

THE OFFICIAL PUBLICATION OF JOINT TASK FORCE GUANTANAMO

# THE WIRE



December 4, 2015



## JTF DIVERS DISCOVER UNEXPLODED ORDNANCE

TROOPERS IDENTIFY, ALERT AUTHORITIES TO AVERT DISASTER

## TROOPERS TAKE ON TURKEY DAY WITH SOUTHCOM COMMANDER

THE HOLIDAY SEASON BEGINS WITH TONS OF FOOD, FITNESS

## VOLUNTEER ENABLES TROOPERS TO TAKE CREATIVE LICENSE

CLASS ALLOWS SERVICE MEMBERS TO EXPLORE THEIR INNER ARTIST

PHOTO STORY



# HELP KEEP SPIRITS HIGH DURING HOLIDAY SEASON

It is our duty and responsibility to take care of ourselves and our comrades-at-arms. We have just begun that time of year, Christmas and New Year's, when the stressors of our everyday lives seem to jump out and do their best to derail us. Having a plan aimed at reducing those stressors is an effective way to keep them in check.

The holidays are tough times for many and we want to create an environment of concern and support. Remember to take a moment to notice and ask your co-workers how things are going and then actively listen. Sometimes asking a second time will bring forth the real answer. It is OK to speak up when you are feeling bad. Those who seek help will have access to prevention, counseling and treatment.

It is important to encourage each other, our leaders, families and members of the Guantanamo Bay community to strengthen connections with those around us. Remember, it is our individual duty to obtain assistance for others in the event of suicidal thoughts

or suicide-related behaviors.

Studies show people are more comfortable talking to their peers and may be more willing to seek help if recommended by a friend. Early intervention and self-referral for support greatly improves long-term outcomes of health, family, performance and career, compared to delaying help until after the damage is done.

Peer support is essential for minimizing social isolation and preventing distress. A significant number of our Troopers have little involvement in the community and some may find themselves feeling lonely and isolated. We all have a responsibility to help each other and recognize when our fellow service members are out of sorts or behaving out of character.

Behavioral health experts say there are B-A-S-I-C steps to providing peer support.

- Be there – accept the person for who they are and actively listen.
- Awareness – ask about current problems and needs.

- Shared planning – work together to develop a plan to address a problem or crisis.

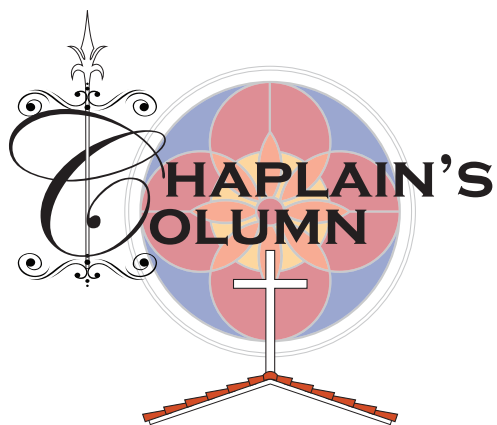
- Initiate the plan – help prioritize, locate resources and possibly provide transportation.

- Continuity of prevention – help prioritize, locate resources and possibly provide transportation.

There are many different resources available locally – JSMAART (normal working hours at 2321 or for urgent matters at x3566, the Fleet and Family Service Center x4141, or any of the JTF Chaplains at x2452, x84838, x8973 or x84522. Hopefully, no one should feel they are without options. The hardest part of any dilemma is taking that first step for ourselves or for someone else.

If you or someone you know has had thoughts of suicide, please call 911 or go to the hospital emergency room for an evaluation.

*Article by*  
**JOINT MEDICAL GROUP**



Like a cracked glass in a picture frame, a crevice runs diagonally across the ground in my front yard. Every time I see the crevice, I am reminded of the dryness of the ground. Even though we have recently received the gift of rain, it doesn't seem to be enough to quench the earth's thirst. I recall the Psalmist:

Like a deer that longs for springs of water, so my soul longs for you, O God. My soul thirsts for God, the living God: when shall I come and stand before the face of God? (Psalms 42)

## GTMO HAS SOMETHING TO TEACH

I imagine the earth of Guantanamo Bay calls out such a prayer from time to time, particularly during the non-rainy months of the year.

Yet, the ridges, the hills and the valleys of this little place we call home seem to thrive even with cracks in the ground. The mango trees are full of leaves. The shrubs produce their berries. Clusters of dragonflies buzz about. Little tiny yellow butterflies flutter everywhere. Of course, we can't fail to mention our numerous low-crawling four-legged friends. They have learned to grow where they have been planted. Perhaps it isn't even a matter of learning. Rather, I say God placed this island here, and its inhabitants, because God knew what they needed.

