



GENERALI MARATHON AND GENERALI HALF MARATHON MÁLAGA

# RUNNER'S GUIDE

SUNDAY 10 DECEMBRE 2023

[generalimaratonmalaga.com](http://generalimaratonmalaga.com)



# SCHEDULES



## FRIDAY 8 DECEMBER

TIME	EVENT	PLACE
15:00 to 20:00 h.	Expo area and bib collection	Port of Malaga Cruise Terminal

## SATURDAY 9 DECEMBER

TIME	EVENT	PLACE
10:00 to 20:00 h.	Expo area and bib collection	Port of Malaga Cruise Terminal
11:30 to 12:30 h.	Breakfast Run Generali Malaga Marathon	Dique de Levante and Paseo de la Farola
12:30 to 13:30 h.	Kids Race Generali Malaga Marathon	Dique de Levante
13:00 to 22:00 h.	You Rock Málaga	Port of Malaga Cruise Terminal

## SUNDAY 10 DECEMBER

TIME	EVENT	PLACE
7:30 to 8:20 h.	Opening of cloakroom for storage of belongings	In the vicinity of the bullring
7:45 to 8:20 h.	Opening of the exit drawers Malaga Marathon	Paseo del Parque, opposite the Malaga City Council
8:30 h.	Start of the Generali Marathon and Generali Half Marathon Malaga	Paseo del Parque, opposite the Malaga City Council
10:45 h.	Closing of the Generali Malaga Half Marathon	Avenida Cánovas del Castillo Hospital Noble
14:30 h.	Closing of the Generali Marathon of Malaga	Paseo del Parque, opposite the Malaga City Council

# SPONSORS



**málaga**  
la ciudad redonda



Ayuntamiento  
de Málaga



Puerto de Málaga

Autoridad Portuaria de Málaga



*renfe*



# COLLABORATORS



# BIBS NUMBERS



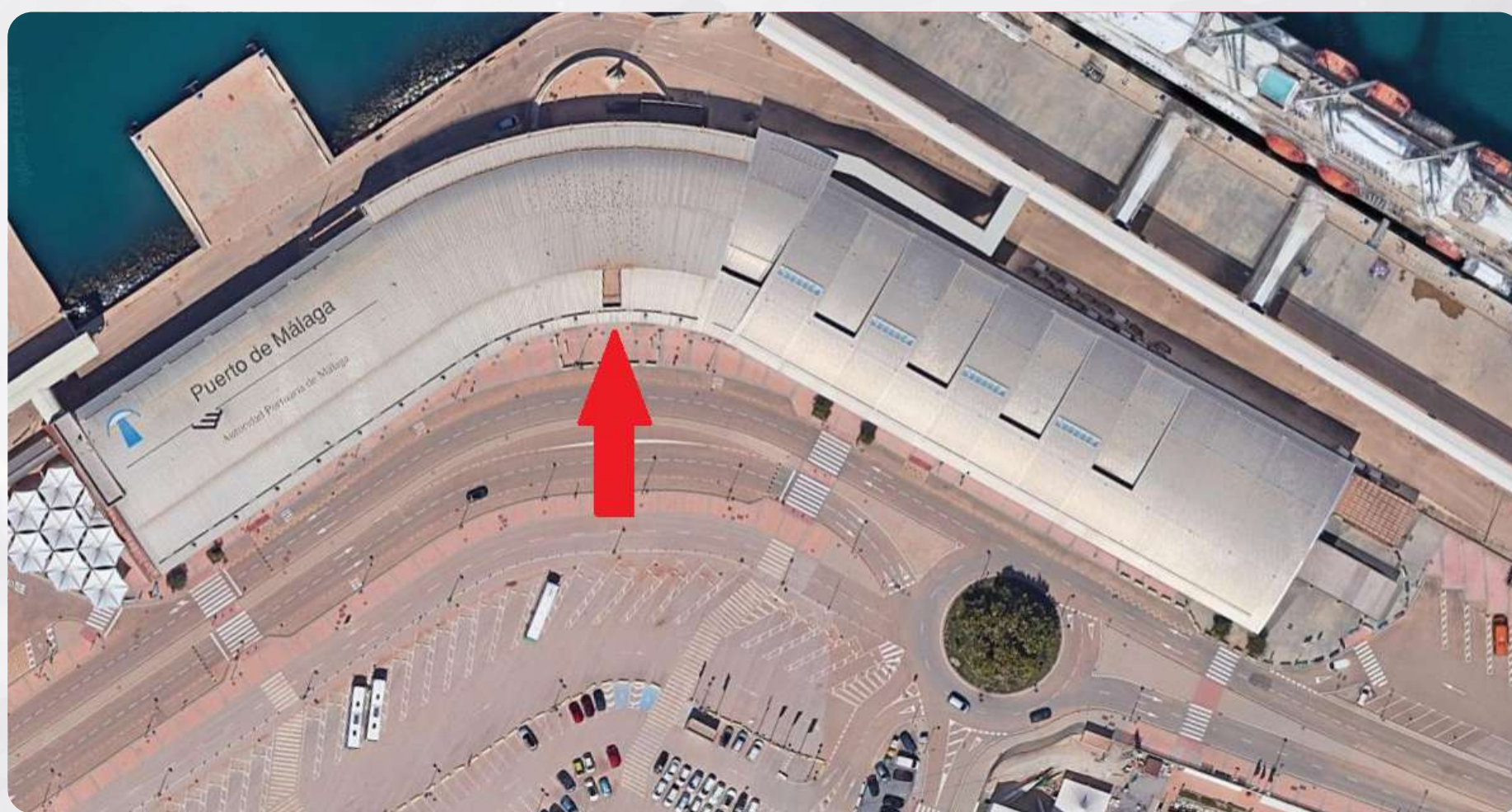
**MARATHON EXPO**  
IN PUERTO DE MALAGA - CRUISE TERMINAL,  
PASEO DE LEVANTE 29016, MALAGA.



