Huntly, N.Z., fell asleep on June 2, 1931, after a short attack of diphtheria. This little child had been removed to the Hamilton hospital, where she could have the best of treatment, but all efforts in her behalf were of no avail. We laid her to rest in the Hamilton cemetery on June 4, there to await the call of the Life-giver.

F. L. SHARP.

Australasian Record

THE OFFICIAL ORGAN OF THE
AUSTRALASIAN UNION CONFERENCE
OF SEVENTH-DAY ADVENTISTS

Editor: Anna L. Hindson
Assistant Editor: Viola M. Rogers

Single Subscription, per year, post paid - 5/-
Order through your conference office, or send
direct to the Avondale Industries,
Cooranbong, N.S.W.

Advertising rate 2s. 6d. for each insertion
All copy for the paper and all advertisements
should be sent to Mrs. Hindson, "Mizpah,"
Wahroonga, N.S.W.

Printed weekly for the Conference by the
AVONDALE PRESS (A.C.A. LTD.), COORANBONG, N.S.W.

PASTOR AND MRS. J. D. ANDERSON and their children sailed for the Solomon Islands on November 11 by the *Mataram*. Brother and Sister Anderson have spent eleven years in the Solomons, and are returning from furlough for a further period of service.

IN response to a call from Tasmania for help in the Hobart mission, which Pastor J. R. James had to leave in order to fulfil his appointment in Papua, Pastor A. W. Knight left Sydney for Hobart on November 15. Brother Knight has gone to help bind off the work of that mission.

BROTHER AND SISTER W. J. RICHARDS with their two little children sailed for New Zealand by the *Aorangi* on November 12, in harmony with their appointment to the South New Zealand Conference. Brother and Sister Richards are originally from New Zealand, and have been engaged in evangelistic work in Grafton, N.S.W.

By the same boat Brother and Sister Albert Sprengel and children, from Cooranbong, sailed for Auckland, N.Z. Brother Sprengel was invited at the recent Council to take the management of the Auckland Health Food Factory.

THE first word from America since the cable message that Dr. P. M. Keller had been shot by a demented patient, is this letter from Pastor J. E. Fulton, written from Glendale, California, on October 4: "Doubtless you have received my cable, telling of the tragic death of Dr. Keller. It is a terrible experience. Our hearts are bowed down with grief. I know you will be greatly shocked, and all others of Dr. Keller's dear friends in Australasia. The funeral was held yesterday, Sabbath, 2 p.m., in the Glendale church. It was filled to overflowing, perhaps 2,500 attending. The procession to the Forest Lawn cemetery was a mile long. We had to wait a long time for the cars to arrive. We were escorted by police, and everything passed off nicely. Dr. Florence Keller is grief stricken, but she is a wonderful woman and bears up bravely. It took about an hour and twenty minutes for the people to pass the remains as they were viewed in the church."

FROM Pitcairn Island Sister Ada Christian wrote by a recent mail: "In our Missionary Volunteer meetings we take up offerings once a quarter. Last Sabbath, before the offering was made, I read the report, 'A Youthful Mission Enthusiast,' in the RECORD of August 10, which proved an inspiration to many. Some who did not have money with them put in a certain amount on slips of paper. Others brought money to the church quarterly meeting

which was held directly after Sabbath that evening. Some of the adults gave as well as the Missionary Volunteers. What made the story more interesting to us is that little Raymond Nobbs, whose picture was given, is related to many of us on Pitcairn."

WE take the following from a letter from Sister A. H. Ferris, written from Lord Howe Island: "We have some Methodist folk whom we met on Norfolk Island staying with us. They have attended all our meetings, and I noticed that

basket on the table, which they did. Brother Nobbs' little son and granddaughter had saved up £1 10s. between them and were greatly excited as they shook it all out of their little purses. Children love to give, do they not?"