Walking on the fertile mountains of life is always refreshing, but sometimes we may find ourselves in the dry barren deserts with little to no rain. Like my yard, we may even discover cracks in our soul. Perhaps GTMO has something to teach us during these times. Our emptiness may be a chance to learn to

grow where we find ourselves. Perhaps, it isn't a matter of learning. I believe that rather trusting God has placed us where we are, and in what we are going through, because God knows what we need. God never said life was going to be easy. God, through his son, did say, "I will be with you always (Mt 28:20)." The Apostle Paul reminds: "All things work together for the good of them that love God (Rm 8:28)."

For me and others who share in my faith, we believe that come abundance or scarcity in life, trust God, the living God. It is God that restores the soul.

My question to you is what do you do when you find a crack in your soul? Are you searching for an answer but aren't sure where to start? The other chaplains and I are here to help you in your search for answers and to grow spiritually.

*Article by*  
**ARMY CHAPLAIN (CAPT.) TOBY LOFTON**  
*JTF GTMO, 525th MP Bn. Chaplain*



## COMMANDER & CHAPLAIN

The JMG wants to ensure you maintain good spirits while deployed through the holiday season. Many resources are available including "BASIC" steps to provide peer support.

## GTMO NEWS

JTF Troopers find a UXO and take the necessary steps to report it. Read about how a typical dive in the bay turned into a remarkable find.

## PHOTO STORY

Among the many Thanksgiving events were the SOUTHCOM commander's visit, half marathon and 5K. The commander served food and talked with Troopers during his visit.

## SPORTS / COVER PHOTO

Both the half marathon and the swim across the bay participants were successful. Read about some of GTMO's motivated athletes in this week's sports section.

## ENTERTAINMENT

The MWR Arts and Crafts center hosts many classes each month, among the most popular is the Adult Canvas Painting class, where nearly 20 people recently participated.

# MOTIVATOR OF THE WEEK


**SPC. DEREK CHAMBERS**  
270TH MP CO.

**AIR FORCE TECH. SGT.  
BENJAMIN LEIFKER**  
BEEF

## SHOPSEC

The weeks after Thanksgiving are a time when everyone is rushing to get his or her holiday shopping done. Be careful when entering credit card information online and always make sure a website is legitimate. Avoid "phishing" scams by deleting emails which may look like they are from real websites but ask you for financial or personal information. Only use shopping sites, which offer buyer protection. Take extra care when shopping online. Identity theft and credit fraud always spike this time of year. Be safe and enjoy the holiday season. USE OPSEC!

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**VOLUME 18: ISSUE 22**

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# JTF DIVERS DISCOVER UNEXPLODED ORDNANCE



*EOD technicians carefully extracted a 25-pound MK76 Practice Bomb, with a combined net explosive weight of more than 100 pounds, from the water and safely transported it to the Explosive Ordnance Range on Nov. 7, where it was safely detonated.*

Three recreational divers headed to Ferry Landing Beach looking to bag some lionfish and lobster, but got much more than they bargained for recently at U.S. Naval Station Guantanamo Bay, Cuba on Nov 7.

Upon entering the water, they noticed the poor visibility. Regardless, the group decided to continue. It wasn't long before the divers decided to call it quits, due to the ocean conditions, and headed back to shore. While returning, one of the divers noticed an unknown square-shaped object. He grew curious and decided to take a closer look.

"When you are diving you look for something different. Not far off of shore, I noticed something that looked like a bomb," said John Imhoff, the officer-in-charge with the Office of Military Commissions South.

Seeing the object, Imhoff called one of his dive buddies, Navy Capt. Alan Redmon, the Joint Task Force director of engineering, over to look. Once the two assessed the object they knew they had to report it. Redmon, a former Navy scuba diver with Underwater Construction Team One and a Professional Association of Diver Instructors-certified master scuba diver, then tied a marker approximate to the area of the unexploded ordnance.

"When you're marking something like that, you don't want to mark it directly, that could be dangerous," said Imhoff. "Instead mark an area nearby so it is close enough but not too close."

While Redmon and Imhoff were marking the area, another member of the dive group, Navy Capt. Christopher Scholl, the Joint Task Force director of public affairs, called port operations to report their suspicious finding.

Approximately five minutes later, the authorities showed up, shut the area down and Redmon gave them a description of what the object looked like, he said.

Naval Station Dispatch was notified, who then contacted Emergency Services, the Weapons Department, and Navy divers, said Navy Lt. Jeff Crabtree, the base weapons officer at the Weapons Department.

A mandatory UXO cordon was set and Navy divers coordinated

with the Weapons Department to properly execute a reconnaissance of the device. An Explosive Ordnance Disposal Mobile Unit was contacted to review collected reconnaissance data and arrange an emergency response.

After the Navy divers and members of the Weapons Department deemed the UXO safe for transport, they carefully extracted the 25-pound MK76 Practice Bomb from the water where explosives ordnance disposal technicians then transported it to the EOD range.

