

Table S3. Association of clinical variables and mtDNA haplogroups J and K with Cooper test 1 distance in the best performing quartile of conscripts.

Source	Type III Sum of Squares	df	Mean Square	F	p-value*
Corrected Model	.013 ^a	8	0.002	4.100	1.7x10 ⁻⁴
Intercept	0.657	1	0.657	1666.212	2.1x10 ⁻⁹⁰
Haplogroups JK vs non-JK	3.7x10 ⁻⁶	1	3.7x10 ⁻⁶	0.009	0.92
Body mass index (kg/m ²)	3.4x10 ⁻⁵	1	3.4x10 ⁻⁵	0.086	0.77
Log body fat (%)	2.8x10 ⁻⁴	1	2.8x10 ⁻⁴	0.702	0.40
Log visceral fat area (cm ²)	.009	1	0.009	23.813	2.0x10 ⁻⁶
Log fat-free body mass (kg)	.001	1	0.001	2.282	0.13
Log systolic blood pressure (mmHg)	.001	1	0.001	1.511	0.22
Log fasting plasma glucose (mmol/l)	7.5x10 ⁻⁶	1	7.5x10 ⁻⁶	0.019	0.89
Log total plasma cholesterol (mmol/l)	1.4x10 ⁻⁴	1	1.4x10 ⁻⁴	0.360	0.55
Error	.068	172	3.9x10 ⁻⁴		
Total	2194.884	181			
Corrected Total	.081	180			

*Univariate GLM analysis; ^aR Squared = .160 (Adjusted R Squared = .121); dependent variable, Logarithm of the Cooper test results.