**DECEMBER**



**8 DECEMBER 15:00 TO 20:00H.**  
**9 DECEMBER 10:00 TO 20:00H.**



## TO COLLECT THE BIB RACE:

- It is compulsory **to collect your bib numbers at the above-mentioned timetable.**
- Identifying yourself by means of your **ID card or passport.**
- **Under no circumstances may bib numbers be collected on the day of the race.**
- If you are unable to collect your bib number in person, **it can be collected by a third person with an authorisation signed**, as well as the necessary documentation (photocopy of the runner's ID card and proof of registration).

# START



8:30



PASEO DEL PARQUE

## ACCESS TO EXIT DRAWERS

It is recommended to arrive at the box area well in advance.

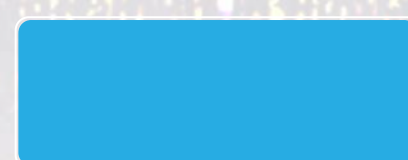
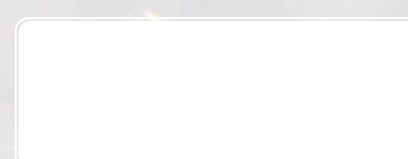
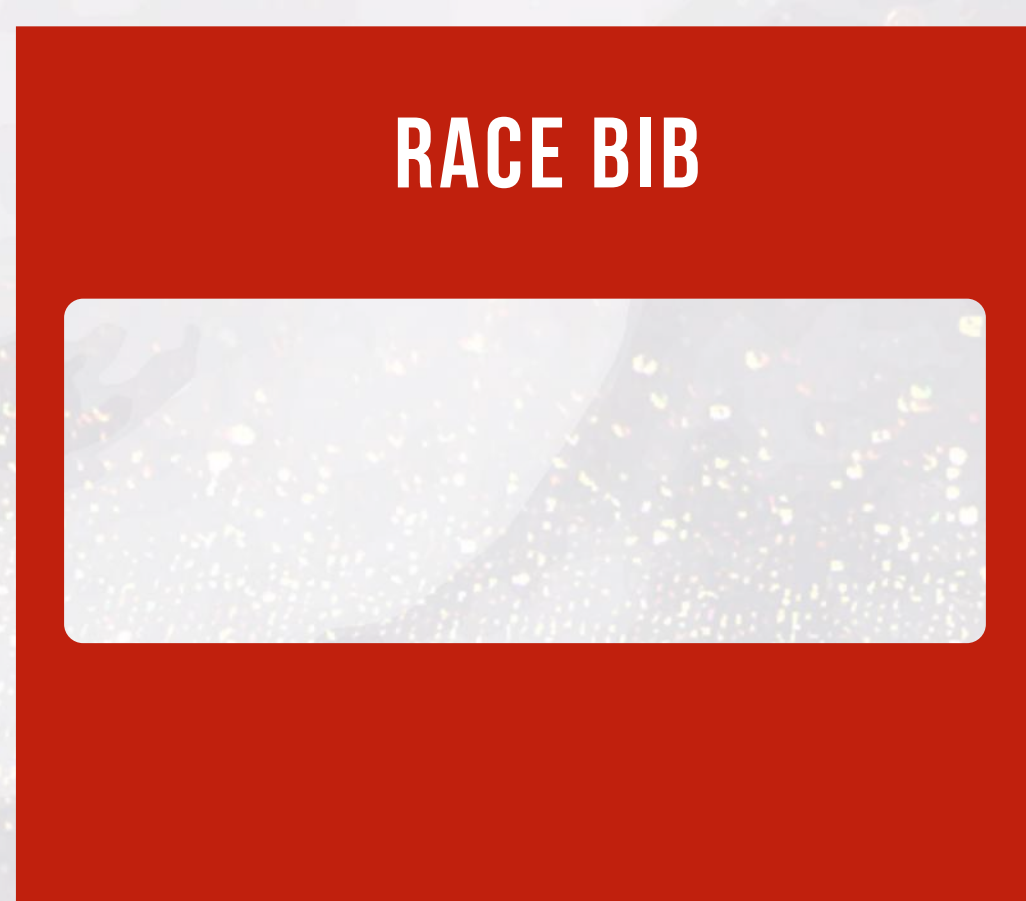


7:45 A 8:20



PASEO DEL PARQUE  
(FROM BOTH SIDES)

Each runner will enter their corresponding starting box, depending on the colour of their race bib:

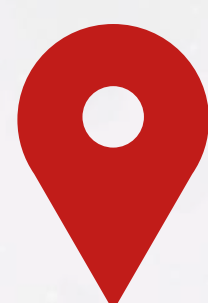


The time limit for finishing the race is set at 14:00 hours, with a maximum time of **5:30 hours** from the initial starting gun.

# FINISH LINE



## FINISH LINE GENERALI MALAGA MARATHON



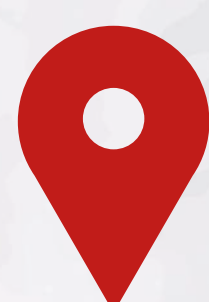
### PASEO DEL PARQUE

IN FRONT OF THE MALAGA TOWN HALL  
(COINCIDING WITH THE STARTING AREA).

