Appendix B

Mathematics Anxiety Scale-UK (MAS-UK)

How anxious would you feel in the following situations?......Please circle the appropriate numbers below.

		circle the appropriate numbers below.				
		Not at all	Slightly	A fair amount	Much	Very much
1.	Having someone watch you multiply 12 x 23 on paper.	1	2	3	4	5
2.	Adding up a pile of change.	1	2	3	4	5
	Being asked to write an answer on the board at the front of a maths class.	1	2	3	4	5
4.	Being asked to add up the number of people in a room.	1	2	3	4	5
5.	Calculating how many days until a person's birthday.	1	2	3	4	5
6.	Taking a maths exam.	1	2	3	4	5
	Being asked to calculate £9.36 divided by four in front of several people.	1	2	3	4	5
8.	Being given a telephone number and having to remember it.	1	2	3	4	5
9.	Reading the word "algebra".	1	2	3	4	5
10.	Calculating a series of multiplication problems on paper.	1	2	3	4	5
	Working out how much time you have left before you set off to work or place of study.	1	2	3	4	5
12.	Listening to someone talk about maths.	1	2	3	4	5
	Working out how much change a cashier should have given you in a shop after buying several items.	1	2	3	4	5
	Deciding how much each person should give you after you buy an object that you are all sharing the cost of.	1	2	3	4	5
15.	Reading a maths textbook.	1	2	3	4	5
16.	Watching someone work out an algebra problem.	1	2	3	4	5
17.	Sitting in a maths class.	1	2	3	4	5
18.	Being given a surprise maths test in a class.	1	2	3	4	5
19.	Being asked to memorise a multiplication table.	1	2	3	4	5
20.	Watching a teacher/lecturer write equations on the board.	1	2	3	4	5
21.	Being asked to calculate three fifths as a percentage.	1	2	3	4	5
22.	Working out how much your shopping bill comes to.	1	2	3	4	5
23.	Being asked a maths question by a teacher in front of a class.	1	2	3	4	5