Additionally, more than 2,000 units of unserviceable joint service munitions were simultaneously delivered by Weapons Department to the EOD range for disposal, said Crabtree.

In two separate demolition shots, a combined net explosive weight of more than 100 pounds was detonated to destroy the UXO and all unserviceable ordnances. Multiple satchel charges, containing more than a dozen sticks of C4 explosives each, were used in the successful disposal of these items.

Due to the divers' careful and tactful steps to identify, mark and alert authorities the UXO was properly removed and disposed of.

"UXOs are reported an average of every two to three months," said Crabtree.

If you do come across an UXO when snorkeling or diving, you should know how to handle it, said Imhoff. The first step is to recognize when you have encountered a potential UXO. Look for something that's out of place and not of the usual in terms of color or shape. Do not touch, move or disturb the potential UXO. Quickly note the exact location and carefully evacuate the area and call 911.

For more information concerning the identification, marking and reporting possible UXOs contact the Weapons Department at ext. 4574.

*Article by*

**SPC. JUSTIN MALONE**

*Courtesy photo*



# TROOPERS TAKE ON TURKEY DAY WITH SOUTHCOM COMMANDER



Citizens of the U.S. normally celebrate Thanksgiving with good food, friends and family. A golden-browned turkey is the staple of most Thanksgiving Day meals, and members of the Joint Task Force Guantanamo were treated to that and more over the holiday weekend.

The chow halls around GTMO were festively decorated and Troopers could choose from the wide range of foods cooked special for the holiday. There was prime rib, candied yams, green bean casserole and pies galore. To top things off, senior noncommissioned officers and commissioned officers volunteered to serve their junior Troopers during the meals.

Navy Chief Petty Officer, Dana Clayton, the flag writer to the JTF Commander, said that serving Troopers here is similar to what her Thanksgiving holiday is like back home.

"I like to do this kind of stuff during Thanksgiving, it's my favorite holiday," said Clayton. "I love cooking and since I can't cook [here], I love to serve."

This is Army Sgt. John Lamarre's, a military police officer with the 744th Military Police Battalion, second Thanksgiving serving in the Army away from home; his first was in Afghanistan in 2011.

"The food almost tastes home cooked," said Lamarre.

Lamarre said it was a unique experience to have the command staff serving the Thanksgiving feast, an experience he did not have on his last deployment.

Hundreds of JTF Troopers were on-hand at the Seaside Galley for lunch, as Marine Gen. John F. Kelly, commander of the U.S. Southern Command, came down to serve Troopers, visit with and share the Thanksgiving Day meal with them.

Spc. Zachary Forsythe, a military police officer with the 525th MP Bn., said he enjoyed

the opportunity to meet and speak with the general during the meal.

"We were talking about the internet cable that got laid down; we were talking about where we were from... it was actually pretty fun...he was very down to earth," said Forsythe.

Kelly's visit was just one of several events that took place as part of the Thanksgiving celebration.

The fun started Tuesday evening, when Troopers attended a turkey fry on Marine Hill hosted by the Morale, Welfare & Recreation program. It was an opportunity for Troopers who have not had turkey prepared that way, to try it, and enjoy an early Thanksgiving meal.

"General patron reactions were that of surprise; surprise that the full Thanksgiving spread was for them," said Sarah Kadis, the MWR Liberty Coordinator. "Surprise quickly turned into appreciation. It is truly humbling having Troopers thanking you for your work, usually it's the other way around."

Other events over the holiday weekend included an across the bay swim, a half marathon and, of course, a 5K run.

"It's not easy to be away from friends and family to begin with, but during the holiday season (it) is even more difficult," said Kadis. "We, in Liberty, find it vital that we ramp up our activities and events ensuring that no one feels down during this especially happy time."

Another holiday weekend comes and goes as the JTF continues its mission and GTMO kicks off the winter holiday season.

*Article by*  
**ARMY SGT. CHARLIE HELMHOLT**

*Photos by*  
**SPC. JUSTIN LE MALONE**







The Seaside Galley was decorated in its Thanksgiving best Nov. 26. Joint Task Force Troopers were treated to a feast served by senior leadership.



A wide range of desserts are spread out for Troopers to enjoy during the Thanksgiving celebration held at the Seaside Galley on Nov. 26.



Joint Task Force Guantanamo Commander Navy Rear Adm. Peter J. Clarke, asks a Trooper what she would like to eat as they wished each other a happy Thanksgiving on Nov. 26, at the Seaside Galley.



Marine Gen. John F. Kelly, the commander of the U.S. Southern Command, and Joint Task Force Guantanamo Commander Navy Rear Adm. Peter J. Clarke, serve Troopers their Thanksgiving meals, Nov. 26.



Army Capt. Charles J. Sanders, the officer-in-charge of future operations, cuts up slices of roast beef while Marine Gen. John F. Kelly, the U.S. Southern Command commander, helps prepare plates for Troopers entering the Seaside Galley during the Thanksgiving festivities, Nov. 26.