At the finish line, runners will receive a commemorative **medal** at the end of the race, as well as a refreshment service and physiotherapy.



## FINISH LINE GENERALI MALAGA HALF MARATHON



### AVENIDA CÁNOVAS DEL CASTILLO

The runners will then **walk to the post-finish area, located in front of the "Hospital Noble"**



We ask runners not to remain in the finish area due to the large number of participants. We recommend that you go to the cloakroom area to collect your belongings and avoid crowds.

**We remind you that, for security and logistical reasons, the finishing area will only be open to participating runners.**



THE VICINITY OF THE BULLRING,  
PASEO DE READING



7:30-8:20 TO LEAVE BELONGINGS.



9:45-15:00 TO COLLECT BELONGINGS.



## INSTRUCTIONS

- One bag per runner** may be deposited.
- No suitcases or bulky luggage will be accepted** (max. 5kg)
- Each participant will be given an **adhesive sticker** when collecting their bib number.
- Runners must identify their bag with this sticker**, handing it over to our volunteers with their identification.
- To collect your bag** from the cloakroom it will be compulsory to **present your race bib**.
- It is not recommended to put delicate or valuable objects in the bag, the organisation will not be responsible for the loss or damage** that these objects may suffer due to the manipulation to which the bags are subjected by our volunteer corps.

