

RESULTS



10,000 Metres Women - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	29:01.03	Letesenbet GIDEY	ETH	23	Hengelo (NED)	8 Jun 2021
Championships Record CR	30:04.18	Berhane ADERE	ETH	30	Paris-St-Denis (FRA)	23 Aug 2003
World Leading WL	29:29.73	Gudaf TSEGAY	ETH	26	Nerja (ESP)	23 Jun 2023
Area Record AR		National Record NR		Personal Best PB		Season Best SB

19 August 2023 20:59 START TIME
26° C TEMPERATURE 73 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT
1	772	Gudaf TSEGAY	ETH	23 Jun 97	13	31:27.18
2	762	Letesenbet GIDEY	ETH	20 Mar 98	9	31:28.16 SB
3	771	Ejgayehu TAYE	ETH	10 Feb 00	2	31:28.31
4	1077	Irine Jepchumba KIMAI	KEN	10 Oct 98	5	31:32.19 SB
5	1426	Alicia MONSON	USA	13 May 98	1	31:32.29
6	1086	Agnes Jebet NGETICH	KEN	23 Jan 01	11	31:34.83 PB
7	1045	Ririka HIRONAKA	JPN	24 Nov 00	22	31:35.12 SB
8	869	Jessica WARNER-JUDD	GBR	7 Jan 95	16	31:35.38
9	1084	Grace Loibach NAWOWUNA	KEN	10 Nov 03	18	31:38.17
10	1349	Sarah CHELANGAT	UGA	5 Jun 01	20	31:40.04 SB
11	1139	Sifan HASSAN	NED	1 Jan 93	3	31:53.35
12	1384	Elise CRANNY	USA	9 May 96	6	31:57.51 SB
13	1153	Diane VAN ES	NED	22 Mar 99	14	32:05.85
14	1435	Natosha ROGERS	USA	7 May 91	15	32:08.05
15	796	Camilla RICHARDSSON	FIN	14 Sep 93	17	32:15.74
16	1354	Stella CHESANG	UGA	1 Dec 96	8	32:38.90 SB
17	765	Lemlem HAILU	ETH	25 May 01	7	32:42.78
18	1325	Sarah LAHTI	SWE	18 Feb 95	21	33:09.22 SB
19	1200	Luz Mery ROJAS	PER	20 Jun 93	4	33:19.61
20	1042	Rino GOSHIMA	JPN	29 Oct 97	19	33:20.38
21	577	Maria Lucineida DA SILVA	BRA	28 Nov 01	12	35:54.18
	1065	Caroline Chepkoech KIPKIRUI	KAZ	26 May 94	10	DNF