Joint Task Force Guantanamo Troopers smile for a group picture, while enjoying their Thanksgiving meal, at the Seaside Galley on Nov. 26. For some, this was their first Thanksgiving away from home, fortunately they were able to spend the holidays with fellow Troopers.

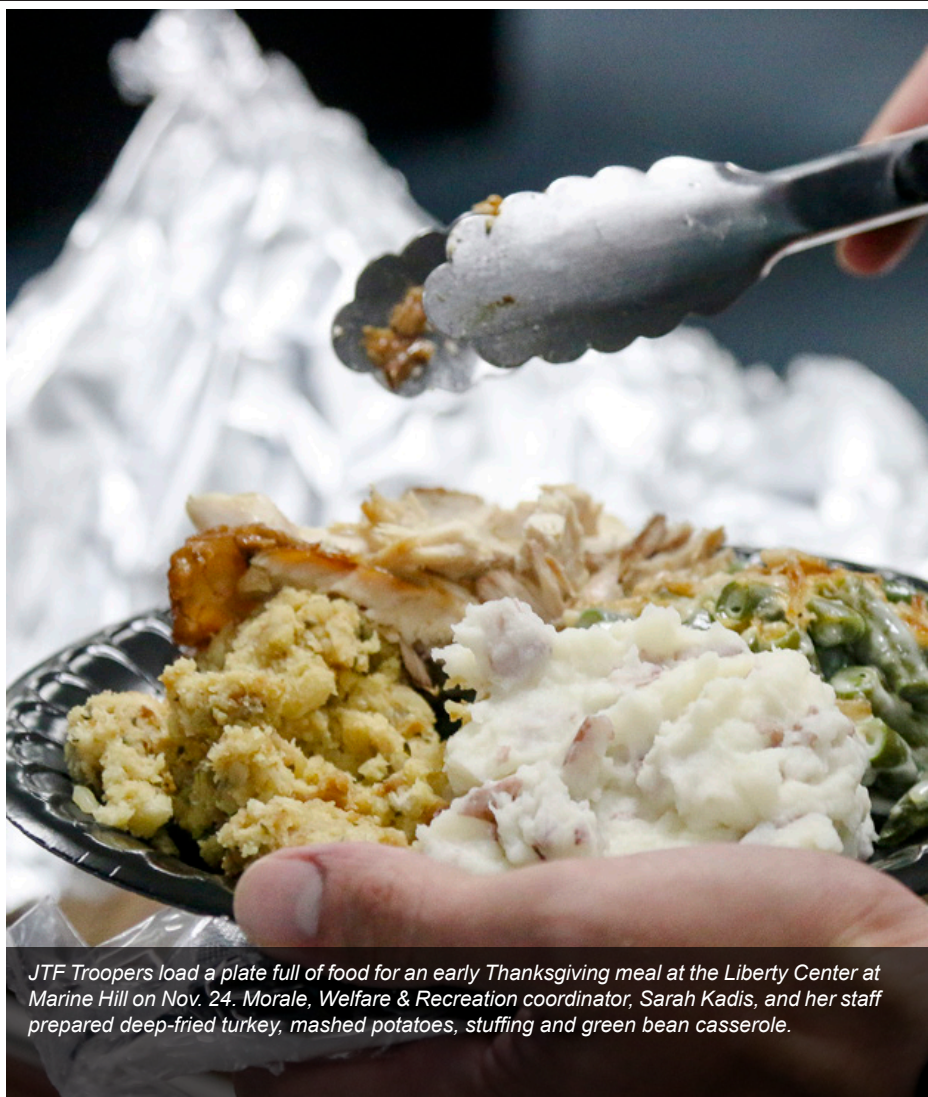
# THANKSGIVING FESTIVITIES



Joint Task Force Guantanamo Troopers sit and converse while they partake in the Thanksgiving meal at the Seaside Galley on Nov. 26.



JTF Troopers line up to serve themselves during the Liberty Center Turkey Fry at the Marine Hill Liberty Center on Nov. 26.



JTF Troopers load a plate full of food for an early Thanksgiving meal at the Liberty Center at Marine Hill on Nov. 24. Morale, Welfare & Recreation coordinator, Sarah Kadis, and her staff prepared deep-fried turkey, mashed potatoes, stuffing and green bean casserole.



# MWR

## 2015/16 SPORTS SCHEDULE

Starting dates are subject to change. All leagues last 2-3 months, including playoffs.