## HOW TO GET TO THE START

### EMT BUS

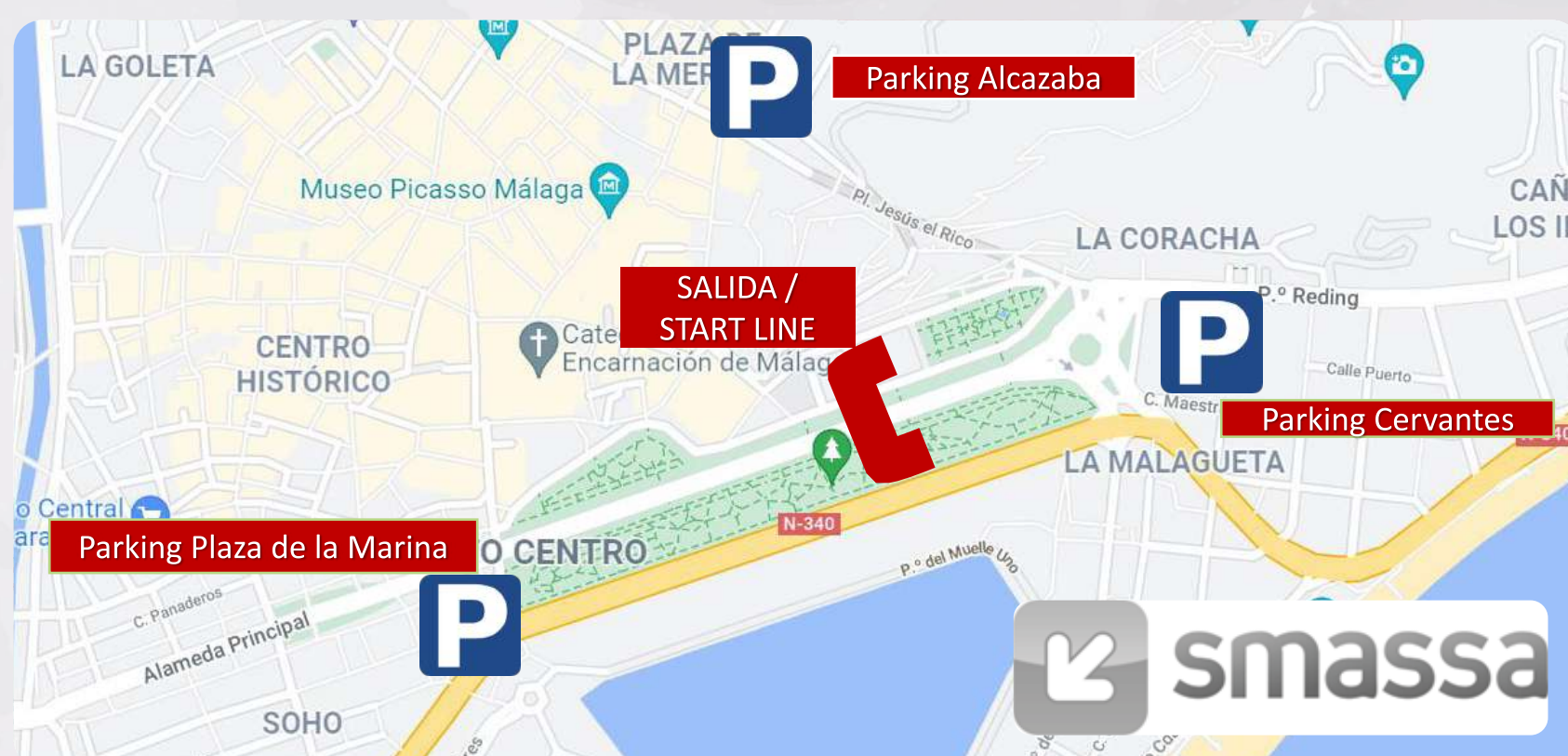
The **Empresa Malagueña de Transportes (EMT)** offers **45 bus lines with an average frequency of 10-15 minutes.**

Their timetables can be consulted at the following link: **Timetables and lines of the EMT Malaga (city bus).**

All runners will receive 2 return tickets with their race bib, to be used on 10 December 2023, from 6am to 6pm (valid on all EMT lines except at the airport).