FROM a letter received from Pastor R. Allan Anderson, dated Geneva, October 9, we learn that our deputation had already begun to interview as many of the officers and members of the League of Nations as possible, in order to help them to understand our viewpoint of the Calendar question before the session opened officially. The deputations consisted of the following representatives of Divisions and organisations in our world-wide work: C. S. Longacre, Religious Liberty Secretary, U.S.A.; Brethren G. E. Nord and P. G. Nelsen, Scandinavia; A. Vollmer, Germany; T. T. Babienko, Baltic Union Conference; D. Robinson, Southern African Division; A. S. Maxwell, British Union Conference; R. A. Anderson, Australasian Union Conference. Pastor R. A. Anderson has promised to send a report of their work at Geneva for publication in a later issue of the RECORD.

MISS L. M. GREGG, known to many in this field, wrote from the General Conference office, Washington, D.C., on October 12: "We have been busy in the Ingathering work. We have been going out with the singing bands two or three nights a week. We enjoy this. It is a pleasant method of doing the Ingathering work, and I think that on the whole more is collected from a given territory than would probably be otherwise. We average around five pounds a night for two hours' singing. Last night we had four brass instruments and about twenty singers, with six solicitors. Often certain hymns are called for by the people, and sometimes we are asked to go back and sing some special hymns for those who are sick. This is quite a popular method, and starts many young people who are too timid to go out alone. The evenings have been pleasant and there are a number of singing bands out nearly every night from our churches in and around Washington. The Ingathering goal for our church is £1,000. I think we have about £600 now. We expect to reach the goal; we always do. Funds are certainly needed now more than ever."

A Call for World-Wide Consecration, Fasting, and Prayer

AT a recent meeting of the Australasian Union Conference Committee, the following cable was read from the General Conference, signed by Pastor C. H. Watson:

"In view of our spiritual need facing rapidly fulfilling signs great opportunities to advance work all countries and serious shortage means Autumn Council appointed December twelve special day consecration fasting prayer in all world."

The Committee decided to act in harmony with this important and solemn request from the General Conference. It needs no explanation, but it does need our co-operation to make the day to be a real day of consecration, fasting, and prayer. It so happens that December 12 is the opening day of the Week of Prayer as conducted in North America.

We trust, dear brethren, that all will plan very definitely for this in all our churches and homes. We are living in times in which we must do our utmost, in harmony with the terms of the cable, to so live, work, and pray that we can supplicate our God for the necessary funds with which to prosecute the work in all the fields of the world.

May the Lord bless you all as you plan for this important and solemn occasion.

A. H. PIPER.

they placed a ten-shilling note in the Sabbath school offering plate yesterday. They speak highly of our young people's M.V. meetings and the prepared programmes. As this gentleman is a musician, he was especially interested in the programme on that subject by Pastor A. W. Anderson, and spoke a few words to the young people. He played a violin solo for us also, and accompanied some of our young singers with his violin. Besides these, there was also a young lady from Sydney present who appreciated that programme very much. She is a tourist from one of the boarding houses. . . . It was interesting to see the children bringing in their Thirteenth Sabbath offerings yesterday. The superintendent asked them to come forward and place their gifts in the

AN interesting letter has been forwarded to our Mission Board. It was pencilled in the wilds of Papua by a native with a meagre knowledge of English. It was addressed to the "S.D.A. Missionary," and sent by the hand of a messenger to Brother Howell, at Vailala. The letter reads: "Dear Sir, I am just kindly to writing and telling you, will you please coming down to ——— for to see me because I want to show you a little land for to give the S.D.A. Mission is for I want to go away Port. Also if you want come down to ——— for to see me. Come next week. I am wait you little while. I will see you before am away. Yours truly, Kikie." Brother Howell, when forwarding the letter to us, said that the writer was a boy at Bisiatabu mission with Pastor Jones, and that this call is a most desirable one, and would bring us into a large district in a good position from the delta. He longs for help to follow up the interest.