### MONTH / DAY ACTIVITY

<b>December 5</b>	Power Lift Competition
December 11	Army / Navy Game
December 19	Holiday Basketball
December 24	Jingle Bell Fun Run
<b>January 23</b>	Softball Tournament
January 25	Soccer League starts
January 30	Full & Half Marathon
<b>February 1</b>	Kickball League starts
February 6	Fitness & Figure Comp.
February 13	Adult 1 Mile Swim
February 16	Basketball League starts
February 20	GTMO Mudder
February 27	Sprint Triathlon
<b>March 12</b>	Northeast Gate Run
March 12	Max Performance Games
March 14	Ultimate Frisbee League
March 19	Lucky Dog 5k
March 26	Aquatics Easter Egg Hunt
<b>April 2</b>	April Fool's Softball Trnmnt.
April 4	Softball League starts
April 11	Flag Football League starts
April 16	Youth Swim Meet
April 18	Golf League
April 23	Olympic Triathlon
<b>May 7</b>	Color Run
May 9	Indoor Volleyball League
May 14	Adult 500 Yard Swim
May 14-15	GTMO Golf Open
May 20-21	Captain's Cup Events
<b>June 4</b>	Max Performance Games
June 11	JPJ 5 Miler
June 18	Youth Summer Splash
June 25	Power Lifting Meet
June 27	Soccer League starts
<b>July 2</b>	Softball Tournament
July 2	Ridgeline Trail Run
July 4	Golf Tournament
July 11	Basketball League starts
July 16	Cable Beach Run
July 23	Adult Swim Sprint 300 Yard
July 25	Badminton League starts
<b>August 6</b>	Duathlon
August 8	Beach Volleyball League
August 13	Paddle, Pedal, Paintball
August 20	Back to School Splash
August 20	Fitness & Figure
August 22	Ultimate Frisbee League
August 27	All-Night Softball Trnmnt.
<b>September 3</b>	Sprint Triathlon
September 5	Golf Tournament
September 6	Co-Ed Softball League
September 11	9/11 Memorial Run
September 13	Flag Football League starts
September 17	Adult 100 Yard Swim Meet
<b>October 22</b>	Glow Run
October 29	Zombie Run
<b>November 5</b>	Olympic Triathlon
November 19	Max Performance Games
November 24	Thanksgiving Half & 5K

## PARTICIPANTS TROT BEFORE THEY FEAST

Back home, families gathered around home-cooked meals; autumn leaves; a chill in the air, all things that remind us the holiday season is upon us. Here at U.S. Naval Station Guantanamo Bay, Cuba, the tropical climate makes for a very different experience. On Thanksgiving, Troopers gathered with their military family to participate in traditional holiday celebrations like feasting, as well as less conventional holiday activities.

Approximately 80 runners participated in the Thanksgiving Day Half Marathon, sponsored by the Morale, Welfare & Recreation program, held Nov. 26, here at GTMO.

"I didn't expect to win this but I'm pretty happy," said Shawn Jenkins, the overall winner of the half marathon with a time of 1:32:40. "I wasn't sure I was going to do it because I didn't really train up for this the way I normally would like to."

Jenkins said he enjoys long distance running and appreciated all the mile markers along the way to guide him.

For many Troopers this run was the first long distance race they competed in.

"This is my first half marathon," said Jeff Foulds. "(I am) pretty tired. I wanted to get a 9-minute pace and I held that. I was happy with that."

A few Troopers overcame injuries to compete in the half marathon.

"I broke my foot at the beginning (of my deployment)," said Taylor Passero. "I was kind of worried about it, but I just pushed through. I had to finish. It was a pride thing."

After mile six or seven, Passero's body started to go numb and it became more of a mental game for her, she said. This was her first long distance race and overall she said the run went well but she also said she is content with never competing in a half marathon



Katy Schletman, a participant in the Thanksgiving Day Half Marathon, runs down a hill during the route. (Photo by Spc. Nicole Nicolas)



Rene Valdivia runs down Kittery Beach Road during the Thanksgiving Day Half Marathon on Nov. 26, at U.S. Naval Station Guantanamo Bay, Cuba. (Photo by Army Sgt. Ryan L. Twist)

again. In the future she will stick with her usual Thanksgiving tradition of huge family feasts and boccie ball.

For runners who enjoy distance running this was a once in a lifetime opportunity.

That is exactly why Katherine Parizek participated; she enjoys long distance runs and wanted to take advantage of the event while in Cuba. The route took runners to a picturesque Windmill Beach and up over Skyline Drive where they could look out over the bay and back along Sherman Avenue past the many inlets along the way.

Activities like the half marathon can help relieve the stress of being deployed during the holidays, a time when many family traditions are difficult to uphold.

"Instead of being upset and depressed of not being home with your family," said Passero. "I'm here with my second family and we just did something together and conquered an obstacle (we've) never done before. So, it gives you a sense of pride instead of being sad."

The runners, dripping with sweat and dragging their feet, crossed the finish line at Cooper Field. If you missed the half-marathon, want a better time, or want double the challenge; the folks at the MWR have what you are looking for on Jan. 30, when they will sponsor another half marathon as well as a full marathon. Contact G.J. Denich Gym at x77262 for details.