### PARKING

Runners will be able to use **the municipal car parks of Cervantes, Alcazaba and Plaza de La Marina** from **8:00 to 14:00**, for **5€**, presenting their bib number at the car park control booth.



## HOW TO GET TO THE RUNNER'S FAIR

**City Sightseeing Malaga** offers to all runners its **spectacular bus** in a direct route between Paseo del Parque (height Hotel AC Malaga Palacio) and the Cruise Terminal of the Port of Malaga.

**This service will be provided every 15/20 minutes**



**DECEMBER**



**8 DECEMBER 15:00 TO 20:00H.  
9 DECEMBER 10:00 TO 20:00H.**

**We urge all runners not to use their private cars for the Runner's Fair.**



# ROUTE



Human resources, volunteers, local police, civil protection, as well as material resources, cones, fences, signs and blue markings on the road will be used to indicate the athletes and their transit.

[You can see the video map here.](#)

# ALTIMETRY



# STREET MAP



KM	STREET
START	Paso del Parque
	Alameda Principal
1	Puente de Tetuán
2	Avenida de Andalucía
3	Calle Virgen de la Esperanza
	Avenida Obispo Ángel Herrera Oria
4	Calle Virgen de la Cabeza
	Túnel (debajo Avenida Andalucía)
5	Avenida Juan XXIII
	Calle Abogado Federico Orellana
	Calle Princesas
6	Paseo Marítimo Antonio Machado (carriles centrales, viales norte)
7	Rotonda Paseo Marítimo Antonio Machado y Arquitecto JM Guernica
8	Avenida Manuel Agustín Heredia
	Paseo de los Curas
9	Paseo de la Farola
	Rotonda de la Farola
10	Dique de Levante Sentido Sur
	Terminal de Cruceros
11	Dique de levante Sentido Norte
12	Paseo Marítimo Ciudad de Melilla
13	Paseo Marítimo Pablo Ruiz Picasso (sentido este)
14	Paseo Marítimo Pablo Ruiz Picasso (sentido este)
15	Calle Bolivia
16	Calle Bolivia
	Avenida Salvador Allende
	Calle Escultor Marín Higüero

# STREET MAP



## KM

## STREET

17	Avenida Juan Sebastián El Cano
18	Avenida Juan Sebastián El Cano Avenida Pintor Joaquín Sorolla
19	Paseo Marítimo Pablo Ruiz Picasso (sentido oeste)
20	Paseo Marítimo Pablo Ruiz Picasso
21	Avenida Cánovas del Castillo Paseo de los Curas Paseo de los Curas con Plaza de la Marina
22	Avenida Manuel Agustín Heredia
23	Rotonda Paseo Marítimo Antonio Machado y Arquitecto JM Guernica
24	Paseo Antonio Machado (sentido oeste, carriles centrales, viales norte)
25	Calle Pacífico
26	Calle Pacífico Calle Pacífico - Rotonda Sacaba
27	Avenida Manuel Alvar Avenida Manuel Alvar (carril auxiliar) Calle Marilyn Monroe
28	Avenida Alicia Larrocha Calle Miguel Mérida Nicolich (sentido oeste) Estadio de Atletismo Avenida Manuel Alvar
29	Calle Miguel Mérida Nicolich (sentido este) (frente estadio de Atletismo) Calle Miguel Mérida Nicolich (pasado perímetro Palacio de los deportes) Calle Montequaque Calle Montequaque (rotonda centro comercial)
30	Calle Villanueva de la Concepción (Saliendo rotonda centro comercial) Cruce inferior N-340

# STREET MAP



## KM

## STREET

Calle Alban Berg

Calle Bocherini

Calle Gregorio Allegri

31 Calle Horacio Quiroga (entrada al Parque)

32 Avenida Europa con Calle Gaucín)

Calle Sillita de la Reina

33 Calle Sillita de la Reina (frente edificio Luxfor)

Calle del Gallo

Calle Ceramistas

Camino San Rafael

Avenida Juan XXIII (sentido norte)

