

# RESULTS



## 3000 Metres Men - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record <b>WR</b>	7:23.81	Lamecha GIRMA	ETH	23	Liévin (FRA)	15 Feb 2023
Championship Record <b>CR</b>	7:34.71	Haile GEBRSELASSIE	ETH	24	Paris (FRA)	9 Mar 1997
World Leading <b>WL</b>	7:25.82	Selemon BAREGA	ETH	24	Torun (POL)	6 Feb 2024
Area Record <b>AR</b>		National Record <b>NR</b>		Personal Best <b>PB</b>		Season Best <b>SB</b>

2 March 2024 20:42 START TIME

PLACE	BIB	NAME	COUNTRY	DATE OF BIRTH	ORDER	RESULT
1	213	Josh KERR	GBR	8 Oct 97	1	7:42.98
2	411	Yared NUGUSE	USA	1 Jun 99	9	7:43.59 <b>SB</b>
3	193	Selemon BAREGA	ETH	20 Jan 00	6	7:43.64
4	197	Getnet WALE	ETH	16 Jul 00	3	7:44.77
5	396	Olin HACKER	USA	21 May 97	12	7:45.40 <b>SB</b>
6	191	Adel MECHAAL	ESP	5 Dec 90	10	7:45.67
7	237	Pietro ARESE	ITA	8 Oct 99	11	7:46.46
8	123	John HEYMANS	BEL	9 Jan 98	2	7:48.18
9	181	Mohamed ISMAIL	DJI	1 Jan 97	7	7:50.05 <b>PB</b>
10	279	Hicham AKANKAM	MAR	4 Apr 98	4	7:55.04
11	243	Federico RIVA	ITA	9 Nov 00	8	8:02.66
12	100	Mohammad Karim YAQOOT	AFG	23 Jul 89	5	9:37.10 <b>SB</b>

### INTERMEDIATE TIMES

100 m	15.32 Yared NUGUSE	200 m	31.35 Yared NUGUSE
300 m	47.85 Yared NUGUSE	400 m	1:04.97 Yared NUGUSE
500 m	1:22.32 Selemon BAREGA	500 m	1:22.32 Yared NUGUSE
600 m	1:36.78 Selemon BAREGA	700 m	1:51.73 Selemon BAREGA
800 m	2:07.27 Selemon BAREGA	900 m	2:22.99 Selemon BAREGA
1000 m	2:39.15 Selemon BAREGA	1100 m	2:54.37 Getnet WALE
1200 m	3:10.08 Getnet WALE	1300 m	3:25.92 Getnet WALE
1400 m	3:41.90 Getnet WALE	1500 m	3:58.05 Getnet WALE
1600 m	4:14.24 Getnet WALE	1700 m	4:30.19 Getnet WALE
1800 m	4:46.11 Getnet WALE	1900 m	5:01.73 Selemon BAREGA
2000 m	5:17.74 Selemon BAREGA	2100 m	5:33.74 Selemon BAREGA
2200 m	5:49.91 Getnet WALE	2300 m	6:05.29 Getnet WALE
2400 m	6:20.53 Getnet WALE	2500 m	6:35.26 Getnet WALE
2600 m	6:50.12 Getnet WALE	2700 m	7:04.27 Selemon BAREGA
2800 m	7:17.79 Josh KERR	2900 m	7:30.40 Josh KERR

### ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
7:23.81	Lamecha GIRMA (ETH)	Liévin (FRA)	15 Feb 23
7:24.68	Mohamed KATIR (ESP)	Liévin (FRA)	15 Feb 23
7:24.90	Daniel KOMEN (KEN)	Budapest (HUN)	6 Feb 98
7:24.98	Getnet WALE (ETH)	Liévin (FRA)	9 Feb 21
7:25.82	Selemon BAREGA (ETH)	Torun (POL)	6 Feb 24
7:26.15	Haile GEBRSELASSIE (ETH)	Karlsruhe (GER)	25 Jan 98
7:26.20	Berihu AREGAWI (ETH)	Karlsruhe (GER)	28 Jan 22
7:27.80	Yenew ALAMIREW (ETH)	Stuttgart (GER)	5 Feb 11
7:28.00	Augustine Kiprono CHOGE (KEN)	Stuttgart (GER)	5 Feb 11
7:28.23	Yared NUGUSE (USA)	Boston, MA (USA)	27 Jan 23

### 2024 TOP LIST

RESULT	NAME	VENUE	2024
7:25.82	Selemon BAREGA (ETH)	Torun (POL)	6 Feb
7:26.73	Getnet WALE (ETH)	Torun (POL)	6 Feb
7:29.09	Lamecha GIRMA (ETH)	Boston, MA (USA)	4 Feb
7:30.14	Josh KERR (GBR)	New York, NY (USA)	11 Feb
7:30.88	Grant FISHER (USA)	New York, NY (USA)	11 Feb
7:33.04	Biniyam MEHARY (ETH)	Liévin (FRA)	10 Feb
7:33.80	Samuel TEFERA (ETH)	Astana (KAZ)	27 Jan
7:34.88	Geordie BEAMISH (NZL)	New York, NY (USA)	11 Feb
7:35.35	Cole HOCKER (USA)	New York, NY (USA)	11 Feb
7:37.41	Parker WOLFE (USA)	Boston, MA (USA)	3 Feb