Article by  
**ARMY SGT. RYAN L. TWIST**



## RESIDENTS BATTLE THE BAY DURING SWIM



Distance swimmer Vicky West, competes in the 10th annual Swim Across The Bay, a 1.7-mile swim held by the Morale, Welfare, & Recreation program at U.S. Naval Station Guantanamo Bay, Cuba on Nov. 28.

The sun is barely starting to sneak up over the ocean waves as swimmers and volunteers stand on the cliffs above Girl Scout Beach. The seas are fairly calm, as half a dozen boats and kayaks stand ready to ferry the athletes to Leeward Point, from where they will swim nearly two miles back.

A short safety brief later and the boats are loaded and ready to cast off. Minutes later, a lifeguard counts down through a megaphone and they are off. It is a long, arduous swim across the bay, and as the intrepid athletes take off, they are guarded closely by the fleet of rescue volunteers.

The 10th annual Swim Across The Bay took place at U.S. Naval Station Guantanamo Bay, Cuba on Nov. 27, and the 35 participants made it one of the largest to date.

The swim, which tested the endurance of even the most experienced swimmers, took place in relatively calm waters that belied a strong inland current. The early front-runner and eventual winner of the race, by a significant margin, was Vicky West, the Youth Sport and Fitness Coordinator with the Morale, Welfare & Recreation program. She has considerable open water swimming experience.

"I swam through college and I was on the U.S. National team for ocean swimming for a while," said West.

Other racers ranged in experience levels, including those who never attempted such a swim before, like Melanie Driver, a first-time distance swimmer.

"It was very difficult, but very rewarding," said Driver. "It was as hard as I thought it

was going to be, but it was more of a mental challenge."

Many racers were pulled off course far into the bay due to the strong current, meaning their 1.7 miles swim turned out to be closer to two full miles, said Anthony Roberts, the MWR aquatic director.

Roberts has been with this program since its inception. As the aquatic director, he has coordinated each of the 10 races and said even though it can take up to two months to plan and coordinate, it is a very rewarding experience.

"It's quite humbling," said Roberts. "I would love to do it (the swim), but obviously I have to stay here to make sure everybody stays safe."

Unlike most MWR events, this swim required participants to qualify for it by swimming 500 yards, to demonstrate their ability and to make sure it would not be a safety concern to have them cross the bay.

No external equipment, like snorkels or fins, were allowed, but a flotilla of kayaks and pontoon boats with lifeguards and qualified volunteers escorted the pack of swimmers to ensure their safety, and retrieve anyone who ran into difficulty. Despite the challenge, almost everyone successfully completed the race.

West said that several swimmers, including herself, meet on Saturday mornings at 8:00 a.m. at Girl Scout Beach to swim and people interested in improving their ocean swimming are welcome join them.

Article and photo by  
**ARMY SGT. IAN WITHROW**

## MWR CO-ED SOFTBALL

### A DIVISION

No.	Team Name	Standings
01	Blazing Saddles	15-1
02	Slap Pitches	14-2
03	Punishers	13-3
04	GTMO Bandits	13-3
05	Spartans	12-4
06	CT Stormtroopers	12-4
07	One Hit Wonders	11-5
08	Inglorious Batters	11-5

### B DIVISION

No.	Team Name	Standings
01	Guardians	10-6
02	The Sliders	9-7
03	Sons of Pitches	9-7
04	Gatekeepers	9-7
05	GTMO Latinos Plus	9-7
06	Ghost Riders	8-8
07	Outcasts	8-8
08	Care Bear Warriors	8-8

## MWR BOWLING LEAGUE

No.	Team Name	Standings
01	Storm Strikers	21-3
02	Designated Drive	20-4
03	Team 22	17-7
04	Master Gutters	17-7
05	Tipsy Pins	16-8
06	EBowla's Wrath	15.5-8.5
07	Motion to Strike	15-9
08	Team 4	14-10
09	Odd Family	14-10
10	Team 11	13.5-10.5
11	Nasty Nati Bowlers	13-11
12	BCO BT	13-11
13	Too Legit to Split	11-13
14	Team 10	8.5-15.5
15	The Iguanas	8-16
16	The Scrub Lords	8-16
17	The Bowling Stones	7.5-16.5
18	GTMO Strikes	6-18
19	Pocket Pounders	6-18
20	GTMO Sea Panther	5-19
21	Zazzy Zazzletons	5-19
22	Living on a Spare	3-21





# IN THEATERS THIS WEEK



The Downtown Lyceum showtimes are shown in the top row and the Camp Bulkeley Lyceum showtimes are displayed in the bottom row.