34 Avenida Ortega y Gasset

Calle Conde de Guadalhorce

35 Avenida de la Aurora (entrada plaza Villa de Casteldefells)

Puente de las Américas

36 Calle Hilera (con Calle Esperanto)

Calle Armengual de la Mota

Calle Jaboneros

37 Calle Don Juan de Austria (Con Calle Ventura Rodríguez)

Avenida Doctor Marañón

38 Camino de la Palma Palmilla (sentido Norte) (puerta 6 Estadio Rosaleda)

Camino de la Palma Palmilla (giro 180)

Camino de la Palma Palmilla (sentido Sur)

39 Avenida Jorge Silvela

Calle Huerto de los Claveles

Calle Cruz del Molinillo

Calle Ollerías

# STREET MAP



## KM

## STREET

40

Calle Tejón y Rodríguez

Calle Méndez Núñez

Calle Casa Palma

Calle Álamos

PLaza de la Merced

Calle Alcazabilla

Plaza de la Aduana

Calle Postigo de los Abades

41

Calle Molina Lario (pasada Plaza del Obispo)

Calle Granada

Plaza de la Constitución

Calle Larios

Plaza de la Marina

42

Paseo del paque

FINISH  
LINE

Paseo del parque

# MEDICAL SERVICES



The **six points of care** in the race will be distributed at **kilometres 15, 29, 35 and 38** and also at the **start/finish point**, where the **field hospital and medicalised ambulances will be located**. From these devices, the medical services will be able to quickly attend to any mishap that the race participants, as well as the public attending the event, may have



**Physiotherapy services** are also available for our participants at the **start/finish area** and along the route.

As a complementary service, **Sos Cardiosport and Civil Protection will also look after the wellbeing of the runners of the GENERALI Malaga Marathon** with their mobile medical assistance teams, who will be travelling along the route.

In addition, the city of **Malaga has an important network of automatic defibrillators**, with the aim of achieving a cardio-protected city. The organisation of the GENERALI Malaga Marathon has drawn up this table with the devices closest to the circuit:

## DEA IN THE CITY OF MALAGA THAT COINCIDE OR ARE CLOSE TO THE CIRCUIT

KM	ADDRESS	INDICATIONS
0.7	Alameda Principal	Archivo municipal, garita de seguridad
1.1	Calle Méndez Núñez	Avenida Andalucía nº4, Esquina Corte Inglés con Hacienda

# MEDICAL SERVICES



KM	ADDRESS	INDICATIONS
1.3	Armengual de la Mota	Calle Armengual de la Monta nº 1
3.5	Avenida Virgen de la Cabeza	Vestíbulo estación de Metro Carranque
4.5	Avenida Juan XXIII	Vestíbulo estación Metro Barbearla
5.5	Calle Princesa	Vestíbulo estación Princesas-Huelin
7.5	Paseo Antonio Machado	Columna DEA 12, frente a la Playa
7.8	Avenida Manuel A. Heredia	Centro de salud Alameda- Perchel
8.2	Paseo de los Curas	Columna DEA 15 junto entrada principal puerto de Málaga
9.7	Paseo de la Farola	Tienda Club Mediterráneo
10.5	Dique de Levante	Marina Club Mediterráneo
11.9	Paseo Ciudad de Melilla	Nº 10 (Columna DEA 11)
12.4	Paseo M. Pablo Ruiz Picasso	Frente al Nº 2 (DEA 06)
14.5	Paseo M. Pablo Ruiz Picasso	Zona de Musculación el Morlaco (DEA 13)
16.8	Avenida JS EL Cano	Panadería Salvador, entrada
19.5	Paseo M. Pablo Ruiz Picasso	Zona de Musculación el Morlaco (DEA 13)
28.5	Estadio Ciudad de Málaga	Interior
29	Palacio Deportes Martín Carpena	Interior
34.4	Rotonda Cruz Humilladero	Parking, cabina de control
36.1	Armengual de la Mota	Calle Armengual de la Monta nº 1
37.4	Avenida Doctor Marañón	Central de Bomberos, entrada
39.8	Calle Ollerías	Centro cultural María Victoria. Consejería
40.4	Plaza de la Merced	Parking Alcazaba, primera planta
40.7	Calle Alcazabilla	Entrada Alcazaba Málaga, recepción
40.9	Molina Lario	Molina Lario con Plaza del Obispo. Columna DEA03