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INTERMEDIATE TIMES

100 m	18.16 Natosha ROGERS	200 m	39.16 Natosha ROGERS
300 m	1:01.06 Natosha ROGERS	400 m	1:23.47 Jessica WARNER-JUDD
500 m	1:45.27 Natosha ROGERS	600 m	2:07.94 Natosha ROGERS
700 m	2:30.49 Natosha ROGERS	800 m	2:53.02 Natosha ROGERS
900 m	3:15.24 Natosha ROGERS	1000 m	3:37.55 Natosha ROGERS
1100 m	3:59.91 Natosha ROGERS	1200 m	4:21.61 Camilla RICHARDSSON
1300 m	4:40.60 Camilla RICHARDSSON	1400 m	4:59.36 Camilla RICHARDSSON
1500 m	5:18.20 Camilla RICHARDSSON	1600 m	5:36.26 Camilla RICHARDSSON
1700 m	5:54.71 Camilla RICHARDSSON	1800 m	6:13.17 Camilla RICHARDSSON
1900 m	6:32.11 Camilla RICHARDSSON	2000 m	6:50.56 Camilla RICHARDSSON
2100 m	7:09.11 Camilla RICHARDSSON	2200 m	7:27.82 Camilla RICHARDSSON
2300 m	7:46.70 Camilla RICHARDSSON	2400 m	8:05.46 Camilla RICHARDSSON
2500 m	8:24.17 Camilla RICHARDSSON	2600 m	8:43.03 Camilla RICHARDSSON
2700 m	9:02.12 Camilla RICHARDSSON	2800 m	9:20.86 Camilla RICHARDSSON
2900 m	9:39.78 Camilla RICHARDSSON	3000 m	9:58.89 Camilla RICHARDSSON
3100 m	10:18.03 Camilla RICHARDSSON	3200 m	10:36.69 Camilla RICHARDSSON
3300 m	10:55.73 Camilla RICHARDSSON	3400 m	11:14.91 Camilla RICHARDSSON
3500 m	11:34.15 Camilla RICHARDSSON	3600 m	11:53.09 Camilla RICHARDSSON
3700 m	12:12.32 Camilla RICHARDSSON	3800 m	12:31.60 Camilla RICHARDSSON
3900 m	12:51.03 Camilla RICHARDSSON	4000 m	13:10.16 Camilla RICHARDSSON
4100 m	13:29.64 Camilla RICHARDSSON	4200 m	13:49.08 Camilla RICHARDSSON
4300 m	14:08.67 Camilla RICHARDSSON	4400 m	14:27.67 Camilla RICHARDSSON
4500 m	14:47.13 Camilla RICHARDSSON	4600 m	15:06.62 Camilla RICHARDSSON
4700 m	15:26.11 Camilla RICHARDSSON	4800 m	15:45.09 Camilla RICHARDSSON
4900 m	16:04.36 Camilla RICHARDSSON	5000 m	16:23.55 Camilla RICHARDSSON
5100 m	16:43.00 Camilla RICHARDSSON	5200 m	17:02.07 Camilla RICHARDSSON
5300 m	17:21.37 Camilla RICHARDSSON	5400 m	17:40.97 Camilla RICHARDSSON
5500 m	18:00.39 Camilla RICHARDSSON	5600 m	18:19.73 Camilla RICHARDSSON
5700 m	18:38.20 Agnes Jebet NGETICH	5800 m	18:56.65 Agnes Jebet NGETICH
5900 m	19:15.67 Agnes Jebet NGETICH	6000 m	19:33.51 Gudaf TSEGAY
6100 m	19:51.47 Gudaf TSEGAY	6200 m	20:09.52 Gudaf TSEGAY
6300 m	20:27.58 Gudaf TSEGAY	6400 m	20:45.66 Gudaf TSEGAY
6500 m	21:03.75 Gudaf TSEGAY	6600 m	21:22.00 Gudaf TSEGAY
6700 m	21:40.06 Agnes Jebet NGETICH	6800 m	21:57.99 Gudaf TSEGAY
6900 m	22:16.47 Letesenbet GIDEY	7000 m	22:34.80 Letesenbet GIDEY
7100 m	22:53.55 Letesenbet GIDEY	7200 m	23:11.58 Letesenbet GIDEY
7300 m	23:30.08 Letesenbet GIDEY	7400 m	23:48.76 Letesenbet GIDEY
7500 m	24:07.35 Agnes Jebet NGETICH	7600 m	24:25.72 Ejgayehu TAYE
7700 m	24:43.75 Ejgayehu TAYE	7800 m	25:01.71 Ejgayehu TAYE
7900 m	25:20.17 Ejgayehu TAYE	8000 m	25:38.05 Ejgayehu TAYE
8100 m	25:56.17 Ejgayehu TAYE	8200 m	26:14.02 Ejgayehu TAYE
8300 m	26:32.17 Ejgayehu TAYE	8400 m	26:50.34 Ejgayehu TAYE
8500 m	27:09.16 Ejgayehu TAYE	8600 m	27:27.91 Letesenbet GIDEY
8700 m	27:46.66 Letesenbet GIDEY	8800 m	28:04.53 Grace Loibach NAWOWUNA
8900 m	28:22.52 Grace Loibach NAWOWUNA	9000 m	28:40.38 Grace Loibach NAWOWUNA
9100 m	28:58.98 Letesenbet GIDEY	9200 m	29:17.10 Grace Loibach NAWOWUNA
9300 m	29:35.49 Grace Loibach NAWOWUNA	9400 m	29:53.15 Letesenbet GIDEY
9500 m	30:11.05 Letesenbet GIDEY	9600 m	30:28.16 Letesenbet GIDEY
9700 m	30:44.56 Letesenbet GIDEY	9800 m	30:59.04 Sifan HASSAN
9900 m	31:13.04 Sifan HASSAN		

ALL-TIME OUTDOOR TOP LIST

RESULT	NAME	VENUE	DATE
29:01.03	Letesenbet GIDEY (ETH)	Hengelo (NED)	8 Jun 21
29:06.82	Sifan HASSAN (NED)	Hengelo (NED)	6 Jun 21
29:17.45	Almaz AYANA (ETH)	Rio de Janeiro (BRA)	12 Aug 16
29:29.73	Gudaf TSEGAY (ETH)	Nerja (ESP)	23 Jun 23
29:31.78	Junxia WANG (CHN)	Beijing (CHN)	8 Sep 93
29:32.53	Vivian Jepkemoi CHERUIYOT (KEN)	io de Janeiro (BRA)	12 Aug 16
29:42.56	Tirunesh DIBABA (ETH)	Rio de Janeiro (BRA)	12 Aug 16
29:47.42	Grace Loibach NAWOWUNA (KEN)	Hengelo (NED)	3 Jun 23
29:50.77	Kalkidan GEZAHEGNE (BRN)	Maia (POR)	8 May 21
29:53.51	Alice Aprot NAWOWUNA (KEN)	Rio de Janeiro (BRA)	12 Aug 16

2023 OUTDOOR TOP LIST

RESULT	NAME	VENUE	2023
29:29.73	Gudaf TSEGAY (ETH)	Nerja (ESP)	23 Jun
29:37.80	Sifan HASSAN (NED)	Hengelo (NED)	3 Jun
29:47.42	Grace Loibach NAWOWUNA (KEN)	Hengelo (NED)	3 Jun
29:57.45	Eiqayehu TAYE (ETH)	Nerja (ESP)	23 Jun
29:59.03	Mizan ALEM (ETH)	London (GBR)	20 May
29:59.15	Lemlem HAILU (ETH)	Nerja (ESP)	23 Jun
30:00.86	Eilish MCCOLGAN (GBR)	San Juan Capistrano, CA (USA)	4 Mar
30:03.82	Alicia MONSON (USA)	San Juan Capistrano, CA (USA)	4 Mar
30:04.45	Tsiqie GEBRESELAMA (ETH)	Hengelo (NED)	3 Jun
30:23.69	Girmawit GEBRZIHAIR (ETH)	Nerja (ESP)	23 Jun

Timing by SEIKO

AT-10K-W-f--1--.RS1..v1

Issued at 21:41 on Saturday, 19 August 2023

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WORLD ATHLETICS PARTNERS