<b>Burnt (New)</b> <i>R, 7 p.m.</i> <b>Paranormal Activity:</b> <b>The Ghost Dimension</b> <i>R, 9 p.m.</i>	<b>Holiday Parade Events</b> <b>*No movies*</b>	<b>The Last Witch Hunter</b> <i>PG13, 6:30 p.m.</i> <b>Spectre</b> <i>PG13, 8:30 p.m.</i>	<b>Love the Coopers</b> <i>(LS) PG13, 7 p.m.</i>	<b>The Hunger Games: Mockingjay - Part 2</b> <i>PG13, 7 p.m.</i>	<b>Crimson Peak</b> <i>(LS) R, 7 p.m.</i>	<b>Goosebumps</b> <i>(LS) PG, 7 p.m.</i>
<b>12/4 FRIDAY</b>	<b>12/5 SATURDAY</b>	<b>12/6 SUNDAY</b>	<b>12/7 MONDAY</b>	<b>12/8 TUESDAY</b>	<b>12/9 WEDNESDAY</b>	<b>12/10 THURSDAY</b>
<b>The Last Witch Hunter</b> <i>PG13, 8 p.m.</i> <b>Steve Jobs</b> <i>R, 10 p.m.</i>	<b>Burnt (New)</b> <i>R, 8 p.m.</i> <b>Goosebumps</b> <i>(LS) PG, 10 p.m.</i>	<b>Crimson Peak</b> <i>(LS) R, 8 p.m.</i>	<b>LYCEUM CLOSED</b>	<b>Love the Coopers</b> <i>(LS) PG13, 8 p.m.</i>	<b>LYCEUM CLOSED</b>	<b>Spotlight</b> <i>R, 8 p.m.</i>

Call the Movie Hotline @ 4880 or visit the MWR Facebook for more info. \*Concessions at Bulkeley are closed until further notice Stay classy, GTMO! No alcohol or tobacco at the Lyceums.

## VOLUNTEER ENABLES TROOPERS TO TAKE CREATIVE LICENSE

Navy Lt. Cmdr. Ann Marie Raniowski, a mental health nurse with the Joint Medical Group, does it to decompress after a long day. Coast Guard Petty Officer 1st Class Nicole Chimimo, a gunner mate for the Maritime Security Detachment does it to take a piece of U.S. Naval Station Guantanamo Bay, Cuba with her when she leaves, and Navy Lt. Cmdr. Melani Harding, a critical care nurse with the JMG does it to express her creativity.

What is it these Troopers are up to? All three participate in the Adult Canvas Painting class, one of the most popular Morale Welfare and Recreation sponsored events, with instructor Olivia Munoz.

Similar to popular painting classes stateside, this course lasts three hours, during which Munoz breaks down painting into a step-by-step

process. At the beginning of class, each student receives a palette of colors and a canvas with which to create their own piece of artwork.

The class, which allows a maximum of 18 participants, often sells out within two hours. The small class size provides students the opportunity to receive one-on-one instruction, said Chimimo.

Munoz believes anyone can paint. Often times, it takes just one exposure of painting to inspire them to paint regularly. After taking Munoz's class, many are surprised by how simple it is to create a piece of artwork to take home, said Munoz. Some students have even sold their paintings at the MWR Craft Fair, she said.

Before each class, Munoz selects a sample painting for the students to mimic as she goes through the step-by-step instructions.

Chimimo loves when Munoz selects a GTMO-specific landscape because it serves as a souvenir or memory for when she goes home, she said. Although students paint one specific picture, no painting looked alike.

"I've never painted before," said Navy Petty Officer 1st Class Rocio Blanco, a cryptologist for J2, intelligence. "Olivia (is) a great teacher. She makes it seem so simple, (which) makes it easy for novices."

Blanco said her painting skills have improved since her first class, which she attributes to Munoz's excellent teaching technique.

Munoz, a volunteer instructor, started instructing art classes at the MWR Arts and Craft Center because she wanted to give back to the community by passing her painting skills onto others, she said. Munoz learned how to paint in 2004 in Sicily, Italy.

During the class, not only did Munoz show students how to paint, she floated around the class giving each student personal feedback to enhance their paintings, Harding said.

The soothing classical rock music, aromatic smells of food brought by some students, and free flowing conversation made it easy to unwind.

"I think at the base where we're at there's not a lot of other creative outlets and this is one of them," said Cindy Rojas, a contractor for J2. "It's a form of relaxation or a girl's night out."

The next Adult Canvas Painting class is Dec. 10 at 6 p.m., and sign-up begins Dec. 3. Munoz is also available to instruct private parties of a minimum of 10 people. Call the MWR Arts and Craft Center at x74795 to sign up for a painting class.



Navy Lt. Cmdr. Ann Marie Raniowski, a mental health nurse with the Joint Medical Group, paints final changes on the palm tree at the Morale, Welfare & Recreation Adult Canvas Painting Class at the MWR Arts and Craft Center, Nov. 19.