# MEDICAL SERVICES



KM	ADDRESS	INDICATIONS
41.1	Plaza del Carbón	Calle Granda N° 23
41.3	Plaza de la Constitución	Columna DEA09
41.8	Calle Larios	Plaza de la Marina (Columna DEA 01)

# REFRESHMENTS

The refreshment areas and the exact kilometre points at which they are located are as follows:

PK	ADDRESS	TYPE
5	Calle Princesas 27 (5.4)	Water
10	P° La Farola. Dique de Levante, sentido Norte (10.6)	Water
15	Calle Bolivia 60 (15.2)	Compound Water, Isotonic, Fruit.
17,5	Av. Juan Sebastián Elcano 86 (17.5)	Water
21,5	Paseo de los Curas	Compound Water, Isotonic, Fruit.
25	Calle Pacífico (24.5)	Compound Water, Isotonic, Fruit.
27,5	Manuel Alvar, carril auxiliar (27,2)	Water
30	Av. Miguel Mérida Nicolich (29,2)	Compound Water, Isotonic, Fruit.
32,5	Calle sillita de la reina (32,6)	Water
35	Avenida Aurora 61 (34,9)	Compound Water, Isotonic, Fruit.
37,5	Avenida Palma-Palmilla (38,0)	Water
40	Plaza de la Merced (40,3)	Water



# REFRESHMENTS



We remind you that the refreshment areas, as well as all the race services, **are only available to runners participating in the GENERALI Malaga Marathon or GENERALI Malaga Half Marathon with a race bib.**



The volunteers in charge of this work will be identified, both with their clothing as well as with recognizable signs to the rest of the participants.

# TOILETS

The organisers have **WC's available for participants at the start/finish area, as well as at all refreshment points.**

# CONTROL CLOSURE



**There is a closing time for the control of the race, set at 14:00 hours,** this being the official maximum time limit for completing the course, regardless of the start time taken.

The control of the event shall be closed according to the following table, starting from the initial shot:

PK	MAXIMUM TIME	MAXIMUM TIME
5	39 min 05 sec	09:09
10	1 h 18 min 10 sec	09:38
15	1 h 57 min 15 sec	10:27
20	2 h 36 min 00 sec	11:06
25	3 h 15 min 25 sec	11:45
30	3 h 54 min 30 sec	12:25
35	4 h 33 min 25 sec	13:03
40	5 h 12 min 40 sec	13:42
FINISH LINE	5 h 30 min 00 sec	14:00

## RESULTS

The results of the GENERALI Malaga Marathon will be published on the ace website, **[www.generalimaratonmalaga.com](http://www.generalimaratonmalaga.com)** after its completion and after review by the official judges of the Andalusian Athletics Federation and the Royal Spanish Athletics Federation.

# AWARDS



There will be an **awards ceremony** for the **absolute female and male categories** (marathon and half marathon), **mixed wheelchair disabled** (marathon), **mixed physically/intellectually disabled** (marathon), **Spanish male and female (marathon)** and **first runner with a Malaga licence**.

**There will be no trophy ceremony for the different age groups (marathon).** An identification point will be set up behind the stage truck. At this point, proof of identity must be provided (by means of a **passport or other official document proving the athlete's identity**). Afterwards, you will be able to access the stage to collect your prize, and you must leave the area once you have collected your prize.

# VOLUNTEERS

There are several groups that will collaborate in the volunteer area of the GENERALI Malaga Marathon 2023. In total there will be **more than 800** volunteers at the service of the runners. Don't forget to thank them for their incredible work.