Article and photos by  
**SPC. NICOLE NICOLAS**



**RELIGIOUS SERVICES**

**ROMAN CATHOLIC (NAVSTA chapel)**

Saturday\* 1700  
 Sunday\* 0900 (Side Chapel)  
 Mon-Thurs\* 1730&0900

**PROTESTANT SERV. (JTF Troopers' chapel)**

Sunday\* 0900&1900  
 Friday night movie Friday 1900

**PROTESTANT SERV. (NAVSTA chapel)**

Traditional\* Sunday 0930 Annex Room 1 (Liturgical Service)  
 Contemporary\* Sunday 1100 Main Chapel  
 Gospel Sunday 1300 Main Chapel

**OTHER SERV. (NAVSTA chapel)**

Islamic Prayers Friday 1315 Annex Room 2  
 7th Day Adventist Saturday 0900 Annex Room 1 (Sabbath School)  
 Saturday 1100 Annex Room 1 (Sabbath Service)  
 Latter Day Saints Sunday 0900 Annex Room 19  
 Pentecostal Sunday 0800 Annex Room D  
 Sunday 1700 Annex Room D  
 Christian Fellowship\* Sunday 1800 Main Chapel (Non-denominational)  
 Jewish Study Friday 1900 Call JTF Chaplain for location\*

**BIBLE STUDIES (JTF Troopers' chapel)**

Monday 1900 JTF Trooper's Chapel  
 Wednesday 1900 JTF Trooper's Chapel  
 Gavme Night Saturday 1900 JTF Trooper's Chapel

**DAVE RAMSEY'S FINANCIAL PEACE / MILITARY EDITION (JTF Troopers' Chapel)**

Tuesday 1900 Taught by Navy Chaplain

**ALCOHOLICS ANONYMOUS MEETINGS**

Mon/Wed/Sat 1830 NAVSTA Chapel Annex, Room 16

\*These services are conducted by Army or Navy chaplains / For more information call ext. 2218

**BUS SCHEDULE 05:00 - 01:00**

Camp America :00/:20/:40  
 Gazebo :01/:18/:21/:38/:41/:58  
 Camp America NEX :02/:17/:22/:37/:42/:57  
 Camp Delta :04/:13/:24/:33/:44/:53  
 Camp 6 :07/10/:27/:30/:47/:50  
 HQ Building :55/:15/:35  
 TK 1 :01/:17/:21/:37/:41/:57  
 TK 2 :02/:16/:22/:36/:42/:56  
 TK 3 :03/:15/:23/:35/:43/:55  
 TK 4 :04/:13/:24/:33/:44/:53  
 CC :00/:19/:20/:39/:40/:59  
 JAS :14/:34/:54  
 Windjammer / Gym :02/:17/:22/:37/:42/:57  
 Gold Hill Galley :04/:15/:24/:35/:44/:55  
 NEX :06/:13/:26/:33/:46/:53  
 NEX Laundry :07/:27/:47  
 C Pool :10/:30/:50  
 Downtown Lyceum :11/:31/:51

**EXPRESS BUS SCHEDULE 09:55 - 19:55**

Camp America :48/:55  
 TK 1 :05/:36  
 Windjammer / Gym :11/:31  
 Gold Hill Galley :14/:29  
 NEX :16/:27  
 Downtown Lyceum :17/:25

**BEACHBUS (Saturday & Sunday only)**

Windward Loop / E. Caravella:  
 0900/0930/1200/1230/1500/1530/1800/  
 1830  
 SBOQ / Marina:  
 0905/0935/1205/1235/1505/1535/1805/  
 1835  
 NEX:  
 0908/0925/1208/1225/1508/1525/1808/  
 1825  
 Phillips Park: 0914/1214/1514/1814  
 Cable Beach: 0917/1217/1517/1817  
 Return to Office: 0940/1240/1540/1840

**FERRY SCHEDULE**

Monday - Saturday

**FERRY**

**Windward:**

0630/ 0730/ 0930/ 1030/ 1130/ 1330/ 1530/  
 1630

**Leeward:**

0700/ 0800/ 1000/ 1100/ 1200/ 1400/ 1600

**UTILITY BOAT**

**Windward:**

1630/ 1730/ 1830/ 2030/ 2230/ 2330

**Leeward:**

1700/ 1800/ 1900/ 2100/ 2300/ 0000

Sunday & Holidays

**FERRY**

**Windward:**

0730 / 1330

**Leeward:**

0800 / 1400

**UTILITY BOAT**

**Windward:**

1030/ 1530/ 1730/ 1830/ 2030/ 2230

**Leeward:**

1100/ 1600/ 1800/ 1900/ 2100/ 2300



*Photo by Ryan Mendoza*

# PARTING SHOT



'GTMO EAGLE' BY RYAN MENDOZA. FOR A CHANCE TO HAVE YOUR PHOTO FEATURED IN THE PARTING SHOT, PLEASE SEND SUBMISSIONS TO: [THEWIRE@JTFGTMO.SOUTHCOM.MIL](mailto:THEWIRE@JTFGTMO.SOUTHCOM.MIL)

THE WIRE