# OFICIAL APP

You can download it for both iOS and Android.  
Name of the APP: GENERALI MARATÓN MÁLAGA

# SUSTAINABLE EVENT



**GENERALI Malaga Marathon 2023 will be run in an environmentally friendly way and** to achieve this, the collaboration of each and every one of the participants is essential. For this reason, we are sending this information in order to facilitate your collaboration:

At the refreshment points there will be specific containers for the selective deposit of waste:

**-At the simple refreshment posts with water,** there will be **YELLOW** containers for the deposit of water bottles. These will be located approx. 100m from the last table and on both sides of the road. If you decide to keep the bottle beyond the 100m, you will have to keep it in your possession until the next provision. In any case, they must be deposited in the containers, **NEVER thrown on the ground.**

**-Combined refreshment posts will be provided:**

**YELLOW containers,** for the deposit of water bottles and isotonic drinks. These will be located approximately 100m from the last refreshment table and on both sides of the road. If you decide to keep the bottle beyond 100m, you must keep it in your possession until the next refreshment point. In any case, they must be deposited in the containers, **NEVER thrown on the ground.**

**Grey containers** for the deposit of leftover fruit. These will be placed behind each fruit table, thus facilitating their deposit after consumption.

**At the finish line, there will be yellow and grey bins behind the refreshment line for the same use.** If you also decide to get rid of your Poncho, this plastic waste must also be deposited in the Yellow Container.

**Packaging waste to the Yellow Container and fruit waste to the Grey Container.** Waste should be deposited in the containers, **NEVER thrown on the ground.**

**Respect for the environment:** The Race passes through urban spaces that must be respected for the benefit of all

# BREAKFAST RUN



**DECEMBER**



**11:30 H.**

**Course and distance:**

**Approximately 5 km** long and not homologated, with start and finish line at the Feria del Corredor, Terminal B of the Port of Malaga.

# BREAKFAST RUN



## Collection of race bibs:

**The race bib and T-shirt** can only be collected at **the Runner's Fair**, which will be held at **Terminal B of the Port of Malaga**.

As the race will take place on Saturday 9 December at 10:30 am, **the race bib and T-shirt must be collected on Friday 8 December from 15:00 to 20:00.**

**Registration here for 5€.**

# KIDS RACE



DECEMBER



AFTER  
THE BREAKFAST RUN

## CATEGORY

## YEARS

## DISTANCE

CHUPETINES

2018 & AFTER

100 m.

SUB-8

2016 & 2017

250 m.

SUB-10

2014 & 2015

250 m.

SUB-12

2012 & 2013

800 m.

SUB-14

2010 & 2011

800 m.

## Collection of race bibs:

**The race bib and T-shirt can only be collected at the Runner's Fair**, which will be held at the Cruise Terminal in the Port of Malaga.

As the race will take place on **Saturday 9 December after the Breakfast Run**, **the race bib and T-shirt must be collected on Friday 8 December from 15:00 to 20:00.**

**T-shirts will be available for the first 400 children to pick up their bibs. You can register here at the price of 0€** for the "Kids Race" modality.

# YOU ROCK MÁLAGA



On **December 9**, the city of Malaga and all its visitors, Attracted by the celebration of the sporting event, they will be able to enjoy of live music from **Efecto Mariposa**, who will act as head poster for this musical festival, framed within the agenda of parallel activities that take place in the city on the occasion of the marathon.

Each runner will receive two invitations in their runner's bag. Additionally, within the festival grounds there will be food and drink stands. available to attendees, with popular prices. All festival information available here.

## ANIMATION IN RACE

On **the 10th**, there will be a large number of entertainment points in **the race**, which will be distributed at key points along the route.

Once the event is over, you will receive a survey in which you can Vote for your favorite animation.

**Your vote will be used to choose the winning group of You Rock Málaga 2023!**

**YOU ROCK MALAGA**

**CHARGE YOUR GENERALI MARATHON BATTERIES**

**EFFECTO MARIPOSA**  
U2 LIVE TRIBUTE BAND · RUBENLINE  
RED BONES · SR. PÁLIDO  
THE BUCKET · XSIACASO · ADRI Y SALVA  
JR DJ · DAVE DJ · TONY MARTIN

TERMINAL DE CRUCEROS MÁLAGA  
**9 DICIEMBRE 2023**  
DESDE LAS 13:00H

**+9H**  
DE MÚSICA Y RESTAURACIÓN

GENERALI MARATÓN MÁLAGA  
málaga  
Ayuntamiento de Málaga  
Puerto de Málaga  
Málaga 2023



 **GENERALI**   
**MARATÓN**  
**MÁLAGA**

**RUN & SUN**



**WELCOME TO**  
**GENERALI MARATÓN MÁLAGA 2023**

